

Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,
by the village

Jan. 2019 Issue #120

10 YEARS OF
LINDFIELD LIFE
Free



Great news for Blackthorns school

page 6

Are you a 'recycling geek'?

page 28

Down by the river - Lindfield history

page 32

SELLING FAST!



MAKE YOUR NEW YEARS RESOLUTION A REALITY

If you've been thinking of starting the search for your dream home, there's no better time than the present.

This exclusive development of 4 & 5 bedroom homes is beautifully positioned on the outskirts of Haywards Heath in West Sussex.

Bordered by mature woodland and with a stream flowing through its heart, Birchen Oak is a truly serene place to call home; it's difficult to believe you are less than an hour* from the bright lights of London.

Call our friendly sales team now to book a viewing of our show home and to experience what life at Birchen Oak has to offer.

Houses priced from £649,950

Off Gatesmead | Haywards Heath | West Sussex | RH16 1RY
Marketing suite and show home open Monday to Friday 10am - 5pm
Saturday and Sunday 10.30am - 5.30pm

EDITORIAL

By David Tingley, Editor

So 2018 is down and we have 2019 to look forward to.



The celebrations start early at **Blackthorns school** with news of an 'outstanding' Ofsted inspection at the end of last year. See **page 6** for more details.

Looking forward to the New Year – on **page 10** we learn about the plans for **Lindfield Arts Festival** and its tenth anniversary. And talking of anniversaries, **page 21** celebrates local estate **Mansell McTaggart** being on the High Street for ten years.

If you consider yourself to be a bit of a '**recycling geek**' then you will want to read about the competition on **page 28**. WSCC waste guru and Lindfield resident **Colin McFarlin** has organised a behind the scenes tour of the local recycling plant – if you can work out what shouldn't go in the Blue Bin, you can be in with a chance of winning a place on that special tour!

Page 32 we welcome **Richard Bryant's** regular **look back through history**, and this month he completes the feature focusing on the river north of Lindfield, a castle and a swimming club!

On **page 38 Lindfield Parish Council** has published its quarterly **newsletter** – and brings us up to speed with what we need to know in the village. In particular the council is asking for a few volunteers to help out if the snow comes.

Lindfield Preservation Society is also keeping us up to date with the areas it has been and is working on in Lindfield on **page 58**. As a community we are so lucky to have such active organisations like this.

My personal favourite feature – **Holiday Snaps** – is continuing to engage you lovely readers! See **page 57** for this month's collection of holidaying villagers, including **Mark and Camilla Plass** on their honeymoon in Grenada! Congratulations to you both.

Happy New Year!

Issue #120 – January 2019 –
5,200 copies printed

Next magazine copydate:
8th January 2019

Next magazine published:
22nd January 2019

Lindfield Life

The Barn, Hurstwood Grange,
Haywards Heath RH17 7QX

Telephone 01444 884115
www.lindfieldlife.co.uk

Editor: David Tingley
Assistant: Claire Cooper
editor@lindfieldlife.co.uk
Advertising: Emily Billson
ads@kipperlife.com

Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors. Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that there is no breach of copyright. Neither the editors nor the publisher accept any liability in respect of the content of any article, photo or advertisement.

Lindfield Life Published by Kipper



David Tingley
A snowy school run on
Black Hill

norto5
kidz
Pre-school
Daycare
Nursery

Have you heard?

We have a new nursery opening near Haywards Heath station!

Call now to find out about
Station Close
www.norto5kidz.com
0845 004 5226

Haywards Heath Lindfield Cuckfield Burgess Hill

grass cutting
lawn care
hedgeworks
tidy up, pruning
leaf clearance
garden maintenance
patio cleaning
fencework
gutter clearance
reasonable rates
reliable service

Transform your garden

call Chris for a FREE QUOTE
0800 014 2420
email: cj.tinsley@nicenstripy.com
www.nicenstripy.com

nice nstripy
grasscutting & more

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Lindfield's shop 'Best Bridal Retailer'

In November Lindfield's own shop Mathilda Rose was awarded 'Best Bridal Retailer (South East England)' at the prestigious Wedding Industry Awards.

Mathilda Rose was established in 2011 by Nicola O'Rourke and serves brides in Sussex, every corner of the UK and all around the world.

The Wedding Industry Awards (TWIA) are the only regional and national client voted awards in the wedding industry. It was set up to recognise excellent wedding suppliers and to help anyone organising a wedding find the best suppliers.

Mathilda Rose will now go forward to TWIA 2019 National event. Winners will be announced and presented at the National Awards Event at the Cafe de Paris in London later this month.

Creative Director Nicola O'Rourke said: "Thank you to each and every Mathilda Rose Bride who voted for us... your wedding dress journey was an absolute pleasure and an honour we are privileged to have shared.

"Having your own business has many upsides. Being able to work for yourself, building an asset, calling the shots – those are all powerful motivators. But the reality



is a little less glamorous. Small business owners work seriously hard and long hours just to stay on top.

"It feels amazing when the hard work gets noticed and appreciated! We are incredibly proud and happy to have won such an amazing award."

PUTTING THE ART INTO Party!

Looking to book a party with a difference? Kid's Birthday Parties, Ladies Cork & Canvas Night, Teen Creative Gathering, or just a Grown Up Art Party!

Each party is tailor-made to ensure a creative fun-filled celebration and, of course, all the mess is left behind after the party!

3 choices of art party for kids
Nibbles and tippie of choice for grown ups
All materials & refreshments included

To register or for further information email: art@lindfieldartstudio.co.uk

www.lindfieldartstudio.co.uk/art-parties

Weekend & evenings available to book

Jakki Todd

The Lindfield Beautician

Jakki is an Aesthetician with over 30 years experience offering Beauty Treatments, Electrolysis & IPL Permanent Hair Reduction in a private home with parking facilities.

- Facials
- Waxing
- Electrolysis
- LVL Lash Lifting
- Aromatherapy
- St Tropez Tanning
- Eyelash/Brow Tinting
- AHA Skin Peeling Facials
- Manicures and Pedicures
- IPL Permanent Hair Reduction

Gift Vouchers Available

For full Treatment List & Prices visit www.jakki.net
 Email: info@jakki.net
 Tel: 01444 487474

APPOINTMENTS ONLY

Specialising in Electrolysis & IPL Permanent Hair Reduction

beauty therapy and electrolysis



Schools great cross country results

By Mark Tugwell

Lindfield and Blackthorns schools entered both a girls and boys team into the district cross-country event at Warden Park Secondary last month. The children had to run in gruelling conditions with many runners slipping on the wet mud as the rain came down. Despite this, both schools did exceptionally well. The Lindfield boys team came 3rd with five runners qualifying for the next round and the Lindfield girls finished 6th with three girls qualifying. The Blackthorns boys team finished 4th with one boy qualifying for the next round and the Blackthorns girls finished 5th with one girl qualifying. An excellent achievement for both schools.

On top of this, both the girls and boys races were won by pupils from our schools. Jacob Rodderick, from Lindfield Primary, ran amongst the front group of runners from early on in the boys' race. At the three quarter mark, Jacob broke away from the group and stretched out an impressive lead to win the race. B Crouch, from Blackthorns Primary, took the lead in the girl's race within the first half of the run. She maintained a steady pace throughout, before accelerating within the last 100 meters to pull further away from the runners behind her. A fantastic run from both pupils.

The Kitchen People

Inspired by you, created by us...



Now offering trade discounts, working in partnership with your builders.
Let's support local.

Call us now to arrange your free design consultation...

61 High Street, Lindfield RH16 2HN

Tel: 01444 484868

info@kitchenpeople.co.uk www.kitchenpeople.co.uk
facebook.com/thekitchenpeople



Photo: Jacob Neiler

Pupils thrive at 'Outstanding' Blackthorns

Blackthorns Community Primary Academy in Lindfield has received an Outstanding rating from the Office for Standards in Education (Ofsted) following a recent inspection.

This is an uplift from the Good rating received in March 2018 and places the school in the top 19 per cent of UK primary schools rated Outstanding.

Blackthorns Principal, Marianne Brand, said: "This is a wonderful and well-deserved acknowledgement for our whole school community. Our pupils, staff, local board members, parents and carers have worked together with passion and dedication to make this result possible. It has been an honour to lead the academy on this journey to Outstanding."

This success builds on recent plaudits. Earlier in 2018, Blackthorns was recognised as one of the best performing primary schools in the country, based on data from the Department for Education and Ofsted, analysed by the Schools, Students and Teachers network: Blackthorns pupils' attainment at the 'expected' and 'higher' standard at Key Stage 2 in Reading, Writing and Maths is in the top 20 per cent of all schools nationally.

Ofsted praised the school stating: 'Pupils thrive at this school because their needs are met extremely well.'

The report concludes by saying 'This is an outstanding school' and, in relation to the five assessment categories, it states:

- Everyone works together resolutely to help pupils achieve their very best. High standards are an expectation, not an aspiration.
- Pupils learn very well across the curriculum, attaining highly throughout their time at the school. This prepares them successfully for their future learning.
- Pupils flourish because of rich opportunities that support their personal development.
- Pupils attainment in reading, writing and mathematics is high across the school.
- Children thrive in the early years because of the high-quality provision they experience.

Blackthorns joined the University of Brighton Academies Trust, sponsored by the University of Brighton, in 2015.

The role of the Trust was also commended: 'Governance is very effective. The local board and wider trust work very well together to ensure legal duties are met. Their collective rigorous challenge to leaders ensures that standards in the school are high.'

Dr John Smith, Chief Executive, University of Brighton Academies Trust, said: "I wholeheartedly congratulate Blackthorns on this Outstanding judgement. It is our aim for all our academies to be rated as Outstanding. This result for Blackthorns, just three years since joining the Trust, is confirmation that we are meeting our ambition to deliver excellent education for the children of Sussex."

Masters & Son EST 1854

Bespoke Pre-planned Funerals



Pre-planning your funeral with Masters & Son can provide peace of mind for you and your family. Let us help you make more informed choices with our specialist knowledge and expertise.

Our pre-paid funeral plans* offer many financial benefits and are truly personalised to your wishes.

Call us today for a no obligation discussion.

*In association with Perfect Choice

Masters House
Lewes Road, Lindfield
West Sussex RH16 2LE

01444 482107
mastersandson.com



Taxing times ahead!

Personal Tax Return deadline 31st Jan



Services include:

- Accounts preparation
- Outsourced bookkeeping
- VAT compliance
- Payroll bureau
- Company secretarial
- Audit
- Corporate tax compliance
- Corporate tax planning
- Personal tax compliance
- Personal tax planning



For further information or to arrange a FREE chat with Chris call **01444 458252**

WEB
www.prbmp.com

TEL
01444 458252

Kingfisher House, Hurstwood Grange, Hurstwood Lane
Haywards Heath, West Sussex RH17 7QX

No Tiger Arts concert this month

By Peter Ford, administrator

There will not be a Lunchtime concert in January as All Saints will be preparing to move back into the church premises following major refurbishment.

The February concert will be on the first Wednesday, namely 6th February, as part of the re-opening 'Come and See' week. That concert will feature the Blackthorns Community Primary Academy Choir led by Elin Davies and accompanied by Helen Moffatt on the piano.

Light lunches will be served as usual in The Tiger lounge from 12noon with the concert at 1pm in the church.

Lunch and the concert are free but gifts towards expenses will be welcome in the plate at the back of the church.

From March onwards these concerts will revert to 2nd Wednesdays monthly. The diary for the year will be available at this concert.

Walstead Cemetery pathway rejected

By Colin Lucas

At their meeting on 29th October, members of Lindfield Rural Parish Council reiterated concerns about unmarked burials saying little can be done to provide sufficient disabled access. They say they are sympathetic and could prioritise plots with easier access for families with disabled members.

A nine month campaign has been carried out to have this pathway provided. A petition with over 230 signatures, many with comments highlighting access problems, was delivered.

Councillors have continually rejected it.

Reasons have been that there are unmarked burials, and it would not be in keeping with the rural aspect of the cemetery and that there are protected wild flowers.

The council said they did not undertake a survey to identify unmarked burials because it would be inconclusive. In this case the path is being rejected only on an assumption of unmarked burials.

Prioritising plots would not address access problems for family and non-family members who develop mobility problems in the future.

I would urge anybody who feels strongly about a disabled access pathway for Walstead Cemetery west side to contact Lindfield Rural Parish Council directly to voice their concerns.



ROHAN
SOLICITORS

2019

HAPPY NEW YEAR

All the team wish you and your loved ones a very happy and healthy New Year and we look forward to working with you again in 2019

Aberdeen House, South Road, Haywards Heath, West Sussex, RH16 4NG

01444 450 901

www.rohansolicitors.co.uk

Countdown for LAF 2019

By Ayesha Gilani

Happy New Year from Team #LAF 2019. The countdown continues as we work towards the tenth anniversary of Lindfield Arts Festival. This September we are devoting a whole week to creative festivities. From Monday 16th to Sunday 22nd we hope to sizzle your senses with some of the best talent our village has to offer in the name of art and performance. To help make our tenth birthday the best it can be we are inviting local artists, musicians, writers, performers and workshop leaders to register and join in the festival fun. Applications for the festival and LAF Bursary will be open, via our website www.2019.lindfieldartsfestival.com, on 1st January.

In the meantime, you can help keep our festival vibe alive whilst doing your weekly shop. Lindfield Arts Festival has been chosen as one of the Co-op's local community charities for 2019. Every time you bag yourself some of the Co-op's selected own brand goodies LAF (a registered charity) will reap the rewards. Make sure you take your Co-op Membership Card with you.



No more market

By Alison Falconer, market manager

It is with regret that Lindfield Country Market has now closed its doors, holding its last market at the end of December.

The market has experienced falling sales in recent years. We know that a lack of parking nearby was making it harder for the elderly to transport produce and purchases. We had also noticed a drop in the number of young mothers coming along. With the cost of KEH hire, it just wasn't financially viable to carry on.

We have had a good 50 years and more, and made many good friends over the years. We would like to take this opportunity to thank all our customers and wish them all the best for the future.

Lindfield Chiropractic Centre



Every organ in your body is connected to your brain. Your body is a constantly regenerating and self healing masterpiece coordinated through your nervous system.

Make sure your connection is at it's best with Chiropractic.

Jennifer Layton BSc Grad Dip Chiro / Lindsey Wynne MSc Chiropractic
Lindfield Chiropractic Centre, 83 High Street, Lindfield, Sussex RH16 2HN
www.lindfieldchiro.co.uk Telephone **01444 484582**.



Christmas market shopping

Shoppers in Scaynes Hill snapped up seasonal gifts at the annual WI Christmas Market last month.

Visitors to the Millennium Hall were greeted with a wide range of stalls, from food and crafts to original art and freshwater pearls.

Singers from the Community Choir entertained the shoppers who also enjoyed refreshments provided by the WI and a raffle with prizes including a Christmas hamper and handmade quilt.

"The Christmas market went really well and we all had a good time," said WI member Sue Minter.

NORSAT

Est 1992

Aerials • Satellite TV • Security



Home & Business Security

- CCTV
- Intruder Alarm Systems
- Door Entry
- Installations
- Upgrades
- Maintenance
- Service



Satellite TV & Aerials

- Satellite TV For Sky, Freesat & European Channels - French, German, Italian, Spanish & More
- TV & Radio Aerials
- Aerials for Freeview, BT TV & YouView
- Extra TV, Satellite, Internet Points
- Tv Wall Mounting Service
- Multi Point Systems



FREE
survey for
new
systems

**Realign
Service
Repairs**

**Installation
Upgrades
Maintenance**



01444 318089

www.norsat.co.uk

www.norsatsecurity.co.uk





Swimming lessons Saturday mornings

Come to this highly recommended swim school
PLACES AVAILABLE IN ALL ABILITIES

Lessons from 3 years upwards
Tiddlers, Beginners, Improvers and Stamina

First trial lesson FREE

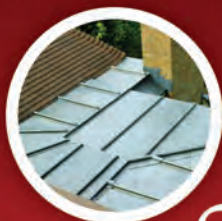
Fully qualified ASA teachers
EST. OVER 20 YRS AT ARDINGLY COLLEGE

LIMITED
SPACES
AVAILABLE
NOW

For more information or to book your FREE trial call Jackie on 07980 917756
www.ardinglytrainingcentre.co.uk



NEW ROOFS OR REPAIRS • LEADWORK • GUTTERING • CHIMNEYS • FLAT ROOFS



Leadwork & roofing

We are a family run business and, over the last 30+ years, we have undertaken all kinds of roofing works, from domestic properties to commercial buildings and we've recently been working in Cuckfield. Whatever your personal requirements, you can rest assured that White and Sons Ltd have the project experience to ensure you a quality reliable service.

Call us on **01444 810510**

Or visit the website for more info: www.whiteandsonsltd.co.uk

TRUSTED &
ACCREDITED



Cheekatrade.com

White & Sons Ltd
LEADWORK & ROOFING SERVICES

We are delighted to extend this exclusive offer
to you to come and enjoy lunch at
Ockenden Manor, Cuckfield



Enjoy a delicious two-course lunch
for just £16 in our Hotel restaurant

Valid until Friday 29th March 2019

This voucher entitles you to a two course lunch for £16 per person, or a three course lunch for £20 per person from our daily lunch menu and is valid until Friday 29th March 2019, Monday to Friday. Maximum eight guests per table. Excludes key dates, subject to availability and cannot be used in conjunction with any other offer. Bring this voucher with you to redeem this offer.

Book your lunch today, call 01444 416 111

Cuckfield, West Sussex, RH17 5LD
Part of Historic Sussex Hotels Group



www.hshotels.co.uk/ockenden-manor/restaurant

GB athlete inspires Blackthorns children

The children and staff of Blackthorns Community Primary Academy were very excited to welcome World and European 4x100m champion sprinter and GB athlete CJ Ujah to the academy. The visit came following local resident Naomi Treen winning a competition run by Muller. She generously donated the GB athlete visit and £2,000 to spend on sports equipment to her local school.

Ujah, who boasts an impressive 9.96 seconds 100m personal best, took part in a question and answer session with Year 5 and 6 children. During this the children gained a better understanding of CJ's daily training schedule and the many sacrifices he has made to pursue his dream of being one of the fastest sprinters in the world. He spoke of his admiration for Usain Bolt and demonstrated some of his sprinting drills. He then hosted some athletics sessions with children in Years 2-4, during which he gave them advice on technique.

The visit immediately inspired the children's writing, and some children from Year 6 even performed the song they wrote for him at the end of his visit.

Blackthorns' PE Co-ordinator Mark Tugwell said: "CJ inspired the children by demonstrating that hard work and determination can help you achieve



your goals. He reiterated the importance of staying focused, driven and happy."

AJ Mullen

**Bricklayer,
General Builder,
Extensions & Patios**

Tel: 01444 484705 Mobile: 07941 308966
Email: Mullenb04@aol.com

www.AJMullenbuilder.co.uk

28 Finches Park Road, Lindfield, RH16 2DN

DRAYTON Plumbing & Heating Ltd

Call Vic Drayton on 01444 458558 or 07703 255305

- Free estimates & advice
- Fully qualified & experienced engineers
- Energy conservation advice
- All work guaranteed & liability insured.
- Local services throughout Mid Sussex

draytonplumbing@btconnect.com www.draytonplumbing.co.uk



Natural Gas | Liquid Gas | Oil & Solid Fuel | Alternative energy systems | Service | Maintenance | Full installations

Lloyds staff support school

By Vanessa Smith

Lindfield Primary Academy prides itself on having strong links with the local community. Recently it has embarked upon a new partnership with Lloyds Banking Group, which is proving highly successful in promoting the importance of regular reading for young children. Lloyds' employee Elizabeth Lissamore writes of her experience...

'From September, four colleagues from Lloyds Banking Group in Perrymount Road, Haywards Heath, have been volunteering as reading partners at Lindfield Primary Academy, which supports The Sussex and South East Ambassadors Programme and Helping Britain Prosper. This is our story:

We all confessed to being a little nervous when approaching the school gates; it was a long time since we had been in a primary school. However, we needn't have worried as it has been a wonderful, rewarding experience. We see the same five children each time, who are all working through a reading programme called Big Cat Reading. We found that early reading books had definitely changed since our, or our children's, school days; there is no Janet and John anymore and the stories are all very educational, i.e. on subjects such as



recycling, litter-picking and the weather.

The children we read with are an absolute delight, full of confidence and energy.

This has really strengthened the bank's links with the local community, as has been evidenced in the academy's latest OFSTED inspection, and we have received very positive feedback from the academy as to how well the children are progressing.

Before we realise it, our reading time has come to an end and sadly it all goes too quickly and it is time to return to work. We cannot stress what a lovely, positive experience it is and we cannot wait to go back and see them all again.'



All your garden needs

We offer all the usual things you'd expect from your gardener in winter, like pruning, cutting back and preparing vegetable beds.

Or perhaps you have something more specific in mind, like repairs to your shed or greenhouse, or making your garden look its best for property viewings.

01444 657140

info@sowsussex.com

Find out more at **sowsussex.com**



Vanessa Smith, Vice Principal at Lindfield, has been delighted to welcome the reading partnership with Lloyds: "Reading partner visits are enabling our children to make accelerated progress in their reading and further develop a greater understanding of what is read through questioning and discussion. Our Year 2 children really look forward to seeing their reading partners each week and benefit from the excellent guidance and support these volunteers provide."

The relationship between Lloyds and the academy will be extended during December and into 2019 as more reading partners have committed their time. Both Lloyds and Lindfield Primary look forward to building this further with more ongoing support for our pupils.



Thinking on Purpose – Taking Control

By Lindsey Jones

Have you ever found yourself in a fruitless mind spiral? Replaying a scenario that makes you sad or angry? Thinking about doing something but never getting started? Perhaps these thoughts start to spin out of control, leaving you feeling frustrated, angry, paranoid or confused? When you see it for what it is, doesn't it feel like a complete and utter waste of time and energy?

This negative 'hamster wheel' style of thinking has a massive impact on how you feel and these emotions impact your physiology, behaviour and your performance. This type of thinking produces a classic stress response, a release of cortisol and adrenalin which actually shuts down the frontal cortex of the brain impacting your ability to think logically, to plan and to make rational decisions and perform well when it counts.

Let's consider just one way of thinking on purpose, let's change our self-talk. The problem with self-talk is that it is often negative, critical, even harsh, and we aren't necessarily aware of what we might be saying to ourselves. The one guaranteed thing is that we are always listening and therefore we should be very careful about what we say. Many of my clients used to talk themselves down. They had a negative commentary running in their heads. This became the narrative to their lives and negatively impacted everything they tried to do. Often they didn't succeed and this reinforced their negative chatter, which further impacted their next attempt. My clients used to say things like 'I'm rubbish at this', 'this is hopeless', 'I'll never get there'... and guess what – they didn't, until they started thinking on purpose and taking control!

Top performers, whether in business, in sports or even on the stage, are able to take control of their thinking; they are able to use their 'self-talk' to direct their thoughts. In taking control they own their narrative



and therefore own their emotional response and, ultimately, control their performance. They think on purpose, they are positive and powerful in what they say to themselves and they have their phrases and mantras ready to counter any negative thoughts which might creep in.

They use positively framed language so that they constantly focus on what they want and not what they don't want; for example, they might say 'make it count' rather than 'don't miss', or 'I'm the expert' rather than 'the audience must know more than me' or 'I'm excited to retain this client' rather than 'I'm terrified of losing this business'.

To achieve more and to outperform our 'norm' we will want to think differently and think on purpose. As Einstein once said: 'Insanity is doing the same thing over and over again and expecting a different result'. When we practise our pre-performance, positive, self-talk, it creates a sense of control. It puts us in the driver's seat and it steers us to achieve our desired outcomes. Consistently thinking on purpose and achieving our goals reinforces our self-confidence and motivates us to achieve more. Think on purpose, take control, own your narrative and be your best self.

To learn more techniques join Lindsey on **24th January** in Lindfield Coffee Works for a **'Thinking On Purpose'** workshop. To book a place contact Lindsey by email on lindsey@ninedotpartnership.com or call 07704 681332.

References: *Are you too stressed to be productive? Or not stressed enough?*, Harvard Business Review, Francesca Gino, April 2017. *How Stress Affects your Work Performance*, Small Business Chron, Christina Hamlett, June 2018. *Anxiety, Performance Stress and Skill Execution*, Applied Sport Psychology, Keith Begley. *Hot Button Issues and the effect of self-talk*, Applied Sport Psychology, Catherine Robertson. *Self Talk: Maximise your thoughts*, Applied Sports Psychology, Adam Kelly.



Introductory offer only:

- 80+ classes per week
- No contract | No joining fee
- Free parking
- Flexible membership
- Atmospheric Yoga & Pilates studio
- Special Workshops & Events
- 5 mins from Lindfield
- 5 minutes from HH Station

**5 classes
for £10***

Offer ends 28th February 2019.

Call Sarah on 01444 473421 or email: sarah@linearfitness.com

* TERMS & CONDITIONS APPLY | OFFER VALID FOR ALL OUR CLASSES:
PILATES | YOGA | CARDIO 30 | LBT | INDOOR CYCLING | CONDITIONING
HIIT | BOOTCAMP | RUNNING CLUB | BOXING CIRCUITS

LINEAR
HEALTH & FITNESS



LINEAR FITNESS, BORDE HILL GARDENS, BORDE HILL LANE, HAYWARDS HEATH, RH16 1XP | WWW.LINEARFITNESS.COM

Is it time to extend?

Make your house the home you want

- Extensions
- Conversions
- Renovations
- Refurbishments
- General building
- Plastering
- The one stop shop for your project



Call your trusted Lindfield builder **Simon Butterfield** today on 07710 040995

BUTTERFIELD
CONSTRUCTION LLP

Tel: 01444 831818 Email: simon@butterfieldconstruction.co.uk
See more projects at: www.butterfieldconstruction.co.uk





New owner at La Touche

High Street beauty salon La Touche changed hands after the founder Touchell Thaddeus had to step away from the business on health grounds at the end of last year.

Amy Clarkson took over the reins in December. She has a wealth of experience within the industry, including being a representative of Guinot Skincare. For beauty treatments and aesthetics Amy will use her 12 years of knowledge to offer more advanced treatments in this five star beauty salon.

Amy said: "I am delighted to bring high quality beauty services and products to our clients and residents of Lindfield. My team is committed to helping all of our clients relax."

La Touche moved to Lindfield High Street in 2013. Touchell, who started the business eight years ago, commented: "I am in no doubt La Touche will continue to flourish and the team will make me proud."

Cans for food collection

By Henderson McEwan

Thank you Lindfield for all your food bank donations at the newly opened donation centre in Lindfield United Reformed Church on the High Street.

In early December John Holmstrom, Chief Executive of Turning Tides, visited the church with an update on their work. He appreciated Lindfield's support and the many donations given to date.



Turning Tides Mid Sussex outreach worker AJ advised: "Most of our clients are rough sleeping or are trying to adjust to living in a home for the first time."

During the cold months of winter more donations for the local Food Bank and Turning Tides are needed. Easy to open cans, preferably with ring pull opening, of food such as soups, stews, beans and tomatoes. a nd dry food including pasta, sugar, cook in sauce, gravy, cooking oils, spreads, UHT milk, tea, coffee, cans of fizzy drinks, cereal bars and biscuits. If there are other 'nice treats' that would be good too.

The church is specifically open to receive your donations on Monday and Friday afternoons between 2pm to 3pm or at any other time the church is open.

Do you want help with technology?

Step by step help with no 'gobbledygook' and on-going support for you

Every aspect of technology covered:

- PCs, Laptops, Tablets, Smartphones,
- Software, Networks, Microsoft, Apple
- Security, Backups, Data Protection
- Using the Cloud
- Connecting all your devices, access from anywhere

Call Lindfield resident Richard now on 07831 196534 for a no obligation chat to see how he can help or email: richard@absolute-solutions.company

WE PREFER TEXT

LADY DRIVERS

A CLASS TAXIS

EMAIL CONTACT VIA WEBSITE

VICTORIA: 07562 952416
TEXT OR CALL: 01444 360477

BASED IN MID SUSSEX & LEWES
WWW.ACLASSMIDSUSSEXTAXIS.CO.UK

ADVANCE BOOKING ONLY

PAY BY CARD ONLINE

Bells and Clock: Down and Out!

By Sarah Beeston

After several years of fundraising and thanks to the generosity and support of many in Lindfield, action associated with the Bell and Clock Project at All Saints Church is underway.

In October 2018 the church clock movement was removed to the workshop of The Cumbria Clock Company. Then, last month, the eight ringing bells were lowered from the tower and loaded on to a lorry for removal to the bell-hangers, White's of Appleton.

In terms of the Lindfield bells this is a significant event, occurring less than once in a lifetime! The last major bell work was carried out in 1887 when four new bells were added to the five already in the tower. Three of these new bells were donated by Charles Eamer Kempe of Old Place, and the fourth by Sir William Sturdy of Paxhill Park.

This led to the retirement in 1887 of the oldest bell in the tower, cast in 1573, which has since been used to sound the chimes of the church clock. The other four older bells, cast in 1599, 1603, 1631 and 1682 will now join the ranks of the retired. Each of these historic bells is listed by the Council for Care of Churches as worthy of preservation, so they will be restored and returned to the church where they will be hung 'dead' (not rung) above the new eight ringing bells. Meanwhile the four



Victorian bells will be recast in order to provide a much lighter and more finely tuned ring of eight bells.

We now look forward to the coming spring when the new bells will be delivered to the church and raised into the tower. More of this in a future edition of Lindfield Life!


Local Builders in Mid Sussex



Telephone 01444 454776

www.helmeandhallett.co.uk

Constructing solutions for our clients with care

 Members of the National Federation of Builders

Helme & Hallett Ltd

We specialise in the alteration, refurbishment and extension of domestic properties of a mature age, matching materials and style of 50 - 500 years.

Band is seeking a Musical Director

By Alison Gilbert

Haywards Heath Concert Band is seeking an individual to join the band in the voluntary role of Musical Director/ Band Manager.

The band has been running for over 40 years and is fortunate to play both a Brass and Swing Band set up. We are a very friendly and welcoming band, are non-competing and currently carry out a modest number of engagements a year.



We are looking for someone with the musical understanding, time and enthusiasm to secure the future of this well-regarded local band. You will be required to conduct and lead the band, together with choosing new music and be involved with the organisation of engagements, with the support of the committee.

We rehearse on a Tuesday evening in Haywards Heath from 8-9.30pm.

If you are interested in this exciting opportunity, or are interested in joining the band, we look forward to hearing from you. Please contact Alison Gilbert on bandmaster@hhcb.org.uk.

Remembrance record

By Pauline Parkyns

Lindfield has done the memory of our fallen villagers during the Great War really proud during the Centenary. After many setbacks we had a truly memorable day which began at 6am with the piping at the War Memorial supported by 15 stalwarts. This was followed by the Armistice 11am silence at the memorial.

At 2.45pm 24 wreaths were laid at the War Memorial by Schools, Scouts, Councillors and many other village organisations to honour our war heroes. We were then piped down the pavement to the United Reformed Church behind a proud body of local standards for a very moving Remembrance Service.

Our school children again gave very thought provoking presentations; we really should listen to the children more. Our service was followed by tea and biscuits kindly provided by the church and very much appreciated.

The end of the day brought the lighting of a beacon on the Common which was watched by a large number of people. The icing on the cake has been that Lindfield has raised £9,573 through the Poppy Appeal to help our current injured service personnel. This is a record, thank you Lindfield.



ACUPUNCTURE
ORIGINS

Classical Chinese Acupuncture



Claire Tindall
BSc (Hons), LicAc, MBAcC

Clinic at Linear Health & Fitness
Borde Hill, Haywards Heath

Initial consultation and Acupuncture (1hr 20 mins) £55
Follow on Acupuncture treatments (45 mins) £45

Call Claire on 07873 393 936
www.acupunctureorigins.com

Therapy with Ania



- Warm Manner
- Safe Environment
- Evidenced Therapies
- Long NHS Experience

Lindfield High St, at Abbott's Pharmacy
Call Ania on 01444 617 226
Or visit www.talkforchange.co.uk



Agents Lindfield office open for ten years

Estate agency Mansell McTaggart first opened its doors in Lindfield ten years ago.

The office was opened and is still run by Senior Manager Paul Franklin. He explained: "At the time the company operated from six branches in Sussex, now we proudly provide a professional and friendly service from 17 branches across Sussex and Surrey."

"The Lindfield office has gone from strength to strength during this time and we have sold many wonderful homes in Lindfield, but also in nearby villages including Scaynes Hill, Ardingly and Horsted Keynes."

Paul is supported by Senior Negotiator Sarah Western and all the team at the Haywards Heath office.

He commented: "We have enjoyed selling homes for long standing clients several times. Relationship building and customer service is at the heart of the office and we look forward to developing further over the next ten years!"

Bonfire banter

On 31st January 1606, Guy Fawkes took his final journey from the Tower of London to the Old Palace Yard Westminster, within sight of the very building he had hoped to blow up. Our annual Bonfire Procession through the village to The Common remembers his journey.



Fawkes suffered a traitor's death, a grim warning to any tempted to copy his actions. After the execution, the scaffold was dismantled and used to build a massive pyre, topped with an effigy of Fawkes. That 'First Bonfire' was lit by the hand of King James himself.

Lindfield Bonfire Society will be celebrating the origin of our Bonfire traditions at The Red Lion on Thursday 31st January at 7.30pm. To help mark the lighting of the first bonfire, Skull Drummery will be giving a performance in the pub garden after a reading of the Bonfire Prayer. Come along to learn more about the Society and to hear the amazing Bonfire Drummers.

FLINT PHYSIOTHERAPY

Home visiting physiotherapist

- Treatment and management of joint pain
- Falls prevention programmes
- Improving mobility, balance and strength
- Enabling independence following illness



www.flintphysiotherapy.co.uk ~ rebecca@flintphysiotherapy.co.uk

Call Rebecca today on 01444 316 206 or 07572 107064

Meet John, your local tiler...

Hi, I'm John. I do tiling all around Lindfield! Talk to me about any tiling work - bathrooms, kitchens, conservatories, hallways... in fact anything you want tiled! I also do kitchen and bathroom refits too! I'm happy to give free advice and estimates for the work. I have years of experience, so just ask and I'll show you references from other happy customers.

Call John on 07967 344460

Specialist in Natural Stone & Mosaics jms4tiling@gmail.com



LINDFIELD PRIMARY

Very best wishes to all members of our community for a happy and healthy 2019, from staff and pupils at Lindfield Primary Academy. Our spring term begins on 3rd January and we are looking forward to a new year of exciting learning, new challenges and fun activities.

Year 5 children have recently enjoyed a residential visit to The Bowles Centre near Tunbridge Wells, where they had a fantastic few days filled with outdoor pursuits. There was no limit to the children's perseverance, enthusiasm and success as they climbed the infamous 'Bowles boulders', built rafts in the pool, skied down the slopes and mastered the low ropes. The teachers were impressed by the children's efforts all week.



Our youngest children, those in Early Years, enjoyed a lovely walk exploring our beautiful village as part of their topic called 'Me and My World'. They followed a treasure hunt which enabled them to identify familiar landmarks as they went.



Year 1 children also explored Lindfield on a village walk. They saw the old Head Master's house and cottages built by William Allen (after whom our school hall is named). They then enjoyed a visit to the United Reformed Church, where the Rev Keith Morrison spoke to them about features they could see in the church. The children were made very welcome indeed.

We celebrated Harvest Festival this year with a special assembly all about the importance of harvest, which has been a great opportunity for our children to think about others who may be less fortunate in our local community. Thanks to the generosity of our families, we collected an incredible amount of food for Haywards Heath Foodbank – it weighed in at 327.65 kg, for which the Foodbank team were very grateful.

Our Skylarks choir has been very busy over the festive period. They first performed Christmas carols and songs at the Orchards Shopping Centre Christmas event in Haywards Heath, along with children from St Wilfrid's and St Joseph's Primary Schools. Skylarks second engagement was to perform at the United Reformed Church during Lindfield Christmas Festival Night, which was very well supported, as were all the carol concerts held in school for parents. The Year 6 choir members performed to the residents of Arthur Bliss House residential home and Year 5 choir members to guests at Lindfield Evangelical Church just before Christmas. The children were well received and brought much pleasure at this seasonal time of goodwill.

THE CLEANING SERVICE
BELLE CASA
Beautiful Homes

We know how hard it can be to find a dependable and honest cleaner, which is where we can help.

We can offer you professional cleaning and ironing for a fully inclusive rate of only £11.75 per hour (minimum of 2 hours per week).

All of our cleaners are specially selected, and insured, and you will receive the same cleaner each week.

So, if you'd like to take the pressure off keeping up with your household chores, then call us today on:

01444 420042
(answerphone available outside office hours) or visit our website:
www.bellecasa.co.uk

A photograph of a woman in a brown dress and apron cleaning a large, dark wooden chest. She is smiling and looking at the camera.

Hentons
ACCOUNTING

Offering a friendly, bespoke service for all aspects of Accounting & Bookkeeping

Contact me for a no obligation quote:
T: +44 (0)1444 417478
E: nanette@hentonsaccounting.co.uk

NANETTE KILBRYDE MAAT AATQB
aat AAT Licensed Accountant
Nanette Kilbryde is licensed and regulated by AAT under licence number 1001793
BASED IN LINDFIELD

www.hentonsaccounting.co.uk

A portrait of a woman with short dark hair, smiling. She is wearing a dark top.

HANDMADE BESPOKE JEWELLERY BY

rtfj



- Engagement Rings
- Wedding Bands
- Fitted & Curve-to-fit Wedding Rings
- Eternity Rings
- Earrings & Pendants
- Restorations
- Alterations
- Repairs

Call your local, award-winning goldsmith today on 01444 471380

RTFJ Handmade Bespoke Jewellery, 2 Morehouse Business Centre, Wivelsfield, West Sussex RH17 7RE www.RTFJ.co.uk



01444 849741
07596 268095

www.easyflowgutters.co.uk
info@easyflowgutters.co.uk



Free Quotations - Free Inspections - No Call Out Charge

OUR SERVICES ALSO INCLUDE: FLAT & PITCH ROOFING, RE-POINTING, RE-BEDDING, CHIMNEY RE-BUILD, DRY RIDGE, LEADWORK, ROOFLINE



"Yesterday evening is the first time in years that my knee joints have been flexible enough to allow me to walk briskly rather than shuffle along. Many thanks for your expertise and gentleness."

Holistic health

OPEN FOR BUSINESS

Acupuncture is something many of you will have heard about but if you are interested in knowing more about how it works and what it can be used for, the Acupuncture Team at The Perrymount Clinic are here to tell you more!

Chinese medicine takes a holistic approach to your health, treating the root cause as well as the symptoms. Emotional factors and stressors are considered, as these form part of the Chinese Medicine ethos that the mind cannot be separated from the body.

At your first acupuncture appointment, your practitioner will discuss your medical history with you and assess the impact your day to day life and any life changing events have on your overall health. Your practitioner will observe your tongue, feel your radial pulse and formulate a treatment plan unique to you. No two acupuncture treatments are the same as no two people are the same.

Fine needles are inserted into any of the 360 acupuncture points over the body, and remain in place for around 20 minutes, then your practitioner may apply moxibustion, perform some massage techniques or simply let you relax in the peaceful surroundings of our room at The Perrymount Clinic. The majority of people will drift off and report feeling calm and peaceful afterwards. Many people also come back for acupuncture after their initial complaint has been resolved as they feel the treatments benefit their overall sense of wellbeing.

Chinese Medicine has evolved over thousands of years and includes the use of not just acupuncture but practices for the mind as well as the body. These include Tuina, a form of massage, Moxibustion, the burning of a herb over the body for an inner warming and moving effect and Cupping, a therapy to help with pain and inflammation. At The Perrymount Clinic we are also offering classes in Tai Chi and Qi Gong, both of which focus on coordinated breathing and posture. Chinese medicine is the oldest system of medicine used in the modern world, which is highlighted by the fact that in hospitals in China you will often find the Chinese Herbal pharmacy next to the western pharmacy. The doctors

in these hospitals often treat the patients with both acupuncture and western medicine simultaneously, providing a fully integrated service for the patient! Some of the conditions our patients approach us with include: digestive issues, skin complaints, female health concerns and obstetrics, allergies, stress and anxiety and musculoskeletal issues including chronic pain. Cosmetic acupuncture is also a firm favourite with many of our patients who are looking for a holistic form of aesthetics. More information and supporting evidence about acupuncture for specific conditions can be found on The British Acupuncture Council website.

The Acupuncture Team at The Perrymount Clinic in Haywards Heath all graduated from the International College of Oriental Medicine in East Grinstead with a BSc in Acupuncture. Prior to their extensive training, they all pursued slightly different careers, Ben as a plasterer and banker, Rachel as cabin crew and Helen as a yoga teacher and florist, but their love of all things holistic prompted career changes and drew them together. They are delighted to be able to offer Chinese Medicine five days a week with Saturdays on request. Ben Prentice also teaches a drop-in Qi Gong class on Monday lunchtimes. If you have any questions regarding acupuncture and Chinese Medicine and would like to see whether you may benefit from it, then we are always more than happy to talk to you. We offer a free 15 minute consultation to prospective clients and would be delighted to embark on this healing journey with you.

The Perrymount Clinic is just six minutes from Lindfield, situated at Unit 5, Hurstwood Grange, Haywards Heath, RH17 7QX - with plenty of free parking.

For more information see The Perrymount website: www.theperrymount.com - where you can also book an appointment. Alternatively call 01444 410944 today.

Whittaker PAVING

Whittaker Paving is a local family-run landscaping business, operating in the Haywards Heath area and serving customers throughout Sussex.

Since 1979 we have specialised in Driveways, Patios, Brickwork and Landscaping. We pride ourselves with our excellent reputation in meeting and often exceeding our customer's expectations.

For more information or to arrange a **FREE no obligation quote** please call us today.

Tel: 01444 450300

Mob: 07729 037660

DRIVEWAYS



PATIOS



LANDSCAPING



email: info@whittakerpaving.co.uk
www.whittakerpaving.co.uk

Haywards Heath Auto Centre

2 Bridge Road,
Haywards Heath. RH16 1UA

**Car servicing and
repairs for all
makes and models**

the Good Garage Scheme

01444 458641

www.haywardsheathautocentre.co.uk

Email: kerry@hhauto.co.uk

Looking for a more holistic approach to your health?

Can't get to the root cause of your health concerns? Have you considered acupuncture?

We are a small team of approachable and fully registered practitioners. If you would like to know how acupuncture can benefit you, please call us for your free 15 minute consultation.

Appointments available at The Perrymount Clinic,
Haywards Heath six days a week

Call 01444 410 944

or book online at www.theperrymount.com



ACUPUNCTURE
THE PERRYMOUNT

Like and follow us on Facebook
and Twitter for up-to-date news &
information throughout the month

LindfieldLife

Search @LindfieldLife



A big thank you to Lindfield Bonfire Society

By Sue Welch

Court Meadow RDA (Riding for the Disabled) is very grateful to Lindfield Bonfire Society for its generous donation from the charity collections from the annual bonfire celebrations. Many volunteers from this RDA group helped collect money on this very enjoyable family evening.

Due to the unexpected closure of their present riding school venue in Albourne this RDA group will now be operating from a new venue in Horsted Keynes. Tremaines Riding School has, at very short notice, offered us the chance to hire their ponies and riding school so the group can continue to support the young people it serves in Mid Sussex. We are extremely grateful to them for this and riding therapy sessions here will start in January.

As we are now moving to a new area closer to Haywards Heath and Lindfield we would love to welcome more volunteers to come along and join us. Each pony requires three helpers – one to lead the pony and two side walkers. No previous knowledge of riding or pony care is needed as instruction will be given. It's very rewarding to see how these young people develop new skills. It's also good exercise for us all and there is also an indoor riding school available if the weather is not kind on the day!

We meet on Thursday mornings, working with pupils starting sessions from 10am and finishing around midday.

Visit our website at www.courtmeadow-rda.org.uk or contact us on 01444 471336.

WWW.BMGBESPOKE.CO.UK/HIDDENGEMS

**HIDDEN GEMS
OF SUSSEX**

12 Months Interest Free Credit.



KEEP WARM THIS WINTER



KPS supply seasoned logs in cubic meter bags

from **£60***

We select only the most suitable trees for the logs,
and they can be cut to size, ranging from 6" - 12"

*delivery charges apply

Additional Services:

**All aspects of Tree Surgery • Fencing
Soft Landscaping • Garden Maintenance
Landscaping Products
Kerb Side Green Waste Collection**

AN ESTABLISHED FAMILY BUSINESS, FOR OVER 35 YEARS

CALL **01444 831 010**

EMAIL COMPOSTING@KPS.UK.COM • WEBSITE WWW.KPS.UK.COM

Fed up with main dealer steep prices for servicing/maintenance of your

Land Rover or Range Rover?



We wish all our customers, old and new, a very Happy New Year for 2019!

We can help...

Sussex Vehicle Services is your local independent Land Rover specialist, based just down the road in Burgess Hill

- Check out our 5-Star Google Reviews!
- Family-run business
- Free local collection/delivery
- Fixed price servicing on all Land Rover & Range Rover models (up to 40% saving on main dealer prices)

Call today and get 5% off labour on your first job at SVS! Show this voucher...

5% OFF LABOUR



CALL TODAY
01444 482777

info@sussexvehicleservices.co.uk

RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin has a fantastic recycling competition for you this month. After telling you all about recycling for months – it's time to test you on what you have learned so far!



I know some of you have visited the Ford Recycling Plant (near Arundel), but this competition prize is a special one-off behind-the-scenes tour that members of the public cannot normally go on.

You will be met by myself and the team behind Lindfield Life, fitted out with full protective clothing (the same as the staff) and given the exclusive tour of the site. We will take you down on the floor, visit areas of the plant not open to the public and you will see the recycling delivered and follow the whole sorting process.

You will have the full workings of this complex site explained to you. You will be able to chat to the staff that handle your recycling, and we will show you the answers to all your recycling questions! Plus, at the end of the tour, you will receive a special goody bag from WSCC to commemorate your visit.

There will be just one lucky winner from Lindfield Life who will be able to take one guest. The date of this 'recycling tour of a lifetime' will be on Friday 8th March 2019 between 10am and 1pm.

Have a look at the picture opposite: Which of these items should you NOT find in a West Sussex kerbside recycling bin? Total them up – how many do you get? Email your answer to competition@lindfieldlife.co.uk before 8th January.

A few rules:

1. Open to residents of Lindfield & Scaynes Hill only.
2. Reply by email with your answer - a number - by 12noon 8th January 2019. Please include your name, postcode and a contact telephone number. The winner will be selected at random from all entries with the correct number of items given. If no entrant has guessed the correct answer exactly, closest numbers will be accepted in the random draw.
3. The winner and their one guest will invited to the special behind-the-scenes tour of Ford Recycling Plant on Friday 8th March 2019. This date is not transferable.
4. You will need to make your own way to the site. Full directions will be provided.



Child's scooter



Directories



Wet paper



Electrical or electronic items



Egg boxes



Corner yoghurt pots



Magazines and books



Wood



Storage boxes



Ceramics



Garden shears



Glass bottles and jars



Envelopes



Margarine tubs



Frying pan



Shredded paper



Green waste



Coat hangers



Newspapers



Fruit Punnet



Black plastic trays



Plastic bottles



Bin liners



Polystyrene



Electrical cables



Yoghurt pots



Hairdryers



Meat and Food trays



Foil takeaway trays



Drinking glass



Textiles



Plastic flower pots



Plastic bottle tops



Aluminium foil trays



Aluminium foil



Crisp packets



Ice cream tubs



Food cans



Pot, tubs and trays

Which of these items should you NOT find in a West Sussex kerbside co-mingled recycling bin? All containers are empty and clean.



Cereal boxes



Saws



Drinks cans



Leaflets



Aerosol cans

Hypodermic syringes



Nappies



Plastic bags

Used paper towels



Wax-lined paper



Cardboard



Curtain pole



Gas bottles



Car battery

COTTENHAM'S

OF LINDFIELD · CRAFT BUTCHER

High quality · Low food miles · Absolute provenance

Traditional craft butchery
of the finest local meat and game
from slowly grown naturally kept animals
creatively brought to you by our welcoming team



Mon-Fri 7am-5.30pm

Saturday 7am-4pm

Drop in or phone, email an order or use our free delivery service

01444 483303

john@cottenhams.com

www.cottenhams.com



40 High Street, Lindfield, RH16 2HL



G&S Roofing Ltd

PROTECTING
YOUR ROOF

The Confederation of Roofing Contractors stands for
INTEGRITY, RELIABILITY &
CUSTOMER PROTECTION.



All members of the CORC can offer customers the benefit of a fully insured 10 and 20 year back up guarantee

Our successful business has expanded into Sussex



The Next Generation
of Flat Roofing

We Specialise in...

New Roofs • Flat Roofs • Tile & Slate Roofs • Re-pointing Chimney Stacks
Leadwork • Valleys Renewed & Repaired • All Roof Repairs
New PVC Fascias & Gutters • External Painting • Moss Removal

Free Estimates No Obligation Pay No Deposit

ALL WORK FULLY GUARANTEED!

OFFICE: 01444 647617 / 01403 560172

www.gandsroofing.co.uk

Rated People mybuilder.com

MOBILE: 07425 396324

EMAIL: gandsroofinglimited@gmail.com

Trusted Member

C&G Plumbers

Your local plumbing
experts

- ✓ Emergency repairs
- ✓ Fast response
- ✓ Central Heating
- ✓ Shower cubicles
- ✓ New bathrooms
- ✓ Outside & Kitchen taps
- ✓ Available 24 hours

Godfrey

Mobile: 07833 726 411

Office: 01444 215 323

E: candgplumbers@gmail.com
W: www.candgplumbers.co.uk

OAP
discount



Call Godfrey now on:
07833 726 411 or 01444 215 323

www.candgplumbers.co.uk

Checkatrade.com

Rated People.com

Lucy Locksmith

No Callout
Charge
24hr Callout



BRIGHT FM & CHECKATRADE
"Top Trader of the Year"
Award Winner

Rapid Response • Police checked
Free Estimates • No VAT • OAP Discount
Locks Changed & Upgraded (To BS3621)
uPVC Specialist • Window locks • Garage locks
Lock outs, Break ins, all makes of locks.

JUST MOVED? WHO ELSE HAS KEYS?
CHANGE LOCKS FOR PEACE OF MIND?

Always
Checkatrade
Before you use them

07780 840462

STORE THIS NUMBER NOW, YOU MAY NEED IT!
www.lucylocksmith.co.uk lucylocksmith1@gmail.com



Down by the River, Part 2

LINDFIELD HISTORY

By Richard Bryant, Lindfield History Project Group
Last month's article looked at the River Ouse and Deans Mill, this month's explores more nearby features along the river.

Did you know Lindfield has a castle? If Historic England's Monuments Schedule is to be believed, on the northern bank some 500m downstream from Lindfield Bridge, on strictly private land, stand the remains of earth works described as a motte and bailey, dating to Norman times. Named Lindfield Castle it is also marked on Ordnance Survey maps as a motte and bailey, although all that remains today are a series of bumps covered by bushes and trees. Historic England's record says the motte at the centre measures about 40m across and stands some 1.5m high. This was surrounded by a broad moat which joined to the river through gaps in the outer earthworks. North-west of the motte is a crescent shaped bailey 45m long. Outside a ditch linked to a stream entirely surrounded the castle. Such defensive structures were constructed in towns and on open land. The listing describes its position as 'strong yet strategic location for policing of traffic crossing the Ouse'. However their papers do indicate an element of doubt as to its origin and suggest it might have been a system of fish ponds. This is plausible as in 1175 a nunnery was established somewhere close to the castle site. Fish ponds were a feature of religious houses in medieval times. Another suggestion is the remains of a moated farmhouse.

Interestingly, on the 1845 Tithe Map, the earthworks are labelled 'site of a priory'. The adjoining two fields carried the names Nunnery Pond and Nunnery Plot, while standing close by is a wood which to this day is called Nunnery Wood. This small nunnery was no doubt closed on the orders of Henry VIII and quickly became a ruin. Since that time all traces of the stonework have disappeared.

As an aside, hanging on the wall in the Library Room, King Edward Hall is a copy 1840s map. Although difficult to see, in the top right hand corner is a small drawing that purports to show 'The Ruins of Lindfield Nunnery as they appeared in 1601' with a pond in the foreground.

Without an archaeological survey the precise location of the nunnery and the true origin of the earthworks will remain undiscovered, but it is pleasing to think Lindfield might have had a Norman castle.

A fact beyond doubt is that the Ouse did have an important strategic defensive role during World War Two. Early in the war, in the event of a German invasion breaching the Sussex coastal defences, 'stop lines' were created along natural features to halt or at least slow any advance. One of the most important lines ran west to east along the Rivers Arun and Ouse with an anti-tank ditch joining them between Handcross and Slaugham.



The northern riverbank at Lindfield was revetted with vertical tree trunks making it difficult for tanks to mount the bank, so forcing them towards Lindfield Bridge which was heavily defended with anti-tank blocks, barbed wire

and a pillbox. It was the responsibility of the Lindfield Home Guard to man this Type 28 pillbox, which still exists today just north of the bridge. There were similar defensive positions at the other local bridges. Home Guard member Sid Cross recounted several years ago being equipped with a Lee Enfield rifle and ten rounds of ammunition and told 'that was enough to kill 12 of the enemy – ten with bullets, one with the bayonet and the last with the rifle butt'. An anti-tank gun was not received until later in the war. Thankfully, the invasion threat soon receded! A short distance along the road is the southern entrance to Paxhill, which during the war was a Canadian Army camp.

There were similar invasion fears in the mid-19th century arising from the French, resulting in the Sussex Rifle Volunteer Corps being formed to defend the county. It was essential for these part-time soldiers to be able to shoot accurately. For 25 years, the men of the Lindfield unit had 'been subjected to the inconvenience of having to walk to Cuckfield for target practice'. To correct this unsatisfactory situation, Colonel Dudley Sampson, the owner of Buxshalls, made land available upstream of Lindfield Bridge for use as a firing range. In August 1886, the 300 yard range was opened with much ceremony and a mock battle defending a nearby foot bridge. Two years later the range was extended to 600 yards and it was hoped this facility would encourage more Lindfield men to join the volunteers.

A more peaceful pursuit, also on Buxshalls Estate's land, was established about 200m upstream from Lindfield Bridge, when in May 1906 the Lindfield Swimming Club was formed. Colonel Dudley Sampson agreed to grant the club permission to use a section of his riverbank, provided everything was conducted in a proper manner and all non-costumed bathers treated as trespassers. Accordingly, club rules were established, and approved by the Colonel, prohibiting card playing, gambling and other improper conduct and requiring all bathers to wear full 'University costumes' in the club's colour of navy blue. From the annual subscription rates it would appear membership was initially only open to men and boys.

The bathing place, as it was known, was soon set up with a changing hut and the land fenced off. Arrangements were made with the miller at Dean's Mill to shut the sluice gates during Friday evenings to allow water to build up for the weekend. This allowed members to dive from low boards.



The club thrived, women were permitted to join and facilities constantly improved including men's and women's changing huts; a newspaper report also mentions a 'clubhouse'. In 1924 the club had 229 members made up of 156 gentlemen and 73 ladies. It was decided to construct a new diving stage spanning the river, with platforms at 6ft, 10ft, 14ft and 18ft, and room 'for ten persons to dive off the stage at once'. Permission was given to deepen the centre of the river to allow safe diving from the new higher top platform. Arrangements to blast the riverbed were duly made!

Swimming galas and diving competitions were regularly arranged for members and matches against other local clubs, with cups and medals duly awarded. The bathing place provided much enjoyment for villagers and many children learnt to swim and dive in the river. Sadly the facility was closed in 1938 due to a polio scare in Lindfield.

On this section of the Ouse, historic records for the 1500s and 1600s suggest a fulling mill stood, unfortunately little information is available, although its one time existence appears to be reflected in the names of the nearby farm and derelict river lock. Finally, adjacent to Lindfield Bridge, for many years during the 19th century, was a wharf, mainly for coal carried up the river from Lewes. The facility to transport coal in bulk by barge allowed Lindfield residents to enjoy cheaper coal and increased its usage in the village.

Contact Lindfield History Project Group on 01444 483136 or visit www.lindfieldhistory.org.uk

Enforcing a County Court Judgment

LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

Question: I have obtained a CCJ against a customer that didn't pay his bill. He is still refusing to pay, what can I do?

Answer: When trying to recover money you are owed by a debtor, obtaining a CCJ (County Court Judgment) is only half the battle. If that debtor still refuses to pay the debt, you will need to enforce the terms of the CCJ through the courts. There are several methods of enforcement available and which to use is somewhat dependent on the information you have about the debtor and the value of the debt.

If you happen to have previously acquired the debtor's bank account details by legitimate means (perhaps they were included on a previous payment he made to you), you can apply to the court for a third-party debt order. If the application is granted, the court will, if the account has sufficient funds, order the third party (in this example the bank) to pay you directly to settle the CCJ. Likewise, if the debtor is employed, and you have the contact details of his employer, you may be able to apply to the court for an attachment of earnings order. This will, if granted by the court, result in the employer making deductions from the debtor's wages every month to pay directly to you. The amount of the deduction is dependent on the debtor's salary.

If the debt is large, and you are aware that the debtor is a homeowner, you may be able to apply to the court for a charging order to be registered against his property. This will secure the debt but may not necessarily result in it getting paid. If, however, a charging order is made you may then be able to make a further application for an order that the property be sold by the court to pay off the CCJ.

Perhaps the easiest and cheapest means of enforcing, however, is to instruct the County Court bailiffs (or, alternatively, if the debt is greater than £600, the High Court enforcement agents). Once instructed, they will attend the debtor's property and demand payment of the debt. If they are not able or willing to pay, the bailiffs or enforcement agents are authorised to remove goods owned by the debtor to the value of the CCJ.

It is important to consider the financial status of a debtor before issuing court proceedings. A 'man of straw' may of course be unable to satisfy a CCJ, irrespective of which method of enforcement you use. For a modest fee, a private detective can be instructed to report on the financial standing of an individual or company that owes you money, and this is a prudent step to take prior to commencing formal legal action against a debtor.

Martyn can be contacted by email on mgooch@rohansolicitors.co.uk or by telephone 01444 450901.

S P B Plumbing & Heating Ltd

01444 483511

07798 636887

All plumbing & heating works

Full bathroom design &
installation

Over 25 years local service



Vaillant Advance
Boiler
Installer



Grant G-One
Boiler
Installer

spb.plumbing.heating@hotmail.co.uk

74 High Street, Lindfield



Chris Bruton Guitar Tuition

**Guitar, Bass & Ukulele
lessons in Lindfield and
the surrounding area**

Whether you want to learn for fun, join a band, or take graded exams, I can help. Lessons are tailored to your individual needs. One to one, or group bookings available.

Tel: 07809 827672

Email: chrisbrutonmusic@gmail.com



BJB ROOFING

Est. 1962

The Roofing Specialists

*Free Estimates
Specialist Service for Older Properties*

Get in touch today...

Tel: 01403 255155 or Email: info@bjbroofing.co.uk

Gladstone House, Gladstone Road, Horsham RH12 2NN



SIXPHYSIO – Here for all, with double the space! Open 6 days a week.

Physiotherapy • Sports & Holistic Massage

Pilates: 1 to 1 sessions, Mat & Equipment classes

BUPA registered for Physiotherapy appointments.

To book, contact us today: T. 01444 587587 E. lindfield@sixphysio.com

Physiotherapy. Straight up.
Physio, massage, machine-based Pilates, plus a range of specialist services.

SIXPHYSIO
DON'T TREAT, CURE

GIELGUD ACADEMY

OF PERFORMING ARTS



01444 848656 | admin@gielgudacademy.co.uk | www.gielgud.com

Thought-provoking exhibition success

By Malcolm Grace

Sunday afternoon on 4th November saw the 'Lindfield Remembers World War One' exhibition held in the King Edward Hall. It was well attended, with over 300 people coming through the doors to look and read the information on show.

The exhibition was presented jointly by Mid Sussex Red and Lindfield History Project Group using photographs and artefacts of the period from their archives.

The exhibition included 'Life in Lindfield during World War One', 'The Lindfield men who did not return', '94 years of the Royal British Legion in Lindfield' and a WWI Canteen.

Lindfield Bonfire Society presented a Living History Museum in the form of a World War One mini hospital, to replicate the use of the building as a military hospital at the time. The Bonfire Society members also ran the canteen. The Lindfield branch of the Royal British Legion had a table at which members displayed their poppy appeal materials.

Particularly poignant was the reflection space given over in the Library to the 'There but not There' soldier silhouettes. These were part of a national initiative which provided the dignified seated silhouettes to enable



people to remember those who died during the First World War.

Many thanks must go to the Comber's Trust for its support which enabled the exhibition to take place and to all those people who gave their time and help on the day. Over £300 was raised from donations, which was divided between the Royal British Legion, Lindfield Bonfire Society, Lindfield History Project Group and Mid Sussex Red.

Get your business noticed here

LindfieldLife

Call Emily today on 01444 884115 or email your name, address and phone number to ads@kipperlife.com

Next copy deadline:

8th
Jan

ODD JOB MAN

Friendly, Fair Priced Service, Any D.I.Y. or Home Improvements.
Ever just needed a Curtain Rail put up, or Shelf made or a Picture hung?

We offer an initial chat with Free Expert advice. so call us on:

07769 683614

Email: warnerengineers@yahoo.co.uk





Lindfield Parish Council

JANUARY 2019

Parish Office:
Clock Tower House,
Lindfield Enterprise Park, Lewes Road,
Lindfield, West Sussex RH16 2LH

Telephone: 01444 484115
Email: clerks@lindfieldparishcouncil.gov.uk
Website: www.lindfieldparishcouncil.gov.uk

COUNCIL ELECTIONS MAY 2019 – BECOME A PARISH COUNCILLOR

Are you interested in representing your local community? If so, then have you considered standing for the position of a Parish Councillor in May's election?

As a parish councillor you will represent the views of all residents within your parish. You will be part of the council that as a corporate body has responsibility for running local services, including public toilets, street lighting, allotments and street furniture. You will also take part in budgeting by deciding on how much to raise through the council tax in order to deliver council services. The role offers the opportunity to influence and shape the long-term development policy for the parish, and, as part of the planning process, comment on planning applications in the parish. You will have the potential to improve the quality of life and the environment in the local area. By liaising with parishioners, you will work to identify issues which are important to their lives and well-being. You will seek to bring about improvements through local projects, lobbying other service providers and working in partnership with other parishes and agencies.

In order to stand as a Parish Councillor you must:

- be a UK or Commonwealth citizen; or
- be a citizen of the Republic of Ireland; or
- be a citizen of another Member state of the European Union; and
- be 18 years of age or older,
- be eligible to vote in the Lindfield Parish Council election; or in the past 12 months have occupied (as owner or tenant) land or other premises in the parish; or work in the parish (as your principal or only place of work); or live within three miles of the parish boundary.

The term of office for a parish councillor is four years. You will be expected to attend evening meetings and other meetings on an ad hoc basis. Each of the council's committees meets six times a year, except for the Planning and Traffic committee which meets every three weeks. Full council meets every two months. Parish Councillors are expected to serve on at least two committees.

Elections take place on Thursday 2nd May 2019.

If you would like to know more about this opportunity, please do not hesitate to contact us.

REMEMBRANCE BEACON

On the 11th November lighting of a Remembrance Beacon took place on Lindfield Common as part of the Battles Over national remembrance events. The event was organised and run by Lindfield Parish Council, and was attended by the Lindfield Branch of the Royal British Legion and members of the public.

Our thanks to Richard and Dominic Goddard for operating the beacon and Mid Sussex District Council for the grant of £250 towards the purchase of the Remembrance Beacon.



Members of Lindfield Parish Council:

Members can all be contacted, in the first instance, via the Parish Office, or by

**Cllr. William
Blunden
(Chairman)**

**Cllr. Valerie
Upton
(Vice Chairman)**

**Cllr. Mike
Allen**

**Cllr. Judith
Durrant**

**Cllr. Matt
Damsell**

**Cllr. Stephen
Henton**

Lindfield Parish Council Office is open on Tuesdays 1pm to 4pm, Thursdays and Fridays 10am to 1pm – when members of the public are welcome to come along to look at planning applications for Lindfield, obtain the codes for obtaining concessionary railcards, or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Clerk: Mr Andrew Funnell Deputy Clerk: Mr David Parsons Responsible Financial Officer: Mrs Tracy Ely Village Orderly: Mr John Cunningham

CHRISTMAS FESTIVAL NIGHT

The High Street was packed with people enjoying the lively atmosphere and festive cheer at our Christmas Festival Night on 4th December. Thank you to all those involved in making the event a successful and very enjoyable family evening. The stalls set up by local charities and small businesses along the street offered a good range of gifts, cards, decorations and other items, food, hot drinks and entertainment. Many of the local shops were open during the evening and a great deal of effort had been put into dressing shop windows, which all looked fantastic. Lindfield is fortunate to have such a wide range of shops and a variety of places to eat at the heart of our community. Mid Downs Radio added to the atmosphere with festive music to suit all tastes and conducted interviews over the loudspeakers. Father Christmas was greeted by a very long queue of children waiting patiently with their grown-ups to have a chat with him and get a small present in the grotto which was set up ready for him in the United Reformed Church. This year 102 children met Father Christmas. Lindfield Parish Council wishes to thank the many people on whom the success of this event depends, in particular: members of the United Reformed Church for making this vital indoor venue available and for providing refreshments and a warm welcome, Mid Downs Radio for festive music and announcements and Gary from Masters and Son for chauffeuring Father Christmas to his grotto in style. The evening could not go ahead without the cooperation of 6-10 Traffic Management, who set up and manned the road closure, and Event Medic Services - we are very grateful to them. Thanks also go to Tom Kidger



from Goddenwick Farm for donating a Christmas tree for the village and to John Cottenham at Cottenham's of Lindfield - Craft Butchers, for letting us put it on the butcher's shop roof. As always we are indebted to the people who kindly provide the power for the High Street Christmas lights from their properties. Finally, thank you to everyone who came out to enjoy this community event. We hope that the village's local shops benefited from the evening, and that stallholders raising money for charity had a successful evening.

WINTER WEATHER

West Sussex County Council has published useful information on staying well during the winter months, this can be found at: <https://www.westsussex.gov.uk/campaigns/safer-seasons-winter/>

reference to page 12 of the Lindfield Village Directory and Year Book, which contains Councillors' addresses and phone numbers.

Cllr. Margaret Hersey

Cllr. Roger Pickett

Cllr. Ron Plass

Cllr. Sarah Richmond

Cllr. Christopher Snowling

Cllr. Ian Wilson

WINTER MANAGEMENT VOLUNTEERS

We are hoping this will not be a bad winter, but we would like to make an appeal, to those of you who are able, to consider volunteering for snow clearing if needed. The role would involve helping to clear the main footpaths in the village in the event of severe winter weather. Please contact the Parish Office if you feel you would like to offer to help in this way. The Environment and Amenities Committee is responsible for the Parish Council's Winter Management Plan which is published on our website.

VILLAGE ORDERLY

The Council welcomes John Cunningham as its Village Orderly. John will help maintain and monitor the council's assets. Additionally, the role involves keeping the village tidy by supporting the services provided by Mid Sussex District Council through their contractors SERCO. It has to be stressed that he has not replaced the SERCO team, who still have a duty to empty litter bins and clean streets.

We are delighted with the difference John is making around the village, but he cannot do everything and there are also some limitations to what he is allowed to do as he is working for the Parish Council and not for a principal authority's contractor.



CHRISTMAS TREE RECYCLING

Mid Sussex District Council has sites across Mid Sussex where you can take your real tree for recycling. Please place your tree in the marked bay. Sites are open between Saturday 29th December 2018 and Friday 11th January 2019. Trees will be composted locally. Our local site is: Lindfield Common Bowling Green Car Park, Backwoods Lane.

A full list of the real tree recycling sites is available online at: <https://www.midsussex.gov.uk/waste-recycling/christmas-tree-recycling-sites/>

VILLAGE DIRECTORIES

The 2019 diaries have been delivered and we hope people still find them useful for the information they contain. As always, we are indebted to the loyal team of volunteers who deliver the diaries to every home in our parish. There are, however, several areas that we do not have volunteers for anymore. If anyone is interested in volunteering to deliver the village directories next year, please contact the Parish Council office: clerk@lindfieldparishcouncil.gov.uk. We are very grateful to the businesses that support the diary by advertising, some of which have done so for many years, and we hope that others of you with businesses in the community will consider advertising in next year's edition.

Included in each diary this year was a feedback form to help shape the future of the product. We would very much appreciate it if you could fill this in and return it to our office or collection boxes in the KEH or URCH. Alternatively, the survey can be completed online at: www.lindfieldparishcouncil.gov.uk

The survey closes Friday 4th January 2019. Many thanks to all those that have already provided feedback.

MOBILE CIVIC AMENITY COLLECTIONS

The refuse freighters will next be in the Tollgate car park on Sunday 13th January, between the hours of 10am and 12noon, for the collection of household and garden waste. Please do not leave rubbish in the absence of the refuse freighter.

Dates of the remaining collections are as follows – Sunday 10th March 2019.

Please note that a number of items cannot be disposed of through the Mobile Waste Collection: electrical items, tyres, rubble and hardcore (eg: paving stones, gravel, concrete, bricks and tiles), items such as ceramic baths and shower trays, toilet pans and sinks, gas canisters and paint pots with any contents. These need to be taken to the Waste and Recycling Site and charges apply to certain items. There is a list of the chargeable items on www.recycleforwestsussex.org/recycling-sites

Parish Council meetings

JAN - MAR 2019

| | | | |
|-----------|---------------|---|-----|
| Wednesday | 9th January | Planning and Traffic Committee (Full) | 8pm |
| Thursday | 10th January | Finance and General Purposes Committee | 8pm |
| Thursday | 17th January | Full Council | 8pm |
| Tuesday | 29th January | Planning and Traffic Committee (Plans only) | 8pm |
| Thursday | 31st January | Environment and Amenities Committee | 8pm |
| Tuesday | 19th February | Planning and Traffic Committee (Plans only) | 8pm |
| Thursday | 7th March | Finance and General Purposes Committee | 8pm |
| Tuesday | 12th March | Planning and Traffic Committee (Full) | 8pm |
| Thursday | 14th March | Full Council | 8pm |
| Tuesday | 26th March | Planning and Traffic Committee (Plans only) | 8pm |

All meetings are held in the King Edward Hall, unless shown otherwise. Please check our website or the noticeboard in Denmans Lane for any additional meetings that may be called. All meetings are open to the public and there is a period set aside at the beginning of each meeting for public questions/comments, except at 'plans only' Planning and Traffic Committee meetings. At all meetings of the Planning and Traffic Committee, up to two people for and two against each planning application are allowed to speak, for a maximum of two minutes each, at the invitation of the Chairman.

Glorious soup

SIMPLY GOOD FOOD

Tips for good soup making

- The smaller the ingredients are sliced or chopped, the quicker they will cook.
- Onions, leeks, peppers and all root vegetables benefit from a light fry before adding liquid, to bring out their natural sweetness. Alternatively arrange the lightly oiled chopped vegetables on a baking tray, pop in the hot oven when cooking something else, then cool and refrigerate to make the soup later.
- When a recipe includes milk or cream always reheat very gently to avoid curdling. Evaporated or coconut milk is great in soups too.
- Most vegetable soups, just like casseroles, taste even better the day after making. Soups freeze well too.

Butterbean and Lemon Soup

(Serves 2)

Tip a 400g can butterbeans into a sieve and rinse under cold water. Put in a pan with some crushed garlic, finely grated rind and juice of 1 unwaxed lemon and 300ml vegetable stock. Bring just to the boil, simmer for 5 min then buzz (processor or blender) until smooth after adding 2tbs dried milk powder. Return to the pan and stir in a further 300ml stock. Season to taste, gently reheat and serve sprinkled with chopped chives, crisp bacon or grated cheese.



PROMEDICA24
Live-in companionship & care



Enjoy quality live-in care in your own home

Our expert care workers live with you as a companion and friend

If living at home is becoming a struggle, Promedica24's live-in care service can ensure you can remain in the home you love, cared for every minute of the day by a carefully chosen and trained care worker.

Our care workers live in the home which is much better than having a stream of different people coming in and out of the home through the week, or moving out to a residential home.

Our carefully chosen care workers build strong relationships with their clients and soon understand just what makes them happy.

We can care for couples and those with Dementia and other conditions. We also offer respite care to give home carers a well earned break.

- ♥ Stay in the home you love
- ♥ Short and long term care available
- ♥ Affordable person centred care
- ♥ Stay close to loved ones and pets
- ♥ Advanced care needs supported
- ♥ Care can be quickly provided
- ♥ Tailored to your individual needs

*80% of Doctors surveyed would recommend being cared for in your home**

*The National Institutes of Health

Our live-in companionship and care packages start from £695 p/w



Call Lesley on **07388 326 686** or **01273 257 465**
or visit www.promedica24.co.uk/brightonandmidsussex

CareQuality
Commission

Good

By Caroline Young

Soup, soup, glorious soup, nothing quite like it for ... I think we have Flanders and Swann to thank for that cheerful phrase but there is certainly nothing like a bowl of home-made soup to cheer up a grey winter's day. Easy to make, they can contain many ingredients, most of which you will probably have to hand. Use whatever flavour of stock you have available, tomato juice is also a good liquid to use. Be creative with your toppings – croutons, grated cheese or finely shredded ham, crisp bacon, soured cream or crème fraiche or a spoonful of pesto – whatever is appropriate or you have handy. A good soup served with crusty bread makes a great light meal.



Spiced Parsnip Bisque (Serves 4-6)

Put 1 finely chopped medium onion into large pan with 1tbs oil, crushed garlic to taste and 1tbs grated fresh ginger root. Cook, stirring, until just soft. Add 375g peeled and thinly sliced parsnips and a large peeled and sliced baking potato plus 600ml hot stock and 1tbs curry paste. Simmer until soft. Puree in the processor or blender, adding 2tbs milk powder. Return to the pan and reheat to serving temperature.

Cheese and Chive Scone

No complicated rolling out or cutting into rounds plus the chive flavouring comes already in the cheese. Extra good eaten freshly baked but could be gently reheated or split and toasted.

Preheat oven 200C and place a baking sheet in the oven. Sift 225g SR flour into a bowl (or the processor) with 1tsp baking powder and a good pinch of salt. Rub in (or buzz) 50g butter to make coarse crumbs. Stir in 50-75g grated Cheddar cheese with chives (or onion) then gradually stir in 150ml milk to make a soft dough. Tip on to a floured surface and knead gently just until smooth. Pat into a 15cm round. Place on the hot baking sheet and, using the back of a knife, quickly make deep cuts in the dough to make 6-8 wedges (do not cut all the way through). Bake for about 15 min or until well risen and golden brown.

ARE YOU FED UP OF FEELING UNHAPPY ABOUT YOUR BODY AND YOUR HEALTH?

What if I told you that we have developed a programme that will turn your life around regardless of how many times you have failed in the past?

POTENTIAL
• PERSONAL TRAINING •
NO EGOS. JUST RESULTS.

JAMES' RESULTS

- REDUCED BODY FAT BY 5%
- REDUCED HIS BLOOD PRESSURE TO NORMAL LEVELS!
- LOST 24 LBS

BOOK YOUR FREE CONSULTATION

TO GET STARTED CALL US ON 01444 484129 OR GO TO WWW.POTENTIALPERSONALTRAINING.COM

BEFORE AFTER

Proud grandparents celebrate

By Claire Cooper

When Ocean Brothers Greg Bailey and Jude Massey set foot on dry land after their gruelling Atlantic row last year, there were tears, celebrations and a new world record set!

And no one could have been prouder than the boys' grandparents Ron and Anne Skinner from Lindfield who had spent a nerve-racking 53 days tracking the perilous journey.

The brothers sailed into the record books as 19 year old Jude became the youngest person to cross the Atlantic as part of a pair. The brothers also smashed their fundraising target, raising over £100,000 for the British Skin Foundation.



Donations included £1,000 from the Weald Theatre Group, of which Anne is a long-standing member. Ever year the group donates proceeds from its annual pantomime at Clair Hall to charities and Anne was delighted when the Ocean Brothers was chosen.

Back on dry land, the boys were presented with the cheque and sent a message of thanks to Weald Theatre Group: "You have been instrumental in helping us to succeed," Greg told members. "We are bowled over with gratitude and appreciation."

The brothers embarked on the voyage after losing their father and step father Pete Massey to skin cancer. "A keen adventurer, Pete helped nurture the brothers' love of the sea along with wife Alex, who is a member of Lymington Yacht Club where Jude is a sailing instructor," said Anne. "After Pete's death, the brothers set about planning and training for the challenge, fuelled by their determination to raise money for research into skin cancer."

This time last year Anne and Ron were gearing up for many anxious weeks, as they followed their grandsons' progress on their 3,000 mile journey starting from Gran Canaria.

"Every day we would track their progress on the internet, along with family and friends, and send messages of love and support," said Anne. "It was a worrying time and I still get choked up thinking about it. I never want them to do anything like that again!"

The brothers spoke of how they battled against the elements and overcame serious setbacks including the GPS tracking system failing and water filter and automatic helm breaking down.

"At one point the weather was so bad that they capsized and had to batten down the hatches, retreating into the cabin and letting the boat take its own course," said Anne, who added that they were also followed by sharks.

"But they were also accompanied by a strange bird who followed them for several days, regularly landing on the boat," she added. "They named it Pete after their father."

The journey took its toll on the pair, who existed

on a vegan diet of rehydrated food, and suffered torn ligaments as they took it in turns to row and sleep.

"It was so nice to get back to a place where the elements weren't trying to kill us," said Jude, who is now planning to go travelling, but this time on dry land!

But doctor Greg is a restless soul and has other plans. "He's already working on his next challenge," said Anne.

Members of the Weald Theatre Company are currently busy rehearsing for this



year's pantomime, Snow White and the Seven Dwarves at Clair Hall in Haywards Heath, from 8th-12th January.

As usual, writer and director Lance Milton has added a modern twist to the traditional tale including casting adults (rather than children) as the dwarves. This year, proceeds will be split between local charities – Woodlands Meed School and St Peter and St James Hospice.

Tickets, which cost £6 on the opening night, rising to £13 for the Saturday performance, are available at the Box Office at Clair Hall or by phoning 01444 455440.



ELECTRICAL
WWW.CW-ELECTRICAL.COM

**FREE QUOTES
& FREE SAFETY
CHECKS**

| | |
|---|---|
| <ul style="list-style-type: none"> Free Safety Checks Free Quotes Circuit Testing and Certification Kitchen and Bathroom Re-Wiring & Alterations Extra Lights & Sockets Fuse Board Upgrades Complete Re-wires Telephone Systems | <ul style="list-style-type: none"> TV. Points Full Entertainment Set-up Under floor Heating Security Systems Extensions Storage heaters Immersion Heaters Fault Finding Outside Power and Lighting |
|---|---|

t: 01444 482034
m: 07807 355 632
e: chriswalter@cw-electrical.com

NICEIC Registered
Qualified to the latest 17th Edition






Festival Night fun

Despite the early rain, Lindfield High Street was lit up with festive lights and adorned with a variety of stalls from cakes to calendars early in December! There were also excellent musical performances both outdoors and inside – including this one from Lindfield Primary's Skylarks choir at Lindfield United Reformed Church.

Fed up with your dirty windows?

VMP 
WINDOW CLEANING
OVER 30 YEARS EXPERIENCE 

**Traditional window cleaning
or reach and wash
(poles and brushes)**

- Residential or commercial
 - Regular scheduled service or one off cleans
 - Window insides can be included
 - Fully insured
 - Local firm (Burgess Hill)
- We also clean:**
- UPVC fascias, soffits & guttering
 - Cladding
 - Gutter clearance
 - Conservatory roofs
 - Solar panels

**Please call Vince on 01444 236562
or 07870 284971 for a free estimate**

Folk of Lindfield boost fundraising for Will

By Claire Cooper

Christmas came early for the family of Will Bennett, the former Lindfield student who lost both lower legs following an horrific climbing accident, with the news that their £50,000 fundraising target had been reached.

They can now go ahead and order the special all terrain wheelchair and van, which will get Will mobile and on the path to reaching his dream of competing in the Paralympic Games.

"It's fantastic news and the best Christmas present the family could have wished for," said former neighbour Julie Reason, from Noahs Ark Lane, who has co-ordinated fundraising efforts locally. "I know the family were planning a special Christmas Day lunch with Will, so this will give them an extra reason to celebrate!"

The fundraising appeal was launched after Will Bennett, a soldier and former pupil at Lindfield Primary School and Oathall Community College, became paralysed and lost both legs following a rock climbing accident. The Bennett family is well known in the village – dad Geoff was the village policeman and a scout leader for many years and mum Anne a former driving instructor.

After reading about Will's accident in Lindfield Life, villagers rallied round to support the family and help raised the funds needed to buy Will a special all-terrain wheelchair and adapted van

Recent fundraising efforts have included donations from recycled Christmas cards made by a local resident and a quiz night, complete with Elvis impersonator, at the King Edward Hall, which raised more than £4,000.

"I'd like to thank all those who supported our quiz night, and,



in particular Mandy Claidon who hosted the evening and provided our Elvis," said Julie. "We also had some fantastic raffle prizes donated by local businesses."

She added that she has been overwhelmed by the support from Lindfield residents.

"I can't thank the people of Lindfield enough for their amazing support. Without them this could never have been achieved," said Julie. "From those who dropped off Christmas cards for recycling, and donated to the just giving page, to the communities which organised fund raising events, and the

businesses which gave raffle prizes – you have all helped us to reach our target."

Will's mum Anne added: "Words can't describe how grateful we are to everyone who has donated to our appeal. The support and well wishes from the people of Lindfield have been overwhelming."

She added that Will, who is expecting to be discharged from hospital in February, has already been in touch with a company which customises vans.

"He's already planning activities for when he gets back to Bristol and has had a taste of wheelchair rugby," she said. "He's aiming to join the Bristol team as well as going back to his rock climbing."



New friendly Vinyasa Yoga classes in Lindfield

Mondays & Fridays – 10am and 6pm

Plus... Hatha Yoga for over 60s at 12noon on Mondays

See www.yoganat.com for more information

All levels welcome



Jim Avis

Local Lindfield Painter
and Decorator

Available for large and small interior
and exterior painting, wallpapering,
design or improvements.
A trustworthy professional service.

Please call for a quotation.



Jim

01444 484921

07861 794475



POTS ♦ AND ♦ PITHOI

ESTABLISHED 1985



Our SALE begins on January 2nd.
At least 10% off ALL pots and
ceramics.
Up to 70% off selected products
from our gift shop.



All your
tutoring needs in one place

Tuition in a safe environment
with carefully selected tutors
in central Haywards Heath

Ongoing support in all subjects
Primary to A level
Focused exam revision sessions
SATs, CE, GCSE, A level

tel: 01444 647648

Admin@sussextuitioncentre.co.uk



The Barns, East St., Turners Hill

W. Sussex RH10 4QA

+44 (0) 1342 714793

info@potsandpithoi.com

www.potsandpithoi.com

Sussex brings European women's football championship home



The American Express Community Stadium in Brighton has been named as one of nine match venues for the UEFA European Women's Championship in 2021.

Brighton & Hove Albion worked together with Brighton & Hove City Council and Sussex County Football Association to support The FA's bid back in August, and the stadium will now host top-level European football in three years' time.

Albion chief executive and deputy chairman Paul Barber said: "This is fantastic news for the football club and the wider Sussex community as a whole."

Albion's women's football chair Michelle Walder said: "I am delighted for all concerned, and would like to congratulate The FA on their successful bid.

"This will greatly help to raise the profile of women's football as a whole, and it will be fantastic to welcome some of the top female players in Europe to our stadium."

The event will showcase the city to an international audience, supporting tourism and the local economy. In 2017, when England reached the semi-finals, the UEFA Women's Euro viewing figures reached a global audience of 165 million.

The Pest Man
for
Lindfield

**Qualified, Insured,
over 30 years experience.
Family run business**

01444 420031
07900980194

Mortgage and Protection Adviser
Tara Fraser

- Mortgages
- Remortgages
- Buy to Let
- Help to Buy
- Life Insurance / Protection

For whole of market Mortgage and Protection advice call Tara:
07714 459022
01444 443410
tarafrazer_mortgageadviser@yahoo.com

Think carefully before securing debts against your home. Your home may be repossessed if you do not keep up repayments on your mortgage or any other debt secured on it.

JULIAN HARRIS
Tara Fraser is a Mortgage Adviser with Julian Harris Mortgages Ltd, authorised and regulated by the Financial Conduct Authority No. 304155. Co. No. 3927189. Registered office: Julian Harris House, Mangrove, Ashford, Kent TN23 7UP.

COME AND SEE

All Saints
LINDFIELD

'Come and See' is a week of events (3-10th February 2019) celebrating the completion of the All Saints Church refurbishment project. The building will be open throughout the week to visit and will include a range of events and activities.



SUNDAY 3RD FEBRUARY

9.30am and 6.30pm with Richard Jackson, Bishop of Lewes
3.30pm Choral Evensong with Mark Sowerby, Bishop of Horsham

TUESDAY 5TH FEBRUARY

7.30pm (£5) Comedy with Paul Kerensa (*Miranda*, *Not Going Out*)

WEDNESDAY 6TH FEBRUARY

1pm Blackthorns Primary Academy Choir
7.30pm Transatlantic balloonists Michael Scholes and Deborah Day

SATURDAY 9TH FEBRUARY

2-4pm Family fun afternoon including magician Bertie Pearce
7.30pm (£10) Concert with Elin Manahan Thomas and Robert Davies

SUNDAY 10TH FEBRUARY

9.30am, 11.15am and 6.30pm with Nick Dill, Bishop of Bermuda



This is only a taste of what's planned, for a full guide to the week and to book tickets, please visit our website:

allsaintslindfield.org/comeandsee



Will you shout about hospice care?

Local charity St Peter & St James Hospice is recruiting passionate people to its newly formed volunteer support group, who will work to bring the heart of the hospice to the local community in Lindfield and Haywards Heath. The group will shout loud and proud about hospice care, challenge misconceptions about the hospice's work and inspire people to support local families.

St Peter & St James Hospice supports, empowers and cares for people towards and at the end of life. Through its Inpatient Ward, Wellbeing services and specialist community nursing team, the hospice offers expert and compassionate care to adults living with terminal illness. Hospice care is very much about helping people to achieve their best possible quality of life, and care is personalised to every individual. There is also an understanding that illness affects everybody close to that person, so family and friends are supported too.

The hospice relies on its generous community to cover over 80% of its running costs. Support groups are local ambassadors for the hospice's work, raising awareness and fundraising in their local area. The groups are informal, fun and a great way to make a valuable

difference— all you need is enthusiasm and ideas! Each of our Support Groups concentrates on what works in their town or village. You might choose to organise collections and coffee mornings, themed evenings, quizzes, fayres or festivals, open gardens... There's lots of room for creativity!



In April, the hospice's Burgess Hill group restarted and since then members have held collections and hosted an Indian Sunday Buffet. Next year there are already plans for a quiz and a casino night! The group now has 19 members who have become firm friends.

"Initially, I felt I needed to give something back for all the wonderful care my son Steven received at the hospice," says Janet Horn, a member of the Burgess Hill Support Group. "I've now realised how much I have gained from being part of the group; it's so good to talk, share experiences and have fun whilst raising essential funds."

Feeling inspired? Make 2019 the year you make a difference. If you'd like to join a new Haywards Heath and Lindfield based group, the hospice would love to hear from you. Please call Carol Hughes, Community Fundraiser, on 01444 470726 or email chughes@stpjhospice.org.

Now open and fully refurbished

Under new ownership.
Expect great food, quality wines,
well-kept beers and top gins,
all in a beautiful environment.

Taking bookings on 01444 416316 or info@snowdropinn.co.uk

The Snowdrop Inn, Snowdrop Lane, Lindfield, RH16 2QE

The Snowdrop Inn
Lindfield

Time for a New Year ramble?

If you've made a New Year resolution to get fitter, take up a new activity and broaden your social network then why not dig out your walking boots and get rambling!

The Mid Sussex Ramblers welcome new members to join them and explore the beautiful countryside and villages with their programme of winter walks.

With up to three organised walks each week, covering a range of distances to suit all ages and abilities, there are plenty of opportunities to get started and bring rambling into your life!

Walks are arranged on Tuesdays and weekends throughout the year and vary in length from 4 -12 miles. The winter programme also includes pub socials and a programme of talks covering a wide range of subjects.

The summer programme includes short Wednesday evening walks.

Walkers come from all over Mid Sussex, including a strong contingent from Lindfield! Among them are Chairman Ron Goodenough and his wife Janet.

"We enjoy walking regularly with Mid Sussex Ramblers," said Janet. "Not only is it great exercise but we enjoy the beauty of the countryside and have discovered new paths in spite of living in the area for many years."

"It's a very friendly group and new members are always welcome," added Ron.

Fellow member Yvonne O'Brien, who was the group's secretary for five years, added: "I have been a member of Mid Sussex Ramblers for ten years and enjoy walking in good company, the delights of the Sussex countryside and benefitting from lots of fresh air. Best of all it is an excellent way to keep fit during the winter months!"

The group welcomes all new members, from experienced walkers to those just starting out.



New Year walks include:

5th January – A circular walk from Slaugham – 4.2 miles. Meet 10am at Slaugham Parish Church.

6th January – Walking in the Ouse Valley – 7 miles. Meet 10am, at Ardingly reservoir car park.

13th January – Plumpton circular – 3.5 miles. Meet 10.30am, at Plumpton Railway Station.

15th January – Downs Winter Walk – 7.5 miles. Meet 10.30am, at Ditchling Beacon car park.

To find out more and to join one of the walks get in touch using the Contact Form on the Mid Sussex Ramblers website, email msrpublicity@gmail.com or telephone Secretary and Publicity Officer, Sue Blandford, on 01403 255654.

The full walks programme is available on the website: www.midsussexramblers.co.uk along with more information about the group.

SJP
Painter & Decorator

25 years experience. Fully Insured. No VAT on labour.

Contact Stuart for a competitive quote:

01444 414 878 07759 454 679 stuartpasmore@hotmail.co.uk





Club raises £6,000 for charity

Charity breakfasts, race nights and a weekly meat raffle are some of the ways members of Lindfield Club have raised £6,300 for the Alzheimer's Society during the last 12 months.

Other fundraising events included a bowls match, cricket match, golf day and the weekly lottery bonus ball draw.

Each year in the autumn, members are invited to nominate a local charity to benefit from fundraising throughout the year, and the committee members vote on which one to choose.

The Alzheimer's society was nominated by Paul Turner, a club member.

Last month Lindfield Club Chairman Andrew McLeod presented the cheque to Brian Williams from the Alzheimer's Society.

Photo shows Andrew McLeod (club chairman), Paula Schofield (hon social secretary), Karen Bonanate (administrator) and Brian Williams receiving the cheque.

Help for retailers

Mid Sussex District Council is encouraging local independent retailers to sign up now for free training that will help them fight back against online retailers and keep Mid Sussex high streets vibrant and alive.

Retail experts Martec International will be running the sessions and the next one is on Tuesday 8th January in East Grinstead which will focus on product range and product management. With the following in Hurstpierpoint on 22nd January with the theme being Visual Merchandising and Better Presentation. Further events in Burgess Hill, Cuckfield and East Grinstead will follow in February and March.

Attendance at one of the events will make independent retailers eligible for a free coaching and mentoring session with a Martec consultant in their own store. These one-to-one sessions will enable the consultants to tailor advice to the specific needs of each business.

Local retailers can register for the 2019 workshops and learn more about the training at www.martec-international.com/services/114/free-training-for-independent-retailers

**RECORDS
WANTED**

**VINYL LPs AND 7" SINGLES
EXCELLENT PRICES PAID**

**We also purchase CD collections
and music memorabilia
(concert programmes,
ticket stubs etc)**

PLEASE CONTACT CHRIS:
Tel: 07812 903 667
Email: uk.vinylvault@sky.com

Pond Island Discs

By Ayesha Gilani

Happy New Year! I've trawled the icy waters of our iconic pond to bring you some of the village's motivational personalities. Why look to the Dalai Lama for New Year enlightenment when we've got an effervescent crew of 'Lindfield Lamas' right here? Each one a leader in their field, motivating and supporting others to achieve great things. What better way to kick-start a resolution-filled 2019 than cranking up the volume on their chosen inspirational tracks and basking in their words of wisdom.



Hamish Hill, Clinical Psychologist
ABC by The Jackson 5
 "I rediscovered this song recently because my daughter loves it - it has become a family favourite. It has an infectious energy which sweeps away the exhaustion of parenthood and gets me in the mood for play! The lyrics make me think about how we learn to love; how the things we need from one another are simple and how hard giving and receiving these things can be in everyday life. In my experience, when these simple things are going well, motivation usually takes care of itself."



Mike Martin, Fitness Expert & Clinical Nutritionist
Man in the Mirror by Michael Jackson
 "MJ sings if you want to make a change in the world, look in the mirror and start with yourself. Changing yourself and transmitting those energies into the universe will impact others and inspire them to make a change for the better."



Lynn Tulip, Career coach and Lindfield Arts Festival Project Manager
Run the World by Beyoncé
 "This is motivation for my clients especially those returning to work after a career break. If the title didn't give it away, Beyoncé is evidence that a woman can run the world. Love the line '...strong enough to bear the children, then get back to business.' Whoohoo."



Pat Kaye, Vocal Coach
All By Myself by Celine Dion
 "I play this track to my students as a powerful example of a strong breathing technique. Towards the end of the song she holds that high F for 15 seconds, so her breathing is immaculate. Holding on for so long and then the little run of notes at the end is just magnificent and shows what you can do if you try! Engaging with your breathing correctly is so important for body, mind and soul."



Marcus Still, Principal of Lindfield Primary Academy
True Faith by New Order
 "It's one of the first tunes that I really got into and reminds me of the boundless opportunities and possibilities of youth. Making your own decisions and experiences. It's my track of choice for when I need to be uplifted."



Sarah Barker, Talent Consultant for advertising agencies
Be Right Back, Moving House by Ghostpoet
 "This song helps me take a breath, gives me perspective and remember that it's always possible to tackle everything life throws at you if you take it one day at a time. In 2019 I am going to look for good things coming in threes instead of bad things."



Need a new **WEBSITE?**

FREE Google My Business page
with every website build.
Exclusively for LindfieldLife readers.

Scan the QR code or visit the website to take advantage
of this offer!

www.digitalberry.co.uk/lindfield-life-offer

digital BERRY



GET OFFER

t: 07799146414
e: hello@digitalberry.co.uk
w: www.digitalberry.co.uk



Pax by Sara Pennypacker

BOOK REVIEW

By Niamh Chapman (Yr 8)

I originally picked up Pax because of my book club at school – it wasn't the sort of thing I would normally read myself, but I was drawn in and would recommend it to anyone between the ages of 9 and 14. It is a very emotional novel, a rollercoaster of twists and turns. First, you're laughing, then crying, then smiling, then laughing again. Pennypacker is a genius with words and I fully intend to explore more of her works. Pax is a story set in WWII, with a boy being separated from his beloved pet fox, who he rescued while still a cub. The two each tell their own tale, while they journey to find each other, with unexpected friends along the way! It definitely deserves a high rating and I've probably bored my friends with the gushing. 4.5 out of 5 stars, only because I'm saving the 5 for an all-time favourite!



RENAULT
Passion for life



Service

Renault or Kia

For all of your Servicing
& Warranty requirements!

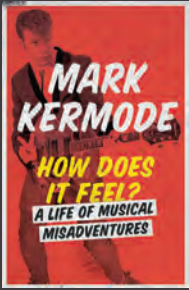
- Factory Trained Technicians
- Full Servicing & Warranty
- Latest Diagnostic Technology
- Manufacturer's Service Plans
- Fixed Price Servicing & MOT
- Free Courtesy Cars or Taxi
- Free Collection & Delivery
- Renault Fleet & Van Servicing

**10%
OFF**

Call and book
in today and
receive your
discount on
Parts & Labour
You must present
this voucher.

*T&C's apply

BALDOCKS for quality Service in Mid Sussex
01444 471521 www.baldocks4cars.co.uk



How does it feel? by Mark Kermode

BOOK REVIEW

By Cavan Wood

Mark Kermode's musical autobiography 'How does it feel?' is a delight. One of the reasons is that he knows his own heart well, being able to show us his love of music and the fact that often he isn't all he would want to be as a performer.

He is humble and self-mocking, whilst being generous to others. Whether it be struggling to play a harmonica or recording in the legendary Sun studios, we see the uber-fan who cannot quite believe that he is asked to play with a band. It is good to read a book which celebrates family, creativity and the joy of living.

One day, they might need the same care their Nanny did.



1 in 4 of our patients is being cared for thanks to gifts in Wills.

Will 

YOU HELP FUND THE NEXT GENERATION OF CARE?

To find out more about leaving a gift in your Will, please visit stpjhospice.org/support-us or call us on **01444 470710**



St Peter & St James Hospice
Hospice care in the heart of Swaston
Registered charity number: 1056114

Been thinking about writing your Will?

Do it now with Claire Nash Solicitors

Single Will
only
£150+VAT

Mention Lindfield Life when calling

Caring and professional advice when you need it the most...

- Probate
- Wills
- Lasting Powers of Attorney
- Equity release
- Matrimonial

Claire Nash is a local solicitor providing expert and friendly advice to residents of Lindfield and across West Sussex.

Claire will visit you at a time that suits you: in the office, or at home, including out of hours.

Call: 01444 417944

www.clairenashsolicitors.co.uk

info@clairenashsolicitors.co.uk



Call Claire today for your free 20 minute phone consultation on 01444 417944



Claire Nash Solicitors is the trading name of Claire Nash Solicitors Ltd. Company Number 10958514. Claire Nash Solicitors Ltd is regulated by the SRA in England and Wales (SRA number 643261). VAT Number 285 1524 95. Registered Address: Summer Cottage, Blackness Road, Crowborough TN6 2NA.

Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to photos@lindfieldlife.co.uk - thanks!



John Higgins at Lago Grey Glacier, Patagonia, Chile



Penny Skelley at the Christmas Market in Old Innsbruck, Austria



Mark & Camilla Plass celebrate their honeymoon in Grenada

We CAN clean your oven!

oven
CLEANERS SUSSEX.CO.UK

we bring your oven back to new 🧼 🗑️ 🧽

We clean single/double ovens, ranges, Aga's, microwaves, hobs & extractors.
Non-caustic cleaning method means no dangerous chemicals in your home.
Fully insured and highly reputable.

Call Alex on 07768 256747
or visit www.ovencleanerssussex.co.uk



It is with great sadness that we have to report the passing away of John Jesson, our head of planning matters, in August. John was an active member of the Society for more than 20 years and was a key contributor to our management committee. He had a high level of expertise in planning and led our responses to planning applications of all sizes. John was also a true friend who will be greatly missed.

Planning issues

Early in 2018, the Secretary of State for Housing allowed an appeal by Wates against Mid Sussex District Council's refusal of planning permission for 200 homes south of Scamps Hill. His decision ran counter to the recommendation of the Planning Inspector who heard the appeal and who concluded that it should be dismissed. Current government policy is so heavily weighted in favour of development – regardless of local concerns – that this outcome is sadly typical.

A further speculative application for 43 dwellings at Portsmouth Wood Close received outline planning permission in 2017, despite strong local opposition. A detailed 'reserved matters' application has, however, yet to emerge. There are serious questions about land stability and flood risk on this site. We will argue that these concerns must be addressed thoroughly when the developers submit their full design proposal.

Design awards

The Society has decided to recognise the efforts of individual residents who carry out building work using thoughtful design and materials that contribute to the preservation and sympathetic development of Lindfield. Certificates commending good craftsmanship and design throughout the village will be presented to the recipients at our AGM each year.

Following widespread objections, an application for a large complex of blocks of flats and houses on the Tavistock and Summerhill School site has been withdrawn. This urban scheme would have been entirely out of keeping with Lindfield's character. It is to be hoped that a more respectful plan will appear for this land.

We expect an attempt at a large development on the site of Haywards Heath Golf Club, which we will oppose. Another inappropriate housing estate here could only add to the cumulative pressure that speculative development has already placed on the infrastructure and character of Lindfield.

The Society has reviewed 120 planning applications over the year, taking a public position when this is considered appropriate.

2019 will no doubt be another challenging year. We always welcome new members and in particular new participants on our management committee. We would like to thank all our members for your support in 2018 and wish you and all Lindfield Life readers a happy and peaceful New Year.

Get the **life** you really want!

What if you could **take control** of your life, make **significant change** and get the life you really want?

You can!

Using powerful NLP and coaching techniques Lindsey will show you how...

NEW for 2019 - Personal Change Workshops:

Thurs 24th Jan - Thinking on Purpose - taking control

Thurs 7th Mar - Getting Confident Fast

April TBC - Dealing with Self-Sabotage

May TBC - Banishing Emotional Eating

All workshops will be held at Lindfield Coffee Works, High Street, Lindfield, RH16 2HW - arrive for a welcome drink at 6.30pm; the workshop will end at 8.30pm approx.

Price: £27 per person
(incl. welcome soft drink and NLP paperback)

BOOK NOW!

Call Lindsey on 07704 681332

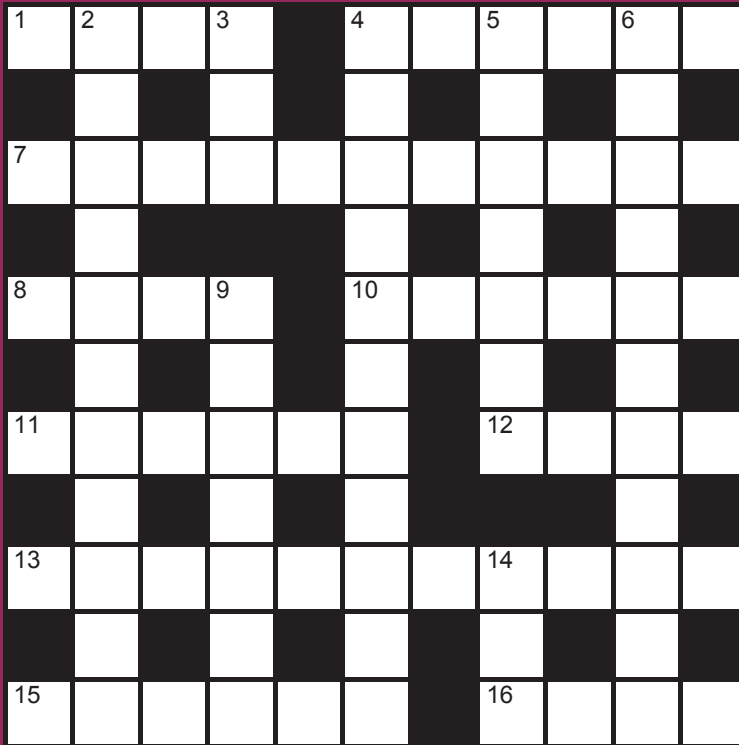
or email: lindsey@ninedotpartnership.com
More info: www.ninedotpartnership.com

Lindsey Jones has over a decade of experience in creating meaningful change for her clients; as a Psychologist (BSc., MSc.), a Master Practitioner in NLP, a qualified Coach and a licensed Hypnotist, Lindsey has trained with the world's best in the field - Dr Richard Bandler and Paul McKenna.



**The NineDot
Partnership**

Family crossword



Got 20 mins spare?
Have a go at this crossword - which should be varied enough for all ages to answer some clues.
Answers listed on p. 63

Across

- 1 Agitate (4)
- 4 Suppose (6)
- 7 Astronomical model (11)
- 8 Literary work (4)
- 10 Anglo-British WWII agent (6)
- 11 Gaming tile (6)
- 12 Group of three persons (4)
- 13 Brave (11)
- 15 Capital of Greece (6)
- 16 Prickly seed vessel (4)

Down

- 2 Switchboard operator (11)
- 3 Flee (3)
- 4 Those who study heavenly bodies (11)
- 5 Snake (7)
- 6 Climber (11)
- 9 Systematically arranged body of facts (7)
- 14 Steal from (3)

IT'S TIME TO CLEAN YOUR GUTTERS!

WE ARE A LOCAL, FAMILY-RUN AND RELIABLE PROPERTY CLEANING SERVICE

GUTTER, WINDOW, CONSERVATORY,
SOFFIT & FASCIA CLEANING SINCE 1999

📞 07710 002 421
✉ info@safi-windowcleaning.co.uk
www.safi-windowcleaning.co.uk



Sudoku #30

| | | | | | | | | |
|---|---|--|---|---|---|--|---|---|
| | 9 | | 8 | 7 | 2 | | 3 | 5 |
| | | | 3 | | | | 6 | |
| | 7 | | | | 9 | | | |
| 8 | 3 | | | | | | 9 | |
| | | | | | | | | 6 |
| 6 | 5 | | 1 | | | | 2 | 7 |
| | | | | | | | 7 | 3 |
| | 2 | | | | 1 | | | |
| | | | 9 | 3 | 6 | | 4 | |

Find the solution to #30 in next month's magazine

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

#29 Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 2 | 5 | 7 | 1 | 9 | 8 | 3 | 4 |
| 9 | 7 | 4 | 5 | 8 | 3 | 6 | 1 | 2 |
| 3 | 8 | 1 | 2 | 6 | 4 | 5 | 9 | 7 |
| 4 | 6 | 3 | 9 | 5 | 8 | 7 | 2 | 1 |
| 7 | 9 | 2 | 1 | 4 | 6 | 3 | 8 | 5 |
| 1 | 5 | 8 | 3 | 2 | 7 | 4 | 6 | 9 |
| 2 | 4 | 7 | 8 | 3 | 1 | 9 | 5 | 6 |
| 5 | 3 | 6 | 4 | 9 | 2 | 1 | 7 | 8 |
| 8 | 1 | 9 | 6 | 7 | 5 | 2 | 4 | 3 |

The family garage that cares

Car servicing in Lindfield for all makes & models

- ✓ Friendly welcome
- ✓ Top quality service
- ✓ Realistic prices
- ✓ Family owned for over 40 years
- ✓ All car makes
- ✓ MOT testing
- ✓ Engine diagnostics

"Many people in the village have used us for years, why not join them?"



The workshop team



RETAIL MOTOR
INDUSTRY
FEDERATION

Book your appointment today on:

01444 482988 or 01444 483988

Lewes Road, Lindfield, RH16 2LG www.lindfield-motors.co.uk



What's on in January

AT KING EDWARD HALL

January

- 9th **Lindfield Horticultural Society** – 8pm
'Vegetable growing in Raised beds' a talk by Barry Newman (£3 www.lindfieldhorts.org.uk)
- 22nd **Lindfield Flower Club** – 2.30pm
Maggie Hayes demonstrates 'Anytime, Any place, Anywhere'
- 24th **Bohemian Rhapsody (12A)** – 7.30pm
(Tickets £6 from Tufnells)

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Booking Secretary for further information on telephone number 01444 483266 or by email on bookings@kingedwardhall.org.uk

AND ELSEWHERE

January

- 6th **Mid Sussex Ramblers Walk** – 10am
Ardingly Reservoir car park – Walking in the Ouse Valley 7 miles (07905 225711)
- 8th-12th **Snow White Pantomime**
Clair Hall, Haywards Heath – Weald Theatre Company's 2019 panto production of Snow White and the Seven Dwarves (Tickets £6/£13 from box office or 01444 455440)
- 16th **Mid Sussex Franco-British Soc.** – 8-10pm
Clair Hall, Haywards Heath. Illustrated talk in French by Suzanne Hinton. (£5 entry. 01444 452385 www.midsussexfrancobritish.co.uk)
- 16th **Arts Society Mid Sussex** – 10am
Clair Hall, Haywards Heath - Lecture: Undressing Antiques by Mark Hill (£7 on the door)
- 17th **Haywards Heath Ceramics Group** – 10am
Clair Hall, Haywards Heath – Lecture: 'From Travel to Templates - a Life of Slab Building Pots' by Tessa Wolfe Murray (Tickets £8. Call 01444 414477)
- 17th **Mid Sussex National Trust** – 2.30pm
Clair Hall, Haywards Heath - Talk: 'Sir John Gage & Firlie Place' by Helen Poole
- 24th **Personal Change Workshop** – 6.30pm
Lindfield Coffee Works – 'Thinking on purpose; taking control' a workshop by Lindsey Jones (£27 per person 07704 681 332)
- 31st **The First Bonfire** – 7.30pm
The Red Lion, Lindfield – Lindfield Bonfire Society celebrate the origin of the bonfire traditions. Learn more about the Society and to hear the amazing Bonfire Drummers.



LindfieldLife

**Don't forget:
Tell them you
saw their
advert here!**

Our fabulous advertisers make your magazine possible – please use them

Our advertisers

CALL THEM!

Services

| | |
|---|----|
| Absolute Solutions (IT support) | 18 |
| A Class Taxis | 18 |
| AJ Mullen (builder) | 14 |
| Baldocks of Wivelsfield | 54 |
| Belle Casa (cleaners) | 22 |
| BJN Roofing | 35 |
| Butterfield Construction | 17 |
| C&G Plumbers | 31 |
| Claire Nash Solicitors | 56 |
| Crest Nicholson | 2 |
| CW Electrical | 44 |
| Digital Berry (digital marketing) | 53 |
| Drayton Plumbing & Heating | 14 |
| Easy Flow Gutters | 23 |
| G&S Roofing | 31 |
| Haywards Heath Auto Centre | 25 |
| Helme & Hallett (builders) | 19 |
| Hentons Accounting | 22 |
| Jim Avis (decorator) | 47 |
| JMS Interiors (tiling) | 21 |
| Lindfield Motors | 61 |
| Lucy Locksmith | 31 |
| Mark Revill & Co (estate agents) | B |
| Masters & Son (funeral directors) | 7 |
| nicenstripy (gardening services) | 3 |
| Norsat (TV, satellite) | 11 |
| Odd Job Man | 37 |
| Oven Cleaners Sussex | 57 |
| PRB Accountants | 8 |
| Rohan Solicitors | 9 |
| RTFJ (jewellery) | 23 |
| Safi Cleaning Services | 60 |
| SJP (painter) | 51 |
| Sow Sussex Garden Care | 15 |
| SPB Plumbing & Heating | 34 |
| St Peter & St James Hospice | 55 |
| Sussex Vehicle Services | 28 |
| Tara Fraser (mortgage adviser) | 48 |
| The Kitchen People | 5 |
| The Pest Man | 48 |
| VMP Window Cleaning | 45 |

| | |
|------------------------------|----|
| White & Sons (roofing) | 12 |
| Whittaker Paving | 25 |

Retail

| | |
|-----------------------|----|
| BMG Jewellery | 26 |
| Cottenham's | 30 |
| kps (compost) | 27 |
| Pots and Pithoi | 47 |
| Vinyl Vault | 52 |

Out & About

| | |
|-------------------------|----|
| All Saints Church | 49 |
| Ockenden Manor | 13 |
| The Snowdrop Inn | 50 |

Education/Childcare

| | |
|---|----|
| Ardingly Training Centre (swimming) | 12 |
| Chris Bruton Guitar Tuition | 34 |
| Gielgud Academy | 36 |
| Lindfield Art Studio | 4 |
| Norto5 Kidz (daycare) | 3 |
| Sussex Tuition Centre | 47 |

Health/Lifestyle

| | |
|-------------------------------------|--------|
| Acupuncture at The Perrymount | 25 |
| Acupuncture Origins | 20 |
| Flint Physiotherapy | 21 |
| Jakki Todd (beautician) | 4 |
| Lindfield Chiropractic Centre | 10 |
| Linear Fitness | 17 |
| Potential Personal Training | 43 |
| Promedica24 | 42 |
| Six Physio | 35 |
| Talk for Change | 20 |
| The NineDot Partnership | 16, 59 |
| YogaNat | 46 |

Specialising in the sale of fine properties in your village...

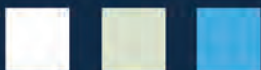


Happy New Year

If you are thinking of making a move in the next year,
contact us for your 2019 valuation

Your Local
Property Experts

T: 01444 484564
42 High Street, Lindfield
E: Lindfield@markrevill.com
W: markrevill.com



Mark Revill & Co