

Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

November 2013 Issue #56

Free

Christmas gifts from Lindfield

page 21

Meet a local music producer

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Make it with apples

page 28



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EDITORIAL

By David Tingley, Editor

It's always great to begin a magazine with celebration - and that's exactly what we are doing over the page. Congratulations to **Maxine Hayes** and local charity **Group B Strep Support** who both won **awards** recently.

There is lots of other news this month with a fair amount of it referring to **Christmas** activities and events which, of course, is just around the corner. Many of us will begin scratching our heads soon about what presents to buy for those nearest and dearest to us. On **page 21** of this issue we are challenging readers to source their gifts from the village this year. We've tried to highlight the range and quality of products and services available in our three pages of **gift listing**. Maybe you can get some ideas but I hope that it will inspire you to set aside some time to wander up and down the High Street and **'buy local' for your presents this year**.

Obviously you can't obtain everything from the village but, having personally collated the list, I can say there are plenty of lovely gift ideas right here on our doorstep. Other benefits include the free parking! Many of us could even walk from home. And, of course, it's always advisable to rest midway through your shopping expedition, so a cuppa and a piece of cake is a good idea too!

After your shopping trip, why not take the weight off your feet and read about a music producer who lives in Lindfield. **Juliette Pochin** sits in the **Village People** hot seat as she tells Claire all about the up and coming child-star choirboy **Jack Topping**. Jack has just recorded his debut album in Juliette's studio. Get the lowdown on **page 30**.

Plus we have the usual suspects: **Cavan's book review** on **page 32**, **Caroline** tells us what to do with all the apples on **page 28** and **Jacqui** shares more about the **designer life** on **page 26**.

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Lindfield Life

Brooklands Barn, Rocky Lane,
Haywards Heath, RH16 4RR

Telephone 01444 884115
www.lindfieldlife.co.uk

Editor: David Tingley
Assistant: Claire Cooper
<editor@lindfieldlife.co.uk>

Advertising: David Tingley
<ads@lindfieldlife.co.uk>

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Published by Nipper



David Tingley
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We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

GBSS wins friendly award



At a recent awards ceremony, Lindfield resident Jane Plumb MBE, chief executive of charity Group B Strep Support (GBSS), was delighted to receive the Friendliness Award for Best Voluntary Organisations (FabVorg) 2013 from the Mid-Sussex South Council for Voluntary Service.

Charities and local groups were nominated by volunteers. Margaret Gomme, who nominated GBSS, said: "I really look forward to spending my Mondays in the office doing all sorts of interesting jobs. All the ladies I work with are very friendly and welcoming."

BSW support African township



Lindfield-based BSW Building Services is donating its time, money and specialist expertise to good causes in the Chinotimba Township, Victoria Falls, Zimbabwe by undertaking and financing building improvement works for the most needy social groups.

The first project is at a refuge for homeless old people, which has no perimeter wall around the site. This allows people to use the grounds as a short cut and leaves vulnerable residents with no privacy. Construction of a 330 metre perimeter wall has now commenced, which BSW is financing.

Local resident John Belliere, BSW's Executive Chairman, visited Victoria Falls. "Helping people less fortunate than ourselves, if we have the means to do so, is important to our company and a privilege to me personally," he said.

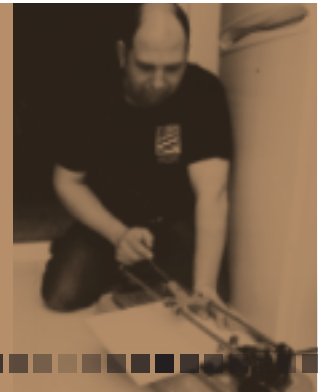
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Business woman awarded

Maxine Hayes, Lindfield resident and owner of Potential Personal Training, has been awarded 'Leading Fitness Professional & Entrepreneur of 2013' by a US business coaching company.

Her business was only officially launched last summer and is going from strength to strength. Maxine recently expanded the business by opening a small studio on Lindfield High Street and she now also employs an office manager and one other lead trainer.

The business event, which was held near Heathrow in September, gave Maxine the opportunity to address the conference and tell her story.

Maxine explains: "It's an amazing feeling to receive recognition for what I have done with my business. It's by no means been an easy ride but to know that I've inspired others to achieve the same makes it all seem worthwhile!"

She started the business while being a single mother to her young son. Her message is: "You don't need to let your circumstances prevent you from achieving your dreams."

Potential PT are keen to expand the team and are always looking to help local like-minded people who are hoping to achieve a career in the fitness industry.



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Remembrance service planned

By Kathleen Rusby, Hon Secretary Lindfield Branch
The Royal British Legion

On Sunday 10th November, the Lindfield Branch of The Royal British Legion will hold the usual Remembrance Day Service at All Saints Church to honour the fallen of WWI & WWII and the more recent conflicts.

The programme for the Parade will be much the same as in previous years with the local youth organisations joining in and the primary school children taking part in the Church Service. The Branch Standards, members of the Lindfield Branch and members of the Women's Section will 'fall in' at the War Memorial All Saints Church at 2.45pm. The Boys' Brigade, the Lindfield Scouts, Guides and Brownies will form up behind the Branch members. Megan, our volunteer Trumpeter, will act as Bugler. The Branch Presidents and the representatives of the local organizations will lay wreaths to honour the fallen.

Will those who wish to attend the services assemble at All Saints Church by 2.40pm.

Older People's Week

Last month Mid Sussex Older People's Council held Older People's Week as it encouraged us all to celebrate the contributions that older people make to our society and economy - and helped even more older people to feel able to get active and involved.

Mid Sussex Older People's Council is a local registered charity set up and run by older people. All its committee members are aged 60 or above, with the oldest of them reaching 80 this year.

The group is not just seeking to improve the lives of older people living in Mid Sussex but also is actively involved in other interest groups, for instance covering specific issues such as diabetes, bereavement and housing or holding other positions, e.g. on a parish council.

Did you know, for instance, that older people are the mainstay of a large part of the volunteering that takes place across the country. They make a huge contribution through their commitment and accumulated experience, with 30% of those aged 65-74 and 20% of those aged over 75 doing some form of volunteering.

One in six older people are carers. Half of all carers live with the person they care for, with one third caring for 20 or more hours a week.

The number of people aged 65 or over in work recently increased by 30,000 to more than a million.

To find out more about its committee, events or sign up for the newsletter visit www.msopc.org.uk



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Remembrance Concert held at Dolphin Centre

The Annual Mid Sussex Remembrance Concert will be held on 10th November at the Dolphin Centre Haywards Heath at 7.30pm in aid of the Royal British Legion.

Ardingly Choral Society has engaged Mid Sussex Sinfonia along with Ashdown House, Tavistock & Summerhill and Ardingly Prep School choirs to ensure the customary range of outstanding items. Mozart's beautiful Requiem comprises the second half while the first half starts with Hammersley's moving Remembrance, followed by the children performing 'Songs for Friday Afternoon'. Then will follow Borodin's exuberant Polovtsian Dances and Verdi's Grand March from Aida and The Chorus of the Hebrew Slaves, thereby celebrating the anniversaries of the birth of Verdi (1813) and Britten (1913). Everyone is then invited to join in a heartfelt rendition of Jerusalem.

The soloists are well known both locally and nationally: Eloise Irving (soprano), Cuckfield's Jane Haughton (alto), Andrew Sinclair (tenor) and Mark Stone (bass).

Tickets £14 (Conc. £12) are available from the Dolphin Centre Box Office, Carousel Music - 01444 417654 & Mrs S. Ventham 01273 831264.

Church opens Memorial Garden

In September 2011 St. Augustine's began to build an annexe to the church in Scaynes Hill. This was a long held dream to provide meeting rooms and a kitchen. The annexe was completed in 2012 and since then the church has been able to use it for meetings, children's church, youth club and a weekly café.

While the building work was going on the Memorial Garden had to be closed and the memorial tablets covered to preserve them. Since the work has been completed a new path has been laid, a statue and bird bath resited and trees cut back. A new memorial flower bed has been established, with roses and lavender newly planted. Last autumn a working party planted bulbs to naturalise in the grass and the seats were refurbished. Their aim was to create a quiet place for reflection and remembrance.

A Memorial Service & Re-Dedication of the Memorial Garden will be held on Sunday 3rd November at 2pm, followed by the re-dedication at 2.45pm. Tea will be served afterwards in the church annexe.

This is a service of remembrance for all those who have died. Everyone is welcome to attend, to remember and give thanks for those they knew and loved. For further information contact Rev Lisa Barnett on 01444 831827.



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Remember someone you love this Christmas

Losing someone we love is one of the hardest things we have to face, especially at Christmas. This year St Catherine's Hospice invites you to dedicate a light in memory of your loved one on our Tree of Light.

When you sponsor a light, the name of your loved one will be entered into our Book of Remembrance. You'll receive a silver star, on which you can write a tribute and keep, or return to us to hang on trees at the hospice.

You can also attend one of our remembrance services. Our main Tree of Light service takes place at K2 Leisure Centre in Crawley on Sunday 1st December at 4pm.

For more info or to sponsor a light visit the website www.stch.org.uk/treeoflight or call 01293 447374.

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Photo by MTL

Lindfield Bonfire Night

Lindfield Bonfire Society will be holding its annual Bonfire Night celebrations for the people of Lindfield on Tuesday 5th November this year.

- 6.30pm** Fancy Dress Competition - King Edward Hall
- 7.30pm** Torchlit Procession leaves KEH, proceeds down Black Hill, right into Hickman's Lane, past the Witch Public House, continuing along Pickers Green where we pause for re-torching. We then turn right into the High Street between Doodie Stark and Barnlands, continue down the High Street and on to the Common opposite Pondcroft. The procession will cross the Common to the fire site, where we will have the traditional bonfire prayer.

8.15pm Grand Firework Display

Roads will be closed between 6.30pm and 9pm. LBS would like to remind all attending that letting off fireworks of any kind, including sparklers, in a public place is not allowed.

We would welcome more members to the Society as every subscription goes towards the cost of the fireworks, hire of the Common, road closure fees and all the other expenses involved in organising such a large event. Proceeds from the night of the 5th are donated to local children's charities, so it is important that we fundraise throughout the year.

Details of Standing Orders for an annual contribution to Lindfield Bonfire Society can be found on the group's website: www.lindfieldbonfiresociety.co.uk

LINDFIELD VILLAGE CALENDAR



Lindfield Bonfire Society 2014

www.lindfieldbonfiresociety.co.uk
Facebook: Lindfield Bonfire Society

Lindfield Bonfire Society are delighted to inform you that the **2014 Lindfield Village Calendar** is now on sale at **£6** a copy. These are A4 sized, with full colour prints onto white paper, wire bound with a hanging clip and a stiff card back.

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All money raised from sales is in aid of Lindfield Bonfire Society, and help fund Lindfield's November 5th Display

Lighting up the country's tallest Christmas tree



Get into the festive spirit as the lights are illuminated on England's largest Christmas tree – a towering 118ft giant redwood at Wakehurst Place in Ardingly.

The tree will be lit up at a special ceremony at 4.30pm on Sunday 1st December.

As part of the countdown to the switch-on, a choir will be singing near the tree, there will be children's activities and an opportunity to enjoy festive food and drink. Christmas trees will be on sale and the Visitor Centre will be open for relaxed Christmas shopping, with a wide range of gift ideas.

Once lit up it can be seen for miles around and is the centrepiece of Christmas festivities at the Wakehurst estate. Following the switch-on ceremony the tree will be lit daily from 3.30pm until 5th January.

Christmas radio station to return

Lindfield United Reformed Church, along with young people from local schools and churches, will be running a festive FM radio station broadcasting to Lindfield and Haywards Heath from 15th December to Christmas Day.

The Gift FM will fill the airwaves and local homes with the sounds, spirit and message of Christmas. You will hear Christmas classics and discover new festive tunes, as well as having the chance to listen to live carol concerts, performances and church services.

Everything you will hear is prepared, produced and presented live from Lindfield by an enthusiastic band of young volunteers who learn a range of new skills during the project (including how to get out of bed very early in the morning!). This is your radio station so there will be opportunities for the whole village to get involved on air or online. For more information visit thegiftfm.com or follow @thegiftfm on Twitter.

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Free Boilers & Insulation

As part of a new government initiative (ECO), if you are receiving certain means tested benefits, you could be eligible for a grant to install a new boiler together with loft and cavity wall insulation.

To be eligible you must fully or partly own your home or rent from a private landlord, and at least one person living there must be in receipt of the qualifying benefits.

To find out if you are eligible contact our heating team on **01444 831138** or email us at warm@bsw-bs.co.uk



Lindfield Head to retire

The Governing Body at Lindfield Primary School recently received an official notification that the head teacher intends to retire next year.

Bob White, who has worked at the school for over 20 years and been head teacher for 12 years, has spent some considerable time coming to the decision and says it will be the right time for him to step down.

The school is currently undergoing a dramatic overhaul of its buildings and facilities as West Sussex County Council spend over £4m transforming the site into one of the largest primary schools in the area. When completed in June next year it will have places for over 600 pupils.

Bob's retirement will come into effect from 1st September 2014. He has purposefully given the School Governors a long period of notice. Simon Head, chair of Governors, explained: "The school faces a number of exciting challenges and opportunities over the coming years and it is right that we spend time selecting the very best candidate to lead the school into the future."



Fairy Tales on show at King Edward Hall

An evening of classic fairy tales told in a variety of different ways will entertain audiences at The King Edward Hall this month.

Locally based theatre company The Barefoot Players will present 'Winter Fairy Tales' on 15th November at 7.30pm.

The event promises new versions of classic fairytales, brought to life in an evening of whimsical storytelling and performance. The group will also be keeping hunger at bay with cakes and bakes.

Tickets are £6. To book email boxoffice@barefootplayers.co.uk or call 07505777613.

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School celebrates Arts Week

What do aliens, clowns, chocolate bars and Winston Churchill have in common? They all played a part in the recent Arts Week activities at Blackthorns Primary School!

The children spent a week exploring the theme of 'Messages' along with local artist and Blackthorns parent Andy Bartlett. During a fun packed week, the youngsters looked at the ways people have communicated with each other over the years.

From early story telling tapestries to the modern world of social media, each class worked on a different theme.

Younger children created their own post office, designing stamps based on fairy tale characters and posting letters in their unique tree stump post box. Older children, already studying World War II, chose to delve deeper into the power of wartime propaganda messages and designed posters to convey Blackthorns' messages to their classmates.

Some children explored the world of advertising, producing their own chocolate bar, designing the wrapper and making their own television adverts, while others dressed as clowns to perform mimes -much to the delight of fellow pupils and parents!

"When I arrived I was impressed to find that the teachers and children already had lots of ideas for us to work with," said Andy, "but they were also willing to listen and learn how to develop their ideas, which has



been extremely rewarding. We've looked at traditional methods but embraced new technology, which has allowed everyone to work at their own pace. I have loved every minute!"

Art and Design Co-ordinator Sara Neller, who organised the event, said: "It's been an incredibly exciting week with amazing things going on, from dance and drama to our artist in residence who has taken all our ideas to a new dimension. All the teachers had clear ideas of what they wanted to achieve and have worked incredibly hard. Seeing everything come together has been amazing!"

The week also marked the launch of Andy's innovative 'Solar School' learning skills resource programme, which is set to be rolled out to schools across Sussex in a joint project with West Sussex County Council.

National Infertility Awareness Week October 28th to November 3rd 2013

Are you, or is someone you know, having trouble starting their family? According to the HFEA, 1 in 7 people are.

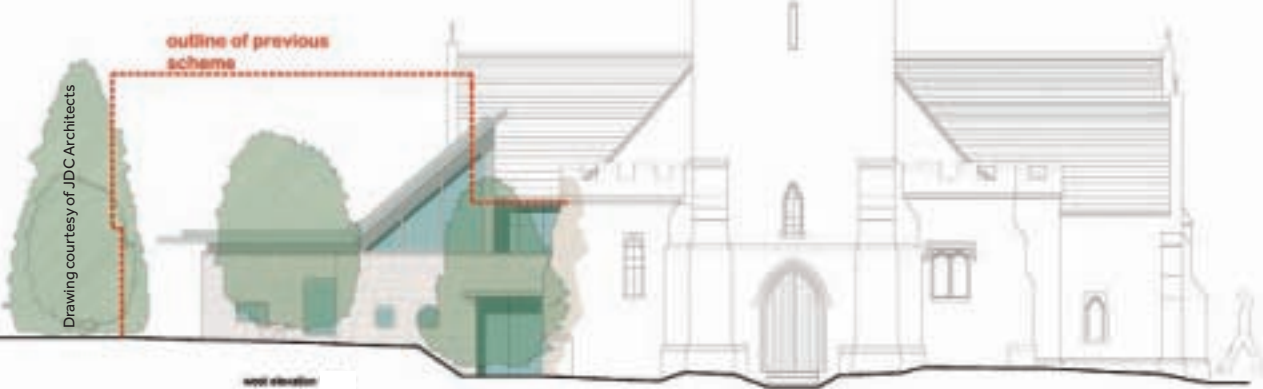
On November 2nd and 3rd, The Fertility Show will be on at the Olympia Exhibition Centre, London W14 (www.fertilityshow.co.uk) to give information and advice on fertility. There is no other event where so much fertility expertise is available in one place, at one time.

Lesley Reed is one of the acupuncturists representing The British Acupuncture Council at this show and will be part of the team offering free 15 minute consultations during the course of the day (stand 110).

If you are unable to attend the show, a free telephone consultation can also be offered, so please contact Lesley on 07808 248772. She works from The Clinic at Borde Hill and home visits can be arranged.

Visit www.reedacupuncture.co.uk for more information.





Drawing courtesy of JDC Architects

Church updates village on vision

Last month All Saints Church held a public 'Update' meeting on the ASPIRE Church Development Project. The presentation, which was attended by over 120 people, was a follow up to an event held in March this year. It gave the opportunity for revised (provisional) plans to be shown and commented upon in an open Q&A session.


Roy Ransley, chairman of the ASPIRE Steering Group, explained how the church's vision was one of equipping the church for the next 50 years. "We are custodians of a place of worship that is over 800 years old with many generations before us have played their part in securing its future. Now is our turn and we want to make a church that is able to respond to the needs of a new generation."

The plans include internal transformation of the

worship area and the construction of a North Annex built out onto the existing churchyard. Following March's consultation the plans have been revised to significantly reduce the impact of the North Annex outside the church. It now features a much lower roofline and is built into the higher ground level next to the existing church building.

The scaffolding surrounding the tower now is part of the essential repair phase of the project as the tiles, or 'shingles', are replaced during this month. It is expected that the church will remain under scaffolding until just before Christmas.

For more on this and any part of the project go to www.allsaintslindfield.org or contact the church office on 01444 482405.



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Let the train take the strain

Make this year's Christmas shopping more fun by taking the steam train to East Grinstead.

On selected days catch the 9.45am train from Sheffield Park, calling at Horsted Keynes at 10am, and explore the historic market town of East Grinstead for those sought-after special gifts for your friends and family.

Enjoy lunch in one of the many cafes or bars before returning on the service from East Grinstead.

Plus, all passengers will be provided with a special Christmas shoppers discount book with many offers and discounts at a number of different shops and restaurants.

Free car parking is available at both Sheffield Park and Horsted Keynes stations.

A special Christmas Shoppers discount fare of just £5 per person will apply when travelling on the above services.

Christmas shopping specials will depart on Saturdays 16th, 23rd and 30th November, plus Monday 2nd December (different train times apply).

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Learn to write, or improve your skills, with local author Alison Carter, a published writer of hundreds of stories and serials, copywriter and tutor in creative writing.

The course will run over six Tuesdays in the new year (January 7th – February 11th 2014, 7.45pm – 9.45pm) at Fika, village tea rooms, 64 High Street, Lindfield.

Read and investigate short stories, work on technique and get lots of writing practice. The course will cover writing short stories for pleasure and for competition entry, and how to get paid for your short fiction. Develop skills for all writing projects, including the novel inside you!

In the final week Clare Christian, The Book Guru, will give professional advice on editing, publishing and selling.

Fika staff will be on hand for those who need refreshment and fuel for their creativity!

The cost is £95 for six weeks. Contact details below.

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'Terrifying' winner

Congratulations to six year old Georgia Bartlett who won the signed copy of Jill Lewis' new book in the reader competition last month. Georgia's 'little something' is called Mrs Terrifying. Well done Georgia!



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Your Neighbourhood Plan – Pre-Submission Plan

Cllr Alan Gomme, Chairman of Lindfield & Lindfield Rural Neighbourhood Plan Steering Group.

I'm happy to report that excellent progress is being made by the Steering Group and our consultants from Action in Rural Sussex and rCOH. That progress includes the Pre-Submission Plan, essentially a draft, being agreed by both Lindfield & Lindfield Rural Parish Councils and the publication of it by Mid Sussex District Council.

The Pre-Submission Plan contains a number of policies that have been drafted following considerable interaction and consultation with residents of our parishes over the last 18 months. These policies will apply for the plan period up to 2031 and include areas where Mid Sussex District Council and the Parish Councils will encourage some small developments and changes, and other areas where development will be resisted. However, given the recent history of about 250 new houses having been granted planning permission in our parishes since April 2012, there is no requirement within the plan to provide for any large housing developments.

Starting in late October or early November, there will be a consultation period of six weeks, during which time you are able to review the plan and comment on it should you wish to do so. It will be available on the Lindfield Parish Council's website and there will be the appropriate link to that from Lindfield Rural Parish Council's website. If you would prefer to read a printed version, these will be available to study at both the councils' offices and the Haywards Heath Library during normal opening hours.

During November we will be holding further 'Pop-In Sessions' in the King Edward Hall's Jubilee Room on Tuesday evening 19th November from 7pm to 9 pm and on Saturday morning 23rd November at Scaynes Hill Millennium Village Centre from 10am until midday. Please watch out for banners and posters advertising these events.

We invite you to send your comments and opinions to the clerks of either Lindfield Parish Council (clerks@lindfieldparishcouncil.gov.uk) or Lindfield Rural Parish Council (clerk@lindfieldrural-pc.org.uk).





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Becoming pregnant marks the beginning of an incredible journey.

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Lindfield mum Lianne Main was one of these women. "I had a whole set of photos capturing every month of my pregnancy but after my son Theo was born they stayed tucked away in an album.

"I wanted to put them on show so I could remember what it was like to be pregnant, but nine photographs of me in my underwear were just too personal!"

Several months later, when Lianne was busy planning Christmas, she came up with the idea of transforming photographs into silhouettes. "I was looking for a special gift for my boyfriend and decided to have a go at creating a silhouette from a lovely photograph I had taken of him and Theo sitting at a piano."

It worked beautifully and Lianne soon discovered that she could create the same effect with other family snaps, including her pregnancy photos.

"The shape of the growing bump makes a perfect silhouette," said Lianne, "and I now have a record of my pregnancy that I am proud to hang on my wall.

"It's my way of saying I was pregnant, I went through this journey and I'm never going to forget it."

Lianne's family and friends were so impressed by the images that it wasn't long before she got her first commission. "I'm currently creating a similar picture for a friend who is having three silhouettes – one taken at each trimester," said Lianne. "Another friend asked me to reproduce an image of her husband swimming with their baby."

With this encouragement, and following months of research, Lianne has decided to take the step and launch her business Silhouette Memories. Run from her home in the village, Lianne, who also works part-time as a teacher at Albourne Primary School, can recreate silhouettes from most photos.

"The silhouette images are surprisingly detailed as you notice things you would miss on photos, such as the shapes of hands and fingers," said Lianne, a keen amateur photographer. "Each image takes at least an hour of work to get everything just right!"

For the pregnancy art, expectant mums are asked to take their own pictures in the privacy of their own homes and send them to Lianne at regular intervals. "I provide tips on how to stand to get the best results and also send text and email reminders to ensure we won't miss a vital stage!" she says. "How many they want is entirely up to them – they can even add a final pic after the baby is born and they get back into their jeans!"

Some new mums are planning to capture their second pregnancies, intrigued to find out if their shape is different or whether the 'old wives' tale' is true about carrying boys in front!

Lianne is happy to discuss turning any photos into silhouettes and can advise on which images will work best. "Action photos of people and animals could work just as well as posed pictures," she said. She can also create silhouettes in a wide range of colours to ensure the image complements any décor.

And with prices of a single framed photo starting at £25, the images make wonderful presents for partners and parents.

Lianne is currently taking orders for Christmas and any order placed before the end of the November will be ready in time for the big day!

To find out more or to contact Lianne visit her website: www.silhouettememories.co.uk

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Christmas Gift Challenge

LINDFIELD SHOPPING



Compiled by David Tingley

We are very fortunate to have such a lovely selection of shops and businesses in Lindfield. Some we may use everyday and others are perhaps for more special occasions.

With the festive season fast approaching we thought what better time than this to see what shopping locally has to offer the village for those wanting to get organised and buy Christmas gifts for their nearest and dearest.

The temptation to buy at the click of a button is strong for many of us. However, if you can, do try and spend a morning on the High Street first. To have so many retail options on our doorstep is a real pleasure and some of the gift ideas here are not available online so offer something truly unique.

What features over the next few pages is a tiny selection of what can be found when looking closer to home for that special present. I hope it provides an inspiration and encouragement for you to shop locally.

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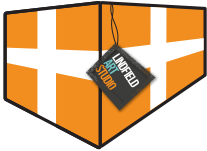
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It's show time

HOME FRONT



Photo by Harlequin

By Jacqui Smith, interior designer

September is always a busy time of year for us; new enquiries after the summer break, the start of works on residential refurbishments and autumn show home launches. This year we have two care home projects to install and three show homes. As I type this, the install dates for all of these are changing as the various building contractors reissue handover dates, so it's a fun juggle of time and resources from October to December!

September is also the month when the spotlight shines on London as the design capital of the world. London Design Festival ran for nine days this year, comprising over 300 events and exhibitions – you could quite simply lose yourself in design candy for almost two weeks. Most of the designers I know are like us, up against deadlines, so carving out time to visit the seemingly ever growing itinerary of venues is a challenge but it's important to keep in touch with what's new and visiting the shows is in itself a source of inspiration. This year, in the spirit of prioritising we focused on 100% Design and Decorex.

100% Design is held at Earl's Court. Officially the UK's largest design trade event, it attracts architects and designers. Invariably David and I have a shopping list of project-specific items we are looking for and, this year, top of the list was a stretch ceiling for an indoor pool project that we are working on. Within minutes of being on the Edward Ray stand we were convinced. This product is incredible. Strong enough to walk over, it's fitted to a frame on the wall to create a tented ceiling. Perfect for moisture rich areas such as pools. Made from 100% recyclable materials, it's waterproof so shields the ceiling from the corrosive effects of the pool environment and, since it's soft, it improves acoustics in pool areas.

Decorex is more about fabrics, papers and furniture. Having enjoyed the setting of the Royal Hospital grounds in Chelsea for the past few years, Decorex moved this

year to Perks Field and The Orangery at Kensington Palace. There was much tutting from the design community about the inconvenience of it being so far from the other similarly timed events such as Focus at Chelsea Harbour but the new venue got my vote. There was more space, new suppliers and there seemed to be a much more bullish attitude this year; orders were being placed at the show and clients, both commercial and residential, seemed to be committing to larger projects.

Each year the game seems to be raised for the honour of "most fabulous stand". This year I think this prize has to go to Harlequin's Palace. This two storey construction was created to celebrate Decorex's new Kensington Palace home. Unsurprisingly it took over a month to build and six days to assemble on site. The pebble effect carpet was so beautifully white you almost felt compelled to remove outdoor shoes before going on to the stand. We were there on Sunday; I suspect that by Wednesday the "pavement" was black. The Little Greene Paint Company always deliver a simple, understated yet highly effective stand and this year was no exception. Now I am not a fan of the random creepy hands that protrude from some hall walls masquerading as coat hooks but these identical, delicately shaped hands, painted in varying colours and their new range of greys, worked incredibly well. Grey, like green, is a hard shade to get right but this new range seems to offer something for everyone. The new simply named "Grey" collection comprises 28 graduated greys. (With recent best sellers in mind, I can only imagine the copy challenges the Little Greene marketing team faced with this one). There are seven shades, (there, I said it), within four palettes - yellow-based greys, brown, green and pink. I love them and have already specified them on two projects.

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Open your eyes to the world of ceramics, porcelain and glass

By Caroline Young

If you are interested in porcelain, ceramics and glass, not actually making it but learning about it from very well qualified lecturers, perhaps you would like to know more about the Haywards Heath Ceramics Group. We meet on the second Thursday each month at Clair Hall. The speakers are all well-known in their field and many appear regularly in the Antiques Roadshow programmes.

Our speaker on Thursday November 14th will be Eric Knowles, leading authority on European and Oriental Ceramics of the 17th to 20th century, Tiffany and Lalique glass and 19-20th century decorative arts. For this lecture he will be giving us "A Gentle Introduction to English Porcelain".

On Thursday November 28th we have our next Discovery Day at the United Services Club. Our speaker will be Will Farmer of the Antiques Roadshow, his subject "Art Deco – The Age of Elegance". Tickets are £28 including coffee and lunch.

Guests are very welcome, please call the Membership Secretary on 483372. Tickets £10. Or take look at our website www.hhcg.org.uk/wordpress for details of our Discovery Days, past and future speakers and other events.

Win FREE tickets for Christmas Show

Prepare yourself for a party as the legendary That'll Be The Day, the nation's longest running rock 'n' roll variety show, returns by popular demand with a brand new Christmas production on Sunday 8th December 7.30pm at The Triangle, Burgess Hill.

This hugely entertaining rock 'n' roll spectacular features a fantastic line up of knock-out hits from the 1950s, 60s and 70s. A fresh and astonishingly versatile programme of music mixed with loads of new zany comedy routines to produce a show with a real feel-good party atmosphere. Britain's touring rock 'n' roll comedy phenomenon produces an annual special festive mix of pop hits, saucy comedy and a mini-panto. Tickets cost £22 and are available from www.itsmagic.org.uk or 01444 800045.

However one lucky reader can win a pair of FREE tickets to the show by simply emailing their name, address and phone number to competition@lindfieldlife.co.uk before 8th November. One name will be selected at random.

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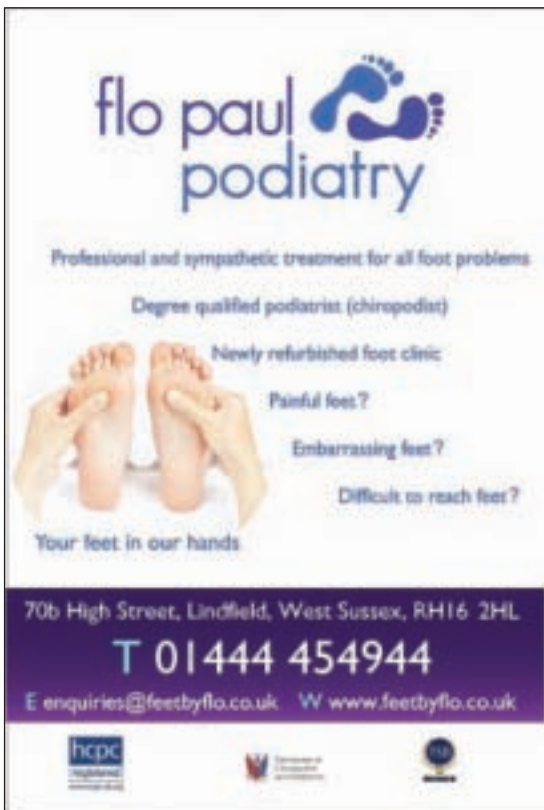
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SIMPLY GOOD FOOD

Pennsylvania Dutch Apple Butter

The original Pennsylvania Dutch settlers were not Dutch at all but of German origin who settled on the rich farmlands of Pennsylvania, USA. With a reputation for hard work and plain living they favoured hearty foods and had a reputation for thriftiness. Not a bit of food was wasted and they were prolific jam and preserve makers. This rich "butter" is delicious spooned on to a hot muffin or try it in a bread and butter pudding instead of jam.

Cut 1kg of tart apples into chunks (do not peel or core) and place in a large pan. Pour over 300ml cider, mild cider vinegar or water. Cover and gently cook until completely soft. Push through a fine sieve and measure the pulp. Return the pulp to the pan. For each 300ml of pulp add a pinch of salt, 50g soft brown sugar, 1-2 tsp ground cinnamon, pinch each of ground cloves and allspice plus the finely grated rind and juice of 1 small unwaxed lemon. Cover and cook over low heat until the sugar has dissolved then increase the heat and, stirring with a wooden spoon, cook until thick and smooth. When a spoonful holds its shape on a cold plate it is cooked. Pot in sterilized small jars (about 5) and keep in the refrigerator.




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By Caroline Young

We are experiencing a bumper apple harvest this year. If you are looking for different ways to enjoy our favourite fruit try one of my recipes.

Roasted Pumpkin and Apple Soup

This colourful soup freezes beautifully
Makes about 4 servings

Preheat the oven 200°C. Cut 1kg peeled and de-seeded pumpkin (or butternut squash) into small chunks. Quarter and core (do not peel) 2 large tart apples, then slice. Spread evenly in a roasting tin and drizzle over 50ml olive oil plus salt and pepper. Roast for 25-30 min, stirring once, then stir in 1tbs chopped fresh sage. Continue to roast until tender and golden brown- about 15 min. Buzz in a processor until smooth, then return to the pan. Stir in 1 litre chicken or vegetable stock. Gently reheat to serving temperature. Serve topped with a drizzle of hazelnut oil or crème fraiche and a sprinkling of chopped toasted hazelnuts.

Lemon and Apple Pancakes

Serves 2

Delicious as a special breakfast or serve as dessert with a scoop of icecream

Finely grate the rind and squeeze the juice of 1 unwaxed lemon. Peel 2 eating apples, remove the core with an apple peeler and cut each fruit into 4 slices. Place the lemon rind, juice, 50ml water and 75g caster sugar into a frypan large enough to hold the apple slices in a single layer. Cook over medium heat, stirring constantly, until the sugar has melted and the liquid has reduced and is syrupy. Add the apple slices, turning to coat with the syrup. Cook, turning carefully, until soft and translucent. Using a slotted spoon, remove from the pan. Add 4-6 Scotch pancakes to the pan and cook, turning once, until very hot. Serve on hot plates, topped with the apple slices and any remaining syrup.

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Sounding great in Lindfield

VILLAGE PEOPLE



By Claire Cooper

Earlier this year a little boy with a big voice arrived in Lindfield for a recording session which could see him top the charts this Christmas.

Jack Topping, a choirboy from Liverpool, is already being dubbed as the next Aled Jones after being discovered by local opera singer and record producer Juliette Pochin.

"He's down to earth, very friendly and has the most wonderful voice," said Juliette. "He's not from a privileged background - his mum was a dinner lady, his dad works for a fork lift truck company and he was spotted while singing at his local church."

Jack spent several weekends and May half term with Juliette and her family, recording tracks in the studio next to the family home.

"He was a pleasure to work with and, in-between recordings, liked nothing better than playing badminton with my children in the garden," said Juliette. "My boys love him!"

Jack's debut album, *Wonderful World* released on 25th November, was not only recorded in Lindfield but all the tracks were arranged and produced by Juliette and her husband, James Morgan. "There's a great selection from the traditional Ave Maria and the Lord's My Shepherd to Count on me by Bruno Mars and, of course, a couple of Beatles' songs to celebrate the fact that Jack is from Liverpool."

You may have already heard Jack on your TV screens. As the youngest ambassador for the Save the Children Fund he is the voice of their fundraising TV adverts. "Jack visited South Africa this summer to meet children of a similar age and the choir he met sings backing vocals on his Christmas single," said Juliette.

And with appearances lined up on the Alan Titchmarsh show, *Daybreak* and *BBC Breakfast*, there's every chance that, by Christmas, Jack Topping will have become a household name.

Jack is the latest talent to record with Morgan Pochin Music Productions, the business set up by Juliette and her husband James. He joins popular artists, including Katherine Jenkins, Alfie Boe and Joe McElderry, who have all had albums produced by the Lindfield couple, who met while studying at Cambridge University.

"We were both writing for *Footlights*, which led to us producing the music for the *Armstrong and Miller Show* as we were at Cambridge with the *Armstrong half*," said Juliette.

The pair went on to write for BBC, ITV, C4, C5, Sky and the Discovery Channel, for shows starring Timothy Spall, Harry Enfield, and Jessica Stevenson, including the EMMY/BAFTA-winning *The Kumars at No 42*.



Earlier this year the couple enjoyed working with the curator of the Brighton Festival and former children's laureate Michael Rosen. "We were asked to produce a guide to the orchestra for children and families which turned into *The Great Enormo – A Kerfuffle in B Flat* for orchestra, wasps and soprano.

"The audiences seemed to love it and we are delighted to have been asked to perform it again at the Royal Festival Hall in February next year as part of the Imagine Festival."

The pair have also written film scores, including 'Quartet' the hit film about four retired musicians starring Dame Maggie Smith and directed by Dustin Hoffman.

Juliette studied the violin at the Royal Academy of Music and after Cambridge she went on to the Guildhall School of Music and Drama.

There followed a successful career as an opera singer, which led her to perform all over the world, but she is just as at home performing in a pop concert and has shared stage with fellow musicians as wide-ranging as Sir Simon Rattle and Meatloaf!

Her debut album, *Venezia*, was released in 2006 when Classic FM made it their Record Of The Week and her voice inspired renowned chocolatiers Hotel Chocolat to design and name the "Juliette" chocolate.

Juliette was also nicknamed the 'Domestic Diva' by the Daily Mail after they published her diary which detailed her attempts to juggle her career with her family, as well as making all of her concert dresses and growing her own vegetables, with varying degrees of success!

"After having my daughter Anna, I continued to travel around the world singing and juggling my family and career but after my long awaited twins were born in 2009 it was time to stay put!"

Before forming Morgan Pochin, James was originally a conductor, working at Glyndebourne, ENO and Opera North.

He still conducts, with a wide-ranging repertoire from contemporary world premieres at the South Bank and the Barbican with the BBC Singers to arena concerts in the UK and abroad, with artists as varied as Andrea Bocelli, Jamie Cullum, Alfie Boe and Rick Astley. He is also Musical Director of the Brighton Festival Chorus.

The family moved to the village from London 18 months ago. "We spent a lot of time visiting Sussex villages and having pub lunches but fell in love with Lindfield straight away," said Juliette.

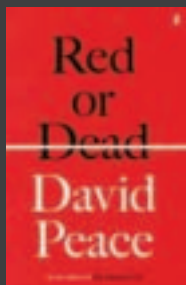
"But we had to find the right property – one where we could incorporate a recording studio, so we rented for the first six months."

Their priority was to convert an outbuilding into a fully soundproofed studio and, since then the pair have been busy renovating the main house, when work allows.

"Having the studio next door is perfect," said Juliette, who is currently working on the music for a film about Spanish golfer Seve Ballesteros which is due to be released next year.

"Since starting the music production company every day brings something new," said Juliette. "We feel very lucky to be living and working in such a beautiful village and yet we can access London very easily."

Looking to the future, Juliette has a few new ideas up her sleeve, while her children have suggestions of their own. "My daughter really wants us to work with someone cool," laughed Juliette. "The nearest we have got so far is Robert Plant but she is too young to know who he is! But for myself I would love to work with Ennio Morricone – that would be amazing!"



Red or Dead by David Peace

BOOK REVIEW

By Cavan Wood

This is a remarkable, poetic book about a topic that does not normally excite this reviewer: football. Peace has written in the past about the deeply flawed Brian Clough in "The Damned United". Here the writer turns his attention to the legendary manager of Liverpool, Bill Shankley. He does so by seemingly to break all the conventions of the English novel, such as the use of constant repetition of a person's name or by using phrases. Strangely, this does not irk the reader but it engages us. Bill is a lovable man, devoted to his wife, his politics and to Liverpool football club. There are no dark revelations or suggestions; this was a good man who lived a good life. He does realise that he had not always got his priorities right. His best known quotation "Football isn't a matter of life and death, it is more important than that" wasn't just a humorous quip; it revealed an order of importance that Bill came to see as meaning he at times abandoned family life when he should have been there for his wife and daughters. The book is full of moving incidents. The most powerful was where Bill is asked to go and encourage a young man who is in hospital and may never play football again. The humanity and the determination of a good manager is genuinely moving and challenges the cynicism of our age. Premier Division!

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83 High Street, Lindfield, Sussex RH16 2HN

Jenny first established her practice in Brisbane, Australia in 1988, after graduating from Sydney University.

Subsequently Jenny taught chiropractic at Macquarie University for five years.

She has worked with Australian Olympic Athletes and members of the Australian Rugby Team.

Jenny has done postgraduate studies in paediatrics and acupuncture and is passionate about chiropractic and the help it can give to people of all ages.

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On the buses

THE FINAL INSTALLMENT

On Saturday 30th August Alan Williams and his party caught the 10:22 No.270 from Lindfield to East Grinstead Mainline Station; the midday Bluebell Line train; and the No. 270 from Horsted Keynes to Lindfield, arriving back at Lindfield Post Office at 13:01.

By Alan Williams

I promised you a report on a trip on Bus 270 to Horsted Keynes via East Grinstead and the Bluebell Railway Line (and back to Lindfield). Here is the story of our outing.

You wouldn't want to walk from Horsted Keynes village to the identically-named railway station, not if you didn't have to. Luckily, Metrobus' route 270 will do it for you - on Saturdays.

Five of us set out. The fare to East Grinstead was £4.20 at the stop opposite Lindfield Post Office, although those in the upper and lower age brackets went for free! If any of us expected an empty bus at 10:22 on a Saturday morning, even a fine one with sunshine and blue skies, we had to think again. With our party of five and the driver, there were now 18 people on the bus. This is not an account of who got on and off where but rather a tale of mounting excitement.

To start with my granddaughter stated, for all to hear, that the bus was more comfortable than the London buses to which she is used!

And so we rolled through: Horsted Keynes; the Station; Danehill; the Chelwoods (Common and Gate); past acres of sheep and horses grazing in the fields; through dappled sunlight and into Ashurst Wood, a village which, once upon a time, stood astride the main road from Lewes to London (look it up in Wikipedia and on the Parish Council website). I could see that eight buses interconnected at the Memorial bus stop in historic East Grinstead - possibilities for travelling even further afield!

The new Bluebell Line station is adjacent to the East Grinstead mainline station. After buying our tickets (remember there is a discount for those producing a route 270 bus ticket) and watching a 'special' (full of steam enthusiasts) depart for Sheffield Park, we

adjourned to the Bluebell's own buffet car, in an old carriage, where we had time for a coffee and a toasted teacake (and a chat to our bus driver, relaxing with his own coffee) before catching our midday train.

Metropolitan Railway Carriage No.368 was built in 1898 for steam haulage out of Baker Street, with 1st and 3rd class accommodation. It was then converted for electric use in 1906 and reconverted for steam on the Chesham branch in 1940. It was bought by the Bluebell Line in 1962. It has no corridor but rather individual compartments, for eight people, each entered by its own 'slam' door complete with pull-up leather strap-controlled windows, technology which both fascinated and impressed the youngest member of our party.

I remember travelling to school on the Metropolitan Line from Rayners Lane to Moor Park in the 1960s in slam door compartmented rolling stock; and I suppose I might even have travelled in this very carriage! What a thought!

So the doors slammed, the steam engine puffed and the wheels went 'clickety-clack' on the rails as we rolled over the high, ten arch, Imberholme viaduct out of East Grinstead, through the 'rubbish tip' cutting and past glorious Sussex countryside into Kingscote (which should enter the 'best kept station on the line' competition) into the tunnel, the longest tunnel on a private line in the UK.

We got off the train at Horsted Keynes Station, watched the train from Sheffield Park come in and release the way on the single track for 'our' train to proceed. It was a short walk to the bus stop for the 270; it was 'our' driver again! New to the Saturday rota, he was enjoying himself and his enthusiasm affected us all.

Back to Lindfield, a couple of minutes after our scheduled arrival time of 13.01! What a glorious two and a half hours!



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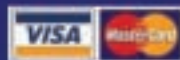
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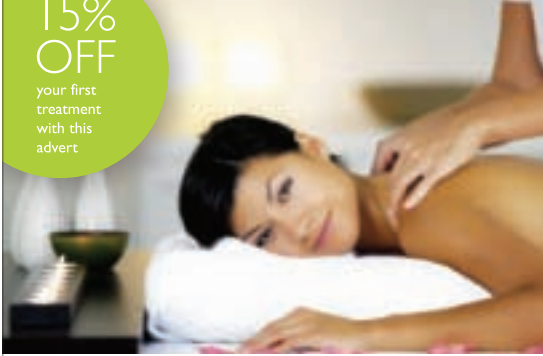


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Maybe "GC" isn't Golf Club!

The 'Golf Club mystery' story featured in last month's Lindfield Life has deepened!

In a letter to the editor, reader Carlton Fulthorpe sheds new light on the mystery:

"I was interested in your story about the mystery surrounding this item. I certainly think Haywards Heath Golf Club are making a premature assumption that the initials H.H.G.C. refers to their club. You will find that there are a number of Golf Clubs with the initials H.H.. The fact that it was found in a "junk" shop in Lindfield suggests it could have found its way there from anywhere, especially that it seems to have been around for 100 years.

"It could also refer to Gun Club (G.C.) and, whilst I know nothing of that sport's competitions, I would think it could lend itself to an eclectic competition. I think we would already be aware, through local history, if there was a previous golf club in Haywards Heath, and it's hardly likely that it could just disappear with no memories!

"I have also had further thoughts about the 'mysterious Cuckfield Course'. Knowing the lie of the land there, sloping quite severely from North to South it would not be very suitable as a site for a golf course.

"I hope these observations help in some way to solving this mystery."

The Downhill Lie

GOLF TIP OF THE MONTH #23

By Simon Iliffe, HH Golf Pro

Concluding the awkward stances, I've saved the toughest shot till last.

The most common mistake I see when watching players attempt the downhill lie shot, is to underestimate how much loft they need.

The stance alone will de-loft the club considerably, so firstly take at least two or three clubs less than normal (e.g. if you'd normally play a 5 iron, take an 8 iron).

Then place your weight on your lower foot and position the ball nearer your higher foot (further back in the stance).

The lie will naturally steepen the swing plane and hit the ball lower, however make sure to swing down with the hill, don't scoop to gain loft... This will only result in fat and thinned shots...

Hybrids and lofted fairway woods are the best clubs to use for long downhill shots.

Lob wedges are the best clubs to use from downhill banks around the greens.

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What is 'U3A'?

On 22nd July 1981 a short item on the radio programme 'You and Yours' brought an avalanche of 400 letters to the interviewee, Eric Midwinter, director of the Centre for Policy on Ageing. It was unusual at the time for a programme to get more than one or two letters but the interview was the first time anyone outside a small circle of educationalists had ever heard about the University of the Third Age.

One typical letter said: "I have been trying to teach myself something of the arts and, although I find it stimulating to study, I know it would be beneficial to have some guidance and an opportunity to communicate with like-minded people." Another said: "I would like to pick up where I left off compulsory schooling at 11 years old."

So what is U3A? It stands for University of the Third Age. But this is not a normal university. The word is used in its original sense, that of a collective of people who exchange knowledge.

There are 3 ages of learning. The 1st is formal education in school, college or university. The 2nd is learning through work and the 3rd is when we are free to learn whatever we choose. People are living longer than ever before. In 1950 there were about 250 centenarians last year the estimate was over 316,000! We are not just living longer, we are healthier and keep our mental and physical abilities longer. We have expectations of a long retirement, a relatively modern concept.

The U3A movement has spread worldwide with millions of members. In the UK there are 300,000 members in 903 U3As. This is expected to reach 500,000 by 2018. The South East region is the largest with 172 U3As, including 38 in Sussex.

U3A is for people who want to keep active in mind and body, and are no longer in full-time employment. No one has to stop learning just because they have stopped working.

There is general agreement that not only physical but intellectual activity enriches and prolongs life in the later years. Although primarily for the retired, anyone not in full-time employment can become a member.

The U3A is a self-help, self-managed, lifelong learning co-operative. Members can participate in numerous ways, sharing knowledge, skills and experience. Some enjoy giving talks or serving on the committee, whilst others are happier helping to run things in practical ways.

U3A Aims:

- To encourage and enable older people to share knowledge, skills and experience.
- To demonstrate the benefits and enjoyment of lifelong learning.
- To make U3A accessible to all older people.
- To offer learning programmes to satisfy the widest possible range of interests: educational, cultural, recreational, physical and social.

In 1950 there were about 250 centenarians, last year the estimate was over 316,000!

The Haywards Heath and District U3A has over 60 groups, with subjects ranging from Ancient Civilisations and Art Appreciation to Wider World and Yoga and everything in between. Groups are held either in members' homes or local halls, including King Edward Hall which is home to the very popular Gardens Group, the Local History groups and several Art groups. The Stables at All Saints Church is where the Handbells group meet.

The organisation is run by volunteers with everyone contributing if they possibly can. This keeps the membership fee at £14.00 per year, however many groups members join.

Open meetings, which normally include a professional speaker or someone from within the wider U3A organisation, are held in Clair Hall, Haywards Heath, and all members and guests are welcome.

An Annual Programme, which gives details of all the groups, the dates of meetings and lots of other information, is available free at Haywards Heath library. www.haywardsheathu3a.org.uk

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What's on in November

AT KING EDWARD HALL

- 2nd **Lindfield Dramatic Club**
Performing 'Just Between Ourselves' 8pm
(Rex Cooper 01444 831512)
- 4th **Autumn Club Meeting** – Social Afternoon
(Sally Dew 01444 414456)
- 5th **Lindfield Bonfire Society** – Guy Fawkes
Celebrations Fancy Dress Competition
(open to all) 6.30pm
- 7th **Country Market** – 10am - 11.15am
(Sheila Hobbs 01444 483396)
- 9th **Preloved Mobile Clothes Sale**
- 10th **Royal British Legion** – Remembrance Day
Afternoon Tea
- 12th **Lindfield Preservation Society** – An illustrated
talk on "A Policeman's Lot... the Beat goes on" by
Neil Sadler. The fascinating follow up talk to Neil's
original account of policing over four decades.
2.30pm All welcome, free entry
- 13th **Lindfield Horticultural Society** – Short AGM
followed by a talk by Geoffrey Mead entitled
'Sussex on the Rocks' 7.30pm. One of our 'non-
horticultural' talks, this will cover a journey across
Sussex from the north-east down to Chichester
harbour, across the range of the county geology
www.lindfieldhorts.org.uk
- 14th **Country Market** – 10am - 11.15am
- 15th **Fundraising Lunch** in aid of Heatherley Cheshire
Home (Mrs Norah Olver 01444 483578)
- 15th **The Barefoot Players** – Winter Fairy Tales
7.30pm – Tickets £6 – Tel: 07505 777613
- 19th **Lindfield Parish Council** – Pop-In Sessions
What's in the draft Neighbourhood Plan? 7-9pm
- 21st **Country Market** – 10am - 11.15am
- 22nd King Edward Hall – **Film Show – RUSH (15)**
7.45pm – doors open at 7.30pm
Tickets are available at Tufnells Boutique
Reservations from Jennie on 01444 483431
- 23rd **Lindfield Bonfire Society** – Christmas Craft Fair
Wide variety of stalls, Cafe, Tombola, Lindfield
Village calendars, Lindfield mugs and bonfire
bears for sale. 10am - 3pm
- 24th **Heber Opera** performing a double bill of Suor
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(Gillian Goodsman 01273 595220)
- 28th **Country Market** – 10am - 11.15am

AND ELSEWHERE

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10am-4pm (closed Sundays)
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and gifts for sale from approximately 30 charities
- 3rd St Augustine's Church, Scaynes Hill
**A Memorial Service & Re-Dedication of the
Memorial Garden** – 2pm
2.45pm tea will be served afterwards in the
church annex
- 12th **Mid-Sussex Franco-British Society**
Function Suite, Clair Hall, Haywards Heath
Illustrated talk in French entitled
"La Légion Etrangère" by Général de Brigade
Emmanuel Maurin who will describe the
Foreign Legion of today and what it means
to be a Legionnaire – 8-10 pm
- 13th **Tiger Arts Lunchtime Concert** All Saints Church
Jo Kimber Jazz Quartet
- 16th **The Santa Run** – Chartham Park Golf & Country
Club, East Grinstead – 9am
Raising money for St Catherine's Hospice
- 20th **Mid-Sussex Decorative and Fine Arts Society
Lecture** - "Machiya - The Delicate Townhouses
Of Kyoto" by Pauline Chakmakjian
10.15am for 10.45am at Clair Hall,
Haywards Heath
- 23rd **Lindfield Rural Parish Council** – Pop-In Sessions
What's in the draft Neighbourhood Plan?
Scaynes Hill's Millennium Village Centre
10am - 12noon
- 24th **Christmas Wine Tasting** - South Downs Cellars
12pm-6pm – £15 per person
www.southdownscellars.co.uk for more details
- 30th **Scaynes Hill WI Christmas Community Bazaar**
Millennium Village Centre – 11am - 4pm
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