

Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

March 2019 Issue #122

Free

Changes over time at All Saints

page 40

Rural Parish Council newsletter

page 54

Village People: Meet Sue

page 32

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EDITORIAL

By David Tingley, Editor

You know that we at Lindfield Life are all about people, and so it's great that in this issue we are able to tell the stories of two folk from the village.



The late **Kath Rusby** had been a member of the Lindfield community for her whole life until she sadly passed away in December. We are delighted that Kath's family have agreed to share her story with us – you can read about the lady on **page 52**.

While, on **page 32**, we focus on **Sue Ebrahim** who can testify to having experienced the warm welcome of Lindfield when she moved here over 30 years ago. Now she's giving something back.

For those of you who were scratching your heads over the **recycling competition** we ran back in January – **Colin McFarlin**, as always, has the answers. See **page 58**.

Lindfield Rural Parish Council has its quarterly newsletter printed on **page 54**, **Cavan Wood** and his daughter **Martha** enlighten us with book reviews on **pages 48/49** and **Ayesha Gilani** is probing residents on their musical desires on **page 46**.

You may be forgiven for thinking there is a rather 'church-heavy' theme to this issue. The truth is we wanted to show off the **refurbishment work** which has recently been completed at All Saints (**page 10**), but it also seemed a perfect time to publish research by **Richard Bryant**, and the **Lindfield History Project Group**, on the many changes to the church over the 800 or so years of **All Saints (page 40)**.

There are a couple of requests on our pages this month: **Andy Howden** is trying to start a ukulele band (**page 23**), **Mary Mitchell-Gogay** is asking for information on the Huddart family (**page 25**) and the **local NCT group** needs volunteers – see **page 15**.

Grab a coffee, enjoy the read!

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Published by Kipper



 Ashley Fabian
Lindfield Pond from above

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Reliving the 60s at KEH

Following a successful production of *Lilies on the Land* last year, members of ACE Theatre Company return to the King Edward Hall this month with a new play by award-winning local playwright Margaret Graham.

Set in the 1960s, *Mini Skirts and Revelations* centres around a family of three generations living together under one roof and running a guest house. It reflects the changing attitudes of the period in fashion, expectations and morality; how the different generations adapt to those changes and how their relationships are affected.

Penny is the teenage daughter with ever-shortening hemlines; her brother Mick loves his motorbike and leathers; Mother misses her travelling salesman husband; while Grandma is a demon in the kitchen but hides a long held secret.

Local resident Stephen Gray, a member of ACE for 14 years who has appeared in every production since 2005, plays Mr Parker, an over-enthusiastic Health Inspector. Other cast members come from all around Sussex.

Interspersed with music from the era (Elvis, The Beatles, Rolling Stones etc), the audience witnesses the family's amusing idiosyncrasies, their fortitude



when coping with unexpected events and how gradually Grandma's secret is unravelled against the backdrop of the younger generation's own daily dramas and concerns.

Mini Skirts and Revelations will be performed at the King Edward Hall on Friday 29th March at 7.30pm and Saturday 30th March at 3pm and 7.30pm.

Tickets £10 (concessions £8) are available from www.tickettailor.com/events/acetheatre or Chrissie White on 01342 893010 or email chrissiewhite@btconnect.com.

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Winter Ball raises over £7k

The third annual charity Winter Ball hosted by Swoove founder Esther Featherstone raised a whopping £7,200 for St Peter & St James Hospice.



"The evening was a huge success attracting 98 people who all had an absolute blast," said Esther.

"The dance floor was never empty which was thanks to the local band Wildhoney."

The ball, held at the Scaynes Hill Millennium Centre, has been an annual event since 2016 and every year it has become more popular. This year's event included a raffle, supported by local businesses, with a top prize of a champagne balloon ride at sunset.

The amount raised is enough to pay for a whole day's care at the hospice in Chailey.

"The hospice is such a wonderful place which we are lucky to have in our community, so to be able to pay for all the services and care for a whole day is just brilliant," added Esther. "I am so grateful for the support of everyone who came and am already selling tickets for this year's event!"



The amount raised has taken Swoove Aid's total to £57,300 raised since launching in 2015.

To find out more and to book tickets for this year's event, on Saturday 7th December 2019, email Esther on info@swoovefitness.com.



Fancy doing some fun art at the weekend? Sign up for one of the Studio's new Saturday afternoon workshop specials, either for you, your mum, friends or man in your life!

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Gary celebrates firm's success

A Lindfield businessman is delighted to see his company listed in the Financial Times Top 200 UK Consultancies for the second year running.

Gary Storer, who founded the Haywards Heath based consultancy Enterprise Learning, described winning the recognition as 'a massive honour'.



"We couldn't have done it without great people and, of course, great clients who use us over and over again and who obviously gave us a great vote of confidence when contacted by the FT's researchers," Gary said. "Despite the problems in the economy at the moment, it shows how delivering great service wins the trust of our clients who continue to use us."

Founded in 2002, Enterprise Learning has a network of 400 people working on projects with banks, insurers, investment firms, pharmaceuticals, energy and telecoms. Clients include British Gas, Lloyds Bank, Prudential and many more.

"Our purpose is to help all our clients treat their customers fairly – that's good for them, as well as for the people who use them," added Gary.

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Had enough of being Overweight?

If you are looking for a sustainable way to lose and maintain your weight, which doesn't involve faddy diets, meal replacements or slimming clubs, then read on!

Having had a weight problem for 35 years, Rachel was desperate to find a way of being able to lose weight once and for all. 'I had just about resigned myself to the fact that I would be overweight for the rest of my life, when I came across the principles of the Metabolic Weight Loss Programme. I followed these and to my amazement, I lost 3 stone in just over 3 months and then went on to successfully maintain my weight.'

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Rachel Ricketts, Weight Loss Consultant

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NEWS IN BRIEF LINDFIELD ARTS FESTIVAL

By Ayesha Gilani

Keep calm and curry on

Join us on Monday 29th April for a flavoursome evening of fundraising fun in aid of Lindfield Arts Festival. Tamasha, Lindfield is hosting the event with a mouth-watering buffet menu and Bollywood entertainment for £20 per head. Tickets are available via our LAF website www.2019.lindfieldartsfestival.com. Click on 'Fundraising Events' for the link. This event looks set to be popular so grab those tickets raita – way!

Calling all performers

We want to hear from all local talent – bands, singers, dancers, artists, poets, comedians, contortionists and everything in between! Application forms are available via our website www.2019.lindfieldartsfestival.com. We're particularly keen to receive applications from people who have a skill they'd like to share. LAF project manager Hilary Knight said: "Sharing skills and knowledge with the wider community is an important part of our Festival ethos. In previous years Festival-goers have enjoyed learning the didgeridoo, experimenting with creative art, learning to sing like an opera diva and much more. If you can run a skills workshop to inspire others then we'd love to hear from you."

Shop & drop FREE funds for LAF

Help raise money for Lindfield Arts Festival every time you shop online. We've teamed up with [easyfundraising](http://easyfundraising.org.uk) - a charity support initiative - which turns your online shopping into free donations for your favourite cause. How? Head to www.easyfundraising.org.uk. They have more than 3,000 big name retailers on board, including John Lewis, Sainsbury's, Next and M&S. Pick the one you want to visit and start shopping. The retailer will make a small donation to your selected good cause as a 'thank you' and it won't cost you a penny extra. Easy!



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Oathall's Grand Piano needs a new home

By Jo Godbolt

Sadly, for a number of reasons, we can no longer accommodate the Grand Piano that we have in the hall at Oathall. We would therefore like to offer it to anyone in the community - free of charge - before we dispose of it. If you are interested in having the Grand Piano please contact Dave Clark on 01444 883233.





All Saints opens (new) doors!

Photo: Sereniti Photography

Last month All Saints Church reached an important milestone in its long history when, after nearly nine months of building work, the church reopened for Sunday worship. A special week of events and activities celebrated the completion of the project which has meant that Sunday services have been held at Lindfield Primary Academy since April last year.

The project, called ASPIRE, was launched in March 2013 and was comprised of three phases. The first was the retiling of the church spire and other essential work on the windows and stonework. The second was the remodelling of internal space to create a new accessible toilet, a clergy vestry and a multi-use room. And the third, which involved closing the church, has resulted in a new limestone tiled floor with underfloor heating, replacement of pews with chairs, a new central dais for leading worship, new audio visual facilities, improved lighting and full redecoration.

Chairman of the ASPIRE Steering Group Roy Ransley explained: "A key objective of ASPIRE was to ensure that the church building was able to provide a warmer, more welcoming and more flexible environment for its users and worshippers. It was, of course, important that the special historical past of the building was honoured, and, as part of the extensive consultation, a number of statutory bodies such as Historic England, the Victorian Society and the Society for the Preservation of Ancient Buildings were involved in the necessary formal approval process to proceed with the work."

Although All Saints is now open, some minor work is needed in the West Tower to complete the project and this will be done in conjunction with the installation of new bells which will take place in the next few months.

Canon James Clarke, vicar of Lindfield, commented: "Completion of ASPIRE is due to the support of many people in the church and the local community who have given so generously with their valued time and money to enable the project to proceed and for this we give heartfelt thanks. We now have a parish church that can be used practically on days other than Sunday, as many people saw in the 'Come & See' week early last month. If you didn't manage to make it to one of the events, you are very welcome to call in on any weekday to see what has been done, and to come to one of the Sunday services."

www.allsaintslindfield.org

Photo: Joe Wayte



Photo: John Hillyard



Photo: Emily Billson



Photo: Sereniti Photography



Photo: Marbyn Taylor



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World Day of Prayer

By Victoria Hersey

Please join us as part of the World Day of Prayer on Friday 1st March at 10am at All Saints Church.

The service this year has been put together by women of Slovenia and is delivered by the three churches in Lindfield. This an opportunity to gain insight to this country, and be united in prayer and praise with women around the world.

Interior Design Charity Fundraiser Workshop – BOOK NOW



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When and where?

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How to book?

Tickets (to include materials and refreshments) are £100 and can be booked via Jacqui Smith at jacqui@homesmiths.co.uk

ALL PROCEEDS will go directly to the Romans 1:11 charity to facilitate the building of a dining hall for the children at the Ssanje Modern School in Kibaale, Uganda.

For more information visit the Romans 1:11 website at www.romans111.org.uk.

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Parents' support group requires more volunteers

Nationally the NCT's mission is to support parents throughout the first 1,000 days to have the best possible experience of pregnancy, birth and early parenthood. The NCT aims to achieve this through sharing knowledge, creating networks and harnessing voices to change policy and attitudes.

This work is achieved through a national network of NCT branches, and the local friendly NCT branch covers Lindfield and Haywards Heath and all the surrounding villages in BN45, BN6, RH15, RH16 and RH17.

The branch, which is run entirely by volunteers, runs a weekly baby and toddler group, biannual nearly new sales (the next is on 24th March at Burgess Hill Girls), and other events to support and connect all local parents, not just NCT members.

The branch members feel that one of the best ways to support parents is to provide a friendly face and are always looking to run more events, but can only do this with more volunteers. Presently, they are looking for a newsletter editor, advertising co-ordinator, first aid course co-ordinator and events organisers. Suggestions from volunteers for other ways to support parents in the local area and welcome.

Volunteering is a great way to learn new skills, give back to your local community and keep your CV up to date. NCT volunteering opportunities are



flexible, only require a couple of hours per week commitment which can generally be completed at your convenience, and, best of all, offer the chance to be part of a dedicated group of volunteers working to grow and develop the branch.

If you think you could help search Facebook for NCT Mid Sussex, or email: coordinator.midsussex@nct.org.uk.



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Brett's painting makes it to The Mall

Lindfield artist Brett Hudson is on cloud nine after his painting of the London Skyline was selected for a national exhibition.

Brett's watercolour is among 100 exhibits chosen for the event at The Mall Galleries near Trafalgar Square. The paintings were all entries in the Lynn Stainer Painter prize – the first large art competition Brett has ever entered.

"I initially sent a digital copy of the painting for the first round," said Brett. "Then, in January, I dropped the framed painting to be judged in person at the Mall Gallery in London when 200 pictures were reduced to the final 100 for the exhibition."

Brett is delighted with his success, particularly as painting landscapes from photos is a new venture for him.

"Last year I started painting realistic pictures based on photos I had taken as I felt they might be a good fit for a London Gallery or competition," he said.

"The London Skyline painting is from a photo a friend took at his office near Tower Bridge. As soon as I saw it I knew I wanted to paint it - although I hadn't appreciated the number of windows involved!

"People have now started sending me pictures from their commute or place of work which is great to



get their perspective on London."

The success has inspired Brett to enter more competitions. "I have now got the bug and have also entered The New English Art Club competition and The Royal Academy summer exhibition both of which provide an opportunity to hang your work alongside some well-respected artists," he said.

The exhibition runs from 5th-17th March at The Mall Galleries, The Mall, London.

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Ensemble Reza to raise funds for school project

All are invited to support Ensemble Reza's bid to raise £2.5k towards a project for students with neurological impairments at Ingfield Manor School in Billingshurst. The fundraising concert is on Sunday 3rd March at 3pm at Lindfield United Reformed Church.

Registered charity Ensemble Reza is teaming up with the UK's leading music technology expert, Jason Rowland, and the largest community arts charity in the South East, SameSky, to create a unique multi-sensory music project based on Saint-Saëns's magical work, Carnival of the Animals.

Many students at Ingfield Manor have a range of abilities and associated learning difficulties arising from cerebral palsy, including limited mobility, speech, hearing and visual impairments. We have created an exciting programme, which will include workshops for staff and students and concerts performed by Ensemble Reza musicians.

Liz, a teacher at Ingfield Manor, said: "It's a real honor to see such amazing musicianship, and that is something we cannot provide... it's opening up a world that they might not otherwise experience."

"Please help us to raise the final funds required for this project," Hannah Carter, Managing Director, explained, "and join us for an afternoon of beautiful cello music performed by international soloists Pavlos Carvalho and Andrew Quartermain, featuring Brahms's Cello Sonata in E Minor and Shostakovich's Cello Sonata."

Founded in 2013 by close friends based in Sussex, Ensemble Reza (a registered charity) has earned the reputation for high quality, relaxed and friendly events.

"We are grateful to our funders the Knighton Fund and DeWinton Fund at Sussex Community Foundation, as well as Ensemble Reza Friends, Friends of Ingfield Manor School, Christ's Hospital School and Savills."

Tickets cost £10 for adults and £5 for under 18s, and are available online from www.ensemblereza.com/box-office, Carousel Music and SWALK in Lindfield.

If you are unable to attend the concert, please consider making a donation by visiting our website: www.ensemblereza.com/ingfield-manor-project

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Wakehurst opens Winter Garden

Around 100 volunteers, staff and supporters of nearby Wakehurst Place braved the biting cold weather last month to celebrate the opening of the new Winter Garden.

Designed as the perfect place to lift the spirits on a cold winter's day, the garden was officially opened by Nick Bailey, horticulturist, garden writer and presenter on BBC Gardeners' World.

Nick spoke about the importance of innovative garden design in attracting new audiences and planted a Hamamelis x intermedia 'Pallida'.

Director of Wakehurst Tony Sweeney introduced Ed Ikin, Head of Landscapes, who also made a short speech.

The Winter Garden was designed by Wakehurst Garden Supervisor Francis Annette, after training at Andrew Wilson's London College of Garden Design. It weaves 33,000 plants into a bold contemporary composition with mature Himalayan silver birch trees the centre of attention. Planting them was a careful logistical operation, securing the 10ft high trees firmly into the ground with specially designed anchors. The dramatic pure white trunks contrast with the coppery gleam of the Tibetan Cherry.

Wakehurst has always been a trailblazer for winter gardens – creating one of the first in the UK in 1986.

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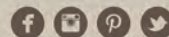
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Join the 'uke' band

A Lindfield musician is hoping to drum up support for a new ukulele band.

Drummer Andy Howden has spent many years supporting local bands but changed direction two years ago after picking up a ukelele and becoming hooked!

"I love the fact you can really play any song you can think of and make it sound pretty good," he said. "But there are limitations with a single instrument, and I know with a few more players and some clever arrangements we could breathe some fire into a few old classic songs."

Andy is keen to hear from fellow ukelele players keen to form a new band and play live music.

"I've met some lovely people since moving to the village but none of them play the uke, hence asking Lindfield Life to come to the rescue," he said.

"I love playing dad-rock and punk classics from the seventies and eighties, so this the area we will focus on. I miss playing live and relish the chance to carry something as light as a ukulele to a gig rather than a drum kit!"

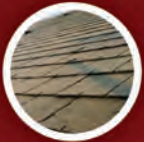
Andy hopes that the band will soon be playing at local venues and events. "I'm looking for like-minded people who have played a uke before (though don't have to be brilliant) and can also sing a little. Enthusiasm is prized over proficiency!"

He added that he's also keen to hear from musicians playing other complementary instruments.

Andy can be contacted on: 07919 597148.



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Dirty hands at the farm

GREAT FARMSTEAD

By Farmer Dutton

My name is Farmer Dutton and I run Great Farmstead, the wonderful farm at Great Walstead School. I have trained as Permaculture Designer and Market Gardener and I work closely with our pupils. The farm at Great Walstead is situated within a Victorian walled garden and is home to all creatures, great and small.

We have two fabulous pigs to turn over the soil, goats for clearing, chickens for eggs and some very cheeky sheep. Our children and the community are at the heart of what we do, encouraging everyone to join me outside. Getting their hands dirty is key to our school of mud and love.

Marvellous Marigolds

We have been very busy sowing seeds in our polytunnel in preparation for the next season of our market garden harvest. Our top plant this week is the vibrant, marvellous marigold. These happy chaps are known to ward off all types of garden pests, such as nematodes, slugs and tomato hornworm as well as many other beetles and bugs who generally like to make a nuisance of themselves! Growing marigolds from seed is simple and inexpensive. They are relatively hardy and ideal for little hands to plant. Perfect for starting on your windowsill then moving outside into your beds or pots once the weather warms up.



No Dig-idgy

We run a 'no dig' system at our farm and try to feed our soil as much as possible ready for the spring season. Begin by covering the areas you are going to plant with some cardboard or newspaper to keep in the heat. This will help to protect the delicate seeds, providing them with a cosy bed when you come to sow them in the coming weeks.

Mega Maggots

Our children have thoroughly enjoyed taking part in The RSPB's Big Garden Birdwatch recently. A favourite activity with the younger children has been making Mega Maggots for our feathered friends to feast on during the cold snap.

Mega Maggots are easy to make at home with your children. All you need is: 80g plain flour, 30g lard and mild grated cheese. Pop all your ingredients in a bowl, get those little hands involved and mash it all together. Then roll little 'maggots' between your finger and thumb. Delicious! Pop them on your bird table and have your binoculars at the ready to see who is enjoying your feast. Recipe from the website: www.woodlandtrust.org or for more information the RSPB website has lots of bird watching tips!

Happy gardening!



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Looking for Huddarts

By Mary Mitchell-Gogay

Does anyone know the Huddart family or have information about them? I am hoping to find a relative of Lt. John Symons Huddart RN, Commander of the submarine HMS Triumph which was lost in the Mediterranean in January 1942, whose memorial is in All Saints church. Many relatives of Triumph's crew are in touch with one another already, and we would love to find more people. We hope to locate the boat as accurately as possible, and in any case in a couple of years' time to hold a funeral in the vicinity for our lost relatives.

If you can help at all, please get in touch with me via email: mary.t.mitchellgogay@gmail.com.

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Ode to Lindfield

Spanish group Boca Bonita recorded a music video for a song specifically written about Lindfield. Luis Poulter and Marina Tornero spent time in the village over Christmas last year and put together the video to accompany the song.

"It is very much written from the heart," Luis commented. "I took Marina to Lindfield back in 2015 and she's been in love with the place ever since!"

While Marina sang the lyrics, Luis played keyboard and they were joined by their friend Peter for the song, which is a tribute to 'Lindfield'.

It's available to view and listen to at: https://youtu.be/4dZXF_8bWng

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Lindfield's gateway to the Alps

OPEN FOR BUSINESS



When Henrietta Bennett began her business in the French Alps she didn't imagine that it would become such a local affair. Having built up a business running ski chalets in Vaujany (Alpe d'Huez ski region) and spending much of the summer there, she began to realise that this part of France had a lot to offer outside of the ski season too. Not only is it one of the most iconic cycling areas in the world, with the Tour de France passing through most years, but the serenity and beauty of the mountains provide the perfect backdrop for rebalancing the mind and body and getting away from it all.



With this in mind Henrietta formed Alpine Escapades, as a summer alternative to Vaujany Ski Chalets, and began looking for experts in order to offer wellness retreats and cycling training camps. Having been brought up near Ardingly, and living in Lindfield for the last 20 years, she decided to focus on local talent. Through a series of conversations, she began to realise that this was definitely the right thing to do. As she says: "A chance conversation in the Stand Up led to me meeting Kristell, who helps people buy properties in the Alps. A chat with my neighbour led me to meeting Sally (nutritionist) and Nicola (mindfulness practitioner), and Nicola then introduced me to Michael who already runs cycling training camps – with all these amazing people in a five mile radius it goes to show what a strong local network there is".

Henrietta is now running, with Sally and Nicola, 5-night retreats in the Alps to help people discover the foundations to good health and well-being through what they eat and drink, and mindfulness. As Nicola says: "This isn't about doing something which you won't, or can't, sustain when you get home. We combine masterclasses (and optional one-to-ones) with sessions to learn

relaxation, mind and mood management techniques. We help people to make a plan which will not only have a positive impact but is doable in their daily lives."

Following hot on the heels of the retreats came the cycling training camps, combining a series of guided routes and training sessions to help improve cycling performance, confidence and endurance. "We offer individual support," says Michael, "from bike adjustment and set-up to pacing and endurance, and making the most of your nutrition to sustain you during a long ride. So, if you've ever wanted to cycle routes like the 21 hairpins up to Alpe d'Huez or the Col de la Croix de Fer with a group of like-minded people and full support look no further!"



The advantage of these local connections? Once you are back in the UK you are only a stone's throw (or cycle ride) from your expert. Whether you want to book a ski trip, join a retreat or cycling camp, or even buy a second home in the Alps, you can do it all from Lindfield!

To find out more about any of the activities or people mentioned in this article, please contact Henrietta on 07713 016423 or visit www.alpineescapades.com or www.vaujanykichalets.com

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This Move Revolution client, Dave, from Lindfield tells his own story of why he rates the estate agents excellent service...

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"After what felt like an age and with no real positive results, we were on the brink of changing agents to another well known high street name, but we were conflicted with our decision as to whether or not it would make a difference! On the very same day that we had our meeting with this agent, as it turned out luck would have it and we met Joey from Move Revolution

"He was friendly, not pushy at all, professional and very clued up about the local area and similar properties. One of the main things I remember was the quality of the photos that Joey showed us of some of their other properties. It's one of those things where you don't really realise what you're missing out on until you see it. We thought our existing photos were okay but the quality of the professional photos Move Revolution take are on another level!!! I don't think you can underestimate the importance of good quality photos these days as we tend to swipe through hundreds of pictures until we find something that stands out from the rest.

"Armed with our shiny new pics, we relaunched the sale of our property with Move Revolution and the results said it all. More viewings, more momentum, more feedback and ultimately an offer at our full asking price in a very short time! The team at Move Revolution are friendly, professional, enthusiastic and always on hand to have a catch up. They really make you feel like it's their sole focus to sell your house and the experience was a pleasure. I would wholeheartedly recommend Move Revolution to anyone. Thank you Joey and the team!"



If you would like to chat to Joey, Liam or Mathew in our Lindfield & Haywards Heath Move Revolution office, just call 01444 657 657.





Sue Ebrahim

VILLAGE PEOPLE

By Claire Cooper

Artist Sue Ebrahim has never forgotten the warm welcome she received when she moved to Lindfield 31 years ago.

"I felt at home as soon as I arrived," said Sue. "People were so open and friendly and I quickly made new friends."

Sue has been very thankful for these friends from the churches and wider community who have supported her through many ups and downs of life.

And now Sue is enjoying giving something back to the village - taking her art into the community, running classes and encouraging older residents to explore their artistic talents.

"You're never too old to enjoy drawing and painting," said Sue, whose talent for art was spotted when she was just five years old.

"My mother told me that one of my earliest reports said I was quite good at English and maths but very good at drawing."

Born in Harrow, North London, Sue attended North London Collegiate School near Edgware. "It was a very academic school, but had a lovely art block and some excellent teachers who had worked as professional artists which really brought something extra to the school," said Sue. "I firmly believe that the best art teachers are those who have worked professionally."

After A levels Sue attended St Martins School of Art. "That was where everything turned upside down for me!" Sue recalled. "I was told to forget everything I had learnt about art at school."

"For our first project we were told to take a chair to Soho and sit on it for half an hour before returning to

create a sculpture inspired by what we had seen."

Sue successfully completed her foundation course and was offered a place at Brighton Polytechnic to study for a degree in graphic design.

"It was a brilliant course where you didn't have to specialise too early," said Sue. "I learnt all the different elements of art from typography and printmaking to illustration and photography."

Her tutors included artist Raymond Briggs, author and illustrator of the world famous Snowman books. "He was one of several professional artists on the staff," said Sue.

Living in Brighton was a life-changing experience for Sue. "I think my parents were worried that I might go off the rails in Brighton, but it's where I became a Christian," she said.

"My faith became absolutely pivotal in my life and changed everything for me," she added. "Suddenly it wasn't about how successful I was going to be or how much money I was going to make in the future but about what does Jesus want me to do?"

After leaving University Sue landed a job working for Thames and Hudson, prestigious publishers of illustrated art books. "I worked as a book designer, progressing to senior designing before leaving to become a mum," said Sue, who met and married her husband Vaughan when she was just 21.

Sue continued working as a freelance designer while bringing up her son Luke.

Following the birth of daughter Hannah, the family decided to move from their home in Stoke Newington to live in the country. "My husband had been made redundant and was keen to make a fresh start elsewhere but I was reluctant to leave Stoke Newington as I was

happy there," said Sue.

"We found a house in By Sunte, but I didn't know anything about Lindfield and worried whether we would settle."

Fortunately a friend of Sue's had a friend in the village. "She phoned me out of the blue and was happy to answer all my questions and give me information about the churches which was so important."

Sue discovered All Saints Church and went along to Coffee Plus. "Everyone was so lovely and I knew straight away that I could settle here," she said.

But days after the family moved in, disaster struck when there was a flood. "One of the things we loved about the house was the garden with its old oak trees and a lovely stream," said Sue. "But heavy rain caused the stream to overflow into the garage destroying all my artwork."

Sue spent several years as a full-time mum but when her husband lost his job, and the house was flooded for a second time, the family found themselves effectively homeless.

"We had to sell the house, which was difficult after the flood, so when we got a cash buyer we jumped at the chance to sell," said Sue. "We had nowhere to go, but fortunately our Christian friends in Lindfield stepped in, helping us to rent a house in Hickmans Lane."

Sue also began searching for a local job. "I needed to find a way to help with the family finances but still be around for the children," said Sue.

"A friend who had seen my watercolours suggested that I hold an exhibition and offered me premises above what is now Tufnells home shop." The exhibition was a success, with Sue selling several watercolours and gaining a few commissions.

Her work also caught the eye of an interior designer who was working on a refurbishment of the Copthorne Hotel at Gatwick. "He commissioned me to produce a series of prints for the hotel rooms."

She also began teaching art at Compton House and Little Compton. "At that time the Lindfield churches had taken over the running of the care home and the matron was introducing new activities," said Sue. "I started running weekly art classes in 1994 and I'm still there now!"

Encouraged by the success of the Compton House class, Sue began to contact other residential Homes in the village and went on to run classes at Summerlands, Crossways and Walstead Place, plus three other homes in Haywards Heath.

"I absolutely love it," said Sue. "People may be frail but can still enjoy painting. It's therapeutic and encourages them to look outwards. They take extreme pride in what they produce which is often displayed on the walls or made into greetings cards to give to relatives."

Sue also began teaching art at Age UK, for Adult Education (now Aspire) and completed a City and Guilds training for this. "I did this for over 20 years adding classes at King Edward Hall on a Thursday morning and

three more at Oathall Community College," said Sue.

Sue now runs classes privately at Cuckfield Baptist Church where she is a member. "I joined the church after my children began attending the youth club," said Sue.

"I have made some wonderful friends who supported me after my marriage broke up and helped

me to move into my current house," said Sue. "I can honestly say that I'm now happier than I've ever been."

Last year brought more happiness into Sue's life with the arrival of two grandchildren. Son Luke, who is married to Lorna and lives in Abu Dhabi, has a son, Eli, while daughter Hannah lives in Reading with husband Nic and daughter Jessica.

Sue's work is still in demand and recent commissions have included chickens and several houses, including some in Lindfield High Street. "One customer wanted me to fill the garden with flowers from the four seasons," said Sue, who has also produced a series of cards featuring flowers and shells.

But her personal favourites are sheep. "I love painting sheep as they have special significance for me," said Sue. "Psalm 23, The Lord is My Shepherd, has always played such an important part in my life, helping me through difficult times. He continues to be my inspiration."



Halt a probate application

LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

Question: I am a beneficiary under a Will and I am concerned about the Will's validity. What can I do to stop the deceased's estate being administered?

Answer: If a family member or a beneficiary has concerns regarding the validity of a deceased's Will, it may be appropriate for a 'caveat' to be entered at the Probate Registry on their behalf. The caveat is a notice that prevents anyone being able to obtain a grant of probate of the deceased's estate, which, in turn, means that the estate cannot be administered while the caveat is in place. A caveat remains in force for a period of six months. This gives the concerned party time to investigate the issue and discuss it with the executors whilst protecting their position to bring a claim against the estate if they have grounds to. If it is necessary, a caveat can also be renewed every six months to prolong the period of protection.

To register the caveat, you must complete a form and send it to the local Probate Registry. This must include full details about the deceased person, as recorded in their death certificate, and their last permanent address. There is a fee of £20 payable when applying for a caveat. The executors of the estate will be alerted to the existence of the caveat when they apply for probate. They will be given a copy and may then choose to discuss the matter with you to resolve the concern. However, if they do not consider there is any justification for the caveat they may issue a 'warning' against you, again by filing a form at the Probate Registry. You will then be required to set out full details of why you are opposing the probate application, this is called entering an 'appearance'. Failing to respond to the warning within the prescribed timeframe is likely to result in the caveat being removed. If the appearance is accepted by the Probate Registry your caveat will then remain in force indefinitely until the disputed matters are resolved.

Whether a caveat continues to be appropriate will depend on the circumstances and it should be kept under review. Independent legal advice should be taken, as if an appearance is entered then the person applying for the caveat could face costs penalties from the court if the court feels it was inappropriate that it was applied for. Likewise, legal advice should also be taken by the executors when faced with a caveat as they could face costs sanctions if the court believes they have behaved unreasonably by warning off the caveat too soon, or at all.

Martyn can be contacted by email: mgooch@rohansolicitors.co.uk or by telephone: 01444 450901.

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St David's Day to savour

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Chicken and Leek Soup (Serves 4)

Serve with warm crusty bread and creamy Welsh cheese such as Caerphilly for a delicious lunch.

Thinly slice 3 trimmed leeks and tip into a pan with a generous knob of butter and cook over low heat (or MED power in the microwave) until soft, stirring frequently. Stir in 25g long grain rice, 600ml well flavoured chicken stock and 2-3 skinned and boned chicken breasts, cut into bite-sized pieces. Bring to the boil, cover and cook over low heat (m/w MED) until the rice and chicken are tender. Add the juice of 1 lemon and season to taste.

Simnel Cake

Preheat oven 170°. Butter and line a deep 23cm cake tin. Beat together 115g soft butter, 115g Demerara sugar and 2 eggs until light and creamy. Gently fold in 225g SR flour followed by 400-450g mincemeat and a generous spoonful of marmalade. Spoon half into the tin, levelling the top. Roll out 225-300g almond paste (marzipan) to approximately the size of the cake and place on top of the batter. Cover with the remaining cake batter and bake for about 1½ hours or until tests cooked in the centre. Cool completely before removing from the tin.



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 **Care Quality Commission** 

By Caroline Young

1st March is St David's Day, the patron saint of Wales. There are numerous legends about St David and about the leek, the emblem of Wales. One story regarding this delicious vegetable was that opposing forces of the Welsh and the English armies were seen to be wearing similar battle dress so the Welsh hastily dug up the nearest field of leeks and conspicuously pinned them to their uniforms. Leeks are one of my favourite winter vegetables and cook quickly to make a delicious soup. March 17th is St Patrick's Day. History tells us that Patrick was the son of a Roman tax collector who was living in Wales. Patrick was captured by raiders and sent to Ireland as a slave. Six years later he escaped, returned to Wales and entered the priesthood. He later went back to Ireland determined to convert his former captors to Christianity, established many churches there and died in 461AD.



In the 17th century Mothering Sunday, or Mother's Day as it is more often called today, became the day to celebrate one's own mother and traditionally it was the day that people who worked in service were given the day off to visit their mothers. Simnel Cakes and bunches of violets and primroses were often taken as tokens of affection. Simnel Cake is made of a rich fruit batter with a layer of almond paste (marzipan) baked through the middle. The result is a fruit cake with a delicious soft sticky layer through the centre of each slice. Either use your own favourite fruit cake recipe or, if you still have a jar of mincemeat lurking in your cupboard, try my extra quick recipe below.

Irish Potato Cakes

Good with eggs and bacon – or leek soup!

Boil 750g peeled main crop potatoes until soft then drain well. At the same time cook a good handful of finely shredded cabbage until tender then drain well. Mash the potatoes and blend in the cabbage and seasoning. With

lightly floured hands shape the mixture into balls about the size of a tennis ball then flatten to form a cake. Fry in butter or oil until crisp and golden brown. Best eaten freshly made.

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What is the Horticultural Society?

By Chris Gurr

The Lindfield Horticultural Society has been a feature in the village for more than 70 years. Its members organise many events each year including Flower and Produce Shows, plant sales, evening talks and coach outings. It has a very successful stall on the Common on Village Day selling scores of different plants.



This year the Flower and Produce Shows are on 6th April, 13th July and 14th September in the King Edward Hall (KEH). Refreshments are available at these shows in the very busy Jubilee Room, where there will also be plants for sale. Although the 'classes of exhibits' in the shows have been simplified this year, there is an increase in their number and entry is open to all comers. This year photographic competitions will be included in each show. As usual specific classes are set aside for children to enter. It is often said that the Newcombe Hall in the KEH always looks at its best during these shows. The vegetables, fruit and cookery exhibits invariably look much too good to eat, with the possible exception of the entries in the humorous/misshapen vegetables (aka 'the ugly veggies') class.

The Jubilee Room is also the venue of a very busy coffee morning and sale of plants on three Saturdays during each year. One such sale has already occurred this year, with the other two on 11th May and 12th October. The Jubilee Room always seems to have a friendly and sociable buzz about it on these occasions and at each of the Flower and Produce Shows.

Seven evening talks are held in the Newcombe Hall each year, the dates of which are announced in the What's On section of Lindfield Life. Members of the Society are particularly pleased to have secured a talk this year, on 9th October, by Juliet Sargeant, one of the BBC 100 International Inspiring and Influential Women of 2018.

In 2017 members organised what proved to be a very enjoyable and interesting Garden Forum, comprising a panel of four Horticulturalists answering many varied questions from an enthusiastic audience. Another Forum is being held on 8th May and the panel will again include Jean Griffin of BBC Kent.

For some years Society members have had the opportunity of going on coach outings each year which always prove to be very popular. This year, as usual, some interesting and varied trips have been organised, two of which have already occurred.

The Society is affiliated to many national Horticultural Societies, including the Royal Horticultural Society. An RHS 'entry card' is available to members to use to obtain a reduction of 30% for two people from the cost of entry to RHS gardens.

Society members have the opportunity of purchasing

items from its Gardening Sundries Centre, including various types of fertiliser, compost, bean canes etc, at reasonable prices. There is also a seed exchange between members who can also obtain a discount on the purchase of seeds from two well-known national seed merchants and on many items at UpCountry Garden Centre in Scaynes Hill.

The Society is always pleased to welcome new members, and details about membership can be found on its website: www.lindfieldhorts.org.uk or enquiries can be directed to chairman Pat Whetstone on 01444 483236.

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All Saints Church through the ages

LINDFIELD HISTORY

By Richard Bryant, Lindfield History Project Group

All Saints Church, standing at the top of the High Street, was built in the 1300s in the Perpendicular style, as characterised by large windows with upright lines. Over the centuries the building and interior has changed and evolved to reflect changing needs.



Early sketch of All Saints Church

The interior in medieval times featured a rood loft separating the Nave from the Chancel. A rood is a large crucifix, usually accompanied by the figures of the Blessed Virgin and St John placed one each side of the cross.

The English Reformation and the actions of Henry VIII led to the dissolution of religious houses. The College of Canons of South Malling, who had controlled the parish for centuries, was dissolved in 1545 and their manorial lands passed into lay ownership, as did the tithes which was to be particularly detrimental in the centuries ahead.

Commissioners were appointed to ensure all traces of idolatry were removed from churches across the country. Around the 1560s the Commissioners reported the parishioners of Lindfield were 'very blind and superstitious', indicating some reluctance in Lindfield to acknowledge the new Protestant religion.

Eventually the idolatry was removed, walls whitewashed to cover murals and the rood loft demolished in 1583 with the timbers being sold. The stairs leading from the south Transept to the rood loft were filled in: A few steps were uncovered during the 1930s.

The spire was also re-shingled at the cost of 50 shillings, and this has occurred many times since but at ever increasing cost.

In 1617 William Newton of East Mascalls arranged the repair of the exterior 'without battlements', and this work is recognised by the inscription of '1617' on the Chancel gable and can still be seen today. This was to be the last major work for 250 years during which times, without the tithes, the building gradually fell into disrepair.



Steps once led to Rood Loft

The church was in a poor state when Reverend Francis Sewell arrived c1840. Having recently been ordained and in possession of a moderate fortune, he soon set about re-establishing and restoring the church. At that time the Cambridge Camden Society was influential in ecclesiastical style and architecture, and their dictates were embraced by Francis Sewell.

During the 1840s Francis Sewell instigated two restorations, firstly in 1845 for the building and three years later for the interior and new pews. The churchwardens appealed for subscriptions, with a separate fund each restoration. The works were put in hand, before funding had been fully secured, with the interior fund taking precedent. This resulted in much acrimony over several years, and even a court case between the churchwardens.

The interior restoration reflected the Cambridge Camden Society's doctrines resulting in the destruction or removal of many historic features, including an altar tomb, brass memorials and three wall paintings. Francis Sewell had lengthy correspondence with the Incorporated Church Building Society regarding new pews designed to accommodate 567 people and whether upper-class members of the congregation should be provided with hat boards on which to place their top hats. Eventually the Society provided £200 towards the cost.

Rev Francis Sewell before leaving Lindfield in 1849, the year work was completed, made a contribution towards the total costs. However, as donations from parishioners did not reach the required amount it took the parish several years to clear the deficit.

Following Rev Francis Sewell's return to Lindfield in 1857 he installed gas lighting in the church, supplied from his private gas manufacturing plant which also lit The Welkin and his St John's School. A striking addition to the church in 1859 was the installation of the clock on the tower's south face. Previously the clock movement had been in a building at Cawnpore that was demolished following the Indian Mutiny.

Charles Kempe, the renowned stained glass artist and church furnisher, having recently moved to Lindfield following his purchase of Old Place, turned his attention to the church in the late 1870s. He promoted the need for a further restoration, with an ambition to reorder the interior with new pews, replace the old chancel screen, increase the bells and improve the heating. However, relations between Charles Kempe, the church authorities and residents on his aims were not always harmonious. His gift of a new chancel screen, after it had been made, was rejected and not accepted until long after his death.



Nave with Chancel Screen in Chancel Arch

However, the need for improvements was soon generally recognised and in 1879, to accommodate heating pipes, a new wood block floor was laid.

The churchwardens, in 1882, established a fund for £2500; indicating that much work, especially to the building, was still needed following Sewell's restorations some 33 years earlier. Donations were received and many fundraising events organised, including Charles Kempe opening the grounds of Old Place for a two day Elizabethan Fiesta.

Somers Clarke Junior, a respected ecclesiastical architect, was appointed to undertake the work. His reports indicate the roof was in a dangerous condition at the time of the earlier 1840s restorations, as the walls had parted from the rafters and only temporarily secured by nails. Also that the tower and parts of the church building exposed to the south-west needed repair. Accordingly much structural work was undertaken. The Sewell renovations were more concerned with style rather than structure.

The box pews installed in 1848 were replaced, the Nave received new oak benches funded by a bazaar held at Sunte House in July 1885. Two years later similar benches were provided in the Transepts thanks to a bequest. The choir stalls were also replaced. All the seating was made by Norman and Burt of Burgess Hill. At this time the decision was taken that all seats would be free and open to all.

The increased prosperity of Lindfield during the late Victorian period is evidenced by the gifts of memorial stained glass windows and church furnishings. Collectively these enhanced the interior.

The church was little changed during the first two decades of the twentieth century other than the addition of the choir vestry in 1911 and five stained glass memorial windows. Kempe's Chancel screen, rejected by the church authorities in 1885, was accepted in 1926 when Old Place was sold by his cousin, Walter Tower. This beautiful piece of woodwork was installed in the Chancel arch.

To ensure the building was maintained in good condition a major repair programme, mainly focused on the roof, was undertaken in 1930 at the cost of £2,000. The most visible elements of this restoration were the complete reconstruction of the Chancel roof, together with the replacement of the old gas lamps with electric lights. To help pay for the reroofing an enormous fete was held on 2nd July 1930 in the gardens of Old Place. Two years later the Clergy Vestry was built.

The position of the organ installed in 1897, replacing the original 1839 organ, blocked the entry to St John's Chapel. A generous donation by Blanche Cumberlege of Walstead Place in 1937 funded the repositioning of the organ to a new gallery at the rear of the Nave.

Immediately after the Second World War, the seats in the south (Massets) Chapel were removed and it was considerably altered to provide a memorial to the village men who died during the war. The church remained largely unchanged for the next four decades.

In 1987 a comprehensive reordering of All Saints was proposed, the principle features being new and increased seating and the repositioning of the Holy Table. The proposals created considerable debate resulting in a much reduced plan being implemented in 1991. The most visible change being Kempe's Chancel screen was moved from the Chancel arch to the rear of the Nave.

The latest phase of the Aspire project, launched in 2013, to keep the building in good repair and meeting modern requirements, has recently been completed.

Contact Lindfield History Project Group on 01444 482136 or visit www.lindfieldhistory.org.uk



Massets (South) Chapel pre 1945

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LINDFIELD PRIMARY

The spring term is another busy one at Lindfield Primary Academy where the pupils are enjoying lots of different activities.

Eight children from Year 6 attended a STEM day at Ardingly College (Science, Technology, Engineering and Mathematics). The children worked in groups alongside children from other local schools, such as Holy Trinity, Bolnore and Ardingly College



itself, to design and make a solar powered car. They used their maths, science, technology and engineering skills along the way to complete the challenge. It was a jam-packed day and all the children had a wonderful time.

Following on from their success in the Mid Sussex Cross Country Championships before Christmas, the seven children from Lindfield Primary who went on to run in the Mid Sussex Finals once again performed amazingly well. Three of our children qualified for the Mid Sussex team to compete in the Sussex County Final. Congratulations to Erin Gee (11th out of 62 girls) and to Oscar Dalglish (13th out of 68 boys), and especially to Jacob Roderick who came a stunning first in the boys race! The other children that took part were Amelie Ewen, Sophie Russell, Oliver Downey, George Corke and Kai Nunn. They all did incredibly well.

A group of around 40 children from Years 3 and 4 attended a sportshall athletics event at Warden Park Academy, where they performed amazingly well and had a great time! There were 10 schools taking part in the activities, which included obstacle relay, speed bounce, long jump and various sprint relays. This was the inaugural event of this kind for Year 3 & 4 children and was highly successful.

Our Year 2 children enjoyed visits to Lewes Castle, where they were given a tour of the site, visited the museum, dressed up in medieval costumes and



were told the story of The Big Bad Dragon and Three Brave Knights. This tied in nicely with their current topic work on Knights and Castles. Despite the cold, the children all had a lot of fun!

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Springing into Action!

LINDFIELD IN BLOOM

By Heather Martin, Chair

As the plants wake from their winter's rest, volunteers at Lindfield in Bloom have been busy working their way through the borders at the medical centre, building on the wonderful work of community volunteers in years past. Gardening is not only a great way of getting fit but through community gardening groups you can meet new friends too. In parts of the country gardening is being prescribed by doctors' surgeries as the medicine of preference for mind, body and soul. We hope that our work this year will restore and reinvigorate the planting in the border for the enjoyment of the community, and we will be looking at how we can ensure the border is attractive to wildlife too - more on this later in the year.

You would be very welcome to join us at our community gardening events - there's plenty to do and the more the merrier. Or if you're not up to joining in

the physical work, why not help out with our fundraising events or planning? As a not-for-profit community group the money we raise goes straight into our community gardening projects and activities. For more information call Heather Martin, Chair of Lindfield in Bloom, on 07738 323082. Alternatively simply turn up at one of our events.



For more information call Heather Martin, Chair of Lindfield in Bloom, on 07738 323082. Alternatively simply turn up at one of our events.

Confirmed dates for community gardening are: Saturdays (10am-12midday) on 13th April, 8th June, 10th August, 12th October and 7th December, with the intervening month's dates due to tie in with the Sunday visits of the garden refuse freighter to the Toll Gate car park (making collection of the gardening waste easier). These dates have not yet been set by the Parish Council and MSDC, but watch this space for updates or visit our Facebook page.

Planning meetings for 2019 take place on the third Monday of the month at 7.30pm at the Bent Arms. Dates for 2019 have been set as:

18th March, 15th April, 20th May, 17th June, 15th July, (no meeting in August), 16th September, 21st October and 18th November. All help and suggestions very welcome.

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Pond Island Discs

By Ayesha Gilani

What do we want? This month's playlist! When do we want it? Now! That's right – we're dropping a politicised beat on the Pond Island decks this month and it will not be televised. So get up, stand up and join our castaways as they march around the island to their pick of the political pops. Oh and Maria, let's have a butcher's at that 1984 permed mullet pic! Pwetty pweeease?



Steve Harris

One Day Like This by Elbow

"This is a wonderful song with lyrics that are so positive and joyful. It always reminds me of the London 2012 Olympics closing ceremony, where it was played. What a fantastic feeling the Olympics gave the country - staging all the events so successfully (with help from the brilliant Games Makers volunteers). I often reflect on the Olympics when the Brexit debate becomes vitriolic and I hanker after that time again, when as a nation we were united and welcoming to the world."



Rachel Hughes

Homeless

by Paul Simon and Ladysmith Black Mambazo
"The first time I felt motivated by a political cause was as a teenager and by the anti-apartheid movement in South Africa. This song stood out from Paul Simon's album Graceland, which was played a lot at home. Ladysmith Black Mambazo contributed an incredible sound to the album despite the restrictions they were having to contend with."



Maria Greaves

Two Tribes

by Frankie Goes to Hollywood
"As a 13-year-old in 1984, I fancied the bass player and loved this Cold War anthem almost as much as my newly permed mullet! It was the first song that summed up something politically for me in an urgent and exciting way."



Paul Stubbs

God Save the Queen by The Sex Pistols

"This wasn't a dig at the Queen but more about young people feeling they had no future at the time. I think "No Future" was the original song title. It also showed that you didn't have to be a top musician to get up and write political songs that moved a generation."



Stephen Sowden-Mabbott

Rage Against the Machine by Rage Against the Machine

"Every song on this album is so politically charged. I was 17 when it was released and starting to find my political views. Despite the lyrics being written from a cultural viewpoint vastly different to mine, it resonated so much. It opened my mind musically and politically. It's an album that asks you to question what you're told, become informed and not sit back and do what you're told."



Alex Armstrong

Imagine by John Lennon

"John Lennon was one of my earliest heroes. I'd think of him and Yoko philosophising in bed for days. Imagine is a song I sign up to; it's a manifesto for life. The steady beat and Lennon's soothing vocals are a mantra for hope and peace. You may say I'm a dreamer but I'm not the only one. The song's chant for a kinder, fairer world is more poignant today than ever before."

A "FAIRER WORLD" BRUNCH Saturday 9th March 10am – 11.30am King Edward Hall, Lindfield

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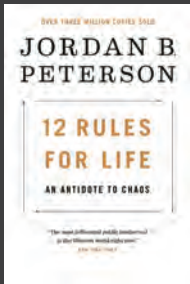
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12 rules for life: an antidote to chaos by Jordan B. Peterson

BOOK REVIEW

By Cavan Wood

This book has been seen by many as one of the biggest surprise hits of the year, reaching the top ten hardbacks.

Peterson is a Professor of Psychology in Canada who is interested in ethics and morality. Drawing on many ideas from Christianity – especially the Genesis creation story – he tries to find ideas that cut across religions and non-religious ideas. The rules include: Stand up straight with your shoulders back; do not bother children when they are skateboarding; and set your house in order before criticising the rest of the world.

Some of the 'rules' seem odd, but when you read the accompanying chapters they make sense. There is wisdom here, such as in the chapter entitled: 'Do not let your children do anything that makes you dislike them', which sees discipline and challenge as an important part of parenting.

My main criticism is that Peterson takes some time to get to the point – this is an over 390 page book which could be better in a leaner two hundred. There is a certain smugness about the modern world and, indeed, the writer knowing better – what C.S. Lewis described as: 'chronological snobbery', the belief that the present knows best. It doesn't. Peterson's rules help, but, in my opinion, there is a set with two less called the Ten Commandments that might prove to be more effective.

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BEFORE AFTER



THIEF! by Malorie Blackman

BOOK REVIEW

By Martha Wood, Year 5

Thief! by Malorie Blackman is a heart racing story by the author of the bestselling novel Noughts and Crosses.

This story is about a girl called Lydia who moves from London to Tarwich (in Yorkshire) and is unfairly accused of being a thief.

Lydia starts to give up hope when people accuse her for pushing over her friend Frankie and news reporters show up to her house. When things get too much for Lydia, and she runs away, what will happen when she gets whisked away to the future? Who is the evil tyrant who now controls her once harmless village? Will she have to make a terrible discovery?

It's a great book with a meaningful moral. I rate it four out of five stars because it is a good book for ages nine and above.

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Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to photos@lindfieldlife.co.uk - thanks!



Lynn Tulip in an English class, en route back from Galapagos



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A Lindfield life lived

KATH RUSBY 1921-2018

Family and friends of one of Lindfield's oldest and best loved residents gathered at Worth Crematorium last month to say farewell.

Kathleen Rusby, known to her friends as Kath, died on 21st December aged 97.

Kath was extremely well known in Lindfield and played an active role in village life, from bringing up her family and running a local business, to wholeheartedly supporting events and organisations, including the Royal British Legion.

We would like to thank Kath's family for allowing us to publish this lovely account of her life, written by son Clive and sister Val.

"On 24th September 1921, Lindfield Football Club and another side were lined up for the start of a needle match, when a boy dashed on to the field – shouting 'Your wife's had a baby; you must come'. Fred Smith, a much-vaunted local football hero, rushed from the field to be with his wife Rose and to meet his daughter. Thus, in the first hour of her life, Kath was introduced to the two major influences in her life – her beloved village and her equally beloved father.

Family planning being what it was in the twenties, Kath was soon followed by a baby sister, Elsie. With Rose busy with a young baby, much of Fred's leisure time was spent in the company of his eldest daughter, Kath. They enjoyed treasured time together; trout fishing and mushroom picking and even on occasion foraging in squishy-bottomed ponds for moorhen eggs. Though, of course, much of Kath's pre-school time was spent in the company of her mother (often affectionately referred to as Muz) and her grandmother (known as Granny Gristle) who occupied the adjoining house in Blackhill Cottages, and of whom Kath was very fond of and enjoyed running errands for.

When Kath reached the age of seven, the family expanded to include a new baby brother – Alan. Kath took her role as big sister to Elsie and Alan very seriously. And, other than a small mishap during Kath's watch, in which Alan's pram, complete with Alan plus a festoon of small children hanging on, free-wheeled down Blackhill, Kath was a responsible helper within the family.

Kath's childhood was punctuated with the cycle of village life – the annual fair (something which still interested and excited Kath even in her eighties), being a Girl Guide and all the summer activities that involved, picking hazelnuts and chestnuts from the hedgerows come autumn, and then skating on the village pond if winter had proven cold enough to freeze it that year.

A huge part of Kath's younger years was, naturally, her time at Lindfield School; where she displayed sharp intelligence, whilst also taking on a self-imposed role as the 'class clown'. Indeed, with no sense of self-preservation, and with popularity with the other kids being of paramount importance to Kath, she could be



dared to do pretty much anything! One example would be the occasion when Kath pushed the hand of the class clock forward by 15 minutes, resulting in an early finish for Miss Ancombe's pupils. The 'con' was later discovered and punishment ensued!

When Kath was in her teens, her father, Fred, decided to leave Boxes Nursery where he had been working and branch out on his own. He rented three acres from the owner of Vors Oak – Mr Fred Smith. Kath was always a vital part of the enterprise and her interest in plants continued throughout her life. The relationship with Mr Smith was a fortuitous one – in the fullness of time his grandchildren, Gwen and David, each built a house on the land opposite Kath and her husband Don and were wonderful neighbours.

1940 heralded not only the real beginning of the second World War but also a surprise arrival for Rose and Fred in the shape of a fourth child, Val. Kath launched into the reprise role of sister with ease. By this time she was with the ATS. Her secretarial and bookkeeping skills being appropriated by the army, she was placed in the Pay Corps. Kath was later joined by Elsie and they shared a flat together in Knightsbridge with some other girls – something they would never have been able to do without the war.

Despite the dangers of falling bombs and the seriousness of their work, they had fun. Kath indulged her love of ballroom dancing – and danced on many occasions to Glenn Miller. In spite of her busy London life, Kath often managed to get down to Sussex over the weekends to see her adored little sister. Kath would generously sacrifice her sweet ration to Val – for which Val was, of course, incredibly grateful. However, it is

noteworthy that Kath died without a single filling or extraction, whilst by the age of ten Val already had a mouth full of metal!

Like any teenagers, the young people of Lindfield had fun despite the war. Local girls were popular with the dashing young soldiers stationed there, who gave the local lads a run for their money. During one local dance, Kath met and fell in love with Don Rusby, whilst Don was on leave visiting his Aunt Joan because there was not time to return to his home in Yorkshire. The couple were married in September 1947, where they began married life living with Don's mother and two younger brothers. It was a bitterly cold winter and Kath was desperately unhappy – she had never experienced such cold nor lived in a town.

In 1948 Fred invited Don to come and work in the nursery, and the couple gratefully moved south again. Kath never left Lindfield for any length of time for the rest of her life. By the end of 1949 Kath was pregnant with Clive and began to work in the nursery on a regular basis. Around this time, Alan also joined the family firm. Fred's health was beginning to fail and Kath held everything together – juggling a small child and keeping the books straight.

After Fred's death in 1955, Alan, Kath and Don ran the nursery together for a number of years, but it eventually became too much for them and they returned to other work. Kath worked for a period at Mid Sussex Laundry, before joining the accounts department at Mid Sussex Waterboard. She stayed until retirement at 65 – though for a further ten years after that she would continue to fill in during holiday periods. This paid for the many trips she and Don made to Cape Town, where they were the welcome guests of Val and her husband David.

Kath made a whole new circle of friends in Cape Town, all of whom are saddened by her death. She was an easy guest – as happy to sit by the pool in the sun as to be taken on holiday along the Garden Route. Kath continued to visit for a number of years after Don's death – including the year she took his ashes.

She wanted to scatter them in Kirstenbosch Botanical Gardens but there are strict rules about ash scattering. So, one hot summer's day, Kath and Val slunk furtively into Kirstenbosch (on free Tuesday for pensioners), selected their spot casually on a seat, before dribbling the ashes on the garden.

Kath and Don also made trips to Toronto, Canada, in the late 1980s and early 1990s to visit Kath's niece, (Elsie's daughter), Lynda Kennedy. Between trips to Canada and Cape Town, looking after her two grandchildren - William and Alice - at every opportunity, working at the Royal British Legion branch tea parties, selling her plants on behalf of the Legion at Lindfield Village Day and joining the Lindfield History Society, Kath's life was very full.

Following two cataract operations Kath was registered blind, but that did not stop her pushing her shopping trolley up Lewes Road to the Post Office. At the age of 95 Kath was still refusing lifts to the King Edward Hall for the evening meetings of the Royal British Legion and would make her way unaided with her wind-up torch. In wasn't until 2017 that she eventually gave up on helping with the teas at Village Day and the RBL tea parties. And, last year she started to finally accept lifts and left her shopping trolley in the garage with the wind-up torch.

Kath was someone who lived to help others. Someone kind, patient and giving of her time. Someone who was always ready to lend a hand and who did so, not for reward or praise, but because she was a staunch socialist and believed strongly in the support and welfare of all people.

Kath was somebody who loved to read biographies and factual books; who loved her garden and loved Lindfield. She will be deeply missed by all who knew her in Lindfield."

Kath's family – Clive, Martine, William and Alice - would like to thank everyone for their kind messages of sympathy, and offer their thanks to Masters & Son and Hannah Osmond, Independent Celebrant, for a warm and wonderful service.





Lindfield Rural Parish Council Newsletter

MARCH 2019

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG
Tel: 01444 831499 email: clerk@lindfieldrural-pc.org.uk www.lindfieldrural-pc.org.uk

Annual Parish Meeting - Tuesday 21st May 2019

Taking place at St. Augustine's Church annex, Scaynes Hill at 8pm. This meeting will afford residents the opportunity to meet the Councillors who will report on this year's business. There will be guest speakers and an opportunity for residents to raise any questions. A glass of wine will be offered from 7.45pm and all residents are welcome.

Allotments Available

Now is the time to acquire an allotment, to prepare for the forthcoming main planting season of the spring and summer. Both allotment gardens in Gravelye Lane and Scaynes Hill have vacancies and applications are welcome from both within and outside the Parish. Please contact the Parish Office (831499) if you are interested.

Defibrillator

The Parish Council has purchased a defibrillator which will be located at Scaynes Hill Service Station. The installation will be part of their refurbishment of the Service Station. As part of this provision, training in the use of this device will be provided. If you are interested in attending this free training, please contact the parish office.

Welcome

Lindfield Rural Parish Council welcomes Santi Gil as the new Clerk to the Council. Santi takes on the role of clerk following a successful 30 year career in the police and volunteer work for Burstow Parish, also some project work for SSALC (Surrey and Sussex Associations of Local Councils). Santi replaces Vera Grainger who has retired from the Council. The Council would like to thank Vera for all her hard work and wish her a very happy retirement.

Your Parish Councillors:

John Dumbleton (Chair)
Ray Jones (Vice Chair)
Brian Bunt
Keith Head
Chris Hersey
Margaret Hersey

Tel: 482633 Keith Martin
Tel: 453868 Sol Mead
Tel: 484661 Trevor Webster
Tel: 483975 Parish Clerk: Vacant
Tel: 482270 Assistant: Irene Nicholas
Tel: 482270 Finance Officer: Sarah Anderson

Tel: 831431
Tel: 484981
Tel: 482282
Tel: 831499
Tel: 831499

Lindfield Rural Parish Council Office is open to the public on Tuesdays 12.30-1.30pm and Thursdays 10-11am

.....

Grants available for improving the High Weald landscape

Do you have an idea for a local environmental project?

Sussex Lund grants support small-scale, practical projects that improve the landscape of the High Weald Area of Outstanding Natural Beauty (AONB).

Project ideas from community groups, schools and parish councils are encouraged and match-funding is not always necessary. Anyone can submit a project, including private landowners and businesses.

The Sussex Lund grant programme reopens for new applications from 1st January 2019 until 7th April 2019.

Previously funded projects include schemes that:

- **Improved wildlife habitats** e.g. creating ponds, removing non-native species (e.g. rhododendron and leylandii), hedge and tree planting and restoring and creating more wildlife-friendly greenspace and verges.
- **Improved scenic beauty** e.g. planting street trees, removing or screening eyesores and replacing 'hard', man-made boundaries with soft, natural boundaries.
- **Improved access** e.g. creating new access points to green spaces and replacing stiles with gates for better access.

The grants programme was created by High Weald residents Lisbet Rausing and Peter Baldwin and is administered by the High Weald AONB Partnership with Lund Trust.

Potential applicants must contact the High Weald AONB team for advice to develop their project on: 01424 723014 or email sussexlund@highweald.org.

For more information, see: highweald.org/look-after/sussex-lund

Council meetings in 2019

2019

| | |
|----------------------|---|
| Monday 8th April | King Edward Hall Lindfield |
| Monday 13th May | Annual Meeting of the Council, King Edward Hall Lindfield |
| Monday 17th June | St Augustine's Church Annex, Scaynes Hill |
| Monday 29th July | King Edward Hall Lindfield |
| Monday 2nd September | St Augustine's Church Annex, Scaynes Hill |
| Monday 14th October | King Edward Hall Lindfield |
| Monday 25th November | St Augustine's Church Annex, Scaynes Hill |

Meetings to commence at 8pm

New chairman selected youth charity for 2019

Members of the South of England Agricultural Society are delighted to announce that their 2019 Charity of the Year is Jamie's Farm. Established in 2005 by then school teacher Jamie Feilden, the charity enables disadvantaged young people to thrive through experiences on one of its three residential farms.

It was the idea of new 2019 Society President Sir Richard Kleinwort to support the fourth Jamie's Farm, which is due to open in Lewes in Spring 2019. From a deep-rooted Sussex farming family and having his own large dairy herd, Sir Richard is an advocate of agriculture and knows the benefits that working on the land can bring to an individual's self-esteem.



Sir Richard Kleinwort

"Jamie's Farm is a remarkable organisation which provides young people on the verge of school exclusion with a unique opportunity to realise what they are capable of," Sir Richard explains. "The synergy between the goals of the South of England Agricultural Society and those of Jamie's Farm is clear, and, with their new venue opening in Sussex, the decision to support the charity was an easy one."

The South of England Agricultural Society exists to provide agricultural education and promote countryside learning across the southern counties of Kent, East and West Sussex, Surrey, Hampshire, the Isle of Wight and Berkshire, and includes events like the ever-popular South of England Show which takes place on 6th-8th June.



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Thurs 7th Mar - Getting Confident Fast

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Thurs 9th May - Banishing Emotional Eating

All workshops will be held at Lindfield Coffee Works, High Street, Lindfield, RH16 2HW - arrive for a welcome drink at 6.30pm; the workshop will end at 9pm approx.

Ticket price includes welcome soft drink and relevant reading

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RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@lindfieldlife.co.uk



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

In the January edition I ran a competition and know, from the correspondence and conversations, many of you want to know the answers!

Well, there were 30 items that you should NOT put into your kerbside recycling (blue) bin. All the other items can go in and will be recycled. Have a look at the picture opposite for the answers – how well did you do?

The editor has drawn the lucky winner and I am delighted to announce that Jane Worrell from Lindfield won the competition. She and her guest will be joining me this month for our special 'behind the scenes' tour of the WSCC recycling plant.

If you do have any questions on any of the answers, or would like any further explanation, do email via editor@lindfieldlife.co.uk.

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Can I recycle pills packets?

With the winter weather on us, a timely reminder that you CAN recycle the foil and plastic and foil wrappers that all tablets seem to come in these days in your blue top kerbside recycling bin. Do remember to make sure all tablets are removed – our machinery does not get headaches or colds!

Would you like me to give a talk to your local group on recycling?

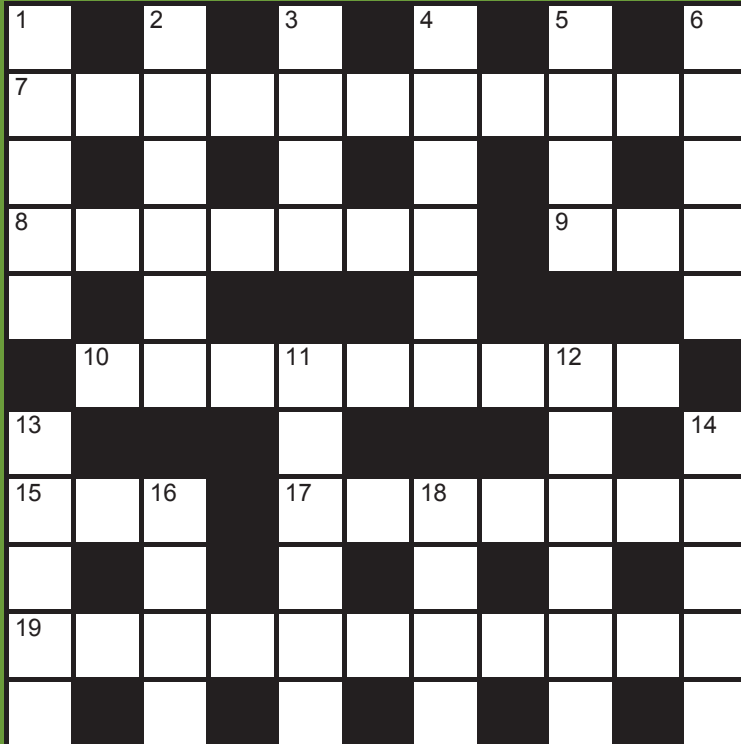
Do keep your individual questions coming on specific items you are not sure can be recycled. One email to the Editor, with a picture if possible, and I can let you know. Looking forward to hearing from you.

Keep Recycling!



Which of these items should you NOT find in a West Sussex kerbside co-mingled recycling bin?
All containers are empty and clean.

Family crossword



Got 20 mins spare?
Have a go at this crossword - which should be varied enough for all ages to answer some clues.
Answers listed on p.63

Across

- 7 Large self-service store (11)
- 8 Blocking of light (7)
- 9 Immerse (3)
- 10 Medley (3-6)
- 15 Exploit (3)
- 17 Jewish German dialect (7)
- 19 Flock minder (11)

Down

- 1 Trembling poplar (5)
- 2 Ancient Greek god (6)
- 3 Harvest (4)
- 4 Capital of Lesotho (6)
- 5 Slip (4)
- 6 Halts (5)
- 11 Mind (6)
- 12 Showered (6)
- 13 Lathery (5)
- 14 Elected (5)
- 16 All time (4)
- 18 Flit about (4)



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Sudoku #32

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

Find the solution to #32 in next month's magazine

| | | | | | | | | |
|---|---|---|--|---|---|---|---|---|
| 9 | 3 | | | | | 2 | | |
| | | | | 5 | 7 | | | 9 |
| | 5 | | | 8 | 2 | | | 6 |
| | 4 | 1 | | | 5 | 8 | | |
| 8 | | 9 | | | | | | |
| | 2 | | | | | | 9 | |
| | | | | 7 | | | | 8 |
| | | | | 1 | | 4 | | |
| | | | | 6 | | | 7 | 3 |

#31 Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 1 | 2 | 5 | 7 | 4 | 3 | 8 | 6 |
| 5 | 6 | 4 | 3 | 8 | 2 | 9 | 7 | 1 |
| 3 | 8 | 7 | 6 | 9 | 1 | 2 | 4 | 5 |
| 7 | 3 | 5 | 2 | 6 | 8 | 4 | 1 | 9 |
| 1 | 9 | 8 | 4 | 5 | 7 | 6 | 2 | 3 |
| 4 | 2 | 6 | 9 | 1 | 3 | 8 | 5 | 7 |
| 8 | 5 | 3 | 1 | 4 | 6 | 7 | 9 | 2 |
| 6 | 4 | 9 | 7 | 2 | 5 | 1 | 3 | 8 |
| 2 | 7 | 1 | 8 | 3 | 9 | 5 | 6 | 4 |

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What's on in March

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March

- 2nd **Sale of Teak Garden Furniture**
- 9th **A 'Fairer World' Brunch** – 10-11.30am
Enjoy a locally sourced brunch with Fairtrade refreshments. See local produce stalls, hear from speakers on food today and packaging/waste issues (£5/£2.50 on the door - To reserve a place call Chris Lee 01444 484063 or email Fairtrade@growthinternational.com)
- 12th **Lindfield Preservation Society** – 2.30pm
An illustrated talk on 'The Commonwealth War Graves Commission' by Ian Everest. The Commonwealth War Graves Commission was founded in 1917 and this illustrated talk will reflect on its origins and how it manages to inspire new generations to honour those who fell for their country (all welcome, entry free. Info: John Chapman 01444 484470)
- 13th **Lindfield Horticultural Society** – 8pm
'Native Orchids of Sussex, Surrey and Kent' a talk by Peter Lovett. Peter will be introducing the audience to our native Orchids, some common and some rare, and providing an opportunity to discover them in the wild (all welcome, £3 www.lindfieldhorts.org.uk)
- 16th **RBL Afternoon Tea** – doors 2.15pm
The Royal British Legion Lindfield Branch invites you to an enjoyable afternoon of music and anecdotes by Margaret Watson - a highly experienced harpist. Afternoon Tea will follow. (Tickets £10 from Gordon & Val 01444 482866, valerie.upton@btinternet.com)
- 18th **King Edward Hall AGM** – 8pm
(Rupert Ayton 01444 483716)
- 21st **Stan and Ollie (PG)** – doors 7.30pm
(Tickets from Tufnells, £6)
- 23rd **Vintage & Antiques Fair** – 10am-2pm
25 stalls offering vintage and antique items including books, maps, collectables, jewellery, silver, glass, vinyl records, vintage clothes, kitchenalia and lots more. All day cafe with hot bacon rolls and homemade cake. (£1 entry, all proceeds in aid of the Lindfield Bonfire Society)
- 29th-
30th **Mini Skirts & Revelations** – 7.30pm
A comedy by Margaret Graham performed by ACE Theatre Company. Sat Matinee at 3pm (Tickets £10/£8 www.tickettailor.com/events/acetheatre or from Chrissie White on 01342 893010)

March

- 4th **Meditation Class** – 7.30pm
Haywards Heath Town Hall – Every Monday. Free the Mind from Negativity through meditation and Buddhist teachings (drop-in fee £7, info@meditateinbrighton.com)
- 5th **NHS Retirement Fellowship** – 10.15am
Franklands Village Hall, Haywards Heath – 'Why was the shepherd delighted' by Bill Avenell
- 12th **Mid Sussex Ramblers** – 10am
Glynde Rec car park (BN8 6SS) – Glynde to Lewes circular route, 9 miles, moderate (Paul 07711 772853)
- 13th **Tiger Arts Concert** – 1pm
All Saints Church - free concert with Robinswood Band. Light lunches served in The Tiger from 12.15pm
- 13th **Mid Sussex Franco - British Soc.** – 8pm
Clair Hall, Haywards Heath – An illustrated talk in French by Joyce Quin (visitors welcome £5 - 01444 452385)
- 14th **Haywards Heath Ceramics Group** – 10am
Clair Hall, Haywards Heath - Claire Durham will give a talk on 'Ceramics and Celebrity - the Influence of Popular Culture on the Potting Industry' (Tickets £8, call 01444 483372)
- 14th **Mid Sussex Association Nat. Trust** – 2.30pm
Clair Hall, Haywards Heath - Talk: 'Shepherds of the South Downs' by Ian Everest
- 22nd **Messy Church** – 4-6pm
Lindfield URC, High Street - Includes games, crafts & Bible stories & dinner. No booking No fee. Under 14s must bring an adult. (Danny Goodall 07443 438970)
- 23rd **Sussex Chorus Spring Concert** – 7.30pm
The King's Church, Burgess Hill – HAYDN – CREATION with Kent Sinfonia (Tickets : £15/£5 01444 412579)
- 31st **Mothering Sunday Tour** – from 11.15am
Borde Hill Gardens – Spoil your mum with beautiful plants, a guided tour and afternoon tea (www.bordehill.co.uk)

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| Sow Sussex Garden Care | 30 |
| SPB Plumbing & Heating | 34 |
| St Peter & St James Hospice | 9 |
| Sussex Vehicle Services | 16 |
| Tara Fraser (mortgage adviser) | 34 |

| | |
|------------------------------|----|
| The Kitchen People | 6 |
| The Pest Man | 58 |
| VMP Window Cleaning | 49 |
| White & Sons (roofing) | 23 |
| Whittaker Paving | 30 |

Retail

| | |
|-----------------------|----|
| BMG Jewellery | 29 |
| kps (compost) | 35 |
| Paul's | 26 |
| Pots and Pithoi | 47 |
| Vinyl Vault | 43 |

Out & About

| | |
|------------------------------------|----|
| Alpine Escapades | 27 |
| Fairtrade Lindfield | 46 |
| Haywards Heath Music Society | 39 |
| Interior Design Workshop | 15 |
| Ockenden Manor | 2 |
| Repast (supper club) | 21 |
| The Snowdrop Inn | 56 |
| Wakehurst Place | 37 |

Education/Childcare

| | |
|---|----|
| Ardingly Training Centre (swimming) | 22 |
| Chris Bruton Guitar Tuition | 21 |
| Gielgud Academy | 50 |
| Lindfield Art Studio | 5 |
| Norto5 Kidz (daycare) | 3 |

Health/Lifestyle

| | |
|-------------------------------------|----|
| Acupuncture at The Perrymount | 14 |
| Acupuncture Origins | 30 |
| Authentic Ayurveda | 28 |
| Flint Physiotherapy | 22 |
| Jakki Todd (beautician) | 25 |
| Lindfield Chiropractic Centre | 8 |
| Linear Fitness | 15 |
| Potential Personal Training | 48 |
| Promedica24 | 36 |
| Rachel Ricketts Weight Loss | 7 |
| Six Physio | 38 |
| Talk for Change | 16 |
| The NineDot Partnership | 57 |

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