

Lindfield Life

Inc. Scaynes Hill & Walslead

Local village talk,
by the village

June 2017 Issue #101

Free



Dickens' Lindfield connection

page 36

Rural Parish Council newsletter

page 48

Cricket in Scaynes Hill

page 30



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EDITORIAL

By David Tingley, Editor

Our cover this month is a great action shot from **Elaine Higgins** as she captured some of the thousands of riders that streamed through the village last year. The **London to Brighton Bike Ride** will be welcomed by cheering bystanders again this month on Sunday 18th June and I'm pleased to say that we have an official Lindfield team – which we have highlighted on **page 6**. Look out for their bright green 'For Crispin' t-shirts and give an extra cheer.

Talking of support, on **page 12** we feature twins from the village who are fundraising for a humanitarian trip to Peru with their school. **Georgia** and **Amelia Heath** have already had help from some local businesses – but they must reach a total of £4,000 each!

I can't start a June magazine without mentioning **Lindfield Village Day!** There's a poster printed on **page 13** but, from what I understand, it's going to be a large and spectacular 'Strictly Lindfield' procession so make sure you don't miss it coming down the High Street at 12.45pm on Saturday 3rd June.

Behind the Counter – our regular feature focussing on the people behind the shops – gets personal with **James Halliday** and finds out how an initial parental disappointment has led to a successful career in the drinks industry. Read the story, by **Joe Wayte**, on **page 24**.

We love meeting new people, so let me introduce you to **Sarah Barker** – spend '5 mins with' her on **page 32**. Also, send in your own answers to the questions – or ask your partner or neighbour to do it. Email answers and a photo to: editor@lindfieldlife.co.uk.

Oh, and by the way, Lindfield Life holiday snaps are back on! See **page 41** – thanks go to **Daniel Tuddenham** and **Stuart Silk**.

Finally, may I just say thank you to all those who have congratulated the team and myself on our celebratory issue last month. It's a pleasure to serve you all.

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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Charity walk for Bloodwise

Parents from Blackthorns Community Primary Academy will be 'strutting their stuff' and hiking across the Sussex and Surrey countryside on 27th May to raise money for Bloodwise the specialist blood cancer charity.

The team of parents, known as the Soleful Strutters, is aiming to complete a 33km charity walk from Banstead in Surrey to Tulleys Farm in Turners Hill. The route takes them across the Surrey Hills, going under the M25 and taking in both urban pavements and cross country paths.

The team of seven mums and dads has been in training for several months with walks in and around Lindfield, Cuckfield, Balcombe and Haywards Heath. With only a few days to go until the event, they are now making their final preparations.

The event has been organised to support a parent at the school, and their family, who are affected by blood cancer and are being supported by the charity.



Bloodwise supports people who suffer from any of the 130 different forms of blood cancer. The charity funds research and provide resources and information for patients and their families.

To make a contribution please donate to any of the team members via <https://www.justgiving.com/companyteams/solefulstrutters>

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Gardeners questions answered

Members of the Lindfield Horticultural Society invite you to join them at its Gardeners Question Forum. The event, where you can put your gardening questions to an expert panel, will take place on 14th June at 7.45pm at the King Edward Hall. The panel includes: Jean Griffin (presenter of Radio Kent's "Dig It"), Stephen Herrington (Head Gardener at Nymans Gardens), Ed Nugent (nurseryman and owner of local nursery "Garden Sage" and Barry Newman (formerly the Chairman of the National Vegetable Society).

Tickets are available from SWALK on Lindfield High Street and cost £6.50 for LHS members and £7.50 for visitors. Ticket price includes a glass of wine at the beginning of the evening, whilst questions are being submitted.

102 toilets twinned

The members of All Saints Church were set a challenge to have twinned 100 Lindfield toilets over the period of Lent, a figure they met and exceeded before Easter.

Rev James Clarke gave the target to the church on 5th March, as he sought to encourage the congregation to consider the shocking fact that around one third of the planet's population don't have access to a safe and hygienic place to go to the toilet.

With less than a week to go and 23 toilets off the target, James rallied the troops with what he described as 'one last push'! One person in the church twinned four toilets, one did their caravan loo and the new church toilet (currently under construction) will be twinned when it is complete.

Toilet Twinning works by the funds going to help provide clean water and sanitation through international relief and development agency Tearfund, and provides an exact location of a latrine you have helped to support. For more information go to www.toilettwinning.org





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Photo: Sereniti Photography

L2B via Lindfield - For Crispin...

Last September many were devastated by the untimely and tragic loss of Lindfield resident Crispin Taylor from an undiagnosed heart condition. He was fun, kind, generous and known to so many in the village. Friday 5th May would have been his 57th birthday. In order to raise research funds his sons Oli and Eddi are leading a group cycling the British Heart Foundation's London to Brighton on a particularly poignant Father's Day (18th June). "We're all still coming to terms with the loss of dad and so hope that, in a small way, we can help others avoid the same tragedy," said Eddi.

Oli commented: "The support from the Lindfield community has been incredible, as has the sponsorship, we're all so grateful and we'd like to say a big thank you. Not least to those cycling with us: Jeremy and Ben Taylor, Laurence, Dan and Ben Trigwell, Patsy Whiteside and John Barling. If you'd like to sponsor us please see our JustGiving website at www.justgiving.com/fundraising/Oli-Taylor1990."

Photo shows: Laurence Trigwell, John Barling, Patsy Whiteside, Eddi Taylor, and Oli Taylor



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Great handbag collection

By Jacqui Smith

A big thank you to everyone who kindly donated handbags filled with useful things for refugees and a big thank you to the lovely ladies at SWALK for being the High Street collection point. This all came about through Twitter. I have followed Leilani Mitchell (pictured left) for some years now. Leilani is a psychotherapist who runs The Link Centre in Newick and devotes a great deal of her time to helping refugees. Her handbag appeal popped up on Twitter and I thought: 'Lindfield can help!' The 43 bags we collected will be distributed (via the charity www.hopeandaiddirect.org.uk) and sent to those most in need. The main focus of the charity has been the refugee camps in Greece. Thank you again; these really will make a difference.



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Writing a life story

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Many of us regret not knowing more about our parents and grandparents. Photographs are fine while they're still around to explain who's who, but will a dusty album mean anything to future generations?

Writing your life story can help your children or grandchildren to learn more about you. You might not have been famous, adventurous or influential but your family and friends will find your story as interesting as any celebrity autobiography.

A life story book can be an overview of your life, or a snapshot of a particular time, for example childhood, hobby or career. It can heal past wounds, deal with unfinished business or even reveal family secrets.

If you fancy having a go yourself, you could start by writing a memoir, which doesn't have to include every detail of your life in chronological order - it's a story from a life, so focus on key events, such as a career or relationship. If you're tackling a longer life story, select up to 20 key life events and think about how you can link them to create a narrative.

Before you start to write, do plenty of research. You might think you remember everything that's happened, but look back through old diaries and photographs, listen to music, or visit an old house or school to trigger memories. Decide on the structure and create summaries for each chapter before you start to write. Dialogue and vivid description are great, however, don't get bogged down in unnecessary detail that slows down the narrative.

And remember that a life story isn't just about you, it's about other people, so talk to parents, siblings and other key people for their take on events.

However, penning and publishing a book can be daunting, so, if you need help, a life story writing service like Memory Lane Books can help.

During a series of personal visits, an interviewer

will chat about your life to gather life stories and recollections before shaping them into a narrative.

Grace Parker had been telling her two grandchildren about travelling to New Zealand as one of the Ten Pound Poms when she realised her story might soon be forgotten.

"It was such an important time of my life but I never really talk about it," says Grace. "I wanted to write it down so that my great-grandchildren could find out about what I did - after all, I might not be around to tell them."

Grace started writing her life story but found the project daunting - arthritis in her hands didn't help either - so she turned to Memory Lane Books for help. The one-to-one chats helped her remember and record the details of the trip and other important times in her life.

Using a professional life story service, your words will be edited, written and proof read - you'll get to check and approve the story as you go through the process. After choosing up to 50 photographs, the finished 150-page book will be typeset, designed and printed, forming your personal history into a professional book.

"I've been showing it to all my friends and some of them have found out things about me that we've never spoken about," says Grace, who's given copies of her book to her children and grandchildren, while another one has pride of place on her bookshelf. "I sometimes get it out and read a bit," she admits. "It's wonderful to reminisce and a real talking point when friends visit."

She adds: "I know that my family have now got a permanent record of my life, and hope my book will become a family heirloom."

If you'd like to embark on a once-in-a-lifetime project, please contact Helen Gregory on 077997 64414 or email helen@memorylanebooks.co.uk to discuss how we can bring your life to life.

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Stoolball season gets going

By Rob Weller

Stoolball is an exciting team sport, similar to Twenty20 cricket. It is an ancient English game, which has been played for more than 500 years, primarily in Sussex.

Stoolball is the origin of baseball and perhaps even cricket too, with two teams competing to score the most runs in their respective innings, with batsmen, bowlers, fielders, umpires, wickets and boundaries! Batsmen can be bowled, caught or run-out, or even body-before wicket.

Brook Street Stoolball Club was formed in the 1980s alongside the cricket club of the same name, both of which were based out of the The Ship Inn in Whitemans Green. The club is now based in Scaynes Hill, playing home matches at the picturesque Freshfield Oval, handily placed for the Sloop Inn.

The club currently plays in the Mid Sussex Mixed League and is seeking new members, be that to play, score or umpire. Anyone can play stoolball and, in the mixed game, there are rules to ensure everyone gets a fair chance: half the overs must be bowled by women and half by men and usually there's a man and a woman batting together.



The season has already started, but practice sessions will be run during June. If you are interested, please email Holly Weller (hollyweller19@gmail.com).

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Twin pupils plan Peru trip

By Claire Cooper

Twin sisters from Lindfield are doubling up their efforts to raise funds for a once in a lifetime expedition to Peru.

Fifteen year old Georgia and Amelia Heath, from Sunte Avenue, will be among a group of Warden Park students who will travel to Peru next summer as part of Camps International.

During the four week trip, the sisters will be working to help the rural communities in Peru where 50% of people live below the poverty line.

"We will be undertaking many different projects all aimed at making a difference and improving the quality of life for the local communities," Georgia explained.

They include helping with:

- Healthcare and sanitation (installing and developing toilets to improve health and hygiene problems).
- Education (building and refurbishing new school classrooms to help new children, and building kitchens and dining rooms in nearby schools).
- Housing (constructing important buildings from local materials that will benefit the local community).
- Food and water security (hoping to lower the rates of hunger and malnutrition by creating green houses to provide fruits and vegetables all year round).
- Environmental protection (planting natural plants to stop environmental damage and deforestation).
- Sustainable livelihoods (providing a constant supply of water to people, crops and animals from digging channels from mountains to nearby communities).

"These are things we all take for granted, so we are excited at the prospect of what we will be involved in," said Amelia. "This is why this trip is such an amazing opportunity where we hope we will be able to make a real difference to people's lives."

The students will also have the opportunity to participate in activities, such as a 4-5 day trek along the Salkantay Trail and up to the ancient ruins of Machu Picchu, and visiting one of South America's largest lakes; Lake Titicaca to see the reed villages and explore the traditions and culture of their community. "We are looking forward to the privilege of actually getting to know the locals rather than merely being tourists," added Georgia.

But in order to secure their places, Georgia and Amelia need to raise around £4,000 each and are currently working on ideas to attract donations and sponsorship.

"We will be raising the money through working, babysitting, hosting a quiz night, cake sales, and various other fundraising ideas," said Georgia.

The girls have also been busy writing letters to local companies appealing for sponsorship, and offering them a chance to have the company logo printed on their t-shirts.



"We are very grateful for any assistance as it means that we are one step closer to helping the communities of Peru."

"We will be taking lots of photos wearing these t-shirts in Peru whilst helping within the communities (like building a school) and in various locations, such as Machu Picchu and Lake Titicaca, which will then be shared on social media," said Amelia. "Also, when we return, we will provide the companies with copies of these photos which they are then free to use however they wish; on their website, notice boards or newsletters."

The pair have already had some success with estate agents Marcus Grimes and Mark Revill, Masters & Son Funeral Directors, Harwoods Land Rover, Golf Escapes, DH Decorating, Go Vauxhall and Town & Country Construction already agreeing to sponsor them.

"But, as you can imagine, we have a lot of money to raise and are hoping that more local companies may kindly be able to help us," said Georgia.

The sisters are currently in training for a London to Brighton walk on 11th August.

If you would like to sponsor the girls or find out more about their fundraising events email: 13gheath@wardenparkradio.net or phone 01444 458192.

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What are you waiting for?

By Caroline Ward

Come and visit 172 Squadron RAF Air Cadets (Haywards Heath) at Lindfield Village Day on 3rd June, try out our climbing wall and meet the team. You can find us on the Common where we will have a stall and our recruitment trailer whilst raising funds to send our Cadets on challenge adventures to NASA in Houston or to Machu Picchu in Peru in 2018.

We would love to have you join the team and, aside from flying, sports, target shooting, adventure training and great fun, being an Air Cadet is its own reward – you constantly see the benefits of your own efforts, build on your achievements and earn BTECs and Duke of Edinburgh Awards at the same time. You'll be expected to take part in as many of the activities we run as possible, but with what's on offer you won't need much persuading!

You have to be in Year 8 upwards at school and aged between 12 to 17 years old to join and the RAF Air Cadet experience is open to everyone. Slightly outside of that age group but still want to enjoy all of those activities? Then why not join as an adult volunteer. Drop by our stand at Lindfield Village Day to find out more and have a chat. Or to express your interest email recruitment@haywardsheathaircadets.org



Photo: Claire Ozkan Photography

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A black and white photograph of a woman in a vintage-style dress and apron, leaning over a large, ornate metal chest and cleaning it with a cloth. The chest has various drawers and handles.

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A vertical blue graphic on the right side of the advertisement, featuring a series of white water ripples that create a sense of movement and depth.

Summerlands plunges into Wonderland

By Abbey Cornell

To celebrate Easter the Summerlands way, residents, staff and relatives of the Lindfield care home fell down the rabbit hole and found themselves in Wonderland!

Both staff and residents dressed for the occasion, and everyone enjoyed a Mad Hatter themed pantomime and Tea Party.

The atmosphere here is always one of fun, friendship, and family, and this occasion was no different. Staff played the roles of Tweedle Dum and Tweedle Dee, The Mad Hatter, The White Rabbit, and The Door Mouse, while the residents of course stole the show playing roles including Mary Poppins, Maria, Eliza Doolittle, Dorothy Gale, Oliver Twist, and Alice in Wonderland.

Afternoon tea was served on china, and a vast selection of scones and cakes were demolished. The day was a huge success and everyone left with smiles on their faces. Summerlands Care Home continues to strive for excellence every day, and remains proud of the friendly loving care provided to all who pass through the doors, be it staff, residents or relatives.

The home also enjoyed the company of the 1st Lindfield Scouts recently when the group, keen to help out in the community, put on a musical concert for the residents. This activity not only brightened the day for the audience but also counted towards the Scouts' World Challenge badge.



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From Birthday parties to Christenings, Anniversaries or Wakes, Haywards Heath Golf Club offers the very best function facilities in the Mid Sussex area.

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**Free room hire is based on a minimum spend of £250 on catering for each function.*

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Three rules of moving...

PROPERTY PAGE

By **Mathew Gurr, Move Revolution**

Welcome to our latest market report and by the time you read this we will be well and truly into the busy period for all concerned. So far in 2017 we have seen some excellent results in terms of prices agreed and speed of transactions for motivated buyers and sellers. The second quarter is proving to be more challenging than quarter one and I believe that the old saying of ensuring the price and presentation is spot on is more important than ever. If you are contemplating a move, it is really important to focus on what you can do as a seller, to prepare both you and your home for being ready for marketing.

These are our top tips:

(1) Less is the new more!

The first tip is all about 'sight' – what your potential buyers will see online. How your property is presented is critical. See this as an opportunity to have a good clear out before you move!

- Start with clearing 'stuff' that is visible (we all have 'those' piles)
- Stand back and look at your rooms, do you have furniture that is just too big for the space, if you are not looking to take it to your new home, consider selling, giving to charity or if you are taking it with you, put it into storage (or ask a friend who may have some spare space)
- Make it easy for viewers to see the house at its best and how the spaces can be used

(2) Sparkle & Shine

It is your chance to shine.. well your homes chance to come alive. With your house decluttered you can now clean to your heart's content! Just get those little annoying jobs sorted out that are low cost but that could make all a difference on a viewing:

- Tidy up the front of your house, is your front door 'welcoming' potential buyers

- No matter how hard you clean a wall, if it's really is covered in hand prints – consider freshening up with a neutral paint
- Sort out a dripping tap – there is nothing more annoying than a drip drip drip when your potential buyer is looking around your home
- Arrange for your windows to be cleaned – let them shine from the inside out and outside in
- Are all your light bulbs working – let the light shine bright in your home!

(3) Come to your senses!

Studies show that 75% of our emotions are triggered by smell. Smell is our most powerful direct line to memory and bad smells can be the single biggest turn off for prospective buyers. We are looking to maximise the value of your home and sell it as quickly as possible:

- Don't just cover up bad smells with scented candles or diffusers - fix the source of the problem.
- Trigger happy emotions as your potential buyers look around your sparkling decluttered home. Fresh flowers, lemon cake, fresh linen (fresh towels in your bathrooms) and importantly fresh air make us all feel amazing – open windows prior to viewings!

If you follow these three simple rules – your beautifully presented home will be snapped up for the highest possible value.

Last month, we launched our new website, and it's really groundbreaking, with all property photos on one page for one listing, and of course as always, the photographs are absolutely beautiful. Each property receives the same treatment and we know we capture each one at it's absolute best.

If you have not yet had a chance to take a look please visit www.movereolution.com to check out the latest properties for sale, and see our latest blogs. You may be interested to read one of our latest posts which was all about visiting Lindfield!



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New street food venture launched

When young entrepreneur George Collins launched his latest business venture on Lindfield Common last month everyone agreed it was somewhat 'Cheesy!'

But George couldn't be more delighted, after spending months experimenting and creating the perfect mac and cheese recipe!

George, 23, who lives in the village, has launched The Mac Daddy – a street food shack selling 'the best mac and cheese in Sussex'.

"I've always had a passion for food and cooking, and dreamed of doing it professionally," said George, who attended Lindfield Primary School and Oathall Community College. "Last year I took the plunge, quit my job and focused on starting my own food empire!"

Last month Lindfield residents were invited to sample the mac and cheese in return for their feedback.

"Overall I think the launch was a success, apart from me starting a fire in the first five minutes and almost burning my stall down," said George, "We had some great feedback learning what people like and what we can improve on"

He added that a string of technical issues had led to a complete change to the method of cooking he had practised for months. "But we got our heads together and made it work, which will be essential going forward."



George cooked up a selection of mac and cheese recipes, including pesto and pea, for non-meat eaters. "The clear favourite was chorizo mac and cheese, so that will definitely stay," said George who is passionate about using fresh seasonal ingredients and will change the recipes throughout the year.

George works with business partner Jack Brown whose dad Pete is landlord of the Red Lion. "Jack has worked in the Red Lion kitchen for a while, so he brings the expertise and I bring the ideas!" said George.

If you missed the launch, don't worry. George will be setting up stall at this year's Village Day on 3rd June.

Parenting Course starts

All Saints Church is again running the popular 'Parenting Children' course this month, which is designed to help and support parents with children between 0-10 years old.

It takes the form of five sessions between 9.30-11.30am starting on Monday 5th June. To book your place call the church office on 01444 482405 or email: allsaints@lindfield.info

Vacancy for Parish Clerk

Due to the impending retirement of the present post holder, Lindfield Parish Council is looking to appoint a Parish Clerk with the drive, determination, professionalism and the organisational skills to carry out a full and varied workload. The ideal candidate will have outstanding administrative ability, including strong IT skills, and Local Government experience would be an advantage.

The job is full time with a starting salary from £26,000 p.a. depending on skills and experience. The closing date for applications is 9th June 2017 and the application packs are available from the Surrey & Sussex Associations of Local Councils:

SSALC Ltd, Suite C, 2nd Floor, Sackville House, Brooks Close, Lewes, East Sussex, BN7 2FZ. Tel: 01273 830200 or email: lois.crouch@ssalc.co.uk

Compass Card scheme brings special discounts

Young people with special education needs or disabilities can now enjoy half price sports activities at parks in Lindfield, Haywards Heath and Burgess Hill.

Mid Sussex District Council has joined the Compass Card scheme, an initiative that helps young people with disabilities and their families to make the most of local leisure facilities and activities.

The free Compass Card offers young people with disabilities under the age of 26 significant discounts on a range of activities like rock climbing, music gigs or cinema visits. It is currently accepted at more than 130 leisure venues in Brighton & Hove and West Sussex including Lindfield Tennis Courts.

For more information about the Compass Card call the Compass Team on 01273 234020, email Compass@amazingbrighton.org.uk or visit www.compasscard.org.uk

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Heard it through the grapevine

BEHIND THE COUNTER

By Joe Wayte

When I think of wine, I'm always reminded of a framed Alexander Fleming quote that hung on the wall in my aunt's house; 'Penicillin cures, but wine makes people happy'. And while the famous Marvin Gaye song talks of losing affection, I heard only of a long-lasting love affair with wine, gin, beer (and even tea!) through the South Downs Cellars grapevine. In this next edition of Behind the Counter we catch up with the shop's Manager, James Halliday.

Whether you're a connoisseur or con-don't-have-a-clue, you're in safe hands with James when it comes to not just wine but really any sort of drink. His career began 17 years ago when, much to his parents' dismay, he decided to skip university and embark on a Trainee Management Scheme with Unwins, based in Dorking. Within a year he was running one of their flagship stores, the youngest manager the company had ever employed, and managed to increase the turnover to £1m within two years. For the following seven years he worked for top independent wine merchants in Surrey and Sussex before taking up his current post in January 2012.

Keen to put James to the test, I was interested to know if he had a favourite wine, or could suggest a bottle that would sit comfortably on any palate. A great-uncle of mine, who was well travelled, would always say: 'If in doubt, go for a New Zealand white or a South America red'.

"My desert island wine would be a white burgundy; I'm big fan of the chardonnay grape. It's really well made

and while many people shy away from it, you can drink it in any situation," James said. "New Zealand whites are very popular as they're packed with flavour and a touch of sweetness. South Americans are normally soft, juicy, jammy reds which are very easy to drink. I call them punter friendly. Whatever you want to spend you'll get a good one."

Most of the bottles the team buys are either ordered through UK-based agents or after the wine maker visits to persuade them to stock their selection. It's rare that James will make individual trips; however in 2016 he was given the opportunity to take a trip to California, all expenses paid. "Over nine days I was driven around Napa Valley and Sonoma," James reminisced. "I saw all the vineyards, I tasted the wine, and I had dinner every night with the wine maker. It was the trip of a lifetime."

Though tasting wine around the world sounds like an amazing job, there's a good reason James buys through UK agents. "I once tasted some wine in the south of France. It was delicious, and I was sold. But by the time we'd imported it and got it onto the shelves the wine was oxidised and we had to throw 120 bottles away." James explained: "The lesson – if you taste something on a buying trip, make sure you get the winery to send another sample before buying a pallet!"

The most efficient way to refresh the stock is to visit trade events in London. "I can taste anywhere between two-three hundred wines per event, and there's nothing on the shelf that one of us hasn't tasted," James told me. I was amazed that one person could drink so much



and still be able to make a sound judgement on the quality of the bottle. "There's a trick to it - after every sip you spit," James responded. "All the stands will have a spittoon so that you don't need to swallow it."

The shop has a good base of regular local customers and a heavily subscribed mailing list for people to keep on top of news and promotions. For those of us that love rewarded spending, there's also a free loyalty card through which you can gain a point for every pound you spend. And for the hard-core fans, there's a wine club offering regular tastings for a nominal fee, and bespoke, hand-selected cases delivered to your door at a variety of different price points.

To help you work out which producer is the cream of the crop, South Downs Cellars also put on events. Upcoming is the Mad Hatters Gin Party featuring six local distilleries. But to be in with a chance you have to be quick – tickets sold out within 36 hours.

"We like being part of the community," James remarked. "I understand that the recommendations we give aren't going to be perfect every time, but it's important to me to do everything I can to get it right."

In 2016 South Downs Cellars won gold at the Drinks Retailing Awards, the 'Oscars' of the industry. They entered again this year and were crowned runner up. If you visit you'll see 1,000 different wines, 40 different gins, 250 craft beers, and loose leaf tea too! "When Lucy (the business owner) is not drinking wine she drinks tea," James explained. "We joked that she drinks so much we should wholesale it. And the joke became a reality."

I had three quick fire questions:

Best-selling wine? "Holly Snail sauvignon from France. Slightly dryer than those from New Zealand but well balanced and only 12%. It's £9.95 and last year we sold over 6,000 bottles. Some locals get twitchy when they don't see it on the shelf."

What does well balanced mean? "The balance of fruitiness, and acidity. They sing together to get a nice finish. Acidity is quite a good thing, don't be put off, you need it."

What's the cheapest? "£6.50, Castillo del Moro. A Tempranillo/Syrah blended red and Airen/Sauvignon Blanc white. Both great value from Spain"

And finally, as I've asked all the previous interviewees, I was keen to get James' advice for aspiring shop managers. "Retail is detail," James said. "Simple things like our hand-drawn price tags with the country of origin flag and the coloured dots that denote organically grown, vegan, biodynamic, or gluten free. It's those little touches that people notice and appreciate."

When not drinking wine, James is an avid football fan supporting Leeds United. He's also a lover of fast cars. If you hear a loud engine and see someone nimbly zipping past you (while adhering to the speed limit, of course) it's likely to be James, most probably in his Ford Fiesta ST.

South Downs Cellars is open every day except Sunday between 11am – 8pm. As James said to a regular beer buyer who came into the shop during the interview: "There's plenty of options – go and fill your boots!"



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All creatures welcome in Scaynes Hill

By Rev Lisa Barnett

At St Augustine's Church, we take seriously our commitment to trying to strengthen the sense of community within the small village of Scaynes Hill. We run a coffee shop on a Tuesday morning, a youth club on a Friday evening, and a community choir on a Wednesday evening, as well as regular special events for children and families.



Our annexe is often used to provide refreshments for village events, such as the recent village clean-up morning, organised by the Sustainability Group. But during the last year, we realised that there was one part of our community that we had rather neglected – our pets!

So, following the best example of the Vicar of Dibley, we are going to have a Pet Service on Sunday 2nd July at 10am. This won't be the first time St Augustine's Church has hosted such an exciting event – the last one was about ten years ago, led by the previous Vicar, Canon Mark Payne. But this will be my first time leading a pet service, and I must confess that I'm not entirely sure what might happen! We want to make sure that visiting the church isn't stressful for any of the pets who come along, so we are advising that dogs must be on a lead, and that smaller pets must be secured in pet carriers. If you're not sure about bringing your pet along, you are still very welcome to come and bring a photo with you. And amidst the happy chorus of barking, chirping, squeaking, meowing and cheeping, we will certainly be singing, 'All things bright and beautiful, all creatures great and small. All things wise and wonderful, the Lord God made them all'! All will be very welcome – on two legs, or four.

LAF at Village Day

By Lynn Tulip

With Village Day upon us, Lindfield Arts Festival invite you to bring along your old toys to our stall on 3rd June to start a collection for one of the most exciting events of the Festival (9th September) – mutant toy hacking. This is a fun event allowing you and your family and friends to construct alien toys.

During the festival Lindfield High Street will be shut all day with activities for all to watch and to join in, we are welcoming back Circus Brighton and a graffiti artist. There'll be song and dance too along with a poetry evening, comedy night and book readings.

On the Common, you will be able to challenge your friends and family in a robot war.

Artists wishing to exhibit at Lindfield Primary Academy over the LAF weekend should contact: maggie.lloyd@lindfieldartsfestival.com and hilary.kennett@lindfieldartsfestival.com



Over 100 and not out

SCAYNES HILL CRICKET CLUB

One of the oldest sports clubs in Scaynes Hill is pitching for new players and supporters – both on and off the field.

Scaynes Hill Cricket Club is actively seeking new members to join the ranks as the new season gets underway. Anyone with an interest in cricket is welcome at the ground, as there are lots of ways to support the club without picking up a bat!

"We always welcome new players but we would also love to attract supporters to come along and enjoy a game of cricket in the sunshine," said member Matt Church. "We are looking for enthusiastic volunteers to assist with things like ground work, umpiring and scoring. You may even get to ride on our tractor!"

He added that the club also has a fully licensed bar for members and spectators.

Scaynes Hill Cricket Club has been at the centre of village life since it was established in 1905. There have been many changes in the club's 100 year history, but the ethos has always remained the same. "We aim to promote an active and healthy lifestyle and provide facilities so that members of our community can play cricket and socialise in a friendly and nurturing environment," said Matt.

The club's 1st, 2nd and 3rd XI all play on Saturdays in the West Sussex Invitation League at the ground which is tucked away off the A272 (on the left hand side as you leave Scaynes Hill and head towards Haywards Heath.)

The club also has a second ground at Freshfield, near the Bluebell Railway where matches include an annual charity game against the Bluebell Railway XI.

"It's a beautiful setting which takes players and supporters back to a time when the sound of leather on willow, accompanied by the chuff of steam and a whistle, were a regular feature across the English countryside!" said Matt.

Matt explained that in addition to attracting new members and supporters, the club is committed to improving the quality of its facilities and building links with local schools and other community organisations.

The club's aims are to:

- Provide a safe, nurturing and welcoming environment
- Encourage team members to play the game to the best of their abilities and uphold the game's best traditions
- Uphold the principles embodied in the spirit of the game.
- Be a club that other clubs hold in high regard and enjoy competing against

The club is keen to introduce young players to the game and holds 'try out' sessions on Saturday mornings from 10-11.30am. "Anyone interested can just turn up, talk to our coaches and meet the other parents while enjoying a tasty cup of tea and slice of cake," said Matt! "Our club is 'all inclusive' club and we welcome new faces young or old." He added that Junior memberships cost £45 for the year and Seniors are £180 (which can be paid on a monthly £15 direct debit).

For more information, please visit the club's website <http://scayneshill.play-cricket.com/> or contact nickwright88@hotmail.com or davidkellis7@live.com.



A bit of history...

The early history of Scaynes Hill Cricket Club makes interesting reading.

Press clippings dating back to 1908 include minutes from meetings, when committee members decided to spend the club's fund of £1.15 shillings on new bats, to the excitement which surrounded a celebrity visit in 1939!

In the early days, one of the club's greatest supporters was local landowner and benefactor Arthur Hope Rydon, a solicitor who moved to the village from Islington.

The local newspaper reported in **1908**:

The cricket club are finding in Mr Rydon a rare good friend. He has consented to put up a scoring pavilion at the cricket ground, and he has also paid half of the expenses for re-turfing the ground and fencing it. The opening match of the season will take place on Easter Monday, and will be between married and single players. Matches are also to be played with Plumpton, Newick II, Coobe (Offham), and Clarendon (Hove.)

In 1939 there was great excitement when celebrities Sonnie Hale and Jessie Matthews visited the ground.

The newspaper reported on Friday 16th June 1939:

Stage Stars in New Roles At Scaynes Hill – Admirers in Haywards Heath and district of those well-known stage and screen stars Sonnie Hale and his wife Jessie Matthews, saw them at Scaynes Hill on Sunday in somewhat different roles from those in which they are accustomed to seeing them.

A cricket team from the new musical comedy 'I Can Take It'." Starring Sonnie and Jesse, which is showing at the Brighton Hippodrome this week, met the local club and although the visitors lost, they showed that they could "take it" in the best spirit of the game.

Batting first, the visitors could make little headway against the accurate bowling of F. Dale and Rutherford. The opening pair, T. Robinson and E. Matthews, Jessie's brother, were dismissed for three and a "duck" respectively, while Sonnie Hale made 9 before falling victim to Dale. Rutherford and Dale shared wickets between them, the former having excellent analysis of six wickets for four runs. Scaynes Hill started disastrously, losing Sanders before he had scored and Rutherford when he had scored only five. The visitors maintained the attack and Sonnie, who bowls "googlies" showed himself just as adept at securing wickets as he is at "putting across" gags in the theatre by dismissing R Aplin and JE Alce, two useful

batsmen, for one and no runs respectively. Had it not been for a bright knock by Marchant, who carried his bat for 55, and a less spectacular but no less valuable 30 by F Dale, the result might have well been different.

Miss Matthews who was an interested spectator, delighted many local children by giving them her autograph.

More recently the club's 2nd XI hit the headlines last year after winning a match against Littlehampton, Clapham & Patching CC with just seven players.

Captain Stefan Hildreth reported: "I was down to seven players, travelling to face Littlehampton, it was a choice of concede and lose 10 points, or turn up, try and have a game of cricket, and take what we can. All six confirmed me they wanted to go, and 'let's have a laugh' and do our best, win the toss and bat a quick result for all, after all we did not want to be chasing the ball around for hours bowling first."

Scaynes Hill amassed the impressive total of 204-3. Littlehampton, who only had nine batsmen, had posted 280 in their last two games. But they did not have an answer for the seven men of Scaynes Hill as they finished 121 all out.

"One game – against Crawley Eagles – we managed to bowl the opposition out for 134; an excellent first half! This was a day to remember during my Captain's reign – being a part of a team full of eager Juniors, staring one of the top teams in the league in the face, giving 100% effort and leaving no regrets on the pitch. All of the Juniors in this game have gone on to play for the 1st XI since this game."

Matt Church (Senior)



5 MINUTES WITH...

Sarah Barker

Sarah Barker is a mum of two teenagers and has worked in the advertising world for over 25 years. She's passionate about being outside and never happier than when up to her elbows in soil and plants in the garden, walking the dog or exploring London on foot.

How long have you lived in Lindfield?

Since 2004, but I grew up in Haywards Heath so Lindfield has always been an important part of my social life

What's the best thing about being here?

The supportive community

Favourite ice cream flavour?

Honeycomb

How many houses have you lived in?

14 (including student houses)

Favourite holiday destination?

I love holidays, but I actually love being at home more!

Your most enjoyable event in the village?

Village Day is brilliant, such a great atmosphere, I've been a pet show judge for a few years too which has been fun

Do you share your home with anyone?

My husband Roy, our two spirited teenagers Libby and Mia, Lexi the black lab and Amy and Cleo the rescue cats

Song you play the most?

'Real Life Angel' by Elbow never tires

Mac or PC?

Both

Your most frequented village shop?

Aside from the Coop as supplier of the things we always forget, we're big fans of the butchers

What's your proudest moment?

Apart from our kids, who never cease to amaze me, probably walking into and out of The Grand Canyon in 1998.

Coke, juice or water?

Water

Your advice for life?

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The Wilderness field

The top photo, sent in by Margaret Nicolle, shows the field before 'The Limes' development was built behind Newton Road – with livestock grazing in it. This field has now been transferred to the District Council as a designated public open space (shown, now, in the right photo) – still beautiful Lindfield but without the animals.

The Wasp Man The Flea Man

The Insect Man The Rat Man

The Mouse Man The Bedbug Man

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Full of Beans

HOMEFRONT



Our supplier properly putting these bean bags to the test.

By Jacqui Smith, interior designer

Beanbags first came into my world in the early 80s when Mum and Dad bought me and my brother one each for our den, aka the spare bedroom, home also to our 'music centre' and BBC Micro computer. Museum pieces now, I know. Stephen had an orange beanbag and mine was sage green. We loved our beanbags using them not only as seats but weapons from time to time; nothing quite like having a bean bag hurled at you in brotherly rage. I think the orange one bit the dust first but the green one, after I left for university, turned into my brother's TV spot. Beanbag, beer and peanuts; that was him sorted for an evening of TV viewing.

Beanbags have come back into my life since then on a few occasions; we have used them in teen bedrooms in show homes and for a couple of residential projects. Up until recently though I had only really considered the qualities of comfort and predictably, colour in a beanbag. All that changed when we took on a project for Young Epilepsy. We needed a beanbag that would be comfortable and most importantly safe in a home that cared for children with severe learning difficulties. These beanbags were to provide supportive and flexible seating in a dedicated sensory area. One of the many things I like about healthcare design is how it really makes you stop and think about the implications of design choices be it practical or behavioural. When we started looking at beanbags for this project our tick-list for suitability ruled out a number of suppliers in the standard retail market. One company stood out for us though, Edge Beanbags. Although they did not have an off the peg product which we could slot straight into the scheme, they were really keen to help and work with us to develop something that met all of our client's needs. We explained that the zip had to be sturdy and as meddle free as possible to prevent the children opening it. The actual stitching of the bean bag could easily be picked at by the children and then further damage sustained, so sturdy stitching was an important requirement. The

beanbag inner needed to be able to be removed from the cover by an adult yet in a way that did not make it easy for a child to do the same and unsurprisingly the beans needs to be super secure within the inner bag. Being waterproof was key; the beanbag cover needed to be easily wipeable and ideally be constructed in an anti-microbial fabric. Finally the beanbag needed to be comfortable and the sensory quality of the finished product was also important.

Catherine Hazell from our design team worked very closely with our supplier. Keen to ensure that our client was completely happy with the proposed design, Edge Beanbags made a mock up. Their design featured a large flap which disguised the zip so less likely to attract attention and possibly tampering. The beanbag features an NHS approved liner around the beans and the stitching, placed on the bottom of the bag so again less likely to attract attention and possible picking, is extra tough. The beanbag cover has been designed so that it cannot be removed by the children. And finally, working with manufacturers of waterproof and anti microbial vinyl which do not look institutional, we were able to specify a cover material which was fit for purpose but looked perfect in the rest of the scheme.

Edge Beanbags were flexible and understanding of our client needs, even going to the lengths of investing in a new sewing machine that could be used for stitching vinyl together, something they had never done before. They were an absolute joy to work with and their open minded approach to producing a new product has offered up more business opportunities for them which I am delighted about.

Since then we have supplied Edge Beanbags for a clients' cinema room and my youngest has his eye on one too for the boys' potential den. With vinyl making a comeback they might even also fancy my old music centre.

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Charles Dickens and the Lindfield connection

LINDFIELD HISTORY

By Richard Bryant, Lindfield History Project Group
Helena Hall in her 1959 book *Lindfield, Past and Present* says: 'Dr Richard Tuppen was a great friend of Charles Dickens, a frequent visitor to "Froyles", where he sometimes stayed as well as at The Chalet with the brothers Arthur and Albert Smith, of Egyptian Hall fame'.

This implies Dickens' visits to Tuppen and the Smiths in Lindfield were at more or less the same time; however the visits were many years apart. This and other aspects of Charles Dickens' connections with Lindfield merit a closer look.

Helena Hall appears to have based her statements on the recollections of Mrs Elizabeth Anscombe, nee Woodgate, that were published in several newspapers, following interviews when she was in her nineties.

Looking first at Dickens' visits to Dr Richard Stapley Tuppen at Froyles in the High Street. Richard Tuppen was baptised in Lindfield in May 1780, the son of Henry and Sarah Tuppen, who had purchased Froyles in that year. His mother was a member of the well established Stapley family whose seat was Hickstead Place. In 1806, Froyles was inherited by Richard Tuppen; together with his sister he lived in the property until his death on 21st March 1840, aged 59.

Mrs Elizabeth Anscombe, born in 1826, was aged 13 years when she entered service at Froyles as a waiting maid in 1839. Praised by reporters for her 'wonderful memory', Elizabeth Anscombe vividly recalled meeting Charles Dickens when he frequently visited Richard Tuppen. Similarly she recalled that Tuppen and Dickens

went to church on Sundays, but Dickens found it difficult to keep awake during the long sermons of those days. When he was awake Dickens made sketches of the congregation, chiefly caricatures, on the walls or on a pillar.

Dickens must have been in Lindfield during 1839 and possibly early 1840, as Richard Tuppen died in the March of that year. Among Mrs Anscombe's most treasured possessions was a signed copy of a Dickens' book, reported as, 'A Christmas Carol', given as 'a token of regard'. However, it would appear this book was first published in December 1843, so perhaps the gift was a pre-publication edition or Dickens gave the book on a later visit to Miss Tuppen; Elizabeth Anscombe remained in her employ until June 1848.

More challenging to explain is the friendship between Charles Dickens and Richard Tuppen, they were aged about 28 and 59 respectively in 1839. How they met and became great friends is a mystery, as throughout most of the 1830s, Dickens had been pursuing a career in journalism predominantly in London. It was only after 1836, that he had become known through the publication in instalments, of *Pickwick Papers*. At this time Richard Tuppen was the village doctor in Lindfield, which had been his home since birth and he had been 'apprenticed' to a local surgeon. Similarly the background and social standing of their respective families makes a family connection implausible. The Dickens family background is well documented and Lindfield does not feature.



In contrast, Charles Dickens' friendship with Arthur Smith and consequently Lindfield is strongly evidenced. However, the Smiths could not be the link between Tuppen and Dickens, as Richard Tuppen had died almost a decade prior to Smith's connection with Lindfield.

Arthur Smith, born 1825, and with his older brother Albert, were famous as the first Englishmen to climb Mont Blanc in 1851. Albert followed a career as a journalist, humorist, writer and playwright in parallel with Dickens. They had both worked for Bentley's Miscellany and Albert Smith had adapted some of Dickens' writings for the stage. During the 1850s, Arthur Smith managed the Egyptian Hall in London and with his brother gave performances recounting their exploits on Mont Blanc. Both the brothers knew Dickens.

Various studies of Dickens describe Arthur Smith as his friend and manager. He handled the booking for readings by Dickens, who is reported to have said: 'I got hold of Arthur Smith as the best man of business I know'. Without doubt they had a friendly and trusting relationship.

How were the Smiths linked with Lindfield? Arthur Smith, when in his twenties, married Jane May Crawford, the daughter of William Board Edward Gibbs Crawford of Paxhill, Lindfield. On land adjacent to the Ardingly Road, within the Paxhill estate, Arthur with his brother built The Chalet in the first years of the 1850s. It is said, by Helena Hall in Lindfield Past and Present, that Dickens helped by 'carrying windows and door frames'. However, the basis for this statement is unknown, but it is reasonable to assume Dickens visited Arthur Smith and his wife at The Chalet during the 1850s.

Helena Hall also makes the assertion, again drawn from the recollections of Elizabeth Anscombe, that Dickens 'did many kindly things for Lindfield. He helped to raise funds to build the school on the Common. He took part in entertainments at the Assembly Rooms [Bent Hotel, Lindfield], and, as the result of public readings of his works at the Corn Exchange, Haywards Heath, he gave £100 to our Vicar, Mr Sewell, to help restore the Church'. However, on reading the various articles on Elizabeth Anscombe's memories, some of Helena Hall's assertions may be questionable. One of the more detailed articles on Elizabeth Anscombe's memories, published in the Mid Sussex Times in 1913, said: 'That as the result of a public reading at the Haywards Heath Corn Exchange, Dickens was able to hand £100 to the then Vicar of Lindfield – the Rev. E. Johnson' and 'That the money was used by him to help meet the cost of erecting the present Lindfield Reading Room, the builder of which was Mrs Anscombe's husband'.

As explained in a recent Lindfield Life article, the Reading Room started life as the National School, built on the Common in 1851. This date aligns with Arthur Smith's marriage, the building of The Chalet and Rev. Johnson being the vicar. Therefore the reading was most likely arranged courtesy of Mr and Mrs Smith. Dickens may have done other entertainments and readings in Lindfield or Haywards Heath but supporting evidence is lacking.

It is pleasing that Lindfield has one enduring legacy of Charles Dickens' connection with the village.

Natural Beauty at The Alternative Healthcare



If you choose health, we can help



This month we see the launch of Natural Beauty at the centre. Recent studies state the average woman uses 12 personal care and/or cosmetics each day (such as moisturiser, body lotion, shampoo, shower gel, foundation, lip gloss, nail varnish etc) exposing them to at least 168 different chemicals. Even more staggering is that teens are on average using up to 17 everyday, with the quality of these often being much lower. There are many articles showing the detrimental effects some of

these chemicals can have on your body, linking them as the cause for many disorders such as reproductive issues, mental health issues and even cancer. The skin is the largest organ of the body, so anything we put on our bodies we are effectively putting in our bodies as it absorbs its properties.

We believe it is incredibly important to be more conscious of our beauty regime. This is why we have launched natural beauty at The Alternative Healthcare. We see this as preventative medicine and helping people to become more aware of what they put on their bodies.



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Summer season begins

LINDFIELD IN BLOOM

By Heather Martin, Chairman, Lindfield in Bloom

June heralds the beginning of the Summer season in the garden. This year we have plenty of inspiration for you as we can enjoy Lindfield's own trail of gardens open in aid of St Peter & St James' hospice on 11th June. Lindfield in Bloom is happy to be supporting this event and we look forward to seeing as many of you as possible along the route.

Lindfield in Bloom will also be making its first appearance at Village Day on the 3rd to raise much needed funds to allow us to support horticultural and environmental community projects within the village. Do come and say hello – we'd love to hear what you're up to in your own garden or organisation – you might also like to enter into our Summer Front Gardens Competition which Lindfield in Bloom will be launching at Village Day. If you don't have a front garden you can still take part with planted hanging baskets or pots greening up your outside space – we simply need to be able to see them from the road. Following that, the next LIB meeting takes place on Monday 26th June, 7.30pm in the Bent Arms, all welcome.

Over at the Lindfield Horticultural Society a new event, the Gardener's Forum, brings a superb panel of gardening experts to the village to answer your gardening questions on 14th June (tickets from SWALK)



and for more help and advice visit the horticultural tent at the South of England Show from 8-10th June where there will be a selection of nurseries selling beautiful plants and gardeners on hand to offer free personalised advice on gardening and garden design – first come first served on the day. You can also pre-book a consultation at the garden design clinic by sending an email to heather@heathermartin.co.uk stating which day you'll be attending and a member of the horticultural committee will get back in touch with you to confirm a time.

So there are no excuses this month, we look forward to seeing you out in the garden! The lawn will be growing quickly, so the once-a-week cutting regime returns. Now the risk of frost has passed you can lower the lawn mower cutting blades for a shorter cut and bedding plants can be planted out in earnest – remembering to keep young plants well watered with water saved in the water butt – and tall plants liable to flopping may be staked to prevent damage in the coming months. It's a busy time, but do take a moment to sit and enjoy your labours too.



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Planning news

One major attempt on the village by speculative developers came last year in the form of Taylor Wimpey's proposal for 130 houses at Gravelly Lane. We and many other residents strongly opposed this scheme. Mid Sussex District Council's planning committee refused the application by a large majority. The developer, inevitably, appealed. Some months later, the council very regrettably withdrew its reasons for refusal. The developer re-submitted the application and it was waved through in February. At least this was an "outline" planning application, without detailed plans for the proposed housing. When the "remaining matters" application is submitted, we will do our utmost to limit the damage and ensure that the housing does not overlook Lindfield Common.

A further rejected application, by Wates for up to 200 houses south of Scamps Hill, is also subject to appeal. A decision will probably have been made by the time you read this. We will have attended the appeal hearing

in order to make the strongest case for the community that we could.

Two other current planning applications are for a new café in Alma Road and the re-opening of the White Horse pub as an Indian restaurant. We have concerns in both cases, notably about opening hours and noise abatement measures. We are urging that planning conditions are established to deal adequately with these issues.

We wrote in January that Lindfield's Neighbourhood Plan, an official planning document that excludes further large, bolt-on developments, had been subjected to a legal challenge by developers. This challenge has now been dropped, but dangers remain. Perhaps the most significant one is the fate of the Mid Sussex District Plan for housing, which is currently being reviewed by a Government Planning Inspector. His initial finding was that the district would have to accept a substantially higher housing target than the council had proposed. Negotiations are ongoing.

Heavy goods traffic

The Society worked together last year with nine parish councils and two town councils to generate support for a Traffic Regulation Order to reduce the unacceptable levels of HGV traffic on rural roads in Mid Sussex. Over a year later, we have now heard from West Sussex County Council, the body responsible, that it has rejected this initiative. We have, however, been offered further conversations to explore possible solutions. We are hopeful, with the arrival of new blood following the County Council elections, that we can still make progress on this front.

A word of thanks to all those who have bought 5 Walks around Lindfield. Copies are also now available at £1 each from the Parish Council.

We are not short of challenges this year and would like to thank all our members for their support. If you are not yet a member and would like more information about the Society, please visit our website. Lindfield is a special place – we need to pull together to keep it that way.

Readers holiday snaps

Lindfield Life readers have yet again been packing their copy of the magazine in their suitcases in order to give the village the worldwide exposure we all know it deserves! Here Daniel Tuddenham is sheltering from the rain by the Golden Gate Bridge in San Francisco, and Rev Stuart Silk floats in the Dead Sea on a recent trip to the Holy Land.

With the holiday season coming up – we'd love to do a few 'rogues' galleries' of faces with Lindfield Life in hand. Email your submission in to photos@lindfieldlife.co.uk - thank you.



It's not rocket salad

SIMPLY GOOD FOOD



The recipes make 4-6 servings

Fresh herb potato salad

Cook 900g tiny new potatoes in boiling salted water until just tender. Drain thoroughly. Measure the following into a large serving bowl – 4tbs well flavoured olive oil, 2tbs white wine vinegar, 1tbs wholegrain mustard, salt and pepper. Whisk together then add a bunch of spring onions, finely sliced, 2tbs EACH of chopped chives and mint. Add the warm potatoes, gently toss to combine and leave for at least an hour before serving (or overnight). Gently stir before serving.

Pasta salad with pesto dressing

Cook 225g small pasta shapes, drain and tip into the salad bowl. Gently toss with 2tbs olive oil. Cool slightly then add a bunch of finely sliced spring onions, 225g cherry tomatoes (halved if wished), some black or green olives, 100g crumbled feta cheese and 125g slivered salami or other cooked meat. Whisk together 3tbs olive oil, 1tbs white wine or cider, 2tbs pesto sauce and season to taste. Add to salad bowl and gently stir to combine.



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By Caroline Young

if you are entertaining – or just like to have some delicious dishes to dip into ready in the refrigerator – my recipes this month are perfect. Pasta salads improve with making ahead for the flavours to combine. Tiny baby new potatoes make great salads – look out for the homegrown crop from the East Anglian fields. Pasta should be still warm (not hot) when mixed with the dressing. For the best flavours allow the salads to come back to room temperature before serving if they have been in the fridge. The first three dressings would also be excellent stirred into cooked couscous, bulghar wheat or rice.

Ravioli salad with chilli dressing

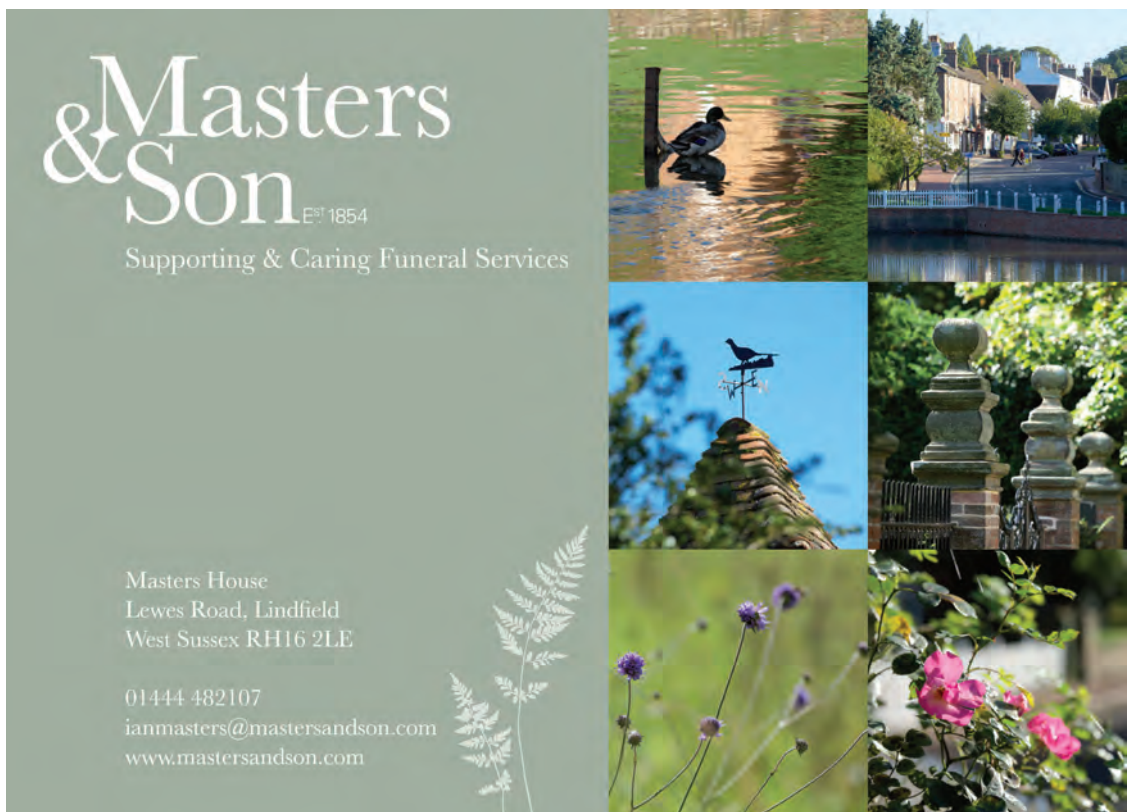
Measure into a salad bowl 3tbs sweet chilli sauce (or chilli jam), crushed garlic to taste, 175ml olive oil and 2tbs runny honey (or soft brown sugar). Whisk to combine. Cook a 225g packet of filled pasta such as ravioli or tortellini to packet directions, drain well, cool slightly then add to the dressing. Very gently stir to coat pasta with the dressing.

Pasta salad with prawns

Cook 225g small pasta shapes to packet directions, drain well and tip into a salad bowl. Add 2tbs olive oil and toss to combine. Allow to cool slightly for a few minutes. Add a bunch of spring onions, finely sliced, 200g corn kernels (canned or thawed) and 225g cooked prawns. Stir 1tbs tarragon or cider vinegar into 150ml natural yogurt and season to taste. Stir in a handful of chopped chives, add to the salad bowl and gently stir together.

White bean salad

Put 4-5 drained anchovy fillets into a processor with some crushed garlic, a small handful of parsley, 2tbs capers, the zest and juice of 1 unwaxed lemon and 50ml olive oil. Buzz to a puree and season to taste. Drain and rinse a 400g can of white or other beans, add to a pan of boiling water and return to the boil. Drain well and tip into a serving bowl. Add the dressing to the hot beans and gently combine. Leave to marinate for several hours before serving.



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The advertisement features a collage of six images: a duck in a pond, a street scene with a bridge, a bird on a weather vane, stone pillars, purple flowers, and pink roses.

Marathon 2018?

A Lindfield based charity is on the lookout for marathon runners to follow in the footsteps of last year's team which raised more than £15,000.

Group Strep B Support has several places for next year's Virgin Money London Marathon on Sunday 22nd April 2018.

Successful applicants will need to pay a registration fee of £100 and commit to raising £2,000.

Team members will receive a running top, a fundraising pack full of tips, ideas and materials, training advice, race-day support from two kerbside cheer points.

Runners securing public ballot places or Good for Age or Running Club places, would also be welcomed as part of the team.

Applications are open now and successful runners will be notified by 1st September.

If the London Marathon is a bit far for you, why not join the team for the Virgin Sport Westminster British 10k on 9th July 2017?

Staged on the world's greatest road race route through the heart of central London, this 10k run passes many of the capital's truly world class historic landmarks including the London Eye, Big Ben and the Houses of Parliament.

The registration fee is £35 with a minimum fundraising of £200.

For more information visit www.gbss.org.uk

New arts initiative

A new orchestra is on a mission to revolutionise the cultural scene across West Sussex.

The Stellar Arts Orchestra (SAO) is a new proposal for a permanent, world-class orchestra in West Sussex. Initiated by British pianist and conductor, Rudi Eastwood, the SAO endeavours to revolutionise the cultural scene across West Sussex and involve the community at large.

"The SAO will not be your usual orchestra," says Rudi. "Our unique synthesis of music, art, culture across varying disciplines will be greatly inspiring. Please join us to embark upon a spectacular journey!"

Rudi is in the process of building a flourishing online community before he launches the crowdfunding initiative with Kickstarter. Those joining the online community, will receive updates and have access to priority tickets and other rewards.

The SAO is also inviting local choirs to participate in a promotional video. Every choir will be asked to sing a few notes and recordings will be combined to create a small musical piece. School choirs are also welcome!

Please sign up on the Stellar Arts Orchestra website www.stellarartsorchestra.com to join in and play a vital role in making this happen.

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Website offers supports for victims of crime

If you've been a victim or witness of crime, an online directory of local specialist support services offers a one-stop shop to help you find all the information you need at your fingertips.

The site, developed by the Office of the Police & Crime Commissioner for Sussex, can also help to demystify the process for people when they may be at their most vulnerable, offering information about different types of crime as well as details of what happens at each stage of the criminal justice system.

The site was built in close consultation with local services to meet victims' needs, whatever stage they have reached in their recovery. Whether you've reported it to the police or not, Safe:Space Sussex can provide a secure environment where people who may be feeling unsafe can find out what local help and support is available to them.

For more information, please visit www.safespacesussex.org.uk

Giant wheel for Ardingly Show

The South of England Show is celebrating its 50th birthday this month at the showground in Ardingly, where visitors can enjoy the very best of the British countryside, food and drink and outdoor entertainment for the whole family.

Over three days (8th-10th June) the South of England Agricultural Society will throw the spotlight on the charity's achievements over the past 50 years, since it was established in 1967, with displays of the best of British agriculture, equestrianism, countryside learning, horticulture and forestry; as well as music, food and drink and shopping.

Take a ride in the 'Ardingly Eye', a spectacular 32 metre high giant wheel, to get a unique bird's eye view of the entire 150-acre showground which will be alive with hundreds of competitions and entertainment, arranged in zones.

Over 1,500 horses and ponies will take part in the equestrian showcase featuring dozens of classes from heavy horse turnouts to the fast paced inter-hunt relay, show jumping to beautiful hackneys.

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Lindfield Open Gardens 2017

Sunday 11th June 1.30pm-5pm

More than ten gardens in Lindfield are opening to the public to raise funds for St Peter and St James Hospice.

We have a wide variety of gardens reflecting the interests of the owners. From a small garden inspired by a snail shell, an exotic garden, a garden with an emphasis on leaf shapes and colours to more formal gardens.


You'll be able to buy plants and jam, enjoy tea and homemade cake as well as getting advice from the gardeners and information about composting, beekeeping and rainwater harvesting.

We look forward to welcoming you.



47 Denmans Lane - tea, cake & plants
10, 11 & 12 The Glebe
36 Finches Gardens & three neighbours
Chaloner Close (far end)
7 High Street
38 & 74 Meadow Lane

Tickets £5 each (children under 14 free)
available on the day at any of the gardens
For map and information www.lindfield-gardens.co.uk

 Lindfield Open Gardens





Lindfield Rural Parish Council Newsletter

JUNE 2017

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: clerk@lindfieldrural-pc.org.uk www.lindfieldrural-pc.org.uk

Chairman's report 2017

This report attempts to highlight the important issues that have impacted on the Parish over the past year.

- 1) Last year there was some euphoria when the Neighbourhood Plan (NP) was completed and accepted by the community (Referendum) and we subsequently had some successes with the rejection of two important planning applications. However, I regret that this was not to last as a further application by the developer (Taylor Wimpey) for 130 dwellings was recently accepted by Mid Sussex District Council (MSDC). The Wates development (Walstead) appeal is to be viewed in May. Additionally, two medium sized applications (50 homes approximately) have been submitted, one of which was withdrawn for the present (site opposite Haywards Heath Golf Club) due to traffic problems, while the development on Anchor Hill, Scaynes Hill was accepted by MSDC. There has been a feeling of great disappointment that scant regard had been taken of the wishes within the community with regard to the NP. It was particularly frustrating as so many residents spent a considerable amount of their valuable time over a three year period in constructing the Plan; we await developments.
- 2) The Parish Council viewed 87 planning applications, most of which were acceptable to the community.
- 3) The residents of Scaynes Hill have waited a considerable amount of time for their own allotments and I am pleased to announce that the Parish Council is now the owner of a parcel of land in Clearwater Lane for this purpose. We can now proceed to organise the site and discuss with residents a framework to proceed with the organisation of the allotment gardens; over 15 residents so far have registered their interest in renting a plot.
- 4) Other main features of the year were as follows.
 - a. Burial Ground - The cemetery continues to provide funds for the community and the Chapel and Lodge are let also providing extra funds. We have continued to space plan the cemetery and an investigation is on-going to establish whether some of the older vacant purchased plots are still required. Additionally, the Council is in the process of 'electronically mapping' the whole cemetery.
 - b. The Scaynes Hill Common and Anchor Pond continue to be maintained as a result of advice from local environmental groups. Security on the Common is to be upgraded in due course.
 - c. Scaynes Hill Playing Fields – After receiving several complaints concerning noise levels with regards to the basketball/netball facility, the Parish Council agreed in Council to remove this activity. The Council is now considering further schemes to enhance the activities available to residents.
 - d. Gravelye Lane allotments continue to flourish thanks to the continued support from a small band of volunteers who maintain the area. I would like to welcome back Colin Cheney, who has agreed to continue in the role of Allotment Supervisor. Rose Mortensen was awarded the Allotment Cup this year - congratulations Rose!
 - e. MSDC has extended the number of dog bins in the District and the Parish Council has been able to increase the number within the Parish. The new locations can be viewed at the Parish Office.
 - f. Upgrading of Parish street lighting – LED lights were installed in Croxton Lane, Lindfield and we have received excellent reports concerning their effectiveness and their energy efficiency. The council is to propose a further tranche of upgrades in due course.
- 5) As residents have probably noted, the Parish Council continues to maintain their precept (Council Tax) at the same level as preceding years
- 6) The Parish Council continues to support local charities, the list of which is held by the Clerk.
- 7) Finally, I would like to take this opportunity of thanking all my fellow Councillors, Vera, Sarah, Irene and Lin for their substantial support over the past year. However, I would like to especially thank Christine Field (our WSCC representative) who is leaving us in May. We wish her all the best for the future.

John Dumbleton

Lindfield Rural Parish Council Allotments

The Council are pleased to inform that the waiting list for allotments is now open and that applications are welcome from both within and outside the parish. Please contact Cllr. John Dumbleton (482633) or the Parish Office (831499) if you are interested.

Your Parish Councillors:

John Dumbleton (Chair)
Ray Jones (Vice Chair)
Brian Bunt
Chris Hersey
Margaret Hersey

Tel: 482633
Tel: 453868
Tel: 484661
Tel: 482270
Tel: 482270

Keith Martin
Steve Minter
Andy Spooner
Parish Clerk: Vera Grainger
Assistant: Irene Nicholas
Finance Officer: Sarah Anderson

Tel: 831431
Tel: 831786
Tel: 831602
Tel: 831499
Tel: 831499
Tel: 831499

Lindfield Rural Parish Council Office is open to the public on Tuesdays 12.30 to 13.30 and Thursdays 10.00 to 11.00

Section 106 – Support for local amenities

It was highlighted at the recent annual Parish Meeting that, due to recent and proposed building developments, funds were potentially available for providing addition amenities in Lindfield Rural Parish. Suggestions are welcome from all our parishioners. Grants will normally be for capital projects and the sustainability of the investment should be considered when proposing a project.

Support for the provision of a cycle route between

the village and Oathall Community College has been suggested. It may be possible to work in conjunction with Mid Sussex District Council and West Sussex County Council to jointly investigate the viability of a cycle route, something that has been required for so many years to enable our children to cycle safely to school.

When putting forward your proposals please consider who the project will benefit, how the facility will be managed and maintained etc.

Police Report at Annual Parish Meeting

Sgt Allan Philip, Sussex Police, was in attendance at the annual parish meeting. He circulated crime figures for Lindfield and Lindfield Rural, confirming that Lindfield is a very safe area in which to live.

Crime figures for Lindfield & Lindfield Rural are:

Lindfield

49 - Other theft
28A - Burglary in a Dwelling
58C - Criminal damage to a vehicle
105A - Assault without injury
8L - Harassment
8N - Assault with Injury
9A - Public fear, alarm or distress
46 - Theft from a shop
58D - Other criminal damage
92D - Possession of controlled drugs (excluding cannabis)
45 - Theft from a vehicle
30A - Burglary in a Building other than a Dwelling
92E - Possession of controlled drugs (cannabis)
58A - Criminal damage to a dwelling
44 - Theft or unlawful taking of a pedal cycle
36 - Kidnapping
92A - Trafficking in controlled drugs
28B - Attempted Burglary in a Dwelling
56B - Arson not endangering life
20A - Sexual assault on a female aged 13 or over
8P - Racially or Religiously Aggravated Assault with Injury
40 - Theft in a dwelling other than from an automatic machine or meter
28C - Distraction Burglary in a Dwelling
59 - Threat or possession with intent to commit criminal damage
19C - Rape of a female aged 16 and over
88E - Exposure and voyeurism
41 - Theft by an employee

95 Lindfield Rural

11 45 - Theft from a vehicle
9 8N - Assault with Injury
9 30A - Burglary in a Building other than a Dwelling
8 105A - Assault without injury
7 49 - Other theft
7 99 - Other indictable or triable either way offences
6 92E - Possession of controlled drugs (cannabis)
5 28A - Burglary in a Dwelling
5 9A - Public fear, alarm or distress
4 58C - Criminal damage to a vehicle
4 49A - Making Off Without Payment
3 44 - Theft or unlawful taking of a pedal cycle
2 28B - Attempted Burglary in a Dwelling
2 58A - Criminal damage to a dwelling
1 5D - Wounding - offence 5/1, 5/6, 5/27 only
1 58D - Other criminal damage
1 105B - Racially or religiously aggravated assault without injury

62

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Paula, 45, from Haywards Heath



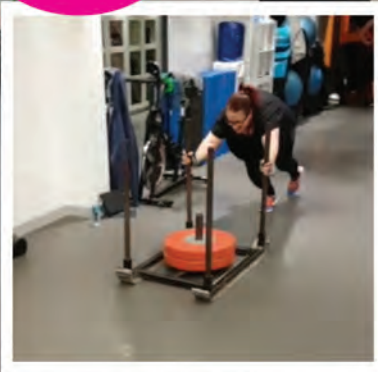
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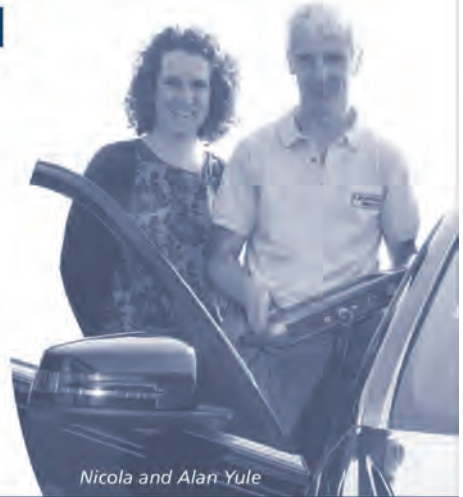
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Colour Bar by Susan Williams

BOOK REVIEW

By Cavan Wood

Susan Williams has given us a moving insight into a piece of British history that it is hard to defend. This is the story of Sereste Khama and his love for a white British woman called Ruth Williams. As the heir to an African nation bordering on South Africa, the British governments – both Labour and Conservative – were only too willing to let apartheid's evil infection attack their colonial policy. There were betrayals and misunderstandings which were unacceptable. Sereste Khama himself emerges as a Christian gentleman, keen to bring reconciliation to the people who opposed his marriage and then to build a nation. A moving powerful story of love, which triumphs over the basest of politics.

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The Secret Fire by C.J. Daugherty and Carina Rozenfeld

BOOK REVIEW

By Nathaniel Parker, member of the Amazing Book Awards Club at Oathall Community College

The Secret Fire is a collaboration between C. J. Daugherty (an internationally best-selling author, who visited Oathall in April) and Carina Rozenfeld (a highly acclaimed French author). It is about a French boy called Sacha and an ordinary English girl named Taylor. Because of an ancient curse, Sacha has to die on his 17th birthday, but is immortal before then. Taylor holds the key to saving his life, but they've never even heard of each other. They have eight weeks to find one another and unravel the mystery together.

I liked the book because it has a good plot and brilliantly portrayed characters. It is written in third person, which made a nice change as so many of the books I've read recently were told in first person. My favourite character was Louisa, because, although she's such a quiet character, she is really inspiring and is portrayed wonderfully. C.J. Daugherty describes all the characters and action so well, that reading it, I felt like I was there watching the story unfold. My favourite part of the book is when Taylor and Tom are in the school gym having an argument – the whole scene just jumped off the page and I found myself drawn right into the centre of the action.

I adored this book and I really look forward to reading the sequel, The Secret City. I rate it 9/10.

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Swimming since 1977

DOLPHIN LADIES

By Claire Cooper

They say life begins at 40 but the Dolphin Ladies Swimming Club has been enhancing lives since the first swimmers took to the water back in 1977.

The club, which celebrated its milestone birthday last month, has enriched the lives of hundreds of swimmers over the years, from those facing up to a fear of water and learning to swim, to others wanting to brush up on their technique and even begin competing.

To mark this historic event, present and past members, including many from Lindfield, got together to celebrate at the Dolphin Leisure Centre, where the club held its very first session 40 years ago,

A cake, made by teacher Margaret Carter, was cut by Wendy Dumbleton, one of the longest serving members. Wendy joined the club 35 years ago with the intention of improving her technique but ended up becoming a teacher and has taught swimmers for 31 years.

"I'd been swimming for around four years when I was told I'd make a good teacher and invited to train," Wendy recalled. "It was difficult to say no but I'm so glad I agreed!"

After cutting the cake, Wendy spoke on behalf of

members: "We all joined the club because we want to be healthy, have fun, learn something, improve our strokes and makes lots of friends," she said.

"And it's all down to one fantastic lady, Jeanne Izod, who had a little seed of an idea 40 years ago."

She added that Jeanne, the club's founder, died last year aged 91. "She was a terrific advert for swimming and we are proud to carry on the tradition in her name," said Wendy.

The swimmers also marked the occasion by completing 40 swimming challenges.

There was also a chance for teachers to catch up with former swimmers and an opportunity to reminisce, over a cup of coffee and slice of cake, as event organiser Stephanie Wilson had put together an exhibition covering the history of the club.

The Dolphin Ladies Swimming Club runs weekly term time sessions at the Dolphin Leisure Centre on Tuesday mornings and at Ardingly College on Friday mornings.

New members are always welcome. For more information contact Margaret Carter by email: dolphinladies@gmail.com.



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Pitching over trouble

TEEING OFF



By James Verrall, Head Golf Pro

This month I am going to help you with pitching onto the green when you may have an obstacle in the way. This should be done with a Sand Wedge which will give you enough elevation to clear what is in your path.

Pitching over trouble such as bunkers, water or heather can cause you to panic. You need to stay positive and commit to these shots like you would any other. Slowing your swing down just as you are about to hit your ball is a 'Big No', but this is something a lot of people struggle with.

You need to start this shot by gripping lower down the club for more control, then stand with your feet close together. To get the height you need from this shot, position the ball in the middle of the stance. Slightly open your stance as this will encourage you to turn through the shot.

Your body should stay fairly still on the backswing but then transfer all of your weight onto your front leg to finish.

Try and get the club to go under the ball so it can lift it into the air. Keeping your left arm straight (if you are right handed) will make this much easier to do.

During your swing your head should stay very still. It is quite common for golfers to lift their head and top the ball or dip their head and hit too much ground.

Master this technique and you will be sure to save yourself shots round the golf course.


There is some exciting news for potential lady golfers this month at Haywards Heath Golf Club. Our Lady PGA Professional Belinda Whent is running Ladies Only Beginner Golf Classes through June. To find out more please call 01444 414866 or email me: james@haywardsheathgolfclub.co.uk


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		1						5
6	3			1				
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					9		3	
	1			7		2	9	
7			2					6
	2				8			
	9		5		4		8	
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Find the solution to #11
in next month's magazine

#10 Solution

4	1	8	6	3	5	2	7	9
9	3	6	7	2	8	1	5	4
7	2	5	9	1	4	6	8	3
1	5	2	8	4	6	3	9	7
6	9	3	5	7	2	4	1	8
8	7	4	3	9	1	5	2	6
2	6	9	4	5	7	8	3	1
5	8	7	1	6	3	9	4	2
3	4	1	2	8	9	7	6	5

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

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What's on in June

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June

- 1st **Lindfield Country Market** – 10-11.15am
(Sheila Hobbs 01444 483396)
- 3rd **Lindfield Village Day**
For GENERAL ENQUIRIES email the team at
villageday@kingedwardhall.org.uk
For VILLAGE DAY PROCESSION email
procession@kingedwardhall.org.uk
- 4th **Sale of Teak Garden Furniture**
- 6th **Lindfield Afternoon WI** – 2.15pm
(Jacquie : la16wi@gmail.com or 01444 454816)
- 8th **Polling Station supporting the UK General Election**
- 8th **Lindfield Country Market** – 10-11.15am
- 14th **Gardeners Forum** – 7.45pm
Ask your gardening questions to an expert panel
brought together by Lindfield Horticultural
Society (Tickets £7.50 from SWALK or Chris Gurr
01444 482739)
- 15th **Lindfield Country Market** – 10-11.15am
- 17th **Lindfield Bonfire Society** – Summer Party and
Quiz Night - tickets £5 each
(Sarah Tampion-Lacey 01444 487470)
- 22nd **Lindfield Country Market** – 10-11.15 am
- 27th **Lindfield Flower Club** – 2.30pm
Elsie Chapman will demonstrate and her talk is
called 'NATURE'S CHARM'
- 29th **Lindfield Country Market** – 10-11.15am

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on bookings@kingedwardhall.org.uk

June

- 3rd **Lindfield Village Day** – 12.45pm
Procession leaves from Hickmans Lane Playing
Fields. Children's Pet Show, Fun Fair, Family
Games on the Common and over 100 stalls.
- 8th **Antiques Roadshow** – from 9.30am
Nymans Garden, Handcross - Entry to BBC
Antiques Roadshow is free, everyone is welcome,
and no tickets or pre-registration is required.
Arrive between 9.30am-4.30pm on the day.
- 8th-
10th **South of England Show**
Ardingly Showground
- 10th **Lindfield Gospel Day** – 9.30am-5pm
All Saints Church - singing workshop
- 11th **Lindfield Garden Trail** – 1.30-5pm
Open gardens around Lindfield to raise money
for St Peter & St James Hospice
(www.lindfield-gardens.co.uk)
- 14th **Haywards Heath Carers' Day** – 10am-2pm
Town Hall - free event to support mature carers in
the area (book online: <http://bit.ly/2pQ6jrJ>)
- 14th **Tiger Arts concert** – 1pm
All Saints Church - Orpheus Centre musicians
perform. Admission free. Light lunches served
from 12.15pm in the Tiger Lounge
- 18th **London to Brighton Bike Ride** – all day
- 18th **Open Garden** – 2-6pm
Town Place, Ketches Lane, Freshfield, RH17 7NR
Courtesy of Dr and Mrs Anthony McGrath to raise
funds for the Horsted Keynes Tuesday Group in
support of armed forces charities, SSAFA and
Blind Veterans UK. Home-made teas
- 21st **Ardingly Ramble** – 7.30pm
Meet at Little London Layby (opp Showground).
A leisurely 4.5mile ramble (John 07817 032135)
- 21st **Mid Sussex Decorative & Fine Arts Society** –
10.15am, Clair Hall - The Magic of Vermeer
- 25th **Car Boot Fair** – 10am-1pm
Oathall Community College
- 26th **Lindfield in Bloom meeting** – 7.30pm
Bent Arms pub

July

- 1st **Scaynes Hill Summer Flower Show
and Plant Sale** – 2-4pm
Millennium Village Centre - Exhibits range from
flowers to cookery to arts and crafts, a plant sale,
teas provided by the WI and, of course, the raffle.

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