

Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

March 2013 Issue #48

Free



Former Limes Bistro owners' story

page 10

Money Matters: Stock Market levels

page 16

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page 38



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EDITORIAL

By David Tingley, Editor

I think you will agree that this month's magazine is a particularly interesting mix of content for your delectation.

Firstly we hear some responses regarding the big story that's got the whole village talking; the **proposed new development** just behind Gravelly Lane by Wates. Both the **Rural Parish Council** (on **page 34**) and **Lindfield Preservation Society** (**page 21**) make their own comments on it. This story broke after we had gone to press last month.

We are also privileged to hear the stories of **Alan Hill** and **Chris & Jo White**.

Many will know Chris & Jo as the gregarious owners of **Limes Bistro** on the High Street. In January they sold the business and so we took the opportunity to catch up with what's on the cards for them now. Read the full story on **page 10**.

Claire Cooper met **Alan Hill** and talked to him about his new book - and the extensive back catalogue of other titles authored by him - on **page 20**.

Our regular 'man of the books' **Cavan Wood** calls this month's work of fiction a "must read masterpiece". You can read what else he said about the Noah Hawley book on **page 19**.

With **Easter** falling at the end of March, you can see the details of special **church services** on **page 18**, plus a **full listing of everything else** that's going on in its usual position on **page 38**. There's a couple of Easter events happening at **Borde Hill Gardens** - check out **page 33** for more information.

In addition to all of this there is, of course, loads more **Lindfield news** crammed into this bursting edition. Get the kettle on and have a thumb through at your leisure.

Finally, as ever, **if you have any ideas** about articles or know of some **news you'd like to share**, do please get in touch. Phone, email, Twitter, Facebook or just grabbing me in the street are all good methods!

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Lindfield Life

Brooklands Barn, Rocky Lane,
Haywards Heath, RH16 4RR

Telephone 01444 884115
www.lindfieldlife.co.uk

Editor: David Tingley
Assistant: Claire Cooper
<editor@lindfieldlife.co.uk>

Advertising: David Tingley
<ads@lindfieldlife.co.uk>

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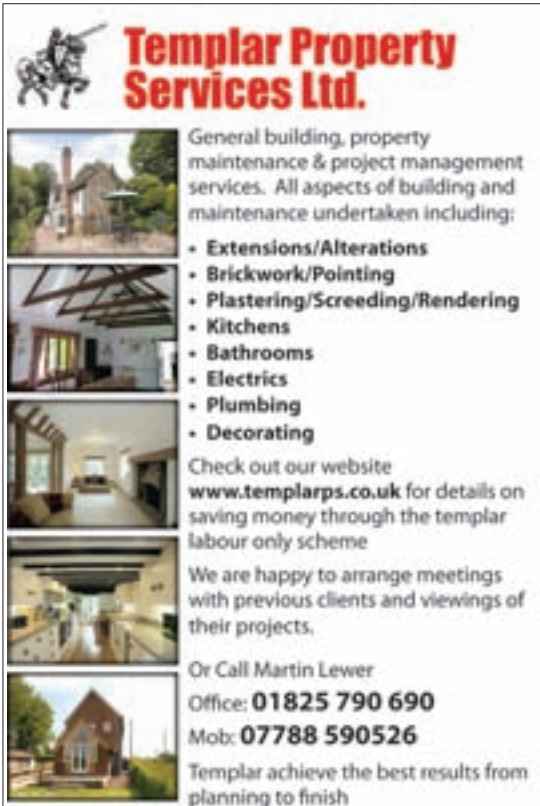
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The best recycling habit for ladies yet!

Finding bargains and passing them onto friends has become more than a bit of a habit for two Lindfield ladies. They have set up Finders Keepers, a mobile dress agency which aims to bring recycling to a whole new level.

Focusing on quality labels like LK Bennett, Hobbs, Monsoon and many more, Sue McKinney and Sian Mills are helping ladies rid their wardrobes of clothes, shoes and bags that they never use by selling them on to new owners.

Everyone benefits as sellers get cash to buy things they will wear and buyers get great quality clothes at a fraction of the usual price. Sian said, "We knew from our friends that everybody has things that they have only lightly worn, or even never worn, but that are just too good to throw away. So we came up with the idea of the mobile dress agency to recycle them on to new owners."

The mobile dress agency named Finders Keepers (as they find the clothes you want to keep!) holds regular monthly sales at King Edward Hall. Sian and Sue also host clothes parties where you supply the the venue and



Finders Keepers will bring along lots of lovely pre-loved/new quality clothing, bags and shoes for you and your friends to try on and buy.

"It's the ultimate girls' night in," said Sue. "You get to buy quality clothes with all your girl friends to help and you have the satisfaction that you are recycling too!"

Finders Keepers is holding its next sale on 9th March from 10.30-1.30pm. For more information call 412764.

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Dramatic club stages something new

Having introduced the occasional guest speaker to its monthly club nights, Lindfield Dramatic Club is going a step further this month when it will welcome not only its own members but those from other clubs and societies, as well as the general public, to a talk by freelance theatre director, writer and producer Robin Belfield.

Robin, a Lindfield resident, will talk about stagecraft, text and characterisation on what promises to be a thoroughly absorbing and interesting evening for anyone who enjoys watching or being involved in theatre.

A graduate of the University of Bristol, Robin Belfield was awarded a place on the prestigious Channel 4 Theatre Director Scheme and began training as a director at The Nuffield Theatre in Southampton. Since then he has worked at many of the UK's major regional theatres, including the Bristol Old Vic, the Watermill Theatre in Newbury, the Theatre Royal Bath and The Dukes in Lancaster. He also spent 18 months as resident staff director at The National Theatre in London.

Robin is an experienced teacher and works extensively with UK drama schools. He is founder of Sussex Actors Studio and Limepalm Productions, and last year was festival director for the Lindfield Arts Festival.

LDC's club evening is on Monday 11th March, upstairs at The Bent Arms in Lindfield High Street. It starts at 8pm and admission is free.

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Acupuncture - an holistic way to health

25 February to 3 March 2013 is Acupuncture Awareness Week, which is supported by the British Acupuncture Council (www.acupuncture.org.uk) and aims to help better inform people about the ancient practice of traditional acupuncture.

With 2.3 million treatments carried out each year, acupuncture is one of the most popular complementary therapies practised in the UK today. Yet despite its widely recognised health benefits many people only discover it as a last resort.



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If you would like to find out more about acupuncture and how it can benefit you, please call Lesley Reed for an informal chat. Appointments are available from 8am to 8pm Monday to Saturday at The Clinic at Borde Hill and home visits can be arranged.

Please call 07808 248772 or email lesley@reedacupuncture.co.uk.





Winning art students

Local coffee house and art emporium – The Toll House – held an art competition and exhibition for two weeks in January. The idea came from proprietor Jackie McGahan’s son Harry. The art competition was open to all students of Oathall Community College.

11 pieces were selected as finalists by the judging panel, which were then displayed at The Toll House for a two week exhibition.

Megan Tucker (pictured) was chosen as the winner by judges with her mixed media triptych, which she undertook for a GCSE exam. There was also a public vote where hundreds of votes were cast by customers. Em Truscott won this element with her photographic piece of a grandmother and granddaughter holding hands.

The winners received vouchers for Lindfield’s Artyfect art store. Artwork by Josh Hughes and Rachel Haden were both highly commended by judges in their summary. A number of pieces from the exhibition received bids from a silent auction held for the duration.

‘Church plans’ meeting

Residents of Lindfield are invited to join members of All Saints church on Saturday 9th March to hear the outline proposals for the redevelopment of the church buildings. The church will be open from 9.30am until 4.30pm for informal viewing of the plans, with a formal presentation at 10.30am repeated at 2pm. There will be opportunities to ask questions and to discuss the plans with the architect and members of the Project Steering Group.

Further information can be found on the church website – www.allsaintslindfield.org – or by calling the church office on 01444 482405.

Services raise charity cash

The vicar and people of All Saints were delighted with the response to their Christmas Appeal to raise money for an orphanage in Oradea, Romania, to buy and install a commercial dryer for their laundry.

Those attending the Carol Services, Christingle and other services over the festive season donated £8,835 – far exceeding the target sum of £5,300!

This means the orphanage can now purchase not only the dryer but also an industrial gas cooking range and replace 10 broken or ill-fitting windows in the children’s bedrooms.

In the words of Samuil Mitra, who runs the orphanage: “May the Lord bless you and all the people that sacrificed so generously for our ministry among orphans. We pray that He may remember you and multiply His blessings over you and your community.”

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Popular tree to be felled

One of the best loved and oldest trees on Lindfield Common has reached the end of its life and is due to be felled.

As Lindfield Life went to press, plans were being made to cut down the horse chestnut tree which has been decaying due to disease. The tree has been under threat for some time due to 'bleeding canker' but more recently has succumbed to 'honey fungus' and cannot be saved.

Over the years the tree has been a firm favourite with generations of children from Lindfield Primary who have spent many happy hours collecting conkers after school.

Mid Sussex District Council, which is arranging the felling of the tree, has pledged to plant a replacement later this year.



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A charity for Lindfield in this day and age?

By Anthony Baird

Looking around the village today, it is hard to believe that it knew poverty and deprivation for centuries. Some cared deeply enough to do something about it. From Thomas Pancost in 1602 who left money for working men to buy tools, Walter Lucas in 1742 whose legacy paid for bread for the poor, through Mary Ann Haire and the Rev W.J. Langdale to Joseph Comber by whose will in 1815 money was given to widows and orphans.

By the end of 1996 just £128 was distributed among eight widows – down from 21 in 1961.

It was beginning to look as though, in affluent Lindfield, parochial charities founded long ago in times of dire need had outlived their purposes. However, with the 1996 Charities Act came the opportunity for the Trustees to find a new purpose. They felt it was important to help keep alive and foster the sense of community in which we look out for one another and support each other in need and enterprise.

Accordingly they rolled all these charities into one; Joseph Comber's and widened its scope to that of the general relief of need, hardship or distress. In 2002 the working name of Comber's Trust was adopted and its work continues to date. The Trust is currently looking for a new voluntary secretary - see information right.

COMBER'S TRUST

BEFORE I FALL OFF THE PERCH or become confused, I'd like someone to take over from me as **HONORARY SECRETARY** of **COMBER'S TRUST**, the charity founded in 1815 to help people in **LINDFIELD** who are in need, hardship or distress. **DUTIES ARE NOT ARDUOUS** and do not take up much time. The Trustees meet twice a year; I distribute a little money to a small band of widows in January and August; and each Spring **COMBER'S** lays on a much appreciated **TEA PARTY** for about 40 people who live alone in the village.

I have been Secretary for 21 years and will gladly support whomever succeeds me. **PLEASE VOLUNTEER**, help to spread a little joy in our community and keep a piece of **LINDFIELD TRADITION ALIVE**. Find out more by phoning 01444 483107 or emailing me at Secklams@aol.com

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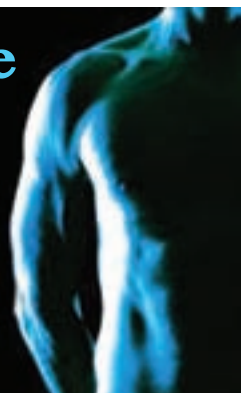
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Holocaust survivor impresses Year 9 students

By Lydia Cutts, Year 9, Oathall Community College

Harry Bibrings was born on 26th December 1925, in Vienna. He lived through World War Two and came to England through the kindertransport, yet he still lived to tell the tale to Oathall students last month.

Harry visited the school to give a talk about his experiences to Year 9 students. This lasted a little over two hours, with humour added to the mix. After the talk, he was asked many questions by an inquisitive audience. When asked if he had any perspectives that he could apply to daily life, he said: "Don't hate, as you will be as bad as them." ('Them' meaning the Nazis).

After he had finished, students completed worksheets on the Holocaust. One of them was a book of reflections - with Harry's story inside.

One student, Helen Wilson, said afterwards: "It was


unusual to be able to talk to someone like that. It was a really good experience."

These days it may be hard to keep the attention of a teen, but if you give them an education with interactive learning you can keep them gripped. History teacher Mrs Caroline Edwards commented: "It was remarkable to hear such a moving account from someone who had experienced this terrible event first hand. It was fascinating to be able to link his real life experiences to what we've been studying in lessons. We are very grateful to Harry Bibrings for taking the time to come and visit us. He was an inspiration to us all."

To reflect on, I leave you with a quote from Winston Churchill: "Those who fail to learn from history are doomed to repeat it."

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Starting something

THE REBIRTH OF HIGH STREET DINING

By David Tingley

Thankfully our High Street is always changing. Last month the popular eatery Limes Bistro changed hands, after its inception seven years ago. In life it is frequently suggested that things 'aren't as good as they used to be' – but is that always the case? I've lived in the village for more than 30 years and today's High Street feels like as thriving a retail environment as one could hope for in a modern small community. Not many years ago it was a significantly different landscape.

Chris and Jo White moved into Lindfield back in 2001. They were relocating after exiting a successful pub business which they had jointly owned with family for five years. They needed something to do and were on the look out for a 'project'.

The pair had met eight years earlier while they were both at university. Jo studied Fine Art in Hertfordshire, while Chris was at Brighton studying Building Engineering Management. They were used to hard work as they had started working together for Chris's parents, Nick and Carol White who also live in Lindfield, when they owned The Gardeners Arms in Ardingly.

In 2003 the couple, by now fully-equipped with 9-month old baby Phoebe, bought the old dentist's at 67 High Street. While considering exactly what to do with the period property, Jo tells me they embarked on some old school market research. "We literally went up and down the houses on the High Street, introduced ourselves and explained that we wanted to open a café to gauge their reaction. By the time we got to the top of the street we had changed our approach and referred to our new venture as a bistro – because as we talked to residents we realised that's what they wanted."

At the time there was nothing like it in the village. There hadn't been restaurant dining on the High Street in 20 years (some may still remember 'Araminta's'), but it was their original intention to run something with slightly more sociable working hours! "We just had to listen to our target market," Chris commented. And that is something they continued to do right up until they sold the business in January. "We feel so lucky that the village really embraced 'Limes' when we opened. We have always been flexible in our approach. I can recall a regular customer commenting to me that she really fancied a toasted teacake one morning," Chris explained. "Well, we tried it and it was always a very successful line from that moment on."

Limes Bistro opened in 2005 with 24 covers and four double bedrooms above it. Within a very short space of time they found Friday and Saturday nights were fully booked up to four weeks in advance. They knew dining space was an issue, plus they also discovered the rooms were selling fast.

It doesn't take a genius to work out that running a restaurant is hard work, but add into that Bed & Breakfast rooms and a young child to look after at home and you begin to realise the scale of the project that the couple took on. For the first three years of the business Jo laundered all the bedding and towels herself at their home. And Chris recalls 'doing a Basil Fawlty' some mornings for the breakfast shift as he took the orders, cooked the Full English and served tea and juice! It's fascinating for some of us to consider the hours demanded in that role. Chris regularly found himself working an 18 hour day. When I asked him about this he casually remarked, "Most of it is habit to be honest. I guess I just don't need much sleep!"

In 2008 they expanded the premises by adding a new kitchen on to the back and converting the existing space into more tables. At the same time they converted the rooms above into just two 2-bedroom self-contained apartments. "By this time the huge effort required to run the B&B element didn't seem worth it to us," Chris commented. "The business had always been a balance between work and family." They didn't open Limes on Sundays, as they felt that they really needed one day without being at work. By now the family had expanded to include baby Erin. But Limes continued to grow in

its new form. Chris describes it as an evolution as they learnt, with their staff team, more and more about what the customers wanted.

So how does it feel now? Now that the baton has been passed on to a local couple from Haywards Heath? "We feel tremendously grateful for the way its all worked out." Jo shares. "Over the years we've had some great staff helping us to build Limes Bistro to the success that it is and we know that they had a big part in it. Of course there is lots we miss as we get used to not doing that anymore but we are very proud of what we were able to start."

Chris continues: "We wish Mike and Pat all the best as they put their mark on the restaurant and we're sure that local people will continue to support a great dining experience on their doorstep."

The family still live in Lindfield and are very settled here. Jo is already starting her 'new life' as she started a Teaching Assistant Level 3 course back in September last year. She is working at Great Walstead School one day a week and going to college on another. Chris's outlook is rather more open as he jokes that "he'll be doing more drinking tea than serving it." He's looking forward to being able to say "yes" to his girls when they ask if they can go out for the day on Saturday!



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Run booking now open

Lindfield Village Run takes place on Sunday 19th May this year. The annual event is the main fundraiser for Lindfield's King Edward Hall - along with Village Day - which is run as a registered charity by local Trustees and committed volunteers.

As usual there are two runs organised on the morning - 10k and a 5k fun run. Both are popular with village residents and runners from further afield. Booking is now open at www.kingedwardhall.org.uk - where entrants can also refresh their memory of the cross country route.

One of the organisers, Katherine Alcock, is on the look out for volunteers for the event. "We need people who could help mark out the course beforehand (keen walkers perhaps) and also a number of marshalls to man key positions round the route on the morning." Anyone able to help please email the team as soon as possible to [<run@kingedwardhall.org.uk>](mailto:run@kingedwardhall.org.uk).

Village Day taking shape

Lindfield Village Day is adopting an overall theme of 'Love Lindfield' at the event on Saturday 1st June. "Lindfield means something different to all of us," said Claire Fuller from the Village Day team. "We want to be able to show it off on the day." The day will feature the popular competition tent from last year, tug-of-war and other arena games and a procession down the High Street which this year has an optional theme of 'The Movies'. Sally Pulham, also on the team, commented: "We want as many involved in the procession as possible. It doesn't have to be big float or costumes. Perhaps just gardening groups walking together with brooms!"

More information next month.

Just 'friends' for LAF

Organisers of the Lindfield Arts Festival have announced a fantastic new 'Friends' scheme to allow members of the local community to help fund this exciting annual event from just £20.

"Our Friends make such a valuable contribution and for the first time we want to offer this as an affordable way for people to get involved. If you are stuck for a gift idea, this would be fun way to resolve that and at the same time support a worthy cause," said Gabrielle Hall, Festival Director.

This announcement comes at the beginning of their widespread media campaign, which aims to reach 30,000 people in Sussex and attract 6,000 visitors over the weekend of 10th-12th May.

"We want this year's Festival to allow everyone, young and old, to be able to play and have fun, and for us all to see the world through a child's eyes," said Gabrielle.

The schedule will include a fabulous 'Festival Village' on the common and many activities in popular venues, and the Festival Programme will be available to buy from retailers in early April.

For further information and to become a 'Friend of the Festival' please visit www.lindfieldartsfestival.com or email [<enquiries@lindfieldartsfestival.com>](mailto:enquiries@lindfieldartsfestival.com).

A musical night to remember

A chance to hear songs from some of your best loved musicals while dining out in style is the latest fund raising event on offer from the Mid Sussex branch of Macmillan Cancer Support.

Tickets are already selling fast for 'Songs from the Musicals', at Mid Sussex Golf Club on 19th April.

Diners will tuck into a three course meal while being entertained by The Cameo Opera Group.

The four singers specialise in singing in restaurants in Sussex and Kent and perform regularly in Carluccio's in Brighton and Casa Ciro's in Worthing.

Tickets cost £40 a head to include an arrival aperitif, a three course meal, coffee and mints and tables will be set for 8 people.

Money raised from the event will be donated to the new Macmillan Support Centre being built next to the Sussex County Hospital in Brighton and the setting up of new satellite centres in the county. These centres will provide first class information and support services.

Numbers are limited to 100 people for this event, so to book your place or to find out more, email David and Elspeth Metcalfe at [<elsda@btinternet.com>](mailto:elsda@btinternet.com) or Jennie and Peter Anson at [<jennieanson@btopenworld.com>](mailto:jennieanson@btopenworld.com).

Are you looking for extra income?

The KEH Market are urgently trying to develop their sales and are looking for additional new cooks and plant producers who wish to sell their wares on a Thursday morning. Contact Sheila on 01444 483396.

Schools go gardening

With entries from Blackthorns Primary and Tavistock & Summerhill School in the Strictly Schools Challenge, Lindfield has plenty of interest in 'Strictly Come Gardening' in the Orchards Shopping Centre on Saturday 27th April from 10am until 4pm.

The schools are expecting to shine in the Challenge. Younger children are being asked to paint a picture of their favourite tree, while Key Stage 2 children will be creating their "Edible Metre", a mini kitchen garden.

Susan Piper, the Lord Lieutenant of West Sussex, will open the event, where the high spot will be the celebrity panel, appearing at 11am and 1pm, chaired by Jean Griffin, BBC Radio Sussex and Surrey's gardening guru. On the team will be, among others, Head Gardener Andy Stevens of Borde Hill as well as Peter Holman, Chair of the South & South East in Bloom Committees.

Other exhibitors include great Sussex gardens, plant specialists, nurseries, schools and colleges. Extra features include a flower arranging demonstration from De Novo Flowers, a Gardening Treasure Hunt with clues hidden in the shops in the Orchards and a 'fun' quiz, "Know your Plants".

For more information, contact Ruth on 01444 453399 or [<ruth@i-dmc.co.uk>](mailto:ruth@i-dmc.co.uk).

Stock Market levels – why so high?

MONEY MATTERS


By Tony Gammon, Investment Manager

In the latter half of last year and the beginning of this we have seen Stock Market levels increase strongly, with the FTSE 100 Share Index reaching 6250. Against the current gloomy economic news and fears that the UK might be entering a Triple Dip Recession, why is it that Stock Markets have proved so strong?

1. In Europe twelve months ago most commentators were expecting a crisis with Greece being forced out of the Euro, and Spain and Italy appearing to be the next casualties. Since then, the European Central Bank has promised that they would defend the Euro at all costs; borrowing costs have fallen and markets have risen accordingly. This is not to say that the problems in Europe have been solved, just that the authorities have bought extra time and so the imminent likelihood of a Euro crash has receded greatly.

2. The American Election and the Fiscal Cliff. In November Obama won the Presidential Election comfortably but the political landscape was little changed. This caused markets to stall in anticipation of a problem with the 31st December Fiscal Cliff, but in the end a fudged and delayed result again allowed Stock Markets to rally. As with the points made above, American Fiscal problems have not been solved just pushed into the longer grass.

3. The Chinese Market is slowing. There is no doubt that the double figure percentage gains seen a few years ago have gone, perhaps for good, but Chinese growth has stabilised at around the 7.5% - 8% level, still a rate we can only dream of in western economies. The recent change of leadership in China has focused attention on the need to maintain growth. Again, adverse fears for the Chinese economy have not (yet) materialised and so this is another factor that has caused markets to rally.



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Easter: bunnies, daffodils and new life?

Easter? But we've only just had Christmas!

Celebrating a birth, that's obvious.... but Easter, that's all about Jesus' death?! Death and celebration rarely go together. But for those who know Jesus, Easter is all about celebrating his death and resurrection.

Eye witnesses' accounts tell us that 2,000 years ago, 2,000 miles away, Jesus the Son of God hung on a Roman cross until he died - but three days later he walked out of his tomb alive. His friends celebrated then, and we do now! Easter assures us that trusting in Jesus offers new and eternal life with our problem of sin dealt with, once and for all.

So Easter really is about new life (and less about bunnies and flowers) and that's a reason for celebrating in our book, so do come along to one of the services listed and join us - absolutely everybody is welcome!

James Clarke, Vicar of Lindfield

Charles Martin, Pastor, United Reformed Church

Alan Jones, Deacon, Evangelical Free Church

Easter Worship in Lindfield 2013

Maundy Thursday – March 28th

8.00.pm United Holy Communion
at the United Reformed Church

Good Friday – March 29th

9.30.am Walk of Witness,
gather at Hickman's Recreation Ground
10.15.am United Service at All Saints
12.00 noon Meditation on the Cross
at All Saints
7.30.pm Good Friday Sacred Concert
at All Saints with the New Sussex Singers

Easter Sunday – March 31st

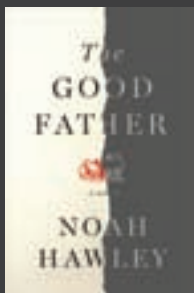
All Saints
8.00.am Holy Communion
Book of Common Prayer
9.30.am Easter Family Worship
11.15.am Easter Communion
6.00.pm A Cornerstone Easter
United Service with all three churches

United Reformed Church

10.30.am Easter Family Communion

Evangelical Free Church

10.30.am Easter Worship



The Good Father by Noah Hawley

BOOK REVIEW

By Cavan Wood

Imagining that your child had been involved in a serious crime is a parental nightmare. This novel takes that one stage further: what if your son was accused of shooting the popular politician who people hoped would become President of the USA?

Dr Paul Allen is a happy, respected professional and family man who sees on television that his son Daniel, from his first marriage, is arrested for this crime. He begins a personal literal and metaphorical journey to discover what happened that led to this crime. Dr Allen thinks that there might be a conspiracy, perhaps his son is a fall guy for something more organised? Noah Hawley manages to ensure you are uncertain where this journey is going and that it regularly surprises you. By including details about others who have been assassins, we are introduced to a world that at first seems inexplicable but then becomes oddly familiar and in its own twisted way has a kind of logic. There is also here a debate about responsibility – do people do evil things because of evil, nature or nurture?

The genius is that the author keeps all of these in tension: the reader is given a time to reflect on how complex life is. This is a must read masterpiece.

Elderly and Disabled Home Alterations

Are you a home owner who wants to stay in your home as you get older? Perhaps you have recently become less mobile? You should not have to alter your life and move but instead your home should alter to suit you. Equally, you may still want a modern, sleek or traditional look and do not want it compromised by unsightly additions. All is now possible!

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14 (books) Not Out

VILLAGE PEOPLE

By Claire Cooper

Cricket fans in the village will be eagerly awaiting the start of the hotly contested Ashes series which returns to England this summer - but one resident will be taking an extra special interest.

Cricket writer Alan Hill, from The Welkin, is celebrating the publication of his latest biography – Trevor Bailey, *The Valiant Cricketer*.

The book follows the illustrious cricketing career of Trevor Bailey, the former Essex and England all rounder and one of the key players in England's triumph over Australia in the historic Ashes series of 1953. The series saw England winning back the Ashes after an interval of 20 years.

The book launch has been perfectly timed as this year marks the 60th anniversary of the Coronation Series.

"Trevor Bailey was one of the key men and had a great influence on the series," said Alan. "He was known as 'the Barnacle' by virtue of his tenacity as a batsman and was undoubtedly the leading all-rounder in the world for most of his international career."

A longstanding member of the MCC and a senior member of the Cricket Writers' Club, Alan is known as one of the country's leading cricket writers. His in-depth knowledge of the game and its characters made him the perfect choice as biographer for Trevor Bailey.

"I had known Trevor for over 20 years and he had helped me when I was writing about many of his contemporaries," said Alan. "So it was only a matter of time before it was Trevor's turn!"

As the pair were already friends, researching the book went smoothly. "Trevor was a very generous man, always willing to allow me to eavesdrop on his reflections."

Alan's book follows the story of the schoolboy prodigy who became the lynchpin of English cricket.

By the end of his international career in 1959, Bailey had become then only the second Englishman to score 2000 runs and take 100 wickets in Test cricket. It finishes with his tragic death in 2011.

"The book was nearing completion when Trevor died in a fire in at his retirement home," said Alan. Fortunately, his family stepped in to ensure the final chapters were written. "I've been indebted to Trevor's family who have been marvellous in supplying me with many treasured family photographs. Trevor's daughter said she shed a tear when she read the epilogue."

The Trevor Bailey biography is Alan's 14th published book on cricket. Two of his books, on fellow Yorkshiremen Hedley Verity and Herbert Sutcliffe, were acknowledged by the prestigious Cricket Society Literary Award as Books of the Year.

"Because of my experience and knowledge as a cricket writer, people respond to my questions," said Alan.

"Being a member of the MCC means that I have access to lots of people and they are more than willing to allow me access to their thoughts. Having established this platform over the years has made it a lot easier for me than newcomers."

Seeing his latest biography in print was the highlight of 2012 for Alan, but there was also sadness with the loss of fellow sports writer, broadcaster and fellow Sussex resident Christopher Martin-Jenkins, a friend for nearly 30 years.

Christopher, when editor of *The Cricketer* magazine, reviewed one of Alan's earliest books – the *Family Fortune*. The story of the Sussex tradition of cricketing fathers, sons and brothers included the Parks family in Haywards Heath and the brothers John and James Langridge, who spent their childhood in Newick.

Alan still cherishes that early review by CMJ who wrote: "Joy shines through every page of an engrossing saga of a proud tradition."

Alan started his career in journalism on his local paper in South Yorkshire. He went on to work as a sports writer on national newspapers in Manchester and London and later became assistant editor on the *World Sports*

magazine, which came under the aegis of the British Olympics Association.

He has also worked as a drama critic and one of the landmarks of his work in the theatre was his coverage of the opening season at Chichester Festival Theatre. It was the start of a lifelong admiration of Sir Laurence Olivier, the first director at Chichester, and a lingering memory is of Olivier's production of Chekhov's Uncle Vanya.

In this field, as a freelance, Alan has more recently interviewed and profiled film star and stage actor Sir Anthony Hopkins, Sinead and Niamh Cusack, of the Irish acting dynasty, and the playwright Alan Ayckbourn who, he was delighted to find, is also an ardent cricket enthusiast!

Alan and his wife Betty moved to Sussex in June 1970 to gain better access to London. They were 'bowled over' with Lindfield and were among the first residents of The Welkin. "We bought a superb corner plot, bordered by four oak trees, and overlooking the valley and distant countryside," said Alan. "We can still hardly believe how lucky we are to live in such beautiful surroundings."

They are members of the Lindfield Preservation Society, formed shortly after their arrival in the village. Betty is well known in the area after teaching at Harlands Primary School in Haywards Heath for over 20 years. "She is still regarded with great affection by her former pupils and their parents, while novice teachers always profited from her encouragement and wisdom," said Alan.

Pressure of work has prevented Alan from playing regular cricket but in his youth he was described as:

"a sticker – a safe pair of hands. I didn't miss many catches. In fact I was a bit of a Trevor Bailey type."

The modern game of cricket has seen huge changes and perhaps the most controversial was the introduction of 20/20 cricket which Alan describes as: "A contest of six hitting – the English version of baseball."

He is also critical of the way technology has led to more tactical play and regular challenging of the umpires. "I know technology has its place but as the legendary umpire Dickie Bird told me, all the technology in the world won't give you the perfect decision."

Choosing his favourite all-round cricketer is no problem for Alan. "Gary Sobers," he says without hesitation. "You knew you were in the presence of majesty when he walked down the pavilion steps."

Alan is currently busy promoting his Trevor Bailey biography, which is the perfect read for all cricket fans in this 60 anniversary year, but he hasn't ruled out starting work on his 15th book.

"At the moment there is nothing in the pipeline and there are only a few people I would actually like to write about," said Alan. "Character studies are really important to me. I like to find out just what motivates a person and makes them tick."

But given a choice, there is one sportsman who Alan would jump at the chance to interview. "Definitely Ian Botham," said Alan. "Undoubtedly the greatest cricketer this country has ever seen – I would love to write his definitive biography."

And with Alan's track record, it could just happen...!

New homes fears

By Gil Kennedy, Lindfield Preservation Society

Many residents will be aware of the recent planning application by Wates the developers to build 230 houses on the green fields behind Gravelye Lane. Combined with the high-density housing estates that Lindfield has already been compelled to accept, this scheme would add 1,000 new residents to the village – a population increase of 20%. It would put 600 additional cars on our roads (figures based on West Sussex County Council census data). This kind of speculative development is grossly disproportionate to the scale of our village and the capacity of its infrastructure.

Wates' underlying agenda is even more ambitious. Buried on the company's own website is a statement of their intention to build up to 500 houses on this land. The current application is clearly just the opening salvo. Meanwhile, there are approved sites for more than 4,000 homes in Mid Sussex which developers have not taken up. The current situation illustrates the danger that vested financial interests can represent to a small community.

Wates' application is likely to be considered by an MSDC Planning Committee in March or April. The date may be known by the time you read this and can be obtained from the council's website or by consulting the Lindfield Preservation Society website. This will be a public meeting and the public, in order to show their concern, are encouraged to attend.



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Thom and the Tax men

At Lindfield Life we are always delighted to hear the stories of residents past and present but when an email arrived from Australia telling the story a former resident from 1332 – we were completely taken aback!!

So our thanks go to Paul Verrall whose efforts in tracing his family history led him to Lindfield and his ancestor Thomas atte Fayrehale. Paul says the family name has since mutated to Verrall and that the family also lived in Cuckfield, Eastbourne and Hailsham before heading to Australia.

Here he tells his story:

By JP (Paul) Verrall

Thomas atte Fayrehale (circa 1332)

Lindfield was a village of around 150 people when two of the locals, John de Tytynghurst and Richard de Bokeselle, came calling one day in 1332 on Thomas at the Fayre Hale. What might have been a bad day for Thom was an auspicious one for his descendants, for the two were deputised tax collectors with a headache. There were nine Thoms in this part of Lyndefeld and each had to be individually identified for the records. The wealthy Thom, he was easy, they called him Thom de Werth, four shillings from him; Thom of the magic cures, well he'll be Thom de Saucerye but he's not doing very well since the Parson and the Canons, William and

Richard, turned up to rebuild the church, so he only pays eight pennies, and so in this manner our Thom scored the nome de plume of 'atte Fayrehale', neither very rich nor poor, one shilling thanks Thom! "B..%@\$%^&.. tards!!!" and the rest, as they say, is (our) history. Over the centuries our mob have tried out a few other variations,

Fayrehale, Feyrhale, Veyrall, Feyrall, Ferrall, Fyrrall, Vyrrall, Ferrell, Furrall, Firrall, Virrall, Verrall and others, Fairhall... but despite this the taxman still findeth us.

The Tiger or Humphrey's Bakery?

Fayrehale is a compound word composed of fayre and hale, and, preceded by the preposition atte meaning 'at the', indicates that it was well known locally.



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Taking them in reverse order, a hale is a topographic name for a nook or hollow, from Old and Middle English 'hale', in south-eastern England it often referred to a patch of dry land in a fen.

The years surrounding Thom's difficulty were very wet years, with the nearby River Ouse experiencing a lot of flooding. Perhaps an island suitable for farming in the middle of this could be described as a fair hale or fayrehale.

Orthodox thinking makes the connection between hale and hall quite easily, but most etymologists make no connection. Perhaps the answer lies within Middle English (abt. 1100-1500) grammar concerning the use of 'l' and 'll'... (by courtesy of Encyclopedia.com , abbreviated).

In Middle English the final 'l' in monosyllables after a single vowel letter was often single (eg. al, ful, wel) but, except in recent coinages such as nil and pal, it is now doubled (eg. all, bull, cell, fill, gull, hall, mill, pull, will). A single 'l' is usual when two vowel letters precede (fail, haul, peel, coal, foul, tool) or when 'e' follows (pale, while, pole, rule). A doubled 'll' usually signals a preceding short vowel - compare the related vale/valley.

Bardsley in his 'Dictionary of English and Welsh Surnames' is the exception, indicating hale and hall are one and the same. Maybe he was unfamiliar with ME grammar.

Trying to find a more grass roots connection between these two is about as hard as trying to find Puck's Hall (a fairy's cottage), but fortunately the existence of both can be found within the Sussex dialect as POOK'S-HALE (Sussex Dialect by Rev.WD Parish). So the connection is made between hale and hall (in Sussex at least) and to a fair hall, as in a pretty house or cottage.

Fayre is defined in Wiktionary as:- (archaic) fair (in the sense of both market and pretty). 2 (archaic) fare.

Taking the first definition of an association with the local street market or fair (fayre), although the church at Lindfield did not receive a charter to run a fair till 1343 (12 years later), this is not to say an unofficial one wasn't operating previously.

Could Thom's fayrehale be the Lindfield fair hall?

According to Helena Hall in "Lindfield Past and Present' (1960), the present day Tiger Inn/Church House, dating

from these times, played an important role as the market hall.

Another candidate, still standing, could be Humphrey's Bakery which is located adjacent to the section of street more suitable for a street market according to the EUS historical report on Lindfield by Roland B Harris, doubting the suitability of the street adjacent to The Tiger. However some markets were held in churchyards, as at St. Michael-le-Belfrey, York and Lindfield from this report certainly had a very large church area adjoining The Tiger, enough at least for a market.

The construction style of these buildings from the EUS Report appears to suit both for this type of activity. Whatever the truth, it is not unreasonable to assume a Fair and market would need a centre of operations i.e. a fair hall / fayrehall.

Along similar lines, the second definition has an association with travel, as in farewell, and with food and drink. From 'Cambridgeshire History On The Net' concerning the City of Ely comes the quote:- "And includes amongst other interesting buildings the 'Fare Hall', which in the reign of Edward III was used as a place of entertainment."

From this we can reasonably extrapolate that in Sussex, a Fayrehale of the 1300s could be a travellers inn or public house, which also dovetails very neatly with the history of Lindfield's Tiger Inn/Church House.

Presently, the most plausible origin for the name in Lindfield is the still-standing Humphrey' Bakery, as it ticks all the boxes in terms of age, location and a living area for a family plus an area for a commercial enterprise. If the age of The Tiger could be established to pre-1330 or thereabouts, then it would be the most likely as its history would swing the argument in its favour. Either one provides a present day tangible link to Thom from nearly 700 years ago.

At least we have an answer to one age old question, What price a good name?.....a Shilling.

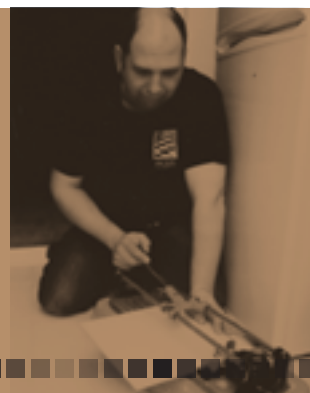
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Emerging patterns

HOME FRONT

By Jacqui Smith, Interior Designer

Pattern is one of those things that makes many people nervous – get it right and it will transform a room, get it wrong and you can end up with a confused kaleidoscope. When taking a brief from a client I will of course ask many questions and attitude to pattern is probably the one that has people wincing. Whilst no one has ever said these exact words, the “Woa...hang on there, nothing too ‘out there’ please” expression on their face says it all. Tell an interior designer that you like pattern and you are committing yourself to a cacophony of stripes, florals and geometrics that Changing Rooms would have been proud of. No, an interior designer will help you get it right and ensure that pattern enhances the design of your home rather than taking over. Pattern can lift a room, adding a completely new dimension without the need to rethink the entire scheme.

How to make it work:

There might be other sources of pattern in your room that are less obvious. Consider the morning sunlight streaming through shutters or perhaps a stripe in the flooring. These are both patterns and as such play an important part in your scheme. You may be the proud owner of a stunningly crafted antique piece with barley twist legs or some intricate marquetry or perhaps your fireplace features a period detail you would like to enhance.

Choose a common colour palette. This will give your pattern choice a cohesive look and help you edit out what does and does not work.

If the concept of pattern and colour have you running for the hills, then you can achieve just as much impact by using a neutral coloured pattern. Black and white stripes,

for instance, will guarantee drama and whilst a taupe and cream geometric is perhaps the safer option, it will still provide the interest that you are looking for.

Consider the scale of the patterns, eg a large pattern for the paper on a feature wall, a pair of curtains or a sofa, mixed with a daintier one for cushions.

What else do you have in the room? If your furniture mix is eclectic then you can probably mix and match the patterns more. A more classically designed space will still comfortably take some pattern but the style would need to pay heed to the surrounding pieces.

Texture, also considered a pattern, is your real friend here, especially if you are not feeling courageous enough on the big design front. Texture to me is key in any scheme and when teamed with pattern will really bring it to life. Since texture does not sit as a flat colour, it extends the palette beyond the one colour so is an extremely useful way of bringing together two patterns which might otherwise argue a little. For instance, adding a textured cushion to a scheme can often be the touch that brings the whole look together; take it away and it feels like there is something missing.

My general rule would be to limit your patterns to three. Stripes, geometric prints, floral and texture are the most popular patterns but you may have a soft spot for some animal print or a motif design such as paisley. Pick one from each of three pattern types and then choose one in a large scale, your dominant pattern, a second in a medium scale and then your third as your accent. Like any design choice, have what you like and that rule supersedes all others in my book!

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Oven Baked Sticky Chicken

Serves 2 (Approx. 8g of fat per serving)

The day before serving: place 4 large skinned chicken thighs into a strong freezer bag and add 2 crushed garlic cloves, the finely grated rind and juice of 1 large lemon, 2tbs fresh thyme leaves and 2tbs clear honey. Seal the bag and shake to coat the chicken with the marinade. Refrigerate for up to 24 hours, turning over occasionally.

Preheat the oven to 190°C. Line a baking dish with foil.

Tip the chicken and marinade into the dish, arranging the chicken in a single layer.

Cook, uncovered, for 45 min, turning the chicken over once, or until the chicken is cooked through and a rich golden brown. Serve with lemon wedges.

Teriyaki Vegetables

Serves 2 (Approx. 2g of fat per serving)

Cook 2 portions of rice noodles to packet directions.

Drain a 400g can beansprouts. Trim and slice 4 spring onions. Roughly shred 1 Little Gem lettuce or a handful of spinach leaves. Peel and crush a clove of garlic.

Spoon 2tsp clear honey (or maple syrup), 3tbs soy sauce, 1tbs grated fresh ginger and 2tbs dry sherry or stock into a non-stick wok.

Add the vegetables and cook over high heat, stirring constantly, until they are just wilted.

Drain the noodles, add to the wok with seasoning to taste, gently toss together and serve immediately.

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By Caroline Young

Continuing on from the past two issues of Lindfield Life where I suggested ways of eating more healthily without too many drastic changes to your menus, this month I have some more ideas for you. We are being told from all sides – nutritionists, magazines, the Government – that we need to reduce the amount of fat that we eat. We can buy unlimited “low-fat” or “fat-free” foods but after reading the ingredients on their packaging I put them straight back on the shelf. Do you know what dextrose monohydrate, stabilizers, dried whey, emulsifiers and thickeners are? Should we be eating them? In a well balanced diet fat does play an important part. Fat gives the impression of a rounded, satisfying flavour and “mouth appeal” to a food. Mentally compare the taste of full-fat Jersey milk and skimmed milk and you will understand what I mean. Try using a small measured amount of good fat - butter or olive oil – and boost the flavour of the food with other full-of-flavour ingredients such as fresh herbs, citrus juices, fresh ginger and flavoured seasalts. Some time ago I wrote a book titled “Big on Flavour, Low in Fat”. Not a quick-fix diet book but a collection of dishes that live up to the title of the book. These recipes are a sample for you to try.

Lemon and Mustard Crusted Fish

Serves 2 (Approx. 7g of fat per serving)

Peel and crush 1 garlic clove and put into a freezer bag with 2tbs lemon juice, 1tsp olive oil, 1tbs wholegrain mustard and a good seasoning of salt and pepper.

Add 2 chunky fish steaks, about 175g each, such as halibut, cod or sea bass. Turn to coat with the marinade and refrigerate 15-20 min.

Preheat a non-stick griddle or frypan and lightly spray with oil. Add the fish and cook over medium heat for about 4 min each side or until it flakes easily when tested with a fork. Serve with lemon wedges.

Gingered Dates

Serves 2 (Negligible fat)

About 3 hours before serving: remove the stones from 8 large fresh dates (Medjool if possible) and quarter lengthwise. Place in a shallow dish and spoon over 2tbs sweet sherry, 1 tsp syrup and 1 finely chopped knob of preserved ginger (in a jar). Cover and leave to marinate. Just before serving, fold into 75ml fat-free fromage frais or yogurt and spoon into individual glasses.

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Sleep well

NATURAL THERAPY

By Helen Malik

Often patients in clinic, as well as friends and family, mention that they have problems sleeping. Although this may not be altogether surprising given the stresses of modern day living, the health of the economy etc, often it is not the case that they are lying awake worrying about such things, in fact they often find it quite easy to get to sleep. The problem comes in the early hours when they find themselves wide awake and unable to get back to sleep.

If this sounds familiar and you have ruled out the most common reasons for night time waking (eg. needing the toilet or the light coming through the curtains) and you are not worrying about any specific issues, then it may be worth looking at your diet and blood sugar control. However, it is also worth mentioning that stress during the day (even if it's not on your mind at night) can affect the levels of hormones involved in the sleep-wake cycle, so finding some stress reducing techniques is important. If you are struggling to get off to sleep then ensure your bedroom is very dark, turn off all electronic equipment and don't be tempted to watch TV or use a backlit device such as an iPad before bed. Instead try a relaxation CD or Medical Resonance Therapy Music, which has found success in hospitals and homes at improving sleep patterns. This is not 'normal' music; it is specially prepared sounds that have then been placed under clinical trials to determine the most effective combination.

Turning to diet - caffeine, chocolate, nicotine and alcohol, if consumed too close to bedtime, can all disrupt sleep. Although you may feel that alcohol helps you get off to sleep, it has a stimulating effect later on as the body starts to metabolise it.

There is not a one size fits all approach to diet as other underlying health conditions can play a part, but ideally cutting out or at least significantly reducing sugar intake should help. Avoiding snacks and sticking to three nutritious meals consisting of good quality lean protein, low GL (glycaemic load) carbohydrates and plenty of fresh non-starchy vegetables. Ensuring you are getting sufficient nutrients from your diet is important. Functions such as mood, appetite and stress can be modulated by dietary components - including vitamins and minerals which are involved in the conversion of chemical products within the body. A protein based snack before bedtime may help, and recent research has shown that the concentrated juice of Montmorency cherries (which are high in melatonin) may help improve the quantity and quality of sleep.

It's certainly somewhat of a "vicious circle" - lack of sleep has been shown in studies to increase the risk of diabetes due to its effect on blood sugar control, whilst poor blood sugar control can result in lack of sleep. So ensuring you are getting good sleep now may be vital for your long term health.



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A real life 'snow angel'

Faith Downie (pictured) took to the snow very well recently.

The Lindfield resident was at Oathall Community College before going on to study drama at the Central Sussex College's Haywards Heath campus. During this time Faith began modelling in her spare time – where she met Hassocks-based photographer Richard Paice. "Richard decided to take advantage of the snowfall and asked me whether I'd be prepared to do the shoot in Lindfield Nature Reserve," Faith explained. "It was quite a surreal sight as I posed in giant angel wings. Lots of people stopped to ask what we were doing!"

In addition to the modelling, Faith has also undertaken various work as an 'extra', including Sky 1's production of 'Got to Dance', working with the street dance crew Diversity. She has also recently been offered work on the movie 'The Muppets 2', so the local nature reserve may not be the only place you see Faith in the future!

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Easter fun at Borde Hill

Bunnies of all shapes and sizes will be bounding around Borde Hill this Easter as the garden plays host to the St Catherine's Hospice Bunny Run.

The event on 24th March will see fundraisers of all ages hopping, skipping, running or walking around the gardens to raise money for the Hospice. The event is open to adults and children and everyone taking part will receive a fundraising pack including their very own bunny ears!

The run starts at 10.30am and costs £10 for adults & £5 for children under 16 if they register before 18th March. Everyone completing the 3k course will be rewarded with some Easter treats.

The Bunny Run is all about fun and raising much needed funds for St Catherine's Hospice and with fun activities for all the family, it's an Easter event not to be missed!

The Bunny Run is sponsored by Yorkshire Building Society. To register visit www.stch.org.uk/bunnyrun or call 01293 447364.

There's more Easter Bunny Fun at Borde Hill Gardens on the 29th March, when 3 to 11 year-olds are promised an unforgettable Easter day out.

This year the event has a botanical theme and each



sculptural bunny is associated with a spring flowering plant.

Andy Stevens, Head Gardener, said: "This year's theme will encourage children to learn about plants. When they start from an early age it makes it much more fun."

Every child who finds the bunnies hidden around the Garden and solves the word or picture puzzle will be rewarded with a chocolate egg. On Easter Monday children are invited to dress as bunny rabbits for the adventure and the child with the best costume will be rewarded with a giant bunny teddy bear.

Children aren't the only visitors with a treat in store. Mums and dads can revel in Borde Hill's glorious collection of camellias, magnolias and rhododendrons. Thousands of spring-flowering bulbs and plants also make an impressive display in the formal garden and acres of tranquil woodland.

If the kids still have energy to burn, keep them busy exploring the fascinating adventure playground with its climbing frames and zip line.

Entry to Borde Hill Garden includes the Easter activities and the adventure playground.



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Lindfield Rural Parish Council Newsletter

March 2013

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: lindfieldrural.parishcouncil@virgin.net www.lindfieldrural-pc.org.uk

Wates Application

Lindfield Rural Parish Council held an extraordinary Council meeting on 11th February 2013 to discuss and agree its response to the planning applications 12/04316/FUL and to the East of Graveley Lane and North of Lyoth Lane, Lindfield (230 homes); and 12/04318/COU Land to the South of Snowdrop Lane, Lindfield; and 12/04322/COU Land to the north of Lyoth Lane, Lindfield. The Council resolved to reject the application and will be forwarding a formal response to Mid-Sussex District Council ahead of the press date.

Do you own (or do you know someone who owns) a plot of land that could be made available for a small scale housing development (up to say 10 properties)?

Neighbourhood Plan

"YOUR PARISH NEEDS YOU"

Lindfield Parish: Tel: 01444 484115
e-mail: clerks@lindfieldparishcouncil.gov.uk
Lindfield Rural Parish : Tel 01444 831499
e-mail: lindfieldrural.parishcouncil@virgin.net

Over the next 20 years, Mid Sussex District Council(MSDC) is expecting the two Parishes covering the Scaynes Hill, Walstead and Lindfield areas to play their part in providing additional housing that will be needed in the District. A minimum of 200 houses will be needed over the period, so on average just 10 houses per year.

The results of the Neighbourhood Plan questionnaire and exhibitions held last September indicated a particular need for affordable housing to be made available, to cater for both the younger members of the community who want to stay living here but cannot afford current market house prices and elderly residents, who wish to downsize their properties but also stay within the community that they have inhabited for most of their lives. Some of the housing will meet this need.

To assist planning for this requirement, the Neighbourhood Plan Steering Group, comprising councillors from Lindfield and Lindfield Rural Parish Councils, urgently needs to identify possible areas of development land, preferably within or adjacent to the three villages.

Over the same 20 year period, there is also likely to be a requirement for the provision of community land for things such as allotments.

Do you own (or do you know someone who owns) a plot of land that could be made available for general community use, such as allotments or community open space?

If you feel that, at some point over the next 20 years, you could assist your community by selling some or all of your property, enabling it to be utilised for one of the above projects, then please contact your local Parish Clerk and they will put you in touch with a Councillor who will be able to discuss the options with you.

Your Parish Councillors:

John Dumbleton (Chair)
Ray Jones (Vice Chair)
Brian Bunt
Chris Hersey
Margaret Hersey
Keith Martin

Tel: 482633
Tel: 453868
Tel: 484661
Tel: 482270
Tel: 482270
Tel: 831431

Steve Minter
Andy Spooner
Christopher Snowling

Parish Clerk: Di Morgan
Assistant: Irene Nicholas

Tel: 831786
Tel: 831602
Tel: 482172

Tel: 831499
Tel: 831499

Lindfield Rural Parish Council Office is open to the Public on Tuesdays 12.30 to 13.30 and Thursdays 10.00 to 11.00

The Neighbourhood Plan - current status

The Neighbourhood Plan (NP) Steering Group held the planned public meeting in the Scaynes Hill Millennium Village Centre on 24th January 2013. The meeting was attended by about 50 members of the general public, mostly from the Lindfield area.

Mid Sussex District Council representatives were present to explain the reasons behind the Neighbourhood Plan process and why, specifically, additional housing is required in each Parish in the District, stressing that it was vital that residents in the parishes got involved in deciding where, how many and of what type this housing should comprise. They explained that there was likely to also be a need for some of the new housing to be 'Affordable' housing for rent or shared ownership - to enable younger members of the local communities to remain in the villages where they grew up (current domestic house prices in the area are now so high that it is virtually impossible for young people to afford to remain in the District without such help). Brief details were provided about how such affordable housing developments could be achieved and how they were reserved for local people rather than outsiders.

The remainder of the meeting revolved around the creation of community Focus Groups, which are intended to allow the community to put forward their own ideas about how the parishes will develop over the next 20 years. It was explained that four groups were being created:

1. Landscape & Biodiversity - dealing with the Built Environment, Natural Environment, Open Spaces, Conservation Areas & Allotments etc.
2. Community & Infrastructure - dealing with Existing Facilities (Community Assets - schools, medical centres etc, Utilities), New Facilities (for both young & old), Village Centres, Local Economy (promoting tourism).
3. Transport & Traffic - dealing with Public Transport, Community Transport, Traffic, Parking, Rights of Way.
4. Housing - dealing with the Mix of Housing (Affordable, Social, Market), Identifying Potential Housing & Industrial Sites, Design Control.

The groups are intended to jointly serve the villages of Lindfield, Walstead and Scaynes Hill, as well as the surrounding rural areas. They are likely to meet about 4 times over the next 3-4 months and, with the aid of AirS (Action in Rural Sussex) representatives, who are assisting in the preparation of the Neighbourhood Plan, they will provide input to help formulate the overall plan, starting with a 'State of the Parishes' report. The aim is to have this particular report ready in time for presentation at the Annual Meetings of both Parishes in April 2013.

Over the last few weeks, attempts have been made to publicise the existence of these groups and ask for volunteers.

Some progress has been made in recruiting members but there is still scope for additional volunteers in each group. If you feel that you could offer some help, then please contact your Parish Clerk (Lindfield: Tel 01444 484115 e-mail: clerks@lindfieldparishcouncil.gov.uk or Lindfield Rural: Tel 01444 831499 e-mail: lindfieldrural.parishcouncil@virgin.net) and they will put you in touch with the relevant group. The Parish websites will also carry updates as they become available.

Lindfield: www.lindfieldparishcouncil.gov.uk
Lindfield Rural: www.lindfieldrural-pc.org.uk



The next meeting of the Neighbourhood Plan Steering Group will be held on Thursday 21st March at the Millennium Village Centre, Scaynes Hill at 8pm.



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Double-check your alignment

GOLF TIP OF THE MONTH #16

By Simon Iliffe

The most infuriating shots are often the great strikes, but in the wrong direction.

But how do you know you are aiming correctly in the first place?

Always remember that your feet should aim left of your target (r/h golfers)... Why...?

If you imagine a railway track, the outside line is your golf-ball to target line and the inside line is your stance line... Your feet are parallel to the ball-to-target line but always aiming left...

If you aim your feet at the target, your ball could fly as far as 20yds off-line to the right... Especially on holes with side hill lies, or doglegs, where it is very difficult to visualise a straight line when setting up.

Next time you have a practise session, lay a club shaft down pointing from the ball to the target, then place your feet parallel to this line... Now you know your alignment is correct.

Back to (golf) school

By Lucy Cooper

After my successful round of golf with a friend last month, it was definitely time to get back in the classroom and brush up on my technique. So I joined Simon at Haywards Heath Golf Club to get back into the swing of things.

My lesson was up at the driving range and, as I expected, it took me a while to relax into hitting some decent shots. Simon explained to me that the reason my shots weren't going very well was because I was thinking too much about hitting the ball each time and being overly careful. Instead, he advised me to stop concentrating on making the 'perfect swing' and, in his words, "really give it a whack".

I found it really hard to do, mostly because I was so nervous of hitting the floor instead! But after another few shots, I started to relax more and the shots started to go my way! I even hit the 100 yard marker, which was a great result even though it took a few failed attempts and I hit a tree twice in a row...

During the second half of my lesson Simon let me try out a new club - a hybrid. A cross between an iron and a wood, the club combines the height an iron would give with the easier hit and long-distance of a wood. Irons can be difficult to hit consistently well, so a hybrid club can be used in their place. I really liked it - anything to make golf a little easier!



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What's on in March

AT KING EDWARD HALL

- 2nd **Haywards Heath Lions Club – Jumble Sale**
(Gwen Kennedy 07711 018479)
- 2nd **Fundraising Quiz Night** on behalf of the NSPCC Lindfield District. 7pm Tickets £12 incl supper. BYO Drinks. (Wendy Bosker 01444 483501)
- 7th **Country Market** – 10.00am to 11.00am
- 9th **Sale of Teak Garden Furniture**
- 9th **Finders Keepers** - Pre-loved Clothing Sale
- 12th **Lindfield Preservation Society** – An Illustrated Talk on “Butan – Dragon Kingdom” by David Lang. 2.30pm. The story of a trek into northern Bhutan interrupted by a severe blizzard and a helicopter rescue. Free entry. All welcome.
- 13th **Lindfield Horticultural Society** – A Demonstration of Floral Art by Robert Tunks. 8pm. Entry £1 members, £2 visitors. All welcome. www.lindfieldhorts.org.uk
- 14th **Country Market** – 10.00am to 11.00am
- 15th **Fretful Federation Mandolin Orchestra** – Orchestral Concert (David Barwell 01444 412704)
- 16th **Tango El Mundo**
- 18th **King Edward Hall – Annual General Meeting**
- 21st **Country Market** – 10.00am to 11.00am
- 21st **Film Show “Les Miserables”** – EARLY START 7.30pm
Doors open 7.15pm. Tickets will be on sale from 5 March 2013 at Tufnells
- 27th **An evening of Salsa Dancing**
- 28th **Country Market** – 10.00am to 11.00am
(Sheila Hobbs 01444 483396)
- 30th **Lindfield Horticultural Society – Annual Spring Show**
Spring will come to the King Edward Hall with hundreds of daffodils and other spring blooms! For entries see Schedule or phone 483236. Plant stall and homemade afternoon teas. Open to the public 2.00pm to 4.45pm. Entry £1, children free. www.lindfieldhorts.org.uk

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on <bookings@kingedwardhall.org.uk>.

AND ELSEWHERE

- 1st **Sussex Mineral and Lapidary Society Illustrated talk** by Jolyon Ralph, founder of MINDAT, on 'Minerals of Morocco'. 7.30 for 8pm at Redwood Centre, Clair Hall, Haywards Heath. www.smls.org.uk
- 2nd **Sussex Chorus Opening Concert for The Burgess Hill Fairtrade Festival**
Come and Sing Haydn: 'Nelson' Mass, St Andrew's Church, Cants Lane, Burgess Hill
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- 9th **All Saints Church Development Project Presentation of Proposals.** 9.30am-4.30pm
Formal Presentations: 10.30am & 2pm.
All Saints Church - 01444 482405
- 15th **Sussex Mineral and Lapidary Society**, British Micromount Society study evening, 8pm Clair Hall
- 21st **Scaynes Hill Neighbourhood Plan Steering Group Meeting**, 8pm, Millennium Centre
- 23rd **Scaynes Hill Flower Show**
Scaynes Hill Millennium Village Centre
Doors open at 2pm. Teas are provided by the WI and apart from the usual raffle we have a very popular plant sale.
www.scayneshill.webplus.net
- 24th **Bunny Run at Borde Hill Gardens**, from 9.30am.
- 29th **Easter Bunny Fun - Borde Hill Gardens**

Easter Worship in Lindfield

28th March – Maundy Thursday
8pm United Holy Communion at URC

29th March – Good Friday
9.30am Walk of Witness – gather at Hickman's Lane Park
10.15am United Service at All Saints
12.00 noon Meditation on the Cross at All Saints
7.30pm Good Friday Sacred Concert at All Saints with the New Sussex Singers

31st March – Easter Sunday
8am Holy Communion – Book of Common Prayer - AS
9.30am Easter Family Worship - AS
10.30am Easter Worship - EFC
10.30am Easter Family Communion - URC
11.15am Easter Communion - AS
6pm A Cornerstone Easter – United Service with three churches - AS

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