

# Lindfield *Life*

Inc. Scaynes Hill & Walstead

Local village talk,  
by the village

Feb. 2019 Issue #121

Free



Warming spices to cook with

page 42

Amelia's singing story

page 36

Denmans Lane Dash round-up

page 16



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## EDITORIAL

By David Tingley, Editor

February is often a quiet month for us at Lindfield Life – but I'm pleased to say we have a packed issue in your hands today – I hope you find plenty to both educate and amuse you!



**Richard Bryant** talks history on **page 40** – as he looks at the origins of **Paxhill** – a country house which stands just outside the north of the village.

**Claire Cooper** caught up with North Pole trekking hopeful **Tom Hicks**, as he begins to make plans for this year's adventure. Read all about it on **page 30**.

**Page 16** gives a report of all that took place on Boxing Day this year with the **Denmans Lane Dash**. Congratulations to the winners **Charlie and Chloe Wilkes**, who both lifted the wooden gate trophy. And well done to **Ray Gower** for making it all happen again.

There are a good few news items over the page. You may have already heard about the online petition to try and **reduce Heavy Goods Vehicle traffic** down Lewes Road. Find out more on **page 4**.

If you – like me – enjoy a clean car, get down to **Scaynes Hill garage** on 13th February and make a donation at the same time (**page 5**).

We also have notification of a Brunch event for **Fairtrade Fortnight** which is taking place in March. Find out more on **page 6**.

On **page 46** we peek **Behind the Counter of Foxy Feet Boutique**, while, on **page 22**, you can see the newly expanded **Six Physio** facilities.

**Ayesha Gilani** brings us some light entertainment in the form of **Pond Island Discs** – where we hear the choices of six more candidates from the village (**page 32**). And, talking of light entertainment, I also wanted to mention **Lindfield Dramatic Club** is holding auditions for its next production – see **page 26**.

Do keep in touch, email myself or Claire via editor@lindfieldlife.co.uk.

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Published by Kipper



David Tingley  
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Hickmans Lane Playing Fields

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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)

## Hopes to reduce dangerous traffic at Lewes Road

A group of concerned residents are campaigning to make a key junction in Lindfield safer.

Lindfield Traffic Group is made up of a number of people who are concerned about the safety of pedestrians and cyclists using Lewes Road at the junction to the High Street, as well as the impact which large trucks are having on the village in general.

Lewes Road measures 4.65m wide at the narrowest point by the old Post Office and only has a single pavement for pedestrians. Yet it doesn't have any weight or width restrictions (unlike both Denmans Lane and Hickmans Lane).

When West Sussex County Council's Economy, Planning and Place Directorate was consulted by Mid Sussex District Council regarding large housing developments off Gravelye Lane, it advised that HGV routing should be via A272 and specifically not from the High Street (B2028) and Lewes Road (B2111). However



the group has discovered that hauliers of all kinds appear to not be following this recommendation. On this basis, Lindfield Traffic Group is proposing a weight limit of 7.5 tonne on the road as the only way to safeguard both pedestrians and cyclists.

Members of the group are encouraging concerned residents of the village to add their names to an online petition, which will be open until the end of January, after which it will be submitted to WSCC.

The petition can be found here: [www.change.org/p/lindfield-village-hgv-weight-restriction](http://www.change.org/p/lindfield-village-hgv-weight-restriction)







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## CRUK benefit from clean cars offer

The team at Scaynes Hill service station are once again opening their car wash in order to raise money for a great cause.

Owner brothers Jay and Gunvant Patel have held the event since 2009 – which is always on 13th February. They will remove the price tag from the car wash and leave it open to donations for the day's trade. All money raised will be going direct to Cancer Research UK. This year's event is particularly poignant as Jay is currently undergoing treatment for cancer himself.

Since they started, customers have raised nearly £8,000 for the charity. This year the team are hoping to fundraise £3,000 on the day.

The garage is open between 6am and 11pm on Wednesday 13th February.

Photo shows A-Mani Maran shaking the tin at the car wash



## LOCAL Life drawing SESSIONS

Whether you are a practising artist, beginner or just want to try something creative...

**Sessions returning every Tuesday (7.30-9.30pm) at Lindfield Primary Academy**

Life Drawing sessions hosted by Leesa Le May. Basic materials provided and a glass of wine plus gentle tuition, if needed. £15 per session (or 3 sessions for £40). First session 5th March until end of June.

Please email us to register, prepay and secure your place ([art@lindfieldartstudio.co.uk](mailto:art@lindfieldartstudio.co.uk)). Open to age 16 and above only.

[www.lindfieldartstudio.co.uk](http://www.lindfieldartstudio.co.uk)

Future dates:  
5th March  
12th March  
19th March  
26th March



To register or for further information email:

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# Fairtrade Fortnight coming up

By Chris Lee, Peter Desmond and Fairtrade Lindfield Steering Group

For two weeks every year, in many parts of the world, events are held to promote Fairtrade certified products. The Fairtrade Mark means that producers of goods in developing countries are guaranteed a price to cover the costs of sustainable production. An additional premium is built into the price we pay which allows the producer communities to invest in local infrastructure such as education and health. Fairtrade also ensures safer and ethical working conditions.

Lindfield was accredited as a Fairtrade Village in April 2018 and now more people are buying Fairtrade products as well as continuing to source their food locally.

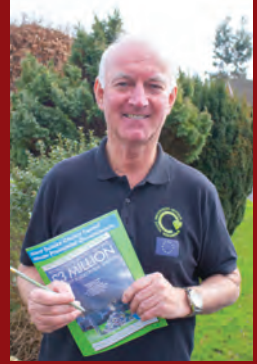
To celebrate Fairtrade Fortnight, Fairtrade Lindfield is holding a Brunch from 10am to 11.30am on Saturday 9th March in King Edward Hall. The tea, coffee and sugar will be provided by Fairtrade producers in developing countries. The food to be served will be supplied by shops in Lindfield High Street and local producers of meat, cheese and eggs. The cost will be £5 per person, payable on the door.

This Brunch is also an opportunity to see displays of Fairtrade and local produce. After the brunch we will hear from two local food producers about how they

are contributing towards more ethical and sustainable living as well as reducing food waste. Whatever small changes we can make in our buying decisions will make a difference for the future of our planet.

As waste in general, and plastic waste in particular, is a key issue for our world we have asked Colin McFarlin, West Sussex Volunteer Waste Prevention Advisor, to speak about how we can Reduce, Reuse, Repair and Recycle more in order to be kinder to our environment.

To reserve a place at the Brunch, please email [Fairtrade@growthinternational.com](mailto:Fairtrade@growthinternational.com) or call Chris Lee on 01444 484063.



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## NEWS IN BRIEF

### LINDFIELD ARTS FESTIVAL

By Ayesha Gilani

## Giant 18ft tree man

This autumn at LAF it's all about Arbor the colossal tree man! This sky-scraping walkabout puppet is part man, part tree and towers over you at 18ft tall. Arbor tells the story of a tree pushed from his home and his fight to preserve his future. You'll learn how Arbor came to be, thanks to amazing puppetry and beautiful visual storytelling. This special LAF family-friendly event will encourage the audience to plant and nurture their own trees.

## Fundraising Fun

Preparations are underway for an exclusive evening of drinks, art and jazz in aid of this year's Lindfield Arts Festival. LAF patrons Chris and Clare Bradbury will be hosting the ticketed event at their magnificent Paxhill residence on Friday 29th March. For further information email enquiries@lindfieldartsfestival.com.

On Monday 29th April the fundraising continues with a dinner at Tamasha. Save the date for now with details to follow. As a charity we rely on the generosity of our individual and business donors. Their continued commitment to the arts and the local community will help us bring you an exciting programme of events this autumn.

## Lindfield's Got Talent!

Our amazing LAF £1000 bursary is once again up for grabs! Applications are now open and we're calling all villagers aged seven to 100 to apply via our website [www.2019.lindfieldartsfestival.com](http://www.2019.lindfieldartsfestival.com). Judges will

be looking for the applicant that demonstrates a clear desire to start or continue an arts discipline. The bursary was set up in 2018 to inspire creativity and give something back to the community. Last year's winner, Tom Mackewn, impressed judges with his passion to pursue a career in children's book illustration. The 37-year-old Lindfield resident said: "It was a really lovely feeling to win and be validated for my craft. I've used some of the funds to further my illustrating skills at Chelsea College of Arts. I particularly enjoy character design and look forward to showcasing my work at the next Lindfield Arts Festival."



Image: Tom Mackewn

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# Parents helping each other

By Antonia Easley

Members of All Saints Church are really glad to find ways of supporting family life. One of our initiatives, which has proved popular and helpful for many parents over the last years, is our Parenting Teenagers course.

The course is practical, insightful and actually quite amusing in places! And it's always good to know others are facing similar issues.

In a relaxed and friendly atmosphere we watch a short video and have time in groups to chat through the issues and ideas raised. There are no experts in the room, just parents learning together. The course, a resource from Relationship Central, is designed to help us equip our teenagers for life and is a really valuable way of investing in a relationship that can be challenging.

Over five weeks we look at the following areas: Keeping the end in mind; Meeting our teenager's needs; Setting boundaries; Developing emotional health; Helping them make good choices.

The course will be running over the following five Wednesday evenings from 7.45-9.45pm in the Tiger



Lounge (at the top of the High Street): 27th February, 6th March, 20th March, 27th March and 3rd April.

The course manual will cost you £1.50 and refreshments will be provided.

If you would like to book a place please phone the All Saints church office on 01444 482405 or email: [allsaints@lindfield.info](mailto:allsaints@lindfield.info).

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# Refurb church opening

All Saints Church will reopen its doors and celebrate with a special week of events from Sunday 3rd February.

The church building has been closed since April last year, as part of a large refurbishment project which includes relaying the stone floor and making it one level throughout and installing underfloor heating beneath it.

Services will return to the church building from Sunday 27th January, after the congregation has been temporarily using Lindfield Primary Academy school hall during the building works.

'Come and See' is a week of events (p.12/13) that are being held in the church to celebrate its reopening and to give villagers a chance to see the new space at the top of the High Street. Included as part of the week are a Blackthorns Primary Academy Choir concert, a history talk by Richard Bryant and 'Comedy & Canapes' with Paul Kerensa.

Vicar James Clarke commented: "After so many years of planning and preparation for this project I am thrilled to be able to finally reveal the revitalised building, and we look forward to it being used by the whole village community."



## Bright lights, big cash!

Dukes Road residents Ian and Caroline Furnell once again switched on the Christmas lights at their home and raised money for charity at the same time.

The couple were delighted to collect £250 over the Christmas period this year, which takes the total fundraised for Lindfield Bonfire Society up to £1,800 since they started the tradition.

The highlight this year was receiving a thank you card from a little boy called 'Teddy'.

## Vintage stalls needed

Lindfield Bonfire Society is holding its annual Vintage and Antique Fair on 23rd March at King Edward Hall. If anyone would like to book a stall at the popular event, please contact Sarah at [lindfieldbonfiresoc@gmail.com](mailto:lindfieldbonfiresoc@gmail.com) or phone 01444 487470.

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# COME AND SEE

**'Come and See'** is a week of events (3-10th February 2019) celebrating the completion of the All Saints Church refurbishment project. The building will be open throughout the week to visit and will include a range of events and activities.



All of the events throughout the week are free to attend with no tickets required, with the exception of the Tuesday and Saturday evening events. To book tickets for these events, please contact the Tiger Office (01444 482405) or visit our website for online booking (includes booking fee).





## THROUGHOUT THE WEEK...

**Between 9am - 5pm** The church building will be open to explore including floral displays and an exhibition of church history. Please do drop in.

### SUNDAY 3RD FEBRUARY

**9.30am and 6.30pm** Services with Richard Jackson, former curate of Lindfield, now Bishop of Lewes. Including a Q&A forum after the morning service (11.30am)

**3.30pm** Service of Choral Evensong with Mark Sowerby, Bishop of Lewes.  
Followed by tea in the Tiger.

### MONDAY 4TH FEBRUARY

**10am-12.30pm and 2.30-5pm** Church open for games and activities with refreshments

### TUESDAY 5TH FEBRUARY

**3pm** An organ recital by Michael Maine (Vicar of Cuckfield) followed by tea in the Tiger.

**7.30pm (£5)** An evening of 'Comedy and Canapes' with Paul Kerensa, stand up comic and writer for shows including *Miranda* and *Not Going Out*

### WEDNESDAY 6TH FEBRUARY

**1pm** A performance from the Blackthorns Primary Academy choir.  
A light lunch is available from 12.15pm in the Tiger.

**7.30pm** Be inspired by an evening with Michael Scholes, a Lindfield resident preparing for a transatlantic hot-air balloon adventure.

### THURSDAY 7TH FEBRUARY

**2.30pm** 'Francis Sewell and the 1848 restoration: Benefactor, Saviour, Enigma?' - a lecture on the history of All Saints Church by Richard Bryant of the Lindfield History Project Group.

### FRIDAY 8TH FEBRUARY

**7pm** Youth Event for ages 11-18

### SATURDAY 9TH FEBRUARY

**2-4pm** Family fun afternoon with games and activities including magician Bertie Pearce (show starts at 3pm).

**7.30pm (£10)** Concert with Royal-wedding soloist Elin Manahan Thomas and Glyndebourne favourite Robert Davies.

### SUNDAY 10TH FEBRUARY

**9.30am, 11.15am and 6.30pm** Services with Nick Dill, former curate of Lindfield, now Bishop of Bermuda. Including a Q&A forum before the evening service (4pm).

[allsaintslindfield.org/comeandsee](http://allsaintslindfield.org/comeandsee)



# Update on Lindfield Food Bank donation point

By Henderson McEwan

Thank you to the people of Lindfield from Haywards Heath Food Bank and Turning Tides homeless project for the 192 items donated to help people in need during December. And many more items have been received during the early days of January.

As the cold months of winter arrive, more donations are needed so please continue to donate non-perishable foods and toiletries throughout February and March to the Lindfield United Reformed Church on the High Street. You can access the donation point in the church on Monday and Friday afternoons between 2-3pm, plus Tuesday and Sunday mornings.



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# Kids share stories and songs

By Lucy Duncalfe

Chestnut Class from Lindfield Primary Academy went to spread some Christmas joy at Compton House Christian Nursing Home at the end of last term.

The children selected their favourite Christmas stories to share with the residents and even sang them a song! It was a positive and meaningful experience for everyone. The children thoroughly enjoyed talking to the residents and we learnt that one of them used to be a teacher at Lindfield Junior School! We would like to thank the residents and staff for being so welcoming to us.



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# First past the gate

## DENMANS LANE DASH



The 2018 Boxing Day Denmans Lane Dash exceeded all expectations when 50 competitors sporting festive and fancy dress arrived at the Stand Up Inn to take up the challenge.

The annual event sees competitors racing from the High Street to the end of Denmans Lane and back carrying half-pints of beer. The winner is the person with the fastest time and most beer left in the glass.

With the high number of entries this year, there were prizes for men and women. "I decided that we needed to separate the men and women this year so we could have two winners," explained organiser Ray Gower. "Setting off at staggered times the women went first, then a few seconds after that the over 45s men followed and a few more seconds later the under 45s men. Returning in record time there were clear leaders for the men and the women, with the first four in each race going in to the 'measure offs.'

"The 2018 men's winner was Charlie Wilkes with last year's winner Seb Masters coming in a close second. The ladies winner was a close call in volume and was determined only by the fact that Chloe Wilkes crossed the line first, pipping Shelagh Robinson into second place."

He added that the Best Fancy Dress prize was won by James Crick dressed in a Santa Costume.

This year, for the first time, the event raised money for charity with £179.41 collected for the Sussex Heart Charity.

"After the 2017 event it was clear that an annual fun community event was developing, and I perhaps needed to add a charity," said Ray. "Little did I know how important a certain charity would become so significant to me."

Back in March this year Ray underwent a number of tests to determine whether he had the same ischemic heart disease as his father, who passed away 12 years ago, and his older brother who suffered a minor heart attack and underwent a quadruple heart bypass.

"Regrettably I discovered that I needed major heart surgery and had a triple heart bypass as a preventative measure back in June," said Ray. "I had my operation at the Royal Sussex County Hospital and the Cardiac Rehab team at the Princess Royal got me back on my feet. I have nothing but admiration for everyone who took care of me so my choice of charity was an easy one.

"I wanted to give back something to these wonderful people and the Sussex Heart Charity do a wonderful job supporting these two fantastic cardiac departments."

Ray recalled how he started the event back in 2015 after being bored of the same Boxing Day routine. "I thought it would be a bit of fun having a beer race with some of our family friends and never thought it would develop into what it has," he said.

"I'd like to thank everyone who got behind me to help create a fun annual community event, especially my support team: Nikki Gower, Lesley Partridge, and Roger Seymour, Leesa Le May for the brilliant poster, Keith Pettit for revamping and upgrading the trophies and creating smaller replicas for competitors to take home and, of course, the Sussex Heart Charity.

He added that the event was sponsored by local funeral directors Masters and Son and his own business D R Property Services while Andi Frost and her team at the Stand Up Inn supplied the beer and the glasses.





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# Barn Dance returns to KEH

By Brenda Johnson

Chase away the winter blues and dance. The Lindfield & District Folk Dance Club, which has been active for many years, meets in the Ashenground Community Centre, Haywards Heath, twice a month from September to July, to enjoy an informal time of English folk dancing. The lively and varied programme of traditional country, barn and square dances, from the slow and stately to more complex and energetic to suit all tastes, are led by an excellent caller and all instructions are given throughout.

New Members are always welcome and, although we usually dance as a couple, there is no need to bring a partner. We charge £3 per evening, from 8-10pm, which includes a cup of tea or coffee and a biscuit.

The first evening is always free.

Why not try it out or join us for our annual barn dance at the King Edward Hall on 23rd February for just £12, including live music and a Fish & Chip supper? All ages are catered for, and whether you are able to join in every dance or sometimes just sit and watch, a good time is had by all.

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# February is a time for changes

By Heather Martin, Lindfield in Bloom

February in the garden provides us with the first sign that spring is approaching. The days lengthen by over an hour-and-a-half between the beginning and the end of the month, the increased light encouraging spring bulbs to make a welcome appearance. Watch out for snowdrops peeping through the undergrowth, with the buds of purple and yellow crocus hot on their heels along the road verges. You may even have spotted the earliest daffodils in flower around the village and the intoxicating scent of Daphne bhoula lingering in the air.

I recommend a visit to the new Winter Garden up the road at Wakehurst Place which has plenty of plants grown for their winter interest and will provide inspiration for you to take away for your own garden at home.

Back in the village, volunteers from Lindfield in Bloom have been working throughout the autumn and winter to tame the community borders by the Medical Centre and are in the throes of planning events for the year ahead.

If you would like to know more about the friendly group or get involved in organising or taking part in any of our activities please email [heather@heathermartin.co.uk](mailto:heather@heathermartin.co.uk) or call 07738 323082 for details of our next meeting.



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# Help is on hand

**OPEN FOR BUSINESS**

Six Physio may be Lindfield's best kept secret! Tucked away behind Paul's greengrocer, the practice has recently celebrated its fourth birthday and taken on the building next door to expand its service.

Physiotherapist Alex Keogh opened the Lindfield branch of Six Physio after she moved to the village from London – persuading her boss to open an 'office in the country'! Since Alex started it, the business has outgrown its space twice.

"This was a fantastic opportunity for us, created by our landlord, which we didn't want to pass up," Alex explained. "Expanding into the completely refurbished unit next door means we have doubled our space and yet still remain right in the heart of the village."

Six Physio now have two treatment rooms, a changing room and a larger gym space. The new layout also means that the front door no longer opens directly into the gym.

With more space, comes greater capacity – and Alex has expanded the team of practitioners to give more appointments and greater flexibility throughout the week.

For instance, there are now 20 pilates classes throughout the week, including evening sessions on Mondays and Tuesdays. Eleanor Oxford has joined Zoe Fisher, Suzy Titford and Suzy Amosu to complete the new line-up.

Alex will return to work soon (following her maternity leave) to join her team of physios Martin Dixon and professional footballer Fern Whelan. The approach of Six Physio is both multi-disciplinary and flexible, as they offer home visits and longer appointments where necessary.

Alex describes the role of a physio as 'teaching people to move better'. Reasons for patients to call Six Physio could vary from picking up a running injury, suffering with a long term bad back or needing support post-surgery. The team offers a holistic service, working in conjunction with your doctor, personal trainer or therapist.

When she started the practice in Lindfield Alex worked hard to develop relationships with many local health professionals – including GPs and hospital consultants. "It's right that doctors shouldn't just refer without knowing the quality of a practitioner – you have to earn that relationship – which I'm proud to say that I have done over the last four years of practice in the area," Alex explained.

Alex has seen patients from 12 years, right up to 101. "Personal recommendation is key for us, so we are delighted when we get referred by friends and family." Philip Parvin came to Six Physio for pilates first and now they help three generations of his family! "The pilates team have been very professional, thorough



and committed in helping me increase flexibility, core strength and confidence in my mobility," Philip explained. "Similarly, my son has recovered from a back injury through pilates and is now able to maintain good movement and posture whilst playing sport. The physios have also been excellent in rehab of both old and new injuries, with continued treatment and advice."

Another string to Six Physio's bow is massage. Alex has brought together a team of therapists who can offer appointments at evenings and weekends in addition to traditional working hours. Niki Georgiou is joining Richard Adams and Joanna Crook working from the High Street studio.

While the traditional clients for massage are runners and sports people, Alex is keen to show that it's not limited to that demographic. "Those who work at a desk all day can be just as in need of a massage as those who have more physically demanding occupations or who regularly play sport," she explains. "Many of our massage clients simply come because they enjoy the unwind – calling it a 'body reset'."

**Whether you have need for a reset or want to get that niggling pain sorted for 2019, Alex and the team are ready and prepared to help. Call or email Charlie Chivers and Annie England, the clinic's two administrators on 01444 587587 or [lindfield@sixphysio.com](mailto:lindfield@sixphysio.com) – or drop in to see the new set up at 44a High Street.**





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# Ready, set, go for running ladies

A group from All Saints Church will be running a Half Marathon later this month.

The 12 ladies are all members of the congregation and have been inspired to challenge themselves after a group of men took to their bikes in lycra last year to raise money for Romanian charity Caminul Felix. This year they wanted to respond!



All Saints has been involved with the charity for many years, with dozens of Lindfield folk going out in teams to build houses at the site in Oradea. Fundraising this year is to buy the materials needed for another house which church members will construct in September. This new house will be bought, at cost, by someone who has come through the care of Caminul Felix as an orphan.

The running team consists of Chris Clarke, Katie Spensley, Amy Beecroft, Amy Mee, Helen Tuddenham, Joanna Head, Tamsin Hoyles, Stephanie Sayers, Caroline John, Sarah Hale, Claire Lucas and Lindfield Life's own Emily Billson.

Emily explained: "We are not all expert runners by any means, so the preparation has been a real challenge already! However, we are enjoying encouraging each other and the support of taking on the Half Marathon as a team."

The group is taking part in the Brighton Half Marathon, which begins on Madera Drive on Sunday 24th February. We will report back on their progress in the April issue, but if you would like to show the ladies some financial support in the meantime, you can do so via: [www.give.net/caminulfelix2019](http://www.give.net/caminulfelix2019)



One of the All Saints build teams outside a completed house

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Open AUDITIONS will be held in King Edward Hall, Lindfield on Monday February 18 at 8.00 pm for a comedy double bill...

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&  
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Production dates King Edward Hall, Fri May 24 and Sat May 25. For scripts tel 01444 484474 or contact [ronskinner@talktalk.net](mailto:ronskinner@talktalk.net). Website [www.lindfielddramaticclub.webs.com](http://www.lindfielddramaticclub.webs.com)







## Agricultural Society announces President

The South of England Agricultural Society has recently announced the identity of its new President. This year, the Society, which funds and supports agricultural education and countryside learning, welcomes Sir Richard Kleinwort as President for 2019.



Sir Richard represents the fourth generation of the Kleinwort family to be living in Sussex and working in the family business; Kleinwort Hambros (formerly Kleinwort Benson), the 200-year-old City Merchant Bank.

His grandmother, Joan Kleinwort, held the same position in 1988 – the same year that the family helped fund the new Norfolk Pavilion at the showground.

"Taking on the role of the Society's President is a true honour," Sir Richard says. "Sussex is not only home to me and my family, it is also home to our farms," (the Kleinworts' dairy and arable farms have been in the family since the late 1800s) "which is why the position means so much to me."

## Carol concert a success

The Carol Concert at Lindfield United Reformed Church before Christmas resulted in an excellent donation to charity.

Peter Swann, choir leader, commented: "We were delighted with the attendance at our Christmas events, including the Perdido Players evening."

After the events St Peter & St James Hospice has received £400 from the donations taken over the period.

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# Charity café reopens after major refurbishment

Cat lovers, families, walkers and cyclists will once again be able to enjoy a cuppa in the countryside after the café at Cats Protection's National Cat Centre re-opened following a major refurbishment.

The café, in Lewes Road, Chelwood Gate, opened its doors again in December with a brand-new look and a menu created by MasterChef champion Peter Bayless.

As well as a new kitchen, the café is also more environmentally-friendly, with many ingredients sourced locally and a commitment to reduce packaging waste.

The café is part of Cats Protection's National Cat Centre, which is free to visit and a great place from which to explore the surrounding Ashdown Forest. As well as the café, the site includes a nature trail, the UK's largest cat rehoming centre and resident donkeys from The Donkey Sanctuary.

Visitor Centre Manager Dee McDonald said: "Over the years, our café has become hugely popular with local people, whether they're looking to explore the beautiful surroundings, meet the cats in our care or simply meet friends for a coffee.

"We've redesigned the café to make it more relaxed and welcoming, and ensure we're doing our bit to support local producers and suppliers.



"We were thrilled to have the support of Peter Bayless, who has helped us create a really special menu at affordable prices. We're really looking forward to welcoming back our regular customers and meeting some new faces in 2019."

Peter Bayless said: "I have provided over 60 new recipes which have been enthusiastically welcomed by the remarkable kitchen staff and are gradually being introduced to the menu. There are still new things to come with the changing seasons and availability of fresh produce from the local area and I sincerely hope that old friends and new visitors alike will enjoy the food and the experience of visiting the new café."

The National Cat Adoption Centre (RH17 7DE) is open every day from 10am until 4pm and is a great free day out for all the family.

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23<sup>rd</sup> Mar. 2019 Emily Sun, violin & J. Hughes, piano  
28<sup>th</sup> Apr. 2019 Samson Tsoy, piano  
Tickets: £12 for members; £15 non-members.  
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## RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)



## Green top waste

Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

Last month we had the competition for you, and thank you for your wonderful response. I will have the answers and the winner for you in the next edition.

During 2018 I have kept you up to date with what to recycle in your blue top bin, so I thought I would start the year off with information on garden waste.

Many of you use the garden waste collection service with a green top bin provided by MSDC at a cost of £65 a year.

### What CAN be put in the garden waste bin?

- Leaves
- Hedge trimmings
- Grass cuttings
- Prunings from plants and shrubs
- Twigs and small branches – no larger than the width of your wrist
- Old and used compost
- Weeds

### What CANNOT be put in the garden waste bin?

- Pet bedding and waste
- Any kitchen waste such as fruit and vegetable peelings or egg shells – however these can be composted in a home compost bin.
- Non-native invasive plants
- Large amounts of soil
- Household waste

If you are interested in home composting there is a discounted offer from WSCC for a compost bin (made out of recycled plastic of course). Go to [www.getcomposting.com](http://www.getcomposting.com) and enter your post code and you will be guided to the discounted offer, black compost bin £15 plus £5.99 delivery. You also receive a very helpful leaflet with lots of tips on composting.



Would you like me to give a talk on recycling to your local group? Do keep your individual questions coming on specific items you are not sure can be recycled. One email to the editor, with a picture if possible, and I can let you know.

Looking forward to hearing from you. Keep recycling!



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# Tom Hicks

VILLAGE PEOPLE



## By Claire Cooper

While many of us are wondering if we might see a flutter of snow this year, one young Lindfield explorer is preparing for a month of sub-zero temperatures as he embarks on an expedition to the North Pole.

Tom Hicks, 23, of East Mascalls Lane will be joining a group of explorers on a once in a lifetime trek to the North Pole in April. The university student, who is studying for a Masters degree in Advanced Wildlife Conservation, will be raising funds for a charity close to his heart - the David Shepherd Wildlife Foundation.

"I've been passionate about wildlife conservation since I was lucky enough to go on a safari to Zimbabwe and Botswana when I was around 10 years old," said Tom. "My parents are keen supporters of a wildlife charity, and the experience sparked my passion for wanting to work with and for wildlife."

Tom was lucky enough to go back to Africa several times and in 2016 spent a month working in Zambia on an anti-poaching and primate rehabilitation conservation project. "That's my dream job, to play a part in helping prevent species from becoming extinct," he said. "When you hear that an elephant dies at the hand of poachers every 15 minutes, you realise just how serious the situation is."

"We'll fill our water bottles with cheese, nuts and chocolate so we can snack while wearing thick mittens which we keep on all the time..."

**Tom Hicks**

Tom's North Pole trek brings together his passion for supporting wildlife conservation with another childhood ambition - to follow in the footsteps of Tom Avery, the youngest Briton to ski to the South Pole.

Both Toms were former pupils at Cumnor House School in Danehill. "While I was at school, Tom Avery visited to give a talk and I was immediately inspired," Tom recalled. "I bought his book *Pole Dance* and read it about 10 times! It planted a seed in my head which has stayed there ever since. I used to think one day I'd do that too, and then last year I suddenly thought why not now?"

Tom got in touch with Tom Avery, who also led the fastest team in history to reach the North Pole. "He was really helpful and encouraged me to go for it," he said.



Tom's next contact was with record breaking polar explorer Dixie Dansercoer.

"I travelled to Belgium to meet Dixie and spent a weekend finding out exactly what the expedition entailed and whether I was ready for the challenge," said Tom, who was over the moon to be accepted to join Dixie on a North Pole trek.

"I was given the green light on 1st October and since then have been working towards getting fit and raising money to fund the expedition."

Tom will be the only Briton among the team of explorers, with others are coming from France, Russia and Belgium.

After arriving in Norway, Tom and the team will take a flight to the Arctic Circle to begin the 69 mile trek to the North Pole. "All our supplies and equipment will be strapped onto toboggans which we will pull behind us," said Tom who is currently training by pulling 60 kilos of industrial tyres strapped to a harness around his waist.

Tom expects the temperature to be between -15 and -25 degrees celsius. "I've been told if it drops to -35 then we start to panic!"

Meals will consist of dried food, rehydrated with melted snow. "We'll fill our water bottles with cheese, nuts and chocolate so we can snack while wearing thick mittens which we keep on all the time," said Tom.

Despite his passion for endangered wildlife, there is one creature Tom will be avoiding at all costs - the polar bear. "We will take it in turns to listen out for polar bears

every night," said Tom. "Their behaviour is changing as their habitat changes and this has made them unpredictable. You can never tell where they are or what mood they will be in."

Other problems can include seasickness from walking on moving ice and negative polar drifts. "If the ice moves overnight in the wrong direction, you can wake up 3 miles back from where you thought you were!" said Tom.

"We'll be pitching our tents every day in -15 degrees which will be challenging," he added. "Being mentally prepared is just as important as being physically fit."

As well as training hard for his trek, Tom is also busy raising sponsorship. "I'm really hoping that local wildlife passionate individuals and businesses will sponsor me to complete the challenge," said Tom, who has lived in the village since he was eight years old, is a former member of Lindfield Football Club team and currently plays rugby for Haywards Heath.

"I'd be happy to take company logos on my travels, to get that once in a lifetime photo opportunity," added Tom who is hoping to plant a David Shepherd wildlife flag when he reaches the North Pole.

To find out more and to sponsor Tom visit: [www.justgiving.com/fundraising/Tom-Hicks7](http://www.justgiving.com/fundraising/Tom-Hicks7) or email: [tomhicksnorthpole@gmail.com](mailto:tomhicksnorthpole@gmail.com).



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# Pond Island Discs

By Ayesha Gilani.  
LIGHTS, CAMERA...MUSIC!  
February is the month of love but it's also the Oscars 2019. Perfect time to get up close and personal with the indelible duo that is music and film. If you had to pick a movie soundtrack or song to accompany you on your Pond Island exile what would it be? Tough one, isn't it? This month's castaways can vouch for that. Ryan cried out for a double-page spread and Amanda had a torturous time settling on one from her top three! Mine at a push? Thomas Newman's emotive classical score to *The Shawshank Redemption*. I was mesmerised by the film when it was first screened more than 20 years ago. However, it was the music and its symbiosis with the film's lead character Andy Dufresne (played by Tim Robbins) that stayed with me long after the house lights came up. The film's stoic theme still gives me goosebumps. Newman's album was nominated for the Academy Award for Best Original Score in 1995 but lost out to *The Lion King*. Ah well, Hakuna Matata!



Amanda Harris-Keane

**Quadrophenia soundtrack album by The Who**

"I got into *Quadrophenia* a few years after its 1979 release because the film and its eclectic album captured everything I loved about the 60s era, music and culture. Being set in Brighton brought it all to life and I spent many weekends as a teenager hunting out locations from the film – I was that obsessed! The album includes some of what I consider to be the best music by The Who."



Ryan Walker

**Streets of Philadelphia by Bruce Springsteen**

"There are not many tunes that can set a mood with the first chord but this one knocks the wind out of you. To think Bruce wrote this before the film *Philadelphia* was made and with only a few hours of studio time is testament to one of the greatest song-writers of all time. The lyrics are impeccable and it feels like the film was made to match the song."



Natalie Hughes

**Wind Beneath My Wings by Bette Midler**

"This song comes from the film *Beaches* which my mum and I loved to watch together. It always brings me great memories of her and the unconditional love and support she gave me. It also reminds me of my best friend who I've known since I was 17. We've seen a lot of good and bad times together; she's always been my strength and encouraged me to go on so I know I am never alone in life."



Jon Roderick

**This is Spinal Tap soundtrack album**

"In the original 'rockumentary' you won't find a more perfect mix of sharp comedy and absolutely killer music, all written and performed by the cast. It would only take the intro to 'Stonehenge', turned up to 11, to brighten up those inevitable rainy island days."



Susan O'Riordan

**E.T. the Extra-Terrestrial soundtrack album by John Williams**

"This is a soundtrack and movie guaranteed to make me smile and sob in equal measure – even now, 37 years after its release! That iconic scene of Elliott and E.T. flying on his bike with the magical music still gives me goosebumps. The amazing John Williams won the Oscar for Best Original Score in 1983!"



Dave Fireman

**The Ecstasy of Gold by Ennio Morricone**

"This musical composition is part of the score for Sergio Leone's film *The Good, the Bad and the Ugly*. Phenomenal piece of music that never fails to raise the hairs on the back of your neck. Plus I dressed up as Clint one New Year's Eve and had a bloody great night!"



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# Councils set to retain more from biz rates

West Sussex councils have successfully applied to take part in a new Government pilot scheme that allows them to reinvest growth in Business Rates to support the local economy.

Under the pilot scheme, councils in West Sussex will be able to retain any increase in Business Rates locally, rather than giving it to the Government. The funding will be held in a joint pool on behalf of the Districts of Adur, Arun, Chichester, Horsham, Mid Sussex, the Boroughs of Crawley and Worthing and West Sussex County Council.

It is forecast that the additional business rates retained for investment locally could be £19m in 2019/20.

The Councils aim to work together and invest the money in infrastructure to support the rollout of Full Fibre digital connectivity across West Sussex.

Councillor Garry Wall, Leader of Mid Sussex District Council said: "The beauty of this pilot is that it provides Councils with more opportunities to support business growth in their area, something which in turn benefits the whole community.

"We are grateful to our local MP, Sir Nicholas Soames, who has championed our work within Government."

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# Amelia's special song

By Claire Cooper

When Lindfield teenager Amelia Grace spent last summer seriously ill in hospital with Crohn's disease, there was one thing that kept her spirits up - the thought of being back home for Christmas.

"Christmas is my favourite time of year and I would spend hours dreaming of all the things I was going to do," she recalled.

And when dad Ray brought her ukelele to her hospital bed Amelia began to wrap up her thoughts into a Christmas song.

"I started writing the song in between having tests," said Amelia. "It gave me something really positive to focus on."

After leaving hospital and continuing her recovery, Amelia joined forces with Ardingly recording artist Curtis Schwartz and 'A Cliché Christmas' was brought to life.

"It's a really cheesy little song which incorporates everything I love about Christmas," she said. "We had a lot of fun putting it together and Curtis was brilliant!"

The song was released during the first week of December to co-incide with Crohn's and Colitis UK Charity Awareness Week.

It soon caught the attention of local media including BBC South East which sent a reporter to interview Amelia at her home in Lindfield. "It was a lovely experience with our house looking all Christmassy," she said.

Amelia was also interviewed on Meridian FM Radio, More Radio and BBC Radio Sussex on Christmas Eve. "That was really exciting as I was interviewed by former Blue Peter presenter Stuart Miles who was lovely."

Her story was also featured in several local newspapers and widely shared on social media and the charity websites. "I received some lovely comments and even a Christmas hamper from Asda," said Amelia. The contents included alcohol free champagne and some lovely dark chocolate which I'm looking forward to eating as I come off my liquid diet."

Amelia is proud of how the song has helped raised awareness of Crohn's. "I was recently at Cumnor House School where my dad works and someone recognised me and came over to say how much she liked the song and that she had never heard of Crohn's disease before she read my story. That meant a lot to me."

Amelia's talents go much further than singing and song writing. Before becoming ill with Crohn's she had her heart set on becoming a professional dancer. "I began dancing when I was two years old and absolutely loved it," she said. "I was aiming to go to dance college."

A former pupil at the Gielgud Academy in Haywards Heath, Amelia is also a talented actress, landing the lead part in Aurora, a film based in the story of Sleeping Beauty, due to be released later this year. "It was filmed during the very hot summer in 2017 in the New Forest," she recalled. "We stayed in this beautiful little cottage where the film is set, it was like being in a real life fairytale. I absolutely loved acting and was keen to do more, but then I got really sick."

Amelia was diagnosed with Crohn's when she was 15, but





last summer her condition deteriorated, she lost 10 kilos in weight and spent three weeks in the Royal Alexandra Children's Hospital in Brighton undergoing blood transfusions and infusions. "The gastroenterology team at The Royal Alexandra Children's Hospital were amazing and I have so much to thank them for," she said.

Despite being seriously ill, Amelia's kept her creative mind occupied by composing her Christmas song. "I had never thought of myself as a singer, but I really love it and it's definitely what I want to do now," said Amelia who is currently working on an album which she hopes to release later this year.

She's also continuing her mission to raise awareness of Crohn's and is working with the Royal Alex on a new app aimed at teenagers. "I'll be talking about my experience, and explaining what it's like in hospital and what to expect," she said.

"There was nothing like that available when I became ill and it would have really helped me."

Since being diagnosed Amelia has discovered Crohn's is more common than she first thought. "Two of our neighbours have it and one of my longest friends has been diagnosed with it too," she said. "People often don't like to talk about it, but it's really important so that people understand what it's like. I was really lucky to have great support from my family, and my close friends."

"More importantly, I've learnt that Crohn's is part of who I am and, know what I want to do."



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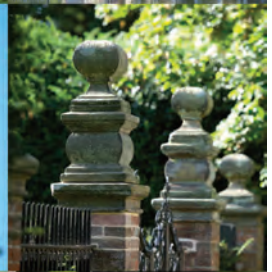
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# The house on the hill

## LINDFIELD HISTORY



Above and below: Paxhill around early 1900s

By Richard Bryant, Lindfield History Project Group

This month's article focuses on the large house, Paxhill, which stands on the hill to the north east of Lindfield Bridge, and its lands.

In common with much of Lindfield, its origins can be traced back to Saxon times, when the lands are first mentioned in the copy charter dated 765. The relevant section has been translated as, 'the sloping enclosure, Walstead, Lindfield, Paxhill and Buxshalls' which are described as 'pastus porcorum'; swine pastures. Paxhill appears in the charter as 'Bacanscyfles' and this name carries through for many hundred years. In medieval times a nunnery stood close to the river. The wealthy local Borde family, variously spelt e.g. Board, are known to have owned the estate from at least the mid-1500s and the name Paxhill start to appear in records from the early seventeenth century.

The house we see today was built by Ninian Borde between 1595 and 1606 in the Elizabethan style to replace an earlier house. The latter date and his initials are inscribed above the main entrance. It is said some of the stones for the building came from the ruined nearby nunnery. On Ninian Borde's death in 1606, the estate passed down through the family, with the last male heir William Board dying in 1790, leaving a widow, Harriot, (nee Crawford) and three daughters, Louisa, Harriot and Fanny Board. Paxhill passed into the Crawford family through the marriage of Fanny Board to her cousin Thomas Gibbs Crawford of Saint Hill, East Grinstead. Their son married Clara Homfray, of Honingham Hall, Norfolk in 1825 at Lindfield church, and their two daughters, Jane and Laura Crawford, inherited Paxhill estate in 1840. From 1828, the estate was leased until family members returned during the late 1840s.

In 1849, Jane Crawford married Arthur Smith, who (with his brother Albert) became well known as the



first Englishmen to climb Mont Blanc on 12th August 1851. During the 1850s, Arthur Smith managed the Egyptian Hall in London and with his brother gave performances recounting their exploits on Mont Blanc. Being acquainted with Charles Dickens, during the late 1850s he handled the bookings for his readings and accompanied him on tour, in effect acting as Charles Dickens' tour manager.

On land adjacent to the Ardingly road within the Paxhill estate, Arthur Smith built The Chalet in the early 1850s. Arthur Smith died in 1861 and two years later Jane Smith married Emile Bouchard, an officer in the French Hussars, and the property became part of the marriage settlement. The Chalet subsequently passed through many owners before becoming a religious house, St Margaret's, and latterly in 1967 the Convent of the Holy Rood for the Sisters of the Cross. Today known as Hollyrood, it is a Disabilities Trust adult residential home.

By 1855, Arthur and Jane Smith together with her sister, Laura Crawford, had left Lindfield to live in their London house in Grosvenor Place. Paxhill was leased



before being sold in 1856, thus ending some 300 years of ownership by the Borde/Board and Crawford families. The purchaser, Rev Borsley, quickly sold it to Thomas Herbert Noyes of East Mascalls, Lindfield, who lived in the house for a short time. Subsequently it was bought in 1865 by Peter Northall Laurie, the Governor of the Union Bank of London since 1861; his uncle had founded the bank. The bank following several acquisitions amalgamated with the National Provincial which subsequently became a constituent of NatWest, now part of Royal Bank of Scotland.

By this time the house was showing its age and needed modernising, which the wealthy Mr Northall Laurie immediately put in hand, including installing a bathroom; reputed to be the first in Lindfield. He also significantly extended the house. Following his death in 1877, the estate was again put up for sale, and was bought at auction for £39,000 by William Sturdy. It was to be the country home for himself, his wife Frances and their large young family. They employed around 20 live-in indoor and outdoor staff.

The estate when purchased by William Sturdy comprised 353 acres of land and the large well-appointed mansion with an extensive range of rooms and servants quarters. Outside were lawns, pleasure grounds, shrubberies, an Italian garden, kitchen and fruit gardens, a heated vinery, and a peach and nectarine house. Beyond was parkland stretching down to the River Ouse, with a lake, boathouse and fish ponds. The coach house in the Elizabethan style had space for eight carriages. Properties within the estate included Bridge House and Grange Farm with its farmhouse and brick cottages

Like the previous owner, William Sturdy extended the house and embarked on a major programme of improvements to the house and grounds. On his death in 1906 at the family's London house, William Sturdy left an estate of over £1million and during his time at Paxhill had acquired a portfolio of Lindfield property. In his memory a stained glass window, depicting Justice and Prudence was installed in the South Chapel at All Saints Church. Previously, William Sturdy had given the church a new tenor bell and ringers' gallery in 1887 and the Sturdy family also funded the building of the Choir Vestry in 1911.

His son, William Arthur Sturdy, took over Paxhill, and was active in village life through to his death in 1918, aged 48. He was a considerable benefactor to Lindfield. King Edward Hall would not have been built opposite the Pond had he not provided the land. Likewise, the miniature rifle range in Alma Road during the Great War. This was just one of his many good and generous deeds at that time, these ranged from providing workrooms for the Lindfield Voluntary Work Organisation making clothes and dressings for the wounded, to funding the purchase of a potato sprayer and chemicals for residents to borrow.

Following William Arthur Sturdy's death, Paxhill remained owned and lived in by family members. Early in the Second World War, the estate was requisitioned by



Drawing by SH Grimm dated c1787

the military becoming a camp for the Canadian Army and the Black Watch. It is said about 70 huts were built to accommodate 1,500 troops on the land alongside Park Lane. Military equipment, including large quantities of ammunition and shells, were stored throughout the park. The officers' mess was located in the house, a part of which remained occupied by the Study family and staff. The camp had all the necessary facilities from water tank to sewerage works and even a cinema, to which the more adventurous village boys would seek to gain access. The military presence reduced after D-Day and at the war's end the camp was used to demobilise returning British prisoners of war.



Lake and boathouse

Paxhill continued to be occupied by members of the Sturdy family until about 1960 when it was leased first to Preston College, Brighton, and then to Captain Goodwin for use as a retirement home. The property was sold in 1970 bringing to an end almost one hundred years of ownership by the Sturdy family. Further changes of ownership followed with the house continuing to be used as a home for the elderly until 1999, when it was sold and converted back to a private residence.

Contact Lindfield History Project Group on 01444 482136 or visit [www.lindfieldhistory.org.uk](http://www.lindfieldhistory.org.uk)

# Spice up your February

SIMPLY GOOD FOOD



## Spiced Lamb

Using a large pan gently fry a large thinly sliced onion in 1tbs rapeseed oil until lightly browned. Cut 500g boneless lamb (fillet or leg) into bite-sized pieces and add to the pan with 1tbs grated fresh root ginger, 1tbs cinnamon and 2tsp smoked paprika. Stir well to coat the meat with the flavourings and to seal the meat on all

sides. Stir in a generous handful of dried apricots and just enough cider, white wine, vermouth or stock to cover the meat. Bring just to the boil and pop in a preheated 160C oven for about 45-60 min or until the lamb is tender.

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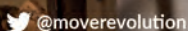
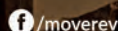
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I am writing this in January and, so far, we have happily escaped any dire weather but I cannot believe this will continue. A friend in Texas emailed me to say they were having snow, so am sure we will not entirely escape it. So I am definitely thinking simple and delicious casseroles this month, with warming spices to enhance the flavours. I am all in favour of one-pot dishes that go in the oven so use a casserole that will be ok on the hob and in the oven. Alternatively warm a casserole dish while browning ingredients in a frying pan then tip them into the hot dish and pop in the oven to complete cooking. These recipes serve four, left-over portions can be happily frozen for another day.



## Paprika Chicken Thighs

Combine 2tsp smoked paprika, 1tsp cinnamon and 1tsp turmeric on a plate. Use to coat 8 chicken thighs (with skin on and bone in), rubbing it in well. Heat 1tbs rapeseed oil, add the chicken and cook, turning, just until golden brown. Remove to a plate. If there is a lot of fat in the pan tip out most of it, then stir in 1 thinly sliced large onion, crushed garlic (2-3 cloves depending on your taste), any remaining spice mixture and 450g baby carrots, halved lengthwise. Cook over a low heat until just golden brown. Top with the chicken. Combine the finely grated rind and juice of 1 unwaxed lemon with 2tbs maple syrup or honey and 200ml hot water. Add to the casserole, cover and cook in a preheated oven 160C for about 20 min or until chicken is cooked through.

## Oven Paella with Spiced Salmon

Finely grate the rind of 1 orange and extract the juice. In a shallow dish combine the juice and rind, 2tbs soft brown sugar and 2tsp cinnamon. Add 4 salmon fillets, turning to coat them completely. Cover and chill for 30min. Lightly fry 125g sliced chorizo sausage in the hot pan until the fat begins to run then stir in 200g Arborio rice and cook, stirring, until beginning to brown. Add 1tbs smoked paprika, a good pinch of saffron, two thinly sliced peppers (red or yellow, discarding the seeds) and a thinly sliced medium onion. Stir in 1 litre hot stock, cover and cook 160C for about 20 min. Top with the salmon, cover and continue to cook for 15-20 min or until the rice has absorbed the stock and the fish is cooked through. Good served with mayonnaise that has mint jelly stirred into it and lots of lemon wedges.



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# How about fixing that old item?

Lindfield resident Willy Bollschweiler (pictured right) fundamentally dislikes throwing things away, so when he heard about the Chailey Repair Café he decided to take his 'sparking jigsaw' along to see if it could be fixed.

The Café's main purpose however, is that visitors can bring their broken items in from home and alongside the experts make their repairs together. For example, there might be an electrical specialist on hand to help fix items like Willy's jigsaw and computers or a member of the fabric team to assist with hemming trousers or coat linings.

People are encouraged to bring their broken items to the café, have a cup of tea and a piece of home-made cake while they talk to other visitors or watch the repairs being carried out. All that is asked is that a small donation is made.

Willy explains: "The atmosphere there was warm and friendly and on top of that my jigsaw is now ready for use again. I was so impressed, I am even thinking about becoming a volunteer!"

The man behind the Chailey initiative is Brian McAlley who opened the Café in August last year after nearly 60 years of taking things apart and trying to bring them back to life.

"I am happy to say that the project has really captured the hearts and minds of the local community, and we have been delighted to welcome visitors from as far away as Eastbourne, Lewes and Tunbridge."

Chailey Repair Café is part of a worldwide movement where expert volunteers offer their time to repair objects and items free of charge. The concept for the Repair Café began in the Netherlands in 2009 when Martine Postma wanted to help local communities find ways of producing less waste and more environmental sustainability.

The Chailey Repair Café meets on the second Saturday of every month at 10am in Chailey Parish Hall (BN8 4BE). The next event will be held on Saturday 9th February.



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# From a shelf to a shop

OPEN FOR BUSINESS



**By David Tingley**

When Andrea Duly dipped her toe in the water (pun intended!) of footwear retail she had no idea she'd be celebrating the second anniversary of her own shoe shop on Lindfield High Street in 2019!

Andrea, who grew up in the area and lived next door to the Snowdrop Inn as a child, actually entered the market by having a small concession within a boutique in the village. "The idea was to respond to feedback I'd heard from ladies here," she explains. "Lindfield had lots of choice for fabulous fashion, but very little in terms of the accompanying footwear." At this point Andrea decided to make a bold move. She made an agreement with a High Street shop owner and now had a shelf to fill with product. Foxy Feet was born!

That was back in 2015 and within six weeks business was going well. When her arrangement in the shop came to an unexpected end Andrea needed to make a quick decision. Having never expected to start her own business, let alone be working full time, the mother of three suddenly found herself looking for a small unit to rent to expand in to. Trading Boundaries (near Sheffield Park) provided the answer and, with the help of family and friends, her first shop opened in August of that year.

"The range of other outlets there meant that we were a good fit," Andrea explained, "and it was lovely to really feel welcomed by the other shop owners when I opened my own door for the first time."

After just three months the business had outgrown this small shop and Andrea upped and moved into a larger unit within Trading Boundaries. "By now the business was really beginning to take off, but I always had in my mind the desire to return to Lindfield."

Although she first looked at the shop at 68 High Street in the spring of 2016, she didn't move Foxy Feet Boutique into Lindfield until January the following year due to complications with the lease. Andrea recalls: "I was so pleased to finally be back here. I have always loved Lindfield. It's a fantastic place and I am so proud to be part of the retail landscape here – alongside so many other amazing businesses."

Foxy Feet offers all type of fashion footwear, from sparkly sandals to knee-high boots. Alongside the more well-known brands such as Fit Flop and Moda In Pelle, the shop also carries stock from great names like Tamaris, Alpe, Lunar and Caprice.

"My principal is that shoes should always be both stylish and comfortable. There's nothing worse than being in discomfort whether you are at work or a social occasion,





Andrea's first shelf of shoes



Even the family dog Oska helps out!

as all you end up thinking about are your feet! With our ranges you don't have to wear bland or 'frumpy' shoes to be comfortable!"

Andrea has always loved shoes, even before she began selling them. Of course, there's one question that one has to ask of any shoe shop owner: How many pairs of shoes does Andrea own herself? It's clear from the initial reaction that this is going to be a large number! "I will admit that I did cull two large boxes of shoes recently," she tells me. Although we don't get to a specific figure!

As well as business owner, Andrea is a family woman. Married to Leigh, they have two grown-up boys George and Oliver and Eloisa who goes to school just outside the village. "I have always felt tremendously supported by my family," she explains. "Leigh has been helpful from the beginning and even sometimes still works in the shop (the ladies love him!) and Oliver used to work in the Trading Boundaries store too."

One of the key factors to running your own business is flexibility and this is something which Andrea appreciates. Jo and Gwen both work part time in Foxy Feet and they clearly work well together as a team. "I am so grateful that all three of us are able to be flexible and cover for each other as and when. It works really well."

Lots of people talk about running their own business but very few do. But isn't running a business lonely? "It can be," Andrea tells me. "Some days you just want to be told what to do, or even to talk over a business decision with someone. But I'm also very proud to have got this far."

"Being in business requires multiple skills. Some days I'm the bookkeeper, on others I'm the buyer, the shop assistant and the boss – it's certainly varied!"

So what's to come for Foxy Feet Boutique?

"The world of retail is always a challenge," Andrea explains. "But I'm looking forward to a 2019 of providing more of the same personal service to all our lovely and supportive Lindfield customers!"

"We have already begun conversations with our suppliers about ensuring stock after Brexit and so we do know that we'll have plenty of spring/summer stock when the weather finally turns."

While you are reading this and dreaming of warmer times returning to Lindfield, Andrea is busy buying the stock for next winter's collection! The world of fashion is indeed a little crazy – but Andrea, Jo and Gwen can help you make some sense of it all!

Foxy Feet Boutique is open at 68 High Street, Lindfield, six days a week from 9.30 to 5pm.

# Taxing times ahead!

Personal Tax Return deadline 31st Jan



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# Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to [photos@lindfieldlife.co.uk](mailto:photos@lindfieldlife.co.uk) - thanks!



Richard, Liz, Sophia, Francesca, Bella and Luca Evans at Uluru, Australia



Irene Cambers & grandson Luke on USS Yorktown in Charleston, South Carolina

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# How the railway changed Haywards Heath

Lindfield's All Saints Church is featured on a pen and ink drawing in Cuckfield Museum's new display. The museum will reopen on 16th February after its winter break with a theme of the story of Haywards Heath, and how the coming of the railway in 1841 brought prosperity and rapid expansion to this part of Mid Sussex.

The drawing shows the scene on a deserted Heath in 1841 as the railway was being driven through.

After the break, the museum on Cuckfield High Street will be open from 10am-12.30pm Wednesday to Fridays and until 3pm on Saturdays.



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## Excitement on the school run

Children and parents alike were treated to a spectacle when Lindfield balloonists Deborah Jane Day and Mike Scholes took off in their balloon from Lindfield common last month. The trip, which was being filmed by TV crews in advance of their Atlantic flight later in the year, caused quite a commotion just before 9am in beautiful sunshine.

Photo: Kerry Hindhaugh



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# Pride and Prejudice by Jane Austen

## BOOK REVIEW

By Ella Tingley (Yr 9)

First published in 1813, *Pride and Prejudice* is a timeless classic of literature. It is based around Elizabeth Bennet, a bright young lady who has four sisters and a nightmarish mother. The family are desperate to marry their daughters to wealthy men, so, when opportunities arise, they are pulled into a world of gossip, misfortunes and love. In fact, the famous first sentence sums up the main themes of the story: "It is a truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife."

I really enjoyed this book, not only because the story was gripping - there was always something going on - but also because the characters were so well formed. Even now, over 200 years later, they are still easy to relate to: I cringed at their embarrassment, ached when their hearts were broken and smiled when they found comfort.

Austen's writing style is witty and, even though the language is centuries old, makes for an extremely entertaining read. Don't hesitate to pick it up and read it - it is a great experience.



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## Mad blood stirring by Simon Mayo

### BOOK REVIEW

By Cavan Wood

This is an extraordinarily confident novel by Simon Mayo. Previously, he had written teenage fiction like the 'Itch' series, but here he takes on a historical event. After the war of 1812, American sailors were put into Dartmoor jail, awaiting reparation. Yet the novel shows that due to politics and race, these men were there considerably longer than they should have been, which led to a powder keg of a situation developing. The characterisation and plotting are handled deftly. This is a novel of subtle power, which will require re-reading to get all of the goodness from it.

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# Misrepresentation in property transactions

## LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

**Question:** I am in the process of selling my property. I have an ongoing dispute with a neighbour regarding shared use of a septic tank, do I need to tell the buyer about this?

**Answer:** There is a principle in law known as caveat emptor, or 'let the buyer beware'. This places a burden on the buyer to find out everything he wants or needs to know about the property before buying it. However, the seller is obliged to bring to the buyer's attention details of any serious issues with the property which the buyer could not have discovered by a reasonable inspection of the property. Additionally, when selling a property, you will be asked by your solicitor to complete several forms, one of which is the Property Information Form (PIF) within which you will be asked to provide details about the property and, specifically, to confirm whether there have been any disputes or complaints regarding the property or if you are aware of anything which might lead to a dispute. The issue you highlight between you and your current neighbour regarding the septic tank is one that should be disclosed to the buyer as it is, by your own admission, a 'dispute' and one that would not be easily discoverable by the buyer when inspecting the property.

The repercussions of giving inaccurate information to the buyer on the PIF, or in response to any additional enquiries made by the buyer, can be catastrophic. A seller that intentionally provides a buyer with an untrue statement about the property (which subsequently induces that buyer to enter into a contract) is likely to be liable to the buyer in 'misrepresentation' should that buyer suffer financial loss as a result. The legal remedies available to a buyer in these circumstances are dependent on the nature of the misrepresentation. A buyer may be able to withdraw entirely from the sale or be entitled to financial compensation, known as damages. If the misrepresentation is uncovered after the sale completes, the buyer may be able to rescind the contract and recover from the seller the full price paid for the property, and any additional costs they incurred and return the property to the seller.

There is tension between the principle of 'buyer beware' and the legal action of misrepresentation. It is often difficult to strike the right balance between what the buyer should be told and what he should be left to find out for himself. For example, does the buyer need to know that the garage roof occasionally leaks water in heavy rain or is that a matter he should find out for himself? Expert legal advice should be sought if you have concerns regarding what information to tell your buyer.

Martyn can be contacted by email: [mgooch@rohansolicitors.co.uk](mailto:mgooch@rohansolicitors.co.uk) or by telephone: 01444 450901.

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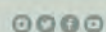
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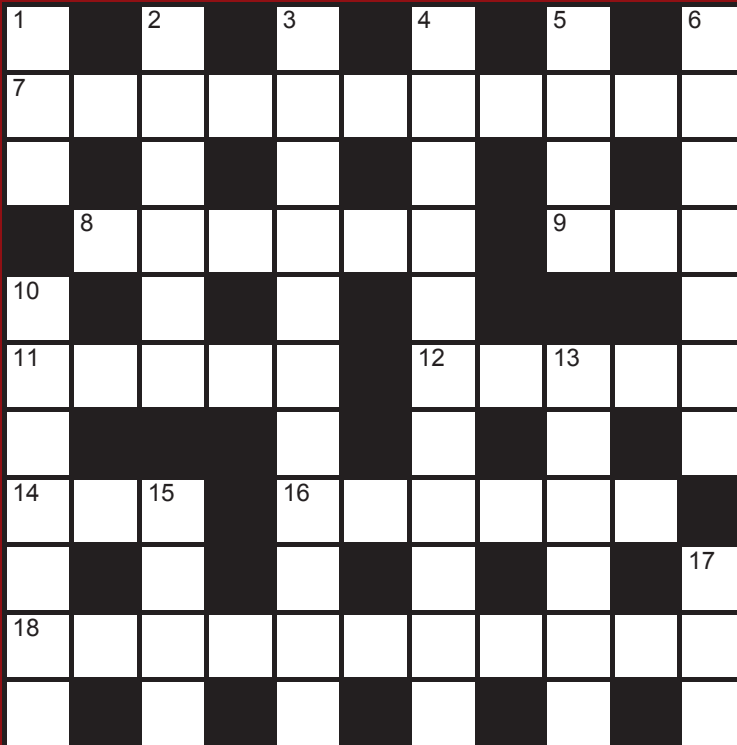
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\*Distances taken from National Rail. Digital illustration is indicative only. Pricing correct on 11.01.19.

# Family crossword



Got 20 mins spare?  
Have a go at this crossword - which should be varied enough for all ages to answer some clues.  
Answers listed on p.55

## Across

- 7 Renter (11)
- 8 Pertaining to a nerve (6)
- 9 Doze (3)
- 11 Huge (5)
- 12 Paddled (5)
- 14 Anger (3)
- 16 Child's toy (6)
- 18 Witches (11)

## Down

- 1 Mischievous person (3)
- 2 Image recorder (6)
- 3 Correspondence assistants (11)
- 4 Using obscene language (4-7)
- 5 Yemeni seaport (4)
- 6 Three-legged racks (7)
- 10 Con (7)
- 13 Condiment (6)
- 15 Lugs (4)
- 17 Monmouthshire town on eponymous river (3)

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# Sudoku #31

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

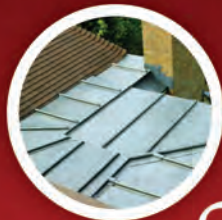
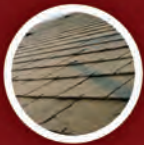
9	1							6
		4	3			9	7	
			2	6				9
				5	7			
			9	1		8	5	
	5		1					9
6				2	5			
2			8					4

Find the solution to #31 in next month's magazine

## #30 Solution

1	9	6	8	7	2	4	3	5
2	4	8	3	1	5	7	6	9
3	7	5	4	6	9	8	1	2
8	3	2	6	5	7	1	9	4
7	1	4	2	9	3	5	8	6
6	5	9	1	8	4	3	2	7
4	6	1	5	2	8	9	7	3
9	2	3	7	4	1	6	5	8
5	8	7	9	3	6	2	4	1

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# What's on in February

## AT KING EDWARD HALL

### January

- 29th **Lindfield Flower Club** – 2.30pm  
Maggie Hayes demonstrates 'Anytime, any place, anywhere'

### February

- 2nd **Seed Swap & Coffee Morning** – 10am  
Lindfield Horticultural Society hosts its annual event which includes a Plant Sale too. (Free entry)
- 2nd **Goldfinch Styling** – 11.30-3.30pm  
Sale of pre-loved clothes  
(Lucy Thompson 07813 617780)
- 6th **Bollywood Dinner Dance** – 7pm  
A charity fundraising night of Bollywood glamour (£20, 3-course meal: office@bdduk.com)
- 12th **Goldfinch Styling** – 9am-4pm  
Sale of pre-loved Clothes
- 12th **Lindfield Preservation Society** – 2.30pm  
An illustrated talk on 'The journey to the South Downs National Park' by Geoffrey Mead. The South Downs National Park is the most recent in the UK, but it had a long period of gestation! What was the reason for this and what social movements brought about UK National Parks in the post-war period. All will be revealed in this talk! All welcome, entry free. (John Chapman 01444 484470)
- 13th **Horticultural Talk** – 8pm  
'Churchyards as important areas for Nature Conservation' a talk by Sheila Preston. With the loss of around 97% of traditional hay meadows in the last 50 years, such areas become of increasing importance. (All welcome, £3 entry, www.lindfieldhorts.org.uk)
- 18th **LDC Auditions** – 8-10pm  
Open auditions will be held for a comedy double-bill by Lindfield Dramatic Club: 'Curses, Foiled Again!' by Evelyn Hood (6 actors) and 'Poor Yorick' by Phil Mansell (5 actors). Performance dates 24th/25th May (Ron Skinner 01444 484474 or ronskinner@talktalk.net)
- 21st **Mary Poppins (U)** – 7.30pm  
Film show with tea/cake interval  
(Tickets £6 from Tufnells)
- 23rd **Lindfield Folk Dance Club** – Barn Dance with Supper (Mike Fairweather 01444 482741)
- 26th **Lindfield Flower Club** – 2.30pm  
Michelle King demonstrates "Tutti Frutti"

## AND ELSEWHERE

### February

- 3rd-10th **Come and See**  
All Saints Church – Week of events celebrating reopening of the church (see page 12 for details)
- 5th **NHS Retirement Fellowship Mid-Sussex Branch** – 10.15am  
Franklands Village Hall, Haywards Heath - Shelter Box Disaster Relief by Debbie Belissio
- 9th **Chailey Repair Café** – 10am  
Chailey Parish Hall (BN8 4BE) – Turn up with your broken items to be fixed
- 9th **Haywards Heath Music Society** – 7pm  
HH Methodist Church – Ensemble Reza return for an evening of string quartets (Tickets £15 www.haywardsheathmusicsociety.org.uk)
- 12th **Ensemble Reza Concert** – 1pm  
Haywards Heath Methodist Church - Valentines Special with romantic music for cello and piano including music by Faure, Rachmaninov, Schumann & Piazzolla (free)
- 13th **Charity Car Wash** – all day  
Scaynes Hill Garage – Fundraising for Cancer Research UK
- 13th **Mid Sussex Franco-British Society** – 8pm  
Clair Hall - Showing a Catherine Deneuve and Gérard Depardieu comedy film entitled 'Potiche' with English subtitles
- 14th **HH Ceramics Group** – 10am  
Clair Hall - Talk: 'A Mug chasing Mugs' by Mike Turner. Free entry in February for anyone coming along for the first time.
- 14th **Mid Sussex Association National Trust** – 2.30pm  
Clair Hall - Talk: 'Charles Darwin and the Galapagos Islands' by Derek Barton
- 20th **The Arts Society Mid Sussex** – 10.45am  
Clair Hall - Lecture: 'Discovering MacDonald Gill, Architect, Artist and Mapmaker' by Caroline Walker (£7 on the door)



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