

# Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,  
by the village

Nov. 2019 Issue #130

Free



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## EDITORIAL

By David Tingley, Editor

Whilst perhaps not the biggest thing going on this month, **'Movember'** is a growing campaign (pun intended) as many work on their facial hair for 30 days and raise money and awareness of this organisation which aims to change the face (there's another one!) of men's health. Thanks to **Ayesha Gilani** we have a special Pond Island Discs and a real story told by Scaynes Hill resident **Scott Walker** on **page 68**.



Local **Adam Stone** has been fundraising in a different way: on the saddle with an incredible ride from Land's End to John O'Groats. **Claire Cooper** tells his story on **page 12**. And, with news of yet more amazing charitable efforts **Emma King** bravely shares her story of Parkinsons on **page 16**.

**Bonfire Night** is, of course, a big deal here, and this year will be no exception. In a change to previous years, we have teamed up with **Lindfield Bonfire Society** to get its programme delivered to all in the form of a centre page section. So find out all the details from **page 37**.

With all the fun of **Lindfield Arts Festival** having only just dissipated we take a look in the rear view mirror in this issue. On **pages 20-21** you can find our annual photo round-up. Plus Lindfield URC's **Love Lindfield display** is featured on **page 62**, the winner of the LAF **Bursary Fund** is highlighted on **page 24**, we are able to show a number of the stunning displays from Lindfield in Bloom's **Flower Festival** on **page 66** and the winners of the **Funky Frame Art Trail** get a namecheck on **page 71**.

On **page 54** Lindfield resident **Peter Hinze** is kind enough to give us the low-down on his 'eco house'. This is a fascinating insight into not only what was possible some years ago when he installed these elements but a challenge to all of us as to what we could do going forward.

Have a great month, **Happy Movember!**

Issue #130 – November 2019 –  
5,200 copies printed

Next magazine copydate:  
12th November 2019

Next magazine published:  
26th November 2019

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Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors.

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## Jo's agency wins Communications Agency of the Year

Specialist healthcare comms agency Spink – founded and run by Lindfield resident Jo Spink – won the award in recognition for its recent prostate cancer awareness campaign with national cancer charity Orchid – Fighting Male Cancer, with whom it has worked for the past 11 years. The campaign, called 'Face Up To Prostate Cancer', saw widespread national media coverage and huge political support in Parliament for awareness of the risk factors behind prostate cancer. The campaign became the trending topic by Parliamentarians on Twitter and led to a number of high-level political meetings for Orchid.

The Third Sector Awards, run by 'Third Sector', a leading magazine for the voluntary sector, are considered the UK's leading awards event for charity and non-profit organisations, attracting over 300 entries from organisations across the country.

Commenting on the commendation, Jo said: "This year marks 30 years since I founded the agency in Brighton and so this award could not come at a better time. We love working on public health campaigns and relished the opportunity to help drive down the number of late prostate cancer diagnoses through risk awareness and political engagement. The campaign was so successful that it was repeated again this year and supported by the NHS, public health authorities, clinical commissioning groups and other charities up and down the country. It is that legacy and cut-through that we strive for and we were delighted to be recognised for our work."



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## Free hot choc on 5th Nov

If you are heading to Bonfire Night on Tuesday 5th November you can enjoy a free hot chocolate as a gift from Lindfield United Reformed Church – members of the church will give the drinks away from its central High Street location.

It has continued to be popular part of the evening events as hundreds await the procession en route to the common. Around 1,000 cups of hot chocolate were dispensed last year. Organisers from the church have asked that, although the takeaway cups used are biodegradable, you please bring your own medium size reusable cups if possible to avoid wasting paper cups and straws.

## Golf Club no longer potential housing site

Campaigners fighting to save Haywards Heath Golf Club are celebrating the news that the site is no longer being proposed for new housing.

Last month Mid Sussex District Council produced a list of 22 sites allocated for residential development. The Golf Club in High Beech Lane, which had been considered as a potential site, was not among them.

Campaigner Sarah Munday said: "We are delighted that Mid Sussex District Council has decided not to allocate Haywards Heath Golf Club as one of its 22 new residential development sites.

"Encouragingly, Mid Sussex District Council has acknowledged the scale of the development is inappropriate and it would have a negative impact on the environment.

"We would like to thank our many supporters for helping our 'Stop Haywards Heath Golf Course Development' campaign and ensuring the community's voice is heard. We will continue to monitor the site carefully going forward."

A six-week public consultation on the Development Plan Document started in October.

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# The pieces of Lindfield's own Lancaster bomber pilot's story

As we approach Remembrance Sunday we are pleased to bring you the story of former Lindfield resident and Lancaster bomber pilot Brian Durrant DFC.

Like many ex-servicemen, Brian didn't share much about his wartime experiences, but son Martin has pieced together his story and has donated his records to the Wings museum, near Balcombe, where they are on display for visitors, ensuring that his story is not lost.

By Claire Cooper

Brian Durrant was born in Lindfield in 1920, the son of Reginald and Jessica.

In 1925, he became a pupil at Lindfield Infant School in Lewes Road, where he was taught by teacher Mrs Driver. "He remembered using slate and chalk and sand boxes," said Martin.

Brian left Lindfield School in 1931 to attend Varndean School, Brighton.

On 22nd September, 1941 Brian received his call-up papers and joined the RAF. Following his initial training on the basics of flying by Polish airmen, he was posted to Stoke Orchards, Cheltenham for training on Tiger Moths. "After passing all his exams, dad was posted to Halifax, Nova Scotia for further training before moving to Oklahoma, USA training school," said Martin.



"In 1942 he received his wings and the rank of temporary sergeant-pilot, sailing back to the UK on the QE1 before being posted to No 14 Operational training unit on Cottesmore."

A further posting to Husbands Bosworth, near Market Harborough, saw Brian training on Wellington bombers - twin-engined planes, and the mainstay of bomber command in the early days of the war. He then moved to Scampton, Lincolnshire and Swinderby for conversion to four-engined Stirlings.

In February 1944 Brian was commissioned as a Pilot Officer, assembling his crew of seven - navigator, wireless operator, two gunners, bomber airman and flight engineer - before being posted to RAF Syerston to begin his training on Lancasters.

After being posted to Metheringham, Lincolnshire -

106 squadron- Brian embarked on his first operation to Stuttgart on 20th February 1944. "At 24 years old dad was in charge of a Lancaster bomber with a crew of six people to be responsible for," said Martin. "Operations could last from three to ten hours, and the worst was on 30th March 1944 on a raid to Nuremberg when Bomber command lost 90 aircraft in one night."

On D-Day Brian flew along the French channel coast, pounding the German sea defences before the armada of little boats went in.

"Dad flew 37 operations, the last being on 26th July 1944," said Martin. "His was the only crew left out of the 27 crews he started with."

Brian went on to become a flying instructor on Stirlings and Lancasters until 25th May 1945, when he volunteered to join Transport Command, flying medical supplies to many countries, including India, where they also returned troops from the Burma campaign.

Brian's Lancaster was called 'King of the Air' - JB633 ZNA. During his service he was awarded the following medals: 1939-1945 Star, Aircrew Europe Star, France Germany Clasp, Defence Medal, War Medal and DFC. He was finally demobbed on 23rd July 1946.



## Remembrance details...

The wreath laying ceremony will be held at the War Memorial at All Saints Church on Sunday 10th November at 2.45pm.

The Remembrance Service will start at 3pm in the church and this will be followed by refreshments in the King Edward Hall.

On Monday 11th November a group will assemble at the War Memorial at 10.50am to remember at 11am those from our forces who have died or have been injured in our wars.

The standard will be paraded at this short time of remembrance.



# Pauline awarded for poppies work

A Lindfield resident who has run the Royal British Legion Poppy Appeal in the village for the past 20 years has been honoured with a special Community Award.

Pauline Parkyns, whose responsibilities have ranged from distributing over 6,000 poppies and ordering commemorative wreaths to co-ordinating the team of collectors and counting the cash, was nominated by Branch Chairman Val Upton.

"It was such a lovely surprise to be invited to Shoreham Airport by the RBL Fundraising Officer of West Sussex," said Pauline. "I received a very attractive certificate mounted in a frame, which has pride of place on my wall."

"When I became a poppy collector in 1982 I had no idea how passionate I would become about raising money for the Poppy Appeal," added Pauline, who began by taking part in sponsored walks for the Appeal when she was younger.

"It has been a privilege to be the Poppy Appeal Organiser for Lindfield during the last 20 years. Although it could be hard work at this time of year, it is very rewarding knowing how the money raised helps our brave Servicemen and women cope with their injuries, both physical and mental. It is also a very humbling experience."

Pauline has handed over her role to Val's husband Gordon Upton. "I wish Gordon every success in his first year as organiser, but I am not going away as I am still a collector and will still sell my plants for the Poppy Appeal," said Pauline.

"I'd like to thank the residents and organisations of Lindfield for all the support they have given to me over the years, and particularly the school teachers and pupils who have been wonderful. I will really miss them."



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# Gordon isn't the only one!

Last month we brought you the story of standard bearer Gordon Upton's exciting invitation to the Festival of Remembrance at the Royal Albert Hall on 9th November.

At the time, we wondered if this could be the first time the Lindfield standard would be carried at the prestigious ceremony.

With the help of two readers, we are pleased to have uncovered a little more of the history of the branch standard, and at least two previous appearances at the Royal Albert Hall.

Linda Knight from Scaynes Hill remembers her father, Doug Herbert, carrying the standard at the ceremony during 1960s. "I remember the excitement when he was getting ready - the polishing of the brass and whitening of the gloves," said Linda. "Dad brought me back a poppy petal, which was really special."

She added that Doug, who was Lindfield standard bearer for several years, travelled to the Royal Albert Hall with a British Legion member from Uckfield who carried the national standard in the procession.

In 2006 ex-serviceman Brian Steyning travelled to the Royal Albert Hall to carry the Lindfield standard. "He was very proud to be representing Lindfield and taking part in the service, even though he wasn't very well on the day," said his widow Naomi. "We watched it on the television and just managed to catch a glimpse of him."

Brian joined the British Legion after completing his National Service in the Royal Artillery and was standard bearer for over ten years.



Doug Herbert



Brian Steyning

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# Christmas Shopping to help support Oathall school

Now in its third year, Oathall Community College PTA will be running the popular Christmas Crafts Shopping afternoon on Saturday 16th November from 2.30-4.30pm in the school hall. Why not put the date in your diary?

The event was well attended last year and is one of the first opportunities of the year to really get to grips with starting that Christmas present shopping task and getting into the festive mood.

Karen Crockford of the PTA explained:

"We bring together lots of local companies and individuals selling beautiful, lovingly created handmade, unique items that make ideal gifts.

"There will also be refreshments and each of the school houses will host a stall to raise money for their individual House charities. We can also guarantee Christmas music and a grand raffle.

"It really is a lovely afternoon, so please come and visit us and help us raise funds for the school."



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# Adam Stone

VILLAGE PEOPLE

When Adam Stone was just four years old his parents bought him a shiny new Raleigh Drifter bicycle.

"I remember being so excited as all my mates had bikes," said Adam. "From that day my parents could hardly keep me off it."

The bike sparked a passion for cycling that has seen Adam taking part some of the country's most challenging rides, from Coast to Coast to London to Brighton.

But last month Adam faced his biggest and most emotional journey yet - riding 979 miles over ten days from Lands End to John O'Groats with 13 inspirational team mates, including two who are living with terminal cancer.



By Claire Cooper

Born in Switzerland, Adam experienced travel from a very early age, moving to Uganda at the age of two. "My father worked in banking as a modern linguist, so we moved around a lot," he said. "In Uganda we lived four doors down from Idi Amin, and I can remember seeing him go past the house accompanied by his burly armed guards!"

At the age of four Adam moved with his family to Belgium and acquired his first bike. "We lived in a little village, so everyone cycled everywhere!" he said. "It was a great place to learn to ride."

By age 11 the family had been posted to Montreal in Canada and Adam began to cycle longer distances. "When I was 14 I would cycle across Montreal, from one end to the other, on the Trans Canada highway," he recalled.

"When we later moved to Holland I would head to the coast so I could cycle up and down the dunes."

It was while studying at Imperial College in London that Adam began to enjoy cycling as part of a group. "In the late 80s and 90s we cycled all over London," he said. "I was told by a cycle courier that if you didn't get knocked off your bike within the first three months cycling in London you never will! I didn't and so far have managed to stay in the saddle. I've been knocked off in Haywards Heath but never in London!"

After graduating Adam moved to a village outside Cambridge where his parents were living, cycling 16 miles a day to and from work and with friends at

weekends. "In 1996 I moved to London and, for a while, swapped my cycle for the tube. I also met and married my wife Claire."

A move to Sussex in April 2005 saw Adam get back in the saddle.

"Claire was offered a job at the Body Shop headquarters in Littlehampton, so we began to look for a house in Sussex," Adam recalled. "We picked five houses to view, including one in Scaynes Hill. The owners told they were moving to Lindfield, which we had never heard of. As they were the second people who had mentioned the village we thought it must have something going for it so we'd take a look.

"We found a house in Eastern Road for sale and that was it! Once you come to Lindfield you never want to leave!"

With the stunning Sussex countryside on his doorstep, Adam began to step up his cycling, completing the London to Brighton ride six times! "With 20,000 riders it's got too big for me now, so I do it unofficially mainly on the way to and from work in London!" he said.

He's also completed three Half-Iron Man competitions, ridden Coast to Coast twice (150 miles in one day) and taken part in sportive cycling events all over the country, ranging from 50 to 100 miles.

Earlier this year he was one of the Lindfield Warriors team completing the fundraising Duchene Dash London to Paris cycle ride.

"That was wonderful for most the time, but also saw me hit my lowest point when we got off the ferry



at Dieppe," Adam recalled. "It was cold, dark, windy and tipping down with rain and I had left my raincoat with Claire back in England thinking I wouldn't need it. I was so miserable and just didn't want to be there. But reminding myself why I was doing it and being with the team spurred me on and I realised just how lucky I was to be able to do this."

The opportunity to take part in the Lands End to John O'Groats came following a chance conversation at work.

"It's always been on my bucket list, so I was slightly envious when my colleague Chris told me he was planning on doing the ride, and asked for my advice," said Adam.

"I helped him choose a bike, suggested what other kit he'd need and gave him a few training tips."

The ride was being organised by Paul Cook, founder of the charity 'Erase Meso' which raises funds for research into Mesothelioma, an asbestos-related cancer which develops in the lining of some of the body's organs.

"Paul was diagnosed with Malignant Pleural Mesothelioma in November 2017 at 43 years old and went on to endure six rounds of chemo, surgery and radiotherapy," said Adam. "He had the idea for the ride while he was in intensive care with 13 tubes going in and out of his body. He couldn't even get out of bed, let alone get on a bike, but decided that, if he got out of hospital, he wanted to travel from one end of the UK to the other by bike."

Since leaving hospital Paul changed his diet and exercised every day, spurred on by his cycling goal. With 1½ working lungs, he has been in remission since June 2018 and is grateful for every day.

When three of the team dropped out, Adam jumped at the chance to take part.

"When Paul said I could come I was over the moon but had to get the go ahead from Claire and our son George as it would mean being away from home for 12 days," said Adam.

As a warm up, Adam joined Paul on the London 100 mile ride earlier this summer. "I was completely in awe of Paul and just how focused and determined he was," said Adam. "I realised then what a privilege it was to be able ride with this chap."



On arrival at Lands End, Adam met most of the rest of the team for the first time. "We immediately bonded, and I remember thinking: What a really lovely group of people."

However, the first day didn't quite go to plan. "I got lost and was stung by a bee," said Adam. "We also had

three broken chains and two punctures between us!"

But the group soon settled into a rhythm, cycling in small groups and covering between 90 and 100 miles each day. "What struck me most was that the whole of the UK is just stunning," said Adam. "Even the grotty bits are fabulous in their own way."

Highlights included cycling across the Clifton Suspension Bridge and crossing the Manchester Ship Canal. "We also passed through Wilmslow near where Claire was brought up," said Adam.

"We had three very humorous falling offs! One fell in front of a very slow moving big green tractor, another fell over a support rider and the third at a set of traffic lights. Fortunately there were no serious injuries."

In Kendal Adam suffered a ligament strain and cycled eight miles using just one leg! The following morning after painkilling gel and a good night's rest he was back to two legs!

"Leaving Kendal was a defining moment as the views were supremely stunning," said Adam. "We went on to meet alpacas in Orton village market in the Lakes before crossing into Scotland at Gretna Green. We tried to persuade two of our team to tie the knot, but they declined!"

The group cycled through Gleneagles the day after Europe had won the Solheim Cup. "We also passed through a little village called Dull which is twinned with a town called Boring in the United States!"

The final day saw mixed emotions. "We were sad that the ride was coming to an end but elated that we were about to achieve what Paul had set out to do," Adam recalled.

"I cycled a few miles on my own. I felt very emotional and just wanted to be alone with my own thoughts for a while, as did others in the group."

But when the group crossed the finish line together, the celebrations began. "We celebrated well into the early hours of the following morning," said Adam.

"When I arrived home to Lindfield, Claire and George had put a sign on the front door welcoming me back, which was lovely, and Claire had redecorated the bedroom!"

The riders have raised well over £50,000. "People were incredibly generous and would randomly stop to give us money," said Adam. "One chap handed over £50 in Lockerbie. Wherever we went we experienced nothing but positivity."

Adam reflects on the ride with both pride and great affection for his team mates. "I've made some really good friends, and the memories, many of them very silly, will stay with me forever!"

But it is the courage and sheer determination of Paul and fellow cancer sufferer Nigel Shaddick that has left the most lasting impression. "If two people diagnosed with a terminal cancer can cycle from one end of the UK to the other, this proves that there is always hope and that you can still live your life," said Adam.

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".... I still remember the consultant pushing a box of tissues across his desk towards me. He had told me the news, but it hadn't registered. I was numb. A few seconds later the words sunk in and the stark realisation hit. At that point my life was never going to be the same again."

Emma King

### By Claire Cooper

For Emma King being diagnosed with early onset Parkinson's disease two years ago was heartbreaking.

The diagnosis had followed 14 months of tests and scans. "I had self-diagnosed already, having many of the typical symptoms, but it was still a massive blow," she said. "I was 40 with two young girls, at the time aged six and eight. I was completely devastated, especially when the consultants suggested there may be a genetic link."

The past two years have not been easy. "It's been a really rocky road coming to terms with things, and I only told my family and close friends whilst dealing with it all," said Emma. "That is up until now."

Last month Emma made the decision to 'go public' holding a 'Garden Gathering' fundraising event for 20 close family and friends in aid of Parkinson's UK. "It was my way of giving something back to the charity that has provided me with help, information and support," she said.

"We had a fantastic day, and my girls Amelia (10), Sophie (8), husband Tim and my mum Penny Fielden were brilliant, helping me to plan and host the afternoon tea, complete with Prosecco, scones, cakes, bingo, croquet, and a raffle with everyone donating a prize. Everyone wore blue to represent the colours of the Parkinson's brand."

The highlights included a song written and performed by Sophie and a speech prepared and read by Amelia. "It was a very emotional day!"

The event also marked the start of Emma sharing her story with a wider audience. "I decided to let out the elephant in the room, share my story on social media and tell the world," she said. "This was hugely scary for me and a massive step in my journey."

"The reason I wanted to do this was two-fold. Facebook allowed me a platform to open up and tell the world about my condition and also gave me opportunity to boost my donations - I added my JustGiving page so people could click through and give what they could afford."

Emma has already raised £1,785 but is hoping to top £2,000 for Parkinson's UK.

"There have been ups and downs during the last two years coming to terms with my diagnosis, but during that time Parkinson's UK has been an invaluable resource for me, providing a wealth of information," said Emma.

"People have overwhelmed me with their generosity, but I'd love to reach my target so any further donations would be really welcome."

She added that Parkinson's UK's mission is to change attitudes, support those diagnosed with the disease and fund research to help find a cure for this cruel degenerative brain disease.

To make a donation visit Emma's JustGiving page: [www.justgiving.com/fundraising/emmaking1977](http://www.justgiving.com/fundraising/emmaking1977)





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# The Festival round-up

## LINDFIELD ARTS FESTIVAL

By Ayesha Gilani

Lindfield Arts Festival celebrated its tenth anniversary with a record number of visitors. More than 5,000 people descended on the village to enjoy the arts.

From Monday 16th to Sunday 22nd September Lindfield opened its doors to celebrate and showcase local artists and performers of all ages.

During the week highlights included a sell-out comedy night and performances from award-winning musicians Aynsley Lister and Liane Carroll.

On Saturday festivalgoers basked in glorious sunshine. The High Street and Common buzzed with bumper crowds enjoying live theatre, circus skills, visual arts, dance, classic cars, flowers, literary and drawing workshops, food and music from local DJs.

The annual art trail showcased a number of local artists, including jewellery makers, painters and

photographers whose work could be seen at various venues, including Lindfield Art Studio, Field & Forest, King Edward Hall, PPEARL Gallery, Paul Guthrie Studio and Lindfield Primary Academy.

On Sunday autumn signalled its return with a slate grey sky and light rain showers, but the festival vibe remained undeterred thanks to local musicians and bands who entertained crowds in pubs around the village.

Hilary Knight, Lindfield Arts Festival joint project manager, said: "What a festival week it turned out to be! We had a bumper year with record numbers attending numerous workshops, exhibitions and performances. Lindfield Arts Festival is a registered charity whose mission is to bring creative activities and inspiration to the whole community of Lindfield and surrounding area. It is run entirely by a dedicated team of volunteers, supported by local businesses and fuelled by all those incredible artists and performers who offer their time and talent so generously. Thank you! Without you all there would be no Lindfield Arts Festival!"









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# Abstract artist wins the LAF Bursary Fund

By Ayesha Gilani

The winner of the Lindfield Arts Festival 2019 bursary is local artist Robyn Pretorius. The 38-year-old mum of three, pictured receiving her certificate from LAF patron Chris Bradbury, impressed judges and scooped the £1,000 prize.

Robyn, who is based in Haywards Heath, is a cake maker by trade. She bakes for all occasions and works at Tory's Café in Victoria Park. However, her love for creating big, bold and colourful pieces of abstract art using resin is what propelled her to apply for the bursary. It was an 11th hour decision, which paid off. She said: "When I got the call to say I had won, I was shell-shocked! I had only seen the bursary advert on the day of the deadline and decided to go for it. It's a good thing I didn't have too much time to think it over because I might have backed out. It was very emotional and uplifting to know the judges had read my application and had faith in me."

Robyn hopes the LAF bursary will provide a stepping stone to pursuing her dream of being a full-time artist. She said: "Art has always been a hobby, but making a living from it is a new and exciting path to pursue thanks to the bursary. I'm going to use the money to put a portfolio together that I hope I'll be able to sell. I've also enrolled in a course which will equip me with the technicalities of working with resin. There is a lot of



chemistry behind the use of resin, so the course will give me the confidence to work with it and create large and long-standing pieces of wall art."

The LAF bursary was set up in 2018 to inspire creativity and give something back to the community. It is open to all people aged seven to 100 who live in the village and the surrounding area. Last year's winner Tom Mackewn used his bursary to help launch his dream career as a children's author and illustrator. Tom showcased his recently published children's book 'Dermot the Amazing Scuba Diving Banana' at the festival last month.



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# Contemporary fine dining right on your doorstep

**NO.1 BROAD STREET**



Photo: Richard Paice Photography

No.1 Broad Street is a modern restaurant set in an 18th Century building in the heart of Cuckfield village, just 11 minutes from Lindfield.

The restaurant opened in April this year and is headed up by the legendary Johnny Stanford, who has a flair for British cuisine and creating some of the finest dishes that you are ever likely to try in the county.

Johnny's background right after catering college featured Michelin star restaurants all the way, and he recently finished a long stint at The Pass, South Lodge Hotel as Sous Chef before landing at No.1 Broad Street this spring.

He has hand selected a team of young chefs that are dedicated to delivering perfectly cooked seasonal dishes. They are currently putting together autumn and winter menus using seasonal red deer, treacle cured salmon, scallops and Scottish beef, paired with delicious blackberries, cauliflower, chestnuts and wild mushrooms to name but a few complementary ingredients.

'Creative cooking' are the buzz words around the kitchen right now... new ideas, fresh seasonal produce + creative talent = amazing dishes!



## Facilities

The main restaurant seats up to 30 guests comfortably, with nicely spaced tables set in a series of small linked rooms giving an intimate but buzzy atmosphere to the restaurant. The front of house team are relaxed, friendly and extremely knowledgeable on both wines and the menu. Their main objective is to ensure that guests feel comfortable and welcome without the starched atmosphere of many fine dining establishments, meaning they get maximum enjoyment from their experience.



## Private dining

Featuring a beamed open plan room (pictured above) that seats up to 20 guests and makes the perfect party and function room for Christmas parties or a get-together with family and friends.

## Menus

A number of options are available at the restaurant: Tasting menus (including vegetarian) with wine flight (carefully selected by restaurant manager Joel), à la carte, as well as set menus for larger groups.

## No.1 Takeover nights

These are regular events that take place every 2-3 months. The next one features Luka bringing his 'trencher' brand menu as a one-off to our restaurant. Luka is a very talented young chef and baker (he baked the bread for Will and Kate's wedding... yes that one!) Luka has worked alongside Johnny Stanford at a previous restaurant and he



now runs a series of pop up events during the year. He will be bringing his no nonsense take on some classic British dishes, each packed with flavour, on Thursday 24th October... you can book your places at this event by calling the restaurant on 01444 455 557.

## New Year's Eve

New Year's Eve is the next special event for No.1. With a carefully created tasting menu, the team have indicated that they will have a few surprises up their sleeves... it will be a great way to see in 2020!

No.1 Broad Street is located at 1 Broad Street, Cuckfield, RH17 5LJ. Call 01444 455 557 or email: [bookings@1broadstreet.co.uk](mailto:bookings@1broadstreet.co.uk) to make your reservation. [www.1broadstreet.co.uk](http://www.1broadstreet.co.uk)



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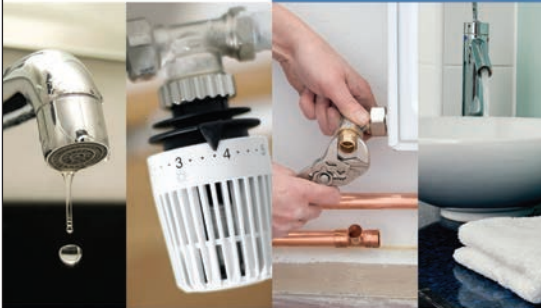
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## Your climate – your choices

Following on from their successful Brunch and Open Garden, residents Louise Downey and Chris Lee (pictured) of local community group Fairer World Lindfield tell us about the group's next inspiring event.

The climate and ecological crisis is at the forefront of everyone's mind. Evidence of change is being seen at home and across the world. 'Your Climate – Your Choices' will be held at King Edward Hall on Wednesday 20th November (7-9pm). It is an opportunity for people to hear about lifestyle choices which can have a positive environmental impact.

Climate Reality Project Leaders, Peter Desmond and Chris Lee, will speak about the climate and ecological crisis, potential solutions and the circular economy. Joining them will be Rachel Carruthers, Senior Advisor for Sustainability at West Sussex County Council. Attendees will hear from Harriet's of Hove - The Plastic Free Pantry - about the journey to reduce single-use plastics. Sally May, from Circular Brighton & Hove, will talk about the shift in mindset we need to adopt the lifestyle changes that are necessary.

There will be an opportunity to buy environmentally-friendly beauty products from Tropic, pre-loved adult clothing from Goldfinch Styling and plastic-free toiletries and kitchen products from Harriet's of Hove. Jenny from SuperLooper will be available to speak to people about her circular baby clothing service.

For every person attending the event, the Climate Reality Project will plant a tree through [www.onetreeplanted.org](http://www.onetreeplanted.org)

This is a free event, but booking is required either by calling 01444 484063 or emailing [fairerworldlindfield@gmail.com](mailto:fairerworldlindfield@gmail.com). Complimentary Fairtrade tea and coffee will be available.

Fairer World Lindfield is a group of residents aiming to raise awareness of the climate and ecological crisis and encourage simple actions that can bring about meaningful change. By making individual and collective changes, everyone can make a difference to our planet.

## Pair accept the opportunity to give back to Macmillan

Nikki Smith and Catherine Cole raised over £850 after hosting a Macmillan Coffee Morning for 40 family and friends.

"We wanted to raise funds for this worthwhile charity, which helped both of us when we were both diagnosed with breast cancer five years ago," Catherine explained.

"Lots of cake was donated and eaten and many cups of tea and coffee washed down," she added.

"We had a great raffle too, with all our prizes donated by the ever wonderful and supportive local businesses: Doodie Stark, Tufnells, La Touche, Bliss Hairdressers, Kell & Collins and Co-op."



## Masters Bake Off event

The 6th Annual Macmillan Coffee Morning held Upstairs at Masters saw bakers from around the village entering their homemade creations into the Great Lindfield Bake Off, and raising over £400.

"There was a wonderful selection of cakes this year including a chocolate beer cake, German apple cake, fruit cakes, a banana cake and a tasty orange cake," said Sue Masters.

"Catherine Trehearne was voted Star Baker for her beautifully decorated chocolate and raspberry cake which tasted as good as it looked, and Bev Parker was runner up with an amazing orange cake.

"We'd like to thank Lisa and Jeremy from Tufnells who once again donated the most wonderful hamper full

of goodies for our raffle and Charlotte and Richard from Flowercraft who donated a fabulous bouquet along with beautiful flower arrangements in china cups for the tables," said Sue. "And, of course, thank you to everyone who baked cakes and came along to support us."

She added that the annual event has now raised over £3,400 for Macmillan.



## Kelly hosts Tiger Coffee Morning

Kelly Way and a team of friends, recently hosted a Macmillan Coffee Morning at The Tiger, raising £247.

The event was held to raise money for Ellen Burgess' 'brave the shave'.

"Ellen, who is a family member, shaved her head in memory of her dad Chris Burgess who died of cancer," said Kelly. "She is also a carer to my children's dad Kevin Burgess. Ellen braved the shave with her partners brother who had long hair. He had been growing his hair for two years! He donated his ponytail and between them they raised £1,000.

"I'd like to thank everyone who donated, brought cakes, supported and helped at the event," Kelly added.





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## Meet Yanko the PAT cat

**By Claire Cooper**

It's not every day you see a cat on a lead walking down a busy shopping street!

But for the past few weeks Lindfield shoppers have been doing double takes as Yanko the cat goes walkabout along the High Street with owner Terisa Tuffin.

"People's reactions have been quite hilarious," said Terisa. "Shop owners tell me it's OK to bring the dog in and then suddenly notice it's a cat!"

But there's a very special reason behind Yanko's daily walks. The rescue cat is being trained to become a Pets As Therapy (PAT) volunteer and visit nurseries, special schools, hospitals, care homes, hospices and other venues. "It's really important that Yanko gets used to lots of different situations," said Terisa. "Taking him out on a lead is part of the training – I'm not just a completely bonkers cat owner!"

It takes a very special cat to become a therapy pet, but Terisa knew there was something unique about Yanko when she spotted him in a pet shop window while on holiday in Bulgaria last year.

"My children Tarlie and Gabriel noticed him all alone in a cage in the window," said Terisa. "At the time the shop was closed and we spent the rest of the day worrying about how long he'd been there and whether anyone was feeding him."

The family returned to the shop the following day. "The shop worker told us Yanko had been there since he was eight weeks old and was now eight months, and wouldn't be there much longer as people didn't want to buy adult cats. We couldn't bear to think what would happen to him after that, so we decided to bring him home to the UK.

"We knew there were lots of cats needing homes in England, but there was something different about Yanko and we just couldn't leave him."

Four weeks later Yanko arrived in England, following a four day journey organised by a pet rescue charity. "We picked him up at a service station on the M25, and the charity workers told us they had never seen a cat travel so calmly," said Terisa. "But as Yanko had never known

life outside a cage, I guess he was used to it. When we got him home he didn't know how to jump or run."

As Yanko settled in and gained confidence his personality shone through. "We could see he had this amazing, calming presence," said Terisa, who decided to take him to visit Lindfield Nursery School where she works. "The effect on some of the children, especially the quieter ones, was really moving," she said. "I had heard about 'Pets As Therapy' through my work so got in touch to have Yanko assessed. When we met the assessor, in a busy public place, she was blown away saying she had never seen a cat like Yanko before and that he'd be 'purrfect!'"



Terisa is now waiting for the final paperwork so that Yanko can begin his work as a PAT cat. "His working name is Mr Peeps and the visits are free," said Terisa, who has already been approached by a care home and hospice after sharing Yanko's story on the Lindfield Gossip Facebook page. "We can't wait to get out there and spread the Yanko love!"

For more information visit: [www.petsastherapy.org](http://www.petsastherapy.org)



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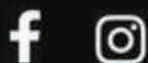
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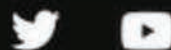
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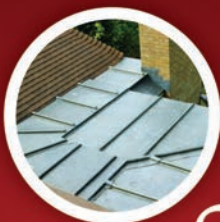
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# Lindfield Bonfire Night Colouring Competition

Simply colour in the picture on the previous page, fill in your contact details here and drop it off at either Masters & Son (Lewes Road) or Lindfield Art Studio (West View - behind the Common tennis courts) before 18th November.

The competition age groups are: Up to 6 Years, 7 to 9 Years, 10 to 14 Years and 15 & over.

The winner of each age group receives a £20 WH Smiths voucher. A silver cup will be awarded to the overall winner.

The information on the form here is required to administer the competition and contact the winning entrants.

Good luck!

Our special thanks go to Lessa Le May at Lindfield Art Studio for this year's programme cover.

We also thank Cottenham's of Lindfield - Craft Butcher - for sponsoring this year's Guy.



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As you can see, this year we are putting our official programme within the pages of Lindfield Life to make sure as many people as possible can see what we have planned for 5th November. Our thanks go to the Lindfield Life team, as well as our advertisers who have made this possible. I hope that many youngsters will enter our annual colouring competition.

'Quasiquincentennial' is not a word you get to use everyday! It is, apparently, the word for a 125th anniversary - which is a milestone that Lindfield Bonfire Society has reached this year. There were bonfire celebrations in Lindfield for many years before 1894, but that is the year that an official society was formed to bring a little order and structure to what was an evening of general mayhem and outrageous behaviour!

Over the past few years there have been several small changes within the Society with new members on the Committee with fresh ideas and new enthusiasms - we are gradually joining the modern world but hopefully without losing any of the fun and tradition that makes Lindfield Bonfire Night the event it has always been. I hope there will always be a place for a bit of (well ordered) mayhem!

The money that we collect on the evening goes to our chosen children's charities, so please do give as generously as you can. This

does mean, however, that the money to cover the costs of the evening has to be made and collected during the rest of the year. If you or your family would like to contribute, the easiest and most fun way is to join us! Membership is just £10 a year or £20 for a family. Not only does your membership help to pay for the Bonfire and fireworks but it means that you are covered by our insurance and therefore allowed to join in the Procession, carry a torch and generally be part of a great village institution.

In the past I think people have been put off joining the Society because they don't necessarily want to wear a striped jumper and end up smelling of paraffin! You can certainly do those things and we'd love to have you onboard - but if you're the sort of person that would rather make a cake, help clear up the Common or knit a stripey jumper, or even just come along and watch on the evening, you'd be just as welcome. There really is a role for everyone. Our Membership Secretary Mike Webster, would love to welcome you and answer any questions. You can find details on Facebook or our website.

With the enthusiasm of our members and the support of the village I'm sure we are set fair for the next 125 years!

Paulus Smith, Chairman LBS



LINDFIELD  
BONFIRE  
NIGHT  
5TH NOV 2019



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# Our 5th November Programme of Events

## 6:30pm Fancy Dress Competition

King Edward Hall - just turn up and enter

Age Groups: Up to 6 years, 7 to 11 years, 12 to 15 years, Adults, Groups

## 7:30pm\* Torchlight Procession

Starting from outside the King Edward Hall, via Black Hill, The Witch, Hickmans Lane, High Street and on to the Common. The High Street and Black Hill will be closed to traffic for the entire evening.

## 8:15pm\* Lighting of the Bonfire

Preceded by the traditional Bonfire Prayer.

## 8:30pm\* Grand Firework Display

\*Timings are approximate and can be delayed due to weather etc.

Further details and up to date information can be found at: [www.lindfieldbonfiresociety.co.uk](http://www.lindfieldbonfiresociety.co.uk)

Event Medic Services will be in the procession and in the crowd on the Common. They will also maintain an Incident Centre in the Backwoods Lane car park by the Bowling Green.



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# Road Closures on the night

Roads in the village will be closed to traffic from 6.30pm until 9.30pm as follows:

The **High Street** between **Hickmans Lane** (at the top) and **Black Hill** will be closed for the entire evening.

**Lewes Road** from the junction of **Eastern Road, High Street, Black Hill and Hickmans Lane**.

**Hickmans Lane** will be closed during the procession and will reopen once it has moved onto Lindfield Common.

Traffic will then be diverted along **Hickmans Lane** while the **High Street** is closed.

While **Hickmans Lane** is closed there will be no entry on to it from the following roads:

**Denmans Lane, Brookway, Finches Park Road, The Welkin, Compton Road, Shenstone, Savill Road and Sunte Avenue.**

**Sunte Avenue** will be closed from the **Gander Hill** roundabout.

Traffic will also be diverted via **Eastern Road, Luxford Road, Newton Road and Dukes Road** due to the closure of **Lewes Road**. There will also be no entry on to **Lewes Road** from **Chaloner Road**.

If travelling south towards Lindfield from Ardingly we advise you go via **College Road**, Ardingly to avoid Lindfield and if heading north from Haywards Heath to use **Summerhill Lane** towards Ardingly to avoid Lindfield.

Thank you!



LINDFIELD  
BONFIRE  
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## Raising money for charities

Our street collection on Bonfire Night raises money in aid of local children's charities.

This year our supported charities will be: Cleft Lip And Palate Association, Court Meadow RDA, Orchard House, Chestnut Tree House and Kangaroos.

Please give generously to help support these local children's charities.

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# Lindfield Bonfire Society Christmas Gift & Craft Fair

King Edward Hall, Lindfield

Saturday 16th November

10am - 3pm

Come and visit our festive fair.

Packed with over 40 stalls offering gifts for young and old at prices for all pockets from seasonal decorations to jewellery, home & garden gifts, cupcakes, books, scarves, handbags, wood turned items, bunting & more.

LBS tombola and 2020 Village Calendars

Coffee, tea, homemade cakes and hot bacon rolls.

## Keep safe on 5th Nov

In Lindfield we do not have a tradition of letting off fireworks in public, other than in the official arena.

Remember, it is illegal to let off fireworks, INCLUDING SPARKLERS, or flares in a public place. The police will arrest any person doing so.

Please leave your pets at home.

## The Bonfire Prayer

Remember, remember the Fifth of November  
The Gunpowder, Treason and Plot

We know no reason why Gunpowder, Treason should ever be forgot

Guy Fawkes, Guy Fawkes, 'twas his intent

To blow up King and Parliament

With three score barrels of powder below

Poor old England to overthrow

By God's providence he was catch'd

With a dark lantern and burning match

Holler boys, Holler boys, ring boys ring

Holler boys, holler boys God save the King

What shall we do with him boys?

Shall we hang him? "NO!"

Shall we drown him? "NO!"

Shall we burn him? "YES!"





# 125 years of Lindfield Bonfire Society

Lindfield Bonfire Society was formed in 1894, making it one of the oldest Bonfire Societies in Sussex.

Bonfires have been important to the people of Sussex since Celtic times, and they were probably delighted to be given another opportunity for a bonfire when King James I decreed that there should be a celebration on November 5th to celebrate the discovery of the Gunpowder Plot.

As you can see from the newspaper article bonfire could be a riotous affair. Anything the bonfire boys could lay their hands on would be burnt and burning tar barrels were rolled down the Street. The bonfire boys wore white trousers and hooped sweaters continuing the tradition of the Smugglers who regularly smuggled tobacco, brandy, silk and lace up from the River Ouse to Paxhill House and the Bent Arms via secret tunnels. Finally, in 1894, following pressure from local magistrates, authorities and residents the Lindfield Bonfire Society was formed.

Celebrations were suspended during the First and Second World Wars, and during the 1970s the Society nearly folded due to lack of members. The street collection on the 5th is in aid of local children's charities.

I'm sure many of us can recall that bonfire building used to begin at least a week before the 5th, much to the excitement of the village children, and was added to by all members of the local community. Nowadays construction using wooden pallets is completed on the 5th due to increased legislation and because it was often set ablaze before the day. This is also much better for the hedgehogs!

We are often asked why we carry burning crosses during the procession. Lindfield, along with many other Sussex Bonfire Societies, including Mayfield and Lewes, commemorates local martyrs who were burnt at the stake. For a lot of our members bonfire night is about remembering, and some of our members carry tributes in memory of family. Also, being so close to Remembrance Sunday, you will see some poppies too.

We gladly welcome members of all ages. You might wish to support us with an annual membership fee, help with organisation, torch making and dipping, and much more. As well as holding our own celebrations we support and march with a number of other Societies, including Chailey, Burgess Hill and Newick.

We can only continue as a Society with your help throughout the year and are only too aware that Fletching Bonfire Society has had to disband this year due to dwindling membership. It would indeed be a very sad day should we no longer be able to continue the tradition of 5th November celebrations in our historic village.



LINDFIELD  
BONFIRE  
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5TH NOV 2019

## Join LBS – Support the Society

We are always willing and eager to have new people join our society. Lindfield Bonfire Society has been run since 1894 by volunteers and we require the help of all types of people.

If you wish to join us our membership prices are:

### Annual Membership

- Adult member £10
- Child (5-18) £5
- Joint Membership £15
- Family membership £20

### Life Membership at £100

Membership forms can be obtained by contacting our membership Secretary Mike at [memberslbs@gmail.com](mailto:memberslbs@gmail.com).

Clipping from Sussex Advertiser 16th November 1867

**LINDFIELD.**  
THE FIFTH OF NOVEMBER.—The fifth of November went off as usual on Tuesday night. There was the same amount of squibbing as usual, and not a little mischief done to palings, gates, and other property, and two mischievous young gentlemen have found themselves in the wrong box through their pranks. It seems that they had a fire somewhere in the street, and some gates, palings, and fencing were torn down and burned, as well as any kind of fuel they could lay hands on, but running short of combustibles a party started at midnight in search of adventures, and finding that the Red Lion, Mr Mills's, was shut up, they had a look round the premises, where not finding sufficient wood or timber to satisfy them, they unshipped a wooden structure in the yard, and bore it triumphantly away in order to resuscitate the fire. But it so happened that Mr Jupp, high constable for the hundred, and P.C. Berry were on the look out, and the party were stopped. On Berry upsetting their load, two young men, John Marchant and George Pearse, crept out from under the debris, being nearly suffocated and crushed. The others ran away, but these two were taken to Cuckfield Lock-up, where they remained in duration vile until Thursday, when they were taken before P. N. Lawrie, Esq., and Major McAdam. P.C. Berry stated the case, and called Jonathan Winter as a witness. It was stated that Mr Mills declined to prosecute. The scapegraves pleaded that he told them they might take the article and burn it, as it was of no use to him, and supposed that it would end there, but the magistrates did not think so, and remanded them until the 16th inst., ordering Mr Mills to be summoned to appear, and bail being offered they were released on their own sureties of £20 each and two of £10 to answer the charge on that day.



LINDFIELD  
BONFIRE  
NIGHT  
5TH NOV 2019

## Who's Who in Lindfield Bonfire Society

- **President** – Mr David Hobbs
- **Patrons** – Mr Ian Thomas, Mr Howard Collins
- **Hon Life Members** – Mrs J Anscombe, Mr P Cummins, Mr J Drew, Mrs E Honeysett, Mr P Kemp, Mr B King, Mr J King, Mrs S Lucas, Mrs J Mitchell, Mrs V Read, Mr D Room, Mr A Underwood
- **Hon Vice Presidents** – Mrs S Blunden, Mr T Clements, Mr & Mrs H Collins, Mr D Diebelius, Mrs A Eggert–Hobbs, Mr K Frost, Mr D Gander, Mrs S Hobbs, Mr P Holder, Mr N McNally, Mr A Mackenzie, Mr D MacMillan, Mrs G MacMillan, Mr I Masters, Mrs S Masters, Mrs G Neve, Mr M Nickson, Mrs & Mrs D Riddle, Mrs A Seaward, Mrs B. Smith, Mr K Smith, Mr P Smith, Mr I Thomas, Mr & Mrs C Vinall
- **Chairman** – P Smith
- **Vice Chairman** – Mr B Harfield
- **Honorary Treasurer** – S Cheesman
- **Honorary Secretary** – M Tampion–Lacey
- **Minutes Secretary** – T Webster
- **Membership Secretary** – M Webster
- **Logistics Secretary** – Wendy Box
- **Operations Captain** – S Simmons
- **Bonfire Captain** – J Drew
- **Bonfire Vice–Captain** – M Maynard
- **Procession Captain** – R Newman
- **Procession Vice–Captain** – M Wilcock
- **Committee** S Bevan, Wendy Box, S Cheesman, J Denyer, C Drew, J Drew, M Durrant, M Eggert Hobbs, W Forsythe, B Harfield, Dr D Hawk, E Maynard, M Maynard, I Newman, R Newman, S Simmons, P Smith, M Tampion–Lacey, S Tampion–Lacey, M Webster, T Webster, C Williams
- **Events Coordinator** – S Tampion–Lacey
- **Assistant Events Coordinator** – C Drew
- **Harbour Master** – Mr Will Blunden
- **Bonfire Bishop** – Mr Ian Newman
- **Pyrotechnicians** – C Drew, J Drew, C Gasson, M Maynard, R Newman, M Tampion–Lacey

## Thank you's

Lindfield Bonfire Society wishes to thank the following for their support of our Bonfire Night celebration:

Comber's Trust, Event Medic Services Ltd, Sussex Police, West Sussex Fire & Rescue Services, The Rotary Club, Court Meadow RDA, Kangaroos, Lindfield Parish Council, Mid-Sussex District Council, SERCO, 6-10 Traffic Management, Sussex 4x4 Response, Etc. Fire Services, Lindfield Art Studio, Cottenham's of Lindfield, The Bent Arms, Aurora Fireworks, Trident Explorer Scouts, and finally all our volunteer marshalls, helpers, sponsors, donors and members without who our night could not take place.

[www.lindfieldbonfiresociety.co.uk](http://www.lindfieldbonfiresociety.co.uk)  
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# Sweet singers concert at All Saints

Vocal Fusion, Kaleidoscope Singers and Cantatrice Voices, are delighted to return to All Saints Church Lindfield on 2nd November, where they will perform their third Autumn Concert in support of All Saints Clock and Bell Project.

"The transformation of this church (since we first performed here in 2016) is just amazing," said Zoe Peate, the Musical Director of all three Choruses. "The whole interior is now so open, airy and light, and the acoustics are simply wonderful - it will be a real joy to perform here again, and we are always delighted to sing in Lindfield."

This year's concert will feature Vocal Fusion Acapella - a male-voiced a cappella chorus, based in Steyning and winners of the Best Small Chorus at the National Championships of Barbershop Singers in May this year. They will perform a selection of songs, including Lately and Superstition, both written by Stevie Wonder, and In My Life by Lennon and McCartney, as well as If Ever I Would Leave You from the musical Camelot.

Kaleidoscope Singers (pictured), a mixed voice a cappella Chamber Choir also based in Steyning, will perform a range of pieces, including Java Jive – a great jazz piece first popularised by The Ink Spots in 1941.

"There will also be several Quartet performances during the concert, and the chance for all our audience to join in and sing a number of songs from Mary Poppins," Zoe explained.

The concert (entitled A Spoonful of Sugar) starts at 4pm, with tea and cakes being available in the Tiger Lounge from 3pm.

Tickets are priced at £8 each and are available from the Church Office (01444 482405) or by email: [allsaints@lindfield.info](mailto:allsaints@lindfield.info), or on the door.



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- 14<sup>th</sup> Mar 2020 Young Musicians' Showcase
- 21<sup>st</sup> Mar 2020 Caroline Tyler, piano with string ensemble
- 25<sup>th</sup> Apr 2020 National Youth Jazz Orchestra Ambassadors

Tickets: £12 for members; £15 non-members.  
Family rate: 2 adults half price with under-18 (£3)

For further information, telephone 01444-456227, or visit: [www.haywardsheathmusicsociety.org.uk](http://www.haywardsheathmusicsociety.org.uk)

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## RECYCLE THIS...

Colin McFarlin is a Volunteer Waste Prevention Advisor with WSCC.



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the Editor on recycling. Do keep the questions coming...

## Compostable bags

My mailbag has been busy this month with correspondence from readers who have received mail through the post in 'Compostable Bags'.

With the outcry against plastic many organisations, such as National Trust and WI, have quickly moved away from plastic wrappers for their mailings and moved to biodegradable wrappers.



The information they put on the wrapper is not accurate. They suggest putting them into your home compost bin.

However, not everyone has a home compost bin, also they will not compost in a home compost bin as your bin will not reach a sufficient temperature for the wrapper to break down. There are going to be lots of disappointed National Trust and WI members emptying their compost bins in a year's time and finding this wrapper intact!

Councils will not accept this in their garden waste bin, and we, along with many other councils do not have a food waste collection service.

So where can you put it? You are left with your black top rubbish bin.

This new idea is in fact a lot worse than the original plastic wrapper; that can be recycled in major supermarkets with plastic carrier bags.

Put it in your black top rubbish bin and I do hope you will write to anyone who sends you correspondence in a Compostable Bag and point out the problems they are causing in West Sussex - and other counties!

Would you like me to give a talk to your local group on recycling? Do you have an individual question on specific items you are not sure how to recycle? One email to the Editor, with a picture if possible, and I can let you know.

Looking forward to hearing from you.  
Keep recycling!

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These days, although the business has changed over the years, Baldocks still enjoys an enviable reputation in the area. After Sales Director David Lancaster explains: "Even though we are no longer a Main Dealer we are Authorised Repairers for both Renault and now Kia. We know that locally we are considered as the only place to go for those vehicles but, in fact, our expertise and equipment are equally suited to any make of vehicle."

The site employs a staff team of nearly 25, including Service, Parts and Sales specialists along with seven highly trained technicians. "We are incredibly proud of our skilled team, a number of whom have been in the business for over 20 years," David went on. "As well as a Renault Master Technician and one currently in training for Kia, the garage also has three Senior Technicians who are specifically trained to understand the different needs of certain electric vehicles on the road today."

When asked what makes Baldocks different, David only gives one word - genuine. "I've heard so many stories of customers not getting what they paid for where car servicing is concerned! What we give is good, old fashioned customer service. Our Electronic Health Check System will allow us to email you a report and photo of any repair work needed in advance. Normally we only use genuine manufacturer's parts but we will, if



you wish, quote you an alternative after-market parts price as an option."

Already in autumn and heading towards winter, David is aware that it's always worth ensuring that your car is ready for the changing seasons. "Our Winter Health Check looks at tread depth on your tyres, your lights, the battery, that brakes are in good shape and that your anti-freeze is topped up in the engine."

Baldocks can help whether you need advice or work carrying out on your car. With an MOT Testing station, tyre-fitting facilities and state of the art engine diagnostic equipment – their team will be pleased to be of service. With a prior appointment, they will even come and collect your car from Lindfield and deliver it back to you – free of charge! Plus, see advert on p.72 for a special discount voucher too.

Call David's team on 01444 471521 to find out more or to make a booking. You can also visit [www.baldocks4cars.co.uk](http://www.baldocks4cars.co.uk) to get a quote for the Baldocks Fixed Price Servicing – for all makes and models of car – or even to find your next car to purchase!



## Conscious Creativity by Philippa Stanton

### BOOK REVIEW

By Cavan Wood

Subtitled 'look, connect, create', this beautifully illustrated book is one that restores the sense of wonder and excitement about the world.

Challenging us to see what we see in a new light, this is a guidebook to engaging with our environment in a new way. The exercises and insights of the author, who has been both an actor and an artist for three decades, will stimulate parts of the brain that we often neglect.

Taking time to stop, enjoy and reflect on the mystery of life is something we can all learn from, adding another joy to the way we live.

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# Soup and sausages

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## Roasted Pumpkin and Apple Soup

4-6 servings

Preheat oven 200°. Cut 1kg peeled and seeded pumpkin (or butternut squash) into small chunks. Quarter and core (no need to peel) 2 large Bramley apples then slice. Spread pumpkin and apples evenly in a roasting tin and drizzle over 50ml rapeseed oil. Roast 25-30 min, stirring once, then stir in 1tbs chopped fresh sage. Continue to roast until tender and golden brown – about 15 min. Buzz in the processor until smooth then return to the pan. Stir in 1litre chicken or vegetable stock and 3-4tbs dried milk powder (or cream). Gently reheat to serving temperature (do not allow to boil). Serve topped with chopped toasted hazelnuts for crunch.

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By Caroline Young

Special days have been celebrated in November for many, many years – the first being on 2nd November, All Souls' Day, when prayers were said in the village churches for departed souls, the poorer members of the village offering their richer neighbours their prayers for their departed relatives in return for alms or soul-cakes. Next of course is Guy Fawkes – Bonfire Night. Before venturing out to the celebrations why not tuck into a warming supper of pumpkin soup then sausages, bacon and jacket potatoes or hot garlic bread?



## Sausages with Cabbage & Bacon

Serves 4

Using a large frypan with a lid, gently fry 450g sausages for 10 min or until golden brown. Remove from the pan and keep hot. Add 1tbs oil, 4 roughly chopped rashers of back bacon and 1 finely chopped large onion to the pan. Sprinkle with 2tsp sugar and cook over low heat, stirring once or twice, until golden brown. Meanwhile finely shred the leaves of 1 small green cabbage. Pack into the pan, add 150ml vegetable stock, seasoning and 2tbs white wine or cider vinegar. Cover and cook over low heat for about 15 min, stirring once or twice, or until the cabbage is very soft. Meanwhile stir 2-3tsp wholegrain mustard into 150ml soured cream. Pile the cabbage on to hot plates, top with the sausages and a dollop of the soured cream.

## Plum Soul Cake

Serves 4-6

Serve warm as a dessert with cream or ice cream, or allow to cool and serve as cake.

Preheat oven 180°. Lightly butter and line a shallow 23cm cake tin. Put 250g golden caster sugar, 2 eggs, 150ml oil, 1tsp vanilla extract and 2tbs orange juice in a bowl and beat until light and creamy. Sift over 225g SR flour and ½ tsp bicarbonate of soda, gently folding in with a metal spoon. Gently stir in 300g halved and stoned RIPE plums. Spoon into the lined tin and bake for 45 min or until the cake is just pulling away from the sides of the tin. Cool for 20 min before turning out on to a flat plate or a cooling rack. Sift a little icing sugar over the top before serving hot or cold.

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# The Eco House

ENVIRONMENT

By Peter Hinze

In June 2017 my wife and I opened our garden along with our immediate neighbours to join the Lindfield Open Garden Trail which has now become an established ever more popular annual event run for the benefit of St Peter & St James Hospice. Our garden is pleasant and secluded shaded by its surrounding mature trees. From the horticultural point of view it does not tick any really distinguishing boxes, but it has some features, not yet commonplace, which earned it the accolade 'Eco House'. So what were the features which gave rise to the eco description to arouse the interest of our visitors?

There was a small apiary consisting of four thriving colonies of bees set in the far back corner of the garden, on the roof of the house an array of Solar Photovoltaic Panels and, hidden in the fabric of the house and garden, a Rain Water Harvesting System as well as the more normal water butts and composting arrangements.

The weather on the open day that year was perfect for the occasion. There was a steady stream of visitors, but it was the bees which stole the show. From inside our greenhouse at the back of the garden visitors could have an intimate view of the toing and froing of the bees at the entrance of the hives. There was plenty of activity, the heavy incoming flights, some laden with various coloured pollens, the darting outgoing flights of the forager bees having deposited their loads. The occasional collisions. The drones testing their wings. Heathrow had nothing on the flight density skimming the greenhouse roof! The bees were busy, they remained undisturbed and no one was stung. It was a real delight, and I spent the afternoon escorting our visitors in and out of the greenhouse and answering their many questions.

The array of solar panels is very obvious as you approach the house, which has a large expanse of roof

with an almost southerly unshaded aspect providing an ideal location for the panels. I had the system installed in the summer of 2010. It is nominally rated at 4kW, which was the largest domestic system one was allowed to install at the time to attract the highest 'Feed In Tariff' (FiT). The latter was an incentive payment for each Electrical Unit (kWh) the system generated. In addition there was a further payment for 50% of the units generated which it was deemed you would not self-use and hence delivered back to the grid. The cost of installing the system in 2010 was high, but with the level of incentive offered under the FiT at that time projecting forward, assuming all things remaining equal, pay back should occur in the ninth year of operation. After that the house would still benefit from payments under the FiT for a further 16 years and thereafter would still have power from the roof until such a time as the system breaks down irretrievably.

So I was able to tell our visitors that my system had been very reliable and had consistently generated about 4,000 Units (kWh) per year. As our household uses on average about 3,000 Units a year one might suppose with this level of generation we would be electrically self-sufficient with power to spare. Unfortunately it does not work out that way because there is a substantial mismatch between when the power is needed and when it is generated by the system during the sunny part of the day. Although my wife and I are retired and therefore have some choice as to when we switch on our electrical appliances such as our washing machine or dishwasher, as well as having devised a useful gismo which switches on our immersion heater whenever there is sufficient surplus power to drive it, we find that on average we can only use about 1,000 units of the 4,000 we annually generate. To use present terminology our 'Self-Utilisation' averages about 25% and I measure



the remaining 75% of our units quietly slip out to the National Grid from where our energy providers sell them on to my near neighbours as Green Electricity. One of the great advantages of this form of distributed domestic generation is that the power is absorbed locally and the transmission losses associated with more central generation are largely avoided.

Our Rain Water Harvesting efforts probably invoked the least comments from our visitors. There were the water butts collecting the rainwater runoff from the garden shed, the wood store and the greenhouse, which of course needed little explanation. The Rain Water Harvesting System (RWHS) proper is designed to collect the rainwater run-off from all the roof surfaces of the house into a large underground tank. From the tank it is pumped, as needed, to a separate header tank in the loft. From here it is gravity fed to the toilets, the washing machine and a garden tap. The process is automatic and reverts to normal water supplies if the water in the RWHS tank falls to a minimum level. The only visible evidence of the system outside the house is the inspection cover giving access to the underground 3,500 Litre RWHS tank. So perhaps it is of little wonder that it raised few comments from our visitors.



Our system was installed in late 2008 for reasons which were in part driven by altruistic considerations of water resource conservation. The household fairly consistently consumes a total of just under 100 cubic meters of water annually. Assuming that our total water consumption has not changed dramatically since the RWHS was installed, we find that whilst there is water in the tank it satisfies about two thirds of our water demand, which primarily results from toilet flushing. Of course when the water level in the tank falls to its minimum level there is no saving of water, and this can happen almost at any time of year in this area after a long period of minimal rainfall. However, since the RWHS has been operating it has annually saved over 50% of the

water (50 cubic metres) we would otherwise have drawn from our local water supply company.

The system has proved reliable and requires little maintenance apart from the occasional cleaning of filters, the tank and the gutters. The downside is that the retrofitting of such a system to an existing property can be expensive as well as disruptive and should not be undertaken lightly. However, as part of a major refurbishment or extension project the inclusion of a RWHS may prove both economic as well as being environmentally commendable.

I am writing this because in this age of ever heightening environmental awareness my local experience with my 'Eco' systems may be of wider interest.

I should, of course refer to each colony of bees not as a system but as a Super Organism which I believe is good for Lindfield and experience has shown that Lindfield, with its varied nectar sources particularly our Lime trees, given the right weather, is good for the bees.

The Solar Panels which are now in their ninth year, have generated over 35 Megawatts of power for the locality and, thanks to the FIT, have paid back their investment. Unfortunately, over the years, the Feed In Tariff has been steadily reduced and now has been discontinued altogether for new domestic systems. However, negotiations are in hand to agree a more market orientated scheme, but I trust that whatever evolves will still encourage the householder to invest in this form of sustainable, distributed and close to the point of use generation. The technology has also moved on apace, costs have reduced, more power can be generated within the same constraints and battery power storage has become available.

Our RWHS system continues to reduce our water demand by around 50% annually which, of course, in the greater scheme of things is but a tiny drop in the ocean. However, if these simple, reliable, low maintenance systems could be replicated in greater numbers the water saving could be significant and with water usage close to the point of collection the energy and leakage cost normally associated with the distribution of town water would also be largely saved.

We are all aware of the large scale housing developments in the area either completed, in build or projected such as the 'The Northern Arc' developments. We are talking of 1000s of additional family housing units. Here seems to me to be an ideal opportunity to incorporate, during construction and at minimal cost, a RWHS in the majority of these units and also building in technology like modern PV solar installations during the build too. Let's hope that developers and planners alike are able to positively encourage systems like this to become more commonplace in our towns and villages and that, ultimately, we are able to reduce the increasing stress on our local water and energy resources.



# Nocturnal soundscapes at Glow Wild

Hundreds of glowing lanterns and torches of fire will bring trees, ponds and woodlands to life at what will be Wakehurst's sixth Glow Wild later next month.

Among the new artists helping to create this year's festive experience is ITHACA. This Brighton-based company has created a bespoke and immersive nocturnal soundscape based on the animals that call Wakehurst their home.

Iain Parkinson, Glow Wild's creative lead, said: "These newly created soundscapes will be a truly magical experience and will make you feel that pleasurable, eerie feeling where the hairs on the back of your neck stand up. Our visitors will feel completely drawn into the landscape - an experience you won't forget in a hurry."

Visitors will become part of the Glow Wild trail by picking up a handheld lantern at the start of their journey. On the mile-long path there will be many magical installations that have been created by artists who have drawn their inspiration from the beautiful Wakehurst landscape.

Glow Wild, which features the tallest living Christmas tree in the UK, takes place between 21st November and 22nd December at Wakehurst in Ardingly.

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## LINDFIELD PRIMARY

**The autumn term being halfway through, the children are settled into their new year groups and are engaged in their learning, which we try to make as fun as possible!**

Peter Campbell, West Sussex English Advisor, visited our academy last month to announce the results of the West Sussex writing competition 'It starts with a picture'. Entries across WS schools were at a high level, but Lindfield secured a winner in all three categories of the competition, an achievement never seen before! The winners, Chloe, Ayla and Nancy, were even filmed discussing their writing to be shown at the annual WS English Conference for teachers. We are so proud of them all.

At our Harvest Festival celebration, we explored the importance of the harvest season across the world and how the celebration has changed over the years. Our parent community was more generous than ever, with a mountain of donations of non-perishable food received, all of which went to the Haywards Heath Foodbank to support local families in need.

To coincide with the Rugby World Cup, volunteers from Haywards Heath Rugby Football Club gave a taster session to our Year 4 children. They quickly had the children practising skills such as ducking, diving and weaving, maintaining ownership of the ball and the strategy of passing backwards. Although the weather was wet and soggy, the intrepid Year 4 children were not fazed as they threw themselves into their rugby experience.

Indeed, we are excelling at sport provision, having just been awarded the 'School Games' Platinum Award for success and inclusion. The Platinum Award was launched as an extension of the School Games Mark to reward schools who maintain consistently high standards of sport provision, already regularly achieving the Gold Award. We are very proud to have achieved this recognition of our high standard of provision.

Finally, to support safety with dogs around our community, we invited 'Dogs Trust' into school this term to deliver advice and dog safety information to the children. The workshops were delivered by Steph, Dogs Trust's trained Education & Community Officer, and were engaging, interactive and fun. There was not a real dog present, but the children loved meeting Buddy, Steph's large toy dog!



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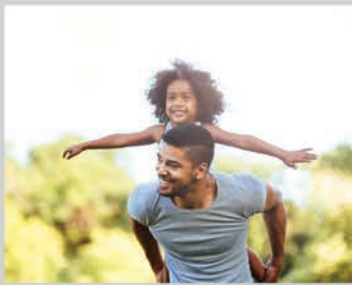


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Tuesday - 3:30-4:30  
Scaynes Hill Village Hall  
Years Reception - 3

Thursday - 3:30-4:30  
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Years Reception - 3

Wednesday - 4:00-5:00  
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Years Reception - 3

Friday - 4:00-5:00  
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Years Reception - 3



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# Actions speak louder than words...

By Isabella Mortimer

In this article I will be talking about the stories that have appeared recently in the media, on our doorstep and beyond.

Luckily I had an inset day on Friday 20th September, so I could join in one of the biggest protests in Brighton and Hove. On this special day I got the opportunity to watch thousands of people walk down the streets, spreading their passion for the environment and climate change. It was amazing to see that so many people care and that they had taken time away from school and work to make a difference. This event started at 11am and ended at a park, where a very passionate person stood up and delivered a speech. This speech was all about reassuring people that a lot has been done to help but there is still so much more that can be done to help.



Here are some ideas to make a difference:

- Buy loose fruit and vegetables; you don't even need the little plastic bags
- Buy washing powder in cardboard boxes, instead of plastic liquid bottles
- Make fresh juice or eat fruit instead of buying juice in plastic bottles
- Give up chewing gum... it is made from synthetic rubber, aka plastic
- Take your reusable water bottle wherever you go
- Ditch cling film and instead use foil (which you can recycle) or greaseproof paper
- Use loose leaf tea or plastic free tea bags (eg, Pukka and Teapigs). Most other tea bags are sealed with plastic that you cannot see and so they go into our waterways
- Ditch the glitter for biodegradable glitter – it is out there
- Support refilling 'stations' like Cloughs

There are lots of ideas at [www.wwf.org.uk](http://www.wwf.org.uk)

I have noticed that people feel differently about how to activate an interest in our environment. I have heard lots of very strong views about the protests disrupting traffic in Brighton and in London and how this not the way to bring the climate change subject to our attention. I hope that people have not been put off helping us all make a better environment for all our animals and us.



## Adventures of a shop-owner

### BEHIND THE COUNTER

#### By Mary Collins

Chatting over coffee and surrounded by beautiful autumnal coloured cashmere jumpers, Chrissie talks animatedly about her weekend: "I've just flown a Cessna plane! It was a fabulous birthday present and I absolutely loved it. It was so very exciting." Asked if she would do it again, she laughs and says: "I would love to, but I did feel rather nauseous! I am looking forward to the next challenge though, whatever that might be – life should be full of adventure or it's nothing at all."

Alongside her life of one-off adventures and a love of tennis and bridge, Chrissie owns Caragon, the womenswear boutique – a mainstay of the Lindfield High Street and a treasure trove of beautiful and covetable products.

Following a successful career as a ballerina – she was a soloist in a German ballet company – Chrissie worked for Harrods and Harvey Nichols, followed by a stint in the management team of the London Studio Centre, where she looked after the likes of Liz Hurley, before a move to Sussex in 1996 in search of her next challenge.

As the single mother of two young children she needed to work and set about creating something of her own with the opening of a gift shop on the High Street and Tufnells was born. "I'd always had a passion for retail and opening a gift shop seemed the obvious thing to do. I had a flair for buying, merchandising and selling and thoroughly enjoyed it."

Of her now grown up sons, she says: "When they were little they would sometimes accompany me to the shop, where they would sit and read Harry Potter or a morning. They are both trainee chartered accountants now, so perhaps being in a commercial environment at a young age has had an impact!" Her regular companion in the shop these days is Coco, the rather gorgeous chocolate brown cocker spaniel.

Reminiscing about the High Street of almost a quarter of a century ago, she explains: "It was very much a community of shop owners – as it still is today – and everyone was very friendly. The shops and their ownership may have changed over the years, but there has always been a wonderfully diverse offering to shoppers. Gone are the antique shops, but in their place there are some fabulous independent stores and eateries. I truly believe Lindfield has a jewel of a High Street."

Asked about other changes that have occurred in the intervening years, Chrissie says: "Our core business is the same, but the most obvious change is the innovation that has taken place in the retail sector. We have moved on considerably from the days when we very much relied on just print advertising and personal recommendation. They still play an important part of course, but we now have access to social media



and other online forums to get the word out about our businesses, which means we can reach a huge audience beyond the boundaries of Lindfield. Whilst we have a very strong and loyal customer base in the village, many of our customers now travel some distance to shop here.

“Our interaction with suppliers is a personal one still, but no longer do we always have to meet in person or make endless phone calls now that we can order just by hitting the ‘send’ button, and I am also struck by new payment methods. In the 90s cheque or cash were the most usual forms of transaction, and now iPhone and Apple Watch payments are the norm – it is quite remarkable and exciting to embrace new technologies in this way. I really do wonder and, indeed, look forward to what’s coming next.”

Changing ‘out of’ gifts and ‘into’ womenswear, Chrissie opened a boutique at Trading Boundaries near Sheffield Park, which preceded her move to Lindfield. After 20 years trading on and off the High Street, and seeking another change, in 2016 she opened Caragon (an amalgam of her ballet stage name ‘Christina Aragon’). “Once I sold the gift shop I wanted something entirely different. With my theatrical background and retail experience, combined with a passion for quality, design, styling and colour, I thought fashion would suit me very well.”



Working mainly with small independent companies in both the UK and in Italy, Chrissie keeps her stock – which includes clothing, jewellery, perfumes, soaps, handbags and accessories – interesting by creating limited editions across a number of quality ranges. The mix of affordable luxury and Chrissie’s commitment to the planet means that, wherever possible, collections are ethically and sustainably sourced, working with suppliers that are as conscious as she is regarding their packaging, plastics and carbon footprints.

Talking about trading in Lindfield, she goes on: “I love being part of the High Street with its thriving shops and fabulous community, both in terms of customers and other traders. I love meeting people and particularly like helping customers put the right outfit together for special events such as Glyndebourne, Ascot and the annual round of weddings. I also love it when customers just pop in for a chat – that is what being part of the community is all about.”

Asked about her fashion tips for the autumn, she advises: “Look out for lots of colour, chunky jumpers and faux fur – you won’t go far wrong with these.”

With the retail industry suffering nationally, Chrissie is still upbeat: “More recently I have seen the growing influence of social media on our sales. People are looking at our collections online and then coming into the shop to buy. Capitalising on this, we have had our best year to date. I put it down to our loyal customers who are championing local shopping. They want the whole experience and we pride ourselves on our customer care. I am delighted when a customer leaves the shop happy – whether they have bought something or not – though, of course, I prefer the former!”

Asked about the future of retail in an uncertain Brexit landscape, Chrissie is positive: “The British are really creative and we all have to move forward positively. Personally, I will continue to work with our international suppliers and local businesses. With the support of our customers I feel confident that will all be fine.”



## Lindfield collage: great!

On the tenth anniversary of Lindfield Arts Festival, Lindfield United Reformed Church – working with the Lindfield History Project Group, Compton House residents, Oathall Community College, Blackthorns Community Primary Academy, Lindfield Primary Academy, U3A and many local businesses and individuals – produced a seven metre long community collage consisting of 14 art boards.

If you missed seeing the collage, there will be further opportunities to view it in the church on 5th November, Lindfield Christmas Festival Night on 3rd December and at the Traditional Christmas Carol Concert on 19th December.

Henderson McEwan explained: "The collage will be on the web ([www.lovelindfield.co.uk](http://www.lovelindfield.co.uk)) so many more can view and enjoy it. We are looking to add additional material to Love Lindfield online to give opportunity for many expressions of what people love about Lindfield. If you have photographs, poems, stories, memories or reflections that you wish to have included please email them to [henderson@lindfieldurc.org.uk](mailto:henderson@lindfieldurc.org.uk).



## Over 60s Christmas Tea offer

Every December in Lindfield there is a free Christmas Tea for those aged over 60.

The Christmas Tea is put on by Mid Sussex Older People's Council (MSOPC) to encourage older people to get out of the house and socialise over the Christmas period, and to enjoy good food and entertainment too.

The event at the King Edward Hall is open to all residents of Mid Sussex who are over 60, no matter their means, they just need to book and come along on the day.

With hot drinks and mince pies (supplied by the Lindfield Co-op), there's a raffle and this year musical entertainment in the form of local duo 'Anything Goes'.

This year the Christmas tea will be on Saturday 7th December from 2-4pm. If you would like to come to the event, or have any questions for MSOPC, please phone their answerphone on 01444 242760 and leave a message, or email: [Nicola6@msopc.org.uk](mailto:Nicola6@msopc.org.uk).

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## Genders battle on the Green

The annual end-of-season contest between teams representing the Men's and Ladies' Captains is one of the most eagerly anticipated events in Lindfield Bowls Club's Calendar. This year was no exception with a full Green of seven rinks.

The men triumphed this year, winning by five rinks to two before members retreated into The Clubhouse for fish and chips.

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## Long lost cousins reunited through Lindfield Life

In our August issue we appealed for help in tracing Lindfield resident Sheila Perou after her long lost Canadian cousins got in touch asking for our help.

Brothers Ian and Malcolm Clark and their wives Colleen and Mary, were hoping to track down Sheila and arrange a meeting during their visit to England.

Shortly after the magazine was distributed, Sheila got in touch and earlier this month, joined her long lost cousins for lunch at the Bent Arms.

"Ian, Colleen and myself had lunch at the Bent Arms but unfortunately my other cousin Malcolm and his wife Mary had very bad colds and could not come which was a shame," said Sheila. "But we had a good catch up of our lives and talked about our grandparents and parents. There was a lot of 'do you remember...?' It was a lovely day and I've been invited to go to visit them all Canada."

"Both my children were working, so could not meet them, but they rang in the evening so I could tell them all about it."





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# Flower Festival favourites

## LINDFIELD IN BLOOM

By Heather Martin

Thank you to everyone who came long to and who took part in Lindfield in Bloom's Flower Festival at All Saints Church as part of this year's Lindfield Arts Festival. I have included as many as we can fit on the page here.

The visitor's favourite was 'The Owl and the Pussycat', created by the flower-arranging team from the Lindfield Evangelical Free Church.

We are now beginning to plan the Lindfield in Bloom activities for 2020, so if you have an idea or would like to be involved, come along to our next meeting at the Bent Arms on Monday 18th November at 7.30pm. This meeting will include a short AGM.

For more information call Heather Martin on 07738 323082 or visit our Facebook page: [www.facebook.com/LindfieldInBloom](http://www.facebook.com/LindfieldInBloom)



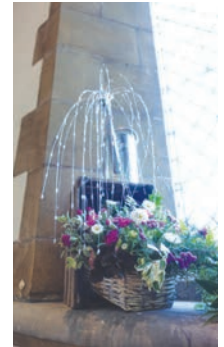
Tiger Cubs Preschool



Visitors' favourite: Lindfield Evangelical Free Church



All Saints Church



Lindfield Flower Club



Mandy at Paul's Greengrocers



Christine Clark



Lindfield Flower Club



Lindfield in Bloom





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# Pond Island Discs

MOVEMBER SPECIAL

By Ayesha Gilani

The month formerly known as November is headed our way. This can only mean one thing... there maybe stubble ahead! That's right brothers - and sisters - November is upon us. It's time to grow a 'mo'!

Since its inception in 2003, Movember has sprouted into a global movement. Every year millions of men around the world nurture their upper lip ticklers in solidarity with the campaign. The Movember Foundation raises funds for and awareness of the biggest issues in men's health: testicular cancer, prostate cancer, mental health and suicide prevention. Since moustaches and musicians go together like a Lionel Richie duet, what better way for Pond Island Discs to highlight an excellent campaign than by inviting some of Lindfield's very own Mo Bros on to its music-loving shores?

Leading the Tache Troop is Scaynes Hill resident Scott Walker. In December 2016 Scott was diagnosed with Seminoma Testicular Cancer. Here he writes candidly about his experience, the importance of early detection and how taking swift action helped save his life...



'Cancer can strike any of us at any time, and it's the indiscriminate nature of the disease that makes it so scary. Rewind a couple of years, I was in the best shape of my life, eating well and exercising five days a week when I got my diagnosis. I was lucky - I got the 'right cancer' (yes, such a thing does exist in cancer circles). I had Seminoma Testicular Cancer, the most survivable male cancer. Ironically it's survivable because it's an incredibly aggressive fast growing tumour, and when you find yourself unable to sit without sitting ON your right testicle it's pretty obvious you've got a problem that needs checking out. I affectionately refer to this as the space hopper phase of my diagnosis. For me it all happened really quickly. Yes... I had the 'right' cancer but people do die from seminoma. The key to my survival was seeing the doctor quickly and getting it sorted. For me that was surgery, removing the space hopper and ridding my body of the cancer.

The surprise component of fighting cancer is the numbers. We now benefit from years of treatment programmes with a myriad of survival statistics. By identifying the size and type of tumour and your age and lifestyle profile you will appear on a table of statistics. My first number was 18. This was the percentage chance of me having a recurring problem after surgery. I then got presented with options, after all, who doesn't love a bit of choice. I could take my chances with 18 or if I had a single dose of chemo that number drops to 4%. "Sign me up," I said, "me likes those odds!" I am now three years on, and my number is 0.01% or as my oncologist tells it 'you're only still seeing me to keep me in a job'. Was I lucky? Yes, but you make your own luck. The key for me was seeing my doctor quickly. So, boys, check your junk... and don't be shy about getting help if something isn't right.'

**2020**

No 0732

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# THE GREATEST MO'MEN: Lindfield gents as you've never see them before...

My thanks to each one of these fan-tache-tic fellas (the new Village People?) for stepping up to the plate, and putting his money where his mo is. With Movember just around the corner, each one of these hirsute heroes signed up to donning a mo' and selecting an inspired track to help serenade your upper lip hair follicles to fluffy fruition. We hope our Movember playlist goes some way to raising awareness of a campaign that has funded more than 1,250 men's health projects around the world. Growing a mo is just one way to get involved. My choice of track? James Brown's 'Get Up, Get Into It, Get Involved'.

For more information about the Movember Foundation, including facts about testicular cancer, how to check yourself, prostate cancer and mental health just search 'Movember' online.

Scott Walker  
Missing (Todd Terry  
Remix) by Everything  
But The Girl



Ross Stretton  
Testify (Feat.  
Crystal Waters)  
OPOLOPO Remix



Robb Sayers  
Swing Low, Sweet Chariot



Tarquin Cole  
Black Napkins  
by Frank Zappa



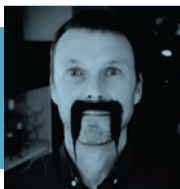
Martin Smith  
Can You Feel It  
by The Jacksons



Pete Davis  
Crystal Ball by Keane



Terry Kell  
Feel Good Inc.  
by Gorillaz



Jamie Baker  
Baggy Trousers by  
Madness



Jon Lister  
Rocks by Primal Scream



Kris Whelan  
Not Afraid by Eminem



## Joining the cause?

Fundraising for Movember? Why not send in your tache selfies and donation page?  
Email your story before 10th December to [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)

# Gardeners on border control in Lindfield

'Lindfield in Bloom is advancing!' That was the judgement from the South and South East in Bloom Competition this year.

The group entered the 'In Your Neighbourhood' category, which looks at a specific community project. In Lindfield's case we had a team of Lindfield in Bloom volunteers who have spent the last year maintaining the main border by the entrance to the Medical Centre, between the Toll Gate car park and the High Street. This area is now getting under control, and next year we will begin to look at whether the planting needs refreshing in places and, if we have enough volunteers, can look to expand into rejuvenating some of the other borders too.

If you'd like to take part, our next community gardening session will be on 17th November from 10am to 12noon, meeting outside the Medical Centre. Bring along a pair of gloves and any hand tools which you may find useful. If you let us know you're coming we'll look out for you, although there's no need to book, you can just turn up and everyone is welcome.

For more information contact Heather Martin on 07738 323082.



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# Funky Frame Art Trail winners



A group of exhibiting artists at Lindfield Art Studio teamed up with Lindfield at last month's Art Festival to create the Funky Art Frame Trail – where participants had to find the letters to work out the famous artists name: Vincent Van Gogh.

Organiser Leesa Le May commented: "We were really pleased to have over 200 entries. It looks like lots of people were out spotting the frames while

discovering art on the day – which is fab!"

The frame outside King Edward Hall encouraged passers-by to get a snap in front of the pond. Harriet Middle, Eva & Natasha Keyte did just that.

The winners of the art supplies hamper were Luca Green (9), Amelia Green (12), Toby Pretorius (10) and Malachi Pretorius (8).

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# Poppa Roy Players present 'Musicals of Broadway'

By Wendy Swinton Eagle

Roy Randall, or Poppa Roy as he is known throughout the local community, is a true force of nature. A retired businessman, he is always ready with a smile and a joke as he moves from serving drinks as a volunteer with the PRH League of Friends to compering at Lindfield Village Day among other things.

A regular presenter on Mid Downs Hospital Radio, Roy loves to put on a good show and has gathered together an eclectic mix of dedicated performers with the Poppa Roy Players.

Roy's shows are full of fun and laughs for all the family, and this year the Players are putting on the Musicals of Broadway at Clair Hall to raise money for Mid Downs Radio.

The production will be very much a family affair with help from wife Robbie and daughter and granddaughters too.

The show will take place on 29th and 30th November and has something for everyone with hits from musicals old and new. Tickets are on sale through Clair Hall box office on 01444 455440.



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# Jackson Stops digs deep to sow the seed of hospice care

Lindfield-based estate agent Jackson Stops has agreed to sponsor St Peter & St James Hospice's annual Open Gardens season. The event, which takes place each summer, offers people the unique opportunity to explore some of the most beautiful private gardens in Sussex, from charming village hideaways to large country house estates.

This year's event attracted almost 4,000 visitors and raised £38,500 towards the hospice's vital services, which exist to support, empower and care for local people living with terminal illness. Lindfield residents, under the stewardship of Jim Stockwell, opened their gardens to more than 800 people and raised almost £9000 in the process. The enthusiastic gardeners and other volunteers increased fundraising further by serving tea and cake, running raffles and providing other entertainment.

Toby Whittome, co-director at Jackson Stops Mid Sussex, said: "We are passionate gardeners and greatly respect and admire the work of the charity, and so supporting this series of events for such a worthwhile cause feels like a natural fit. On a personal

level, St Peter & St James cared for my father, so to be able help support and promote the charity in the community, with this wonderful celebration of gardens, is a great privilege."

Carol Hughes, Community Fundraiser at the hospice, added: "We are delighted to have Jackson Stops on board. Guy and Toby's support is greatly valued."

Next year's Open Gardens season, which takes place from May to August, will include trails in Lindfield, Hurstpierpoint and Burgess Hill, as well as many individual gardens across the county. Lindfield's event takes place on the 14th June 2020. The season launches with an opening event at the hospice's own stunning 22-acre garden – watch this space for more information!

Alongside South Downs Nurseries, the co-sponsor of the event, Jackson Stops is encouraging more gardeners to take part. If you've got green fingers, have created a space you're proud of and would love to open your garden gates for a good cause, please contact Carol on 01444 470726 or email: [chughes@stpjhospice.org](mailto:chughes@stpjhospice.org).



## Lindfield Preservation Society

**Do you have the  
preservation and  
sympathetic development  
of Lindfield at heart?**

We are looking for a volunteer as Honorary Secretary of the Lindfield Preservation Society when the present post holder steps down after six years. The Secretary is a member of the management committee and, working with the Chair and other members of the team, provides administrative support to the activities of the Society. If you can spare 10-12 hours per month, flexible over the year, and have administrative and computer skills, please contact Catherine Cross for the job description and further information at [catherinecross@tiscali.co.uk](mailto:catherinecross@tiscali.co.uk) or 01444 487597.

Registered charity number 237439 [www.lindfieldsociety.org.uk](http://www.lindfieldsociety.org.uk)

# Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to [photos@lindfieldlife.co.uk](mailto:photos@lindfieldlife.co.uk) - thanks!



Richard & Barbara Long near Tivat, Montenegro



Betty Billins & Fiona Tingley with two friends in the New Forest



Philip and Jacqui at the Dordogne River



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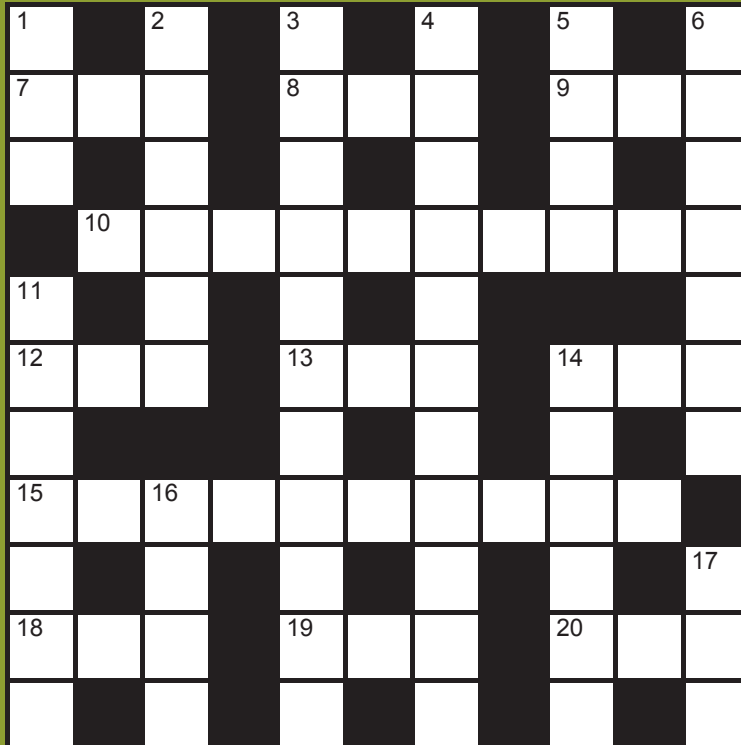


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# Family crossword



Got 20 mins spare?  
Have a go at this crossword - which should be varied enough for all ages to answer some clues.  
Answers listed on p.79

## Across

- 7 17th letter of the Greek alphabet (3)
- 8 Tint (3)
- 9 Exclamation of surprise (3)
- 10 The lot (10)
- 12 Container (3)
- 13 Possess (3)
- 14 Very small (3)
- 15 Path of a projectile (10)
- 18 Anger (3)
- 19 Self-esteem (3)
- 20 Born (3)

## Down

- 1 Globe (3)
- 2 Curved outward (6)
- 3 Temperature measuring instrument (11)
- 4 Journey's end (11)
- 5 Positions (4)
- 6 Abrade (7)
- 11 Refrain voluntarily (7)
- 14 Did not exist (6)
- 16 Matures (4)
- 17 Perceive with the eyes (3)

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# Sudoku #40

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

Find the solution to #40 in next month's magazine

		9		3	1		2	
		3				4		5
			4	5	6			1
			6					
					8	6		
				4		1	9	7
	9	2						
					5		8	
1	4							

## #39 Solution

4	8	5	1	7	6	3	2	9
9	3	7	5	8	2	6	4	1
6	1	2	3	4	9	5	7	8
3	7	9	8	6	1	4	5	2
8	4	6	2	9	5	7	1	3
2	5	1	4	3	7	8	9	6
7	6	4	9	2	8	1	3	5
1	2	3	6	5	4	9	8	7
5	9	8	7	1	3	2	6	4





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# What's on in November

## AT KING EDWARD HALL

### November

- 1st/ **Lindfield Dramatic Club**  
2nd Performing 'Ten Times Table' by Alan Ayckbourn (Tickets £10 from Tufnells Home or [www.tickettailor.com/events/lindfielddramaticclub](http://www.tickettailor.com/events/lindfielddramaticclub))
- 3rd **West End Stars**  
Fundraising evening in aid of the Alzheimer's Society, hosted by Matthew Goodgame (Tickets £12/£10/£8)
- 5th **Lindfield Bonfire Society** –  
Fancy Dress Competition in the hall at 6.30pm
- 10th **Remembrance Sunday** –  
Royal British Legion Afternoon Tea
- 12th **Lindfield Preservation Society** – 2.30pm  
An illustrated talk 'The Gilbert and Sullivan Story' by Ian Gledhill. The story of the most successful musical partnership ever, with music from most of the Gilbert and Sullivan operas. All welcome, entry free (John Chapman 01444 484470)
- 13th **Lindfield Horticultural Society** – 7.30pm  
AGM followed by talk about Nymans Gardens by Joe Whelan, Head Gardener at Nymans (All welcome, free entry)
- 14th **Lindfield Evening WI** – 7.30pm  
Annual meeting followed by Line Dancing (New members welcome, [secretaryLEWI@gmail.com](mailto:secretaryLEWI@gmail.com))
- 16th **Christmas Craft Fair** – 10am-3pm  
By LINDFIELD BONFIRE SOCIETY – Wide variety of stalls, café and tombola (50p, free to children, Sarah 01444 487470)
- 26th **Lindfield Flower Club** – time TBC  
Flower demonstration by Gillian Sadler entitled 'Christmas Wrapped Up'
- 28th **Mrs Lowry and Son (PG)** – 7.30pm  
Film show evening (Tickets £6 from Tufnells)
- 30th **Christmas Craft Fair**  
For Lindfield Club
- 30th **Charity Curryfest**  
Small Dog Rescue Sussex fundraiser. Three course meal with entertainment from Rokskool (Tickets £25, Jane 07875 484943)

If you would like to hire the King Edward Hall please contact the Honorary Booking Secretary for further information on telephone number 01444 483266 or by email on [bookings@kingedwardhall.org.uk](mailto:bookings@kingedwardhall.org.uk)

## AND ELSEWHERE

### November

- 2nd **Cuckfield Bonfire & Fireworks** – Gates 5.30pm  
Cuckfield Park - Bonfire 6.45pm, fireworks to music 7.30pm (Tickets £8/£5)
- 5th **Mid Sussex NHS Retirement F'ship** – 10.15am  
Franklands Village Hall - Sussex Air Ambulance
- 5th **Lindfield Bonfire Night** – from 6.30pm  
Lindfield Common - Procession starts at KEH at 7.30pm, lighting bonfire at 8.15pm (approx.)  
ROAD CLOSURES IN PLACE DURING EVENING
- 8th **MNDA Quiz Night** – 7pm  
Haywards Heath Golf Club - Charity quiz night, teams of 6, £12 per person  
(Book: [liz@mndwestwestsussexnorth.com](mailto:liz@mndwestwestsussexnorth.com))
- 9th **Sussex Chorus** – 7.30pm  
St Andrew's Church, Burgess Hill - An evening of French Music (Tickets: £15/£5 01444 412579 or Carousel Music)
- 13th **Mid Sussex Franco-British Society** – 8pm  
Clair Hall - An illustrated talk in French by Rene Gimpel (Barbara Stevens 01444 452385)
- 13th **Tiger Arts Concert** – 1pm  
All Saints Lindfield - Jo Kimber and her Jazz Band, with light lunches in The Tiger from 12.15pm (Free, all welcome)
- 14th **Haywards Heath Ceramics Group** – 10am  
Clair Hall - Suzanne Higgott will give a talk on Italian Renaissance Maiolica (01444 483372)
- 14th **Mid Sussex Atn National Trust** – 2.30pm  
Clair Hall - AGM of The Trust followed by short talks by speakers from local National Trust properties (David Waite, 01444 453954)
- 16th **Sussex Mineral and Fossil Show** – 10am-4.30pm  
Clair Hall - Stunning displays of minerals and fossils, ultraviolet minerals room. Activities for children and illustrated talks (Tickets £3/£1)
- 16th **HH Music Society Concert** – 7.30pm  
HH Methodist Church - Andrew Lebedev (guitarist) and Iosif Purits (accordion)
- 20th **The Arts Society Mid Sussex** – 10am  
Clair Hall - Talk on the British Colonial Buildings of India by Anthony Peers (£7 on the door)

### December

- 3rd **Christmas Festival Night** – from 6pm  
Lindfield High Street - High Street closed between 6-9pm. Shops open, rides and stalls on High Street, Father Christmas in URC.



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