

Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

Sept. 2013 Issue #54

Free

Meet Gavin George: Village People

page 22

Rising tennis star from Lindfield

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Local What's On guide

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EDITORIAL

By David Tingley, editor

I hope you know this magazine well enough by now to know that it's all about people. Notably the people of Lindfield. So it's with great pleasure that this issue fits that remit perfectly.

We have no less than two village people features!

Stuart Silk is the new Associate Vicar at All Saints Church and we talk to him on **page 28**. We also sit down with resident **Gavin George** and talk about his portfolio of pubs that appears to be bucking the national trend of doom. Read the full story on **page 22**.

On **page 11** you can read about the three ladies who are taking on **Lindfield Arts Festival** next year. As ever this is a large undertaking and we wish them well. **Marian, Esther and Lorna** explain their early plans and make their requests for help.

The need for **'Lollipop' people** seems to be a constant here in the village. Two Lindfield mums have spoken to a local mum who managed to do the job at the same time as having young kids at the school. Read the story and find out how on **page 17**. Maybe it might work for you as a part time job?

For those interested in history (and early forms of central heating!) you may be drawn to the story of **Lady Hunt's** home at **Old Place** - one of the iconic properties at the top of the High Street. Read more of it on **page 18**.

I must thank **Wendy McCallum** (and her team) for writing the **'Natural Therapy'** column for the last couple of years. This month's contribution on **page 24** is the last in the regular series, as she helps us parents to find a way of getting children back on course for school. Not an easy task, so any help is welcome!

And finally to somebody who is making waves in Junior Tennis at the moment. I met with **Will Matthews** recently in order to hear his story going from holiday tennis to playing at Wimbledon this year. It's an inspiring story of determination by Will. Read about it on **page 26**.

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We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk



Tufnells expands

The home and gift shop that has been present on the High Street for nearly 18 years is to open a second shop.

Shop owner Lisa Goodger commented: "For the past couple of years we've wanted to expand our ranges but the layout of the shop has meant we can't physically extend the building. So a second shop seemed like the next best thing!" Tufnells will remain as it is; a boutique style selling gifts, ladies clothing & accessories and garden stock, while the new shop – Tufnells Home – will sell an expanded homeware range.

Tufnells Home opens its doors at 59 High Street on Friday 6th September promising "bubbly and discount!"

Boutique leaps into life

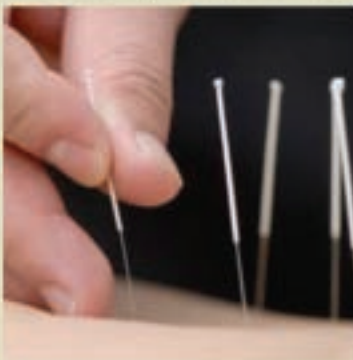
Elsewhere on the High Street a new store has recently opened offering ladies clothing, jewellery and other fashion accessories, including brands such as Ochre Knitwear, YAYA, Brodie Cashmere and Nice Things.

The Leaping Hare Boutique is the second shop opened by Chrissie White, who famously sold Princess Diana her Cojana blue engagement suit while working at Harrods. In a twist of local news, Chrissie also founded Tufnells before selling it to the current owners in 2006.

The first store was opened at Trading Boundaries, Sheffield Park where it remains. The shop claims that 'sometimes a little luxury is essential!'

Acupuncture - an holistic way to health

The use of acupuncture as a treatment has been documented over several thousand years. The core belief is that the balance of energy within the body relates to an individual's health and acupuncture can influence this flow. Lesley Reed has been treating people with acupuncture for a variety of symptoms over the last two years. She has a BSc (Hons) degree in acupuncture and is a full member of the British Acupuncture Council (BAcC), abiding by their strict code of practice and hygiene. She also has additional qualifications in massage and reflexology.



Incorporating Traditional Chinese Medicine with Five Element and Stems and Branches theory into her acupuncture treatments, Lesley has been particularly recommended by others for her reassuring, calm manner and her professionalism – especially when dealing with nervous clients or those with special needs.



Lesley has experience in using acupuncture to treat many conditions, but she has a special interest in pain management, panic/anxiety, fertility and facial revitalisation acupuncture.

Appointments are available from 8am to 8pm Monday to Saturday at The Clinic at Borde Hill and home visits can be arranged. For new patients a free 15 min phone consultation is offered. Please call 07808 248772 or email lesley@reedacupuncture.co.uk.

Folk Dance Club encourages movers

The Lindfield and District Folk Dance Club came into being in 1974 following a series of evening classes in 1973 and has been continuously active throughout the years to the present time. The Club uses the excellent facilities of the Ashenground Community Centre in Haywards Heath. Dance nights are open to all and take place on the first and third Tuesdays in each month. A wide variety of folk music is provided to satisfy the Club objective: 'the enjoyment of folk dancing'. New members are very welcome to join the friendly Club. The first evening is free – and that includes a cup of tea or coffee and a biscuit. Please ring Mike Fairweather (secretary) on 01444 482741 for further information.

Badminton played at Oathall

Lindfield Badminton Club plays on the four courts at Oathall Community College. Club nights are Wednesdays from 7.30-10pm, with the next season starting on Wednesday 4th September. The club is always keen to welcome new male and female match standard players and has men's, mixed and ladies' teams in the Brighton, Mid Sussex and Crawley Leagues. It is a friendly yet competitive club and feather shuttles are used. Anyone who enjoys the game and plays to a reasonable standard can get more details from the website www.freewebs.com/lindfield or from the secretary on 01444 453559.



URC invites you back to church

By Dan McQuillin

On Sunday 29th September Lindfield United Reformed Church will join with churches across the UK in a national campaign to invite people 'back to church'.

Since it began in Greater Manchester in 2004 'Back to Church Sunday' has become the largest single local church invitational initiative in the world, taking place in churches across denominations worldwide. Last year tens of thousands rediscovered the joy, friendship and hope of meeting with their local church family.

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Outdoor cinema winner

Congratulations to Paul Brooks who is the winner of the pair of tickets to the outdoor cinema at Wakehurst Place. He correctly stated that the venue is in Ardingly, West Sussex.

Paul had the choice of seeing Raiders of the Lost Ark or Les Misérables on 30th or 31st August respectively.

Volunteers needed for the 2013 Poppy Appeal

Every year some collectors decide that it is time for them to retire. These loyal people have been collecting for the Poppy Appeal over many years raising thousands of pounds. Many have watched families on their route grow from infant-hood through to teenagers and adults. They have been a welcome face selling poppies in November especially with the elderly who do not leave their homes very much.

To ensure the continued supply of the vital funds needed to support our service men and women in their time of need, the number of collectors must increase. If anyone feels that they could help with this very worthy appeal, either by collecting house to house or standing with a box for an hour in the High Street please email pauline.parkyns@tiscali.co.uk or call Pauline on 01444 482672.

Well done to BB campers

By Geoffrey Cocksedge

Members of the 1st Lindfield Boys Brigade Company attended the annual Battalion camp. The Lindfield lads, Hayden Alexander, Tom Hewitt, Wesley Heyward, and Danny Lucas, won the best tent pennant for their camp company and did well in the camp sports, winning the volleyball and football trophies.

The camp, attended by boys from all over Sussex, was held at the end of July on a new site at Glynde, close to the famous Glyndebourne opera house.

Lucy Locksmith

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A Lindfield pottery mystery

By Caroline Young

In the early to mid 20th century china was sold in our village with the mark of "Rainbow Pottery, Lindfield" stamped on the base. Little is known about it apart from the fact it was probably sold from premises behind Abbotts Pharmacy in the High Street. Can anyone remember anything about this?

The Haywards Heath Ceramics Group knows quite a lot about it but is attempting to find out more. Was the china actually made in Lindfield, if so where was the pottery? Or was it made further afield and just stamped with our name for sale in Lindfield? Was there a connection with a major ceramics manufacturer in The Potteries? We know it was exhibited in the Empire Exhibition at Wembley 1924/25. Some of the pottery has a very attractive floral pattern, while another known piece is quite different with a beautiful lustre finish. Have you inherited any examples of this china?

If you can help us please contact me on youngcarolinem@tiscali.co.uk or call 473897. We would love to know more.

If you are interested in porcelain, ceramics and glass, not actually making it but learning about it from very well qualified lecturers, perhaps you would like to know more about the Haywards Heath Ceramics Group. Many members live in Lindfield and we meet once a month at Clair Hall. Speakers for the coming months include Anton Gabszewicz, Eric Knowles and Andy McConnell, all well-known from the Antiques Roadshow programmes. Guests are very welcome, please call the Membership Secretary on 483372. Or take look at our website www.hhcg.org.uk/wordpress for details of our Discovery Days, past and future speakers and other events.



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Three's a company for Arts Festival

Big plans are already underway for the fifth Lindfield Arts Festival to be held in 2014, which sees three local friends teaming up to take over as the Arts Festival Directors, sharing the responsibility of organising and hosting this popular local event.

Responding to residents' feedback, the widely anticipated programme of arts events will be moved from May 2014 to 12-14 September 2014. Nevertheless, in order to retain the character of the past four years of this local well loved Arts Festival, it is anticipated that the art and craft exhibitions, workshops and performing arts events will remain focused on the village hub using community areas including the local schools, Common, pond and the High Street shops, pubs, community spaces and eateries with trails, exhibitions, activities and events scattered through the village over the three day festival.

Inspired by their passion for the local community, they have chosen the theme of 'Quintessential Lindfield' which will focus on portraying, through the arts, Lindfield life by time travelling from 1814 to the present and then beyond to the future year of 2214, while celebrating the quintessential spirit and lasting character of our unique and historic village. The theme will be split over the three days, with a different period of time inspiring the exhibitions and activities for each of the days - Friday will focus on life in the village over the past 200 years from 1814 to 2014; Saturday on the present day life in the village (2014); and Sunday on what the future life will potentially look like from 2014 to 2214.

Life in Lindfield during each time period will be thoroughly explored through inspirational exhibitions, workshops and unique activities suitable for the whole village, ranging from inspiring art and craft exhibitions, stunningly preserved classic cars and motorbikes through to rousing musical extravaganzas, dramatic theatrical productions, sensational dance performances and workshops, adventurous geo-caching and lots more. It is anticipated that there will be fabulous gala evenings on both the Saturday and Sunday nights, bringing together world class professional and local talented performers of all ages culminating in awe inspiring musical and theatrical performances. Ensemble Reza have already been confirmed as a headline act, dazzling

Lindfield with spectacular classical concerts for both adults and children.

Marian, Esther and Lorna are all residents of Lindfield and bring with them individual talents that help create a strong and dynamic team.

- Environmental Consultant Marian has lived here most of her life and was educated during her formative years at Lindfield Primary School, Great Walstead and Ardingly College. She is passionate about protecting our green spaces and encouraging children to take an interest in the natural world.

- Award-winning charity fundraiser, professional performer and Zumba fitness instructor, Esther fell in love with Lindfield the first time she saw it. She is extremely active in the community and has boundless energy and passion for friends and social inclusion.

- Former Great Walstead and Warden Park student Lorna is another Lindfield 'lifer'. A talented Personal Assistant, she is never happier than when up to her knees in organising big events and is a devoted supporter of the village.

The three directors are currently seeking to create a committee of people to help organise and create this unique event. In particular they are looking for people willing to take on the vital roles of Treasurer and Arts and Crafts Coordinator. If you are interested in being part of the creative process, behind the Arts Festival in 2014, please contact the directors directly or via enquiries@lindfieldartsfestival.com. It is anticipated that each member of the committee will bring something unique to the process so if there is anything that particularly interests you or you have a particular skill you would like to bring to the table please also add this to your contact details in the email to the directors. You do not need to be particularly artistic to be involved, although a creative mind is always helpful!

Work is also currently underway exploring opportunities to work with exhibitors, people wishing to take workshops and performers keen to take part in the festival. If you would like to participate in any way please contact the directors via the above email address.

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Planning ahead

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With the school holidays now drawing to a close, thoughts for many will turn to space at home (or lack of it!) to house the growing family.

Jonathan Sewell-Rutter, chartered architect and director at Dwell Architecture & Design, a local practice which specialises in residential and sustainable architecture, offers his advice to those contemplating starting a building project this year.

Seek professional support

It won't come as a surprise that he wholeheartedly recommends appointing an architect to help with your project. Often seen as an unnecessary expense when working on domestic projects, an architect can find innovative ways of unlocking space you didn't realise you had.

Rather than just preparing drawings, a good architect can oversee the whole project for you, and the support and advice provided can save you time and money in the long-run and add value to your home.

It's important to find someone whose work you like, but their approach and the working relationship is fundamental as you'll be working closely together for some time.

Do your homework

A good design brief is critical to delivering a great project. Thinking about the issues you have with the current space will help an architect fully understand your needs and define the most appropriate solution. The team at Dwell works hard to get to know their clients really well; understanding how they like to live now, what they aspire to and how family plans may develop allows an element of future-proofing.

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Some parts of the process have finite timescales. Even a simple application to the Local Authority for planning consent will usually take around eight weeks to be decided. Many internal alterations and some extension projects are deemed 'permitted development' and don't need a formal approval before starting work on site, so you may find that the project can move faster than you imagined.

Select a good builder

Your architect will be able to suggest contractors who are well suited to your project. Carrying out a competitive tender using detailed drawings and a specification or schedule of works will give you directly comparable prices for the work. Although decisions are sometimes made on price alone, Dwell ensures that clients meet each tenderer, as the 'soft issues' can be as influential.

Enjoy the process

Working on your own home can be frustrating, often with a level of discomfort, dust, noise and builders to tolerate. However, with the right professional support it can be an efficient and ultimately rewarding process.

Why not call Jonathan to arrange to discuss your project in your home? Telephone 01444 831800.

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The Great Seed Swap

WAKEHURST PLACE

Gardeners will be able to get a wealth of advice and inspiration for growing fruit and vegetables at the Wakehurst Seed Festival being held at Wakehurst Place, the country estate of the Royal Botanic Gardens, Kew, in Ardingly on 28th September.

The festival, which takes place from 11am to 5pm and includes the Seed Swap, is being held at Kew's Millennium Seed Bank* at Wakehurst, which holds the largest wild seed collection in the world.

The aim of the event is to encourage more people to grow fruit and vegetables and experiment with different varieties – particularly traditional heritage varieties that were once the mainstay of British gardens.

Seeds from allotment groups and specialist growers will be available for a small donation, and people can bring along seeds from plants they have grown at home to swap with other gardeners.

There will be a programme of talks and demonstrations throughout the day, with experts giving practical displays on cleaning, drying and storing seeds. Speakers will include Dr Paul Smith, Head of Kew's Millennium Seed Bank, and horticulturist and plant hunter Tom Hart Dyke from Lullingstone Castle in Kent.

Guided tours will provide an insight into conservation work being carried out in the Wakehurst nursery and at Kew's UK Native Seed Hub seed production site, where British wildflowers are grown to provide supplies of seeds for conservation projects around the country to restore wildflower meadows and grasslands.

Visitors will also be able to find out about the vital work of Kew's Millennium Seed Bank and discover

how Kew is helping to safeguard the world's most endangered plants. Kew and its network of partners around the world have already collected and conserved seed from 10% of the world's wild flowering plant species in the Seed Bank (around 30,000 species) and aim to conserve 25% by 2020.

Children's craft activities will be taking place during the day and there will be stalls selling local food and produce.

Dr Paul Smith, Head of Kew's Millennium Seed Bank, said: "We have held seed swaps here for the last two years and they have proved increasingly popular. We are building on these foundations and this year the event has a new name, the Wakehurst Seed Festival, to reflect the fact the event has something for everyone - not just those with seeds to swap.

"We hope people will come along and be encouraged by the displays, talks and stalls to grow something new – whether they are growing their own for the first time, or experimenting and trying different heritage varieties of fruit and vegetables."

The event is supported by Garden Organic's Heritage Seed Library and Seedy Sunday (Brighton and Hove). Admission price tbc, further information 01444 894067 or visit www.kew.org/news/the-millennium-seed-bank-joins-seed-swap-events.htm

*Experts from the Millennium Seed Bank will be sharing their expertise on saving and storing seeds but seeds from the Seed Bank will not be used in the seed swap.

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Splash the cash



St Peter & St James are rounding off Hospice Care Week with a splash at their 3rd annual Swimalong on Sunday 13th October 2013 at The Triangle Leisure Centre in Burgess Hill.

Entry is free. All the organisers ask is that each individual swimmer raises a minimum of £25 sponsorship. Participants raise sponsorship for the number of lengths completed in a 50 minute session.

It's the perfect time to show your support for St Peter & St James Hospice. Anybody, of any age, can make a group of up to six swimmers; friends, family, work colleagues or club members (under 8s can be part of the team but must be accompanied by an adult in the water). If you want to swim alone, that's fine too, but you must be aged 8 or over.

Places are limited so text, email or call your friends and enter now! For more information call Jo in Fundraising on 01444 471598 who will be happy to email you an entry form.

Ball below your feet

GOLF TIP OF THE MONTH #21

By Simon Iliffe, HH Golf Pro

Probably the most difficult to manage of all the awkward lie shots is having the ball below the level of your feet.

When addressing the ball it is easy to feel you're going to topple forwards on the slope but you must resist putting too much weight on your heels to compensate.

The ball is essentially further from you at address, so try taking two extra clubs as the shaft is longer (eg: a 5 iron instead of a 7 iron) and grip the club at full length.

Make sure the ball is positioned in the middle of the stance, with your weight on the balls of your feet.

The lie will encourage a steeper plane, which promotes a slice spin shot (left to right for r/h golfers), so aim left at address with your feet, hips and shoulders...

How far left depends on how much the ball is below the feet.

Just remember to go easy, and keep your balance!

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It could be you holding the lollipop

Lindfield is on the lookout for two part-time lollipop people to help village children arrive safely at school. And if you think you're too young for the job, then it's time to think again.....

By Amanda Harries and Bernadette King

Have you ever considered being a lollipop man/lady? Do you assume it's a role just for retired people whose children have grown up? Bev Morley is a mum of two who is challenging that perception.

When Bev decided she wanted a part-time job that fitted in with her two daughters, Millie 12 and Poppy 10, she looked around for the various options that offered term time work and decided that being a lollipop lady was the ideal job for her, especially as there was a vacancy at Harlands Primary school which Poppy attends. Having completed the necessary references and CRB checks, Bev took up her role last year and has loved every minute of it.

"I've been rained on, snowed on and blown away!" she told us. "It's been an adventure and it's brilliant! I love knowing that I am helping children to cross the road and get to school safely. Many parents are happy to let their children walk part of the way to school on their own as they know that they are looked after and helped to cross the road safely. This gives their children greater independence and makes them more aware of road safety."

Many people assume that lollipop staff are volunteers but Bev explained that they are paid on an hourly basis and that, although the role is term-time only and therefore has the benefits of all school holidays and inset days, it is paid pro-rata so she is paid 12 months of the year. Uniform is provided and includes a hat, a winter jacket and gloves and a summer tunic. "The jacket is padded and really warm for the winter and when I changed to the summer tunic recently, I heard a child say to their mum 'look mum the lollipop lady has gone thin!'"



Bev was given a morning's training, which included learning the Lollipop Signals which she explained are:

- **Lollipop down** – I'm not crossing the road
- **Lollipop held horizontally across** waiting children – I'm waiting to cross the road
- **Lollipop held diagonally to the side** – I am going to stop you (directed at cars)
- **Lollipop held straight up vertically** – I am a red light and you must stop to let pedestrians cross (directed at cars).

Of course with one child still at primary school the big question is, how does Bev fit in being a lollipop lady? She explained: "We leave home 10 minutes earlier than we used to and I walk Poppy to the school office where staff look after her until school starts, then return to the crossing to carry out my lollipop duties. At the end of the school day Poppy again waits for me in the school office until I'm finished and I then collect her from there, but my friends often offer to help out by collecting her from school for me." It seems it is possible to be a lollipop lady whilst having children at primary school.

If you are interested in being a lollipop person in the local area, please contact Julie Finn at WSCC on 01243777319 or email Julie.finn@westsussex.gov.uk. There are currently two vacancies in Lindfield.

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Photo by Andy Scott

Lady of the Manor

OPEN FOR BUSINESS

BSW Building Services, a leading Sussex-based central heating contractor, has updated and partially replaced a 125 year old heating system at Old Place, the historic village mansion in Lindfield. The project demanded nine specialist operatives and many man hours, as well as careful design and sensitivity throughout. This is because Old Place is a Grade 2 star listed building with magnificent internal appointments to the highest standards of the Victorian period.

The house was built around 1888 by Charles Eamer Kempe, a world famous Victorian stained glass window designer and manufacturer. In the 1930s, after his death, the house was divided into 6 separate dwellings, the principal reception rooms forming part of the newly designated "East Wing". Like many old properties, however, it is poorly insulated and gets very cold when temperatures plummet.

The original heating system comprised a solid fuel boiler and purpose-made heavy steel radiators (fabricated by Kempe in his own workshops), which would most likely have been fired up around September each year and kept going continuously until the temperature rose sufficiently the following Spring. Although altered to gas firing and updated over the decades, much of the original 125 year old heating system remained as originally installed. Miraculously, up until the beginning of this year it still worked, albeit intermittently, ineffectively and inefficiently.

However, in February 2013 the system finally seemed to give up the ghost, leaving much of the house just as cold as it was outside. Lady Hunt, owner of the "East Wing" and widow to the former private secretary of Winston Churchill, diplomat and Mastermind winner the late Sir David Hunt, lives in the property and is in her eighties. Despite dressing like an Eskimo and filling the property with electric heaters, she realised her health was suffering after a bout of extremely cold weather and contacted John Bellière of BSW for a solution.

BSW installed a new condensing boiler and pipework, then replaced many of Kempe's original radiators with triple panel Stelrad models, which now heat Old Place's principal rooms.

BSW Building Services Limited, Rock Lodge Vineyard, Scaynes Hill RH17 7NG



Clearly, modern heating equipment would look out of place amid the property's Victorian splendour, so BSW concealed every inch of pipework underneath the floors or behind cupboards and fitted the new radiators in Kempe's original built-in wall recesses, using charcoal grey paint to make them invisible behind the wrought iron meshed fronts. A skilled joiner was also used to deal with the hardwood floors and remove and reinstate ornate oak panelling and built-in furniture without the slightest evidence of any disturbance.

Because the main fireplace in the drawing room is no longer used, it was necessary to add an additional radiator to keep the room warm. BSW fitted a period look MHS Liberty cast iron column with sculpted sections and coloured bronze to blend with the room décor. A Quinn Tuscany heated towel rail with an Edwardian period look serves the main bathroom.

The new system runs up to 50 per cent more efficiently than the old, is easy to maintain and the radiators are now zoned with separate time and temperature controls for economy of operation. More importantly, it keeps Lady Hunt as warm as toast!

Lady Hunt looked after BSW's team throughout the installation, making sure the tea urn never ran dry and even organising a splendid lunch in gratitude. "Thanks to BSW I will stay warm and cosy when the weather turns cold again," she said. "I am very happy. I am particularly happy with the period style radiator in the drawing room, specially ordered. It looks as though it was installed by Kempe in the nineteenth century. All the other radiators appear as he left them, except that the heating behind the screens is new and effective. I was particularly happy to have amongst the staff that worked here, Chris Nye the carpenter, who installed radiator cabinets here for BSW several years ago. He is an amazing craftsman. It was also nice to meet some of the younger ones who seemed very eager to learn their trades."

"Much of the 125 year old heating system remained as originally installed and, miraculously, still worked!"



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Sept 13

A portrait of Gavin George, a middle-aged man with grey hair, wearing a dark suit, white shirt, and grey tie. He is sitting with his arms crossed, looking directly at the camera with a slight smile. The background is dark and out of focus, suggesting an indoor setting like a pub.

Gavin George

VILLAGE PEOPLE

By Claire Cooper

Many of us at some time in our lives have spotted a gap in the market – or had a great idea for a business.

And for most of us, that's where it stops - a good idea at the time. But for some, the seed is sown and it's just a matter of waiting for the right opportunity.

Lindfield's Gavin George spotted an untapped gap in the pub market when he was a student at university in Brighton during the 80s.

"I was part of a great student population wanting great pubs that were more suited to us," he said.

"Most of the pubs catered for older male orientated clientele. The city was crying out for pubs for young people - places where they could express themselves in creative and artistic ways."

Today Gavin is Chief Executive of a major pub chain, with 40 Brighton pubs and four in London. He is currently working his magic on his only country pub – The Chequers at Slaugham.

It's a far cry from Gavin's cash-strapped student days when the idea of buying his own pub was just a dream. But even then he showed he had the makings of an entrepreneur when his band secured the rights to use Jimi Hendrix's music to create dance music during the early days of sampling. "The money I made through the band, which had a success with the album in America, helped fund my student days," said Gavin.

Gavin left university to pursue a marketing career in IT, quickly rising through the ranks to become marketing director for a London plc but the idea of launching pubs for young people in Brighton was never far from his thoughts.

The opportunity finally came from a chance conversation - in a pub of course.

"I met my future business partner in a pub in Guildford," said Gavin. "I explained my ideas on how to get younger people into pubs and make them busier - by creating an environment which was artistic, creative and cutting edge in terms of music and activities."

The conversation led to the pair taking over the former Volunteer pub in Brighton, which was struggling to survive in a competitive market.

"At the time customers consisted of three people and a dog!" said Gavin.

"One of the first things we did was to recruit art students to help us create an environment that young people would enjoy," he said. "The re-fit cost us around £12,000 – today it would be around £500,000."

The pub re-opened as the 'Mash Tun' and, with its prime location at the corner of New Road near Brighton's Theatre Royal, remains one of the busiest and liveliest pubs in the city."

At the time Gavin was still working in IT but that all changed in 1999. "We had already built up the business and owned eight pubs but when the opportunity arose to buy a group of 16 it was time to take the plunge!"

The business, Inn Brighton Ltd, has continued to grow and one of the more recent additions is the North Laine pub which boasts its own brewery. "We were delighted to bring brewing on this scale back to Brighton with the creation of our own brewery in this very special pub," said Gavin. "Customers can sit and enjoy a pint of 'Laine's Best' while watching it being brewed – we're really proud of that."



Gavin feels the key to a successful pub is to create and preserve a unique character which reflects the lifestyles of its customers.

"Part of our success is our ability to develop a symbiotic relationship with the culture of Brighton," he said. "Our pubs are platforms where customers can express themselves. The people who work in our pubs are the sort of people we would like to have as customers."

Pub managers are given a free rein too. "We like to leave our managers to get on with the job," said Gavin. "Giving them autonomy encourages them to be creative and try new ideas."

This freedom has paid dividends in the World End pub in London Road where the manager brought in an award winning barbeque chef, resulting in the pub being heralded in the Observer as one of the best places to eat in the country!

Many of Gavin's pubs offer live music, two have their own theatre, while another turns 'big-top' at midnight entertaining customers with circus acts. Inn Brighton is also responsible for bringing the spectacular Spielgelent to the Old Steine in Brighton for the Festival in May.

Gavin is passionate about environmental issues, so sustainability is high on the agenda for all premises. "We were responsible for Brighton's first eco-pub, the Earth and Stars, and I'm extremely proud that we are the first pub chain in the city to be carbon balanced," said Gavin. "We have planted trees in Uganda, filling an area half the size of Preston Park to soak up the carbon we produce in our pubs."

Gavin's love of the countryside and rural life led him to spend a year living in Provence, and adding a country pub to his business. "I like beautiful places and Mid Sussex is very much the equal to Provence," he said.

"My wife Nicole and I were on holiday when my business partner phoned me to tell me about the Chequers being on the market," he said. "I trusted his judgement and we put in an offer."

"When we got home and visited Slaugham we fell in love, not just with the pub but with the area."

It wasn't long before the couple moved from their home in central Brighton – first to Cuckfield and then, after the year in France, to Lindfield.

"Lindfield is such a beautiful little village with very happy people," said Gavin. "We settled in straight away and can't imagine living anywhere else."

Gavin's daughters love village life, although his son has since left the family home to pursue a career as a rock musician with the successful indie band TOY. "His band is already far more successful than mine," said Gavin. "I was incredibly proud to see them as guests of Paul Weller and performing at Glastonbury this year."

Gavin explained how the management of the Chequers was taken back under Inn Brighton's direct control in October after a succession of management companies had failed to make it work. "The roadworks on the A23 have been really bad for business and the diversions made the pub even more difficult to find," said Gavin.

Many may have seen this as a good time to call it a day but Gavin only saw a challenge.

"This pub is so different from anything I've taken on before but I feel very strongly that there is a place in the market for a country pub offering a more urban experience in a beautiful setting," he said.

"Country pubs like The Chequers are often 'occasional visit pubs' – you might go to celebrate granny's birthday or on a Valentine's date. The objective is to get people to come back again and again and you'll only do that if the quality is exceptional and the experience memorable."

Over the past few months the pub has undergone a transformation – with an updated and welcoming interior and stunning gardens.

The formal menu and silver service has also gone, replaced by a range of traditional pub dishes given a modern twist – including a range of gourmet game burgers.

Inspired by the name Chequers, Gavin has expanded the 'Game' theme – from the wild boar, venison and salmon burgers to the playing card table numbers. There's even an opportunity to win your burger – Roll a dice, throw a six and your burger is on the house!

The Game theme extends to the pub decor and a canvas of iconic games show host Bob Monkhouse has proved to be a talking point. "Lots of people think he used to live here," said Gavin.

While the Chequers is clearly a priority, Gavin is always on the lookout for his next opportunity. "We're aiming to build up the business in London to a sizable estate, and of course I would love to get my hands on a Lindfield pub!"

And with Gavin's track record it may be just a matter of time.

Back to school strategies

NATURAL THERAPY

By Wendy McCallum

I've had some feedback from parents saying how much they enjoy the flexibility and freedom of the holidays (along with just as many who say they are a challenge!) but that they and their children struggle at the beginning of term, particularly with tiredness. There are several things from a natural therapy perspective that you can try but let's start off with some basics first.

It's perfectly normal to allow your child/children to stay up a bit later in the holidays since they don't need to be up early in the morning. However, it is useful to start getting back in to some sort of routine a week or two before term starts. Perhaps think about looking at their normal 'school term' bedtime and their holiday bedtime and adjust this back gradually. If they're going to bed 1½ hours later than usual, then perhaps adjust bedtime back by 15 minutes every 2-3 days to bring it back in line by the time term starts.

When they go back to school, try to make sure that they (and you) eat a good breakfast with low Glycaemic Load foods to help sustain energy levels throughout the day, and ideally do the same for lunch if they take a packed lunch. By keeping blood sugar levels as even as possible, they won't suffer with the horrible blood-sugar dips that can lead to energy slumps during the day. Also make sure that they drink plenty of fluids, as dehydration can be a major cause of tiredness.

Essential oils can be useful to help perk you up when you're tired. It may help to put a couple of drops of either Lemon or Lemongrass on a cotton wool pad or tissue and give it to your child to sniff if they feel the need. Lemon is great for helping with tiredness and also helps with concentration and clear thinking – very useful as they get back into the swing of school. Lemongrass is refreshing and revitalising and is good during times of change, so may be particularly useful if you child finds it difficult to adjust to going back to school or is going to a new school.

Anxiety can also play a role at the start of term, both for parents and children. To help your child to calm themselves if they need to, suggest that they look at the palm of their non-dominant hand (for this purpose let's assume it's the left). Just below the index finger, about a third of the way down the palm and very slightly towards the centre of the hand, will be a point where the opposite thumb should "fit". Press on this point three times to release tension. Ideally this should be done while taking deep breaths, with the pressing occurring on the out breath, but just the pressing alone will help.

These tips work for adults and children alike, so please use them whenever they are needed!

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Emerging tennis ace

By David Tingley

Although you may not have known it, Lindfield is the proud home to a schoolboy who is hoping to go all way into professional tennis.

Will Matthews, 14, first discovered his love for the sport while on a family holiday in Italy when he was just eight years old. On that holiday he barely left the courts and, on returning home, his parents immediately tried to find him one-to-one tennis lessons. At the time Will's play was said to display raw talent for the game. He entered a Sussex tournament shortly afterwards and came in third place.

By the time he was ten we was playing 7-9 hours a week. He began attending a high performance centre down in Falmer. At Will's first opportunity to be selected and play for Sussex in the County Cup competition he was playing in fourth place and really struggled to keep up. "I quickly realised the quality of players who were above me in the regional competitions. However, that just served to make me more determined to work my way up," Will commented. Two years later Will was playing the same competition as number two in the team.

This year Will has really begun to step up his tennis. He has been playing at national level in Under 14s for 12 months and is ranked 20 in the country, but in reality he's probably in the top ten or even top five according to his coach Brett Macdonald. "Will certainly has raw talent but he is about three years behind many aspiring pro players of his age as he started so late. Although his technique is great right now, we must work on his physical strength and the mental strategies that he can use in competitions," said Brett.

Will is no ordinary 14 year old and must battle with some significant personal sacrifices in order to further his tennis career. In July alone he played in Slovenia in Tennis Europe, where he reached the Quarter Finals, and at national level in Bath and Sheffield too. After this he competed in the 'Road to Wimbledon' finals and at another national championship in Nottingham, before he was able to enjoy a brief break before his training intensifies from this month. Now in Year 10 at Oathall

"We never thought for a moment it would lead to Will playing at Wimbledon!"

Chris Matthews, Will's father

Community College, he has to try to work out a regime that includes both study and a significant increase in training. "The school has been very supportive in recognising the need to take time out to compete," he said. But what about his friends, does he miss out with them? "Yes, especially in the summer. On the last day of term I was competing in Bath. I can stay in the loop with social media which is something I guess," he reflects. "In a way I almost have a double life; my mates at home/school and those that I meet on tennis squads and competitions in my 'other' life!"

Will's father, Chris Matthews, told us: "When we first took him to a few small local tournaments we never thought for a moment it would lead to him playing at Wimbledon! That was a fantastic experience for us all."

Will is a member of various tennis clubs, including his local here in Lindfield where they are working to build a base of young talent for the game. Amy Russell, Lindfield Tennis Coach, explains: "We have a mini performance group of 5-7 year olds currently which we are hoping to grow up through the club. The principle being it's better for UK Tennis as a whole to be training a group up to a high standard rather than just one or two individuals." Southdowns Tennis School, who coach at Lindfield Tennis Club, have already volunteered their services to provide some curriculum tennis lessons to Lindfield schools and they are expecting to provide after school clubs in this new term.

So what now for Will? Does he feel the pressure as he furthers his climb to the Professional Tennis Circuit? "Not pressure," he says, "it's more like an opportunity. I love playing tennis. Competing especially. So I am just going to keep on keeping on."



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The new vicar in town

VILLAGE PEOPLE

The Parish Church of Lindfield has just made a significant appointment. Last month Rev Stuart Silk joined the staff team to 'share the leadership of the church under the direction of the Vicar (Canon James Clarke) and to make a major contribution to the nurture of church members'. Lindfield Life talks to the new Associate Vicar about life, family and just how many links he has to the village.

By David Tingley

Stuart Silk was born into a christian family while they lived in Tonbridge, Kent. Some years earlier Rev Norman Smith had married his parents at their home church. Norman moved on to be the minister at Lindfield United Reformed Church and Stuart's family also moved away, to Cambridge. However, the two families kept in touch and Stuart found himself visiting Lindfield often during his childhood.

Wind forward a few years and Stuart had studied in Plymouth, where he left with a degree in Geography in 1999. While he was at university he was heavily involved in the Christian Union. In addition to meeting his wife Katherine there, he also met a certain James Clarke, who was the chaplain to the college as part of his role in the area. Stuart & Katherine were married in the July. A couple of years previously James had taken up a new post to be vicar of All Saints Lindfield (ASL) and he encouraged Stuart to consider working for the Church.

"James saw something in me that I had never really considered before," said Stuart. "He believed that I had the skills to do the job and had a lovely manner to help me see it too." And so, in August 1999, he was freshly married and started his new job as Youth & Children's Coordinator right here in Lindfield. Stuart had oversight of all the youth and children's work at All Saints but focusing on the work with 14-18 age group. In his time he was responsible for changing the old Wayfarers group to

its new name of 'Encrypt'; a name that had not changed for 40 years. His role changed after three years to Youth and Worship Coordinator when James asked him to stay on for a further three years. During this period Stuart created a youth event on Sunday evenings once a month entitled Souled Out – which proved very popular with a band and a more relaxed, youth-friendly service.

It was in 2004 that Stuart received what he describes as an "unmistakable and unavoidable" call from God. Having been in post for five years he was feeling the urge to get out and do something else. He had always been a DIY enthusiast and could turn his hand to almost any practical job around the home and so he considered that he might move on to some kind of property business. However, while he was away on a leadership development course he heard from God. "It was so clear it was almost audible," Stuart describes. "He said 'I want you to build churches not houses' – and that was that!" In fact there is a rigorous discernment process in the Church of England which followed over the next year or so, after which the Bishop of Horsham recommended Stuart for theological training in preparation for full-time ministry.

So Stuart left his role at All Saints in 2005 with a clear calling to enter ordained Anglican ministry. However, he was keen to have done something other than work for the church before becoming a vicar, so Stuart and his family (they had one son at this stage) stayed in the village and he began taking on freelance building work; kitchens, patios, small extensions to "get it out of his system" in his words!

This period lasted for two years and in 2007 he moved to North London where he studied theology at Oak Hill College. He was ordained in Chichester Cathedral in June 2010 and started as Curate of St John's in Southbourne, West Sussex immediately afterwards.

Stuart & Katherine have four boys – Jude, Peter, Daniel

& Matthew. The family are all looking forward to the new location but Stuart is all too aware of the size of the task he's undertaking. And going back to a church where you were previously employed (albeit in an entirely different role) has its challenges. In broad terms it's fair to say that he will be James Clarke's 'right hand man' but the list of responsibilities associated with his job are many and various. "At the end of Matthew's gospel, Jesus left his disciples with a 'great commission' to take the message of Jesus to all the nations of the world. He also tasked his followers to help people to go deeper with God," Stuart says. "A large part of my role is to help facilitate that with small groups, discipleship training, confirmation preparation classes and mentoring all as part of that. It's a big gig but I'm looking forward to the challenge."

Canon James Clarke commented: "I am delighted Stuart will be rejoining the team at ASL in a new and very different capacity. We have a big task ahead of us in the next five years with our ASPIRE project and our Reach, Build, Send mission action plan. We shall be concentrating on the build element and Stuart will be playing a major role in that area. We are looking forward to an exciting time of growth and development."

As is the Anglican custom, there is a Service of Licensing being held on 22nd September at 4pm at All Saints Church where the Bishop of Horsham, The Right Reverend Mark Sowerby, will be presiding. After that, it's up to Stuart to see how the next chapter in his life here in Lindfield will go.





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Jenny first established her practice in Brisbane, Australia in 1988, after graduating from Sydney University.

Subsequently Jenny taught chiropractic at Macquarie University for five years.

She has worked with Australian Olympic Athletes and members of the Australian Rugby Team.

Jenny has done postgraduate studies in paediatrics and acupuncture and is passionate about chiropractic and the help it can give to people of all ages.

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Spaghetti with green beans and peas

Serves 2

Trim and cut 150g fine green beans into 2cm pieces. Cook 225g spaghetti to packet directions, adding the beans and a good handful of frozen (or fresh) peas to the pan for the last 5 min of the cooking time. Drain then return to the pan. Add 4tbs pesto (bought or homemade) and 50g grated Pecorino or Parmesan cheese and stir gently over a low heat until hot. Spoon into bowls and top with toasted pinenuts.



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By Caroline Young

I am writing this on a very hot day and hope by the time you read this that the weather has continued to be warm and sunny. However, by now maybe salads and barbecuing have lost their appeal, so here are some light and delicious alternatives to whet your appetite. The sauces are light and fresh and the finished dishes look very appetising. The dessert makes the most of the last of the summer berries and is quickly cooked in the microwave.

Linguine with crab, lemon, chilli and mint

Serves 2

Cook 225g linguine (or spaghetti) to packet directions then drain, reserving 220ml of the cooking water.

Meanwhile gently cook 1 small finely chopped onion, a crushed glove of garlic and a generous pinch (to taste) of dried chilli flakes in a knob of butter until just soft. Stir in the juice of half a lemon and 3tbs of the pasta liquid. Stir and cook until the liquid has almost evaporated. Tip the pasta into the sauce, gently tossing to coat. Add another knob of butter, the juice of half a lemon, 225g crab meat, seasoning to taste, a little more of the cooking liquid if needed and some finely torn fresh mint leaves. Stir to combine and warm through, then spoon into warm bowls and serve immediately.

(No crab meat? Use a can of tuna, drained and flaked.)

Compote of summer berries

Serves 4

Prepare 375g each of raspberries and strawberries, 115g blueberries and 225g red or blackcurrants. Put half the raspberries into a microwable casserole and stir in 3tbs caster sugar. Cover and cook for about 3 min on HIGH or until fruit softens. Sieve to remove the seeds. Measure 2tsp cornflour into a bowl and gradually whisk in 300ml rosé wine then the purée. Cook, whisking frequently, for 2 min or until the sauce comes to the boil and is thickened and smooth. Leave to cool completely. Add the other fruits and gently stir to combine. Check the compote is sweet enough, cover and chill.



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An eye for detail

HOMEFRONT

By Jacqui Smith, interior designer

One of the silver linings to losing the vision in my left eye has undoubtedly been getting to work with London-based charity The Thomas Pocklington Trust. They are a leading provider of care and housing support services for people with sight loss in the UK. They also fund a programme of social and public health research and development projects in conjunction with centres such as the Dementia Services Development Centre at Stirling University and research teams at Kingston University.

I met their Research Director, Sarah, back in March when I delivered a talk at the Bournemouth Care Show on the importance of good interior design in care homes. Despite repeatedly bashing the microphone with my nose when I leaned in to speak, which I felt took the polish off my presentation (the one eye thing means that I only see in 2D so have poor depth perception), Sarah introduced herself after the seminar. At this point she was unaware of my own experience but we got chatting about the importance of good interior design for the blind and partially sighted. To say that losing half my sight has opened my eyes to the importance of good design for the elderly may sound like a poor attempt at a pun, but it has. Up until last November I had paid due consideration to proper lighting and use of contrast when designing care home interiors for the elderly, but only since becoming monocular can I really understand the profound impact overlooking this can have for the visually challenged.

The prevalence of sight loss increases with age. Recent research suggests that serious sight loss affects one in eight people over the age of 70 and one in three over the age of 90. However, less serious visual impairments can also seriously affect day to day living and the large majority of those over the age of sixty could benefit from better lighting in the home. Few people with sight loss are totally blind. Most have

some residual vision and appropriate design can help to maximise their functional vision. If you are caring for an elderly relative or know someone who has suffered with vision loss, here are a few considerations that could make a huge difference to their day to day living:

Improve lighting

Maximise natural light wherever possible; low sills and unfussy window treatments. Good lighting is key; under cabinet lighting in kitchens and well lit stairs so that the treads can be easily seen. Cupboards and wardrobes should be internally lit and all light sources should be shaded to avoid glare. Dimmable lighting will allow light levels to be adjusted to suit the user's needs.

Use colour and contrast

Paint door surrounds in a clear contrasting colour from the adjacent wall to clearly define the doorway. Contrast should be used on handles, knobs and appliances; pale coloured light switches on a dark wall will be easier to find. Garden decking steps can prove hazardous since those without the ability to see in 3D cannot distinguish between the steps; the horizontal lines just blend into each other. I know this! When considering flooring, a change in colour between two types, even if it's the same material, can give the impression that there is a step and pattern can be confusing.

Avoid clutter

Ensure that there is plenty of space and a logical layout for routes, both in the home and in the garden. Shelves overloaded at head height and plants overhanging in the garden can be disorientating.

Those bright yellow paint lines on the nosings of the steps at Haywards Heath station may not look that pretty but they certainly have a role to play.

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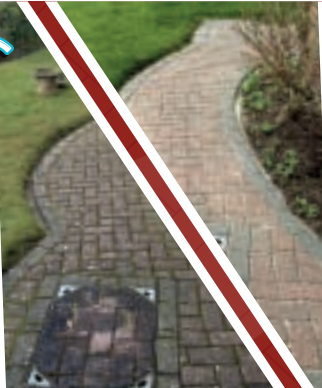
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Lindfield Rural Parish Council Newsletter

September 2013

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: lindfieldrural.parishcouncil@virgin.net www.lindfieldrural-pc.org.uk



Neighbourhood Plan Update

With the completion in June of the Housing Needs Survey, all the necessary evidence to be used in the Plan has now been obtained. Each of the four community Focus Groups have completed their work, produced reports of their findings and been disbanded. We are very grateful for their efforts and hope that we may call on their assistance again to engage with the community during the public consultation phase later in the year.

We have now reached the point in the process where the Plan is being drafted by our consultants, Action in rural Sussex (AirS).

The approval of the Wates development in Gravelly Lane, although very disappointing and against the wishes of the community, has removed the necessity for the Plan to identify any housing sites. However, we know from the Housing Needs Survey that extra affordable housing is required for local people, especially the young. As a result, a small number of potential sites are being progressed, with the emphasis on small development and provision of homes to meet the requirements as outlined in the Housing Needs Survey. Access to the majority of these properties will be restricted to people with a strong link to our local community rather than the populace at large.

The current schedule suggests that the draft Plan will be ready by the end of September. This will then be published for a six week consultation period to enable the community to comment and suggest any amendments. During this six week consultation period there will also be further public exhibitions/pop-in sessions, similar to those last Autumn and Spring, where the Plan can be discussed in detail. The final draft will then be submitted to Mid Sussex District Council for further scrutiny, public consultation and independent inspection.

Sprucing up Anchor Pond in Scaynes Hill

Following an enormous amount of work some years ago by a dedicated group of Scaynes Hill folk to improve the pond and its surroundings, it had become rather overgrown and neglected of late. A maintenance plan was agreed in the Spring and regular work is now being carried out to restore the pond whilst protecting the indigenous wildlife, especially the Great Crested Newts. The willows have been cut back and treated to avoid regrowth and the brambles and sticky weed are slowly but surely being defeated. It is planned to continue with regular maintenance of this valued community asset to prevent any future deterioration.

Allotments

Recent news headlines have indicated that, for various reasons, the availability of general foodstuffs is going to be more limited in future years. Back in the 1940s, when food became scarce because of the war, communities were advised to 'Dig for Victory' and people dug up their lawns to grow vegetables. Nowadays lawns are much too precious for such actions but that's where allotments come in.

Efforts are currently being made to identify possible allotment sites in the Scaynes Hill area but there needs to be a requirement for such allotments to be made available. If you would like to have an allotment to grow your own food and potentially greatly reduce your food costs, then you need to register your desire with the Parish Council. Contact the Parish Clerk, either at the Scaynes Hill Millennium Centre Parish office (telephone 01444 831499) or by email to lindfieldrural.parishcouncil@virgin.net

Bulky waste collections

Mid Sussex residents can now arrange for large, unwanted household items to be taken away simply by going online. Mid Sussex District Council has introduced a new online bulky waste collection service to make it even more convenient for residents to book.

A Bulky Waste Collection can be booked online at www.midsussex.gov.uk/selfservice or by calling 01444 477440. For more information about Mid Sussex District Council Refuse and Recycling services visit www.midsussex.gov.uk/recycling

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John Dumbleton (Chair)
 Ray Jones (Vice Chair)
 Brian Bunt
 Chris Hersey
 Margaret Hersey
 Keith Martin

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 Tel: 453868
 Tel: 484661
 Tel: 482270
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 Tel: 831431

Steve Minter
 Andy Spooner
 Christopher Snowling
 Parish Clerk: Di Morgan
 Assistant: Irene Nicholas

Tel: 831786
 Tel: 831602
 Tel: 482172
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Lindfield Rural Parish Council Office is open to the Public on Tuesdays 12.30 to 13.30 and Thursdays 10.00 to 11.00

Summary of Annual Accounts for the year 2012/13

LINDFIELD RURAL PARISH COUNCIL SUMMARY OF ANNUAL ACCOUNTS YEAR ENDED 31 MARCH 2013

INCOME & EXPENDITURE ACCOUNT

	2013		2012	
	£	£	£	£
INCOME				
Precept	50,294		50,242	
Rental Income	41,993		50,075	
Other Income	6,454		1,213	
		98,741		101,530
EXPENDITURE				
General Administration	43,013		38,452	
Legal & Professional	3,902		2,210	
Site Running Costs	27,004		33,672	
Capital Expenditure			2,328	
Sundry Expenditure	11,185		3,515	
		85,104		80,177
Excess of Income over Expenditure		13,637		21,353
BALANCE SHEET				
	2013		2012	
	£	£	£	£
CURRENT ASSETS				
Debtors	5,026		3,052	
Balance at Bank & Cash in Hand	171,961		168,703	
		176,987		171,755
CURRENT LIABILITIES				
Creditors		(14554)		(22960)
Net Assets		162,433		148,795
CAPITAL & RESERVES				
General Reserves	27,704		25,769	
Earmarked Funds	121,092		101,673	
Retained Reserves for Year	13,637		21,353	
		162,433		148,795

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Fill your boots for St Catherine's Hospice!

Whether you're a seasoned walker or fancy your first summer stroll, St Catherine's Hospice is hoping people from across the area are tempted, like 18 month old Jack from Horsham (pictured), to take their first steps in fundraising on Sunday 8th September.

Free to sign up, the Balcombe Walk is a much loved event, now in its 23rd year, which offers you the chance to take in some of Sussex's most beautiful sights while helping the hospice ensure it is there to care for local people facing life with a terminal diagnosis.

It's easy to sign up online at www.stch.org.uk or pick up a registration form at your local St Catherine's Hospice shop. Whether you tackle the challenge of the full 12.5 mile circuit or prefer the shorter routes of 4, 7 or 10 miles, there will be tables laden with free tea and cake waiting for you back at Victory Hall, Balcombe.

Gabi Field, Community Fundraiser at St Catherine's Hospice, says: "We're hoping 400 people will be tempted to lace up and fundraise for us this September. If everyone taking part in the Balcombe Walk raised just £50, we'd be able to cover the costs of five specialist community nurses for one month.

"It's simple to sign up online or pick up a registration form at your local St Catherine's Hospice shop. As it's our 30th anniversary year we have a special 30km relay featuring our trustees."



Above: Jack is our youngest walker signed up to date and he'll be taking on the route in his pushchair with Mum Kirsty and Dad Ben

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What's on in September

AT KING EDWARD HALL

- 2nd **Autumn Club Meeting** – Social Afternoon
(Sally Dew 01444 414456)
- 5th **Country Market** – 10am-11.15am
(Sheila Hobbs 01444 483396)
- 11th **Lindfield Preservation Society** – An Illustrated Talk on "Orders of Chivalry" by Simon Langton. A brief history of the British Orders of Chivalry from the Order of the Garter to the Order of the British Empire, explaining the Insignia of the various Orders and the different Classes within them. All welcome, entry free. (Meeting and Membership information from John Chapman 484470)
- 12th **Country Market** – 10am-11.15am
- 14th **Lindfield Horticultural Society – Autumn Show of Flowers and Produce**
2-4.45pm. There will be traditional vegetable classes – the heaviest marrow, onion, pumpkin and tomato – with a new cup for the pumpkin with the largest circumference. There are also new perennial classes and the special class for fuchsia plants that members purchased at the Spring Show. Plus fruit, flower arranging, cookery, handicrafts and children's classes. As usual, homemade teas and a plant stall. Admission £1.00, children free. Enquiries to Show Secretary on 01444 483236. www.lindfieldhorts.org.uk
- 19th **Country Market** – 10am-11.15am
- 19th **Film Show Evening** (film TBC, see KEH notice board or posters) Jennie Powell 01444 483431
- 25th **An evening of Salsa Dancing**
- 26th **Country Market** – 10am-11.15am
- 28th **Finders Keepers** - Preloved Clothing Sale

Please refer to the King Edward Hall notice board for additional information regarding the above events. If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on bookings@kingedwardhall.org.uk

AND ELSEWHERE

- 1st **Sussex Prairies Unusual Plant and Art Fair**
11am - 5pm. A rare collection of exciting nurseries, artists and crafts people will be coming together in the Sussex Prairie garden bringing a great selection of unusual plants and beautiful pieces for you to buy.
www.sussexprairies.co.uk
- 8th **BHF Heart of Sussex Horse Ride**
For further details contact medlicott@btinternet.com or call 01825 790397 or 07801 103527
Search Facebook: Heart of Sussex Sponsored Ride
- 11th **Tiger Arts Lunchtime Concert** All Saints Church
Richard Durrant (Concert Guitar)
- 11th **The Annual Peter James Golf Classic**
Haywards Heath Golf Club
Money raised by the committee members helps fund vital medical research into conditions affecting babies and children.
For further information on the charity please visit www.action.org.uk. Anyone who is interested in supporting the Haywards Heath and Lindfield Committee or the Peter James Golf Classic should call 01444 482362.
- 12th **Burgess Hill and Hayward Heath Rotary Clubs Rotary Charity Golf Day**
Pycombe Golf Club, Clayton Hill, Pycombe
First tee off at 11 am: dinner from 6 pm.
Team and individual prizes. £40 per person, £155 per team of four. Includes refreshments on arrival, round of golf, prizes, raffle and auction. Proceeds to Local & International Rotary Projects
- 18th **Mid Sussex Decorative and Fine Arts Society Lecture** - "Roman Britain and Christianity" by Sam Moorhead 10.15 for 10.45am at Clair Hall, Haywards Heath
- 21st **Haywards Heath Music Society opening concert**
Pavlos Carvalho and Ensemble Reza
St Wilfrids Church, 7.45pm. Tickets £12 (£11 conc) www.haywardsheathmusicsociety.org.uk
- 21st **NSPCC Hobbies and Crafts Fair**
10.30am-4pm at Clair Hall, Haywards Heath.
Lots of different stalls selling hand-made items plus several short demonstrations.
Teas, coffee and cakes plus a raffle.
For information contact Sue Spooner on 01444 831602

ADVANCED NOTICE – **Heart of Sussex Christmas Fair** on Wednesday 9th October at Pierpoint House, Lindfield Christmas Gifts, Cards and other Goodies in aid of The British Heart Foundation

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