

Lindfield *Life*

*Local village talk,
by the village*

January 2010 Issue #10

FREE!



Parish Council newsletter p.17

North Pole Trek p.22

Getting crafty after Christmas p.10

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Lindfield Life



📷 Cover image by Adam Wylde.
The High Street at night.
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I CAN'T BELIEVE that 2010 has arrived! It doesn't seem all that long ago that we were worrying about the millennium bug and making preparations to see in the 'noughties'. Where did the last decade go?! January is a great time of year to look back over what we have achieved over the last year and also to make plans for the coming year and, for those with more will power than me, resolutions. Some people resolve to make a difference to others and we meet one such man in Village People this month. Mike Scholes is preparing to trek to the North Pole to raise money for St Dunstons, a charity that supports ex-servicemen and women who have lost their sight. This is an admirable achievement for anyone, but it is particularly inspirational when you learn that Mike himself is severely sight impaired. Read his story on pages 22-23.

Thankfully you don't have to trek to the North Pole to do something for others. Chris Bosker, President of the Cuckfield and Lindfield Rotary, introduces us to Rotary and gives us a taste of what they have got planned for 2010. They are an amazing organisation that raises millions internationally for charity, yet have a great sense of local community fundraising that benefits both projects and people right here in Lindfield. I think you'll agree that they appear to have a lot of fun in the process too!

As well as our regular columns, we have the third of our popular craft series in which we explore the new craft of 'decopatch' with local artist Julia Maynard. If you want to see decopatch close-up, then have a wander along the High Street and take a look at the giraffe who is fast becoming famous - I wonder if he has a name?

All that is left for me to do now is to wish all our readers a very happy new year!

Emma Tingley, Editor

Lindfield Life magazine is published by Kipper Creative Limited

Issue #10 - January 2010 - 4,200 copies printed

Lindfield Life Brooklands Barn, Rocky Lane, Haywards Heath, RH16 4RR

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NEWS

We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@lindfieldlife.co.uk

Pudsey Party

CHILDREN FROM Lindfield raised £92.50 for Children in Need. A 'Spotty' party was held at the King Edward Hall. The room was decorated with multi-coloured spots and the children wore their spottiest outfit. Games included Pudsey colouring activities, 'musical spots', 'Splat the Spots' and a giant game of twister. At the end of the day Pudsey was auctioned and sold for £16.



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Competition winners at Blackthorns

By Paula Skey and Natalie Schou

The 'Friends of Blackthorns' (FOBs) are just a group of parents who want to see that their children have the best and most enjoyable time possible whilst they are at school. This is achieved by raising money to provide all those 'nice to have' things that a school budget cannot pay for. A large and varied number of events are run throughout the year. Parents can be involved by joining the committee or by helping at any of the events. During 2009 we held a spring sale, had a stall at Village Day, the children enjoyed a visit from the Happy Circus and parents were entertained at a fashion show and a murder mystery evening.

Recent examples of where the money raised is spent are a new outside classroom that has been built in the woods, fencing around the woods and an outdoor stage, along with the playground marking and trail in the junior playground. The most recent large project is the addition of more play equipment for the children. In addition, there are annual discos held for the children at the end of the summer term. Currently the school community are working on ideas for the next big project.

The Christmas Competition is an annual event to tie in with the school's Christmas Fayre. This year Key Stage 1 children were asked to decorate a plastic cup as a hanging Christmas character, e.g. Santa Claus, snowman, reindeer or elf. The Key Stage 2 children were asked to compose a poem with a Christmas theme of no more than two verses to include the phrase 'ho ho ho'.



The winning entries received a gift token kindly donated by 'Kieron James' toyshop in Lindfield (KS1) and a book token kindly donated by 'The Bookstop' in Lindfield (KS2). Here are this year's winners:

KS1 Eveline Clayton age 6 - decoration (above)

KS2 Camille Wilkinson age 10 - poem (right)

Counting the Days....

Christmas time is coming near,
everybody starts to cheer.

Joking around having fun, laughing,
dancing with everyone.

Rough and tumble in the snow,
building frosty faces aglow.

Hot chocolate by the fire, a wonderful
tree for all to admire.

Decorations colourful and shiny, fairy
lights twinkling, oh so tiny.

Opening gifts, smiling with friends, after
a while it's all coming to an end.

The man we all love with his big red
coat has delivered
your present and has read your note.

So off he goes through the sky, flying
over rooftops oh so high.

If you listen you'll hear oh so clear.....
"ho ho ho I'll see you next year".

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Can you help? Small railway missing!

LOCAL RAILWAY enthusiasts are trying to find out more about this miniature railway in Lindfield, built by Mr Horsfield at Dean's Mill. They are seeking pictures, dated if possible, and facts about the line but memories of any kind would be welcome. There are some mentions of the line in Lindfield books, especially by the late Gwyn Mansfield. They have found out that the remaining petrol locomotive went to the "Dreamland" amusement park in Margate, c 1959. The final destination, and date of departure, of the steam locomotive would be of interest. Can you shed any more light on this? Perhaps you remember it?

If you can help, please get in touch with Tim Sanderson on 01444 455830 or email him on: tsandy01@aol.com



Lindfield, the Tudor Barn, Mill and Railway c1955 Ref: I221018

'The Queens' talk for LHS

LINDFIELD HORTICULTURAL Society starts the New Year with a 'non-horticultural' talk by Sussex-based speaker Tony Turner entitled The Warrior Queens. The Queens in question are the Queen Mary and the Queen Elizabeth and Tony will talk about their role in wartime. Wednesday 13th January in the King Edward Hall at 8pm. All welcome.



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Local artists invade Lindfield High Street

OUR PICTURESQUE High Street with its wealth of Tudor buildings became the backdrop for children at Lindfield Primary School at the end of last term as they sketched homes and shops in support of their Tudor project.

The Toll House, Humphrey's Bakery, Barnlands and one of the finest Tudor chimneys in all of Sussex at Crosskeys, were among local buildings which inspired over 60 street-artists from year 4. The children then used their sketchings to design 3-D models of Tudor houses.

"The children have really immersed themselves in this project," said Deborah Ruse, class teacher, year 4. "We are fortunate to be surrounded by so many well-preserved buildings from the Tudor era. They have helped bring our children's experience of Tudor times to life."



Local Tudor history was not the only experience enjoyed by year 4. A dressing-up day gave an opportunity for assorted King Henry VIII's, wives, ladies in waiting, servants, rural folk and executioners to demonstrate song,

dance and poetry of the time. A visit to Anne of Cleve's House in Lewes added to the theme, where children made orange and clove pomanders and herb bags and designed Tudor menus. Back at school they cooked jumbles - a type of Tudor biscuit, wrote with quills and ink, played Tudor games and painted self-portraits in the style of well-known Tudor artist, Hans Holbien.

This January year 4 set out on a new project - explorers.





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Cuckfield and Lindfield



Present.....

The Great 1860s Lindfield Treasure Hunt

Monday, 28th December 2009

In the 1860s, England feared invasion from Napoleon III's France. Fearing such, the villagers of Lindfield asked Phineas Jupp, High Constable of Lindfield, to collect the villagers' valuables and hide them. The silver plate and jewels have never been found...

Family tickets £10 Cash prizes totaling £250
There will be 3 cash prizes: 1st - £150, 2nd - £75 and 3rd - £25

Start from 10am and end by 1pm in the garden of the Best Arms.
(Estimated completion time 90 minutes)

On Monday, 28th December 2009, families are invited to participate in a Treasure Hunt in the centre of Lindfield and along Lindfield high street by searching for answers to clues.

No more than 200 family tickets at £10 each will be sold - from Lindfield shops (Forget Me Not/Hearts and Soul, Happy Feet, and Artyfect), by 1st Lindfield Scouts and if any remain on the day, in the garden of the Best Arms.

All proceeds will go to the 1st Lindfield Scouts to help raise funds to build a new scout hut.

The Best Arms will be serving Lunch from 12pm until 2.30pm.

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Craft work: Decopatch

WE CONTINUE OUR craft series this month, not with another ancient craft with deep roots in history but a relatively new one – started only 15 years ago. So new that it has not even got an entry on Wikipedia yet! Along with the move from old to new, we're also moving away from textiles to paper. 'Decopatch' is described as the 'paint without paint' papercraft technique, a concept that may not be easy to picture but, for anyone who lives in the village, our giraffe friend outside Artyfect on the High Street is an example of the technique.

It was in 1995 near Lyon in France that Monsieur Villard, whilst renovating some old furniture, had the idea of creating papers that gave a paint-like finish. He created different designs on the papers to achieve different finished effects. The craft became famous in France for its colourful and innovative designs. The name 'decopatch' is an adaptation of the French word 'découpage' which means to cut out. Decopatch has become the creative art of assembling, pasting and varnishing paper cut outs to decorate objects, from simple designs to complex artwork. Its popularity has crossed the channel to the UK and over the last two years has become a trendy art form here too. Local artist and decopatch enthusiast, Julia Maynard invited me to join her at her gallery to learn more about the technique.

Decopatch really is a craft suitable for all ages and can be as artistic and creative as your imagination allows.

With a few basic tools, a smooth paint-like effect can be achieved by sticking the special paper on to almost anything. Julia's creativity can be seen in the items she has used this technique on – from mirror frames and wooden coat hangers, to candelabras and chairs. She also incorporates it into some of her paintings. For those new to decopatch or if you don't feel that you are particularly creative, you can easily achieve amazing results using ready-made paper maché items, such as boxes, photo frames and small animals. In fact you can pretty much decopatch anything, so it is a fantastic way to re-use things around the house that otherwise may be thrown out. Clean, empty tin cans or jam jars can be transformed into beautiful pen pots. Old pieces of furniture can be given a new lease of life.

All you need to get started is a small short bristled brush, a pot of decopatch glue and some decopatch paper. The glue is similar to PVA; water-based and non-toxic. It stretches the paper while drying and makes the colours brighter. Unlike PVA though it does not peel once it is dry, so gives a long-lasting result that is transparent, shiny and water resistant. The paper, available in sheets a little larger than A4 size, is like a slightly thicker tissue paper with a waxy finish. Julia describes how to get started, "once you've decided on your object and paper colours, begin by cutting or tearing your paper into small squares. I like geometric patterns so I usually cut my paper, but tearing can give a good effect too and the torn edges blend together well". Apply a thin coat of glue to a small section of the object then, using the brush, pick up one of your paper squares and place on the sticky part of the object and apply a further thin layer of glue over the top. Continue this way until you achieve the look you want and the item is completely covered. You can layer the papers or place them close together like jigsaw pieces. Patterns on the paper can be cut out and added, or you can just go completely random. "Like all things, with practice, you get an idea of what you would like to achieve and how you can use the different paper designs to do it" says Julia, "and if you don't like it, you can always add another layer to cover it up! You can experiment with colour, shape, size and pattern, anything is possible." Varnishing your finished product gives it an even glossier finish. Yacht varnish will make your decopatch really hard



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wearing and waterproof, just like the giraffe, so is good for furniture and decorative items that you may want to use outdoors.

Like many other crafts, decopatch can be a sociable hobby. Julia runs decopatch workshops in her gallery for beginners or you can get together with friends to share materials. It is a great craft to do with the kids and a relatively inexpensive hobby. You can find all you need

to get you started in Artyfect. I found my first experience of decopatch very relaxing. You can't hurry it, but yet it doesn't take too long to complete a small item. We are now the proud owners of a small decopatched dog called 'Patch' - much easier to keep than the real thing!

(sources: www.artyfect.co.uk & www.jestique.co.uk)

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Good4you

By Christian Bates

To Detox or not?



JANUARY IS the month for weight loss, joining the gym and detoxing. As a naturopath I cover weight loss approaches and detoxification. In fact detoxification through fasting was THE method employed the naturopaths of old and it was extremely effective in curing all manner of diseases in those times.

However, times have changed and detoxification, and calorie restriction weight loss plans, now come with complications. This is down to the fact that we have a lot more to detoxify. The foods we eat, the air we breath, the products we put on and in ourselves all contain man-made chemicals that our bodies have not really evolved to recognise. It is actually amazing that we do have some sort of mechanism in place that can cope with them at all. So detoxification (and it occurs in rapid weight loss too) is the release of all these toxic chemicals that are stored in the body, usually somewhere the body has wisely decided will keep them out of trouble. When detoxification occurs successfully the toxins come out from hiding and are correctly processed by the organs of detoxification (liver, bowel, kidneys, skin) and excreted to the outside. However, what can happen if there are too many toxins, or some of the organs are below par, is that a healing crisis occurs; basically you re-intoxicate yourself. This can be a good sign if it is controlled and you feel great after, but if it is too strong and you feel really quite unwell you may have to cut your detox short and then you find all the toxins are floating around again!

Strong detoxs would include fasting or juice type cleanses, so go careful with these after Christmas. It is much better to support yourself initially with good healthy nutritious food before you try something stronger, and even better to seek some naturopathic guidance to target specific areas of weakness you may have. This way, when it comes around to doing a gentle detox, you can achieve it with the minimum of side effects.

For more information on these concepts contact us on good4you@lindfieldlife.co.uk.

www.lindfieldlife.co.uk

How to advertise your event in Lindfield

By Alan Gomme

The Community Forum meets two or three times a year and is made up of representatives of various village organisations including the Parish Councils, the three Churches and many of the Lindfield Societies. At our last meeting we discussed at some length the various avenues available within the village for local organisations to advertise their events and it was thought that it would be useful to provide details of these to a wider audience through Lindfield Life.

1: There are now two notice boards on the wall of Leaf in Denmans Lane where posters up to size A4 can be displayed. They must include the organiser's contact details and they can be displayed for up to 4 weeks prior to a village event. Contact the Parish Office in Denmans Lane to have your poster displayed.

2: There are also boards outside and inside the King Edward Hall. The outside and one of the inside boards are for general use and in addition there is a third board inside that is restricted to events that are going to be held at the hall. You can put your own poster on these boards if there is space but you will need your own drawing pins.

3: The United Reformed Church monthly magazine "GoodNEWS" has a back page where they display

details of village events each month. The copy date for this magazine is about the 8th of the preceding month and the editor can be contacted by email at goodnews@lindfieldurc.org.uk or hard copy can be placed in the "GoodNEWS" pigeon hole at the rear of the church.

4: This magazine "Lindfield Life" is also very willing to advertise village events, either as little news items or not-for-profit groups can benefit from 50% discount on display ad prices. Email editor@lindfieldlife.co.uk in the first instance. Copy date for this magazine is always on the 8th of the preceding month.

5: There is a weekly column in the Mid Sussex Times for Lindfield and the local correspondent is Margaret Richardson. She can be contacted by email at margaret@vmrichardson.plus.com. Remember to give Margaret plenty of notice as it is very easy to leave it too late.

6: There are a number of shops in the High Street who may be prepared to put a poster in their window if you ask them nicely.

One final plea, please do not resort to FLY POSTING. It is illegal and disfigures our beautiful village and conservation area.

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So what is the Rotary Club?

President of The Rotary Club of Cuckfield & Lindfield, Chris Bosker, introduces us to Rotary and tells us what in store over the coming months. New members are always welcome so, if you see something that tickles your fancy, give it a go with Rotary this year.

By Chris Bosker

So what is Rotary?

Rotary is a worldwide organisation of men and women who volunteer their time and talents to serve their communities at home and internationally. There are Rotary clubs in over 200 countries but it is essentially a grassroots organisation with most of the work being carried out at club level, with support from the international structure when appropriate. There are four guiding principles common to all; maintain high ethical standards, help the local community, promote international humanitarian work and hold regular sociable meetings at which these aims can be progressed, in our case at The Bent Arms.



TRY THIS.....

In the following months there will be some great opportunities for children to enjoy themselves, to win awards, to travel and to gain self-confidence. For adults there will be unusual evenings out, sometimes with a meal thrown in, always in good company with the added bonus that whatever you pay will go to a charity, often a local one and always one doing amazing things. There will be quizzes, golf days, films and ferret racing all provided by the local Rotary Club. Here is a little more to whet your appetite...

SUPER QUIZ

The Eggheads will not be coming this year so your chance of winning one of the rather good prizes is improved. The consolation prize is good food and wine but only for those who book early, well before the 5th February.

ROTARY DAY 23rd FEBRUARY 2010

There are literally thousands of Rotary sponsored projects at any one time. The biggest current campaign is our fight to help eradicate polio. This campaign, Polio Plus, was started by Rotary in 1985. At its peak this disease crippled 350,000. Ten years on only 1,500 are now affected, partly because Rotary has given over £500m in that period. Our club in Lindfield has pledged £3,000 this year as our contribution to Rotary's international effort to raise a further \$500m. Bill Gates has promised to match whatever we can raise up to \$400 million. We hope to sell this story and raise money by taking a vacant shop on the High Street for a couple of days in February.

DARTS MARATHON

If you like visiting pubs for a drink or two, know which end of a dart has the point and want a relaxing 60 minutes of non-stop dart throwing, this is for you. You are one of six taking turns to throw. The winning team will have the highest score or the most money raised for the charity of your choice through sponsorship. You play where and when you like before April but we must be there to ensure fair play! Over the last 10 years this fun event has produced a lot of laughs and £68,000 for charity.

YOUTH SPEAKS

Several local schools enter this national public speaking competition in which teams of three compete to competently argue a cause of their choice before an audience and a panel of judges. A real challenge to take part and an inspiration to watch. Lindfield schools do very well on this national stage.



LEADERSHIP TRAINING

Every year we raise money to send youngsters on a week-long residential course designed to boost their self-confidence and leadership skills. In addition we will pay for several youngsters to go on a Sail Training course. Get in touch if you are interested.

OVERSEAS

This year our members will support many overseas projects but those with which we have had personal involvement by making site visits include the construction of a new village in Sierra Leone complete with school and hospital and, in Nepal, the provision of an electricity generator and work place facilities.

WEEKLY MEETINGS

Our membership is currently 46, all men as it happens, but Rotary, who is organising all of the above, welcomes any new members who want to give something back to the community. We do not believe in sackcloth and ashes so our meetings at the Bent on Tuesdays are informal and enjoyable and typically 30 will attend. It is my privilege to be President this year and I will be happy to tell you more about our club. Contact me on 483501 or visit www.RotarySussex.org

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Can your children claim your house?

MANY PEOPLE THINK that if they die without making a Will their wife or partner will inherit all their Estate. However a recent TV programme reported a horror story which sadly is only too common.

A married man with young children died suddenly without leaving a Will. The family home was registered in his sole name. He did not have enough life assurance to pay off the mortgage. The Intestacy Rules which applied to his Estate left the house only in part to his wife. The rest was left in trust for the children. Worse, the part passing to the children was subject to Inheritance Tax.

The wife was advised by her solicitors to obtain a Court Order which gave her a greater share in the house. She could then avoid paying Inheritance Tax and was able to sell the house to pay off the mortgage. To obtain the Court Order meant the wife had to bring legal proceedings against her own children, who had to be represented by other solicitors.

All this cost thousands. Simple Wills for the husband and wife would have cost a few hundred pounds only and would have saved months of worry and stress.



Three final thoughts:

1. The survivor of an unmarried couple has no legal entitlement at all – intestacy leaves everything to the children.
2. Do you have enough life assurance?
3. Have you named guardians for your children if something happens to both of you?

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Email: clerks@lindfieldparishcouncil.gov.uk Web site: www.lindfieldparishcouncil.gov.uk

Christmas Festival Night

FOR VARIOUS REASONS the preparations for Christmas Festival Night on 2nd December were somewhat challenging this year, particularly with extra measures required to obtain the temporary road closure order. In the end though we were at the mercy of the weather which turned out to be rather wet but there was nothing we could do about that. Nevertheless, Lindfield High Street was open for business and residents turned out in force to enjoy a lively Lindfield Village Christmas Festival Night. Santa arrived just in time to start the festivities and he gave out presents to more than 200 children in his special grotto in the United Reformed Church and in the garage next door there was charming Nativity with children taking part.

Mid Downs Radio provided background music to suit all tastes from their unit on the High Street and Citadel Brass from Copthorne and singers from All Saints' Church played and sang carols to visitors inside the United Reformed Church as they enjoyed a warm drink and mince pie.

A number of traders stayed open during the evening, providing seasonal nibbles and mulled wine and some were giving demonstrations. Congratulations go to Tufnells for winning the competition for the best-dressed window, to Glyn Thomas & Sons as runner up and to Bliss Hairdressers who were awarded 'highly commended'.

There was a constant queue for the traditional Hog Roast which the staff at Glyn Thomas and Sons, the butchers,

had been tending on the spit all day. Various stalls were also selling food and drink as well as craft items, gifts and second hand goods and there were tombolas and also fairground attractions for the children. The Fire Service brought a fire engine which was very popular with the children and Streetmate came along to talk with young people.

The Lindfield Parish Council wishes to thank the many people who ensured that, in spite of the weather, the event was a success. In particular, our thanks go to the Rev. Charles Martin and his team of parishioners at the United Reformed Church for making this vital indoor venue available and for the warm welcome, the entertainment and the activities organised by members of the Church. The evening could not go ahead without the co-operation of the Police, the Red Cross and CERT, who effected and manned the all-important road closure - we are very grateful to them and also to the small band of people who spent the day setting up the grotto and the floodlights. We would also like to thank the people who kindly allowed us to plug in floodlights to brighten up the High Street. Finally, thanks to all members of the public who supported the event and we hope that people who had stalls on behalf of local charities were successful in raising money for their causes.

Village Plan Joint Advisory Committee

It is disappointing to report that our appeal for a couple of residents to volunteer for the Village Plan Joint Advisory Committee has not been successful. Councillors believe that this committee performs an essential role in shaping the future of the village by reviewing and monitoring the implementation of the remaining outstanding items from the existing plan and to advise the council on the future role of the village plan process for our village.

Any resident who is interested in the work of this committee should contact the clerks at the Parish Office (details at the foot of this newsletter).

MSDC Local Development Framework – Core Strategy

The Planning and Traffic Committee are extremely disappointed that Haywards Heath Town Council has come to the view that, rather than accept that there is adequate land within the Town for future housing development, they consider that the surrounding Villages should bear the brunt of the government-inspired housing targets. Whilst no community is anxious to see more housing within its natural boundaries, it seems to the Committee that there is a considerable difference between development within a town and sacrificing land, such as Sites i and k in the draft Core Strategy, for housing estates, with the inevitable effect of destroying forever the traditional nature of the nearby Villages.

Christmas Lights

WHAT HAVE WE HERE? Two dodgy characters trying to break into the butchers to steal the Christmas turkeys? Actually it's your Chairman, Will Blunden, and his accomplice Richard Powell putting the finishing touches to the Christmas Tree above Glyn Thomas' shop in the dark after a busy day at work. They had been up there a couple of days earlier to put the tree up in a howling wind, driving rain and hail, to make sure that the Village looked suitably festive for the Christmas Festival Night and the rest of the Season. Thank you to Glyn Thomas and Son for allowing us to use the roof so that there can be a Christmas Tree in the main part of the High Street. We would also like to thank the proprietor of Wivelsfield Nursery who has very kindly donated the tree for the last few years.

The Christmas lights in the trees have also proved to be something of a challenge this year. At the time of writing the last newsletter, we were doubtful that we would be able to put up the traditional coloured lanterns because, following the pollarding of the trees, we thought we would not be able to meet the height regulations. However, after more research we discovered that the minimum clearance over the footway is lower than if the lights are strung over the road, so we went out to measure each tree and found that with some additional precautions we could go ahead with our existing lights. Nonetheless this was no easy task and we will have to give some serious thought as to what we can do in future years.



We would like to say a big thank you to the residents of the High Street who allow us to plug the lights in at their homes, to John Wiggins our electrician who wires it all up and to KPS who put the lights in the trees.

We had 31 reply slips and emailed replies to our request for your views on the future provision of Christmas Lights: 12 against the future provision of Christmas Lights at a cost to ratepayers and 19 in support of this action. From some of the comments offered, we received the impression that while the quotation we had received of £12,000 was considered to be too much, support might be given for a lower cost solution. We intend to start early for next Christmas and look into all the possible options for decorating Lindfield appropriately with regard to economy and the environment.

Grant funding still available for local organisations

DO YOU KNOW that the Parish Council is empowered to make small grants each year to local charities and societies whose activities benefit and enrich the well being of residents of Lindfield? This year, despite the current state of the economy and the resulting difficult financial position that we know many local charities and societies are suffering, the Finance & General Purposes Committee has not received many requests. We therefore still have some funds available and would urge officers of local charities and societies to consider approaching the clerks through the usual channels to explore the suitability of their organisation or project being considered for a grant.

For more information, our Grants and Donations Policy and Procedure is on our website under Council Documents - www.lindfieldparishcouncil.gov.uk

The Finance & General Purposes Committee will meet on 8th February & 18th March when any requests for such grants from the 2009/2010 budget will be considered.

WSCC & Oathall floodlit all-weather pitch

THIS APPLICATION by West Sussex County Council for a floodlit all weather pitch at Oathall School is just outside our parish boundary but will affect residents in the Appledore & Pelham area. Our Planning & Traffic Committee on the 9th November was very well attended when this item was discussed and a strong letter of objection has been sent from the Parish Council to WSCC.

We understand the formal hearing by WSCC's Planning Committee for this application will be held on Tuesday 12 January at County Hall, Chichester at 10.30 a.m. at which the public are of course invited to attend.

Amenity Freighter

THE FREIGHTER(S) will be in the Tollgate car park on Sundays 10 January and 7 March 2010, between the hours of 10.00 a.m. and 12.00 noon. Please note that due to current legislation they cannot accept items such as televisions, computer monitors and fluorescent tubes. These can still be taken to a civic amenity centre. Please do not leave rubbish in the absence of the refuse freighter.

A very Happy New Year to you all!

High Street/ Lewes Road mini roundabout and zebra crossing outside Somerfield

THE PARISH COUNCIL has reconsidered its support for the mini roundabout at the Post Office corner.

In 2007, after much debate and on the evidence available at that time, the Parish Council agreed with WSCC that a mini roundabout should be installed at the Post Office corner. However the subsequent planning application by Gleesons for development at Newton Road led to further information being published and the Parish Council was asked by the Lindfield Preservation Society to reconsider the mini roundabout. The report of FMW, who had been commissioned by the Preservation Society to carry out a study of the Denis Wilson Transport Assessment (one of the submission documents for the Newton Road Planning Application) highlighted convincing arguments about pedestrian safety associated with the proposed mini roundabout. Members of the Council considered all the available reports and comments on this issue at

the Planning and Traffic Committee on 20 October and then at Full Council on 12 November 2009 and agreed to withdraw support for the mini roundabout as they now feel that there is not enough conclusive evidence that the junction would be at least as safe with a mini roundabout as it is now without one. As long as there are doubts it seems prudent not to go ahead. However, Councillors were aware when making this decision that the roundabout is a condition of the planning permission for the Newton Road development and we have now been informed by WSCC that it is now too late as the mini roundabout is the subject of a legal planning agreement.

The Council went on to agree that there may be merit in the proposed zebra crossing outside the Somerfield store but we have been told by WSCC that the zebra crossing would not have been supported by officers as a stand alone feature.

BUDGET 2010/11

A MAJOR TASK for any Council at this time of year is budget-making for the following year. The Finance & General Purposes Committee will finalise a draft at its meeting on 14 January for approval by the full Council a week later.

This is always a fraught process! On one hand there are, even in times of economic recession, steadily rising costs. Each year some aspect of the Council's ongoing activity requires an injection of funds for routine maintenance and renewal. And there is always a plethora of ideas for new projects – which will cost money.

On the other hand, Councils are very conscious of the need to exercise restraint in the demands made on the taxpayer.

The current year 2009/10 has seen the completion of the renovation works on the Denmans Lane toilets. The only project of significant size in the forthcoming fiscal year is a proposal to increase the accommodation available for the Parish Office. The existing building in Denmans Lane is cramped and inadequate to deal with all the activities and paperwork required of a local Council nowadays, to the extent that some, including the valuable village archives, have to be housed offsite.

The ongoing maintenance of the Denmans Lane toilets comes at a significant cost but is necessary to protect the huge investment we have already made on this facility. We are also committed to building a designated reserve for our contribution towards the future maintenance of the High Street lime trees and we are negotiating with WSCC to make a contribution to enhance the grass cutting service in the High Street. The trees on the Denmans Lane Allotment Site are due to be surveyed in 2010/11 to fulfil our obligations as responsible land owners.

Otherwise the Council will do its best to contain the precept at about the current level. However, after the increased activity of recent times, with the consequent demands on the Council's capital, it will be essential to ensure that the Council's reserves are re-built to a level where we are able to meet any unexpected contingencies.

If you have any comments you would like the Committee to consider, do please feed them in to the Parish Clerks before the January meeting. Thank you.



Lindfield Parish Council Newsletter

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Parish Council Meetings October to December 2009

Thursday	14 January 2010	Finance and General Purposes Committee	8.00 p.m.
Tuesday	19 January 2010	Planning and Traffic Committee (plans only)	8.00 p.m.
Thursday	21 January 2009	Full Council	7.30 p.m.
Thursday	4 February 2010	Environment and Amenities Committee	8.00 p.m.
Monday	8 February 2010	Planning and Traffic Committee	8.00 p.m.
Tuesday	2 March 2010	Planning and Traffic Committee (plans only)	8:00 p.m.
Thursday	18 March 2010	Finance and General Purposes Committee	8.00 p.m.
Tuesday	23 March 2010	Planning and Traffic Committee (plans only)	8.00 p.m.
Thursday	25 March 2010	Full Council	7.30 p.m.

All meetings are held in the King Edward Hall, unless shown otherwise. Please check the noticeboard in Denmans Lane for any additional meetings that may be called. All meetings are open to the public and there is a period set aside at the beginning and end of each meeting for public questions/comments, except at "plans only" Planning and Traffic Committee meetings. At meetings of the Planning and Traffic Committee up to two people for and two against each planning application are allowed to speak, for a maximum of two minutes each, at the invitation of the Chairman.

MEMBERS OF LINDFIELD PARISH COUNCIL:

Cllr. William Blunden (Chairman)	Cllr. Margaret Hersey
Cllr. Margaret Nicolle (Vice Chairman)	Cllr. Mike Leach
Cllr. Mike Allen	Cllr. Roger Pickett
Cllr. Michael Davies	Cllr. Christopher Snowling
Cllr. Alan Gomme	Cllr. Valerie Upton
Cllr. Stephen Henton	Cllr. Steve Willcox

They can all be contacted, in the first instance, via the Parish Office or by reference to the Lindfield Village Directory and Year Book, which contains details of individual contact numbers.

PARISH OFFICE

Lindfield Parish Council Office is open on Tuesdays 1.00 p.m. to 4.00 p.m., Thursdays and Fridays 10.00 a.m. to 1.00 p.m. – when members of the public are welcome to come along to look at planning applications for Lindfield, apply for bus passes and obtain railcard vouchers, or simply seek advice on issues of concern. However, if you do need to speak with someone outside our normal opening hours, then please contact the Clerk who will be happy to make alternative arrangements with you.

Parish Clerk: Mrs. Christine Irwin

Deputy Parish Clerk: Mr. Pieter Hemsley

Responsible Financial Officer: Mrs. Sue Kolien

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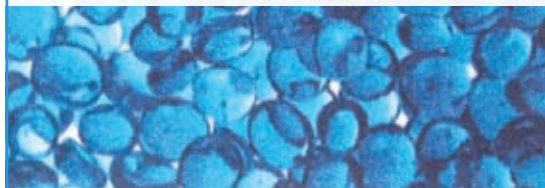
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Village people



By Emma Tingley

IMAGINE WHAT it would be like to only see life through a dense fog. Imagine never being able to look into the distance and enjoy the view or even read a book. This has been the reality for Lindfield resident Mike Scholes, who became severely sight impaired very suddenly in November 2007 at the age of 53. Mike hasn't let this loss prevent him from continuing to take up challenges and his story following this devastating and life-changing experience can only be described as inspirational.

In April this year Mike will be trekking to the North Pole in an attempt to raise £50,000 for St Dunstan's, the national charity that supports blind and partially sighted ex-service men and women, and that has helped him to regain his independence. Pulling a sledge with his equipment, tent and food across the rough ice terrain, Mike will make the trek from the Russian base camp over the final degree of latitude to the North Pole. The theoretical distance is 60 miles but, as the Arctic is a constantly shifting mass of ice, it could be a further 30 miles or even more. The conditions, along with the terrain, will be arduous. Walking for an hour, then stopping for just a ten minute rest and food break before the next hour of walking, the team of six will walk for up to ten hours a day before camping in this unforgiving environment. As if this isn't enough, Mike will be taking with him a specially made lightweight hot air balloon which the team plans to fly when they get to the Pole. For Mike, this will be the crowning glory as before losing his sight he was chief pilot and owner of Chad Ballooning whose brightly coloured balloons were a familiar sight over Lindfield.

Mike has always been an adventurer. His love of flying began at University when he joined the Northumbrian Universities' Air Squadron, part of the RAF reserve. In 1979 he joined the Royal Navy and as an Officer in Dartmouth he flew fixed wing aircraft, then helicopters. He also studied man management, air medicines and survival training, all essential preparation for his life of



adventure! Following his time in the forces he became an investment broker but his love of flying never diminished and in 1991 he started flying hot air balloons, gaining his instructor qualification in 1995. "It's a phenomenal way to see countryside that you would never otherwise see" says Mike. And with experience of flying in many different countries this is certainly true, especially flying over temples and flood plains by the Nile!

In preparation for a high altitude balloon flight, Mike started running to get fit. In May 2006 he flew to 32,000 ft (over 6 miles) using a builder's bag as a basket. He got the idea when he was rebuilding his garage, needing a strong lightweight material to take him to that dizzy height. Two months later he flew non-stop for 21 hours across England setting 5 British duration records. These achievements were rewarded with a Royal Aero Club medal for ballooning presented by Prince Andrew, who described Mike as "absolutely barking!". Just seven months later over the course of a few days Mike lost 85% of his vision and was diagnosed with a neurological condition, Leber's Hereditary Optic Neuropathy 11778,

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that would change his life forever. Losing all his central vision, Mike is now left with just a small amount of very cloudy peripheral vision. "If you have a life changing experience, give it a few months before you make any major changes," advises Mike, "find out what you can do first." And it was with the help of St Dunstan's that he did just that.

St Dunstan's was founded in 1915 by Lord Pierson and started life in a house in Regent's Park helping WW1 veterans who had lost their sight in active service. During WW2, the charity extended its services to civilians serving in defence of the realm. In 2000 it extended its work further to help ex-servicemen and women who lost some or all of their sight since serving in the forces. The reasons for sight loss may be very different, ranging from malnutrition in prisoner-of-war camps, explosions, military action, accidents and medical conditions but the results are the same - a life that needs rehabilitating. With three centres across the UK, the largest of which is in Sussex, St Dunstan's provides practical training and support, as well as long term care. Mike is clearly full of admiration and feels very passionately about the charity. He has attended a range of training courses that has enabled him to continue to live life to the full. "In the early days I knew my dinner was cooked when the smoke alarm went off" jokes Mike. Thanks to St Dunstan's courses in cookery, gardening and computing and with the help of a Rehabilitation Officer for the Visually Impaired, known as a ROVI, Mike has re-learned all those everyday skills that the majority of us take for granted. An ordinary task such as making a cup of tea without sight becomes a difficult and dangerous job. "I spent a lot of time pouring the boiling water on the worktop and not into the mug initially, but now St Dunstan's has provided me with a gadget that beeps when the water reaches the top of



the cup, along with other kitchen gadgets that make life much easier and safer!" smiles Mike. "I've even been on a course in how to use my white stick - I don't want to be knocking people over whenever I go out!" It is clear that Mike hasn't lost his sense of humour.

Along with loss of sight, comes loss of confidence and much of the work of St Dunstan's is about helping people to regain this. Physical exercise is a big part of this and having opportunities to take part in sports such as water-skiing, kayaking, gorge-walking and bowls has helped Mike and many others. Last year he completed the London marathon in just 3hrs 7mins for the St Dunstan's team. He has even re-kindled his love of skiing with St Dunstan's ski club. In preparation for the North Pole trek, Mike is putting himself through a tough training programme which is not for the faint hearted. He currently runs about 50 miles a week and has recently completed seven half marathons in seven days! On the eighth day he just did 11 miles on the treadmill at the gym! He can often be seen on Lindfield Common dragging tyres behind him in preparation for pulling the sledge. He will also be visiting the Environmental Test Facility at the University of Brighton to experience temperatures of -25°C, measure his physiological performance and get advice on nutrition for the trip.

With the physical and practical preparations already in hand, the only thing left to do is raise the money for the trek and for St Dunstan's. So if you've been inspired by Mike's story, please do check out his website (www.northpole2010.org) and make a donation. There is also still opportunity for corporate sponsorship of the trip - your company's name could be on a balloon flying over the North Pole! Lindfield Life will be bringing you updates on his progress and we hope that on his return, Mike will have enough energy left to tell us all about it!

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At work in the village

OPEN FOR BUSINESS

By Gabrielle Hall

HAPPY NEW YEAR! How are the resolutions working? If one of them relates to finding more 'me time' or maybe just taking better care of yourself in 2010, then read on. I may be able to offer the perfect solution!

During the winter our skin can really suffer. Central heating, harsh weather, stress, poor diet and lack of sleep can all contribute to a dull complexion and leave the skin looking tired and dehydrated. It's rarely enough to just slap on another layer of moisturising cream and hope for the best! When the skin becomes especially dry, fine lines can really start to show and then it's definitely time to call in the experts. They can be worth their weight in gold and even the simplest treatment using the right products can make your complexion sparkle once again.

Sara Bostel, owner of the Courtyard Beauty Room is passionate about skincare. A fully qualified and insured beauty therapist since 1987, she holds two internationally recognised diplomas, C.I.B.T.A.C. and C.I.D.E.S.C.O., and provides a range of beauty treatments from her home in Luxford Road, Lindfield.

Having graduated from Joan Price's Face Place Beauty School just off the King's Road in Chelsea, she began her working life at the Joan Price Salon in Cadogan Street. The 'Face Place' introduced her to the wonders of many well known beauty brands and it was there that her love affair with skin care began. During the '90s she worked for Clarins, followed by Kanebo, Chanel and Elizabeth Arden, where she was promoted to manage a team of 24 throughout the UK and Eire. She then worked for Estee Lauder where



she was a business manager.

In 2008 Sara decided to use her experience and skills to establish her own business locally and the Courtyard Beauty Room was born. She now advises women how to care for their skin simply and effectively, designing tailor-made routines that can easily be followed at home. The range she uses is Dermalogica, which is free from parabens and fragrance making it perfect for even the most

delicate of skins. Her non-invasive facials, which I am told means no steam, no machines and no extraction, (how wonderful!) encourage the restorative products to really work their magic. Sara also provides relaxing manicures, pedicures and back massages, tinting (which is great for those who are fair) and the 'not so relaxing but absolutely essential' waxing treatments, which are especially popular in those early days of summer.

Working from a specially designed room at home, Sara can ensure that her clients receive a very comfortable service in a warm and private environment, without the risk of bumping into someone they know as they leave, which would be far more likely in a high street location.

Gift vouchers make great presents and Sara's could solve many gift buying dilemmas. They are valid for three months from the date of issue and are especially good as treats for Valentines Day, Mother's Day, birthdays and anniversaries or times when you just want to say "take some time out for yourself darling, you're worth it!"

To book an appointment contact Sara on 07501 724355 and prepare to be pampered. The experience could make you feel like a whole new woman!



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Simply Good Food...

By Caroline Young

AFTER THE EATING excesses of Christmas (no matter how many good intentions we had, we all do it) and when the cold weather seems to go on for ever, there is nothing better than a bowl of homemade soup and some warm crusty bread to make things better. Add a chunk of that Stilton cheese (or any other variety) still lurking in the fridge and you have a satisfying meal.

This month I am starting a group for U3A aimed at those who, for whatever reason, are now cooking just for one. Talking to them I have found one problem they encounter is most printed recipes are for four servings plus they always seem to have left-overs to deal with. With

this in mind, where suitable, I plan to include either reheating or freezing suggestions with my recipes. I hope you find this useful.

Wishing you a prosperous - and delicious - New Year.



Potato and Sausage Chowder

Serves 4

Peel and cut 225g baking potatoes into small cubes. Cut 1 green pepper into strips (discard seeds) and thinly slice a 227g smoked pork sausage (the ready-to-eat variety). Using a large pan, gently cook 1 finely chopped medium onion in a generous knob of butter until soft but not brown. Stir in 1tbs plain flour, then 900ml hot vegetable stock, the potatoes and pepper. Cover and cook over low heat for about 20min or until the potatoes are cooked. Stir in 198g can sweetcorn (no need to drain) and the sliced sausage. Cook for about 5 min or until piping hot. Season to taste before serving.

(Can be frozen in individual portions)


Do you have some mincemeat, cranberry sauce or candied fruits left-over from Christmas to use up? If not, use apricot jam and/or sliced bananas in this delicious dessert.

Stuffed French Toast

Using soft sliced bread make sandwiches generously filled with my suggestions above. In a shallow plate beat 1 egg with 300ml milk (enough for 2-3 sandwiches). Dip each sandwich in this coating both sides. Heat a generous knob of butter in a fry pan and cook the sandwiches until a rich golden brown on both sides. Eat piping hot - with cream or icecream if you are spoiling yourself!

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Chicken and Peanut Soup

Serves 4

Put 450g thinly sliced parsnips and 1 large peeled and sliced Bramley apple into a large pan with 2 skinned chicken thighs and 900ml hot chicken stock. Cover and cook over low heat for about 30min or until the parsnips and chicken are tender. Lift out the chicken. Spoon the parsnips and stock into a processor and add 3tbs dried milk powder, 1tbs soy sauce and 3tbs peanut butter. Buzz until smooth then return to the pan. Remove the chicken bones and cut the meat into small pieces. Return to the pan, check seasoning and gently reheat.
(Can be frozen in individual portions)

Chestnut and Carrot Soup

Serves 4

Melt a generous knob of butter in a large pan and stir in 1 finely chopped medium onion and 1tbs grated fresh root ginger. Cover and cook over a low heat, stirring frequently, until soft but not brown. Add 700g thinly sliced carrots, 200g vacuum-packed roasted whole chestnuts and 900ml hot vegetable (or turkey) stock. Cover and cook over low heat for about 20 min or until the carrots are very soft. Buzz in a processor until smooth. Return to the pan, check seasoning and gently reheat. Serve topped with a swirl of soured cream

(Can be frozen, add the soured cream just before serving)

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Keep fit and be healthy in Lindfield

FIT AND HEALTHY seem to be the buzzwords on everyone's lips these days but how do you start? Gyms can be expensive and no-one wants to pound the streets jogging alone. So why not join our friendly walking group? It could well be just what you need.

Help keep that New Year Resolution to get fit by joining us every Monday morning at 10:00 am at the top of Lindfield Common to start your healthy walk.

Look out for two yellow safety vests and often three or so of our four legged friends and that's us. We are the Level 1 walking group within the Mid Sussex Healthy Walks scheme organised by the Park Rangers at Mid Sussex District Council. There is no charge to join the walks and the walks are lead by trained volunteers, many of whom are local Lindfield residents!



We walk for about thirty minutes around Lindfield village always keeping to paved paths and pavements at a pace governed by the slowest walker in the group that day.

If you are looking for some gentle exercise to kick start your week we are just the people you need. So just turn up at Lindfield Common on a Monday. You will be made most welcome.

Don't forget that walking has many beneficial effects and can help prevent coronary heart disease, strokes, diabetes, obesity, osteoporosis and dementia. Plus it's great fun with our friendly crowd, you may even see some of Lindfield's undiscovered gems or move on to the longer walks organised by the Park Rangers.

Look out for the new Tuesday level 2 walks that are starting up in January, just in time for those New Year Resolutions. Level 2 walks are between thirty minutes and one hour long, they are on a mixture of paved paths and footpaths, so be prepared for mud! There are no stiles on these walks. There will be a walk around Lindfield once a month, the dates are below:

- 5th January, 10am, Lindfield Common
- 19th January, 10am, Beech Hurst Gardens
- 26th January, 10am, Cuckfield Recreation Ground
- 2nd February, 10am, Lindfield Common
- 16th February, 10am, Beech Hurst Gardens
- 23rd February, 10am, Cuckfield Recreation Ground
- 2nd March, 10am, Lindfield Common
- 16th March, 10am, Beech Hurst Gardens,
- 23rd March, 10am, Cuckfield Recreation Ground
- 30th March, 10am, Lindfield Common

For more information about any of the walks on the Mid Sussex Healthy Walks scheme, please call 01444 477561, email rangers@midussex.gov.uk or visit www.midussex.gov.uk/healthywalks.

Calling local businesses...

We need your help, and there are two ways for local companies to help:

- 1) Advertising**
Our Village Day programme is a professionally printed A5 document, sold throughout the village prior the event in June.
- 2) Raffle Prizes**
Our fundraising raffle, drawn on Village Day, needs prizes! Could your business donate something?

If you wish to advertise or donate a prize and support Village Day at the same time, call Gillian Alderman on 01444 483181 or email secretary@kingedwardhall.org.uk

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CARING HOMES

By Jacqui Smith, interior designer

New Year, New Project?

I SHALL HAPPILY admit that as soon as the Christmas tree is out of the door, leaving the inevitable shower of needles in its wake, my mind turns to interior decoration. I don't know whether it's a New Year thing for me, the relative dullness of the house once the lights and the baubles have been dispatched to the attic or whether it's simply that I have spent a more focused amount of time at home pondering walls that need stripping, holes that need filling and the more exciting lure of new soft furnishings. For some of us cooking Christmas Day lunch might be all we need to galvanise us into commissioning a new kitchen in the New Year, as we curse the small single oven and the lack of worktop space.

First on our list this year is the cloakroom. Since I have abandoned all hope of being able to educate the boys in the art of closing the door behind them once they have used the toilet, I am keen to adapt the layout of the cloakroom slightly to avoid the white bowl being the first thing you see as you come through our front door! What I love about a cloakroom is that you can have a bit of fun with it. You might for instance have a bold painting or perhaps a treasured piece of glassware which you can use as the base for your scheme, using one of the stronger colours in a paper or paint. This room can also be the perfect place to use that oh so expensive per metre but utterly gorgeous fabric that you have recently spied – a Roman blind in your must have print or weave will not really break the bank. We're going for a dark scheme in our small room and including a built in bookcase down one side of it. I think it was about fifteen years ago that I carefully packed away my Penguin Classics when moving from my flat in London. They have since moved in the very same boxes from London to Dorking and twice in Lindfield so it will be a joy to finally see them out again. Books in my opinion add real soul to a home.

Your interiors projects may of course be a little grander than your WC. You may be considering an extension or a loft conversion, biting the bullet with a new kitchen or bathroom or you may have decided that the sitting room curtains simply will not last another year. For some of us getting cracking with the re-vamp of a room is a great project with which to start New Year. Collecting new and fresh wallpaper designs, sending off for tempting fabric samples, tearing things out of magazines that catch your eye, popping down to Brewers to add to your collection of tester pots – all things that, if in the décor frame of mind, I find irresistible.



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Festive Lindfield

IF YOU HAVE taken any pictures of the village during the festive season, then please submit them to us for consideration for NEXT year's Lindfield Life magazine cover over Christmas! We will review all entries and place them in a Lindfield Image Library. We are always on the look out for brilliant, creative photography of our village - so whether it's Christmas lights, snow on the common, a crisp chilly morning or the busy High Street - we'd love to see them please. What's more, if selected for the cover of any month, you'll receive £20 M&S vouchers.

Visit www.lindfieldlife.co.uk/cover-photos for further details and guidelines.

CARE extends to Horsted Keynes

IN RESPONSE TO an initiative taken by a group of concerned residents the charity "CARE in Haywards Heath, Cuckfield & Lindfield", known locally as "CARE", is pleased to announce that it is soon to extend one of the services it offers to residents of Horsted Keynes.

Initially CARE will extend its transport service to residents of Horsted Keynes who need help to get to Haywards Heath and surrounding area for doctors' and hospital appointments and other essential travel. This is a free service and the volunteer drivers will be from Horsted Keynes but jobs will be arranged through CARE's Duty Officers operating the 24 hour Helpline 01444 455955.

CARE Chairman Clive Smith said that we are well into the planning stage and have a group of Horsted Keynes volunteers identified. We will shortly be advertising this transport service in the village and expect to be operating by the end of the year. There is an ever increasing need for voluntary community services such as ours in the Mid-Sussex area, and we are pleased that we are able to help our neighbours in Horsted Keynes.

CARE's operational area then becomes Ansty, Cuckfield, Haywards Heath, Horsted Keynes, Lindfield, Scaynes Hill and Wivelsfield.



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O Weather Watchers of Lindfield

By Peter Hingze

OF COURSE we all watch the weather, but I think with very different levels of interest. For most it will be a casual glance at the sky and perhaps remaining awake until the end of the 10 o'clock news when Caddy gives us her prognosis on the weather for the coming days. There will, I suggest, be a proportion who take a more active interest and when the occasion arises will tap their barometers be they aneroid or mercury column and perhaps ponder the minima and maxima of the daily temperatures.

You may even have acquired one of the wonders of modern technology, an all-electronic weather station beaming all manner of weather variables into the comfort of your living room to keep you instantaneously and quantitatively informed of the vagaries of the environment in which we all live in Lindfield. Such levels of interest, in my view, remain within the realms of normality and reason.



I am, however, looking for the fanatics! I am sure there are one or two living unreported among our numbers. These are not ordinary weather watchers but “Weather Watchers Extraordinaires”. They will tend a bewildering array of anemometers, wind vanes, rain gauges, temperature and humidity probes and others such devices. These can’t easily be hidden and will give warning of their presence. The most ominous trait of the individuals practising this art is that they will slavishly record, trend, archive and amass year on year a great hoard of “Our” Lindfield climatic data.

My question is “What Do They Do With It!!!”

So I address you directly “Weather Watchers Extraordinaires” of Lindfield or even those just across the border living in Haywards Heath. If you hoard such climatic data, recorded in our immediate locality (Rainfall, Soil Temperatures, Hours of Sunshine, etc.) for the past decade or two, then please declare it. A discreet telephone call to 452697 is all that is needed.

Please contact me. I need your data, DATA, DATA !! !!!



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Join St Catherine's Brighton Marathon team



St Catherine's Hospice is calling all runners who want to take part in the 2010 Brighton Marathon to join their team and help raise vital funds for a local charity.

The first-ever Brighton Marathon will be held on 18 April 2010. St Catherine's has a number of reserved places available for people unable to secure them through the ballot system, which is now closed. The hospice would also love to hear from anyone who has already been lucky enough to get a place. Anyone running for St Catherine's will be supported all the way with training advice, an information pack, pre-event meetings and a St Catherine's running vest. Plus, St Catherine's fundraising staff will be there cheering you on to the finish line!

Jen Wickham, who is co-ordinating the Brighton Marathon for St Catherine's, said: "This new and exciting race is set to become a firm favourite in the running calendar and also a great fundraiser for us.

We would love to get as many people as possible running for us and raising money on our behalf which will enable St Catherine's to continue to provide very personalised and high level care in the local community."

To find out more about joining the St Catherine's team, call Jen Wickham on 01293 447364, email jenwickham@stch.org.uk or visit the website at: www.stch.org.uk/howyoucanhelp.

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- 10th Ruwach Christian Church - Morning and
Evening Services (Ruth Hollis 459025)
- 13th Lindfield Horticultural Society - Talk by guest
speaker (Mrs Alison Elliott 483039)
- 14th Country Market (Sheila Hobbs 483396)
- 14th King Edward Hall Film Show Evening
(Mrs Gillian Alderman (483181)
- 17th Ruwach Christian Church - Morning and
Evening Services (Ruth Hollis 459025)
- 21st Country Market (Sheila Hobbs 483396)
- 22nd NSPCC Burns Night Celebration - Meal and
Dance (Caroline Lillywhite 447090)
- 24th Ruwach Christian Church - Morning and Evening
Services (Ruth Hollis 459025)
- 28th Country Market (Sheila Hobbs 483396)
- 31st Ruwach Christian Church - Morning and Evening
Services (Ruth Hollis 459025)

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on bookings@kingedwardhall.org.uk

Happy New Year

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