

Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

May 2017 Issue #100

Free



Celebrating our 100th issue!

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EDITORIAL

By David Tingley, Editor

What we used to call the 'community arm' of my design business has now become the primary focus of my working hours – and I love it! It all started over eight years ago, and Issue number 100 seems as good a time as any to take stock and celebrate. So I hope you, dear reader, will forgive me for a little reminiscing on [page 48](#). It was fascinating as I sat down with all the back editions to look through! I've also, on [page 47](#), been able to showcase the talented team with whom I enjoy working to make Lindfield Life come out each month. They are all awesome – and I'd like to thank them, and all the regular contributors from the village, for all they continue to do in the name of community. We receive dozens of articles, news stories and photos from readers every month which is the lifeblood of the magazine. Thank you.

Elsewhere in your May magazine you can find a great Village People in [Mike Steer](#), written by [Claire Cooper](#), on [page 32](#). Mike heads up the [Lindfield Arts Festival](#) this year and it's super to read his story.

On [page 6](#) we meet [Brett Hudson](#) and [George Moir](#); both are artists in the village and are taking part in this year's Festival. They are encouraging other artists to open their studios for the 2017 event.

We were honoured to get an invite to capture the first Easter Bonnet Parade at [Lindfield Primary Academy](#) – and you can share in the colourful joy on [pages 8-9](#). A new tradition at the school I suspect!

If nature is your thing, check out the article by [Julie Deo](#), a volunteer at [Scrase Valley Nature Reserve](#) in Lindfield. It's always great to know what's going on right under your nose. Perhaps you might want to get involved? See [page 12](#).

Plus we feature [Deborah Day](#), [Penny Hoyle](#), the late [Rosemary Baxter](#), [James Verrall](#) talks golf and [Cavan Wood](#) has been reading again!

It's all here. I do hope you enjoy number 100!

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NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Birchanger open

For the 40th year, members of the Worrall family will be opening their Handcross garden for charity.

On Sunday 14th May, the garden will open in aid of St Catherine's Hospice from 2pm until 5.30pm.

Birchanger Gardens is a beautiful seven acre estate with magnificent displays of azaleas, rhododendrons, camellias and magnolias. There is a grassy avenue, lake, lily pond, pergola, Etruscan-style temple and much more. This lovely garden is only open to the public for a few weekends each year, so make sure you don't miss it.

Entrance is £5 and children go free. Dogs on leads are welcome, and car parking is free.

Refreshments with home-made cakes will be available. For more details contact Marian Erritt on 01444 413391. Check St Catherine Hospice's website www.stch.org.uk for details of other gardens that will be opening this year to raise funds.

Car Boot Sale at school

After the success of its Vintage Table Top Sale last year, Lindfield Primary Academy PTA is holding its very first car boot sale in the Academy's grounds on Sunday 14th May, 9.30am-1pm. It is one of many events in its very busy calendar, alongside discos and film nights for the children, and golf days and a summer ball for the grown-ups, just to name a few. Emily Hadden, PTA co-chair, explained: "We like to make our events as inclusive as possible, ensuring they attract attention from across the local community, and would love to welcome the people of Lindfield to join us to either take a pitch, pick up a bargain or just come along for a bacon sandwich and cup of tea. All proceeds will go towards the 'extras' that cannot be funded directly by the school, as well as much needed equipment that requires our additional input. A BIG 'thank you' to Tesco which has kindly donated towards the food and drink at this event."

Doors will open at 9.30am. Admission £1. Pitches will be reserved on a first come first served basis and cost just £7 (£10 for a van). Please contact lindfield.pta@gmail.com for more details or to reserve a pitch.



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Scaynes Hill sustainability

By Graeme de Lande Long

The Scaynes Hill Sustainability Group (SHSG) was formed in the autumn of 2011 by a small group of like-minded people in the village who felt that they wanted to explore the idea of sustainability in more depth and see how they could relate this to the lives of the community in Scaynes Hill.

We meet about six weekly and our discussions to date have covered a wide spectrum of subjects, reflecting the way in which sustainability affects so many areas of our lives.

A common thread to our discussions was the need for a better way of sharing information and ideas within the village. So our first project was to set up a village community website. The website includes news, articles, history, events, a local business directory and pages for community groups. Amongst these is a Sustainability page (<http://scayneshill.webplus.net/sustainability.html>), where relevant articles and the date of our next meeting can always be found.

Through sharing experience within the group, those of us new to growing our own veg have been encouraged to make a start, and we have a weekly stall to share surplus summer fruit and veg at no cost. To raise awareness of our local environment, we have arranged such events as woodland, farm and vineyard tours, a fungus foray and a dawn chorus walk, and butterfly and wildflower identification. The group has also organised litter picking days, offered information to villagers on energy saving and renewables, and taken part in the consultations for the Neighbourhood Plan.

The group's next meeting will be on Thursday 27th April at 7.30pm. As the Inn on the Green is now closed, the meeting will be held at the home of Mike Lavelle at Brook Barn, Ham Lane. The group is an informal one open to all - we welcome new members and new ideas. If you think you might be interested, do come along to a meeting or contact Cilla on 01444 831364 or cdelandelong@btinternet.com to find out more.

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Artists set to open their studio

LINDFIELD ARTS FESTIVAL

Two Lindfield artists, who met while exhibiting at the Arts Festival in 2015, have joined forces to create what they hope will become a new village tradition.

Brett Hudson and Georgina (George) Moir will be staging an Open Studio event for families over the Arts Festival weekend.

Brett and George were inspired after visiting the Open House Art Trail at the annual Brighton Festival.

"We had both visited open houses and agreed that they provided a lovely and relaxing way to look at art in different surroundings," said Brett. "With so many creative people in the village and lovely buildings, Lindfield is perfect place for an art trail so we thought we would go for it and open my garden studio!"

The hope their event will encourage other artists to open up their homes and studios to create an art trail in the village. "It would be great if other artists could join us and open their houses - if not this year, maybe next year," added Brett.

The pair are hoping to attract families and will be providing activities for children to keep them busy while the parents browse and enjoy a glass of wine. The studio, in Brett's garden in Luxford Road, will open on both the Saturday and Sunday of the Arts Festival weekend.

Brett, who studied illustration at Northbrook College in Worthing, has worked as a children's book illustrator for various publishers, including Random House and Egmont. He moved to Lindfield from Hove in 2010 and works from his garden studio creating humorous illustrations in watercolour and contemporary acrylic paintings of animals.

He sells his work in the Toll House and Tufnells in Lindfield, The Talbot in Cuckfield and Mabel's Emporium, Burgess Hill, as well producing private commissions.

George studied illustration and graphic design at Liverpool John Moores, and following her degree she lived and worked in London designing for various design agencies, book publishers and Whittard of Chelsea.

Shortly after moving to Lindfield in 2013, George set up her company 'Nibs and Scribbles' producing children's prints and canvas prints selling online and at Mabel's Emporium.

She also continues her design work creating logos and marketing materials for local companies. Recently she has rediscovered her love of drawing and painting and frequently works on private commissions in watercolour and acrylic.

The pair met while exhibiting at the Arts Festival in 2015. "We soon discovered we shared the same interests in painting, illustration and art," said George. "We also discovered we had children in the same class at Lindfield Primary and last year we took part in the School's Book Week celebrations, introducing children to the world of book illustrations." The pair have continued to work with the school running art workshops, while Brett has designed a canvas bag for the PTA.

"We are really excited to be part of such a creative village, and we see the Lindfield Arts Festival as a great opportunity to bring all the creatives together!" said George. Brett added: "We will be showing a wide variety of our work over the weekend - original paintings, prints and cards - and involving other Lindfield artists such as Leesa Le May. It's our way of giving something back to the local community."

Brett's work - www.brethudsonart.com

George's work - www.georginamoir.carbonmade.com
and www.nibsandscribbles.co.uk

Call to artists

Hilary Kennett and Maggie Lloyd are back on the Lindfield Arts Festival arts team this year and are looking for more local professional and amateur artists to exhibit.

"We are excited to announce that we will be exhibiting artwork over the festival weekend in the new school hall at Lindfield Primary Academy once again," said Lynn Tulip. "This is an amazing gallery style

space with loads of natural light and a perfect setting to display the artwork of our local professional and amateur artists."

She added that many of the shops on the High Street will be displaying samples of the works in the exhibition.

If you would like to exhibit on 9th & 10th September, please email a couple of photos of your work to: hilarykennett@lindfieldartsfestival.com and maggielloyd@lindfieldartsfestival.com

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Bonnets on parade

LINDFIELD PRIMARY ACADEMY

By David Tingley

All schoolchildren in Lindfield waved goodbye to the spring term in glorious sunshine last month, but at Lindfield Primary Academy the warm playground was also bathed in colour as the school held its first Easter Bonnet Parade for over 20 years.

Its return to the school was the brainchild of mums and PTA members Carrie Faraday and Laura Bartlett. "We had originally only intended to run the parade in the playground for Reception children," Laura said, "but Mr Still [Principal] loved the idea and said he thought all Year groups should get the opportunity to take part."

The children had a couple of weeks to put their bonnets together at home – with many parents' man-hours too! suspect – before bringing them in on the last morning of term. Key Stage 1 and 2 paraded first, walking around the playground to the whoops and claps of proud parents looking on with cameras at the ready.

Next was the turn of Reception children, as some stepped out nervously on to the playground with their freshly crafted hat creations atop their heads. One or two dangerously teetering as they walked!

As the children paraded, Marcus Still and Vanessa Smith, Principal and Vice Principal, had the unenviable task of judging the bonnets in order to give prizes out at a whole school assembly later that same morning.

The winners were categorised into Reception, Key Stage 1 and Key Stage 2. All winners received a net of eggs kindly donated by the Co-op store, with first prize winners also scooping a book token (courtesy of

Lindfield Coffee Works), and second place adding to their chocolate stash with a large egg donated by the Parent Teacher Association.

The Co-op also donated 1,800 small eggs to the school so that every child could leave for Easter with something special that day.

Marcus Smith commented: "It was such a lovely event and felt like a superb end to the school term. The children created such incredible and beautiful bonnets it was very hard to judge between them all." He went on: "The PTA does such a lot of work during the year – but this event was just for fun and really helped to draw together that sense of community that we enjoy here at Lindfield Primary Academy. Thank you to all those who made it happen."



PTA: Laura Bartlett, Carrie Farraday, Rebecca Batney, Emily Hadden



Reception winners



Key Stage 1 winners



Hunt winners



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Back to nature

NATURE RESERVE

Cuckoo Flower

By Julie Deo

Bramble bashing! My son gave me a startled look across the breakfast table and expressed his opinion that this wouldn't be his preferred activity for a Saturday morning. Undeterred by a little resistance on his behalf, I reminded him that he had volunteer hours to accrue for a Scouts badge and it was a lovely sunny March day – perfect for a foray into our local nature reserve to meet the Friends of the Scrase Valley community group and give them a helping hand on the morning's project.



A little later, armed with a selection of garden tools and some very sturdy gloves, we arrived at the meadow by the Backwoods Lane entrance and were welcomed by a small band of dedicated volunteers and a Mid Sussex District Council park ranger providing support on the day. I'm usually a little nervous about my son and his enthusiasm for pruning equipment in my own garden, so it was a pleasure to set him loose in a thicket of brambles with no qualms about any unintended results.

Over the course of two hours we cut back the thorny invaders by several metres, and a neighbour kindly provided tea and biscuits to cheer us along.

I discovered that a rare wildflower, marsh cinquefoil, grows well in the boggy soil in several sites across the reserve, and the Friends are keen to see if it will re-establish in the meadow. It flowers between May and July and is a good source of nectar for insects such as bees and hoverflies. The sites are monitored and



Marsh Cinquefoil

maintained by the Friends to ensure that they remain open and free of larger invasive plants.

I enjoyed the morning's volunteering and offered to come back again for the next session in April to tackle a patch of bird cherry bushes that spread via suckers and need to be cleared from the undergrowth. I also wondered whether there are a lot of other deskbound weekday commuters like myself who appreciate weekend walks in the reserve but know very little about the work that is undertaken to maintain the special character of the area for its wildlife and the many rare plant species.

The nature reserve is a remnant of the ancient Bents Wood and a marshy area of the former Barn Cottage farm. Local Nature Reserve status was granted by the authorities in 1990, and it is now managed by Mid Sussex District Council and The Friends of the Scrase Valley. A steering group meets twice a year to plan and advise the council of work to be undertaken, and the Friends arrange conservation task days regularly throughout the year.

The Trust for Conservation Volunteers (www.tcv.org.uk) are also active in the reserve and have undertaken revetment work along the banks of the Scrase stream where erosion threatens to undermine the pathway.

The Scrase Valley Reserve's wet woodland habitat has been recognised as a suitable site for the reintroduction of the near extinct native black poplar tree (ssp *betulifolia*). In recent years the volunteers have planted saplings donated from the tree nursery at Wakehurst Place (Kew) where a partnership with the Sussex Wildlife Trust and the Sussex Black Poplar Working Group is aiding the conservation of the species.

Walking through the reserve recently with a longstanding member of the Steering group, we noticed butterflies on drifts of pretty lilac-pink cuckoo flowers/lady's smock near the pathway beside the bridge, bright yellow brimstone butterflies in the stands of woodland hawthorn and quite a number



Small Tortoiseshell butterfly

of different sites where the unusual parasitic plant Purple Toothwort (*Lathraea clandestina*) was in bloom. It grows on the roots of alder, poplar and willow and has naturalised along the banks of the stream together with masses of the white flowered Wood Anemone.

Looking up into the alder trees which grow adjacent to the stream, we noticed a nuthatch returning to its nest high up in a hole in a trunk. Nuthatches are distinctive little woodland birds about the size of a great tit. They use mud to plaster up the sides of their nests to restrict the size of the entrance and protect chicks from magpie predation.

Flowering plants to look out for in May include the cherished bluebells, heath spotted-orchid, yellow



Brimstone butterfly



Purple Toothwort



Kingcups

flag iris, kingcups (marsh marigold, *Caltha palustris*) and, hopefully, the magenta flowers of the marsh cinquefoil.

For interested residents who could spare a few hours occasionally throughout the year, there will be other sessions where the Friends would welcome extra volunteers to help out with tasks such as scrub clearance and management of invasive streamside plants. Keep an eye out for notices at the entrances to the Reserve or in the 'What's on' calendar of Lindfield Life magazine.

For further information or to register your interest, contact the Friends via email: scrasevalleyfriends@gmail.com



Heath Spotted-orchid

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The county runners-up!

By Natasha Lawrence & Madeleine Swainson (Year 6)

At 9am on the 27th March, a selection of talented children from Lindfield Primary Academy set off for the Sussex County Indoor Athletics Competition at Tanbridge House in Horsham, after the team had successfully won the Mid Sussex title the previous month. With up to 150 schools taking part in the event, it was quite an achievement for the team of 27 students to make the final.

The overall winners were Thomas a Becket Primary with Lindfield coming in second place. It was very close as there were only 16 points between the top two schools.

When the children arrived at the competition, the atmosphere was tense and nerve-racking as every one

of the nine regional winners was in it to win it! Each and every child gave it their all in their events, whether it was running, throwing or jumping. James Smyth, the coach of the outstanding Lindfield team, was ecstatic. "I am very proud of my team," he said. "I think they have done amazingly well!" He stood proudly amongst the large contingent of Lindfield supporters, who cheered on the wonderful team throughout the morning.

Evie Hastings, who took part in two running events, stated: "It was exciting and scary, but I think that I did the best I could in all of my events." This is the first time that Lindfield has reached the County Final, so to come in as runners-up is a great achievement. The children hope to do even better next year!

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RBL Talk raises nearly £400

By Jane Harding

We would like to thank everyone for joining us in King Edward Hall on Saturday, 25th March.

The talk on 'Passchendaele 100 years and El Alamein 75 years - Lindfield Remembers', given by Matt Taylor and Linda Grace, was very interesting indeed. There was also a display and artefacts, and this was followed by Afternoon Tea.

With your help and generosity, the wonderful sum of £396.70 profit was raised. Our thanks go to our two speakers and to everyone who donated cakes and raffle prizes.

We would be grateful for any donations of bric-a-brac, books, DVDs etc for our stall on Village Day on 3rd June. Please contact Jane on 01444 454846 if you have anything to spare when spring-cleaning!

Waitrose benefits Lindfield school

By now most of us will probably have visited the new Waitrose at Haywards Heath station which opened on 30th March, keen to see what the eagerly awaited store has to offer.

But Lindfield shoppers have an extra special reason to visit the store during its opening month.

Lindfield Primary Academy was chosen to be one of the first beneficiaries of the store's 'Community Matters' scheme.

During April customers spending over £20 in-store are given a green token, which they can put into one of three boxes at the store exit. One of the boxes is labelled Lindfield Primary Academy.

At the end of the month, Waitrose will donate a proportion of £1,000 to the school, and the two other nominated charities, based on the proportion of votes their customers cast.

Vice Principal Vanessa Smith, who attended the opening and was given a tour of the new store, said: "Lindfield Primary Academy is thrilled to be one of the recipients of the Scheme. Whatever we raise will be spent on improving the outdoor areas at our Academy, which will enable happier play times and outdoor learning for all."

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The pain before the gain

HOMEFRONT

By Jacqui Smith, interior designer

At a recent meeting with a fabric rep, I mentioned that I have a tendency to worry. "Well, you're in the wrong job then!" came her bemused reply. I explained that my 'worry' was around things beyond our control, such as a fabric coming in with a flaw or a damaged sink delaying a bathroom fit date. Most recently one of our furniture suppliers went bust halfway through a project. We found another company to fulfil the order, but it was a company with longer lead times, with whom we had no established relationship and associated trust and goodwill and who ended up truly messing us around on delivery dates. It's that kind of thing which can and did keep me awake at night. Our clients employ us to take all that stress away from them. What we cannot do, however, is promise no dust and upheaval.

When we first started our business I would embark on projects taking on not only the design work but also the angst over how our client was going to cope with the disruption. I would meet with clients full of enthusiasm and, not wishing to pour cold water on their carefully curated interiors cuttings and plans for magazine shoot worthy end result, I would never touch on the reality of building work. Of course if asked I would be completely transparent, but it seemed so out of place to start talking about the nightmare of dust and intrusion during what is always a positive and buzzing briefing meeting. About eight years ago we took on a project for a lovely client, married with three young children and a baby on the way. We were taken on relatively late in the building process where budgets were already tightening and their stress was palpable. We helped them choose paint colours and advised on lighting and bathrooms, but they were determined to manage it themselves. At the end of the project the client seemed quite disillusioned and commented that she had no idea it would be so messy and stressful. We kept in touch with them, but a year after they completed the work they moved house, feeling that they had never bonded with the house.

From that moment on I determined that, in the spirit of reality rather than negativity, I would always have a 'what it's really going to be like' conversation before starting any residential project. Having work done is messy, but careful planning will go a long way to mitigate the inevitable stress.

Research and plan. How are you going to use the space, not just now but in the future? I always encourage clients to think about flexible spaces that can support the inevitable changing needs of the family. Do the messy work once. Nobody wants to be adding in extra sockets a few years after building work is finished.

Expect to change your mind. The planning will help lessen the likelihood of this, but don't be afraid to go with the flow on some aspects of your project. Taking out a wall might, quite literally, let you see a space in a different light and make you reconsider a furniture plan or lighting scheme.

Know that it will feel intrusive. Your home, your private space will be open to dust, noise, various trades and all their kit. When it comes to people working in your home, set out your expectations at the outset. Much easier to remind someone of what was discussed than feel awkward about bringing something up during the work.

Be ready for unforeseen outlays. They almost always happen and can impact timescales and budget. Building in a contingency to the figures is always a good idea, and I would recommend not booking a significant event for when the work is completed. Deadlines are vital but approaching the project with a degree of flexibility will benefit all parties.

Be prepared for the upheaval and know that it will be short term pain for long term gain. All those gorgeous interiors in glossy magazines have been through similar challenges. Keeping in mind your objective will help keep you and the family focused...and sane!

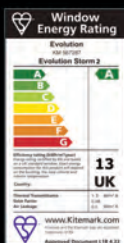
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Oathall's enterprising entrepreneurs

By Jo Godbolt

Enterprising students at Oathall Community College have raised hundreds of pounds for charities by taking part in Young Enterprise's Tenner Challenge.

Students were pledged £10 and given one month to set up a business – coming up with an idea of a product or service they could sell and gain first-hand experience of what it's like to be an entrepreneur.

More than 40 students took part, selling a wide range of goods and services from car washing to selling handmade cards, guitar plectrums, stress balls and upcycled products. Each company had four weeks to make as much profit as it could. Products were showcased at lunchtime school fairs and at the Orchards shopping centre in Haywards Heath.

At the end of the four weeks, the entrepreneurs returned their initial £10 and paid £1 as a legacy donation to Young Enterprise to support next year's event. Every Oathall student company made a profit.

Participants are free to keep any hard-earned profits but students chose to donate more than £700 to Chestnut Tree House, Cancer Research, Woodlands Meed School and Macmillan Cancer Research.

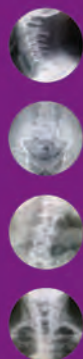
Student Felix Carter said: "I would just like to thank all of our customers and the people who supported us throughout the project. We had loads of fun doing this, and



Students Jessica Sams, Zoe Nelson, Seren Billson selling their handmade cards

it shows that business isn't just about earning money."

Deputy headteacher Mrs Helen Gabrielides added: "This has been a fantastic effort and I have been incredibly impressed by how these young students have taken on the challenge and become budding entrepreneurs in such a short space of time. That they have all made a profit is testament to their hard work and creativity. Well done to everyone!"



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Do you know a terrific young volunteer?

MID SUSSEX YOUNG VOLUNTEER OF THE YEAR AWARDS 2017

Mid Sussex District Council is looking for young people who go the extra mile to help others, improve the local area or do something positive for the local community.

The Council has opened nominations for the Young Volunteer of the Year Awards 2017 and is urging local people to nominate if they know a young person who is doing good work in the community and deserves some recognition.

The Young Volunteer of the Year Award is a Mid Sussex District Council award for young people aged 14-21 who give up their time to help others. The only requirement is that applicants have completed at least ten hours of volunteering over the past year.

The Young Volunteer of the Year Awards is divided into three categories:

- Young Community Volunteer - recognising those young people who have made a difference in their local community
- Young Leader - awarded to a young person who has demonstrated their leadership in a project or organisation
- Young Achiever - against all the odds, someone who has overcome significant obstacles and made a positive difference to their own lives or to other young people through education, campaigning or helping another overcome a difficult situation or personal problem

"Young people make a huge contribution to the Mid Sussex community, and these awards are our chance to thank them for everything they do," said Regina Choudhury, Community Development Officer for Mid Sussex District Council.

"Please think about any young person you know who has done something positive in your local community. Maybe they've done some voluntary work to improve the local area or given up their time to help look after others. Whatever it is, we'd like to hear from you.

"If you know of any young person who deserves recognition, please nominate them. It's easy to nominate online at www.midsussex.gov.uk/youthvolunteerawards."

All shortlisted young people will receive a certificate and will be invited to the award ceremony on 6th June at Borde Hill, where the award winners will be announced. The awards will be presented by the Chairman of Mid Sussex District Council, and the deadline for receipt of nominations is 12th May.

For more information about the Young Volunteer of the Year Awards visit www.midsussex.gov.uk/youthvolunteerawards or call 01444 477495.



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Mobile Farm Shop to visit Lindfield

Sussex born Ed Johnstone is starting a new revolution – that of bringing locally farmed produce to local communities, just like Lindfield.



Ed has spent the last eight months restoring and converting an old horse lorry into a mobile farm shop – and it's ready to launch this month.

"I was disheartened to read that just one per cent of food farmed in the Home Counties remains here to be eaten here, so I set out to write a plan to change this," Ed explained.

He has created a cooperative of Sussex farmers and producers to be his local suppliers for the initiative called The Sussex Peasant. Their produce will be on sale from Ed's truck as it travels around villages in the area. He plans to be in Lindfield on Thursday afternoons.

Ed continues: "I will sell pasture fed native and traditional breeds of beef, lamb, pork and chicken, locally caught fish, seasonal Sussex grown fruit, vegetables and cut flowers, home baked bread, cakes and pastries, locally produced cheese, other dairy products, jams, chutneys and drinks. Our farming is sustainable, our food is traceable and our approach is socially and environmentally minded. I will also run little events from the truck as it turns into a pop up restaurant."

The Sussex Peasant will be parked up and open for business in the School Lane area on Thursdays between 2-4pm.

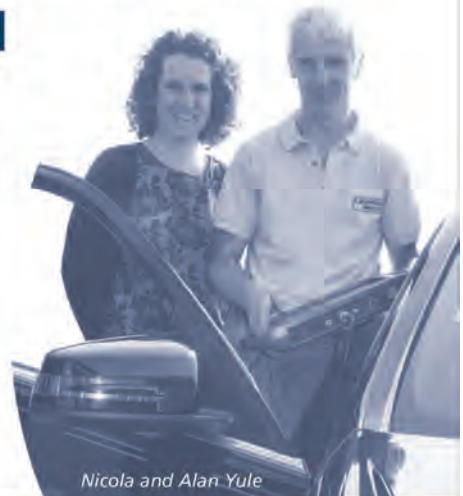
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Opera comes to Lindfield

Following the sell-out production of Pearl Fishers last year, Heber Opera is returning to Lindfield on 20th May with Gounod's Faust.

The opera is sung in English with Heber Opera's trademark 'in the round' performances.

The well-known piece 'The Soldiers' Chorus' will be delivered by Heber's 16-strong ensemble, supporting a line-up of talented soloists. Returning to Heber after a short break are Tim Crouch as the eponymous tenor and soprano Veronica Brooks as Margarita, the object of Faust's desire.

Steve Hawksley plays Mephistopheles radiating evil charm, and fans of baritone Nick Forrest will see him as the doomed Valentine. Andy Holden is the bass Wagner, and his wife Margarida takes the mezzo soprano breeches role of Siebel.

Michael and Dorothy Withers, as musical director and stage director, are guiding the performance once again. Michael said: "With over 20 years of performing accessible opera throughout Sussex I am delighted to be working with such a talented group of enthusiastic performers. I hope we can repeat the 2016 sell-outs achieved when we performed The Pearl Fishers with our 2017 production of Faust."



The opera performs at The King Edward Hall, Lindfield on Saturday 20th May at 7.30pm, and also at Hurstpierpoint Village Centre at 6pm on Sunday 21st May.

Tickets are available via Heber's website www.heberopera.co.uk

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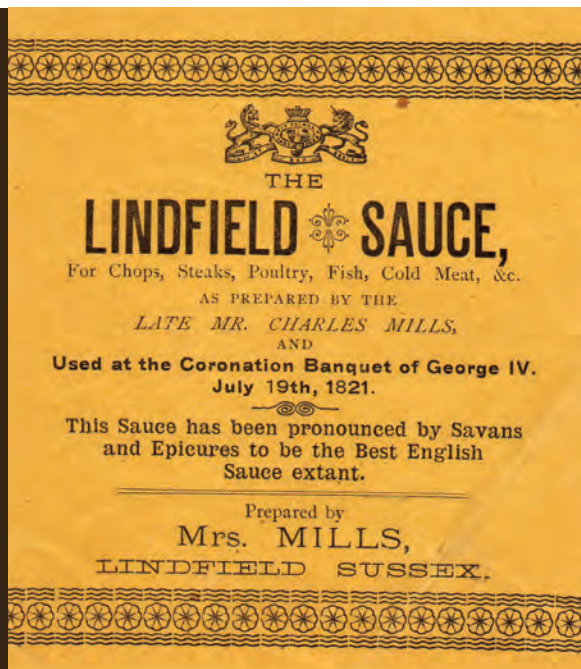
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An old sauce with a mysterious past

LINDFIELD HISTORY



By Richard Bryant, Lindfield History Project Group
Lea & Perrin's Worcester Sauce is perhaps one of the world's best known sauces. First marketed in 1837, it became popular in the 1840/50s and is now widely used in cooking, as a condiment and, of course, an essential part of a Bloody Mary. Today, instead of asking for Worcester sauce you could have been asking for Lindfield Sauce had its makers had the business acumen of Mr Lea and Mr Perrin.

According to a Lindfield Sauce bottle label, dated about 1880, it was:

- Prepared by the late Charles Mills
- Used at the Coronation Banquet of George IV held on 19th July, 1821
- Currently being made by Mrs Mills of Lindfield
- A flavouring for chops, steak, poultry, fish, cold meat, etc.
- 'Pronounced by Savans and Epicures to be the Best English Sauce extant'

These claims warrant further investigation.

The recipe for Lindfield Sauce still exists and is held by a descendant of the Mills family. The main ingredients included are vinegar, onions, sugar, soy sauce, cayenne pepper and spices. It has to be matured in casks for at least two years before being usable and is said to be similar in character to Worcestershire sauce.

Who were the Mills family, and what was their connection with Lindfield? In the latter part of the 1700s, George Mills, a blacksmith and cooper in Lindfield, had a son named Simon. It appears Simon Mills joined the army as a young man, serving in the Peninsular War, being present at the battle of Oporto in May 1809, as a sergeant in the 24th Regiment of Foot Guards. He is next found in 1815 in Pembroke with his wife Ann, where

she gave birth to a son, Charles, and later a second son, Simon.

The first identified record of Simon Mills Senior returning to Lindfield is an entry in the 30th April 1831 Poor Tax return. The entry identifies Simon Mills as the owner of the Red Lion, which at that time was located in the house today called 'Porters'. However, in 1833, Simon Mills moved the Red Lion next door to the newly built and current Red Lion building. Following his death in 1839, the property passed to his widow, Ann Mills, and on her death their sons, Charles and Simon, inherited the inn. During the early years of the 1850s, Charles Mills took over as the innkeeper, a role he held until selling the Red Lion in 1869. He then moved with his second wife, Mary, and their children down the High Street to the middle cottage of what today are known as Bank Cottages (near the junction with Lewes Road).

The 1880 label refers to it being prepared by 'the late Charles Mills', so presumably during the 1850s and 1860s he was making Lindfield Sauce at the Red Lion and storing it in the cellar until matured. However, other than the label, no written evidence has been found specifically linking Charles Mills or the Red Lion with the manufacture of the sauce. It is reasonable to believe Charles Mills was making the sauce at the cottage prior to his death in 1873, when ownership of the 'brand' and preparation passed to his widow. Mrs Mary Mills is listed in the 1881 Census as a widow aged 49 years, with the occupation 'Sauce Proprietor'. She continued living at the cottage until her death.

Looking at the claim regarding its use, as a matured sauce it would have been suitable to add to meats and fish for extra flavour. The statement being 'Pronounced by Savans and Epicures to be the Best English Sauce



extant', sounds flowery and extravagant but it is reflective of the advertising language used in Victorian times. Adverts for a similar rich matured sauce, Thorn's Tally Ho Sauce, likewise proclaimed 'So long patronised by Epicures pronounced it exquisite'. However, the Lindfield Sauce pronouncement is not without foundation, as the sauce was not merely sold in the village but supplied to fashionable addresses in London and presumably elsewhere in the country.

One eminent regular purchaser, between 1882 and 1888, was Wilkie Collins, the famous Victorian author. He was well-known for his fondness of food and good living. A letter written under his own hand from Portman Square, London in November 1882, acknowledging safe delivery of a supply, says 'we will do all we can to recommend it'. In another letter that year, Wilkie Collins asks Mrs Mills to send a very old friend 'at your convenience - with account, half a dozen bottles of your sauce, which he likes very much'. In placing an order for six bottles in June 1888, Wilkie Collins refers to it as 'her excellent sauce'.

Similarly, there are orders for six and 18 bottles at a time from a purchaser, with an unreadable signature, living at Cavendish Square, London. Certainly during the 1880s, Mrs Mills had a thriving mail order business for Lindfield Sauce, and her claim for it being regarded by 'Epicures' does not seem far-fetched.

The reference to Lindfield Sauce being used at the Coronation Banquet of George IV is more problematic. An enquiry to the Royal Archive elicited the response that hundreds of dishes were served at the vast

banquet, and it is possible Lindfield Sauce was used as an ingredient in one of the hot or cold dishes, but they do not have the recipes. They further said, 'sauce boats were used at the banquet but unfortunately it does not say what the sauces were - perhaps one of them was Lindfield Sauce'.

So was the claim that the sauce was used at the royal banquet true or just a clever piece of Victorian marketing for a sauce invented by Charles Mills after selling the Red Lion? If it is indeed true, then Lindfield Sauce predates the similar Worcestershire sauce by many years. It also raises the questions: What are its origins, who was making it in 1821 and where? Could it have been Simon Mills Senior, but he was not known to have been in Lindfield in the 1820s. Perhaps we will never know the truth.

What we do know is that the production of Lindfield Sauce in the village had ceased by the early 1890s and Mary Mills died in March 1895.

If readers have any information that will help solve this mystery please get in touch.

Mid Sussex Tag Rugby title shared



By James Smyth

Once again our two local primary schools have been incredibly successful in the local Mid Sussex Tag Rugby Tournament.

Since 2011 either Blackthorns Primary Academy (2011 and 2015) or Lindfield Primary Academy (2013, 2014 and 2016) have won this prestigious event – which involves schools from Burgess Hill, Hassocks, Haywards Heath and the surrounding area. This year was no exception.

Lindfield, who also entered its B and C team into the event, managed to win its group with four wins and one draw, whilst Blackthorns topped its group with a 100% record. They both overcame tough semi-finals to set up

an all Lindfield Village final for the 3rd year in a row!

It was a back and forth affair, with both sides showing why they had gone through the tournament unbeaten. Blackthorns was fantastic in defence with tackle after tackle, whilst Lindfield's attacking flair had shone throughout the tournament.

As the final whistle blew, the score was tied at 4-4 and, with nothing to separate the schools all day, coaches Terry Harris (Blackthorns) and James Smyth (Lindfield) decided to share the title, with the trophy staying in the village once more! This sums up the spirit in which tag rugby should be played and all children, teachers and supporters went home smiling!

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WHY AYURVEDA?



"I first came across Ayurveda 10 years ago when I was studying. We were taught that to be able to heal anyone, we should be healthy and balanced ourselves, so we explored Ayurveda. From that moment, I had always considered Ayurveda as a wellness therapy, something to do if you were just feeling a little out of sorts. It wasn't until my son became ill, and I had exhausted all other routes with him, that **my last resort was Ayurveda.**

Louie had arthritis at the age of 9, he had 27 joints affected when I took him to India to an Ayurvedic hospital. Following an Ayurvedic diet, treatments and herbs, one month later, he had improved so much, he had just 3 joints affected. We continued the progress we had made when we returned and **after just 3 months of dietary changes, herbs and treatments Louie was 100% better.** He has never had a symptom or had any medication or been on a strict diet since. His body is back in balance and he is a very fit and healthy 13 year old boy now. Seeing the miraculous results on my own son, I sought to understanding the Indian healthcare system better. I studied courses in the science and then set up a natural healing centre incorporating Ayurveda to give people another option to restoring health.

Understanding everything I do now, since I have studied and am continuing to study Ayurveda, it is very apparent to me that it is a **very viable healthcare solution to autoimmune and chronic conditions** such as Arthritis, inflammation, eczema, psoriasis, asthma, IBS, Lupus, chronic pain, infertility, anxiety, depression and many more. The way Ayurveda views such conditions is merely as an imbalance of the body that needs balancing. The body has symptoms such as inflammation, chronic pain, skin issues, mental imbalances etc due things we are putting into our bodies, if you do not change what you are doing, you cannot expect different results.



Ayurveda has been around for 5000 years, I believe that is time tested enough to know there are no nasty side effects and that it is an effective healing modality. It is still very widely used in India and is becoming ever more popular in Europe and the US. There are two main reasons for this; it's safe and it works!

"why didn't you try Ayurveda with your son to start with?"

"Why didn't you try Ayurveda with your son to start with?" I was asked this recently, it's a very good question... It comes down to many reasons. The main two being, firstly when you are in that situation, when your child has been diagnosed with a long term deteriorating disease that you are told cannot be cured and he'll be on medication for life, you are scared. You start to believe that this is the truth, as it was constantly reinforced to us, so you start to follow what everyone tells you, you want someone else to give you the answers, to take responsibility, so you do as you're advised. Only for me, that didn't feel right. It was incomprehensible for me to understand how Louie was fit and healthy one day and then had arthritis the next day. There were no warning signs, no symptoms, nothing. So it stood to reason if that were the case, there is no reason whatsoever why that cannot be reversed. So I couldn't believe what I was being told, deep down, it made no sense to me, deep down I **KNEW** Louie could get better.

The second reason was that I **didn't view Ayurveda as a healthcare solution at that time mainly because I didn't understand it or know enough about it.** I now know enough about it to trust the science implicitly. Every disorder is viewed as an imbalance of some description of the body, some disorders are obviously more complicated than others to balance or have been present for longer, thus lengthening the amount of time to remedy, but **all**, with the right guidance and knowledge can be balanced."

Melissa Toleman - Founder of the centre

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We plan to complete this work in early June.

Find out more about the work at:
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Mike 'Stix' Steer

VILLAGE PEOPLE

Mike 'Stix' Steer earned his nickname from teammates in his High School rugby club after giving stick to the opposition in the scrum.

Years later, colleagues adopted the same name after witnessing sound engineer Mike giving stick to the PA systems.

But Mike has promised a much gentler approach as he takes the helm of this year's Lindfield Arts Festival and sets out on a five year plan to encourage businesses, groups, organisations and residents to come forward with their ideas, dreams and aspirations and take the event to a whole new level.

By Claire Cooper

Mike was born and grew up in Sydney, Australia. "I have ancestors who travelled from England on the 1st and 4th fleet, so can safely say I'm from good convict stock!" he said.

On leaving school Mike played bass in a pop band, but it was the technical side of performing which inspired him, taking him in a new direction as a sound engineer. Mike's talent was quickly recognised, and he toured Australia and South East Asia with many top international acts before landing a job with Australia's biggest PA company Jands.

"We worked with around 70 acts, all in the top ten at the time, including the Dire Straits 'On Every Street' tour and the U2 'Love Comes to Town' tour," Mike recalled.

"Top flight acts bring all equipment and crews with them, so mine was a supporting role, setting up, making sure everything worked for them and stepping in where I was needed."

In 1992 Mike left Australia to tour Europe with hard rock band 'The Screaming Jets' before moving to London to become a studio engineer. He later helped develop a resident recording studio at Windsor Green and worked on the first album with Natalie Imbruglia.

"We worked with some amazing acts, including Future Sound and Sonja Kristina, lead vocalist from the band Curved Air, who, at the time, was married to Police drummer Stewart Copeland."

Mike also worked on four series of David

Attenborough's Life on Earth programme and, when digital editing came on the scene, helped remaster all the music and songs from the Monty Python TV series for Japanese karaoke!

A change of scene and a six month break saw Mike move to Brighton to live with his sister -but it wasn't long before he was back working his magic in the city's venues. "I got a call from an old friend who was involved in opening a new brand of Walkabout pubs, including one in Brighton, and was having problems with his sound engineers," Mike recalled. "I offered to help and ended up becoming Audio Visual Consultant for Regent Inns, which owned the Walkabout brand of 52 Australian-themed bars.

"It was fantastic fun, particularly as Australian bands and musicians would turn up who I hadn't seen for many years!"

In 2007 Mike was offered a day's work at the Audio Plus studio in Colchester by former colleague John Newsham.

"At the end of the day John asked if I was available in three weeks' time and promptly offered me the job of systems engineer at the main stage at Glastonbury!"

"It was the year of the controversial Killers concert when we had to turn the sound down after it exceeded the levels agreed with the local council. The crowds were furious, chanting for us to turn the sound up!"

Away from the main stage, Mike is passionate about supporting local bands. "I put a lot of time and energy

into one Brighton band 'Doll and the Kicks', and when they were selected to support Morrissey on a tour of Europe I went with them."

The tour was set to include a concert at London's Royal Albert Hall, which presented Mike with an opportunity to fulfil another dream.

"I decided that the Royal Albert Hall would be the perfect place to propose to my partner Andi," he said. However, the plan was scuppered when Morrissey developed throat problems and the gig was cancelled.

"We suddenly had three days off, so decided to visit Lindfield and stay with friends," said Mike. "I'd played cricket in Lindfield with the Rottingdean cricket club and always thought it was a lovely place. When we arrived it was Village Day."

Still determined to propose, Mike spotted a guitar on a stall for £10. "I bought it, and we sat down under a tree. I played a song and asked Andi to marry me!

"It turned out that Andi had also been thinking about proposing to me at the Royal Albert Hall – so that moment in time had been pulled away from us both!"

In 2012 Mike was contacted by Thames audio and invited to be part of the Queen's Diamond Jubilee procession on the Thames. "I was stationed on the Connaught ship, in front of the Queen's barge, and the military trumpet fanfare was played on my boat," said Mike. "It was a fantastic day."

Later that year Mike was offered a job at the Olympic Games in London. "All the Olympic venues and buildings had their own sound systems, and I was working for Vanguardia which had designed all the acoustics," Mike explained.

"Each day at 5am it was our job to check everything from gas and electric to fire alarms. If we didn't sign them off the venue didn't open! There were a few issues at the Velodrome, but I was lucky enough to see Sir Chris Hoy's gold medal winning race.

"It was a stunning time - one of the most amazing experiences of my life!"

At the same time, Andi had applied for, and was offered, the job of managing the Stand Up Inn in Lindfield. "Unfortunately, the move coincided with the Olympics, so we were grateful to family and friends who helped Andi move in while I was in London," said Mike.

"I seem to have a habit of being away at the wrong time. Five days after my daughter Edith (Ted) was born earlier this year, I left for a job in Barcelona!" The couple also have a son, William (Billy).

Following the Olympics, Mike's work has ranged from Glastonbury and the Download Festivals to working with the installation project team for the Chichester Festival Theatre refurbishment and several Christmases with Flavia's Snow Show. "It was lovely to get together with the Snow Show team every year," he said.

More recently, Mike has worked as a freelance with Vanguardia on the sound systems for the Qatar stadiums which are currently being constructed ready for the 2022 World Cup. "The stadiums are not just designed for football but include indoor sports facilities, tennis and aquatic centres," said Mike, who has also worked on the PA system for Wimbledon Court One in preparation for the new roof.



Mike's involvement with the Lindfield Arts Festival came after he worked behind the bar at the Standup on the night of the Toploader concert in 2014, where he overheard many comments from the patrons about the evenings event. "I realised that I had skills which could really benefit festival events, so I signed up to provide technical support for the next couple of years."

Mike has now taken on the role of director and has a long term vision on how the event could evolve over the next five years.

"There are so many amazing groups in our community and they all have something artistic to offer. I'd like to see them all become involved in the Festival.

"For example when we discovered that the King Edward Hall had been booked on the Festival Saturday by the Horticultural Society, I saw it as an opportunity to include it in the programme. Horticulturalists are incredibly creative, and being part of the Festival should help raise awareness of the society."

Mike is also in discussions with other local groups, including the bonfire society, churches and schools, exploring new and exciting ideas. He's also passionate about ensuring that the festival is inclusive for those with sight and hearing impairments and other disabilities.

"I'd like to include more theatre, drama, street entertainment and workshops, and support performers with better technical gear, giving them the best possible platform to perform in public."

The Arts Festival team is also working on a village celebration of the Last night of the Proms, which coincides with the Festival on 9th September. "We'll be putting a stage on the common and screening the Proms concert live from the Royal Albert Hall," said Mike. "We'll be encouraging people to come along and wave their flags, but also encouraging those who prefer to watch the concert indoors to hold proms parties."

He added that on Festival Sunday audiences will be invited to picnic on the Common and enjoy a range of musical entertainment.

"The Arts Festival is a registered charity, but it's not about making money," said Mike. "We want to encourage people to come forward with ideas and aspirations and support them in making things happen. If we can't do it this year, we may be able to do it next year or the year after that.

"Lindfield is full of talented people – we need to find them and get them on board. Anything is possible – it's just about how we go about making it happen!"

Mike would welcome ideas and offers of support and can be contacted on 07868 879084 or at enquiries@lindfieldartsfestival.com

Balloon pilot becomes a record holder

Hot air balloonist Deborah Day is on cloud nine after floating into the Guinness Book of Records earlier this month.

Deborah, from Noah's Ark Lane, was one of a group of 82 pilots who successfully crossed the channel from Kent to France earlier this month, breaking the previous world record of 49.

Award winning pilot Deborah was one of the handful of female pilots invited to take part in the event.

"We had been on standby since 1st March waiting for suitable weather conditions – a north westerly wind with a taster and speeds higher up, which would take the balloons the shortest route over the Channel," said Deborah.

"After several false starts on the morning of 1st April, the event was rescheduled for the following week."

Pilots, their crews and 82 balloons arrived at Lydden motor racing circuit in Kent, five miles north of Dover, at 4.30am on 7th April.

"Following a pilot safety briefing, the balloons were inflated and took to the air. The balloons then quickly spread out with varying degrees of different heights, and the majority flying over Dover harbour and castle," said Deborah, whose crew included partner Mike Scholes.

"We then flew out over the water, where the busy shipping lane with several cargo vessels made for some




wonderful photo opportunities."

She added that the flight took 2hrs 20mins, with the majority of balloons landing in and around Calais in winds of 7-12kts.

The event was widely covered by local, national and worldwide media, with Deborah's distinctive balloon, which can often be seen taking off from Lindfield Common, prominent in many press photographs.

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Swoovers raise big cash for Marie Curie

A host of dancing daffodils has raised more than £3,000 for charity.

The dancers, who all attend Swoove fitness classes, were taking part in a three hour Swoovathon held at Clair Hall in Haywards Heath last month.

The event attracted 78 local 'swoovers' dressed up as daffodils who whooped, moved and sung their hearts out for the Marie Curie charity.

The afternoon was led by Swoove creator Esther Featherstone from Lindfield. "I am thrilled with the effort everyone put into their outfits, they all looked brilliant. It was like looking out on to a field of dancing daffodils!"

said said. "The amount we have raised is fantastic and it's still coming in."

One swoover, known as 'Looney Liz,' raised £1,200 in sponsorship money. Another, Ellie Woollven, raised more than £300 after dyeing her hair blonde ready for the event.

Since its launch 18 months ago, Swoove has raised £25,200, and now Esther is applying for 'Swoove Aid' to become a registered charity.

If you would like Swoove Aid to raise awareness and money for a local charity close to your heart, please contact Esther on info@swooveaid.com

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Caramelised chicken with peppered couscous Approx. 7g fat per serving

At least one hour before cooking: combine 2tbs fine cut marmalade and 1tbs wholegrain mustard in a shallow dish. Place 2 skinned and boned chicken breast fillets (about 150g each) on a cutting board, skinned side uppermost, then make several cuts two-thirds of the way through the meat. Add the chicken to the marinade, cut side down, cover and refrigerate for at least 1 hour.

To cook: cut 6 sun-dried tomatoes (not the oil-packed variety) into slivers. Trim and cut 1 yellow pepper into cubes, thinly slice 6 spring onions. Bring 200ml vegetable stock to the boil in a small pan, add the vegetables and

115g fine grain couscous. Stir to combine, remove from the heat, cover and leave to stand. Preheat a non-stick frypan. Using a fork, lift the chicken out of the marinade and place, cut side down, in the hot pan. Cook over medium heat for 5 min, turn over and cook for another 5 min or until cooked through. Remove to a plate and keep warm. Add 150ml orange juice to the pan and bring to the boil, stirring. Boil for about 2 min or until slightly reduced. Stir in 1tsp white wine vinegar.

Fluff the couscous with a fork, pile on to hot plates, top with the chicken and spoon the sauce over the top.



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By Caroline Young

Did you stick to your new year resolution to lose weight or are those summer trousers feeling a bit too snug? No problem – try these delicious low fat recipes to tackle those obstinate extra inches. Each recipe serves two.

Baked fish with a herb and lemon crust Approx. 7g of fat per serving

Preheat oven 200°. Put 25g fresh breadcrumbs, 2tbs each finely chopped parsley and chives, the finely grated rind and juice of half a lemon and 2tsp olive oil into a small bowl. Add seasoning and stir to combine. Thinly coat all sides of 2 boneless thick white fish steaks (about 175g each) with Dijon mustard then coat with

the breadcrumbs, pressing it on with your fingers. Place on a non-stick baking sheet, slightly apart and pile any remaining crumbs on top. Bake for 15-20 min or until the fish is cooked through and breadcrumbs golden brown and crisp. Serve garnished with watercress sprigs and lemon wedges.

Fresh tagliatelle with mushroom ragout Approx. 3g fat per serving

Cover 20g dried mushrooms with boiling water, leave for 5 min then tip into a sieve to drain. Cook 225g fresh tagliatelli (or other pasta) to packet directions. Tip 225g closed cup brown mushrooms, sliced if large, into a non-stick frypan with a thinly sliced small onion. Cook, stirring, until they begin to brown. Add some crushed

garlic, 2tbs dry vermouth, 150ml vegetable stock, 1tbs each of sun-dried tomato paste and fresh thyme leaves and the soaked mushrooms. Cook, stirring, until the liquids come to the boil and slightly reduce. Season to taste. Drain the pasta, spoon into warm bowls and top with the sauce.

Balsamic strawberries No fat

Measure 3tbsp balsamic vinegar and 1tbs honey into a small pan and gently heat just to dissolve the honey (do not boil). Hull and thinly slice 225g strawberries

and arrange on two plates. Top each with a scoop of fruit sorbet and drizzle the syrup over the top. Serve immediately.



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Lindfield

By Dorothy Brown

Whenever I think of Lindfield
I picture a bright sunny day;
The sound of the leather on willow
And laughter of children at play.

The Common, wide open, inviting
With bowls and the tennis nearby.
And memories of coloured balloons in the past
That floated so high in the sky.

Events like the Village Day, stalls on the green;
And later, the bonfire and bright fireworks seen.
Sports of all sorts as the year turns around;
Snowmen in winter with ice on the ground.

Walk down the High Street and picture the past
Great stately homes that were built here to last.
Horses were changed when their coach passed
this way
At Inns on the road where we still eat today.

Our pond with the ducks swimming round
in the reeds,
And small friendly shops that supply all our needs.
Churches with doors that are open to all;
For every event they will answer the call.

This village we love, what more can we say
But thank kindly fate that has sent us this way.
Wherever we roam, whatever the test,
Lindfield, dear Lindfield, you're always the best!

Lindfield resident Dorothy Brown was asked recently to write a poem that summed up the village – we are fortunate enough to be able to reproduce it here for our readers' enjoyment. Thanks, Dorothy, for sending it in.



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Cutting away

BEHIND THE COUNTER

Lindfield is often perceived as a very affluent and beautiful village in the heart of West Sussex, where boutique shops offer you a uniquely British experience such as one would see in a film. Imagine as we add to this idyllic picture; a young girl with thigh high leather boots, lace tights and gloves, and various colours in her hair walking down the High Street. In this, the next instalment of this Behind the Counter series, we meet the girl herself, Penny Hoyle of The Penny Black Barbershop. And while her dress sense has changed dramatically, she's still held on to a little of her wild side with some amazing tri-colour hair.

By Joe Wayte

Penny's father, originally from Yorkshire, and her mother, born in London, met over 50 years ago and spent their lives successfully running two pubs in London. They moved to Sussex when Penny was three, and the family still own The Bent Arms, currently being leased to Hall and Woodhouse.

"I remember when we first moved here, and my Dad was still playing the drums in a band in New Cross Gate every evening," Penny recalled. "He used to take me up with him at the weekend. If he made a commitment he stuck to it and has always been a bold and confident character – I definitely take after my Dad."

As a young girl Penny had a desire to be a hairdresser, but having grown up with four brothers in a pub, which was often a very male environment, the thought of heading into an industry that was largely dominated by women put her off. After winning Best Singer in Sussex at a competition held in Ardingly College when she was

13, Penny's thoughts then turned to being an actress and singer.

"Joining a band is actually how I met my husband, Craig," Penny said. "We first saw each other in a practice room in Bolney, and I stayed in the band for a while. I sang and he played bass. We performed pub classics - the songs that get everyone on their feet."

After the arrival of Penny's third child, Henry, now 10, she decided to revisit her previous dreams and retrained to cut and style hair. She started out working at a barber's in Haywards Heath while running her own mobile hairdressing business at the same time. When the opportunity came to open up her own place on Lindfield High Street in 2015, she decided to cut away and begin a new life chapter.

The salon on Lindfield High Street, previously the Post Office, is exactly what you'd expect from a creative people-loving person like Penny. It has: a miniature car for a young person to sit in, with an accompanying fuel pump filled with goodies; an aeroplane and treasure chest for those not so interested in cars; an electronic games table which Penny had specially made to keep the boys occupied and many other unique items such as a fish tank, a selection of books and a range of nick knacks in the window. From the wooden dressers used as work benches to the Penny Black stamp wall paper, Penny's passion for design has culminated in what feels like a homely





and fun, yet traditionally British, boutique-style shop.

"Before I opened the shop and had done any publicity, the only item I put in there was the car," Penny explained. "It was so much fun to hear people looking through the window and guessing what the space might become. Most thought a toy shop.

"I came up with the name The Penny Black Barbershop with my Mum," Penny continued. "The people who owned the post office had been behind that desk as long as I can remember, and I'm sure even before that, and I wanted to give a nod to its heritage. Penny Black seemed to be the perfect fit - a combination of my own name and the famous Penny Black stamp which sits proudly on my wall."

It's biological that we inherit talents from our parents, and natural that we develop skills based on what those closest to us are best at. As well as Henry, Penny has two other children, Letitia and Zack, and I was interested to know whether they were keen to follow in her footsteps and become hairdressers, or even aspiring to be the next singing sensation.

"My daughter apparently has a hair phobia," Penny told me. "She can't bear the thought of touching other people's hair and struggles to contemplate how I get through the day! She's very grounded and very sensible. Zack is very happy go lucky. He's not interested in hair and, while he probably has the ability, I doubt he'll do anything musical. It's Henry who's going to properly take after me. He's already a fantastic drummer and I can see he'll be the rebellious one!"

On thinking of her children, Penny cast her mind back

to memories of being sent back upstairs to change by her father, and packing all her make-up and clothes into a bag instead, to put on once she was out of sight.

"I used to say to my dad - you dye your hair different colours and wear fun clothes - and he would respond - but I do it for my business, it's part of my job!" she said.

Penny currently employs three people: Neil, who she's worked with for over six years, Yvonne who works part-time as well as picking up extra work when needed, and her husband Craig, who does hot towel wet shaves.

As we enjoyed the sunshine and chatted outside the shop, Penny waved and smiled at everyone as they went past, knowing most people by name.

"It's the people that keep me here," she explained. "I went up to London, had a look around and came straight back. I like knowing people, I like going to the pubs for a drink and meeting new people and I like my quiet home surrounded by my amazing family, and I genuinely love what I do."

If you're an aspiring hairdresser, Penny's best piece of advice is: "Buy some damn good shoes! It might be the simplest thing to say, but it's the most important purchase you'll make."

And if you're an aspiring business owner and want some advice from someone who's relatively new on the block, Penny's advice is: "My aunts, uncles and parents all taught me to work hard, but it's important to have a balance. Don't take it too far, or you'll miss out on the best things life has to offer."

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How does it all work?

By David Tingley

One of the common misconceptions about being the person responsible for publishing this magazine is that many assume I do it alone. I don't! It's definitely a team game.

When my wife and I created Lindfield Life eight years ago, Emma was tasked with selling advertising space, to pay for the production costs, and I would write the majority of each issue's content. We do still receive a good few emails to 'David & Emma' – which is very sweet, although Emma technically stopped working for the magazine back in early 2012 when she was offered more hours in her position with a local charity.

One crucial role we've utilised since the beginning is that of a proofreader. Lindfield resident (who also happens to be my mother-in-law) Heather Barling took on the task since the very early days of Lindfield Life – and her razor-sharp attention to detail is much appreciated.

In 2012 we hired journalist Claire Cooper, who I am very pleased to say is still with us today. Claire's part-time role is Editorial Assistant, and it's her job to write up news stories and feature articles, as well as responding to emails which are sent to the editor@lindfieldlife.co.uk – plus keeping her ear very close to the ground for all the latest Lindfield news of course!

After running Lindfield Life for nearly three years I decided, at the end of 2012, to branch out and produce another community magazine for the nearby village of Cuckfield. Even at that stage, I had begun to see the powerful effects that a local magazine could have on the community it served – and so I was keen to see if it worked elsewhere.

Fortunately it did, and I have since been building that business. In April 2015 I started another title for Hurstpierpoint – so life in the office became very busy!

As any business owner will tell you, it's about getting the right people in the right roles. I'm very grateful to have Lindfield resident Natasha Hannah (not available on the day of the photoshoot) as my bookkeeper for nearly five years – keeping the books straight!

Local student Annika Beadle handles all our social media posts and has done so for some time – which is really helpful. We use Twitter and Facebook as a way of sharing events and stories from within the magazine during the month, but also to allow us to be more responsive than the restraints of our usual monthly deadlines.

I also soon realised that I needed help in the office as the demands of an ever-increasing customer base became greater. Another Lindfield resident, Emily Billson, took over that role in December 2015 and she's really made it her own. Emily's part-time role as Office Administrator sees her covering everything from taking phone calls and booking in advertisers through to creating advertising/content schedules for each issue. Her organisational skills are legendary and keep me in check!

Our most recent addition to the team is Creative Artworker Justin Ross. Justin is a freelancer and has taken on the task of creating the first proof of the magazine. Essentially, he turns it from a stack load of Word files and pictures to the cleanly set pages you see – all in the Lindfield Life house style.

Ian Taylor and his distribution team, supported by Niamh Hannah in Scaynes Hill, take on the door-to-door deliveries for us – and do a great job.

By now you may well be asking: 'What about you?!' Well, I have input specifically on adverts' artwork and design where necessary, I also deal with making changes and sending each issue to print. I do still write – although not as much as I used to. I take some photos and also keep abreast of the emails to the editor account.

During the month we each take responsibility for our own areas, and then come together once a month for our editorial meetings at our offices in Haywards Heath. At this meeting we decide which stories are going in and what more needs to be done in order to create our first proof.

So there you have it. That's how we do it! It may not be rocket science, but it's a great job and we love doing it.



A flick through previous issues

EDITOR'S HIGHLIGHTS

By David Tingley

In the days before Emma and I started Lindfield Life we had one big concern: Would there be enough to write about?

Well, eight years on and we are still finding plenty – in fact more than ever! Lindfield is such a fascinating place to be part of – full of interesting people and stories that go back hundreds of years.

Going right back to Issue 1, it's particularly interesting to note that we had contributions from both Caroline Young and Jacqui Smith – who still write for us to this day! Also both Parish Councils, who had originally asked me to consider starting a magazine for the village, were in from the beginning. The regular columnists of Gabrielle Hall and Christian Bates are added to a team line-up in Issue 11.

I have included a selection of my favourite covers from over the years below too. Being able to pick and choose each month's picture is a real treat – if you look on our website, you can see the huge diversity of subjects and colours captured.

In August 2010 we featured an article by Jeff Kirkham – where he revealed the life of the spring giving its name to Spring Lane. Then, in November of the same year, Jamie Stratton wrote an excellent article after interviewing Gladys Muir and Betty Merrett about their time in the war.

It wasn't until 2011, on our two year anniversary, that we got a new look, and that's when we switched to the uncoated paper stock too.

June 2012's magazine shows off the amazing Luminarium from Lindfield Arts Festival of that year.

In September 2012 we printed a double page spread on all the shops in the village for a special shopping day. In October that year, Lucy Cooper continued her long-running series when she tried new things. On that occasion: self defence!

When I came across the December 2012 issue I noticed (and remembered) that I had created a wrapped present in magazine covers, photographed it, and placed it on the back cover as a Merry Christmas message to readers. The days when back covers weren't so highly desirable as today!

January 2013 contains an article by Claire Cooper introducing the village to new Blackthorns Headteacher Marianne Brand. Later in the year, June's issue allowed us to pay tribute to an amazing man – 'Mr Lindfield' – Brian Newcombe. And in September we featured Lindfield schoolboy Will Matthews, then playing in the National U14s Tennis Squad.

In August 2015 a great example of a community story that stands out is a group of nine ladies from the village who encouraged each other to run for Cancer Research raising nearly £7,000 in the process!

April last year saw Colin and Veronica Carter take the stand in our Village People feature. These are always a pleasure for us to write but both Claire and I recalled recently just how many people appreciated reading their story that month.

As ever, this humble magazine is nothing without its subjects – and the people of Lindfield haven't disappointed yet! The team and I look forward to being at your service for a long time to come.



Tips to balance your blood sugars

Lindfield resident Emily Wysock-Wright is on a mission. She wants to help people reach their health goals and help whole families understand the benefits of good nutrition. Here she explains how balanced blood sugar levels can get you feeling your best this summer...

By Emily Wysock-Wright, nutritionist

Imagine this...

You've just woken up. You feel full of energy. Your mind is clear, and throughout the day your energy is good and you're mentally sharp. You feel on top of your life. But that's just the inside story. You look great, your weight is where you want it to be. You're well toned and your skin has a healthy glow. People often comment on how well you are looking. You feel young, both physically and mentally.

This is not only how you could be, this is how you should be.

So ask yourself this, how do you feel if you have to go four to five hours without eating? My guess is, you're irritable, tired and on the lookout for something sweet to fill the void.

Did you know, a quarter of all people and nine out of ten people with weight problems have difficulty keeping their blood sugar level balanced?



Unfortunately, in today's western diet we consume way too many of the wrong carbohydrates, resulting in too much glucose in the blood. This leaves the excess being stored directly on your thighs – or more simply as fat. Furthermore, your body is now craving even more food to meet its energy requirements.

So I guess the big question is, what can you do about it?

Why not try sticking to these three commitments over the next two weeks and see what a difference it makes...

1. Eat whole foods, which are high in soluble fibre (grains, legumes, fruit & vegetables, flaxseeds) – these are less likely to cause spikes in your blood sugars, PLUS they will keep you fuller for longer
2. Eat regularly, at least every three hours – Try three meals and two snacks throughout the day, to avoid drops in blood sugar and your craving those sweet foods for your pick-me-up!
3. Ensure you eat a protein with every meal – this will slow down the release of sugars from your carbohydrates and help you gain control over your blood sugar levels

So I am guessing you have now convinced yourself that it is time to make some changes and balance your blood sugars, am I right? Why don't you make this your priority, to get you healthy in time for summer?

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It's time to run!

Lindfield's annual Village Run is set to take place later this month, and organisers are looking forward to record numbers turning out.

As in previous years, Potential Personal Training and Six Physio, both Lindfield businesses, are sponsoring the event – with pre-run warm ups and free physio cool down sessions for afterwards. The event starts and finishes on Hickmans Lane Playing Fields on Bank Holiday Monday 29th May.

Ron Plass, event organiser on behalf of the King Edward Hall, explained: "We are now in the final stages of planning – so doing a last walk of the courses and ensuring we are ready for the day itself."

The run, which is orchestrated alongside Lindfield Village Day on Saturday 3rd June, is both a community event and the largest fundraiser for the Hall, a registered charity. Many helpers are required on the day, and if you think you could help please get in touch with the team by email to: run@kingedwardhall.org.uk

Check-in and registration opens from 9am on 29th May but runners can save time and effort on the day by pre-registering online see: www.kingedwardhall.org.uk - 5k run starts at 10.30am, 10k at 10.45am.

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A bench for Rosemary

By Esther Featherstone

Lindfield lost a colourful and much loved character on 18th March.

Rosemary Baxter had a zest for life like no other. She was always cycling, walking, swooving and fundraising for lots of charities. She always had a smile on her face and looked after 'the elderly'!

Her funeral was held on 6th April at her church, Holy Trinity in Cuckfield, and

there wasn't an empty seat, which is a real testament to how loved she was.

There is a justgiving page set up to raise money for a memorial bench to be placed on Lindfield Common. If you would like to contribute please visit www.justgiving.com/crowdfunding/rosemarysbench



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Lindfield Junior U14s double winners

Lindfield Juniors U14 have swept all before them in the 2016-2017 football season, winning the Mid Sussex Youth and Minor League U14 Division One Championship, the U14 League Cup (The F Dalton Trophy), and the 5 aside Futsal competition.

The majority of the boys have been playing with the club since they were 5 years old, and this season has seen the culmination of years of hard work, commitment and large doses of fun, be rewarded in some spectacular style.

The boys won their league by 7 points over Hassocks Juniors Eagles, winning 14 games and dropping points with only 1 uncharacteristic loss and one draw, and scoring 63 goals on the way. On their way to League Cup glory they played in every round of the Competition, scoring 33 goals and conceding only 2. Their emphatic 4-0 win over Hassocks in the final on 9th April 2017 underlined their dominance this season.

Their win in the Mid Sussex 5 aside Futsal competition in a January will see them progress to the Sussex regional finals in April, and potentially the opportunity to play in the national finals.

Success of this level is very rare for a relatively small Club like Lindfield Juniors. The team manager Steven Mason and his coaching team are understandably very proud of the boys achievements. "When we started our U6 team in 2008-2009 season, we barely had enough boys to play a 7 aside squad. Over the last 8 years the team has progressed year on year to the level they are



now playing. What makes us most proud is not just the winning, it is the way in which the boys play, with a smile on their face and are genuinely a lovely bunch of boys on and off the pitch".

The 2016-2017 role of honour is Edward Mason(GK), Callum Brooks, Jude Wallis, Tom Hinley, Jake Smith (capt), Josh Wells, Lukie Forster, Christian Wilkinson, Thomas Kiely, Oliver Whittington, Teddy Kell, Ben Epps, Alfie Berry, Georgie Berry, Paddy Thorne and Nathan Buckeridge.

The team would like to dedicate their success this season to all those parents that regularly give up their time to teach the children of Lindfield the joys of the 'beautiful game'.



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New Secret Structures exhibition open

Just up the road, at Wakehurst Place, there's a new exhibition which opened its doors for the first time last month.

Held in the Millennium Seed Bank Atrium space, this fascinating and original exhibition provides a glimpse into the hidden world of plants and fungi - enabling visitors not only to marvel at them, but to learn from them and to understand the need to protect them.

It includes an interactive digital table, which invites users to peel back the layers of well-known objects when you see them from the outside, but the CT scan gives the viewer an unprecedented view to the inner workings of plants - something very few people have ever seen. Scanned objects include a Brazil nut, a piece of oak and an orchid.

One of the stand-out items on display is a totally excavated oak tree, revealing its complex root system usually hidden deep underground. This tree was kindly given to Wakehurst by East Malling Research Station and was featured in the BBC4 documentary 'Oak Tree: Nature's Greatest Survivor'.

There is also a stunning installation by Artist in Residence Perdita Sinclair, who explores the dynamics of seed dispersal in the form of a beautiful light sculpture.

The Secret Structures exhibition will be on display for 12 months at Wakehurst Place, as part of the normal entry fee.



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The Pigeon Tunnel by John Le Carre

BOOK REVIEW

By Cavan Wood

The master of the contemporary spy story, Le Carre is a gifted storyteller about his own life. Subtitled 'Stories from my life', this is not a linear autobiography but a selection of scenes, of encounters with the great, the good and the evil. From Alec Guinness to Yasser Arafat, from a Margaret Thatcher, who we are told listened well, to neurotic Hollywood directors; there are many types of people here, as well as spies. There is the looming figure of his father, Ronnie, the conman who broke hearts and casually destroyed lives for his own gain. There is, too, Kim Philby – a figure who inspired the traitor in 'Tinker Tailor Soldier Spy'. Le Carre has no truck with the easy forgiving liberalism that seems to deny the depth of the treason that Philby brought. Is it that Kim did in colour what Ronnie had done in black and white? There is a savage morality about Le Carre – he wants to see justice, an end to the cant of politicians but this does not lead to cynicism. If anything, Le Carre has become more radical with age, calling societies and himself to be better than they are.

Prepare for watering season

IN THE GARDEN

By Heather Martin

The gardening year is galloping by. As we come into May the risk of frost is diminishing, which means that we can plant out young and tender plants giving them time to grow and mature for a fabulous summer display. Keep an eye on the weather forecast until the end of the month though - if a drop in temperature is forecast you may need to protect your plants - drape them lightly with horticultural fleece overnight. Thus May brings the perfect opportunity to plant up pots and hanging baskets with annual and perennial plants, which can give colour right through to the Autumn and provide a cheery welcome to your property.

It's worth considering how you will keep your pots and baskets watered through the Summer months to keep them looking at their best. Water-retaining capsules can be mixed with the compost before adding your plants, or you could set up a discrete automatic watering system with a timer fitted to your outdoor tap (widely available nowadays at local garden centres). Alternatively make the most of opportunities to collect rainwater by fitting water butts to your downpipes.

One of the lovely things with pots and baskets is that so many are displayed at the front of properties, which



means that we can all share in enjoying the display. Plants are already on sale at a couple of the High Street shops, so get in there quick! We'd love to see photos of your efforts over the summer.

What's on: Lindfield in Bloom group meets downstairs in the Bent Arms at 7.30pm on Monday 22nd May; Lindfield Horticultural Society's May talk is on the Secrets of Hever Castle (Weds 10th May, 8pm at King Edward Hall) and you can pick up a bargain plant or two at their coffee morning on Saturday 13th May, from 10am.

Behind the hedge

By John Bartlett

Growing up in Shoreham in the 40s and 50s, a large part of our leisure time was spent in Buckingham Park playing football and cricket. We became aware of a fairly large area of grass with a five foot high hedge round it, behind which a collection of elderly worthies, clad in white, potted about on sunny afternoons. We were of an age and height that only allowed sight of heads, usually clad in panamas or white caps, wandering about and calling to each other, so the juvenile mind was swift to imagine all sorts of exotic rituals being practised by the elderly behind the privet. In due course our parents advised us that it was 'Bowls' – we were none the wiser.

It was not until the passage of time had made the bits of me that used to ripple start to wobble that the thought of bowls reawakened. This coincided with our move to Lindfield five years ago and the wondrous discovery that I could walk to the bowling green in eight minutes. I had not been a member for more than 20 minutes when I realised what I had been missing – here was a competitive, social sport where age, strength and running were entirely irrelevant – well almost. OK, if you want to be a national champion it's better not to wait until you are 70, but there are 80 year olds that can still make me look stupid, and there are also kids still at Junior school who leave you with that feeling you get when skiing and a seven year old swoops through your legs and disappears downhill leaving you with your skis crossed.

So if you are too lazy, too old or too incompetent for sports that require a lot of running, kicking or hitting things but you're not ready for your bath chair, then nothing can be lost by coming and trying bowls at Lindfield Bowls Club, particularly if you value the camaraderie and inclusiveness associated with all sports clubs. You will also get to share a green with experts who have won National Championships, as well as those who have trouble remembering which way round to hold the thing! Bowls is so much better than golf in that you do not have to spend hours looking for your ball and you are never more than 20 yards from the well-stocked bar!

If you want to find out what goes on behind the hedge then contact either John Bartlett (01444 483796) or Sue Willmott (01444 452883).



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Prestigious exhibition of feline art to celebrate anniversary

Sussex-based charity Cats Protection will be celebrating its 90th anniversary this year by hosting a prestigious exhibition of artwork from members of the Society of Feline Artists.

More than 200 paintings from over 40 artists will go on show at the charity's National Cat Centre in Lewes Road, Chelwood Gate, which runs until Sunday 7th May.

The exhibition will be open each day from 10am until 6pm and admission is free. Original artwork, limited edition prints and greetings cards will also be available to purchase.

Cats Protection's Director of Fundraising Lewis Coghlin said: "We are delighted to be hosting such a prestigious exhibition of beautiful artwork.

"Art enthusiasts, students and cat lovers alike will all enjoy the exhibition, and we hope it will also inspire some of our younger visitors to get sketching."

Visitors to the exhibition will also be able to enjoy the other facilities on offer at Cats Protection's National Cat Centre during their visit, including a café and nature trail.

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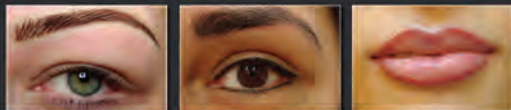
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Getting to grips with golf

TEERING OFF



By James Verrall, Head PGA Professional

Spring is here, and I hope many of you are enjoying being back out on the golf course and looking forward to a great year's golf!

This month's Golf Tip will take you through the grip and getting your hands in the right place. This is very important in the golf swing, as the grip has a big influence on the club face angle.

Firstly, let's assume you are a right-handed golfer (left-hander's just do the opposite). The left hand goes at the top of the club; however, make sure you place it about an inch down from the very end of the club. Your left thumb should point straight down the grip.

The right hand sits under the left with the little finger looped over the left index finger. When the right hand is in the correct position you will not be able to see your left thumb.

The 'V' that your right thumb and index finger makes should point up towards your right shoulder.

You should have a firm pressure, but not too firm! Gripping the club as hard as possible will result in a lot of topped shots.

When making any grip change it will feel quite odd and uncomfortable at first, but don't let that put you off. It is very normal to feel that initially, but with some practice it will soon feel natural.

Try these grip tips out next time you come up to Haywards Heath Golf Club, and pop into the shop where we can check the condition of your grips for you free of charge.

Good luck and happy golfing.

Colour run fun in Walstead

GREAT WALSTEAD SCHOOL

The grounds, pupils and staff at Great Walstead were transformed into an amazing technicolour spectacle last month as the school held its first ever Colour Run in aid of Comic Relief.

The event looks set to have raised around £2,000 for the charity.

The runners, who included pupils and staff, were all given T-shirts and multi-coloured sunglasses and sprayed with a giant fire-extinguisher full of coloured powder before lining up ready to start.

The cross-country route took the runners through the school's woods, encountering paint stations along the way where they were pelted with coloured powder.

"The Colour Run was a real hit with all the staff and pupils at the school, even though at the end of it most of the staff either looked like giant Smurfs or as if they had been badly sunburnt," said games coach Adrian Ashby. "Everybody enjoyed the afternoon, especially the children who looked like rainbows."



Photos: Alex Rickard Photography



"Even the spectators had a great time eating cakes they had bought for Red Nose Day and cheering on the children who were taking part."

"It was a great way to raise money for charity and have fun with friends," said runner Lauren.

And Hannah added: "It was fun seeing all the staff being multi coloured."

Teachers Mrs Groves, Mrs Meadows and Mrs Rees, who organised the run, said: "We are so grateful to all the parents and teachers who helped and are amazed that we raised such a lot of money. £2,000 will make a massive difference to Comic Relief initiatives and will be used to help so many people who aren't as fortunate as us."

Adrian added: "It was fantastic to see the children running through the school woods with friends and having a laugh at the same time. Exactly what Comic Relief is all about!"

Sudoku #10

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

		8	6	3	5			9
9						1		4
7								3
		2			6			
	9							8
			3		1			
			4	5				
		7						4
					9	7	6	

Find the solution to #10 in next month's magazine

#9 Solution

4	8	2	3	9	7	5	1	6
6	3	9	1	8	5	2	7	4
1	7	5	6	4	2	8	3	9
2	4	7	8	3	1	6	9	5
3	9	6	7	5	4	1	2	8
5	1	8	2	6	9	7	4	3
8	5	1	4	2	3	9	6	7
9	2	3	5	7	6	4	8	1
7	6	4	9	1	8	3	5	2

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What's on in May

AT KING EDWARD HALL

AND ELSEWHERE

May

- 2nd **Lindfield Afternoon WI** – 2.15-4.15pm
(la16wi@gmail.com or Jacquie on 01444 454816)
- 4th **Lindfield Country Market** – 10-11.15am
'Everyone at the market has a very extensive range of plants, which are varied. We also have a very good range of savouries and cakes, plus jam and marmalade. Not forgetting our craft ladies who have lots of goodies.'
- 4th **Polling Station** supporting the Election to West Sussex County Council
- 10th **Lindfield Horticultural Society** – 8pm
Talk: The Secrets of Hever Castle
(Pat Whetstone 01444 483236)
- 11th **Lindfield Country Market** – 10-11.15am
(Sheila Hobbs 01444 483396)
- 13th **Coffee Morning & Plant Sale** – from 10am
Lindfield Horticultural Society annual sale
(Pat Whetstone 01444 483236)
- 18th **Lindfield Country Market** – 10-11.15am
- 18th **Film Show: 'Allied'** (15) – 7.45pm
(Tickets from Tufnells, £6)
- 20th **Heber Opera** – performing 'Gounod's Faust'
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- 25th **Lindfield Country Market** – 10-11.15am
- 27th **Lindfield Dramatic Club** – 8pm
Austen and Fish n Chips
Presenting an evening of rehearsed readings, with an interval to enjoy a fish and chip supper and drinks from the bar. Readings commemorating the 200th anniversary of the death of Jane Austen will be to the fore, supported by the works of other English writers. The event is being held for members and friends of the dramatic club. Tickets cost £10. Please contact Rex Cooper 01444 831512

Please refer to the King Edward Hall notice board for additional information regarding the above events. If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on bookings@kingedwardhall.org.uk

May

- 4th **Mid Sussex Assoc. National Trust** – 7.30pm
Clair Hall, Haywards Heath. Timber-framed Houses in the Weald including in particular Wealden Hall Houses by Brian Braby
- 6th **Birchanger Open Gardens** – 2-5.30pm
Charity fundraiser for Macmillan, who will be providing teas and cakes for visitors (RH17 6JY)
- 10th **Tiger Arts Lunchtime Concert** – 1pm
All Saints Church. Students from Seaford College make their first visit to Lindfield to perform. Admission is free (donations welcome). Light lunches from 12noon in The Tiger Lounge.
- 10th **Mid Sussex Franco-British Society** – 8pm
Clair Hall, Haywards Heath. Illustrated talk in French by Edward Cholmondeley-Clarke
- 14th **Mid Sussex Ramblers** – 2.30pm
Turners Hill afternoon stroll. 4.4miles. Meet at The Red Lion, Turners Hill (RH10 4NS)
(Contact 07841 422939)
- 17th **Mid-Sussex Decorative & Fine Arts Society** – 10.45am
Clair Hall. 'The Miseroni Family, Lapidary Artists of Milan & Prague' lecture by Anne Haworth
(Non members welcome: £7 on the door)
- 19th-21st **The Attic Art Club Original Art Fair** –
The Village Hall, Ditchling
- 22nd **Lindfield in Bloom** – 7.30pm
The Bent Arms (downstairs)
- 29th **Lindfield Village Run** – 10.30/45am
Hickmans Lane Playing Fields. Registration/Check-in from 9am. 5k and 10k cross country runs.
(More info from www.kingedwardhall.org.uk)

June

- 3rd **Lindfield Village Day** – from 12noon
Lindfield's annual celebration of village life with a procession down the High Street, and fun, games and stalls on the Common. Pick up your Village Day programme from shops locally – only £1.

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