

# Lindfield Life

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Oct. 2019 Issue #129

Free



Parish Council newsletter

**page 60**

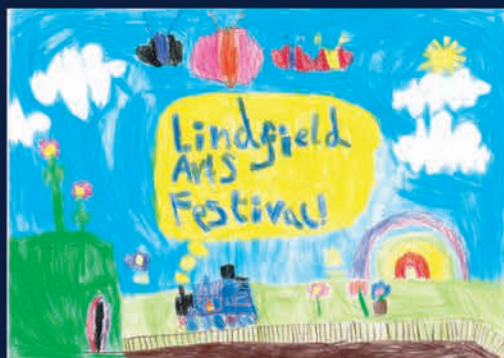
Bent Arms landlord Howard talks shop

**page 28**

The history of Lindfield's bakery

**page 18**

# We were delighted to sponsor the Lindfield Arts Festival



Following a competition we are thrilled to reveal the two winners: Holly Weir (8) and Toby Hughes (5) from Blackthorns Primary and Lindfield Primary respectively

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## EDITORIAL

By David Tingley, Editor

Well, it was inevitable, but October has crept up and is now looming over us! But we ought not to forget the fantastic positive aspects of this time of year. On **page 16** we highlight the autumnal beauty of **Wakehurst** and the various seasonal events they have going on, just a stone's throw from Lindfield.

Another much anticipated benefit of this post-summer period is the start of the **football season**. Just over the page **Ayesha Gilani** got the scoop from the newly-formed girls team as they tackled their first competitive game at Hickmans Lane Playing Fields.

If theatre is more your thing, then you're in luck too. There's not one but two plays coming to King Edward Hall courtesy of **Lindfield Dramatic Club (page 5)** and **ACE Theatre Company (page 8)**.

**Richard Bryant** returns with a **Lindfield history** article, written with **Janet Bishop** and **John Mills**. This month's piece tells the fascinating story of **223 years of bakers** on the High Street. Although, as many will know, the sad element of this is that we don't know what is going to happen with Humphrey's now. Read this well-researched and detailed account of a rather remarkable line of bakers since 1796 on **page 18**.

On **page 36 Claire Cooper** shares the story of **Krissie Stiles** who has published, with the help of illustrator **Jill Latter**, a burns first aid book this month which is aimed at children.

In a bid to ensure that residents know the locations of potentially life-saving equipment, we are rerunning the map showing where there are **defibrillators** installed around Lindfield, on **page 46**. Do refresh your memory.

And, lastly, thanks to all those who have taken part in Ayesha's **Pond Island Discs** feature over the past year. **Page 55** represents its first anniversary! Thanks Ayesha.



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# NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)

## Start of season success for Lindfield Girls

By Ayesha Gilani

It was a stellar start to the season for Lindfield Juniors FC girls' teams. The under-12 squad thrashed opponents Newhaven to win 7-1 at home, playing at Hickmans Lane Recreation Ground. The squad was set up last year in a bid to raise the profile of girls' football in the community. Luke Morrell, who coaches the U12s with Jamie Baker and Ross Stretton, said: "What a difference a year makes. The girls have improved unbelievably in just 12 months and it's been an absolute pleasure helping them develop into a really exciting team. Our opening 7-1 victory with six different goal scorers just shows how far we have come and I know both Jamie and Ross are as proud as me of all the girls. The numbers continue to increase across all the age groups but we are always looking for new girls to come along and join the club. Our girls' teams offer a great opportunity to enjoy a team sport in a fun and safe environment, meeting new friends along the way." The club's new under-11 girls' squad also made



a great start to the season, winning one and losing one in their first ever competitive matches. Lindfield Juniors FC has spaces in its U10, U11 and U12 girls' teams. For more information contact the club on: [lindfieldgirlsfootball@gmail.com](mailto:lindfieldgirlsfootball@gmail.com).



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## The committee from hell

Members of Lindfield Dramatic Club (LDC) have chosen master satirist Alan Ayckbourn's *Ten Times Table* as they return to comedy for this year's autumn production.

Last performed by LDC some 25 years ago, *Ten Times Table* sees Ayckbourn at his most impressive – analysing ordinary people in everyday situations – and was written in the 1970s when the author was at the top of his playwriting career.

We follow the planning and disastrous outcome of a group of members of The Pendon community as they plan their small town's first pageant, which is to be based on a long-lost piece of local history – The Massacre of the Pendon Twelve.

As the committee meetings in the long-since 'grand' ballroom of the Swan Hotel progress, we see a natural division between right-wing supporters of the patronising middle-class Helen, versus the bolshie left-wing teacher Eric and his two adoring female groupies. All have very different views of what the pageant should be and what it represents.

Battle commences. The day of the pageant arrives. And what was a mock-up of the event now becomes the real thing as both sides clash with hilarious and riotous results!

*Ten Times Table* is at the King Edward Hall on Thursday 31st October, Friday 1st November and Saturday 2nd November, starting at 8pm.

Tickets (£10) from CARAGON, 69 High Street – or telephone 01444 482933 or online: [www.tickettailor.com/events/lindfielddramaticclub](http://www.tickettailor.com/events/lindfielddramaticclub)

# Gordon's heading to the Royal Albert Hall

By Claire Cooper

The spectacular annual Festival of Remembrance at the Royal Albert Hall is watched by millions of people worldwide, and this year Lindfield residents will be watching just that little bit closer.

For Lindfield resident Gordon Upton will be among the dozens of standard bearers from all over the country proudly processing through the historic hall.

Gordon, who joined the Lindfield branch of the Royal British Legion around ten years ago and has been its standard bearer for the past two years, was chosen to attend the prestigious event from hundreds of applicants from all over the country after his wife Val, who is chairman of the branch, put his name forward.

He received the news by email. "Val told me she had nominated me but neither of us expected it to go any further," said Gordon, who lives in Luxford Road and is also a bell-ringer at All Saints Church. "I was extremely surprised but very honoured to be chosen. I'm already very nervous but it's a huge privilege."

The Festival of Remembrance is held to commemorate all those who have lost their lives in conflicts, and Gordon and Val believe this is the first time the Lindfield Royal British Legion Standard will be part of the proceedings.

Gordon is one of three standard bearers representing Royal British Legion branches across Sussex. The County Standard will also be carried in the parade, down the aisles and into the main hall.

The many highlights of the Festival include military displays and marching drills, choral works and prayers and the parade of servicemen and women and representatives from many uniformed organisations. The event ends with a million poppy petals dramatically falling from the roof of the hall and a two minute silence. There are two performances at 2pm and 7pm.

"I have to attend a rehearsal the day before the event and a training day in Hassocks when the standard will be inspected," said Gordon, who has bought a new black suit and beret for the occasion. Val will be proudly watching from her seat in the stalls, along with hundreds of others, including members of the Royal family.



Once the Festival ends, Gordon and Val will be heading straight back to Lindfield for the village's Remembrance Sunday service, parade and wreath laying in the afternoon.

It's one of three events where Gordon carries the Lindfield Royal British Legion Standard. The others are Armed Forces Day in June and Armistice Day on 11th November.

He's also called upon to attend funerals of ex-servicemen and women and British Legion members and other local events, and has taken over the organisation of the village Poppy Appeal following the retirement of Pauline Parkyns.

"It's going to be a very busy but unforgettable weekend for us," said Val. "It will be very moving to see Lindfield, represented by Gordon, at such a prestigious event."

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# Comic drama with dementia theme coming to KEH

Following our feature last month on dementia, local resident and actor Stephen Gray tells us about a play that is coming to the King Edward Hall on 18th and 19th October.

Performed by the popular ACE Theatre Company, *Bothered and Bewildered* is a comic drama which tells the story of Irene and her two daughters Louise and Beth as they begin a long journey in which the girls lose their mum in spirit but not in body.

"It's a moving, comic and deeply understanding story of how Irene's deteriorating condition affects her and those around her," said Stephen, who plays an NHS consultant whose discussions with Irene's daughters help them to come to terms with her condition and find a way forward.

"This bitter-sweet comedy is sure to provide both laughter and sadness as a family comes to terms with Alzheimer's disease," added Stephen. "While the girls are losing their mum in spirit, Irene is forming a new relationship with an invisible companion, the late romantic novelist Barbara Cartland, who helps her write a 'memory book' revealing profound secrets she has never shared – even with her family!

"Most of us know someone who is touched by this cruel disease in some way, and, although this is a serious subject, the play also finds the humour in the situations that the family find themselves experiencing.

"It's a moving and gentle play that exposes the dilemmas that any family could encounter when dealing with such a difficult subject. Full of wonderfully funny and poignant lines, this play is one that will touch many emotions."

Irene, one of the most challenging parts any actress can portray, is played by Chrissie White. Beth (Karen Hunt) and Louise (Hannah Jenkins) are her daughters who help her to stay at home and become her carers. Chris Clarke as Barbara Cartland plays a larger than life role as Irene's imaginary friend.

Supported by Josh Squire, Charlotte Faulkes, Kieran Gladman, David Burton and Steve Gray, the cast has delighted in putting this production together, sharing laughs and tears throughout the summer rehearsal period.

ACE is working with Dementia Action Alliance and is pleased to have the support of East Grinstead & District Lions Club in raising funds for this Charity.

Performances are on Friday 18th October at 7.30pm and Saturday 19th October at 3pm and 7.30pm.

Tickets are available online:  
[www.tickettailor.com/events/acetheatre](http://www.tickettailor.com/events/acetheatre)  
Or from David on 07810 005263 or  
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# Local florist takes root in Denmans Lane

Christine Bulman, founder and owner of Blooming Awesome, has joined forces with Lindfield interiors store Kell & Collins on Denmans Lane to offer customers flowers and floristry services, complementing the decorative products available in-store.

After 21 years in the banking industry, local resident Christine revisited her long held passion for floristry and started her business in 2013, servicing weddings, other special events and corporate contracts. Bringing her flowers to a wider audience has always been her ambition: "I love working on big events but have always wanted a high street presence with day to day interaction with customers. Being part of the team at Kell & Collins has fulfilled that dream. It's great fun being part of the Lindfield high street community."

Working with local growers to obtain seasonal blooms, Christine offers handtied bouquets and single sprays. She also offers regular workshops. Flowers are available four days a week in the shop.



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# Fun at the fair for Hollyrood fans

Traditional fairground games, from hook-a-duck to a tea cup ride, were enjoyed by service users, friends, family and staff recently celebrating Hollyrood's 20th birthday.

Staff from Hollyrood, The Disabilities Trust Residential support service for people on the autism spectrum in Lindfield, organised the celebration, which also included a circus skills workshop, singer, and plenty of ice cream!

Service Manager Rachel Priestly said: "What an incredible day it has been. I am proud to support the service users and their families at Hollyrood and cannot thank the staff enough for their time in setting up and organising this event.

"Special thanks go to the Rapid Relief Team which donated the BBQ and drinks, and MoniCakes which donated our birthday cake. We couldn't put on these types of events without the support and donations of the local community. Our service users and their families have had a truly magical, if very tiring, day."

Chief Executive and fellow guest Irene Sobowale added: "It was a wonderful day - service users, staff and guests all had a brilliant time and even the weather held out for us! The staff at our Hollyrood service and support teams from across the rest of The Disabilities Trust did a great job organising the event. A special mention and thank you, too, to all the local businesses who were able to support us as we celebrated Hollyrood's 20th Birthday."






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## Zombies take on challenge and win

Lindfield gym and fitness centre Potential Personal Training (PPT) hosted a charity fundraiser last month to support one of its members.

68 year old Lindfield resident John De Longa has been a member of PPT for five years but sadly recently lost his wife Pat to cancer. Owner Maxine Hayes explained: "As a community we really wanted to do something to help John and to show our support. Although we have done various charity events over the last few years, we hadn't done anything like this! We thought the sheer endurance of the 'Zombike Challenge' would cause others to give or challenge them to take part!"

Personal Trainer Connor Pearce describes the resident assault bike as a 'misery machine', and so the team decided that organising 24 hours on the bike would be the perfect pairing of hard work and endurance – making completing it no mean feat! As they anticipated that participants would look like zombies afterwards, the event soon had its name too!

Over 130 people took part in the challenge, which ran from 8am to 8am in shifts of between 6-11 people. Two riders completed the whole 24 hours, and three rode over five hours each. The group ranged from 11 to 74 year olds, from casual exercisers to hardcore athletes. Over 500 miles was cycled on the tough bike, with over 16,000 calories burned.



Over £2,400 was raised for Cancer Research UK. Connor commented: "It was amazing, as a coach, to see the community come together for this cause and to support John. Young, old, fit or unfit – many did their time on the misery machine and cheered on their fellow riders."

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# Wakehurst

**KEW'S WILD BOTANIC GARDEN**

Wakehurst, Kew's wild botanic garden in Sussex, is home to over 500 acres of ornamental gardens, temperate woodlands and a nature reserve teeming with wildlife. Beautiful whatever the season, there is something for all ages to enjoy.

Run and managed by the Royal Botanic Gardens, Kew, Wakehurst prides itself on being home to picture-perfect gardens, an Elizabethan Mansion and hundreds of acres of diverse landscape featuring rare plants from around the world.

This October Wakehurst invites you to zip up your coat and take a wander down our autumn trail. Watch the Chilli bank transform into a fire-bush of colour, hunt for King Alfred Cakes in Bethlehem Woods, weave through the Sweetgums and breath in the smell of the Candy Floss tree. Picture-perfect vistas can be seen throughout the gardens and woodlands, with an Instagram favourite being Westwood Lake for reflections. Redwoods Coffee Shop is a great spot to escape the chill and warm up with hot drinks and tempting treats.

Wakehurst is open daily from 10am. Adults £13.95, children 16 and under free. National Trust members can enjoy free entry to Wakehurst, however car parking charges apply.

## Wakehurst for children

### Spy on scientists at the Millennium Seed Bank

A visit to the most biodiverse place on the planet will enthral older children. They can discover why Kew's scientists are conserving seeds from all over the world and the processes the seeds go through after they arrive at the seed bank until they are stored in vaults deep underground.

### Become a Wakehurst Explorer

Scramble over our daring log trail, Tree Trunk Trek, on which children can crawl, climb and have hours of fun. Hire an Explorer Rucksack from the Visitor Centre for £4, jam-packed with different activities.

### Enter an enchanting garden

Head to the Children's Heritage Garden to get cooking in our mud kitchen (open until 3rd November). Our potting shed houses all budding gardeners need to grow their own plants from seed. Or children can get hands-on in our raised beds filled with soil, digging and replanting wooden vegetables to their hearts' content.

## Upcoming events:

### Bountiful Botanic: 12th-13th October

A fun-filled weekend celebrating nature's bounty, with an exciting programme of tours, talks and family activities.

### October Half Term Fun: 26th October - 3rd November

Plenty of fun for all the family during October half term with a range of activities including art, games and a trail.

### Glow Wild: 21st November-22nd December

Glow Wild is a spellbinding night-time experience that all ages will adore. It returns for its sixth year, lighting the beautiful Wakehurst grounds with handmade lanterns and torches of fire. Booking essential.



# Charity concert for pregnancy centre

Simeon Wood, the multi-instrumentalist who has played to audiences in caves, castles and cruise ships, will be performing at a charity concert at All Saints Church in Lindfield on Saturday 12th October at 7.30pm.

The talented musician and comedian gained overnight fame after inventing a flute from a walking stick and currently writes music for TV and theatre.

Simeon will bring his unique sounds to the Tiger Arts concert to raise funds for the Haven Pregnancy Counselling Centre during Baby Loss Awareness Week.

The Centre, based in Burgess Hill, exists to help women and men facing an unplanned pregnancy and those struggling with the emotional consequences of an abortion, miscarriage or stillbirth.

The Haven's trained advisors offer free, unbiased and confidential support in a comfortable, welcoming environment. The Centre also provides interactive workshops in schools and colleges, where young people are encouraged to think about and discuss issues and decisions surrounding an unplanned pregnancy.

Tickets cost £10, and £5 for children/students. They are available from All Saints church office on weekday mornings (telephone 01444 482405) or can be booked online at: [www.simeonwoodlindfield.eventbrite.co.uk](http://www.simeonwoodlindfield.eventbrite.co.uk)

## Challenges overcome and recognised

Young adults from Chailey Heritage have been recognised for their achievements this year in their transitions, overcoming challenges and for their consideration to others.

Haywards Heath Lion Martin Kenward recently attended the Chailey Heritage Foundation's Futures Ceremony where he met the young award winners.

"The event was themed around the circus and, as ever, the young adults had embraced the theme with some of them making their own costumes and decorations during their art sessions, which adorned the newly renovated Futures' Garden," he said.

"The young adults, dressed in various outfits, were joined by several 'bearded ladies' from the Greatest Showman, numerous clowns and a ringmaster who all looked great!"

Our picture shows Martin presenting Christian Mitchell with the Haywards Heath Lions Endeavour Award for his specific achievements throughout the year.



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# Just another normal day in Lindfield!

Members of Lindfield Bonfire Society celebrated National Take Your Houseplant for a Walk Day in the village recently – raising smiles and also funds for Bonfire Night as they did so.

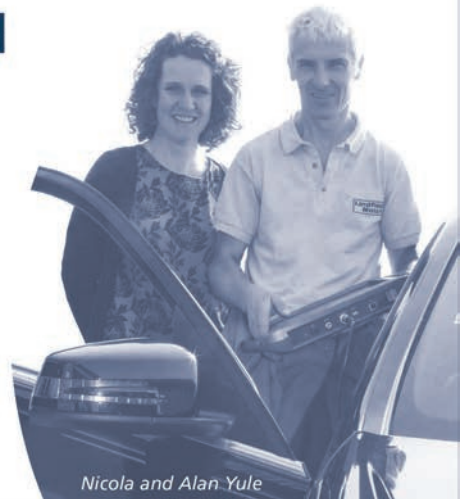


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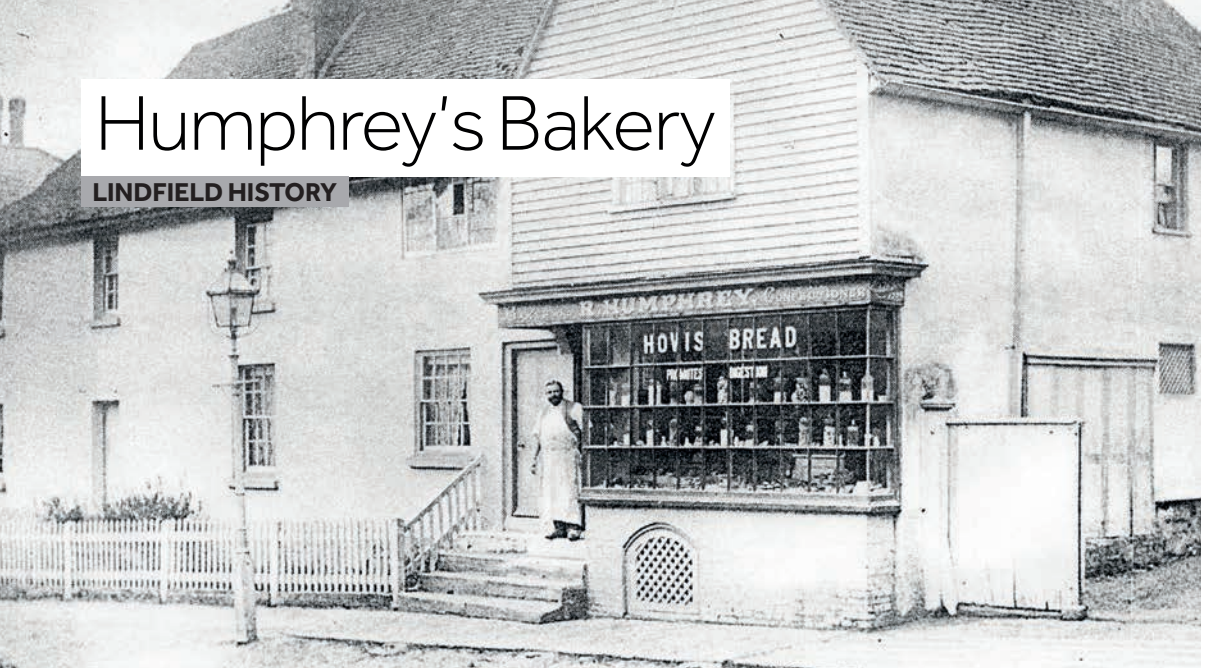
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# Humphrey's Bakery

LINDFIELD HISTORY



Richard Humphrey standing outside the shop

By Richard Bryant with Janet Bishop and John Mills, Lindfield History Project Group

The August local history article in Lindfield Life explained that the Common and Pond uniquely defined Lindfield and challenged that similar features could not be identified elsewhere in the country. It would be remiss not to pay tribute to another Lindfield icon, Humphrey's Bakery, about which a similar claim could be made. Namely, does any other community have a bakery that traded continuously from the same premises for 223 years?

rather quirkily, three tiny windows have been cut. When viewed from the street it will be seen that Humphrey's shop is the cross wing of No 63 High Street, known as Wyncote. This is also of medieval date, although its age is not apparent having been re-fronted.

The early history of the building is yet to be fully discovered. However, a receipt document dated 1453, found during redecoration in the late 1940s, states the property was then occupied by 'Thomas atte Ree', probably a farmer. He was paying rent of seven marks per quarter to his Lord of the Manor, the Dean of the College of Canons, South Malling. A mark was a unit of currency with a value of about 67p.

Returning to the bakery business, John Meads (1759–1826), a baker, first appeared in Lindfield parish records in December 1791, when with his wife, Ann, their daughter, Mary Ann, was baptised at the parish church. In 1793, he took on a William Murrell as his apprentice. John Meads appears again in the Poor Rate records as a ratepayer from 1797 at Humphrey's, which he rented from Thomas Blaker, a cordwainer. Accordingly, the claim that the bakery business at 65 High Street was established in 1796 is fully justified.

By the time of John Meads' death in November 1826 he owned both Humphrey's and Wyncote, having bought them from Thomas Blaker. Under the terms of John Meads' will, his wife Ann inherited all his property and goods. She continued to run the business until about 1838, when control passed to her daughter Sarah Smith



One of the three tiny windows



The shopfront

At 65 High Street, Humphrey's shop front proudly proclaims the bakery was 'Established 1796'. Perhaps equally remarkable, it has been run by only three families since that date. Having regard to the bakery's history, it is appropriately located in one of Lindfield's oldest medieval buildings; Humphrey's, Bower House and Carriers were all constructed between 1300 and 1343. Its age is evidenced by the massive arched timber framing on the building's northern side, into which,

and husband Edward Smith, also a baker. Ann Meads lived with Edward and Sarah Smith in the house until her death. In 1844 Edward Smith bought the business and property from her executors for £500.

During their marriage John and Ann Meads had nine children. Together with some of their children, they are buried in All Saints' northern church yard. His headstone forlornly reads:

Afflictions sore long time I bore  
Physicians were in vain  
Till death did cease and God  
Did to please to ease my pain

Their extended family became involved in many businesses up and down Lindfield High Street.

Edward and Sarah Smith and other family members ran the bakery business for some 40 years. The property was sold around 1883 to Henry Gasston, a local miller.

It is at this time the eponymous Richard Humphrey appears. Richard Humphrey senior was born Brighton in 1855. The Mid Sussex Times noted 'as a boy he was employed on the same premises by the late Mr Smith, who was widely known for his gingerbreads and brandy snaps. Mr Humphrey assisted in making vast quantities for the Lindfield Fairs'. Subsequently, as a Master Baker, he worked as a bread and biscuit maker in Haywards Heath.

On returning to Lindfield, in October 1883, Richard Humphrey senior entered into an agreement with Henry Gasston to rent the shop and dwelling (65 High Street) for £45 per year. Likewise his son Richard, also working in the business, rented the adjoining Wyncote, which at that time housed the bakery.

An advertisement in Clarke's 1884 Directory announced 'R Humphrey, fancy bread and biscuit maker, pastry cook and confectioner, High Street, Lindfield. Brown and home-made bread. Families waited on daily at Haywards Heath'.

Henry Gasston, as owner of both properties, in 1896 built the first detached bakehouse replacing the bakery in Wyncote. When Henry Gasston sold the properties to Richard Humphrey, senior, in 1912, this facility was described in the sale particulars as 'Bakehouse and Flour Room, fitted with Webber's 8-bushel Iron Oven, and Truck Shed, Stable for three horses, Van and Cart Shed, W.C., and Manure Pit. Well of Water.'

Richard Humphrey senior and junior were still listed as running the business in early 1940. Following his father's death in March that year, Richard junior took control but sadly died less than two years later.

Richard Humphrey senior had been well respected and active in Lindfield, having served on many local committees and as a Parish Councillor. Like his father, Richard junior was a keen cricketer playing regularly for Lindfield Cricket Club.

Consequent upon the Humphreys' death, Clayton Wiles took over the bakery, having previously been a Master Baker and Confectioner in Guildford. He ran the business throughout the 1950s and into the 1960s. Following his passing in 1968, his son, David Wiles, took over the running of the bakery, having worked with his father for many years.



The bakery in 1955

The name Humphrey's has continued and the beautiful old style shop front retained, but one major change was made. The modern bakehouse we see today replaced the old 1896 building.

Unfortunately the bakery closed this summer, it is understood, due to ill health. The Wiles family having provided excellent service to Lindfield for the past 77 years. There cannot be a resident, of any age, in Lindfield who has not enjoyed bread, cakes, pastries or a snack baked by David Wiles, our Master Baker. His doughnuts are legendary – thank you.

The community can only hope a bakery of similar quality will continue the 223 years of tradition established by the Meads/Smith, Humphrey and Wiles families.

Contact Lindfield History Project Group on 01444 482136 or visit [www.lindfieldhistory.org.uk](http://www.lindfieldhistory.org.uk)

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# Lindfield Scouts' trip of a lifetime

By Jenny Tame

I have just come back from The World Scout Jamboree, which is the biggest international Scouting event in the world, and the trip of a lifetime. It is held every four years, and this year's 24th WSJ was held at the Summit Bechtel Reserve, a 10,000 acre facility located in West Virginia, USA. The site was bigger than Crawley and it hosted over 40,000 Scouts from 152 countries, all there to celebrate scouting, promote peace, develop leadership skills and learn about sustainability. This Jamboree was special, being hosted by three organisations: Scouts Canada, Asociación de Scouts de México and the Boy Scouts of America. I was lucky enough to be selected to go on it, along with Hayden Newham and Tom Shannon, who also attend school in Lindfield.

We started fundraising two years ago, taking part in activities including group car washing at South Downs Nursery, stalls at Lindfield Village Day and grocery bag packing. My own effort was to walk 50k in a day, from Arundel to Ditchling Village.

We flew out to New York where we stayed for three days sightseeing before travelling to West Virginia for the main event. The Jamboree offered a multitude of activities, creating bonds with fellow scouts and learning about cultures from all around the world. In the opening ceremony and performances going on all throughout the week Bear Grylls (World Chief Scout) made an appearance and so did ex-UN Secretary General Ban Ki Moon. Both made speeches that I found really impactful and influential.



One of my favourite things to do was to trade badges with other scouts, allowing me to gain unique souvenirs and meet new people.

We rounded off our amazing trip with two great days in Washington and three days in Canada, near Niagara Falls. I am now looking forward to the next World Scout Jamboree in Korea where I hope to help out as part of the International Support Team.

We are so grateful for the support of both Lindfield and Haywards Heath Rotary Clubs, Haywards Heath Lions Club, our Scout units and Trident Explorers, based in Eastern Road, Lindfield. Not forgetting our family and friends!



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## They are the champions!

A trio of Lindfield ladies triumphed at the recent Sussex County Bowls Association Finals.

Jennie Sandford, Carol Watson and Sue Willmott won through to the final of the Ladies Triples and went on to beat Southwick Park 19-12 at Preston Bowls Club to finish as County Champions.

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# The Bent Arms' lucky charm

## BEHIND THE COUNTER

Ireland has given the world many things – Guinness, Primark, the invention of colour photography, the world's first armoured tank and even the cure for leprosy. While the country might not have a culinary reputation to rival the French or the Italians, it is certainly well-known for good food and, specifically, good bread, just like our next interviewee and manager of The Bent Arms, Howard Collins.

### By Joe Wayte

After a string of failed attempts to make a profit out of The Bent Arms in the late 90s and early 2000s, Howard Collins stepped up to the plate in 2003 and has successfully managed the establishment ever since. In the beginning the business had few customers but lots of potential. "I stood outside, looked through the window and saw the Rotary Club meeting," Howard remembered. "I thought to myself – if nothing else, at least I've got 20-30 people coming to eat every week and decided to give it my best shot."

As an avid Boy Scout, Howard found his love for hospitality through the multiple charity events he was part of, many of which he'd be in charge of catering for. Upon deciding that university wasn't for him, he landed a job as a management trainee at a four-star hotel in the centre of Dublin. "The manager was French and I expressed an interest in spending some time working in Paris," Howard shared. After a few months, they found someone in Paris who wanted to take part in a reciprocal visit and, as they journeyed to Ireland, Howard found himself at the Plaza Athénée, a five-star hotel now part of the Dorchester collection. "It's just off the Champs-Élysées and I loved it. I'd have stayed longer but after two and a half years my work permit ran out and I had to leave," Howard explained.

Back in the UK, Howard set his sights on London and worked in management roles at a hotel in Bayswater



and then The Cumberland Hotel before taking over the food and beverage operations at Heathrow Airport. "Everything was made in-house at Heathrow in those times," he told me, "and I had 20-30 Urdu speaking ladies working on an incredible production line. I'm a dab hand at sandwich making now!"

In the 70s Howard moved to be Assistant Manager at a hotel in Maidenhead owned by legendary nightclub impresario Louie Brown, known throughout the West End as the 'King of Clubs'. Three managers had been sacked within six months before Howard took the reins. "I was on a one-week notice period," Howard said laughing, "which kept me on my toes. I paid every bill as soon as it came in just in case I was out of a job at the end of the week." During his two and half-year stint, Howard and his wife Rosalie welcomed their two daughters into the world – Katie, currently living in Spain and working as an artist, and Lorna, who bases herself in East Grinstead and is an opera singer.

The family moved back to Ireland when Howard's older brother suggested opening a restaurant above the hairdressing salon he owned. The eatery proved so popular that they started operating two sittings,



making sure the 6-7pm reservations knew they needed to be up and out by 8:45pm so they could reset for the 9pm sitting. "I remember customers would sit on the stairs and wait for the earlier guests to depart," Howard said, "and after a short while a first floor unit became available across the road which we used to run a satellite restaurant and cater for more people."

Howard and his brother opened a chain of successful restaurants in and around Ireland's capital city, including The Front Page in Dublin's equivalent to Fleet Street in London. In the early 80s Howard's brother was involved in a car accident and sadly passed away. The Collins family took the decision to sell up and move to Glasgow, where Rosalie was born and grew up. "I took a job to support the management of four pubs for a chain which wasn't doing very well," Howard explained. "We tried to turn them around but in the end the owner filed for bankruptcy. Nine months previously the manager had decided to cut his losses, and, on hearing I was available, asked me if I'd like to join him in East Grinstead." The family lived in East Grinstead for ten years before moving to Lindfield and taking over at The Bent Arms.

When not working – which is only one day per week – the Collins enjoy museums and will often venture into London for exhibitions, they like a good city break and green-fingered Howard takes the opportunity to keep his garden looking spectacular. "I'm always here at 6.30am to make the bread and mainly find myself filling the gaps in the operation of the pub," he said, "and if I can, I'll pop home between 3pm and 6pm when it's quiet as my house is directly opposite."

Howard attributes most of his character and drive

to his childhood upbringing. His parents moved from Latvia and Lithuania to Ireland in 1917, and while his father worked as a coal merchant, driving a horse and cart around Dublin, his mother stayed at home to look after her five children. "My mum used to bake for local suppliers and as we got older she actually started to really provide in a financial way for our family," Howard told me. "My mother taught all of us to bake, to sew,

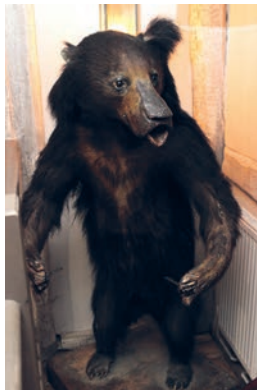
to provide, to mend, and so we all grew up knowing how to cook and look after ourselves from a very young age."

The philosophy Howard works to is to always source the best quality, make everything from scratch and cut down on the margins, "if we wouldn't eat it, we wouldn't want anyone else to either," he added. Meat is well-hung before purchase and hung further in the fridges at the pub, bread is made freshly every morning and the team make it their mission to get everything right first time. "I'm so proud of The Bent Arms and the incredible staff team who I could not do without," Howard made clear. "My assistant manager Charlie

Fairhead (pictured above with Howard) has been here over 14 years, her sister even longer, and many more have worked with me for a long time."

If Howard were to give one piece of advice to any aspiring pub owners, he would say: "If you don't like hard work, don't do it. You can't just sit at the end of the bar and play host, you've got to be prepared for it to be your entire life. And that's why I love it."

Hall and Woodhouse crowned The Bent Arms with The Best Food 2019 earlier this year, so if you fancy some award-winning local grub, the pub is open all week long.



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## Preparing to make spring great

### LINDFIELD IN BLOOM

By Heather Martin

As the warm summer nights have slipped away we'll start to keep a watch for the first frosts in the garden.

Tender plants will need to be protected from the cold with a covering of horticultural fleece or by bringing them under the cover of a greenhouse or into a cool conservatory.

But as we put the garden to bed for the winter, we can enjoy the promise of new life by planting spring-flowering bulbs. All the local garden centres have a great range available and they're so easy to plant - simply dig a hole that is three times deeper than the height of the bulb and drop in the bulb, with the pointy end upwards, before replacing the soil back into the hole on top of the bulb. If you're planting tulips or alliums, pop a handful of grit or washed pea shingle into the bottom of the hole before placing the bulb on top, as this will help with drainage and will give these bulbs the best chance of surviving an overly wet winter ready for a fab display in the spring.

The great thing about bulbs is that they do well in pots as well as in the ground, so even if you don't have your own garden or are renting your property, you can pop them in a pot on your doorstep to enjoy every time you leave the house.

Our Lindfield in Bloom AGM takes place on 18th November at 7.30pm at the Bent Arms, which will be a chance for everyone to discuss ideas for 2020. If you have green fingers you're very welcome to join our community gardening sessions and we also have an opportunity for someone to assist with admin if you'd like to help on the organising side of the group. Contact me by email [heather@heathermartin.co.uk](mailto:heather@heathermartin.co.uk) or phone 07738 323082 for more details.

# New Village Day co-chairs introduced...

As most will know, Lindfield Village Day takes place around the first weekend in June each year. Fewer people know that Village Day is organised by a group of volunteers who are also responsible for the 5k and 10k Village Run, and both events are fundraisers for Lindfield's King Edward Hall – a registered charity.

Following Stephen Gray stepping down from his role as chair of the team, after serving for ten years, two Lindfield residents will take over as co-chairs for the 2020 events – for which the planning will start to take place next month.

Here we meet Katherine Alcock and David Tingley, who tell us a bit about themselves and their hopes for next year's events...

## How long have you lived in Lindfield?

KA: All my life. DT: Me too, well, I moved here from Haywards Heath when I was three years old!

## What's your earliest memory of Village Day?

DT: My mum used to work at Durrants Coffee House, and as small boy I recall being dressed up as a bear on the back of its float in the procession. KA: I dressed up too, but mine was as a pirate for the Brownie & Guide float. I also used to love seeing the large shields representing various clubs and societies arranged around the pond.

## How did you get involved?

KA: I answered an advert to join the Management Committee for the King Edward Hall, and then joined what was then the sub committee for Village Day. I started as a helper for both Village Day and the Village Run. DT: Me too. In fact Katherine and I joined the committee for the KEH at the same time (about 12 years ago), responding to the same ad separately. Things were very different back then – led by a group of very dedicated stalwarts, many of whom had been involved from the beginning.

## Why did you take on the role of co-chair?

KA: Having taken on various roles over the years I felt I have a good understanding of how both events come together.



Photo: Clare Ozkan Photography

## What's your favourite part of the day?

KA: Seeing (and hearing) the procession coming down the High Street; it makes all the hard work worthwhile!

## What's the hardest part of Village Day?

DT: After 6pm on the day. Clearing up at the end is always tough!

## Have you ever done the Village Run?

KA: Yes twice, I can't say I really enjoyed it! DT: I ran the 5k a couple of years ago – but missed being a marshal!

## How many people took part in the Run last year?

DT: Across both distances we had 665 runners.

## Is there a big team that organises Village Day and the Village Run?

KA: Not really, about a dozen of us. But we share the workload around. We would love to see some new faces when we meet again in November.

## Why do you think Village Day important in Lindfield?

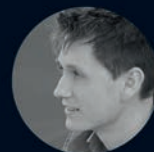
KA: I think it is a fabulous event that brings the whole village and wider community together. DT: I love the fact it's just something that a few awesome people started over 40 years ago, and now it's a proper village tradition!

If you would like to be involved in either Village Day or the Village Run, send an email to [villageday@kingedwardhall.org.uk](mailto:villageday@kingedwardhall.org.uk) or [run@kingedwardhall.org.uk](mailto:run@kingedwardhall.org.uk) before the first meeting of the season at the beginning of November.

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BY SANDRA SLINGER  
HYPNOTHERAPIST

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I want to tell you about my first client. They had been afraid to visit the dentist for over 25 years due to a dental phobia. They now had to have difficult dental surgery that could not be avoided.

Before the first session they phoned me in a panic, the surgery had been moved to the next week! So, we met and I focused on the client visualising the night before the surgery, going to the hospital, and actually being in the chair having the procedure.

I worked on relaxing the client with these images and feelings so they felt confident about the surgery. They called the next day to say it was amazing, like magic, they felt very relaxed the night before and walked into the surgery and sat in the dentist chair without fear. They felt in control and free from the phobia they had experienced for many years.

I also used Hypnobirthing with all my four children's births and I can honestly say I had four pain free deliveries. The other women who did the Hypnobirthing course with me also had the same positive experience. I am not saying every woman can have a pain free birth but mothers will feel relaxed, in control and able to make the best decisions for a positive birth experience.

Is Hypnotherapy magic? No, it's not. It's a proven therapy for changing patterns of thoughts and behaviours with positive results.

Hypnotherapy is a deep state of relaxation.

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# Seeds, soil and fresh air

By Isabella Mortimer

A few weeks ago my special friend Mia Baker spotted a book and thought I might like it. She gave it to me as very kind gift and I love it. This book is called 'No One Is Too Small To Make A Difference' by Greta Thunberg. In this article I will be putting forward some of the facts that she mentions in her book and how we can make a difference too.

In her book, Greta explains how no one is too small to make a difference to reversing climate change. Here are a few facts that I have picked out:



## DID YOU KNOW?

Countries like the UK need to start reducing emissions by at least 15 percent every year to stay below a two degree warming target! One of the awful facts that I learnt from this book is '...about 200 species [are] going extinct every single day'. She encourages us to achieve cleaner air by walking and using electric vehicles, as fossil fuels are one of the main causes of climate change and air pollution.

If you are an eco warrior and want to get involved, don't doubt yourself because no one is too small to make a change! So go and run after your dreams just like Greta Thunberg!

## ORGANIC FOOD

Organic food is a great way to help in the fight against climate change and also supports a healthy environment for both us and wildlife. Organic September was a month long campaign to encourage people to get involved in organic life, organised by The Soil Association. Their website [www.soilassociation.org](http://www.soilassociation.org) has tips about joining the organic movement. Some of the ideas include:

- Grow your own
- Look for their logo on organic products
- Write to your MP about promoting organic methods
- Write to your local council about stopping the use of unnecessary pesticides on the streets
- Switch to organic eggs so the chickens have the freedom to live outside and have GM-free diet
- Switch to organic tea and coffee

The Soil Association say that organic systems are at least 50% better for pollinating insects too!

Here's to us all making small changes just as Greta suggests – and another thank you to Mia Baker for giving me this gift!



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# Remove, Cool and Cover

**BURNS FIRST AID BOOK LAUNCHED**

**By Claire Cooper**

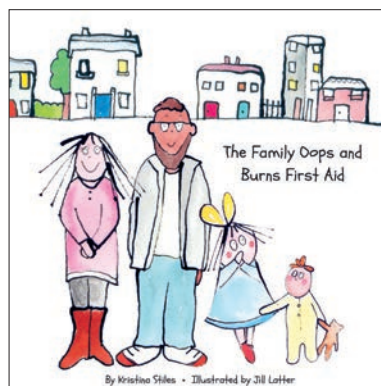
It's every parent's nightmare – the cup of tea that wasn't quite out of reach, the oven door you were just about to close or those hair straighteners which you thought had cooled.

"It takes just a split second for a child to get burnt, and it can happen to anyone," says nurse Krissie Stiles who has spent over 15 years working at the burns unit at the Queen Victoria Hospital in East Grinstead.

"What's really important is to be aware of the potential dangers in your home and to know what to do if you or your child gets burnt. 'I've seen so many cases where a simple knowledge of first aid for burns could have made a huge difference to a child's recovery.'"

The most common burns seen in very young children are to the face, torso and hands and are often the result of grabbing a mug from a table or bumping into someone holding a hot drink.

"It can happen to anyone, including me," said Krissie whose own son was burnt in an accident at a coffee shop in the village. "We were in the queue when a woman turned to leave the counter with her drink and collided with my son, spilling her hot drink on him. The café owners gave me ice, but I knew that wasn't the best thing and asked for water and cloths. Although ice can help to deaden the pain it can actually kill nerve endings and prevent healing." Krissie's medical background and her quick thinking prevented her son's burns from becoming serious.



"What happens in the time between the incident and the patient arriving at hospital is absolutely crucial and that often starts in the home," stressed Krissie, who has been surprised at the general lack of knowledge and misconceptions on how to treat burns.

"At the Queen Victoria we saw all sorts of 'first aid' applied to burns from butter and eggs, to toothpaste and turmeric," she said. "None of that helps. You need to hold the burn for 20 minutes under cool running water

– not freezing. If running water is not available, then soak clean cloths in water and apply to the burn.

“Once it has cooled you can cover the burn loosely with cling film. Not only does this keep the burn clean it also means that on arrival at hospital the staff can quickly see what they’re dealing with.”

With this in mind, Krissie has written a children’s book ‘The Family Oops and Burns First Aid’, which uses rhyme to tell the story of the dangers found in most homes and gives advice on treating burns.

The book, which has been released to mark National Burn Awareness Day on 16th October, is illustrated by Jill Latter, who runs the art clubs at Lindfield Primary School where Krissie’s son Sam is a pupil and daughter Lily attended before leaving for secondary school last term.

“I’d been looking for an illustrator for a little while and was in the school lobby when I spotted a fantastic new picture on the wall which had been commissioned by previous head Bob White,” Krissie recalled. “It was clearly a work of passion and love and I thought ‘that’s exactly what I want my book to look like!’

“When I found out that Jill was the artist, I showed her my poem and was thrilled when said she loved it and agreed to illustrate it for me. It was wonderful to see my characters come to life, particularly Baby Oops!”

The message is simple – Remove, Cool and Cover – but those three words could make a huge difference for burns victims.

“The effects of a burn can last for up to three hours after the incident, so anything you can do within that time can help begin the healing process and reduce scarring,” said Krissie, who has helped treat hundreds of patients during her time working at the Queen Victoria.

“I went there straight after graduating from Brighton University, which was a bit of an odd choice as my first degree was in social psychology at Sussex University,” said Krissie. “But in the third year of my degree I worked with the nurses in a care home and decided that’s what I wanted to do.

“In the third year of my nursing degree I chose the Queen Victoria for my placement and ended up staying there for the next 15 years!”

The Queen Victoria has two wards separating adults and children, and an intensive care unit. Krissie has worked in all of them. “Working in the children’s ward was incredibly hard, challenging and very emotional,” she said.

“Children have the most severe burn injuries as their skin hasn’t developed its adult thickness,” she explained. “Serious burns in children can mean wearing a body suit for 24 hours a day and scar massaging four times a day.

“Looking after a child who has suffered from severe burns can put a massive strain on the whole family,” she added. “Children under five won’t remember the incident, but the parents have to live with the trauma and often the guilt.”

Common childhood burns are from oven doors, ceramic hobs and hair straighteners. “When very young



children pick up something hot like hair straighteners they haven’t developed the reflex reaction to let go so will hold on to it,” Krissie explained. “This leads to deeper and more complex burns.

“These boiling water taps which are becoming more common in newly built houses are a real worry too, particularly when most children expect cold water to come out of a tap.”

Chemical burns are also becoming more common in children. “Those squishy washing tablets look like sweets and are very tempting for children,” said Krissie. “But if the liquid gets into their mouth or eyes the gooey, high alkali substance is really difficult to wash off and can quickly burn the mucous membranes.

“I’ve seen children lose their sight as a result.”

Krissie has also worked with the London Fire Brigade and Children’s Burns Trust, giving presentations in schools. “That’s when I had the idea for my book,” she said. “We were developing a presentation pack for schools and discussing the best way to get messages across, and I kept getting this rhyme going round and round in my head. I wrote it down and that’s where it stayed for quite a while – on a sheet of A4 paper!”

She decided to bring the book to life after taking on her current role with the Katie Piper Foundation burns charity.

The Foundation opened its groundbreaking Rehabilitation Centre in Merserside last year to provide care for burns survivors of all ages, including people who are living with effects of burns injuries which happened several years ago. Krissie is Head of Clinical Services and oversees the rehabilitation centre programme.

“When patients are discharged from hospital their medical treatment has often been very successful, but they have to deal with the consequences of the healing and learn to live with the scars,” Krissie explained.

“Many struggle to cope with life-changing and often disfiguring injuries, and many burns patients never get to meet other survivors.

“People stay with us for a month and during that time undergo intensive therapy work on their scarring and build up their strength and fitness. Equally important are the social activities, which build confidence and resilience, and the opportunity to spend time with other survivors. It can, and has, changed people’s lives.”

Working with adults who are coping with effects of childhood burns makes Krissie’s book even more significant. “Children are never done with their burns injuries and as they grow the scars have to be surgically remodelled,” said Krissie. That’s why it’s so important that we make children aware of the dangers around the home, but in a light-hearted way. We need to ensure that our children know what to do when an accident happens – after all, we are educating our future first-aiders!”

An audio version of the book is available on the Children’s Burns Trust website. Hard copies or a PDF (digital) version can be obtained by emailing [CBT: info@cbtrust.org.uk](mailto:info@cbtrust.org.uk). #BeBurnsAware

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## RECYCLE THIS...

Colin McFarlin is a Volunteer Waste Prevention Advisor with West Sussex County Council and sheds some light on what can and can't be recycled.

Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Do keep the questions coming...

Plastic recycling is the most frequent item in my post bag and topic of questions when I am out giving a talk.

So what plastic can I recycle?

If it has come from your bathroom or kitchen and if it is a bottle then YES. Clean dry and loose please with the tops removed. The tops are too small for our mechanised sorting. Tops in the rubbish bin or to charity.

Is it plastic or foil from the bathroom or kitchen, a tub or a tray then YES. Again, clean dry and loose and with tops separate. The tops are big enough for sorting. Top needs to be jam jar lid size or greater. We want all colours, as you can see. We can recycle black plastic in West Sussex. We have the technology!



And now for some of the other items.

We can recycle take away coffee cups and the lids in West Sussex. We have the technology! We can recycle tetra packs, even with windows



We can recycle window envelopes – no need any more to remove the window

And finally I would like to mention batteries – do not put into your rubbish bin or into your recycling bin. Do take them back to any shop that sells batteries. By law they must take them back. No need to take them back to the same shop you bought them from.

I do hope that with this information and these pictures I have helped to make recycling simple.

If still in doubt do look up

[www.recycleforwestsussex.org](http://www.recycleforwestsussex.org) or email me.

Would you like me to give a talk to your local group on recycling? Do you have an individual question on specific items you are not sure how to recycle? One email to the Editor, with a picture if possible, and I can let you know.

Looking forward to hearing from you. Keep recycling



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# Do you still have leftover tomatoes?

**SIMPLY GOOD FOOD**

## Roasted tomato sauce

Preheat the oven 180°. Tip 2kg very ripe tomatoes and 2-3 roughly chopped unpeeled red or white onions into a shallow baking tin. Add several unpeeled cloves of garlic (I love the flavour so use a whole head) and drizzle generously with oil. Season and toss to combine. Bake for about 45 mins until the tomatoes have burst and are lightly browned. Slip off the onion skins and squeeze the garlic out of the skins. Tip into a processor and buzz to a smooth consistency – you may need to do this in batches. If you want a very smooth sauce push through a fine sieve – alternatively leave slightly lumpy (my preference!). Now comes the adventurous part – at this point you can add extra flavours by adding a spoonful or so of harissa paste or some pesto sauce, some wholegrain mustard, chopped herbs, a spoonful or so of chilli sauce – whatever you fancy – or just leave it as is. Cool, pack and freeze.

## Bacon and bean hotpot

(serves 2, may be doubled and frozen) Roughly chop 150g streaky bacon (or use bacon lardons or sliced chorizo sausages) for about 5 mins stirring, or until a rich golden brown. Drain and rinse a 400g can butter beans and add to the pan with 450ml Roasted Tomato Sauce (or a 400g can of chopped tomatoes). Bring to the boil and gently simmer for 10 mins. Looks good served topped with something green such as pesto or chopped herbs. Serve in bowls with hot garlic bread.



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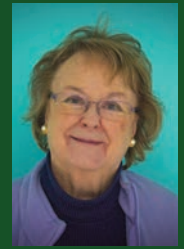


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By Caroline Young

Now is the time to fill your freezer with tasty ingredients to add delicious flavours to winter meals. It is also a way to preserve a good harvest of vegetables. The Roasted Tomato Sauce is my favourite way of using an abundance of home-grown tomatoes. Packed in recipe sized portions it can be frozen for up to six months. Salads need to be a bit more than just green leaves come the cooler weather. Adding fruit or fresh vegetables to cooked grains makes a filling bowlful.



## Roasted tomato gnocchi

Use 150g fresh chilled gnocchi and 150ml sauce per serving. Fry the gnocchi in a generous knob of butter until golden brown. Spoon over the sauce and heat gently to serving temperature. Serve topped with freshly shaved or grated Parmesan cheese.

## Citrus couscous salad (serves 4-6 as a side dish)

Measure 50ml orange juice, 1tbsp white wine vinegar, 75g each of sultanas, frozen Edame beans and sliced dried apricots into a small pan. Bring just to the boil, cover and leave to stand 15min. Using half orange juice, half water cook 150g couscous (small or large grain) to packet directions. Cover and leave to stand. Using a large salad bowl combine a quarter of a cucumber, chopped, 4-6 sliced spring onions and a small handful of finely chopped mint. Stir in 2tbs olive oil. Add the cooked fruits and the couscous (drain first if needed), toss with a fork and season to taste.

## Savoury bread and butter pudding (serves 4)

Traditionally Bread and Butter Pudding is just that - a pudding but how about a savoury version?

Make 4 large sandwiches, using the bread and filling of your choice, such as cheese and ham, buttering the bread and maybe adding a dash of mustard or chutney. Lightly butter the outer sides of each then cut into triangles and arrange on edge like roofing tiles in a shallow buttered dish. Whisk together 2 eggs and 568ml full-fat milk and pour through a sieve over the bread. Leave to stand for 30 min the place in a 325° preheated oven and bake for 45-60 min, until set and crisp and golden brown.

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# Lindfield filmmakers progress

Following on from the article in the July issue of Lindfield Life, there are three exciting new updates on Lindfield resident Suzanne Gielgud's feature film 'Olga'.

Firstly, a chance encounter at the Cannes Film Festival in May led to several follow up meetings in London in June and July with an Executive Producer who has come onboard the project. He has since brought three investors to the table who are contemplating investing several £million in the film. Negotiations and discussions have been taking place and are still ongoing. "This is a very exciting development for Olga," explained writer/director Suzanne Gielgud, "and this sort of investment would mean we may be able to attract additional match funding, so we're praying very hard that it works out. The film industry is a notoriously rocky road to traverse, with potholes everywhere, so I'm not taking anything for granted. However, I do have faith that it will all come through, so we continue to march onward with confidence and positivity."



Secondly, thanks to funding from an angel investor, another of Olga's early scenes was shot in August. This took place at Folkington Manor (near Polegate) with Wayne Sleep OBE, Holby City actress Sharon Maughan and ten local children from the Gielgud Academy in the cast. "This really was an incredible experience for the children and they learnt so much from being on the set with Wayne, who really is such a star, and the amazing Sharon Maughan," Suzanne continued. "We also had teachers and patrons from the Gielgud Academy in the cast as well as the Lady of Folkington Manor herself, Jacquie Brunjes (Storey). It was a magical day and the sunshine was beautiful, so we were able to capture Sussex looking its best."



And lastly, the award-winning composer Vangelis, who Suzanne and her choreographer husband Piers Gielgud previously worked with on both Oliver Stones' feature film 'Alexander' and Suzanne's own award-winning documentary 'Dancing for Oliver', is now 'artistically interested' in the Olga project. To that end, rehearsals were held in London during the summer with the two international dance stars from the film, Xander Parish and Lauretta Summerscales. Piers choreographed two new dance numbers for the film and Suzanne filmed the work and sent it to Vangelis to watch. She goes on: "We are now waiting on tenterhooks to see if Vangelis wants to come on board with the Olga project and compose original music for these new dances. It would be so exciting to collaborate with him again, as all his musical compositions are legendary and his music would add something very special to the film."

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## Sweet Sorrow by David Nicholls

### BOOK REVIEW

By Cavan Wood

This is a very readable novel about a teenager falling in love in the summer of 1997. It tackles, too, the effects of divorce, unemployment and depression on a family.

The feelings you get when you love school and make that uneasy transition to adult life are well explored. It captures the spirit of the time and the confusions of youth.

Possibly the best novel of the year, combining humour and a deeper understanding of human nature, you will greatly enjoy it. David Nicholls shows again his mastery and humanity as an author, as he has shown in previous novels: Starter For Ten, Us and - above all - One Fine Day.

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# Best in horticultural show

## LHS AUTUMN SHOW



### Words and photos by Claire Cooper

The Battle of the Pumpkins is always one of the highlights of the Lindfield Horticultural Society's Autumn Show and this year was no exception, serving up a shock result!

For the past six years, rival gardeners Ian Cooper and Richard Watson have spent their summers nurturing their plants in a bid to win Pumpkin Cup.

Richard was the first to claim victory when the cup was first awarded back in 2013 but Ian has been unbeatable for the past five years.

However, all that changed this year when Richard snatched victory with a surprise win

"Things weren't looking good earlier in the season when the pumpkin I had in mind wasn't growing too well," said Richard. "But then I spotted this one growing under a bush. It had been neglected all summer." But following a few weeks of careful nurturing, the pumpkin grew beyond Richard's dreams to take the crown. "I'm delighted" said Richard, adding that the secret to growing giant pumpkins is having very good soil.

Settling for second place, Ian accepted defeat graciously, before adding: "At least my marrow was bigger than his!"

Elsewhere in the show, visitors were treated to the usual high quality displays of vibrant dahlias and chrysanthemums, delicate fuchsias and graceful grasses.

There were giant onions, marrows and leeks, rows of runner beans and perfect pears, along with a range of handicrafts and cookery, including home-made bread. "It was a fantastic show - definitely one of the best yet, with over 320 entries," said show secretary Deborah Novotny. "The standard was extremely high and the judges were really impressed, particularly as the recent weather has been challenging.

"We had around 40 exhibitors including several first timers, many of whom went home with prizes, which is really lovely," she added.

The flower arrangements took on a topical theme with 'Last Night of the Proms' and 'Harvest', while the photography classes attracted a record number of entries with themes including 'Old Boots' and 'A Room With a View'. But it was Jenny Purdon's 'Seaside Treasure' arrangement which was awarded 'Best in Show'.

The children's classes were well supported with sisters Alice and Eleanor Anderson delighting visitors with their vegetable animal creations. The show also included a new class for a trug of vegetables which was won by Florence Fearn-Hughes.

### Results

Bob Lacey Salver – Ian Cooper  
Massey Dawson Cup – Tim Richardson  
Helena Hall Cup – Richard Hilson  
Dahlia Cup – Richard Hilson  
Huddart Cup – Richard Hilson  
President's Salver – Michael Elliott  
Dahlia Championship Cup – Michael Figg  
Penney Cup – Jenny Purdon  
Harry Tester Cup – Tim Richardson  
LHS Pumpkin Cup – Richard Watson  
Peter Day Cup – Michael Elliott  
George Murrell Photographic Cup – Carolyn Nurse  
Lady Wilkinson Silver Tray – Loreli Hilson  
Morecombe White Cup – Jeff Esson  
Procter Cup – Jean Sedgley  
Shepherd Cup – Richard Hilson  
Ron Pickett Trophy – Andrea Fall

Kieron James Toy Shield – Florence Fearn-Hughes  
Junior Perpetual Shield – Alice Anscombe  
Junior Perpetual Shield – Florence Fearn-Hughes  
Shepherd Perpetual Shield – Alice Anscombe  
Junior Potato Championship – Lauren Dunlop



# Life-saving knowledge

We'd like to encourage everyone living and working in the village to familiarise themselves with the sites of the life-saving defibrillator machines and learn how to use them.

An estimated 60,000 people each year in the UK have an out-of-hospital cardiac arrest and, sadly, less than 10% of those people will survive. Yet if a bystander is able to start CPR they could double a person's chances of survival.

Lindfield has four defib machines that we know about. Many will have noticed the unit outside the King Edward Hall, and there is another one mounted on the outside of Selby's chemist further up the High Street. Then there are an additional two which can be obtained during working hours. One sited in the Doctors Surgery and another in The Tiger at the top of the High Street (building next to All Saints Church). This is the office for the church and is open between 9am-1pm, Monday to Friday (door with buzzer is accessed round the back).

All of the machines are portable and contain full instructions, but why not give yourself a head start with an online tutorial?

The Resuscitation Council (UK) has produced plenty of information to help us all learn more about what to do in this dramatic and highly pressured time, should we find ourselves involved.

You can watch videos and play interactive games to increase your understanding. You can even download an app - see [www.resus.org.uk/apps/lifesaver](http://www.resus.org.uk/apps/lifesaver) for more information.

At Lindfield Life we will commit to reprinting this map and information on a regular basis, in order to familiarise the whole village regarding access to this life-saving equipment - which can be used by anyone.

Please give it a go. With our emergency services so overworked, we as communities can get better at helping ourselves, and it really does make a difference.

If anyone knows of any other publically available defibs in the area, do please email us ([editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)) and we'll update the map for next time.

We are aware of plans for one to be installed in Scaynes Hill shortly, and we also understand that one of the Lindfield schools is seeking funding to buy a unit too.

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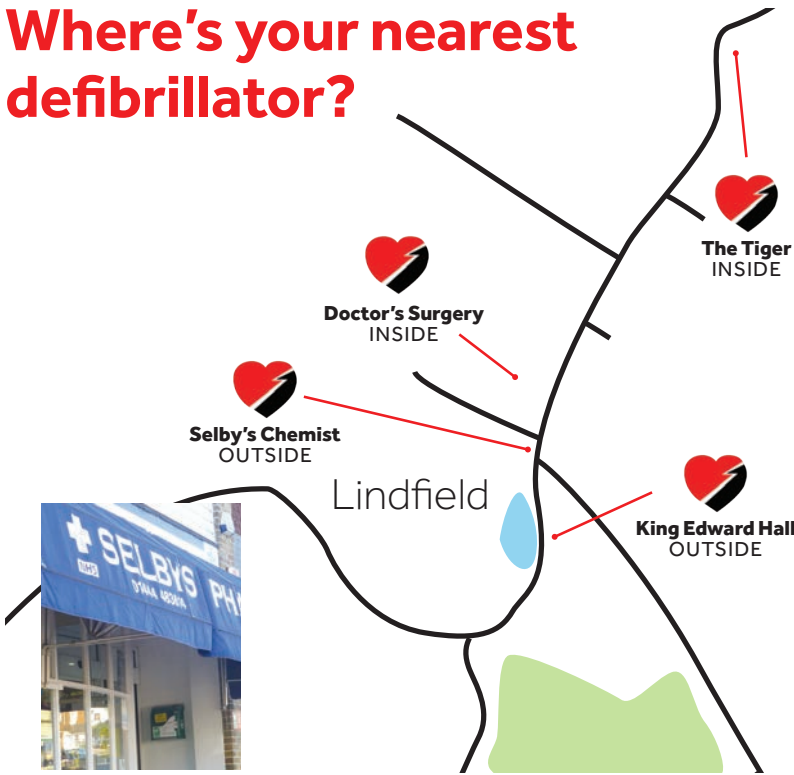
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# Repair Café begins its second year

Chailey Repair Café is going from strength to strength as it enters its second year of operation.

The Café's recent first birthday celebration saw the village hall packed with more than 140 people attending and more than 90 repairs attempted.

The Café now has 38 volunteers who have attempted to repair over 600 items in the past year. It has a substantial stock of specialist tools and spare parts and, if it is unable to find the part required, can order it on the spot via the café's own internet link and fit it when it arrives; you only pay for the parts.

Founder and Coordinator Bryan McAlley said: "We have sometimes been beaten by the challenge of what we have been asked to fix, but we don't give up easily, so do bring along that broken down appliance, damaged item of clothing or wobbly bike and we'll see what our skilled repairers can do!"

The café is open from 10am till 1pm on the second Saturday of each month at Chailey Village Hall on the A275 next to the Five Bells pub, just 12 minutes from Lindfield.

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# NSPCC Branch celebrated 60th anniversary

More than seventy past and present members from The North Sussex Branch of the NSPCC came together for tea, cake and scones to celebrate the Branch's 60th anniversary, which took place during the summer. Over the years, members from the Branch have raised more than £1.5million for the NSPCC's work.

Guests who went to the celebration included Branch President Pat Lawson of Lindfield District (pictured) and Branch Chair Pamela Dennis of Ardingly District, as well as the NSPCC's Head of Region Rupa-Dey Amin.

As part of the North Sussex Branch, the Lindfield District of the NSPCC holds a number of fundraising activities throughout the year, such as progressive suppers, collections and an upcoming lunch at Mid Sussex Golf Club on 25th October with a talk by Lilian Holdsworth MBE about her days as a Tiller Girl. The Branch also has a stand at Lindfield Village Day to raise funds as well as to give out information about the NSPCC's work.

Amongst other services, the Lindfield District fundraises for the NSPCC's 'Speak Out, Stay Safe' programme, where specially trained volunteers aim to visit every primary school in Sussex once every three years, giving children the knowledge of how to directly access help if it is needed as well as providing support for teaching staff. For the District fundraisers it means there is a clear link between the money raised and the well-being of local children. For more information please see: [www.nspcc.org.uk/speak-out-stay-safe](http://www.nspcc.org.uk/speak-out-stay-safe)

Kate Hershkowitz, Community Fundraising Manager for Sussex, said: "Congratulations to the NSPCC North Sussex Branch for reaching this fantastic milestone and raising an incredible £1.5million over the years to support our work. This could enable the NSPCC to answer 375,000 contacts to Childline – a vital service for children and young people that we could not continue without your dedication and support. We are so grateful for all your efforts, and here's to another 60 wonderful years."

If you would be interested in attending the lunch at Mid Sussex Golf Club, or would like more information about joining the NSPCC's Lindfield District, please contact Judy Harris on [harrisac@btinternet.com](mailto:harrisac@btinternet.com).



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# Big answers to big questions...

All Saints Church is set to host a series of evenings designed to allow people to 'ask the big questions'.

Held at The Bent Arms during November the organisers hope those who attend will become part of the jury – as they have the opportunity to weigh up the evidence and return a verdict.

Each evening will be lead by a speaker. Former Police Inspector Paul Wilson will tackle 'The Resurrection – Truth or myth' on 28th November. Dr Kevin Hargin, former Head of Foodborne Disease at the Food Standards Agency, will be exploring 'The problem of evil and suffering – how can God allow it?' on Thursday 21st November. And, on 14th November, Prof Richard Vincent, Emeritus Professor of Cardiology at Brighton & Sussex University Hospitals Trust explores the evidence and arguments around the subject 'Has science disproved God?'.  


Prof Richard Vincent

Paul Wilson, one of the event organisers, said: "We are excited about these events, they really do give folks the opportunity to come along, listen to the arguments and have their say on some of life's biggest questions, but all in the relaxed atmosphere of the Bent Arms."

Each evening starts at 8pm, no booking required. For more information contact: [allsaints@lindfield.info](mailto:allsaints@lindfield.info).

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# Potions, pumpkins and parkland at Borde Hill

This Halloween half term children can join the Borde Hill Academy of Witches and Wizards and help Sapphire the Witch's Cat regain her magical powers on a bewitching Garden trail full of spells, potions and mystery.

From 26th October to 3rd November, young visitors will receive a treat from the Magica de Spell, the Head Witch in her lair if they complete all the challenges to return Sapphire's magical powers in time for the Borde Hill Crystal Ball.

There's also a bewitching concoction of activities to keep young witches and wizards entertained throughout half term. The week will end with a bang on Sunday 3rd November when there will be Explosive Reaction Shows and children can get stuck into making their own slime to take home.

Join us on Sunday 27th for the third year of our 'Pumpkin Glow' event, when the best pumpkin designs will be judged, with the winning witch or wizard receiving a 2020 Family Membership. To be part of our amazing trail of carved pumpkins and to be in with a chance of winning the prize, please bring pumpkins by 4pm on 27th October. Judging will take place at 4.30pm.

After all the excitement, tired souls can revive their spirits at the Gardeners' Retreat Café serving tasty snacks and warming drinks.



Photo: Alex Rickard Photography

Families are also welcome to wander and enjoy the stunning hues of autumn with cornus, acers, liquidambar trees and deciduous azaleas, as well as wonderful views across the parkland featuring native and exotic trees.

There will be a small extra charge for some of the activities, plus the Borde Hill Garden admission.

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# A day out on the buses

By Bob Campen

Previous itineraries in this series have begun by going east. In this one, we look at what is available if we go west. Only one bus, the 89, does this, and funding cuts made by WSCC have resulted in this being much reduced. So, the first thing to say is that these schedules are available only on Mondays, Wednesdays and Fridays. This might be a suitable trip to undertake with the grandchildren during the summer holidays or half term.

Our trip starts at Lindfield High Street. Take the no. 30 bus at 09.30 and alight in Perrymount Road, opposite Waitrose, at 09.39.

Cross to the stop on the Waitrose side of the road, and take bus 89 from this stop at 09.52 all the way to Horsham bus station, arriving 10.41. You can spend time in Horsham before proceeding if you wish.

From Horsham bus station, take bus 98, showing destination Southwater (to Southwater Country Park). This runs every 15 minutes; in the morning it is at 10, 25, 40 and 55 minutes past the hour, and takes about 15 minutes.

Entry to the Country Park is free. There is room to roam, a lake, with a small beach for paddling, canoes can be hired, and there is an activity centre for children way across the park at Dinosaur Island. Snacks and ice creams are available at the Visitor Centre.

Because there is only one 89 bus back from Horsham to Haywards Heath, it is best to be back at the same bus stop at which you alighted – because bus 98 runs in a clockwise direction around Southwater – no later than in time to catch the 98 at 15.47 or 16.02, arriving Horsham bus station 16.04 and 16.19 respectively.

The last bus 89 leaves Horsham bus station at 16.30, arriving Perrymount Road 17.19. Cross to the stop on the Waitrose side of the road. Bus 270 is due at 17.36 to take you back to Lindfield High Street at 17.41.

Should you unfortunately miss the 89, a long detour is possible by using bus 23 at 17.07 or 17.44 from Horsham bus station to Crawley bus station, arriving 17.48 and 18.23 respectively. Bus 271 leaves Crawley bus station at 18.40, and will bring you back to Perrymount Road at 19.14. Alas, it is another 30 minutes before the arrival of



the 270 at the stop by Waitrose at 19.44, which will take you back to Lindfield.

Please note that these travel details apply on Mondays, Wednesdays and Fridays only. Bus routes and times are changed every so often, so if the magazine you are reading is 'old' by a few months, you should not rely on these schedules without checking.

[www.traveline.info](http://www.traveline.info) is always a useful website.

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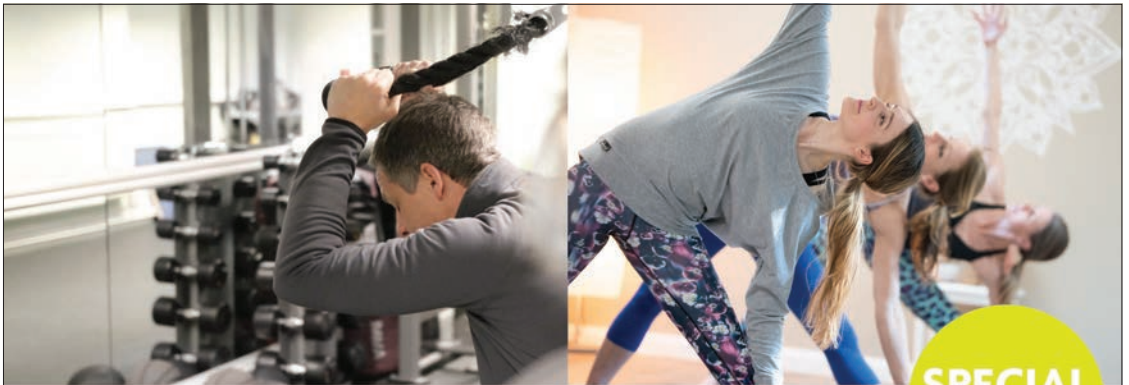
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# Pond Island Discs!

By Ayesha Gilani

Happy 1st Birthday Pond Island Discs! This time last year I set off on a musical quest to unearth the sounds that have shaped the good people of this village. I called out for the stories behind your favourite songs and, like Batman to the Bat-Signal, you lovely lot responded with relish! Since then, Pond Island has played host to 12 tantalising playlists inspired by 81 music-loving Lindfieldians. Thank you for the music, people! You know who you are! Sharing your music loves, and the memories that accompany them, has meant that the rest of us have got to know you a little bit more too. Thank you, also, to those of you who have got in touch with your lovely comments and support. Pond Island Discs is a way of diving under the surface of a community as diverse as its music tastes and collectively enjoying the catch. Time to celebrate our first anniversary with a birthday playlist inspired by these October-born castaways. Happy Birthday to you!

Emma Wickens

**Emma by Errol Brown**

"As a small child, my father would play this song to me over and over again saying it was written for me. Despite believing my father during my early childhood (who doesn't believe what their parents tell them), I soon discovered that obviously old Errol had no idea I even existed... especially as he released it three years prior to my birth. Still it brings back fond memories."



Rory Kaye

**1999 by Charli XCX & Troye Sivan**

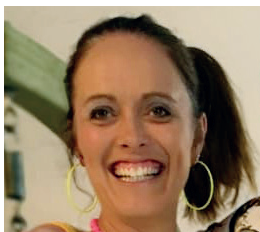
"My track of choice is 1999. It's a playful party anthem, loaded with 90s references. Steeped in childhood nostalgia, it's a snare-heavy beat with eurodance keys, providing the perfect bop for my birthday playlist!"



Ceri Steel

**Insomnia by Faithless**

"This song would have to be on my birthday playlist. It's a great track to dance to but the main reason I'd pick this is because it takes me back to being 21 and studying in Mexico. I also watched them perform a great version of this live in Brighton."



James Azevedo Amaral  
**Welcome to the Black Parade by My Chemical Romance**

"This song, whilst being an amazing anthem, takes me back to a happy memory of my wife and I going to Reading Festival to celebrate our first wedding anniversary. This band were the headline act and, as a surprise guest appearance at the end of the show, Bryan May came on to play lead guitar to this song. It was a very memorable performance to have seen live."



Kate Smith

**Suspicious Minds by Elvis Presley**

"I've loved Elvis for as long as I can remember and, growing up, I was the only child I knew to have him played at their birthday party! Hearing the song takes me right back to my childhood."



Joe Kaye

**Better Man by James Morrison**

"The birthday song I can't do without is Better Man by James Morrison. A few years ago my girlfriend, Pippa, threw me a big birthday bash. She invited friends and family from far afield. For those of you who know my family, we're very musical. So Pippa gathered the masses and dressed as a pirate wench (that's the way she throws a party) gathered her garters and sang this beautiful song to me. Great memory."



# Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to [photos@lindfieldlife.co.uk](mailto:photos@lindfieldlife.co.uk) - thanks!



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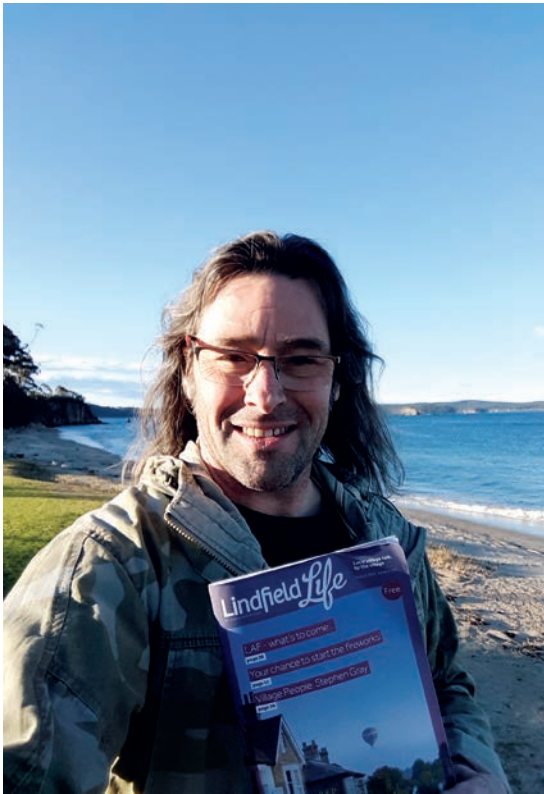
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by Alan Ayckbourn

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# Lindfield Parish Council

**OCTOBER 2019**

Parish Office:  
Clock Tower House,  
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Lindfield, West Sussex RH16 2LH

Telephone: 01444 484115  
Email: clerks@lindfieldparishcouncil.gov.uk  
Website: www.lindfieldparishcouncil.gov.uk

## New Councillors

The Councillors and staff of the Parish Council would like to warmly welcome the following new members:

Cllr Linda Grace	(Elected May 2019)
Cllr Mike Leach	(Co-opted June 2019)
Cllr Amanda Matthews	(Co-opted June 2019)
Cllr John Stevens	(Elected May 2019)
Cllr Cavan Wood	(Co-opted June 2019)

## The Role of a Parish Councillor

Councillors are democratically-elected local representatives. The Local Government Association states that: 'A councillor's primary role is to represent their ward or division and the people who live in it. Councillors provide a bridge between the community and the council.' Their role & responsibilities include the following:

- Attending meetings
- Voting on agenda items at meetings having considered facts and opinions
- Considering planning applications (as a consultee)
- Ensure the Council is well managed
- Setting an appropriate budget
- Contribute towards the development of policies
- Engage with the electorate
- Promote and represent the local community
- Lobby other agencies on behalf of the parish
- Abide by the council's code of conduct for elected members

Lindfield Parish Council's Councillors are unpaid volunteers. Each year elected members can claim an allowance of £516 with the Chair entitled to claim £774. Co-opted members are not legally entitled to claim an allowance. All Councillors can claim expenses. Members sit on at least two of the Council's three committees as well as attending Full Council. Full Council meets at least six times per year. Committees meet as follows:

**Environment and Amenities**  
every two months

**Finance and General Purposes**  
every two months plus an additional budget planning meeting

**Planning and Traffic**  
every three weeks (one in every three of these committee meetings is termed a Full meeting which considers ongoing matters in addition to planning applications)

Members of Lindfield Parish Council:

Members can all be contacted, in the first instance, via the Parish Office, or by

**Cllr. William Blunden**  
(Chairman)

**Cllr. Valerie Upton**  
(Vice Chairman)

**Cllr. Linda Grace**

**Cllr. Stephen Henton**

**Cllr. Margaret Hersey**

**Cllr. Mike Leach**

Lindfield Parish Council Office is open on Tuesdays 1pm to 4pm, Thursdays and Fridays 10am to 1pm – when members of the public are welcome to come along to look at planning applications for Lindfield, obtain the codes for obtaining concessionary railcards, or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Clerk: Mr Andrew Funnell      Deputy Parish Clerk: Mr David Parsons      Responsible Financial Officer: Mrs Tracy Ely      Village Orderly: Mr John Cunningham

## Committee Membership:

Councillor	Full Council	Environment & Amenities Committee	Finance & General Purposes Committee	Planning & Traffic Committee
Will Blunden	Chair	Chair	Member	Member
Linda Grace	Member		Member	Member
Stephen Henton	Member	Member	Chair	
Margaret Hersey	Member		Member	Vice Chair
Mike Leach	Member		Member	Member
Amanda Matthews	Member	Member		Member
Roger Pickett	Member	Vice Chair	Vice Chair	
Ron Plass	Member	Member		Chair
John Stevens	Member	Member		Member
Val Upton	Vice Chair	Member	Member	Member
Ian Wilson	Member	Member		Member
Cavan Wood	Member	Member		Member

## Councillor Profiles: Cavan Wood and Linda Grace

I have lived in Lindfield for 25 years and am a teacher of Religious Studies/ Citizenship in a school in Burgess Hill. I am married with two children who attend the village schools. I am a reader at All Saints Church. I have written textbooks and am currently preparing a book on autism.



I am a regular contributor to the Lindfield Arts Festival. I am interested in cinema, reading, writing and politics. I contribute a book review each month to Lindfield Life.

I grew up in Mid Sussex and have lived with my family in Lindfield for over 30 years. I have seen many changes in the area during my lifetime, particularly pressures on the environment and local services, as a result of the increasing population in the area. I spent many years working in local government as a caseworker, so am aware of the challenges facing local councils. I have recently retired, and belong to several local groups and organisations, including the U3A.



I love living in Lindfield and would like to make a contribution to the community. I am pleased to have become a member of the Parish Council, where I hope to be able to use my skills, knowledge and experience to represent the interests of local residents.

reference to page 12 of the Lindfield Village Directory and Year Book, which contains Councillors' addresses and phone numbers.

**Cllr. Amanda Matthews**

**Cllr. Roger Pickett**

**Cllr. Ron Plass**

**Cllr. John Stevens**

**Cllr. Ian Wilson**

**Cllr. Cavan Wood**

## PARISH UPDATE

Lindfield Parish Council has:

- Purchased and installed four replacement litter bins
- Purchased and installed two replacement grit bins
- Created a digital map of its allotment site to assist with its management
- Continued to deploy it's speed indicator devices at pre-agreed sites within the Parish boundary
- Signed up to the ten principles of the Tree Charter. More details on this national scheme can be found at: <https://treecharter.uk/>
- Provided consultee responses to Mid Sussex District Council's planning department for 59 planning applications (for the period April to August 2019)

- Agreed the following climate change resolution:

Lindfield Parish Council acknowledges that climate change is a serious issue. Lindfield Parish Council has already taken steps to mitigate against climate change and will continue to do so. The Council will seek to keep up to date with advice from its regional and national associations regarding climate change and the role that local authorities can play. The Council will consider this at its first Environment and Amenities meeting where it will be discussed fully. The Council, where possible, will consider climate change alongside other factors when decision making. The Council will seek to help residents, through educational means, to reduce their carbon footprint.

Lindfield Parish Council's Environment and Amenities Committee has agreed that a draft Environmental policy be created. This will be considered by the Committee at its next meeting.

## GRANTS

The Council has agreed the following donations so far for the financial year 2019/20:

- Lindfield Branch of the Royal British Legion, £250 to enable a road closure on the 10th November 2019 for Remembrance Sunday
- Lindfield Bonfire Society, £500 towards the provision of first responders at this year's Lindfield Bonfire Night
- St Peter & St James Hospice, £250 towards patient transport services enabling people to attend the Wellbeing Centre so that they can enjoy a range of activities and therapies
- Lindfield Arts Festival, £250 towards the groups 10th year anniversary events
- 4 Sight, £200 towards outreach support for residents in Lindfield living with sight loss
- Victim Support, £100 towards the cost of recruiting and training volunteers who provide emotional and practical support and facilities to the victims and witnesses of crime in the Sussex Area

## LOVE WEST SUSSEX – REPORTING CONCERNS RELATING TO PUBLIC FOOTPATHS AND HIGHWAYS

West Sussex County Council's Love West Sussex website and apps are the most efficient way to report any concerns relating to the public footpaths and highways. Importantly, reporting this way ensures that WSCC have a record of reoccurring issues and agreed timescale to address reports.

### How does Love West Sussex work?

The Love West Sussex site and app allow you to inform them of any highways issues such as potholes, overgrown vegetation, damaged kerbs, footpaths and verges, which you come across in the county.

Using the Love West Sussex site or app you will be able to check on the progress of your report and any work being undertaken.

### How do I sign up?

You can sign up by creating an account at: <https://love.westsussex.gov.uk/account/create>

You may log an incident anonymously. However WSCC will be unable to come back to you if there is any additional information required to action your report.

# CHRISTMAS FESTIVAL NIGHT

This year's Christmas Festival Night will be held on Tuesday 3rd December. As usual, the High Street will be closed to traffic in the evening from 5.30pm until 9.30pm. The festivities will begin around 6pm and finish by 9pm, and Father Christmas is expected to arrive at the United Reformed Church at around 6pm.

We shall shortly be contacting people who have previously had stalls, so if you would like to reserve a space for a stall and you do not hear from us by the end of October, please contact David Parsons at the Parish Office – 01444 484115 or at clerks@lindfieldparishcouncil.gov.uk.

Stallholders will need to bring their own tables and chairs. We recommend bringing some battery operated lighting for your stalls.

The Parish Council does not hold a premises licence and, as such, alcohol must not be sold from stalls or on the public highway (includes footpaths). Alcoholic drinks being sold on the night will only be from premises according to the terms of their individual licences. If you have any queries on this, please contact the Licensing Team at Mid Sussex District Council - telephone 01444 477294.

# MOBILE CIVIC AMENITY COLLECTIONS

The refuse freighters will next be in the Tollgate car park on Sunday 17th November, between the hours of 10am and 12 noon, for the collection of household and garden waste. Please do not leave rubbish in the absence of the refuse freighter.

Dates of the remaining collections for the current financial year are as follows – Sundays:

12th January 2020 and 15th March 2020

Please note that a number of items cannot be disposed of through the Mobile Waste Collection: electrical items, tyres, rubble and hardcore (eg paving stones, gravel, concrete, bricks and tiles), items such as ceramic baths and shower trays, toilet pans and sinks, gas canisters and paint pots with any contents. These need to be taken to the Waste and Recycling Site and charges apply to certain items. There is a list of the chargeable items on [www.recycleforwestsussex.org/recycling-sites](http://www.recycleforwestsussex.org/recycling-sites)

## Parish Council meetings

OCT - DEC 2019

Thursday	3rd October	Environment and Amenities	8pm
Tuesday	8th October	Planning and Traffic (Plans only)	8pm
Tuesday	22nd October	Planning and Traffic (Plans only)	8pm
Thursday	7th November	Finance and General Purposes	8pm
Thursday	14th November	Full Council	8pm
Tuesday	19th November	Planning and Traffic (Full)	8pm
Thursday	28th November	Environment and Amenities	8pm
Thursday	12th December	Finance and General Purposes	8pm
Tuesday	17th December	Planning and Traffic (Plans only)	8pm

All meetings are held in the King Edward Hall, unless shown otherwise. Please check our website or the noticeboard in Denmans Lane for any additional meetings that may be called. All meetings are open to the public and there is a period set aside at the beginning of each meeting for public questions/comments, except at 'plans only' Planning and Traffic Committee meetings. At all meetings of the Planning and Traffic Committee, up to two people for and two against each planning application are allowed to speak, for a maximum of two minutes each, at the invitation of the Chairman.

# Pat's dream for mum/pup units

By Claire Cooper

Over the past four years, Lindfield's Pat Kaye has rescued hundreds of abandoned dogs and puppies from European shelters, bringing them to loving new homes in the UK through her charity Small Dog Rescue Sussex.



Pat is in regular contact with the shelters, and her work is both rewarding and heart breaking, as she can only rehome a small number of the dogs that are rounded up daily. However, during a recent visit to Romania, the plight of one tiny puppy has prompted Pat to launch a new fundraising campaign to run alongside her rescue work.

Pat is on a mission to raise £5,000 to build two special mum and puppy units at the private rescue shelters she works with. The units would provide safe, warm and hygienic spaces for the most vulnerable homeless dogs.

Pat explains why building these kennels would make such a difference to the work of the dog rescue volunteers.

"I travelled to Romania with other rescue volunteers earlier this summer visiting six public shelters and two private shelters," said Pat. "Between us we reserved more than a hundred dogs.

"For me it was a fact-finding mission and my heart broke over and over again seeing dogs, some with awful injuries, incarcerated in small, empty enclosures with no home comforts and often just a wooden pallet as a bed.

"But what hit me the hardest was the mums and pups in the public shelters and all the little puppies fending for themselves without safety from disease or comfort of any kind."

Pat added that some puppies would crawl through the wire between pens where they were at risk of being attacked by the resident dogs next door.

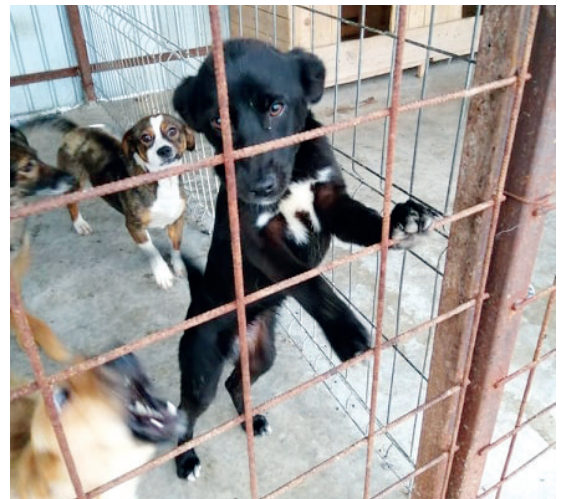
"One tiny pup, no more than two weeks old, alerted me to its fate with terrified screams as it was pounced on by the dogs next door," Pat recalled. "I grabbed it from them before it was harmed thankfully, and returned it, still screaming, to its mum."

The following day Pat and the volunteers rescued both mum and pup who are now safe.

"Both the private shelters we visited are bursting at the seams, and the selfless rescuers who run them devote their lives to caring for the rescued dogs," said Pat. "Their workload is unimaginable and their devotion is absolute. There is space to build more kennels at both shelters but, sadly, no money."

Pat returned home with a vision - to build specialist puppy units at each of the two private shelters.

"These units will be safe, warm, comfortable and easily cleaned, where mums and puppies can be segregated from other dogs and the risk of disease," she said. "They will have large pens for play and areas of enrichment to stimulate the puppies and keep them healthy emotionally, as well as physically, until they are old enough to travel to new homes in other parts of Europe including the UK."



Pat added that every small dog or pup taken out of public shelters and brought to the UK for adoption by Small Dog Rescue has the relevant vet checks, tests, vaccinations, microchip and passport. The charity also provides backup for all its rescue dogs.

"It really would be a dream come true to build these units," said Pat, who has set up a JustGiving crowdfunding page <https://bit.ly/2k0P3SQ>

Fundraising events are also being planned and kick off with 'Curryfest' at the King Edward Hall on Saturday 30th November. The evening includes a three course meal and entertainment from a variety of performers from Rokskool in Haywards Heath. Tickets, at £25 each, are available from the Small Dog Rescue Sussex Facebook page or by phoning Jane on 07875 484943.



# Losing the 'LINDFIELD LIFE'...

WEDNESDAY 9TH OCTOBER

7.45PM

ALL SAINTS LINDFIELD

FREE

Come and hear Justyn Rees Larcombe's captivating story. The man who had everything; wealth, a big house, flash cars and a beautiful family. He lost it all through an addiction to online gambling.

A relaxed evening with live music and refreshments.



## Never stop exploring...

Our Alpha Course includes three elements; a freshly cooked meal together, a 25 minute DVD based talk, followed by an opportunity to explore the topic and ask your questions. The course runs for 9 weeks on Tuesday evenings covering a range of topics about life and faith.

### Got questions about life and faith?

#### #TryAlpha

**Launch Night:** Losing the 'Lindfield Life' - with Justyn Rees Larcombe, Weds 9th October, 7.45pm, All Saints Church

**Course Starts:** Tues 15th October, 7.30pm, Tiger Lounge (RH16 2HS)

For more information and to book your FREE place, contact the Tiger Office (01444 482405).

**Find out more at:** [www.allsaintslindfield.org/ALPHA](http://www.allsaintslindfield.org/ALPHA)

Alpha

All Saints  
LINDFIELD

# Charity creates magical memories at Disneyland

Pop star Michelle Heaton joined 21 children from the charity Kangaroos in Disneyland Paris last month to enjoy their chosen 'Memory of a Lifetime'. The visit was part of local charity Kangaroos Silver Anniversary as it celebrates 25 years supporting children in Sussex.

Michelle Heaton and her family joined the Kangaroos group in Disneyland Paris where they started an unforgettable day meeting Mickey & Minnie Mouse in Walt Disney Studios, followed by practising their cooking skills, producing a Tutti Frutti dish, and harnessing their creativity by customising Mickey ears during two workshops.

Lindfield resident Paula Gee said: "Thank you so much to all the wonderful staff; I don't think you realise how absolutely invaluable you are! What an experience for all the children who went. Noah had a fantastic time and it surely is a memory of a lifetime."

The children, all members of Kangaroos, range in age from nine to 18. All of them have a learning disability and several of them have additional complex medical needs. The children were accompanied on the trip by a team of Kangaroos highly trained care staff. For many of the children it was their first trip outside the UK and their



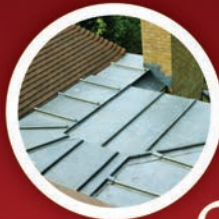
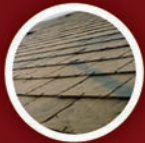
longest trip away from home without their parents or carers.

Kangaroos was established in 1994 to provide support and fun activities for young people with a learning disability, many of whom have very limited opportunities to enjoy a social life and make friends. The charity decided to celebrate its 25th Anniversary by enabling all of its 200+ members to go on a very special trip that they would remember for the rest of their lives.

"Over the years many of our young people have said they would like to go to Disneyland, but we never thought it would happen," said Jenni Herrett, the founder of Kangaroos who still works to raise funds for the charity. "The Disneyland team have been just wonderful, and so generous, in helping us realise this dream."

[www.kangaroos.org.uk](http://www.kangaroos.org.uk)

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**STEP BY STEP**  
A school for children with autism



## **ARDINGLY OCTOBER CHARITY FAIR FOR CHRISTMAS SHOPPING**

South of England Showground  
Ardingly, West Sussex RH17 6TL

**Tuesday  
15th OCTOBER 2019**

**9.30 – 15.30**

**OVER 50 STALLS**

**ENTRANCE £5  
ALL DAY CAFÉ**

[www.octobercharityfair.uk](http://www.octobercharityfair.uk)

Step by Step School for autistic children.

The Fundraising Committee is supporting Step by Step for autistic children in East Grinstead. The school was created in 2001 by a group of parents, to improve and advance the education and health of children diagnosed with autism, using a particular teaching method.

Registered Charity No: 1091258

### NEWS IN BRIEF

## Missing camera

By Alan Williams

It's getting on for a year now since I lost my Canon camera (model SX720), a black camera in a soft grey/black pouch.



I lost it between the north end of Lindfield and Wakehurst. How, I do not know! The police did not seem interested even in making a record of what was not a theft but just a loss; and it's only recently occurred to me that Lindfield Life would be the perfect medium in which to appeal for anyone who might have found it.

I am no longer interested in the camera, but there were two data cards, one in the camera itself, and one in the pouch pocket - and, even after this length of time, it would be nice to be reunited!

Fingers crossed I might get an email ([alanwilliams06@gmail.com](mailto:alanwilliams06@gmail.com)). Thank you.

## Congrats to Autumn Show ticket winner

Following the competition in Lindfield Life last month, reader Alison Hawkins bagged herself a pair of tickets to the event, which takes place at the South of England Showground on 5th and 6th October.



The Autumn Show and Game Fair includes attractions such as clay pigeon shooting, archery, pony rides, a mini steam train and a falconry display. Early bird discounts are available online before 4th October.

## 40 hour Swoove!

Swoove instructors and enthusiasts from around the county will be taking part in the 40 hour 'Swoovathon' – under the leadership of Lindfield resident Esther Featherstone, who had the idea after turning 40 this year. The event, which will raise funds for Swoove Aid, takes place in Scaynes Hill Millennium Centre on Friday 27th September – starting at 7pm, finishing at 2pm on Sunday 29th!

To enter and download a sponsorship form, go to: [www.swooveaid.com](http://www.swooveaid.com)

## Juliet gardening talk

As mentioned last month, Lindfield Horticultural Society will be hosting a special talk by Juliet Sargeant on 9th October. She will be speaking about how she designed her Gold Medal winning garden at the Chelsea Flower Show in 2016.



Tickets can be purchased on the door of King Edward Hall for £5 each. The event starts at 8pm.

# Simeon Wood

All Saints Lindfield RH16 2HS  
Saturday 12 October 7.30pm

Presented by Tiger Arts in partnership with the Haven Pregnancy Counselling Charity

"Very funny & hugely entertaining, a great night out"

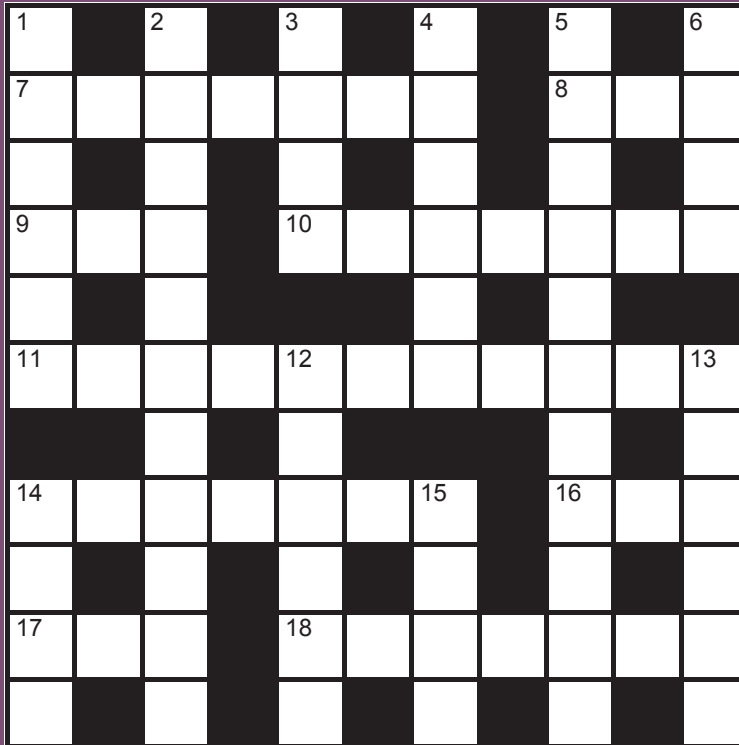
"Exceptional Multi-instrumentalist"

"A show filled with music and laughter"

Tickets £10 / £5 (children & students)  
All Saints Church Office  
01444 482405 or [simeonwoodlindfield.eventbrite.co.uk](http://simeonwoodlindfield.eventbrite.co.uk)

YouTube facebook [www.simeonwood.com](http://www.simeonwood.com) "Simply breathtaking"

# Family crossword



Got 20 mins spare?  
Have a go at this crossword - which should be varied enough for all ages to answer some clues.  
Answers listed on p.71

## Across

- 7 Letter (7)
- 8 Finish first (3)
- 9 Viper (3)
- 10 Adage (7)
- 11 Stylist (11)
- 14 Went in (7)
- 16 Curve (3)
- 17 Late in the day (poet.) (3)
- 18 Move down (7)

## Down

- 1 Make over (6)
- 2 E.g. the Mona Lisa (3,8)
- 3 Pace (4)
- 4 Far distant (6)
- 5 Lottery (11)
- 6 Rebuff (4)
- 12 Mock (6)
- 13 Withdraw (6)
- 14 Peepers (4)
- 15 Prescribed amount (4)



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www.scissorsistersinteriors.co.uk

# Sudoku #39

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

Find the solution to #39 in next month's magazine

				7	6		2	
				8	2			
	1							8
		9					5	
	4			9				3
			4					6
7			9	2		1		
1		3					8	
		8				2		4

## #38 Solution

6	7	3	8	4	5	2	1	9
8	9	2	1	6	3	7	4	5
5	4	1	2	9	7	6	3	8
2	8	7	3	1	6	5	9	4
4	1	6	9	5	2	3	8	7
9	3	5	7	8	4	1	6	2
7	5	4	6	3	8	9	2	1
1	6	8	5	2	9	4	7	3
3	2	9	4	7	1	8	5	6



# Adur Concert Band

**7.00 pm, Sunday 6 October 2019**  
**King Edward Hall, Lindfield**



## 6th Annual Prom Concert

**Tickets £10 (under 16s £5) from Tufnells Home, 59 High Street**  
**or: St Peter & St James shop, Lewes Road, Lindfield**  
**Tel. 01444 235311 or 07711 422433 (also on the door)**



[www.adurconcertband.org.uk](http://www.adurconcertband.org.uk)



St Peter & St James, Registered Charity No. 1056114

● Licensed bar

● Raffle

# What's on this month

## AT KING EDWARD HALL

### October

- 2nd **Macmillan Coffee Morning** – 10am-12noon  
Organised by MID SUSSEX OLDER PEOPLE'S COUNCIL (Val Upton 01444 482866)
- 6th **Last Night of the Proms** – 7pm  
Concert by Adur Concert Band raising money for St Peter & St James Hospice (Tickets £10/£5 from Tufnells Home or St Peter & St James Hospice Shop (Jo Stevens 07711 422433))
- 9th **Lindfield Preservation Society** – 2.30pm  
Illustrated talk by Matthew Homewood on 'A sporting history of Sussex, from the amazing to the bizarre' (All welcome, entry free)
- 9th **Lindfield Horticultural Society** – 8pm  
A talk by Juliet Sargeant, Chelsea Flower Show Gold winner, sharing her experience of garden designing. All welcome (£5 entry, £2.50 members)
- 10th **Lindfield Evening WI** – 7.30pm  
'The Truth Within Fiction' - Writing authentic crime novels (New members welcome: secretaryLEWI@gmail.com)
- 12th **Coffee Morning** – 10am  
Lindfield Horticultural Society's Coffee Morning and Plant Sale (£1 entry)
- 12th **Quiz Night** – 7pm  
Lindfield British Legion Quiz with a fish and chip supper, bring your own drinks (Tickets £13, Gordon 01444 482866)
- 18th- **Ace Theatre Company** – 7.30pm  
19th Performing 'Bothered and Bewildered' by Gail Young. Performances: 18th - 7.30pm, 19th - 3pm and 7.30pm (Tickets £11/£9 [www.tickettailor.com/events/acetheatre](http://www.tickettailor.com/events/acetheatre))
- 22nd **Lindfield Flower Club** – 2.30pm  
Demonstrator Joyce Pannell will give a demonstration entitled 'FLOWERS, FUN, FRIENDSHIP'
- 24th **Downton Abbey (PG)** – 7.30pm  
Film Show evening (Tickets £6 from Tufnells)
- 31st- **Lindfield Dramatic Club**  
2nd Performing 'Ten Times Table' by Alan Ayckbourn (Tickets £10 from Tufnells Home or [www.tickettailor.com/events/lindfielddramaticclub](http://www.tickettailor.com/events/lindfielddramaticclub))

Please refer to the King Edward Hall notice board for additional information regarding the above events. If you would like to hire the King Edward Hall please contact the Honorary Booking Secretary for further information on telephone number 01444 483266 or by e-mail on [bookings@kingedwardhall.org.uk](mailto:bookings@kingedwardhall.org.uk)

## AND ELSEWHERE

### October

- 1st **Mid Sussex NHS Retirement F'ship** – 10.15am  
Franklands Village Hall - 'Pills, Potions & Patience' by Peter Hill
- 3rd- **Cuckfield Book Festival**  
6th Various locations throughout Cuckfield
- 5th- **SEAS Autumn Show**  
6th South of England Showground  
([www.seas.org.uk/autumn-show/](http://www.seas.org.uk/autumn-show/))
- 9th **Mid Sussex Franco-British Society** – 8-10pm  
Clair Hall - An illustrated talk in French by Michael Smewing, CEO, Port Manager  
Newhaven Port & Properties (Barbara Stevens 01444 452385)
- 10th **Haywards Heath Ceramics Group** – 10am  
Clair Hall - Philip Mernick will give a talk on 'London Saltglazed Stoneware, mostly brown' (Free entry on first visit, otherwise £8. Call 01444 483372)
- 10th **Mid Sussex Association National Trust** – 2.30pm  
Clair Hall - TALK: 'A Summer Stroll along an English Country Lane' by Ray Hale
- 12th **Jumble Sale - 10.30am-12noon**  
The Village Hall, London Lane, Cuckfield - Fundraiser for Cuckfield Pre-School Playgroup. Jumble can be delivered on the morning 8.30-9.30am. (For further information please ring 01444 451089)
- 16th **Sussex Mineral and Fossil Show** – 10am-4.30pm  
Clair Hall - Stunning displays of minerals and fossils, ultraviolet minerals room. Activities for children and illustrated talks (tickets £3/£1)
- 16th **The Arts Society Mid Sussex** – 10am  
Clair Hall - Lecture: 'The History of the Harp' by Sarah Deere-Jones (Non members welcome £7 on the door)
- 19th **Violin Concert** – 7.30pm. St Wilfrid's Church, Haywards Heath - Alexandra Lomeiko (violin with piano accompanist). A laureate of numerous international competitions including the Kenneth Loveland Gift Award. Tonight she will perform works by Bach, Szymanowski and Ravel (Tickets £15/£5 [HMHStickets@outlook.com](mailto:HMHStickets@outlook.com) or [www.haywardsheathmusicsociety.org.uk](http://www.haywardsheathmusicsociety.org.uk))
- 21st **Friends of the South Downs Stroll** – 10am  
Start at The Ardingly Inn - This 6.5mile route around Ardingly Reservoir, the College and Showground

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