

Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

July 2015 Issue #78

Free



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EDITORIAL

By David Tingley, Editor

Well, I think some of us are only just recovering from a terrific **Village Day** last month! I know I speak for everyone on the organising team in saying the day went really well. Chairman Stephen Gray reports back on **page 10** with all the official photos kindly taken by Lindfield resident Clare New. A fun game to play is 'how many faces can you name?!' On **page 12** immediately follows the **Lindfield Village Run**; also massively successful this year. If you score the same points with the run photos as Village Day, you earn a 'double up' bonus!

Jacqui Smith, Lindfield-based interior designer, found herself presenting to a room full of design professionals recently. She tells the story better than I could on **page 16**.

On **page 26** you can read the **Annual Report** published by **Lindfield Parish Council**. This is a great place to get a feel for everything that organisation has done and is doing for the community of Lindfield.

We love celebrating in Lindfield Life and we are very pleased to highlight a **High Street B&B** in achieving excellent status with online travel ratings website TripAdvisor recently. See **Carol Pontifex** proudly with her certificate on **page 5**.

Lindfield Primary School also raised a metaphorical glass when members of the Year 5/6 Athletics Team took home silver medals from the Mid Sussex Quad Kids Final last month. Read more on **page 6**.

Another great award earned recently was given to **Wendy Box** of Lindfield Bonfire Society. The Sussex Bonfire Council recognised the support that she has given to bonfire societies over many years. Well done, Wendy! See **page 4**.

With other news from the youth group at **All Saints Church (page 33)**, **St Augustine's School (page 7)** and the **Lindfield History Project Group (page 37)**, plus an appeal for **stories from a childhood** lived in the village (**page 4**), there is loads to get into this month. Get started over the page!

Issue #78 – July 2015 –
4,500 copies printed

Next magazine copydate:
8th July 2015

Next magazine published:
25th July 2015

Lindfield Life

The Barn, Hurstwood Grange,
Hurstwood Lane, Haywards
Heath, West Sussex, RH17 7QX
Telephone 01444 884115
www.lindfieldlife.co.uk

Editor: David Tingley
Assistant: Claire Cooper
<editor@lindfieldlife.co.uk>
Advertising: Matthew Buss
<ads@lindfieldlife.co.uk>

Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors. Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that there is no breach of copyright. Neither the editors nor the publisher accept any liability in respect of the content of any article, photo or advertisement.

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NEWS

We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Your stories wanted!

'The Lindfield Plays' are a series of short plays currently being specially written by local theatre director and playwright Robin Belfield, to celebrate the rich history of the village. Robin is keen to hear your stories of growing up in Lindfield:

- The stories and memories you have of growing up as a child, young adult or as a parent raising your own children.
- The special occasions in the village, both personal and public.
- Descriptions of what the village used to look like and how things have changed over the years.

Any memories from 1930s up to the present day would be most welcome and may end up in a play performed at this year's Lindfield Arts Festival!

All submissions will remain anonymous, but please remember to include the date. You can write memories down and drop them into SWALK on Lindfield High Street or you can email Robin via limepalmproductions@gmail.com (please mark clearly with THE LINDFIELD PLAYS).

Wendy's award

Lindfield's Wendy Box has been recognised by the Sussex Bonfire Council for her lifetime of service and support to Bonfire. She was presented with a framed certificate at a recent meeting of the Sussex Bonfire Council. Members of the Lindfield Bonfire Society Committee are thrilled that she has been rewarded as she works extremely hard to keep the tradition of bonfire alive in the village, and say her experience and knowledge are valued highly.

LBS welcomes anyone who would like to join and help with bonfire night. Please email for more information: lindfieldbonfiresoc@gmail.com



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A local Bed & Breakfast situated on Lindfield High Street has recently been awarded the Trip Advisor Certificate of Excellence for the second year running.

Carol Pontifex has run the Pilstyes B&B with her husband Roy since 2005, after they lovingly restored the property. Roy, who was an technical consultant by trade, has done much of the work to recreate traditional construction methods to the house which was built in the 16th Century.



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Athletics success

Lindfield Primary School's Year 5/6 athletes were rewarded for their hard work and practice at the beginning of June when they won silver medals at the Mid-Sussex Quad Kids Final. Schools from East Grinstead, Haywards Heath, Burgess Hill and the surrounding area all took part in the event after qualifying with the top scores in the region. Each of the eight children took part in four events (75m sprint, 600m middle distance, howler throw and standing long jump) scoring points for their school. These scores were added to the final 8x50m relay to give each school a final score. Lindfield scored 1650 points overall, missing out on the gold medal and place at the County Final by just 46 points. James Smyth, the school's PE coordinator, was pleased with the children's performance: "What a fantastic event it was. I was particularly pleased with our relay as the children worked really well as a team and we won this event by quite a distance. This is the third year in a row we have been runners-up in this event and every year we have got closer and closer to first place. Hopefully we will go one better in 2016!" Thanks go to Mid-Sussex Active and the Young Sport Leaders from Imberhorne and Sackville who helped organise the event.



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Annual celebration in Scaynes Hill

by Revd Lisa Barnett, Vicar

Scaynes Hill is a small village with an enormous amount of energy!

You only need to look at the village website, scayneshill.webplus.net (which is itself an initiative of the village's sustainability group), to see just how much goes on here. The different groups and organisations overlap, co-operate and collaborate to create the warm and vibrant village that we enjoy.

St Augustine's Church and St Augustine's School share a particular partnership within the village and last month we celebrated this with a joint service for St Augustine's Day. This was the second annual celebration of our shared name, and this year we took as our theme, 'The part I play...'

Children from the school talked about the parts that they play as play-leaders, librarians and members of the school council, and church members talked about their roles as churchwardens, servers and members of the church council. We reflected together on how each one of us has a unique and important part to play in making our school and church what they are.

The children impressed us with their knowledge of the school's values and reminded us that playing our part well is about how we do things, as well as what we do.

A particular highlight of the celebration was a performance from the after school dance club, 'Pop-



steps', led by Becky Stevens. The children danced with great gusto and commitment, filling the church aisles with their energetic moves!

Mrs Tilney, headteacher of St Augustine's School, commented: "It's become a lovely annual opportunity for both school and church to come together for this celebration of our shared name."



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Lindfield Village Day

PHOTO ROUND UP

By Stephen Gray, Chairman Village Day Committee
It is amazing what good weather can do for our major fundraising activities in the village. Based in the centre of Lindfield, the King Edward Hall acts as a hub for many different activities, groups and individuals.

The Hall costs about £70,000 a year to run and with no grant of any kind we have to be self-sufficient. Our day-to-day hirers cover the majority of these costs but major refurbishments have to be paid for from other activities.

The success of the last two years (raising over £8,000 in total each year) has enabled us to finish the refurbishment of our main kitchen. Undertaken over a two week period at the end of May, we are proud to have a highly professional kitchen that meets modern standards and that will last for many years to come.

Village Day this year had a record number of stalls on the Common and such a lot of enthusiastic participation in the caribbean-themed procession.

The Stand Up Inn won the Tug-of-War competition and retained the Brian Newcombe Trophy for another year. Given in commemoration of the man who gave so much of his time to this wonderful village event when he was alive. I know Bryan Derham would also like me to thank those brave souls who stepped into the breach to make up the missing team on the day too!

2015 saw a record number of runners at our Bank Holiday event, with over 750 people taking part (see photos overleaf).

We would like to thank everyone for their support and eagerly look forward to the challenges of 2016!







Lindfield Village Run

PHOTO ROUND UP





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Fundraising for donkeys

LINDFIELD-BASED CHARITY

By Claire Cooper

Every day hundreds of mistreated donkeys in the Holy Land are receiving medical care and sanctuary thanks to the efforts of a charity based in the Scaynes Hill countryside.

Safe Haven for Donkeys in the Holy Land was set up after Brighton-born Lucy Fensom rescued a donkey in Israel 15 years ago, bringing it back to the UK. When a newspaper article about Lucy and 'Donk' attracted a flood of donations, she decided to take the plunge and moved to Israel to set up a sanctuary.

Today the charity has a four acre sanctuary, which is home to over 220 donkeys, and two permanent clinics offering free treatment to around 600 working donkeys each week.

The clinics are also a base for education sessions for owners who rely on their animals and for visits from local schools, colleges and universities.

With all this costing more than £45,000 a month, the charity is striving to raise its profile both locally and nationally, and attract new supporters to raise funds and spread the word in its 15th anniversary year.

Fundraiser Sarah Webster explained: "Lucy quickly realised that, with so many donkeys needing help, bringing them back to this country was not a viable option. It was wiser to use precious funds to treat and care for the animals in their own country, where donkeys are still the main method of transporting building materials and heavy goods.

"We provide simple solutions such as nose band covers to go over chains, to complex medical treatment and a safe haven for mistreated animals. We are also passionate about educating the younger generation about how to look after their animals and bringing an end to the culture of using donkeys as machines, abandoned at the end of their useful lives."

To celebrate the anniversary year, Sarah has launched a new fundraising programme offering something for

supporters of all ages and interests.

The main summer event is a Family Fun Day at Ardingly College Pre-Prep on 26th July from 12 noon.

The day offers a range of family focused activities from paintball, archery, air rifles and rides in an 'Atom car' to fairground rides, a dog show, live music, barbeque, around 35 stalls, an auction and refreshments. There's also a short two mile family sponsored walk around Ardingly reservoir led by Lucy and donkeys!

Supporters can also find out about and sign up to future fundraising events, such as a parachute jump, London to Brighton bike ride and Santa Run, and buy tickets for a raffle with a top prize of a trip to Israel to visit the sanctuary and meet Lucy and the donkeys.

Sarah has also introduced an updated website, silver membership and a new 'deluxe' donkey adoption scheme complete with a large cuddly donkey!

Donkeys up for adoption include Barnie who was abandoned at the side of a road after going blind and Alby who came in with torn and broken ears.

There's also Burnie, who was rescued from a Palestinian village after a young boy had set fire to him when he strayed on to his family's land. "Burnie, named so that no-one will ever forget what happened to him, was covered in burns and was almost put to sleep but after a long recovery period he is now much better," said Sarah. "He lives in a pen of his own at the sanctuary so that none of the other donkeys will knock his still-fragile skin.

"We currently have around 6,000 supporters but are hoping our new schemes and events will attract many more," said Sarah. "As well as organising our own events, we'd love to hear from supporters with ideas for running their own fundraisers and will provide support and backup to help make those events a success."

To find out more visit www.safehaven4donkeys.org or call 01444 831177.



Spreading the word

HOME FRONT

By Jacqui Smith, interior designer

No day is the same in this job. Projects vary, clients' needs are rarely the same and working in private residential, show home and care home design guarantees us variety. Last month was an especially diverse one. We had thirty design boards to prepare for a presentation to our dementia care home client in Poole; we were helping a newly moved-in Barratt David Wilson customer add some show home flourishes to their new home; firming up colours and finishes for a local whole house refurbishment project; meeting with a client to discuss a new show home brief for a site in Hurstpierpoint; preparing for the install of the current show home in Guildford and delivering two training sessions on sight loss friendly design both, coincidentally, in Yorkshire and both for contract furniture suppliers. My first trip north involved delivering an afternoon of interior design training as part of their sales conference. One of the best things about this session was that I was presenting to people who spend their weeks out on the road visiting and supplying to care homes so, whilst I was there to share my knowledge, it presented a fantastic opportunity for me to learn from other people about their own front line experiences.

The purpose of the second trip was to present a CPD session on designing living spaces for people with sight loss, hosted by another contract furniture company and supported and promoted by SBID, the Society of British & International Design of which I am a member. So for the second time in a month I found myself on the Kings Cross to Leeds train and for the second time in a month said train was delayed giving me little time for my ongoing connection to Castleford. Now, being a bit of trainline nerd, I knew that my Northern service train was departing from platform 17. Brilliant, I thought. I knew exactly where that was as I had taken precisely the same route a few weeks ago for platform 16 (I know, the nerd in me again). So, with nose almost pressed to door as

the train came into Leeds and hands hovering over the door release button, I hoofed it from platform 2 to 16/17 in heels pulling my wheelee overnight case behind me. Reaching the stairs for 16/17 I picked up my case and descended the steps to be met with a packed platform of evening commuters. Navigating the throng at speed, with plenty of apologetic but please would you move out of the way smiles and thank yous, I kept going knowing I had less than a minute to make my connection. The thing was that I was on entirely the wrong platform! Had I stopped and looked up when I reached the bottom of the steps I would have seen that access to platform 17 involved a U-turn. Rather embarrassingly the autopilot in me had taken over and I had assumed that my train would be at the end of the packed platform. So, rather red faced and hoping for some Harry Potter-style platform nine and three quarters to swallow me up, I had to turn back and walk past a rather bemused crowd of people and wait for the next train to Castleford. Anyway, the trip was most definitely worth it. The CPD session was well attended by a mixed audience of interior designers, architects and suppliers to the healthcare interiors market. Combining my personal experience of sight loss with my knowledge of interior design is so rewarding for me and better still when I see people apply these principles within healthcare environments. Getting the basics of colour contrast and good lighting right is vital but so often care homes are blandly decorated and poorly lit. The principles apply to public spaces too of course. Well designed civic amenities will encourage people with a visual impairment to use them and keep them independent, which is what they want. Arriving back at Haywards Heath station the other day, David had parked in the new multi-storey and in the stairwells I was delighted to see not one but two different height handrails painted in bright yellow against the grey wall. Top marks, guys!

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Resident exhibiting at Green Tree



'Tis the season to be running!

A Lindfield mum and founder of charity Group B Strep Support has signed up for a 10k charity run and is looking for others to join her.

Jane Plumb MBE founded charity Group B Strep Support in 1996 shortly after the death of her second baby, Theo, from group B Strep infection aged 17 hours. Jane was shocked by the lack of information on group B Strep infections for families and health professionals alike and decided to change this. Group B Strep Support is the only UK charity dedicated to preventing preventable group B Strep infection in babies.

Never one to shy away from a challenge, Jane has committed to running in this year's British 10k in London on Sunday 12th July; an iconic fundraising event with a route around some of London's best known sites.

There are 17 spaces left to run on behalf of Group B Strep Support. Please contact Group B Strep Support at info@gbss.org.uk. Tel: 01444 416 176 www.gbss.org.uk

Lindfield resident Irene Burns is one of seven artists taking part in the Green Tree Gallery's latest exhibition at Borde Hill, 'At the Water's Edge'.

Irene, a retired teacher who has lived in Lindfield for 30 years, has been inspired by the seascapes of Sussex, Scotland and Greece as well as by the frozen water of the Alps.

"I try to create an evocative and dramatic atmosphere rather than photographic realism - although I don't describe myself as an 'abstract' painter," says Irene.

'At the Water's Edge' runs from now until 15th August and features affordable paintings, prints and sculpture alongside the Gallery's usual selection of jewellery, pottery, textiles, toys and cards.

See www.greentreegallery.co.uk for opening times.

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Emma Wickens

VILLAGE PEOPLE

By Claire Cooper

Lindfield's Emma Wickens is a mum with a sense of adventure who loves a challenge.

Over the years she's been jet-skiing, parascending, run half marathons, abseiled down mountains and climbed waterfalls.

But today some of Emma's biggest challenges happen in her own kitchen as she painstakingly creates and ices cakes that are set to be the centrepiece of many special days.

Emma launched WickyWooWoo cakes 18 months ago after a birthday cake she made for a friend's daughter led to a flood of requests. "Everyone loved it, the orders started to come in and my feet haven't touched the ground since."

Orders have ranged from Disney characters to five-tier cascading wedding cakes and even a curled up corn snake, but Emma takes it all in her stride.

"On average I make two cakes a week, although a tiered wedding cake can take all week," said Emma.

"I've got customers all along the south coast as far as Cornwall, have created a wedding cake for a couple in Spain, made Tiffany boxes, an MG car, roulette wheel and sugar shoes in a size 6!"

Emma moved to Lindfield eight years ago after marrying her childhood sweetheart. "We originally wanted to live in Cuckfield but then came across Lindfield and completely fell in love with the village," she said. "We moved here and it's been brilliant - we've never looked back!"

At the time Emma was working in HR. "After leaving school I studied Art and Design at College but jobs were really hard to come by so I ended up doing a variety of office jobs," she said.

Emma continued to work after the birth of her first child, Oliver, but when Jessica came along in 2011 she

decided to take a break from part-time work. "My job in HR just didn't fit around family life," she said.

"However, I soon realised that I needed to start earning money again, so I started restoring and painting wooden furniture and giving it a new lease of life."

With more time on her hands, Emma also started making cakes for family and friends.

"Before long I had to get rid of the wood furniture to make way for cake decorating space," said Emma.

Since then Emma has created an array of celebration cakes, including a bride and groom driving a tractor, fairy castles, spaceships and a wedding cake of stacked suitcases!

"The suitcase cake was for a wedding in London," Emma recalled. "I had to leave home at five in the morning to get to Cisswood House but on the way I had to brake quite sharply and the cake got damaged.

"Luckily I always take my emergency decorating kit with me and had enough time to add to the decoration and cover up the damage!

"Making the suitcase cake was close to my heart as it was based on my own wedding cake which was made by my mum!" Emma added. "We were married in St Lucia and had a reception when we returned to England."

Emma has inherited her culinary skills from her mum, and her decorating and design skills have been enhanced from books or the internet. "There are some fantastic tutorials on Youtube," said Emma.

"When I'm asked to create a new design, I spend quite a bit of time thinking and planning how I'm going to do it, and that can mean quite a lot of research."

One of Emma's biggest challenges was a huge five tier wedding cake, where the bottom tier measured 15 inches across. "The weight was horrendous and keeping the whole thing upright gave me real headaches," she said.



Liz Good Photography

Another challenge was a wicker trug basket filled with tulips. "The handle collapsed minutes before I was due to deliver the cake," said Emma. "I hadn't time to make another one from icing but card and ribbon saved the day!"

On another occasion, Emma turned up to deliver a cake only to find that the wedding had been called off! "The bride donated the cake to the hotel staff," said Emma.

One of the most challenging customers was her own son! "Oliver decided he wanted the Millennium Falcon spaceship from Star Wars as his birthday cake," said Emma. "I'd agreed to make it before I realised what it was – a huge grey spaceship! I did have a panic attack but I got there in the end although I'm not sure I'd like to do another one!"

TV and film characters still remain the most popular themes for children's cakes, with Postman Pat and Thomas the Tank Engine still firm favourites, along with Frozen characters, Iggle Piggle and Raa Raa the noisy lion. 'Naked cakes' still remain very popular for weddings. "That's when you can see the sponge and buttercream but still have flowers and/or fresh fruit decorations cascading around the tiers," Emma explained. "Silver and gold metallics are also big hit this year for cake designs."

The traditional fruit cake has been confined to history, replaced by sponges in a wide range of flavours. "I've made everything from rocky road to banoffee pie," said Emma, who invites couples for a taste test before making a decision. "Those who can't decide can have a different flavour for each tier."

Food allergies also have to be considered. "With new laws and legislations brought into force earlier this year, all baked food products that are for sale require clear labelling," said Emma.

Emma does much of her work in the evenings after the children have gone to bed. "Sometimes I'll work until 3am, but I find it quite therapeutic, particularly making sugar flowers, sculpting and seeing everything come together."

Away from the cakes, Emma's other passion is running. "There's nothing I like better than putting on my trainers and going for a run," said Emma. "I find it clears my head and gives me the space to focus. I've run the Hastings half marathon and my ultimate aim is to run the London Marathon."

Sport has always played a big part in Emma's life. "I grew up in the 'watersports world', learning to water ski at around the age of 10 and over the years enjoying knee boarding, ringoing, skiing, jet-skiing and sailing on my Mum and stepdad's 40ft yacht," she said.

"I have fond memories of 'knee board duals' with my sister, where two of you are towed behind a speed boat independently strapped to knee boards and you try to use the sea spray to knock each other off!"

Emma progressed to parasailing – being strapped to a parachute, which in turn is attached by a long rope off the back of a boat and later took up cycling.

"My husband and I used to take part in the London to Brighton bike ride event and completed it every year for five years in a row, raising money for the British Heart Foundation," said Emma. "I even biked up Ditchling Beacon a few times without stopping - a task in itself!" she added. "I've abseiled down Holyhead Mountain in Wales and I've climbed Dunn's River Falls in Jamaica, a very big famous waterfall!"

However, since becoming a mum Emma's adventures have been scaled back to trips to the park and beach. "We love to go down to the sea on a sunny day," she said. "I feel so lucky to be living and bringing up my children in such a lovely village," said Emma. "And running my own business doing what I love really is the icing on the cake!"

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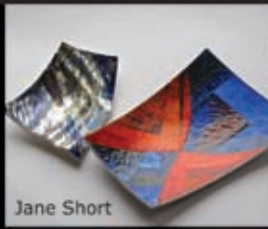
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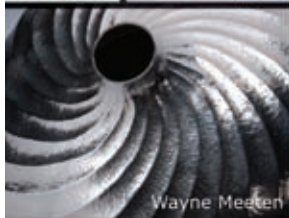
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Lindfield Parish Council

ANNUAL REPORT 2014/15

Parish Office: Clock Tower House, Lindfield Enterprise Park, Lewes Road, Lindfield, RH16 2LH
Telephone: 01444 484115 Email: clerks@lindfieldparishcouncil.gov.uk
Web site: www.lindfieldparishcouncil.gov.uk

Chairman's Overview

Chairman of Council, Councillor William Blunden

Once again this has been an interesting and challenging year for your Parish Council. One notable challenge has been the upgrading of the WSCC streetlights, which, at the time of writing, is yet to be completed and has caused difficulties for some residents.

Due to the lack of a District Plan, developers are taking this opportunity to test the Local Authorities by making unwelcome planning applications such as the Birchen Field site. This is particularly disappointing as local Town and Parish Councils are all working very hard to produce their Neighbourhood Plans, which will represent the views of local people as to where development etc. should go in their particular areas. The current situation flies in the face of 'Localism' and the Parish Council will continue to do its very best to represent Parishioners' views.

However, the Committee reports highlight a number of achievements and we are pleased to report that we have kept the precept to the same amount as last year.

The Parish Council continues to maintain communication with West Sussex County Council and Mid Sussex District Council through liaison with Local Members and Officers and the attendance of our representatives at meetings of various forums such as the WSCC Central Mid Sussex County Local Committee. We are also represented at a number of other bodies, including the area Police Neighbourhood Panel, the Mid Sussex Association of Local Councils, the Mid Sussex Older People's Council, the Scrase Valley LNR Steering Committee and the River Ouse Stakeholders Group, Wates Development Local Liaison Group, the LF Primary School Traffic Group and the Gatwick Airport Town and Parish Liaison Group.

I would like to thank our Pond and Tree Wardens, our Diary delivery team and those who volunteer for the Annual Spring Clean etc. and all those who help in many capacities behind the scenes. I would also like to take this opportunity to thank my fellow Councillors, who willingly

give their time voluntarily and work hard to maintain and improve the village for the benefit of all residents, and the Parish Council Staff for their dedication in serving the Council and local residents.

A warm welcome goes to our new Responsible Financial Officer (RFO), Tracy Ely, who has been appointed to replace Sue Koliem and I would like to record the Council's appreciation to Sue, who will have been with the Parish Council for twenty years in September this year, most recently as RFO and previously as Clerk/RFO for 12½ years.

This is an election year and as ten people have been nominated for twelve seats, we will be looking to co-opt two members early in the new Council year. I would like to welcome new member Judy Durrant and to express appreciation to Councillors Michael Amor, Jane Chatfield and Roger Pickett who did not stand and to thank them for their contribution towards the work of the Council and wellbeing of the village.

Planning & Traffic Committee

(Chairman, Councillor Alan Gomme)

The committee has considered 144 planning applications during 2014/15, most of which came from Mid Sussex District Council but we did also consider the occasional West Sussex County Council application, e.g. for our schools. Of the applications considered, 41 related to trees and 12 to listed buildings. We are always particularly concerned to protect properties within the High Street/Compton Road Conservation Area and also the Areas of Townscape Character, so as to ensure, where relevant, that the guidelines contained within the Lindfield Village Design Statement are followed by homeowners and developers.

The applications normally relate to land, buildings or trees within our urban Parish but last year we did offer comments on a few significant applications within

Members of Lindfield Parish Council:

Cllr. William Blunden
(Chairman)

Cllr. Valerie Upton
(Vice Chairman)

Cllr. Mike Allen

Cllr. Judith Durrant

Cllr. Alan Gomme

Cllr. Stephen Henton

They can all be contacted, in the first instance, via the Parish

Lindfield Parish Council Office is open on Tuesdays 1pm to 4pm, Thursdays and Fridays 10am to 1pm – when members of the public are welcome to come along to look at planning applications for Lindfield, buy concessionary railcard vouchers or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Clerk:
Mrs. Christine Irwin

Deputy Parish Clerk:
Iain McLean

Responsible Financial
Officer: Mrs. Tracy Ely

Lindfield Rural Parish and Haywards Heath Town, where we considered that such developments would have an effect on our own Parish.

Notable applications within our own Parish during the last year included a request for the conversion of the Stables next to the Witch Inn in Sunte Avenue to be converted for residential use, also in Sunte Avenue a request for a pair of semi-detached chalet bungalows to be built on the site of the old builder's yard behind No 67 and an application to modify, extend and refurbish the Old Fire Station behind the King Edward Hall. We made what we hope were useful comments on these applications and in due course all were approved by Mid Sussex District Council but often with conditions which reflected any concerns we had about them.

We commented significantly on the application for a residential development of 48 dwellings on land north of Birchen Lane, which, although it is mainly in Haywards Heath, does include a small area that is within our Parish. In this case our comments and objections mainly related to the traffic flows that would be generated on our road network from such a development. This application was subsequently refused by MSDC in March this year.

Another matter, although outside our Parish, which we discussed at one of our meetings was a flooding issue at the junction of the B2028 High Street and Buxshalls Hill with Park Lane. As we believe that this issue is caused by problems higher up Buxshalls Hill within our own Parish, we have made suitable representations to West Sussex Highways in order to try and get the situation properly addressed.

The Committee has also been considering during the last year how to progress the objective of our Council commissioning a Traffic Survey throughout our Parish in order to seek possible solutions to the many traffic related issues that our residents have brought to our attention. A tender document for this project is expected to be issued shortly.

Neighbourhood Plan

(Councillor Alan Gomme, Chairman of the Neighbourhood Plan Steering Group)

The Steering Group, comprised of Councillors from Lindfield Rural and our own Parish, continued to endeavour to progress our Plan during last year against a background of problems with Mid Sussex's District Plan and amendments by Central Government to both the Neighbourhood Planning process and new guidance on the National Planning Policy Framework.

Having considered these and other matters, a slightly revised Plan, Consultation Statement and Basic Conditions Statement were passed to the Neighbourhood Planning Officer at MSDC for a health check last June, and an independent second opinion on these documents was also obtained. As a result of these checks, MSDC suggested that we should consider further consultations on the Plan with our chosen statutory consultees and this was duly undertaken last autumn for a period of six weeks.

Our Plan was then formally submitted to MSDC last December, who published the Plan for the regulation six week public consultation period during February and March. The responses it received as a result of that consultation can be found on their website. The Plan has now moved into the examination phase and an independent examiner has been appointed. We expect the examination itself to take place over the next few months.

Environment And Amenities Committee

(Chairman, Councillor William Blunden)

The Environment and Amenities Committee is responsible for providing and maintaining the Denmans Lane Allotment Site, the public toilets, some of the

Office, or by reference to the Lindfield Village Directory and Year Book, which contains details of individual contact numbers.

Cllr. Margaret Hersey

Cllr. Simon Hodgson

Cllr. Ron Plass

Cllr. Christopher Snowling

2 vacancies

village street lighting, litter bins, bus shelters and other items of street furniture. The committee also liaises with MSDC regarding management of the Common, the Pond and Hickmans Lane Playing Field and with WSCC on various highway matters. Winter maintenance, the annual Christmas Festival Night and Spring Clean also come under this Committee's remit.

In addition to routine payments, the Committee's expenditure during 2014/15 included the six refuse freighter visits to the Tollgate car park, reprint of the Lindfield leaflet, replacement of three of the Parish Council's street light columns, one of which had been damaged and the other two were marked for planned replacement of concrete columns. There was extra expenditure on the Christmas lights because the lights normally left wrapped round the trees had to be removed for pollarding. These will be replaced for next Christmas.

The two village street map panels were finally installed in March – on the walls of the public toilets in Denmans Lane and the Lindfield Medical Centre. The Parish Council's grateful thanks go to Merie Blundell for a selection of her lovely illustrations and to the GPs at the Surgery for giving permission to put one of the panels on their wall. Subject to the necessary permissions, we hope to install two more of these maps in other locations during the next year.

There is still a demand for allotments and the waiting list is only open to residents of the urban Parish of Lindfield.

Paul Frost retired at the end of March having given excellent service as our Village Orderly since October 2010 and previously as an employee of MSDC's street cleaning contractors. The Parish Council has not yet made plans to appoint a new Village Orderly, which will depend on the outcome of discussions with MSDC and SERCO.

Welcome to our new Assistant Pond Warden, Brodie Branch, who will work alongside Richard Powell.

West Sussex County Council's contractors SSEC have been replacing street lights throughout the village during the last few months. The Parish Council arranged to meet representatives of WSCC and SSEC in advance to discuss in particular the plans for the heritage columns, which were installed as plain standard columns to be modified to heritage style subsequently. The Parish Council carried out a thorough survey of the lights in the village and put together a proposal for heritage style columns in the Conservation Area and certain adjacent roads in the village centre. As this would exceed the WSCC provision, the Parish Council agreed to make a substantial contribution to achieve this objective. At the end of the financial year this work had not been completed and the Parish Council's contribution would be held over to 2015/16.

During the coming year the E&A Committee's priorities are the re-paving of the PO corner and moving

forward with a number of joint projects with Mid Sussex District and West Sussex County Councils, including upgrading the play equipment in Hickmans Lane, maintenance of the post and rail fencing round the Pond and Common and installation of a number of dropped kerbs.

Finance and General Purposes Committee

(Chairman, Councillor Stephen Henton)

The Finance and General Purposes Committee is responsible for overseeing and reviewing the day to day financial matters of Lindfield Parish Council and to recommend to the Council the annual budget and the precept to be levied for the Parish. Staffing and the Parish Office accommodation also come under the remit of this Committee as well as governance, insurance, risk assessment, production of the Lindfield Parish Directory and Year Book and any matters of policy which do not fall clearly within the responsibilities of the other Committees or where there is conflict between them.

Putting together the annual budget is a major task. As Lindfield Parish Council has very little income from other sources, most of its funds have to come from the annual precept which is one element of the Council Tax. In 2014/15 the precept was £152,000, the same as the previous year. If the Committee underestimates the amount required it is unable to obtain any further sums from other sources, other than loans for particular capital projects, so it is essential that reserves are held as a safeguard in case of unexpected but necessary expenditure. Full copies of the accounts are available from the Parish Office. A breakdown of the budget for 2015/16 is enclosed with this report, together with an abbreviated version of the receipts and payments for 2014/15. After careful consideration of the budget for 2015/16, we were pleased to be able to keep the precept at £152,000 for the fourth year running.

The ongoing work of the Committee includes reviewing monthly income & expenditure against the budget, carrying out periodic checks on the financial records and reporting to Council annually on the effectiveness of the internal audit and internal control procedures. The finances of the Council are subject to both external and internal audit – to date no significant problems have been identified and some helpful suggestions have been followed up.

In August 2014 we completed on the sale of our former office in Denmans Lane. The money is being held as a capital receipt safeguarded for capital projects and it is expected that this will go towards funding the proposed new public conveniences on the Common.

It is anticipated that the Parish Council will soon be in a position to go to public consultation on the proposal for the reinstatement of public conveniences on the Common. Subject to the outcome of this consultation, we will then apply for the statutory permissions under planning and Commons legislation.

Each year the Council sets aside an amount of money in the F&GP Committee's budget for grants/donations, either to local village based groups or to organisations whose activities benefit residents of our Parish. In 2014/15 a total of £1,500 was paid in grants to the following organisations: St Catherine's Hospice (£200); Outset Youth Action (£100); West Sussex Mediation Service (£100); 1st Lindfield Scout Group (refurbishment of the Scout Hut roof) (£250); Kent, Surrey and Sussex Air Ambulance (£250); Victim Support (£100); St Peter

and St James Hospice (£200); Mid Sussex Older People's Council (£50) and the Lindfield Arts Festival (£250). A further grant of £1,000 was made towards the All Saints Church Bells Project, funded from the reserves.

Other activities undertaken by the Finance and General Purposes Committee during the year have included strategic matters (review of Standing Orders, Financial Regulations and various policies) and overseeing the recruitment of our new Responsible Financial Officer.

I would like to take this opportunity to give a formal welcome to our new Responsible Financial Officer, Tracy Ely, and to thank her predecessor, Sue Kolien, who has given nearly twenty years dedicated service to this Council, first as Clerk/RFO and latterly as RFO.

Receipts and payments account year ended 31 March 2015

2013/2014		2014/2015	
£		£	
		RECEIPTS	
148,600.00		Precept	152,000.00
103.98		Interest Received	127.01
740.15		Allotments: Rents and Licence Fee	802.64
4,300.00		Village Directory: Advertising	3,485.00
7.00		Village Directory: Donations	12.00
240.00		Christmas Festival Night	330.00
3,760.00		Grants and Donations	-
		WSCC: Contribution towards paving repairs	5,000.00
		WSCC: Re-imburement for grass cutting	789.24
		WSCC: Re-imburement for tree pollarding	2,410.00
		Insurance claims: Allotment shed and front door	4,719.55
11,874.97		Rent: Clock Tower House	7,125.00
		Sale of 6 Denmans Lane	84,170.00
894.39		Other Income	1,234.52
13,648.42	184,168.91	VAT re-imburements	8,872.03
		PAYMENTS	
81,695.33		Administration:	74,715.02
		Capital: repayment of loan for Clock Tower House, associated costs, toilets on the Common	28,927.54
33,933.99		Other Expenditure on Parish Office	2,502.00
1,334.00		Finance and General Purposes Committee	12,191.64
11,034.48		Environment and Amenities Committee	36,271.74
34,313.62		Planning and Traffic Committee	1,081.93
14,113.64		VAT on Payments	8,588.06
10,658.92	187,083.98		164,277.93
	- 2,915.07		106,779.06
SUMMARY			
Opening Balance	162,711.77	Payments	164,277.93
Receipts	271,056.99	Closing Balance	269,490.83
	£ 433,768.76		£ 433,768.76
BANK RECONCILIATION			
Current Account	- 4,409.20		
Business Saver Account	273,764.49		
	269,355.29		
Petty Cash in Hand	135.54		
Total:	£ 269,490.83		

Budget 2015 / 16 (precept £152,000)

Finance and General Purposes Committee		
Administration	112,520.00	
Chairman's Fund	500.00	
Grants/Donations	2,000.00	
Annual Memberships/subscriptions	2,500.00	
Village Directory	6,000.00	
Newsletter/Annual Report	2,000.00	
Members' Allowances	2,500.00	
Sub Total:		128,020.00
Environment and Amenities Committee		
Street Lighting - Energy/maintenance costs	3,750.00	
- Upgrading Street lights	25,000.00	
- Christmas Lights	4,000.00	
Maintenance / gardening	5,750.00	
Allotments	2,000.00	
Christmas Festival Night	1,000.00	
Village Archives	300.00	
Mobile Civic Amenity Freighter	2,000.00	
Denmans Lane toilets - running costs	12,000.00	
Replacement of litter bins	2,000.00	
Digital mapping	250.00	
Joint Project with MSDC/WSCC - Post and rail fencing - Pond and Common	2,000.00	
Grass cutting (High Street)	2,600.00	
Emergency Equipment	750.00	
Joint Project with WSCC: Dropped kerbs	7,000.00	
Joint Project with MSDC: Upgrading Hickmans Lane Playing Fields	5,000.00	
Sub total:		75,400.00
Planning and Traffic Committee		
Miscellaneous	200.00	
Sub total:		200.00
BUDGET TOTAL		203,620.00

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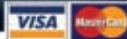
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NATALIE'S INCREDIBLE WEIGHT LOSS JOURNEY

We are going to share a highly emotional story that shows the results of one of our most successful life transformation stories...and it's from an amazing lady who lives right here in Lindfield.

LET US EXPLAIN...

Natalie is one of the most inspirational people in the world to our clients – an incredibly brave girl who has worked so relentlessly hard to achieve her dreams.

When Natalie gave birth to her first son Ryan it wasn't an easy ride. Ryan was born with Spinabifida and Hydrocephalus and at the time it was predicted that he would never walk and would struggle to lead a normal life.

For the next few years Natalie practically lived at the hospital, grabbing food on the go from service stations and hospital canteens.

She then fell pregnant with her daughter Ella and then a few years later her son Ethan was born.

With so much responsibility at a young age, Natalie didn't have the time to dedicate to herself or her own weight.

With every pregnancy the weight crept up and up until she hardly recognised the woman standing in front of her in the mirror.

Natalie weighed more than 19 stone.

SO HERE IS WHAT SHE DID...

Following many failed attempts to join the gym and slimming clubs, Natalie was pretty much ready to give up. It took her more than one month from when she first contacted me to actually attend a session.

I still remember that first day when she walked across Lindfield Common with her best friend Natalie (also called Natalie) so clearly. Because at that moment we all realised that this was going to be a long journey for her.

Once a sprinter at school and always slim and fit, Natalie's fitness levels were a far cry from her track event days. Running left her joints in pain and even getting to the floor was a struggle.

But we took it slowly. I made her feel comfortable within the PPT community and most importantly...she had fun!

AND I'M SURE YOU CAN GUESS WHAT HAPPENED?

Natalie started to move more, her fitness increased and the pain she once suffered was no longer holding her back.

And the weight was literally FALLING OFF HER!
1 STONE...2 STONE...GONE.



LOST 9.5 STONE!



NATALIE HAS LOST 9.5 STONE!

Natalie was transforming in front of our eyes in every way. Soon people heard about Natalie's incredible story and they were so inspired by her that they came to her for guidance. Natalie had become the go to girl for weight loss advice!

SO WHAT HAS CHANGED FOR NATALIE?

The biggest difference I see in Natalie is her confidence and new found thirst for life. She wants to achieve greater things and now has the belief in herself that she can achieve anything.

SHE HAS LOST A TOTAL OF 9 ½ STONE TO DATE AND IS STILL GOING!

She competed in a 5K race just a few weeks ago and smashed the time! She took her three young children to Disneyland Paris ALONE the holiday of a lifetime. She has built an incredible community of close friends that support each other every day. She has overcome depression and extremely low body confidence and can now see that she DESERVES to feel good about herself.



THE LESSON HERE IS VERY SIMPLE...

Once you find expert knowledge and support within your health & fitness programme, it soon becomes more than just a fitness class.

Our tailored programmes treat each and every person that comes to us as the INDIVIDUAL they are. Everyone has their own problems and worries which means that everyone requires support in different ways.

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If you want to learn how you can use Potential Personal Training to turn your life around just like Natalie, simply call us at the studio and talk to one of the team; we would be happy to help.

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Photo: Phil Hale

Building a good foundation

By John Barling

A group of twenty 16-18 year olds from All Saints, together with six of their adult leaders, will be going to Romania later this month to lay, under experienced local supervision, the foundations for another family home for the charity Caminul Felix, an organisation which the church has supported both financially and practically over many years.

In October an adult team of volunteers will be following in their footsteps to build the superstructure, as last year when All Saints church sent a team of 30 volunteers over two weeks to construct a house for

a young Romanian family to buy and live in. The build cost was covered by the Lindfield church but the family themselves pay the small mortgage back to Caminul Felix.

If you would like to be part of this year's team in October, do please get in touch with Phil Hale (phil@phale.fsnet.co.uk 07968 585114) who will be pleased to explain what's involved. If you missed the time lapse video of the 2014 build, to see what you would be doing, check it out on YouTube at <https://goo.gl/yNY1Y2>.

We wish the youngsters well and look forward to hearing about it when they get back.

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Summer salads

SIMPLY GOOD FOOD

Bulgar wheat with peppers

In a large bowl combine the finely grated rind and juice of 1 large lemon, 450ml HOT vegetable stock and 175g bulgar wheat. Cover with a teatowel and leave to stand 20-30 min to allow the grains to absorb all the liquid.

Meanwhile tip a thinly sliced large onion and crushed garlic to taste into a frypan. Add a little oil and sprinkle with 1tsp sugar. Gently cook until soft and golden brown. Cut 1 red and 1 yellow pepper into bite-sized pieces, discarding the seeds, and add to the pan. Cook until beginning to brown.

Add to the bulgar wheat with a small handful of raisins, pinenuts and sunflower seeds. Sprinkle over 30ml sesame or hazelnut oil and season well.

Roasted vegetables with quinoa

Cook 4 portions of quinoa to packet directions, adding a spoonful of vegetable stock powder to the liquid.

Meanwhile cut a peeled and deseeded butternut squash, 2 red onions and 2-3 carrots into bite-sized chunks, toss with a little oil, salt and pepper and 2-3 tsp harissa (or a little curry powder) and arrange in a single layer in a baking tin. Roast at 200° until golden brown and tender.

For the dressing whisk together 3tbs each of tahini (sesame seed paste), lemon juice and olive oil, ½tsp turmeric and seasoning to taste. Stir into the hot quinoa then add the vegetables and gently combine.

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By Caroline Young

Happily the weather is improving, the barbeque has been dusted down and hopefully we can look forward to some meals outdoors. To go with grilled meats, poultry and fish I like to have a selection of fairly substantial salads based on pasta, rice or grains. With these salads you can be more adventurous with the dressings, adding such ingredients as fresh ginger, tamari and flavoured oils. Once assembled leave the salads at room temperature for 1-2 hours to allow the flavours to blend. They are happy to sit in the fridge for several days, to be dipped into when required. If possible, for the best flavour, do let them come to room temperature before eating. They all serve four generously.

Nutty pasta salad

Cook 4 portions of small pasta shapes such as spirals or penne to packet directions.

Meanwhile whisk together 2tbs EACH of smooth peanut butter, lemon juice and soy sauce, 1tbs grated fresh ginger root, 1tbs soft brown sugar and 45ml olive oil. Season to taste. Drain the pasta and tip into a serving bowl. Add the dressing and gently stir to combine. Add a handful of sliced spring onions and some sliced water chestnuts. Serve sprinkled with toasted chopped peanuts.

Rice with mango and apricots

Cook 4 portions of brown or white rice to packet directions.

Meanwhile whisk together 3tbs EACH of olive oil, soy sauce, the finely grated rind and juice of 1 lemon and seasoning to taste. Add to the hot rice with a handful of chopped dried apricots. Leave to cool.

Serve topped with sliced fresh mango and toasted chopped cashew nuts.

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Summer holiday

Visiting four of the National Trust properties scattered across Norfolk and Suffolk, exploring Sandringham House and its extensive gardens, spending an afternoon discovering Norwich, boating on the Broads and taking the North Norfolk steam driven train between the hamlet of Holt and the attractive seaside town of Sheringham was the agenda for the recent holiday organised by the Cuckfield and Lindfield Probus Club.

A 'sell out' tour, coordinated by member John Crook, enabled more than 40 members and partners to enjoy an action packed five days inclusive of seafront accommodation at Great Yarmouth and coach travel from and to Lindfield. Even a transient sun came along for the ride!

Full details of this holiday and other promised Probus events can be obtained by contacting Richard Mason on 01444 453672.

Haywards Heath Ceramics Group

Last month Paul Atterbury (BBC Antiques Roadshow), gave members a true insight into 'The Story of Poole Pottery'. He explained that 'Poole' pottery is different from most English Pottery as it is made from the terracotta clay found in the region.

Poole Pottery was originally 'Carter's Industrial Tile Manufactory' and the Carter Family were involved with Poole Pottery for six generations until its sale in the 1950s. In the 1850/60s the main products were tiles and industrial products and in the early part of the 20th century Carters became a major producer of printed tiles with lustres and faience designs. Many of these were used (and can still be seen) on the outsides of public houses, in underground stations and even in hospitals. Two notable commissions were a memorial fireplace in 1922, which is still in place at Rugby School, and the 21ft high Durban War Memorial in 1925.

From the 1920s Cyril Carpenter encouraged visitors to the pottery, which was now producing small inexpensive items which were sold in the gift shop. Sadly, the original factory has been demolished but there is still a Poole Pottery studio and shop on Poole Quay.

For more details please look at the website: www.hhcg.org.uk/

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Collabro flying high

Britain's Got Talent
Winners, Collabro, were
in Lindfield recently
recording their latest
album which was released
on 1st June.

The choral group
won the competition in
2014 and their second
CD, called ACT TWO,
entered the UK album
charts at number two.
It was recorded at the
studios of morganpochin,
run by husband and wife
producers James Morgan
and Juliette Pochin.

Juliette commented:
"They all enjoyed a drink
in The Witch and they also
had some fun on our zip
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video caused quite a stir
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Fairway bunkers

TEERING OFF

By James Verrall, Head Golf Professional

Fairway bunkers are positioned strategically around the course to catch any wayward drive or wrong club selection. Finding them presents you with a challenge, but follow these steps and the fairway bunker will be a challenge you will relish.

If you hit too much sand the ball will stay in the bunker. Hit it too clean and it will catch the top lip of the bunker.

Select a club that will get the ball high enough to clear the edge of the bunker. On a very low lip bunker you could even use a hybrid. The key is to take the ball and as little sand as possible.

Position the ball closer to the left heel (right heel for left hander), this will help to create a shallower angle of attack and get you hitting the ball slightly on the upswing.

Hold the club a little lower down and grip tight. Shortening the club will give it less chance to hit the sand first. Gripping tight gives you less chance of breaking your wrists, something else that would cause you to hit too much sand.

When hitting the shot try to keep body movement to a minimum on the backswing. Also keep to a $\frac{3}{4}$ length swing which will give you more control. There is very little room for error with this shot, so we want as much control as possible.

Remember try to clip the ball off the sand ...

Fancy giving golf a go with your family? We are holding an HSBC GOLF HOUR during the weekend of the Open. On the 18th July 3-4pm we will open up our range with free balls and goodies for all families and children who come along and give golf a try. No need to book ... just come along!



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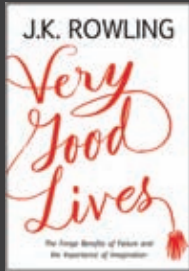
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Very Good Lives by J.K. Rowling

BOOK REVIEW

By Cavan Wood

The subtitle of this book is 'the fringe benefits of failure and the importance of imagination'. Given as an address to students on their graduation from Harvard University in the USA, this is a powerful book of common sense and inspiration. Rowling shows her audience how she herself experienced the highs of a good university education only to have a failed marriage and become very poor, saved eventually by her stories about a boy wizard called Harry. There are too many books out there about how we should think positively and that if we just do that then we will find new possibilities. Yet Rowling makes a compelling and highly personal case that failure can and is often the mainspring of imagination and transformation. Her experience of working for Amnesty International meant that she came to understand the sufferings of and evils done to others, so that even in those difficult times she seldom succumbed to self pity. So, is this just a successful person telling you the secret of how she did it? The attitude to failure as a potential liberator rather than as a jailer is one worth reflecting on. The need for the development of an enlightened imagination is never more needed. Read it and be inspired!

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Former Lindfield pharmacist discovers natural health

Nicola and David McCarthy have come a long way on their journey to health. From losing a child to cancer, to running one of the UK's first integrative pharmacies, to celebrating two years of commercial success at Big Life Organics in Haywards Heath, their commitment to natural health in the local community is unparalleled.

Over the last 2 years, husband and wife team David and Nicola have poured every ounce of energy into building their dream, creating a place where natural health is king at Big Life Organics in Haywards Heath.

"There is so much you can do for your health that doesn't involve doctors, or medication," says David who has helped literally hundreds of people to overcome distressing and often debilitating conditions.

Nicola and David live locally and are no strangers to local business. "I used to advise people on health issues as a pharmacist in Lindfield," says David who owned and ran Harmony Pharmacy for many year. "But I discovered through great personal loss that the medical profession does not have all the answers."




When his 10-year-old son Jonathan was diagnosed with incurable cancer, it forced David to rethink his own approach to health. He turned to the healing powers of food and quickly made the connection between diet and health. After Jonathan's passing, he and Nicola immersed themselves in the study of macrobiotics, becoming highly qualified and respected health counsellors and teachers.



Photo by Eddie Howland

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- 2nd **Lindfield Country Market** – 10-11.15am
- 6th **Autumn Club Meeting** – Social Afternoon
- 9th **Lindfield Country Market** – 10-11.15am
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- 11th **Lindfield Horticultural Society Summer Show**
2-4.45pm. Summer show of flowers and produce. Home-made cakes and coffee will be on offer as well as a sale of plants. Entry £1, children free. All Welcome. (Enquiries tel: 456509)
- 16th **Lindfield Country Market** – 10-11.15am
- 19th **Sale of Teak Garden Furniture**
- 21st **Lindfield Flower Club** – 2.30pm, Lucia Dean Taylor will demonstrate flowers to delight (Contact Norma Smith on 01444 414562)
- 23rd **Lindfield Country Market** – 10-11.15am
- 25th–2nd **The Adventurers' Art Club Annual Exhibition:**
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- 7th **Age UK** – Redwood Centre Haywards Heath 2–4pm (fortnightly every Tuesday). Tea Dance £2 per person. Tea and cake included
- 8th **Haywards Heath and District U3A** – Clair Hall 2 –4.30 pm. Sussex author Phil Pavey will be giving a talk on the civil war battles which took place in Haywards Heath and West Hoathly. Admission £1 (includes tea or coffee and biscuits)
- 11th **ROC on Saturday** 3-4.30pm Fortnightly over 55s event; tea, cakes, plus activities (01444 482428)
- 14th **NHS Retirement Fellowship**
Outing to Polesden Lacey
- 14th **The Group** – a club for single men and women aged 45+ meets in Burgess Hill on the 2nd Tuesday evening of every month. Theatre, golf, dinners, walks, arts & music, holidays. Not a dating agency (www.thegroup.org.uk)
- 21st **Age UK** – Redwood Centre Haywards Heath 2–4pm (fortnightly every Tuesday). Tea Dance £2 per person. Tea and cake included.
- 28th **Mid Sussex Local History Group** – Franklands Village Hall 10am. Lecture on 'Vines and Wines'. New members welcome, we meet on 4th Tuesday of each month (Joan Corless 01444 470108)
- 25th **ROC on Saturday** 3-4.30pm Fortnightly over 55s event; tea, cakes, plus activities (01444 482428)
- 26th **Safe Haven for Donkeys Family Fun Day** – Ardingly College Pre-Prep 12 noon. Activities from paintball, archery, air rifles and rides in an 'Atom car' to fairground rides, a dog show and live music.

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