

Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

April 2016 Issue #85

Free



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Meet our Village People couple

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EDITORIAL

By David Tingley, Editor

April's issue of the magazine is beautifully adorned with blossom from a tree on **Blackthorns** - thanks **Colin McFarlin** for emailing that in last year. We have finally used it - and he's received a £20 shopping voucher to spend on the High Street. We save all **cover photos** (photos@lindfieldlife.co.uk) under the correct month when they were taken and then use them as and when it's applicable.

Taking the **Village People** spotlight this month are the incredible **Colin and Veronica Carter** - read their story on **page 20**. It's a truly inspirational tale of both life and love!

The **Evening WI** got out and about recently and made a statement - along with many other WI groups - against climate change. Read the article on **page 17**. Thank you, ladies, for sending it in. Items of general interest like this are what we love here at Lindfield Life - so please keep them coming!

Lindfield Parish Council has its quarterly newsletter on **page 28**. Do have a good read through as it's packed with information for residents - including notification about the **Lindfield Spring Clean** event which is being held on the morning of **Saturday 16th April**.

With the sun coming out in recent weeks, it may be that you are considering getting out on the **golf course** again after some winter downtime. I know I am! **James Verrall** gives his monthly tip on **page 35**.

Cavan Wood brings another title to our attention in his regular **book review** - this month featured on **page 34**.

And **Jacqui Smith** showcases the thoughts and process behind selecting colours for design projects in **Home Front** on **page 15**.

Finally, it's a pleasure to announce that the **Grand Competition Tent** is back for **Lindfield Village Day 2016** - read all about it on **page 13**.

We love hearing from you, so do get in touch. Send an email to editor@lindfieldlife.co.uk, like us on Facebook or follow us on Twitter!

Issue #85 - April 2016 -
4,600 copies printed
Next magazine copydate:
8th April 2016

Next magazine published:
25th April 2016

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Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors. Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that there is no breach of copyright. Neither the editors nor the publisher accept any liability in respect of the content of any article, photo or advertisement.

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NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Scouts urgent appeal for leaders

By Gilly Weir

1st Lindfield Scout Group is thriving with over 120 young people taking part, but with six different groups we need lots of volunteer leaders. We are in urgent need of new adult leaders or assistant leaders and have had to start thinking about closing down some of our groups or reducing numbers. Please consider volunteering for one of these rewarding roles. Go to www.lindfieldscouts.org or email our group scout leader: alanpdyke@aol.com

Spring at KEH market

By Alison Falconer, Market Manager

Spring has arrived at Lindfield Country Market with spring bulbs and plants now on sale.

We also would like your comments on our cakes, savouries and other merchandise that we sell. Come and see us and give us your thoughts.

The market is at The King Edwards Hall opposite the pond every Thursday from 10 to 11.15am.

Bowls Club summer season starts

Did you know that Lindfield Bowls Club was granted a portion of ground on the common as a bowling green in 1903? That's 113 years ago!

Do you know where it is and have you ever wondered how nice it would be to try bowling on a warm summer's day? Well, why not come along on Wednesday evenings and try it out?

The club opens for the summer season with a coffee morning on 16th April. Members have an open day on Village Day – 4th June – and a 'come and try' evening on 24th June at 6pm. No experience is necessary as coaching is available.

Juniors aged from 7 upwards, meet and play on Saturday mornings from 10-11.30am.

Anyone interested in joining is welcome to come along, have a go and bring the children. All you need is flat shoes!

For more information, phone Mick on 01444 483709 or Vivienne on 01444 414350.

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Billy Elliot stars from Gielgud

It's a Billy Elliot double whammy for the Gielgud Academy (GAPA) because not one but two of their pupils, Lucy Summers and Olivia Floydd have been given places in the cast of the ensemble as 'ballet girls' on the new tour.

Sussex girls Olivia (12) and Lucy (11) were delighted when, after a long process of initial auditions, recall auditions and then a final audition, they both landed the job. The girls, who are best friends, have been training hard together at GAPA for the last four years in ballet, modern, tap, drama and musical theatre, and are now thrilled that they are getting the opportunity to work together professionally in the smash hit musical Billy Elliot. The renowned show, which has been running in the West End for ten years, is now off on a UK and Ireland tour for 18 months.

"It's going to be such a thrilling experience for the girls and I can't wait to see them performing in the show!" said their ballet teacher, Lindfield resident and GAPA Principal Suzanne Gielgud. "They both deserve the success and we send them our huge congratulations."



Scooting their way to good health

Children at Lindfield Primary Academy have been working hard to travel to school in sustainable ways. They have learnt about the health benefits of walking, scooting or cycling to school, both for themselves and the environment. "In recognition of our great efforts, we were entered into a prize draw by WSSC Safer Routes to School, and have won a Scooter Pod," said Rachel Anscombe. "This will provide the children with a safe place to store their scooter while they are at school." The Scooter Pod was presented by the West Sussex County Council Cabinet Member for Highways and Transport, John O'Brien, who also praised the children for their tremendous efforts.

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HM The Queen notified about new church bells

By Roy Marshall

As you may already be aware, with the support of the church and village communities, the bellringers of All Saints Church, Lindfield are currently fundraising for a new ring of eight bells. It is their wish to name the ring after Her Majesty the Queen, in honour of Her Majesty becoming this country's longest reigning Monarch. A letter was sent to the Palace to confirm these intentions and I am delighted to say Her Majesty has replied, sending her good wishes and her appreciation for the marking of this memorable occasion by the commissioning of a new ring of bells.

The bellringers have made considerable headway in their fundraising and are very appreciative of all the contributions made but there is still a long way to go, so the bellringers and their supporters will continue with their efforts through 2016 - watch out for future events!

For more information or to make a donation please contact: All Saints Church Office, High Street, Lindfield, RH16 2HS or call 01444 482405.

Arts Festival to use High Street again

By Lynn Tulip

Great news. Lindfield Arts Festival has secured the right to close the High Street for Saturday 17th September. Don't worry, there will be alternative arrangements for all public transport and the LAF Team will endeavour to ensure that no-one is disadvantaged during the day.

The closure means lots of street activities, much more than last year. This year be prepared to be surprised by circus troupes and graffiti installations, along with buskers, musicians and dance activities. There will be much to do and see.

Do you remember the street plays last year? This year we are looking for budding performers to participate again. Robin Belfield, now Young People's Performance Developer at Royal Shakespeare Company, Stratford-upon-Avon, has kindly agreed to write a script for LAF 2016 and this will be directed by a member of the Lindfield Dramatic Club. However, we need some actors! If you are interested in joining the rehearsals and performing on both 17th & 18th September please email: enquiries@lindfieldartsfestival.com. We can't wait to hear from you.

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How can I help?

Most of us would be more than happy to return home to a clean house and a home-cooked meal at the end of a busy day.

But imagine if, while you'd been out at work, the dripping tap had been fixed, the rubbish in the garden had been taken to the dump and that picture you've been meaning to put up was hanging over the fireplace!

Wouldn't it be good to have a cleaner who could assemble flat pack furniture, or a handyman who could get stuck into the ironing?

Meet 'Your Personal Butler' Stephen Smit.

Stephen is living proof that men are more than capable of multi-tasking, and is already working his magic in homes around the village.

Your Personal Butler is a unique concept which takes housekeeping to a whole new level, providing tailor-made cleaning and cooking services alongside odd jobs and DIY.

"I like to work alongside the clients, anticipating their needs and solving their problems," said Stephen. "I'm happiest when I'm given a long list of jobs and I enjoy ticking them off as I go along."

Recent requests have ranged from tiling and painting to moving furniture and getting rid of a Christmas tree! Mother's Day saw Stephen preparing a meal for a customer's family celebration. "I also recently spent a morning polishing all the brass and silver," he said. "That was a perfect job for a butler!"

Stephen's high standards and attention to detail are drawn from his background in the hotel and restaurant business. His experience has ranged from waiter and barman to conference and assistant hotel manager.

"I have my own properties which are student lets, so I have a wealth of experience in repairs, replacements, decorating, cleaning and general DIY to get the properties back up to a high standard," said Stephen. "I'm happy to take on anything I'm asked!"

For larger jobs Stephen can bring in qualified and reputable trades people. "Clients don't need to take time off work to let them in – I'll happily do that, and while they are working I'll clean or cook the dinner!"

Services also include management of extensions and building projects. "I recently managed a demolition and house building project in Surrey from start to finish," said Stephen.

Born and brought up in South Africa, Stephen studied catering after leaving college and by 21 was a head chef. "I was lucky to be able to combine my love of food with travel, working and cooking for high profile clients across Europe," he said. "I've cooked for members of Pink Floyd and Peter Gabriel in France! I've cooked for the Stranglers too."

Today, Stephen is equally happy cooking wholesome and healthy family meals. "As a chef I would regularly cook an abundance of meals at once, so I'm happy to prepare meals in



bulk for clients, leaving them lovely home-cooked meals for their freezer!"

Stephen is well travelled and diverse. He spent time in Australia skipping boats for whale watching trips, has managed a music venue in Bath and set up surf wear shops in Fulham, Richmond and Guildford. He's even designed his own fashion brand in Sydney!

But after becoming a dad and settling in Lindfield, Stephen is happy to be running a business in the village he loves. "It's a great place to bring up children and we're really happy here," he says.

"I have some great feedback so far, and I welcome suggestions of how I can tailor my business and work with customers to meet their needs.

"Just ask me – I'll find a way to get it done!"

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The major refurbishment works at Linear Health and Fitness at Borde Hill Gardens are now complete and the club is fully open once again. The facilities on offer now include a reception area, gym, studio and treatment room, as well as brand new changing rooms and showers. And, of course, its location in one of Sussex's loveliest country estates means that club members have unique access to acres of beautiful outdoor training space, as well as to extensive cross-country running trails, plentiful free parking and an on-site café, all within a five minute drive of Lindfield, Cuckfield and Haywards Heath.



Yet exercising in a visually stunning and peaceful location is only one element of the club's appeal. Every effort is also made to create a sociable and friendly atmosphere and to ensure that training sessions are varied and fun. And the small class sizes mean that instructors know all of their members by name and members get to know each other. This makes training at Linear an enjoyable social activity, as well as a proven means of delivering the health and lifestyle benefits of regular exercise.

Of course, everyone wants their training sessions to be enjoyable, and therefore sustainable, but they also want exercise programmes that deliver results that will enable them to sustain hectic domestic, work and social lives. So, to ensure that every minute of training is productive, all activities at the club are instructor-led, whether it is PT-led boot camps, yoga teacher-led studio classes, or coach-led running sessions. With class sizes limited to a maximum of 12, there is time to ensure that exercises and advice are tailored to each member's individual needs.

At Linear, there are no joining fees and no contract

Also central to the club's philosophy is the concept of 'all round well-being'. So, whilst calorie burn and cardiovascular fitness are important, so too is the development of core strength, functional strength and flexibility. For that reason, members have access to a range of classes, each promoting a different combination of health benefits, including boot camps (outdoors), conditioning sessions (gym-based), kettlebell classes, yoga, pilates and a running club. In addition, the club provides access to personal training, sports massage, injury rehabilitation, nutritionists and spa treatments to complete the well-being package.

Unlike some gyms and fitness clubs, Linear is totally transparent in its pricing. There are no joining fees and no contract. Memberships are available to suit all budgets and schedules, starting from £32 per month for a one-session-a-week membership up to £96 per month for an unlimited membership (www.linearfitness.com for more details). Sessions can also be bought in blocks of ten for £90, with the member able to take those sessions at any time. Sessions are completely flexible, enabling, for example, a one-a-week member to attend a boot camp one week and yoga the next.

What's more, with Linear Health & Fitness offering readers of Lindfield Life a FREE 5 day pass, there's no excuse not to pop down and give it a try! Email info@linearfitness.com quoting AV01 (to be claimed by 30th April).



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Choral Concert for Marie Curie

Ardingly Choral Society has decided this year to raise funds for the Marie Curie Daffodil Appeal at the Society's Spring Concert. It is ten years since Ardingly performed Creation and the choir will be joined, as always, by the Mid-Sussex Sinfonia in the magnificent surroundings of Ardingly College Chapel. This time the singers will all be displaying Marie Curie Daffodils!




The audience may well be familiar with the fine quartet of soloists. Mark Stone (baritone) performs internationally and is making his first appearance with the choral society. Adrian Thompson (tenor) first sang as a boy with Robert Hammersley (conductor) in a Promenade Concert in 1973 but this time he will be coming straight from Glyndebourne where he will be rehearsing for his solo role in Wagner's Die Meistersinger. Best known of all to Sussex will be Eloise Irving whose soprano voice has enchanted audiences many times, most recently in her combined concert with Dame Emma Kirkby last year. Jane Haughton (alto) is also very well known by Ardingly audiences and those who sing with the various choirs she runs in West Sussex.

This performance of Haydn's Creation will be performed in Ardingly College Chapel on Sunday 10th April at 7.30pm. Tickets (£14, concessions £12) will be available from Carousel Music and from Michael Kershaw (01825 791241).

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Grand Competition Tent is back

LINDFIELD VILLAGE DAY



Due to popular demand the Village Day Grand Competition will be back this year hosted by The Toll House Store & Café. Celebrating the crafters, growers and bakers of Lindfield, the event, which will be given a Toll House makeover with afternoon tea and more, offers a chance to show off local talents in a wide range of categories, with special competitions for children. Guest judges will decide who receives rosettes in the following categories:

Home Baking and Preserves

- A Carrot Cake – your favourite recipe for this delicious popular classic
- Six Butterfly Cakes – another family favourite, marks will be awarded for presentation and taste!
- Cheese Straws – Yum!
- A Jar of Jam or Chutney
- A Bottle of Homemade Wine, Beer or Liqueur

Children's Competition

- Rocky Road – go traditional or invent your own version of this delicious treat

Horticultural

- Any Homegrown Vegetable or Fruit
- A Single Rose in a Vase
- My First Potatoes of 2016
- Flower Arrangement – a table decoration for afternoon tea

Children's Competition

- A miniature garden on a plate

Art and Craft



- Handmade Jewellery – any medium, from buttons and paper to fabric or gold!
- A Hat – knitted, crocheted, recycled, the choice is yours
- Sunset Over Lindfield – a piece of artwork using any medium
- Recycled Flip Flop – using one or both of a pair and any medium to create a sculpture, picture or artwork

Children's Competition

- Lego Model – an original piece of construction

Register your entry at The Toll House Store & Café, Lindfield High Street by Wednesday 1st June. Find out more information by popping into the store.


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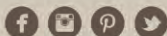
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HOME FRONT

By Jacqui Smith, interior designer

According to Carl Jung, 'Colours express the main psychic functions of a man' and the latest module in my Applied Colour Psychology course has been all about colour and personality.

I guess it's no surprise to know that colours from the same time of year have a natural affinity with each other. Additionally, there are behaviours which align with the energy of each season. So, how is each season defined? Spring is all about bright clean colours, playful and fun. Spring is youthful, forward thinking and approachable; it's apple green, daffodil yellow and sky blue. Shapes and finishes associated with this seasonal personality are circles, polka dots and sparkle. This palette lends itself to children's brands and interiors (though better for playrooms than bedrooms since the bright colours could prove overstimulating). Spring interiors are fresh and airy with big windows, high ceilings and a sense of the outdoors. Spring hues are warm and yellow based with no trace of black. The media will use the spring palette to convey fresh ideas and exciting campaigns. Add some grey to these tones and you get the more muted summer palette; think hazy summer late afternoon light and sun bleached hues. The summer personality is cool, calm, quiet and elegant with a hint of old romance. The summer shape is more oval, curved with smooth textures and unstructured patterns. Brands will use soft and flowing fonts to convey the summer personality and convey a classic, quality brand. Unlike the yellow base of spring, the summer palette has its base in blue, e.g. lavender, wisteria and old English roses. Summer interiors examples include elegant craftsman-made furniture with plenty of curves, subtle prints and the classic proportions of Georgian architecture. Autumn is warm and yellow based, a combination of the spring brights tinted with black. So we have an olive green in autumn rather than the spring apple green. Autumn is down to earth, natural and rustic. Shapes are organic and interiors feature plenty of texture. The autumn personality is used frequently for recycled and eco-friendly brands, but brands who might not have these

attributes yet wish to convey the natural and organic image will also of course adopt this colour personality. How many 'natural' snacks are there around packaged in natural brown paper yet turn out to be full of sugar and additives? The autumn interior is comfortable, furniture is solid; the rooms are cosier; a cottage is a good example of an autumn interior. I read that spring or summer personality types can only live in a low ceiling property for short periods of time since they need the high ceilings! Finally there is winter which, like summer, is a blue based palette. Contrast is strong in winter; there are no subtleties here, with bold and icy hues against black and white. Shapes most often associated with winter are bold stripes, geometrics with finishes tending to be more gloss. The winter personality is bold and compelling, cool and unemotionally dramatic. Brands will use the winter personality to convey luxury and sophistication and a position of market leader. The winter interior is minimalist with splashes of bold colour. A winter scheme will typically have one or two key pieces to create the drama and absolutely no clutter. It is the most common interior style in the western world and is seen as aspirational.

Research shows that we are all drawn to a certain season but we may prefer styles from others, this is referred to as your secondary personality. The key here to creating an interior that 'simply works' is ensuring that the palette is rooted in one season, the primary personality. It is fine to bring in other style elements from another season, e.g. shapes, but for the scheme to work the colours must sit within the same seasonal palette. We have all seen schemes that jar and I shall be perfectly honest and say that I felt that it was simply down to whether they were blue or yellow based but the seasonal palette theories do add a bit more welly to something that could otherwise be just seen as personal taste.

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Photo: A spring personality bedroom from one of our show homes with gorgeous wall art from the talented Leesa Le May

- PRICEHOLME -

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Should you wish to register your interest in the future availability of an Almshouse property please contact the **PRICEHOLME** Secretary.

FOR FURTHER INFORMATION PLEASE CONTACT :

The Secretary

The Priceholme Trust

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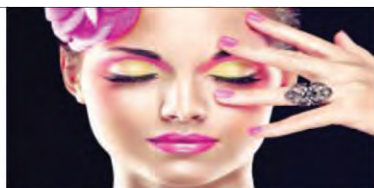
WI climate change campaign

The Women's Institute is a founding member of the Climate Coalition, a group of over 100 organisations and more than 15 million people working for action on climate change.

One of the Coalition's core campaigns is focused around Valentine's Day and is called 'For The Love Of.....' Its aim is to show that climate change is affecting the things we love, such as bees, beaches and growing chocolate. It asks people to make and share green hearts to provoke conversation and show that they would like to see action on climate change.

Members of Lindfield Evening WI grabbed the opportunity at their February meeting to make environmentally-friendly hearts out of malleable twigs from their gardens or origami hearts (made from biodegradable paper and vegetable oil ink!).

Keen to share their message with friends and neighbours in Lindfield they took the opportunity to decorate a tree in the car park behind the Medical Centre. The tree holds a special sentimentality for the WI members as it was donated and planted by the group in 1979.



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The 'lucky man' (and his wife!)

VILLAGE PEOPLE

By Claire Cooper

As they approach their Golden Wedding Anniversary and prepare to renew their marriage vows, Colin and Veronica Carter feel blessed for the years they have spent together.

"I'm a very lucky man," says Colin, who affectionately calls Veronica 'My ol' darling!'

"Being in wheelchairs hasn't stopped us from doing anything at all," added Veronica. "We've travelled all over England, and been on the Eurostar to Brussels."

"We've never had any help. We've just got on with life and being disabled hasn't really made that much of a difference."

The couple, who venture out every day in their motorised wheelchairs, are well known in Lindfield and Haywards Heath, and are responsible for setting up the Seahorses Swimming Club, which has made a huge difference to the lives of disabled swimmers from all over Mid Sussex.

From their home in Pelham Road, Colin and Veronica recalled how their story began, and how the promise of a car parking lesson on a frosty night led to romance and 48 years of happily married life.

Colin grew up in Newick with his brother and sister, and was diagnosed with muscular dystrophy at a very early age. After leaving school he entered the construction industry, first at Wilkins Builders in Newick, then at Lewes Road Sawmills in Haywards Heath. However, as his condition progressed Colin gradually lost the use of both legs and took early retirement.

Veronica was born in Blackburn but moved with her mother to Handcross to live with her grandfather when she was just 10 months old.

"After my brother was born, my mother got a live-in position in Lindfield House, first as a domestic and then a cook," she said. "We were sent to convent schools in Littlehampton and then Arundel."

Veronica lost her right leg to cancer following an accident when she was just 14. "I knocked my leg as I was getting off the bus on my way home from school," she recalled. "It seemed to take a long time to heal and one day, when I was walking from the river back up to my school in Arundel, I had an awful job getting there. I was in a lot of pain and I knew something was wrong."

Veronica's mother took her to the doctor, but was sent home after he diagnosed growing pains. But the pain continued and Veronica's mother sought a second opinion. "The doctor sent me to straight to Brighton for a biopsy where they found a large cancerous tumour," said Veronica. "The only explanation was that the cancer started as a result of the accident – that I'd had serious bruising on the inside rather than the outside."

"I clearly remember my mother telling me that the doctors would have to remove my leg. We were on the bus home. I was very quiet for the rest of the day and I cried myself to sleep that night. But I can honestly say that from that day it has never bothered me."

The operation took place at the Royal Sussex County Hospital in Brighton. "The surgeon had to remove the leg up to my hip and I very nearly died on the operating table due the amount of time I was under anaesthetic," said Veronica.

After leaving hospital Veronica quickly learnt to walk on her prosthetic leg. "I was told I would never dance but I proved them wrong."

Following the accident the family moved to Vale Road

in Haywards Heath and, on leaving school, Veronica went to work as a nanny for the family which ran Beech Hurst restaurant and gardens in Haywards Heath. She left after being offered a job as a domestic at the former King Edward VII Memorial Eliot Hospital on Butlers Green Road.

Meanwhile, Colin's failing health saw him leave the construction industry and take a job as a telephonist at Cuckfield Hospital. "Colin was a great telephonist as he's always chatting," Veronica laughed. "People assumed that we knew each other as we drove the same invalid cars. But it wasn't until he came to work at the King Edward to cover for a sick colleague that we finally met."

Their first date was in a car park! "Colin had offered to help me improve my parking but on the day it was so frosty that we couldn't do it!" said Veronica.

"Colin always says it was love at first sight, but it took me a little longer."

But love blossomed and the pair were engaged in April 1967 and married at St Paul's Church in Haywards Heath in January 1968. Veronica was escorted down the aisle by her brother, wearing a dress borrowed from a friend. "I was going to make my own dress but my friend offered me hers which fitted perfectly, so I made the bridesmaids dresses instead!"

A self-taught and talented seamstress, Veronica has gone on to make several bridal and bridesmaid's gowns. "Colin's mum gave our marriage six months, but we've lasted longer than both his brother and sister!"

The couple set up home in St John's Road in Haywards Heath and were delighted when their son arrived in 1969. "After Ian was born we decided not to have any more children as Muscular Dystrophy can be hereditary," said Veronica. "Fortunately our son and our two grandchildren, Molly and Jack, are all fine."

"In those days it was considered unusual for disabled people to have children. One day I picked up the Daily Sketch and read a story about a couple who had become parents and one of them was disabled. I thought to myself, we've got a much better story – we're both disabled. I got in touch and they came to interview us."

The family moved to Luxford Road in 1970 and then to a flat in Pelham Road where they have lived for the past 30 years. "We've always been very independent and up until recently have never needed any help," said Veronica.

Swimming has always played a big part in their lives. "We used to swim at the King Alfred in Hove but I found that salt water affected my skin," said Veronica. "There were no disabled swimming groups in Mid Sussex so we decided to start our own!"

The couple set up the Seahorses at the Dolphin Leisure Centre in 1980. "We registered as a charity and started raising funds for a minibus to get swimmers to and from the pool." This included Colin completing a five mile sponsored swim.

The club's second minibus was bought with a lottery grant of £22,500. "That minibus has now reached the end of its life and we are currently fundraising for a third," said Veronica.

She added that the club now has around 25 regular swimmers and helpers, swimming every Tuesday and competing in galas and competitions. New members are



always welcome. "I'm still the chairperson, Colin is the treasurer and we run the club with swim manager Alan Crook who has been with us for 25 years."

One of Colin's main roles is counting and recording lengths. "Disabled swimmers count up the lengths over the weeks to gain their distance badges," Veronica explained. Colin has swum 750 miles over the years and has the trophy to prove it!

The club has always entered a team for the Lions Club Swimathon and Colin and Veronica were at the poolside once again at this year's event on Good Friday.

Away from the pool, Colin enjoys playing short mat indoor bowls while Veronica is keen on knitting and crochet. The couple also enjoy getting out and about on their motorised wheelchairs.

"We go out every day, rain or shine," said Veronica. "We never bother about the weather as we have all our wet weather gear! We go all around Haywards Heath as the chairs can go 10 or 15 miles on one charge, and every Sunday we come into the village for lunch at the Red Lion."

She added that they have also travelled by train to Bath, Winchester, Edinburgh, York, Birmingham and on the Eurostar to Brussels. "Our next trip is to Hungerford for my birthday."

"We feel very lucky to have our chairs as we can get anywhere we like," added Veronica. But the journeys haven't always been plain sailing. "We did have one memorable journey when we were accompanied by a police escort!"

"One winter's night we were coming back from the Dolphin Centre when we found we couldn't get up on the pavement as it was too slippery. We had no option but to go on the road," she recalled. "We were coming up the hill by the Burrell when we were spotted by the police. They waited for us and escorted us all the way home complete with flashing lights, but fortunately no sirens!"

The couple are currently busy making plans for their Golden Wedding in 18 months' time, "We'll be renewing our vows and celebrating with family and friends at the Birch Hotel," said Veronica, who is having a dress specially made for the occasion.

"I borrowed my wedding dress so this is my chance to have a new one!" she laughed. "We are looking forward to celebrating our very happy life together and everything we have achieved."

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Go wild at Wakehurst this spring!

Do you long to be immersed in nature? Your senses alive whilst you breathe in fresh air and rekindle both visual and audible feasts – all whilst satisfying every member of your family and their differing tastes? Wakehurst is offering a wild and varied programme of activities, from Easter holiday fun in March based on Pine Cones to a Wild Wood weekend of adventure over the May Bank Holiday.

In April, when the wild primroses give way to carpets of bluebells, there are 'Walks to celebrate spring'. These take place on the 24th and 29th April when there are guided walks of various durations from 45 minutes to two hours and they're free of charge.

Badger Watching evenings for adults and children start on Tuesday evenings from 12th April – 6th September and cost £12 for adults and £6 for children (to book, please call: 01444 894067), whilst the more specialist and combined Adult Education Kingfisher and Badger Watching evenings are taking place on 16th and 19th May from 5.50-9.30pm and cost £30, to include a light snack. To reserve a place please call: 01444 894310.

After a highly successful inaugural event, Wakehurst is once again hosting its popular Wild Wood Weekend to coincide with the May Bank Holiday, Saturday 28th-Monday 30th May, and this time there are even more wild woodland activities and relaxing pursuits for all ages to enjoy!

Pearcelands Wood, part of Wakehurst's 465 acre estate, which was opened up to the general public for the first time last year, will come alive again with exciting sounds of things being made, explored and enjoyed. There will be arts and culture in the form of music and immersive plays in the woodland amphitheatre and sculptural installations amongst the trees; creative traditional skills, contemporary crafts and forest activities, from den-building and cooking damper bread over the camp fire to more serious survival bush craft skills; high energy activities such as tree climbing and the brand new Treetrunk Trek; relaxation in the woodland yurt; and family united fun – helping to create a giant

nature wall, exploring unexpected pockets of woodland wonder together, observing and taking part in some of the wood-making workshops, browsing a range of innovative woodland products and gifts and relaxing together for a picnic or wood-side barbecue.

All the above is included in the cost of a Wakehurst admission ticket, so visitors can also explore other areas of the woodland, botanic gardens and lakes.

Ed Ikin, Head of Horticulture and Landscape, said: "I'm very much looking forward to my first Wild Wood this year. At a time when woodland spaces such as these are in decline, Wild Wood celebrates why this great British habitat is important and needs to thrive whilst at the same time providing entertainment for all of the family."

From 31st May – 3rd June, Wakehurst also hosts its 'May Half Term Adventure' with activities focusing on 'Home Sweet Home'. Between 10.30am – 3.30pm daily, children can find out about some of nature's wonderful builders and make their own mini bug hotel to give a home to wildlife. Cost £3 per participant.

Don't miss out on the wonder. For further information about Wild Wood and other events at Wakehurst, please visit www.kew.org/wakehurst



What a load of...

SIMPLY GOOD FOOD

Rhubarb and Almond Crumble with Ginger Cream

Serves 4

Preheat the oven 180C. Top and tail 900g young slim pink rhubarb and slice into small chunks. Put in a baking dish and sprinkle with 75g soft brown sugar and a light sprinkle of cinnamon. Rub 75g firm butter into 175g white or wholewheat flour to form a crumbly mixture. Blend in 75g soft brown sugar and 50g chopped almonds. Spoon evenly over the fruit and sprinkle a few more almonds on the top. Bake for about 40 min or until crisp and brown.

Meanwhile whip 150ml double cream (or use crème fraîche) to soft peaks then stir in a knob of preserved ginger, finely chopped, and 2tsp ginger syrup.

Have you tried any of these recipes? If so, why not let us know on Facebook, Twitter or send an email with a photo to editor@lindfieldlife.co.uk



Secluded Holiday home with pool to rent in rural France.

Situated in the green rolling hills of Poitou-Charentes on the edge of the village of Luchapt, Le Rocher is to be found at the end of a lane, providing a secluded and peaceful spot with beautiful and uninterrupted views. This old farmhouse (sleeps up to 8 people) has been lovingly converted into a welcoming and well-equipped holiday home. Website - www.lerocher.co.uk
Please contact Hilary on hilsmaclean@gmail.com for further information.

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By Caroline Young

Rhubarb is technically a vegetable, being a member of the sorrel family. Ancient documents show it was originally being used as a drug in China and Tibet in 2,700BC and the first known European recipe dates from 1608. The 'forcing' of rhubarb, producing a more appetising and slender succulent vegetable, happened quite by accident. In 1817 some roots were covered with earth in the Chelsea Physic Gardens in London (perhaps they had been thrown on the compost heap) but, when uncovered, were found to have grown slim bright pink stems. History does not

tell us who and when it was decided rhubarb was nicer eaten as a dessert than a vegetable.

The Yorkshire Rhubarb Triangle – Wakefield, Leeds and Bradford – is registered by the EU as producing a unique regional food. Here rhubarb is grown in vast heated dark sheds where prized strains are handed down through the generations of a small number of families. The young rhubarb season – in the spring – is very short so don't miss it... and please buy homegrown rhubarb.

Rhubarb Bread and Butter Pudding – with a twist

Serves 4

Cut 3 slices bread into cubes and roughly break 100g gingersnap biscuits into small chunks. Combine with 125g quartered strawberries and 4-6 slim sticks of rhubarb, sliced. Tip into a buttered baking dish. Whisk together 2 eggs, 568ml creamy milk and 2tbs caster sugar. Strain over the fruit and leave to stand for 30 min. Place in a 170° preheated oven for about 45min or until the top is crisp and golden brown. Serve warm.

Rhubarb Fool

Serves 4

Place 450g thinly sliced young pink rhubarb in a pan with the juice of 1 orange and 75g sugar. Cook, covered, for about 10 min or until tender. Cool then buzz to a purée in a processor. Gently combine with 150ml double cream, whipped, or a carton of dairy custard. Spoon into four glasses and chill before serving.

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NEW MEMBER

After following the due process, the Council has co-opted Roger Pickett to fill the casual vacancy due to the resignation of Liz Hinze. Roger previously served as a member of this Council for several years and we are delighted to welcome him back. We would also like to thank Liz for her contribution to the work of the Council during her time as a Councillor and we wish her well for the future.

NEIGHBOURHOOD PLAN

As you may have seen in the last edition, the Lindfield and Lindfield Rural Neighbourhood Plan successfully passed its referendum on 28th January 2016, and we hope that by the time you read this the Plan will have been formally made by Mid Sussex District Council, as we are expecting the District Council to have performed this duty at their meeting on 23rd March. At that point it will become part of the District Council's development plan and will help to shape future development in our area.

It has been a long and complex process, but to put it in context for you, nineteen Towns and Parishes in Mid Sussex have prepared or are preparing Neighbourhood Plans. Of those, six have already been formally made, and so together with Twineham and Turners Hill (who both held referendums on the same day as we and the Rural Parish did) the Lindfield and Lindfield Rural Neighbourhood Plan will finally cross the line in seventh equal place.

TRAFFIC SURVEY

You may have noticed a few traffic loops appearing in the roads and streets in Lindfield. These are at Newton Road (just east of Newton Close), then the High Street (just south of Hickmans Lane), both aimed at capturing speed and flow data, and finally one at the notorious junction of the High Street with the Lewes Road, in order to undertake a peak hour turning count between 8-9am and 5-6pm. This shows that our traffic consultant is well underway in the first phase of gathering data and evidence to help us decide on what solutions may be possible and practical to the wide range of traffic/speeding issues there are in our Parish. We hope to have the initial report in late March.

PROPOSED PUBLIC CONVENIENCES ON THE COMMON

The Parish Council has been working on a project to rebuild the public conveniences on the Common and we'll shortly be seeking your views on the proposals. Over the next two months we will be holding public exhibitions, displaying the plans, a scale model, background information and the estimated costs, and we'll be asking for feedback. If the response is positive, this will give us the mandate to move forward with an application for planning permission followed by an application to the Secretary of State for the consent required under the provisions of the Commons Act 2006. The dates and venues of the exhibitions will be published on our website and the Council's notice board in Denmans Lane and we intend to begin with a display at our Parish Meeting on 28th April.

Members of Lindfield Parish Council:

They can all be contacted, in the first instance, via the Parish

Cllr. William Blunden
(Chairman)

Cllr. Valerie Upton
(Vice Chairman)

Cllr. Mike Allen

Cllr. Judith Durrant

Cllr. Alan Gomme

Cllr. Stephen Henton

Lindfield Parish Council Office is open on Tuesdays 1pm to 4pm, Thursdays and Fridays 10am to 1pm – when members of the public are welcome to come along to look at planning applications for Lindfield, buy concessionary railcard vouchers or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Clerk:
Mrs. Christine Irwin

Deputy Parish Clerk:
Iain McLean

Responsible Financial
Officer: Mrs. Tracy Ely

PARISH MEETING – THURSDAY 28 APRIL

The Parish Meeting (which, it must be stressed, is NOT a meeting of the Parish Council) is a forum for local government electors to discuss parish affairs and to pass resolutions on them, although such resolutions are not binding on the Parish Council. As this Parish has a Parish Council, it is the Council's Chairman who must convene and, if present, chair the meeting.

This year's Parish Meeting will be held on Thursday 28th April at 8pm in the King Edward Hall. The Agenda will be on the Parish Council's notice board in Denmans Lane nearer the time, as well as on our website (www.lindfieldparishcouncil.gov.uk). As stated previously, we are aiming to display the proposals for the public toilets on the Common at this meeting.

LINDFIELD PARISH DIRECTORY AND YEAR BOOK

(the green diary)

In our last newsletter we mentioned a suggestion made to us about using recyclable card covers instead of the usual green plastic ones. We have asked our printers to provide a sample of a durable card cover and to quote accordingly, and they have responded that for the diary to be supplied with a 350 gsm cardboard cover it would need to be 'perfect bound' (i.e. glued) which would increase the cost by £1,287 - nearly 24%. In view of the additional cost, the Finance and General Purposes Committee agreed to continue with the usual plastic cover. The diary pages are of course completely recyclable and are easily slipped out of the cover.

PAVING – HIGH STREET/LEWES ROAD CORNER

Since the paving was relaid and extra bollards installed to deter parking, which had caused the paving to deteriorate, vehicles are still being parked there. The double yellow lines on the edge of the road also apply to the adjacent pavement and vehicles known to be parked on the pavement will be reported to the parking enforcement team at Mid Sussex District Council.

CIVIC SERVICE

Our annual Civic Service this year will be held on Sunday 22nd May at 11.15am at All Saints Church. As well as the invited representatives of neighbouring councils and local organisations, all our residents who would like to attend will be made very welcome.

Office, or by reference to the Lindfield Village Directory and Year Book, which contains details of individual contact numbers.

Cllr. Margaret
Hersey

Cllr. Simon
Hodgson

Cllr. Roger
Pickett

Cllr. Ron
Plass

Cllr. Stewart
Shortland

Cllr. Christopher
Snowling

VILLAGE SPRING CLEAN - SATURDAY 16th APRIL 2016



Why not come and join us for our annual Spring Clean around the village on the morning of Saturday 16th April? The Parish Council has organised a Spring Clean every year since 1999, when it started as an initiative of the Tidy Britain Group, and helps find it to be a rewarding and worthwhile few hours. Volunteers meet in the King Edward Hall and are given tasks such as collecting litter from the areas in the village not covered by the normal street cleaning agencies. Street furniture, such as the posts around the pond and the common, always benefits from a wash down after the winter and cutting back vegetation in the footpaths is another job that can be tackled.

The Spring Clean will take place between 9.30am and 1pm and there will be a free ploughman's style lunch for all participants. Any children taking part must be supervised by parents or adult group leaders if they are in groups from schools or youth organisations. Suggestions for areas in the village that might benefit from a little 'TLC' are always appreciated, particularly if you could let us know in advance to help with the planning. If there is a task you particularly want to tackle, please let us know beforehand and we'll save that job for you. Litter pickers and bags, buckets, detergent and cloths will be provided but you are asked to bring your own gloves - and wheelbarrows can be very useful for bringing back sacks full of litter. If you are aware of an area that needs sweeping and would like to take that on, please come with brushes and shovels as we don't have a supply of these.

BUDGET AND PRECEPT 2016 / 17

The Parish Council has agreed a budget of £183,580 for the financial year 2016/17 and a precept of £157,000, which is approximately 3.3% more than the precept for 2015/16. This is the first increase since 2009/10, and in real terms adds just £1.57 to the Band D equivalent.

LOCAL POLICING PROGRAMME

Changes to Neighbourhood Policing are currently in progress to address significant funding challenges. The Local Policing Programme seeks to balance a reduction in staff with the needs of the communities served by Sussex Police. There will no longer be a dedicated beat officer for each area; instead the policing in each district will be undertaken by Neighbourhood Policing Teams (NPTs) with a named person who has an understanding of the needs of the community, rather than an officer being physically present in every locality.

The role of Police Community Support Officers (PCSOs) in the NPTs will change: they will be equipped with a wider range of skills and become more flexible so that they can focus on those most in need, actively contributing to reducing crime. We were disappointed to learn that PCSO Erica Baxter has been redeployed to the East Grinstead Neighbourhood Policing Team; we wish her well and convey our thanks and appreciation for her contribution to the policing in the village and her hard work seeking solutions to problems.

You can contact your local Neighbourhood Policing Team through the website www.sussex.police.uk or by calling the non-emergency number 101 or 01273 470101. For emergencies requiring immediate Police attention, dial 999.

BUS SERVICE CHANGES

The Sussex Bus service 30 which currently operates in Lindfield and part of Haywards Heath is to be replaced from 4th April by the 28 and 29 services. The 28 will broadly cover Sainsburys, Balcombe Road, Penland Road, South Road, America Lane, PRH, Colwell Road and Vale Road. The main changes to the Lindfield service are during the day when the 29 bus route no longer includes Backwoods Lane and Appledore Gardens and it will return from Haywards Heath via Oathall Avenue, Hanbury Lane, Gravelye Lane and Lewes Road. There will only be two buses calling at the hospital, early in the morning. The timetable is available on the Sussex Bus website: www.thesussexbus.com. You can also pick up a timetable from the Parish Office.

As this is a commercial service, West Sussex County Council has no control over route and timetable changes. The Parish Council noted the revised route at the Full Council meeting on 10th March and has agreed to make representations to Sussex Bus.

MOBILE CIVIC AMENITY COLLECTIONS

The refuse freighters will be in the Tollgate car park on Sunday 15th May, between the hours of 10am and 12noon, for the collection of household and garden waste. Please note that due to current legislation they cannot accept items such as televisions, computer monitors and fluorescent tubes. These can still be taken to a civic amenity centre. Please do not leave rubbish in the absence of the refuse freighter.

Dates of the collections from April are as follows:-

Sundays: 15th May
10th July
11th September
20th November
15th January 2017
12th March 2017

Parish Council meetings

APRIL - JUNE 2016

Thursday	7th April	Environment and Amenities Committee	8pm
Tuesday	19th April	Planning and Traffic Committee (plans only)	8pm
Thursday	28th April	Parish Meeting (not a Council meeting)	8pm
Tuesday	10th May	Planning and Traffic Committee (plans only)	8pm
Thursday	12th May	Annual Meeting of Council	8pm
Thursday	26th May	Finance and General Purposes Committee	8pm
Tuesday	31st May	Planning and Traffic Committee (full)	8pm
Thursday	2nd June	Environment and Amenities Committee	8pm
Tuesday	21st June	Planning and Traffic Committee (plans only)	8pm

All meetings are held in the King Edward Hall, unless shown otherwise. Please check the noticeboard in Denmans Lane for any additional meetings that may be called. All meetings are open to the public and there is a period set aside at the beginning of each meeting for public questions/comments, except at 'plans only' Planning and Traffic Committee meetings. At all meetings of the Planning and Traffic Committee, up to two people for and two against each planning application are allowed to speak, for a maximum of two minutes each, at the invitation of the Chairman.



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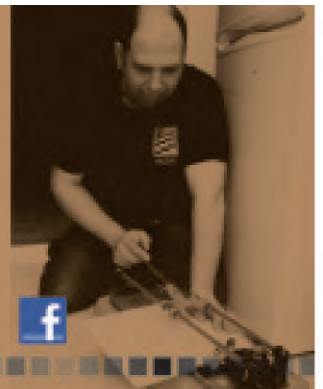
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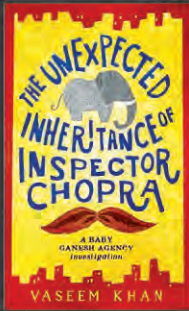
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The Unexpected Inheritance of Inspector Chopra by Vaseem Khan

BOOK REVIEW

By Cavan Wood

I doubt I am going to read a better opening sentence this year than the one at the beginning of this novel: 'On the day that he was due to retire, Inspector Ashwin Chopra discovered that he had inherited an elephant.'

Vaseem Khan evokes the world of Mumbai in India with great confidence and wit. It is intended that this book is the first in a series. In feel, it originally feels like the world of The No 1 Ladies Detective Agency type created by Alexander McCall Smith. However, there are some much darker themes that are explored with a deftness of touch, including childlessness and the ill treatment of the poor.

The characters of Inspector Chopra and his loving wife Poppy are engagingly drawn, people we want to come back and revisit.

An enjoyable treat of a book, with this first time novelist developing a world of which you want to know more about.

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TEEING OFF



By James Verrall, Head Golf Professional

One shot that many golfers dread is the high shot over an obstacle like a bunker or water hazard. Whether you are worried about hitting it too hard and the ball going too far or hitting too much ground and the ball going nowhere, then read on, we are about to fix all that.

First tell yourself you can... make sure you approach this shot with lots of confidence knowing you are about to hit the ball high over whatever is in front of you.

Make sure you have enough loft on the club; a sand or lob wedge is ideal.

Grip the club lower down to get more control, and then flex your knees more so you can get under the ball. The ball should be positioned in the middle of your stance or, if you desire a really high shot, then just slightly forward of middle.

Have your stance slightly open and you are ready to go.

Begin the backswing by hinging your wrists whilst keeping everything else still. The club should feel like it goes back on a more vertical line rather than around you.

As you bring the club back to the ball, make sure you are slightly accelerating and turning your hips through the shot.

Don't slow down in fear or pull your arms away in panic, as this will cause some of the dreaded outcomes you want to avoid.

Finally, make sure that your hands have done very little as you hit the ball. Flicking is something to really avoid with this shot, so make sure your hands stay firm.

Yes, this shot is harder than your average chip and run, but follow these steps and you will start to see the ball flying high and landing softly on the green.

Hope to see you soon....



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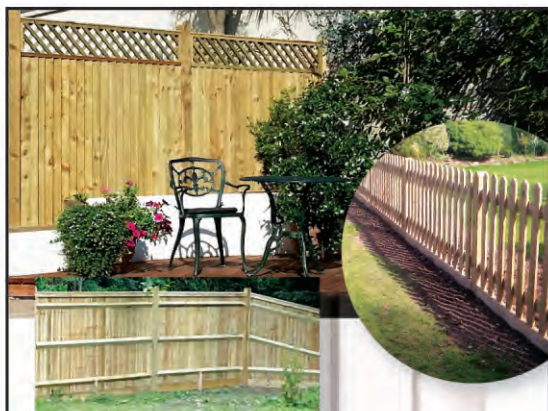
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CARE's 'Good Neighbours' reach milestone task number

A Mid Sussex care provider is celebrating a landmark achievement after completing its 75,000th task providing help to those in need.

CARE's 'good neighbours' work in Lindfield, Haywards Heath and Cuckfield to enhance the lives of those less able than themselves.

To mark the achievement, Haywards Heath Mayor Sujan Wickremarachi presented bouquets to Marjorie Kinne, one of the oldest clients, and her volunteer helper Dorothy Goss.

CARE was founded 32 years ago and remains a voluntary organisation with services provided at no cost. From taking clients shopping to giving lifts to medical appointments, helping with odd jobs or just calling in for a chat, volunteers provide a lifeline for dozens of people.

CARE's publicity officer Frank Nickson said: "Many local people are unaware of the service provided by CARE, so it may come as a surprise that last year the 114 volunteers carried out nearly 1,800 jobs.

"We currently have 260 clients helped by 115 active volunteers. However, CARE is totally dependent on volunteers and we are always seeking new pairs of hands."

Volunteer Sylvia Harris added: "It is so rewarding to feel that people's lives are improved through this simple form of help. This is an amazing charity to work for."

To find out more about CARE's services or volunteer, call 01444 455955 or visit www.CAREinhaywardsheath.co.uk



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What's coming up in April

AT KING EDWARD HALL

- 2nd **Lindfield Horticultural Society** – 2-4.45pm
Spring Show of Flowers and Produce
Join us to celebrate the horticultural achievements of our fellow gardeners. Home-made cakes and coffee will be on offer as well as a sale of plants. (Entry £1, children free. All welcome. Membership enquiries tel:456509. www.lindfieldhorts.org.uk)
- 7th **Lindfield Country Market** – 10-11.15am
(Sheila Hobbs 01444 483396)
- 8th **Comber's Trust Afternoon Tea Party**
for Elderly Residents of Lindfield Village
(Caroline Brann 01444 471443)
- 13th **Lindfield Horticultural Society** – 8pm
LHS welcomes Irene Eltringham-Willson for a talk 'All Gardens Great and Small - The National Gardens Scheme'. Hear about the history of the Yellow Book, Irene's role as county organiser and enjoy a trip round a variety of our beautiful Sussex gardens that support the NGS. (Entry £1 members, visitors £2. All welcome. 01444 456509)
- 14th **Lindfield Country Market** – 10-11.15am
- 16th **Annual Village Spring Clean**
Lindfield Parish Council (01444 484115)
- 16th **Lindfield Bonfire Society: Vintage Coffee Morning and Tabletop Sale** – 10am-1pm
All proceeds in aid of Bonfire, Procession and Fireworks taking place on 5th November in Lindfield Village. (Contact Sarah on 01444 487470 for more details or to book a table)
- 20th **Lindfield Preservation Society: AGM & Talk** – 8pm
Illustrated talk: 'Gongoozling for beginners...' by Neil Sadler. Life on the canals of England and what happens when things don't go exactly to plan! This is a light-hearted journey around some of the 2000 miles of navigable waterways with just a small dose of history, lots of humour, a rather wet puppy and only one broken arm... so far! All welcome, entry free. (Meeting and membership info from John Chapman 484470)
- 21st **Lindfield Country Market** – 10-11.15am
- 21st **Film Show Evening: 'Brooklyn'** 12A
Doors open 7.30pm. Tickets (£6) from Tufnells. (Jennie Powell 01444 483431)
- 26th **Lindfield Flower Club** – 2.30pm
Stephanie Laing will demonstrate
- 28th **Lindfield Country Market** – 10-11.15am
- 30th **Sale of Teak Garden Furniture**

AND ELSEWHERE

- 3rd **Mid Sussex Ramblers: Classic Cuckfield** – 10.30am, meet in the village car park
5 mile, moderate difficulty. (Paula 07919 198047)
- 10th Ardingly Choral Society with Mid-Sussex Sinfonia
THE CREATION By Joseph Haydn – 7.30pm
Ardingly College Chapel
Conductor: Robert Hammersley. Soprano: Eloise Irvine. Alto: Jane Haughton. Tenor: Adrian Thompson. Bass: Mark Stone
(Tickets £14 (conc. £12) from Carousel Music 01444 417654. M. Kershaw 01825 791241)
- 12th **Haywards Heath & District U3A AGM** – 2pm
Clair Hall, Perrymount Road, Haywards Heath
After the business of the AGM there will be a presentation entitled 'From Battlefields to Metropolis' by Colin Manton who will talk about the development of Haywards Heath
- 13th **Tiger Arts Lunchtime Concert** – 1pm
Lindfield United Reformed Church
Mark Jennings (classical guitar). Light lunches from 12.15pm.
- 14th **Haywards Heath Ceramics Group** – 9.45am
Clair Hall, HH. 'Welsh Porcelain' by Felix Gambon from the Antiques Roadshow. (Tickets £8 call 01444 483372/414477)
- 20th **Mid Sussex Decorative and Fine Arts Society**
10.15am, Clair Hall. 'A Bit of Slap and Tickle: Constable's Brighton Paintings 1824-1828' talk by Sarah Cove BA (Hons) ACR FIIC FBAPCR
Visitors Welcome £7 on the day
- 22nd **Oathall PTA Quiz Night** – 8pm, Oathall School
(More info email: opta@oathall.org)
- 26th **Mid Sussex Local History Group** – 9.45am
Franklands Village Hall. Lecture entitled 'Lady Somerset and the Duxhurst Colony for Inebriate Women' (New members welcome. Please Contact Joan Corless on 01444 470108)
- May**
- 3rd **NHS Retirement Fellowship AGM** – 10.15am
Franklands Village Hall, Haywards Heath

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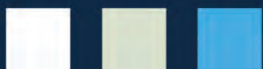
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