

# Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,  
by the village

March 2018 Issue #110

Free



Dale Reubin's journey in pictures

page 14

Spice up your cooking

page 34

History: Looking eastward

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## EDITORIAL

By David Tingley, Editor

With spring just round the corner, let's hope the temperature soon catches up!

On our pages this month we give an early shout out to **Lindfield Arts Festival (page 4)** and **Lindfield Village Run (page 25)**. We also bring to your attention a great talk being organised by the Horticultural Society next month (**page 16**) – **Nick Bailey** from **Gardener's World** will be on hand. Book early to avoid disappointment!

On **page 14** **Claire Cooper** spends time with resident and photographer **Dale Reubin** – who tells what happened when he drove from Sussex to Cape Town.

I'm also grateful to Dale for his help in photographing our **Behind the Counter** guests **Ian and Sue Masters**. In a family firm which is synonymous with Lindfield itself, **Joe Wayte** delves in to what makes this business tick. **Page 28** gives both the story and the professional images.

**Lindfield Primary Academy** shares its news on **page 31** and **Blackthorns Primary Academy** mentions its recent STEM project on **page 7**. If you don't know what STEM is, then you know which page to turn to!

It seems, as a village, we are having yet more brushes with the small screen. As reported in last month's magazine, Lindfield was part of **Village of the Year** and bridal shop **Mathilda Rose** was filmed in a Channel 4 programme on amazing cakes (check both out on 'catch-up'). Now resident **Richard Talman** will take part in BBC2's **The Repair Shop** later this month or next.

Find out how he found the experience on **page 23**. And even the members of **Lindfield Bowling Club** have been contestants on **Eggheads (page 17)**!

Thanks, as ever, to regular feature writers **Richard Bryant** and **Caroline Young**, who entertain us with the village in yesteryear (**page 38**) and recipes for a post-New Year diet (**page 34**). And on **page 42** we publish the **Lindfield Rural Parish Council newsletter**.

That's March done. Enjoy!



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Emily Billson  
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# NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)

## Festival plants 'orchard' in 2018

This year's Arts Festival celebrates the community itself with a new and exciting initiative – a Community Orchard 'planted' with trees (real or otherwise) made or decorated to represent organisations and what they do. The Festival is inviting all organisations – whether it's the Brownies, Scouts, schools, WI, church, or gardening groups. Everyone is welcome. The 'Orchard' exhibition will be displayed in the village during the festival. Claire Fuller, co-founder of the Festival, said: "Involving and celebrating those organisations and groups that make such a huge contribution to our community is one of the key objectives of the Arts Festival. This is a great opportunity for your group to showcase itself and for us to demonstrate the range and number of activities, skills and talents of people living in the village."

The Festival organisers are also reaching out to the community to find organisations and individuals that would like to run workshops during the event. "From flower arranging, drama, cookery and so much more, our village groups are full of talent," said Claire. "Demonstrate your skills with a workshop and promote yourself in the community."

Guidelines for the Community Orchard and details on other ways to get involved are all on the website, or email [enquiries@lindfieldartsfestival.com](mailto:enquiries@lindfieldartsfestival.com)

The new 2018 website is now live, so you can now view more details of this year's event at: [www.lindfieldartsfestival.com](http://www.lindfieldartsfestival.com)



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# Try willow weaving

Villagers have the chance to make unique willow sculptures for their gardens at special workshops this month.

The Lindfield Horticultural Society (LHS) is putting on willow weaving workshops, with instruction by Jackie Sweet - an experienced willow weaver. The events will be held at the Scout Hut on Eastern Road on 12th March.

During the morning session, from 10.45am to 1.45pm, weavers will make a beautiful obelisk. Tickets cost £55.

In the afternoon session, from 2.30pm to 5.30pm, weavers will make a sculptural willow ball. Tickets cost £45.

A £5 discount is given to LHS members, and can be applied on the day for those who would like to join the Society.

For more details, or to secure a place, please contact Jenny Samuels ([jennyalxndr@aol.com](mailto:jennyalxndr@aol.com)).



# Meditative music and baroque beauties

Elin Manahan Thomas (Classic FM, Radio Three) returns with soprano Charlotte Mobbs (The Sixteen) and organist Steven Devine (Orchestra of the Age of Enlightenment) for a programme of baroque's most beautiful works.

Mesmerising music by Handel, Purcell and Monteverdi awaits you in the candlelit setting of All Saints Church. Sacred songs and duets will warm a cold Lenten evening, and the concert culminates in Couperin's masterpiece, the *Leçon de Ténèbre* – a stunning soprano duet written for Holy Week.

This concert is on Saturday 17th March at 7.30pm. Tickets priced £10 (concessions £8) are available from the Church Office (Mon-Fri, 9am-1pm), 01444 482405 or [allsaints@lindfield.info](mailto:allsaints@lindfield.info). Cheques payable to Tiger Arts.

Programme to include: Handel – Angels, ever bright and fair, Purcell – Evening Hymn, Purcell - The Blessed Virgin's Expostulation, Couperin – Troisième Leçon de Ténèbre, Music for harpsichord, Hildegarde von Bingen and Monteverdi – Iste Confessor.

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# Mandy offers baby massage

Mandy Brown has recently started her own baby massage business in the village.

She moved to Lindfield with her husband James in 2001 and hasn't looked back since. "Our children are all being educated in the village and we all try to immerse ourselves in all that Lindfield has to offer, and have made some great friends along the way."

Mandy, who has been a Family Outreach Worker for ten years, working locally, also qualified as an Infant Massage Teacher five years ago.

"I am extremely passionate about the importance of an early bond between parent and baby. Secure attachment improves outcomes for children in later life, such as mental, physical, social and emotional health," she commented.

Other benefits of baby massage include: babies staying calm and relaxed, relief from the pain of teething and promotion of a positive sleep pattern.

Mandy is offering courses run from her home and has called her new business Little Lindfield – Baby Massage.



## The seventy two hour rule



Research suggests that within seventy two hours of a joint fixation, it begins to degenerate. If adjusted within one week of the fixation it can be reversed.

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## School gets into STEM

Blackthorns Primary Academy pupils were immersed in all things STEM last month. Standing for Science, Technology, Engineering and Maths, the children extended their learning and hopefully developed a lifelong interest as they explored the subjects in inventive ways.

Amongst the many activities were: researching whether the shape of a tea bag affected the strength of tea, what makes a good dunking biscuit, making goop and launching water pressured rockets. Children also enjoyed designing 'healthy' sustainable buildings with features such as ground source heat pumps and biomass boilers, designing polar vehicles and engineering a wind turbine able to lift a plastic cup.

"What was great was the enthusiasm shown by the children, even delivering lessons themselves on such topics as the Periodic table," said head teacher Marianne Brand



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# Fall in love, find your dream home!

PROPERTY PAGE



## By Mathew Gurr

Do you live in your dream home – or are you still searching for love? We have been told we are brilliant matchmakers! If you are tempted to move in 2018 your Lindfield Move Revolution team is here to help!

My team works exceptionally hard to make the process of selling your home as stress-free as possible, so that you can spend more time focused on getting excited about buying the house of your dreams! As a seller, you'll want an estate agent who can not only sell your home but confidently answer any questions a potential buyer has about the local area – as you know we love Lindfield (especially a coffee in Lindfield Coffee Works and present hunting in SWALK!).

We know that finding the time and energy to sell your home can be a struggle when you have a busy lifestyle, whether you are moving or not, why not take a look at our Top 10 (easy) tips to get your home 'sale ready':

- 1. Take the opportunity to declutter**  
Decluttering means less stuff to store, less stuff to keep tidy for viewings and less stuff to pack. Now surely that's worth the effort?
- 2. Complete any unfinished odd jobs**  
You know those little jobs that you never quite got around to doing. Well, now is the time to finish them.
- 3. Create a welcoming entrance**  
First impressions count – sorry for the cliché, but it's true. When a prospective buyer walks through the front door they may subconsciously make up their mind about your property there and then.
- 4. Smarten up outside spaces**  
Create wonderful first impressions - tidy up the pathway and make sure your front door is clean (or freshly painted).
- 5. Ensure each room has a clear function**  
Sometimes we end up using our rooms in a non-conventional way. People viewing your house will

want to imagine how they would live there. We would love the opportunity to advise you on what type of room will appeal most to your target buyer so quick and easy changes can be made.

## 6. Don't feel you need to paint the whole house Magnolia

It's true that the 'safe' option is to have neutral walls and floors when selling a property – but, as long as the decoration is in good order, it's probably not worth the time, effort or cost of neutralising your space.

## 7. Present sparkling bathrooms

A fluffy bathmat and towels, sparkling tiles and units in the bathroom (and kitchen) are always appealing.

## 8. Toy storage

There's nothing wrong with toys and games being 'on show'. This is the opportunity to declutter old toys and books (see point 1 above!) and also move some items to children's rooms to maximise space in the living areas.

## 9. Don't overfill rooms

Too much furniture, or bulky pieces that are too big for the space, will make a room feel small – even when it is spacious. If you want to keep the furniture, either move it to another room or ask a very nice family member or friend to store it for you until you move.

## 10. Maintaining tidiness

Have an emergency box. If time is against you, you can always pop things into the box – throw a nice blanket over the top for an effortlessly styled accessory to blend into the room!

Feeling inspired? Looking for a new home for 2018? Just give us a call on 01444 657657 or email [mathew.gurr@moverevolution.com](mailto:mathew.gurr@moverevolution.com), we are open 8am to 8pm, seven days a week. It would be great to chat and get you moving in 2018.

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# Gymnasts win title for the second year in a row

By James Smyth

Members of Lindfield Primary Academy's Y5/6 gymnastics team are head over heels after winning the Mid-Sussex title for the second successive year, after a thoroughly impressive showing at the regional final at St Paul's in Burgess Hill.

After weeks of training and lunchtime practices, both the A and B squads were well prepared as they began the competition.

The boys and girls had to complete a personalised floor routine, a body management routine and a vault. These scores were combined to give the overall totals for each school. Lindfield's B team came in a very respectable 5th place with some fantastic performances from all the competitors.

However, the A team performed even better taking first place with some extremely high scores in each discipline. This team will now go on to represent Mid-Sussex at the Sussex School Games in June, hoping to go one better than the silver medal the school earned at last year's event.



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# Rev Lisa to become an honorary canon

Scaynes Hill vicar The Rev Lisa Barnett has been honoured by the Bishop of Chichester in recognition of her work supporting young women who are exploring ordination.

Lisa, from St Augustine's Church, has been made an honorary canon of Chichester Cathedral and will take the stall of Prebendary of Woodhorn.

"It's an honorary title which is given for service to the diocese," Lisa explained. "It doesn't mean any extra responsibilities, but does mean a 'seat' in Chichester Cathedral for special services!"

Lisa will be installed as an honorary canon of Chichester Cathedral within a service of Evensong at the Cathedral on Sunday 18th March at 3.30pm. All are welcome!

Since being ordained in 2007 and being given her first parish, Scaynes Hill, in 2011, Lisa has been passionate about supporting other young women considering ordination.

"In spite of it being almost 25 years since the Church of England first ordained women as priests there are still

not very many young women offering themselves as candidates for ordination," said Lisa. "As a young female vicar in this diocese, I have supported several other young women who are newly ordained or exploring ordination, and I have become something of a role model for young clergy women who are pioneering new ways of balancing their vocation to church leadership alongside family life.

"I am enormously grateful to the wonderful church family at St Augustine's, as well as the wider community in Scaynes Hill, who have been so encouraging of my 'twin vocations' as a vicar and a mother, and so supportive during my periods of maternity leave," Lisa added.

"I will still be vicar in Scaynes Hill, so this title doesn't change very much, but it is a very special honour and a recognition of the ongoing diocesan commitment to supporting women's ministry."



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# Snapshots from the journey

## VILLAGE PEOPLE

Growing up in a small town in The Eastern Cape of South Africa, young Dale Reubin had a thirst for travel and dreamt of driving across the world.

Fast forward several years, and Dale's dream was about to come true as he boarded the ferry at Newhaven for the adventure of a lifetime.

Accompanied by wife Laura, Dale's Land Rover journey took him through 22 countries, rubbing shoulders with camel herders, cowboys and even a crocodile hunter along the way.

Now happily settled in Lindfield and fulfilling another dream, working as a professional photographer, Dale recalls the journey that changed his life.



### By Claire Cooper

"I grew up in South Africa in a small coastal town in the Eastern Cape called East London," said Dale, who arrived in England after leaving college when he was 19. "I chose England as it was the only place that offered a two year work travel visa."

After spending some time in London, Dale quickly discovered that he was definitely not a "big city person". "Fortunately I had a friend from Haywards Heath who invited me to check out the country."

It was a decision that was to change his life. "Shortly after moving to Haywards Heath I met my future wife Laura," he said. "We were introduced by a mutual friend."

By the time Dale's visa ran out and he had to return to South Africa the pair were inseparable. "For the next two years we had a long distance relationship. It really worked, and we ended up being more in love than ever!"

When Dale returned to England the couple were married and settled in Laura's home village, Horsted Keynes – but not for long!

"I still had a burning desire to travel and explore," said Dale. "As a boy I dreamt of driving across the length of the world." Luckily Laura shared his dream and the pair began to plan their adventure.

"A couple who had done a similar journey advised us to buy our vehicle and then take a year to plan the trip. That way we were committed to going.

"We blew most of our savings spending £4,500 on a Land Rover and saved for a year," Dale recalled. "I was lucky enough to get a shoot at the 2012 Olympics which went a long way to helping fund the trip."

The Olympics finished in August and the couple left Britain in October.

"We started by getting the ferry from Newhaven to Dieppe, and over the next six months we travelled 19,000 miles through 22 countries, ending up at Cape Town before driving to my home town," said Dale.

"I wanted an interesting project to do along the way

so decided to record the trip with a series of portraits of people we met. FujiFilm agreed to sponsor me, supplying instant film cameras, and boxes of polaroid film so that I could hand out copies of the pictures straight away.

"I wanted to capture the spectrum of how people's faces changed during my journey and to tell their stories. We met some crazy and unforgettable characters!"

From smiling newlyweds leaving a church in Austria to a blind lady collecting firewood in Croatia, Dale's photo albums give a unique insight into daily life across the world.



One of his favourite pictures is of a Nubian camel herder in the Sahara desert. "We'd been travelling across the desert for around 300 miles and hadn't seen a soul, when suddenly this guy appeared out of nowhere walking his two camels," Dale recalled. "With around 1,000 km of desert each way, he had clearly been travelling for a very long time! I took a few photos and gave him a copy – he was delighted!"

While travelling in Ethiopia, Dale's subjects ranged from holy priests in the mountains to a crocodile hunter whose only weapon was a large stick! "He'd been called out by a farmer in Hamer, a little village near Turmi,



whose cow had been dragged into the water by a crocodile," said Dale. "We just happened to be passing as the crocodile hunter was pulling the cow back to shore – sadly it had drowned. As we left, the crocodile hunter was leaving to pursue the croc, armed with nothing but a stick."

The language barrier was rarely a problem. "Most communication is through gestures and signs, and your biggest asset is your smile," says Dale. "People are generally sociable and kind, and a smile goes a long way!"

Other subjects range from a Turkish man making flatbread to a rubber farmer fitting taps to trees in Malawi and from Namibian cowboys to two ladies on their way to church in Botswana dressed in their Sunday best. From their smiles it's clear the couple were warmly welcomed by locals.

"While travelling through Namibia we stopped at a farm and asked the farmer if we could pitch the tent for a couple of nights," said Dale. "He replied: There's 14,000 hectares here – just pick your spot!"

Safety was never an issue. "Most fear is in your head and unjustified," said Dale. "The only scary moments involved animals rather than people, such as when we realised there was an elephant right outside our tent in Botswana in the middle of the night! It was frightening but also extraordinarily beautiful too."

The couple spent every night sleeping under stars in their tent, apart from a couple of nights in Egypt when their Land Rover was held in customs.

Christmas lunch was a barbeque on the shores of Lake Turkana in Ethiopia. "We spent the day with two other couples that we'd bumped into in Egypt," said Dale. "We sat around the fire wearing Santa hats while I played Christmas carols on my ukulele!"

"The freedom we felt was incredible – if we liked a place, we stayed there for a week. The only plans for our days were to eat, wash and sleep. Being side by side for six months brought us 100% closer as a couple but it also changed us a lot.

"Travelling gives you an amazing perspective on life and makes you realise how privileged you are. It was a huge life lesson for both of us. We learnt how to relax, follow our noses, feel and experience, and figure things out as we travelled.

"We also made some wonderful friends along the way."



Photos by Dale Reubin (www.dalereubin.com)

Since returning to England, Dale's photographic skills have been in demand by some of the country's leading travel companies. He is currently working for Expedia, Trivago and Booking.com travelling all over the world providing photographic and video content for their online destination guides. "I firmly believe that what you search for you will find in the end - you just have to keep searching," said Dale.

"Over the last couple of years I've travelled all over Europe, Romania, Lithuania, the USA, Mexico and Brazil photographing everything from the city centres and cultural attractions to the more quirky lesser known attractions.

"They tend to plonk me somewhere and let me get on with it!"

The companies clearly value Dale's advice. "When I heard that the ban on US tourists travelling to Cuba was going to be lifted, I suggested we get in quick and produce a tourist travel guide. Five days later I was on my way there!"

But being away from home also has its downside, particularly since Dale has become dad to daughters Evie aged three and Annabelle, four months. "I really miss Laura and the girls and am excited about taking them travelling in the future," he said.

Dale is also looking forward to being able to travel for himself. "After four years of commercial photography it would be nice to travel and shoot at locations that are special to me."

Dale has plans to travel more within the UK and Europe in 2018 but Iceland and a USA road trip are high up on his hit list.

Closer to home Dale is keen to share his photographic skills and has set up a photography club in the village. "I'd like to help people get the most out of their cameras," he said. "So many people only use one setting, but by getting to know their camera the results can be 100% better.

"I envisage a very social club where people could make new friends as well as learning more about photography."

Anyone interested in joining the photography club can contact him on the Facebook group: Lindfield Photography Club.

To see some of his work head to Instagram: @dalereubin or his website [www.dalereubin.com](http://www.dalereubin.com)

# Service for bereaved families

If you have been bereaved recently, or for a longer period of time, you may find it helpful to come to a special service of commemoration and thanksgiving.

The service will be held at All Saints Church in Lindfield on Sunday 25th March at 3pm.

"You and your relatives and friends are invited to the service where you can remember with joy and affection departed loved ones and where you may find strength and comfort from God," Rev Stuart Silk said.

After the service all are invited to tea in the Tiger, next door to the church.

For further information please phone the church office on 01444 482405 or email: [allsaints@lindfield.info](mailto:allsaints@lindfield.info)



## BBC expert visiting Lindfield

Lindfield Horticultural Society has arranged for Nick Bailey of BBC's Gardeners World to give a talk at the King Edward Hall on 11th April at 7.30pm.

Nick Bailey has worked in horticulture for 25 years and has created and managed gardens on four continents. He is also a garden designer, bestselling author, columnist and was the Garden Journalist of the year for 2017. He was also the Head Gardener at Chelsea Physic Garden for many years.

Tickets, on a 'first come, first served' basis, are £5 each for members of the Lindfield Horticultural Society and can be obtained from Michael Elliott of 23 William Allen Lane, Lindfield, RH16 2SE, or call 01444 483039. Cash or cheque (with SAE if unable to collect tickets personally). Tickets for non-members are £7.50 and go on sale on 14th March.

The annual membership of the Society is £6 and non-members would be very welcome to join the society at the same time as purchasing a ticket for this talk at member's rates.

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# Lack of wall space 'Behind the Hedge'

By John Bartlett

2017 has to go down as one of the most successful years in the history of Lindfield Bowls Club.

British, National, Home Counties and County Champions in a variety of disciplines; winners of Border League Division 2; a 10% increase in membership; and a thriving Junior Section and social scene.

The photographs and honours going up in the pavilion have put strains on the amount of available wall space, and if we carry on with the present level of success we will have to build an extension!

All our members are now eagerly looking forward to the 2018 season, none more so than one of our most recent new member - Stanley Carnell - who joined last season and says that bowls has given him a new lease of life. He celebrated his 98th birthday this January! As our youngest members are just seven we now have a membership whose ages cover a 91 year span! So if you are between seven and 98 and fancy a bit of friendly exercise get in touch. Better still come to The Green on Saturday 14th April between 10am and 12noon for The Coffee Morning and have a bowl.

## Honours won in 2017

British Isles Bowls Council Ladies Senior Fours Winners: Margaret Atkins, Shirley Foxwell, Carol Watson, Sue Willmott. Bowls England National Over 55 Men's Pairs finalists: Ian Watson and Keith Holman. Sussex CBA Triples Winners: Adam Harding, Ian Watson, Keith Holman. Home Counties Triples Winners: Adam Harding, Ian Watson, Keith Holman. Sussex CBA Two Wood Singles Winner: Martin Pelosi. Sussex CWBA 2 Wood Benevolent Triples Winners: Jennie Sandford, Carol Watson, Sue Willmott. Border League Plate Winners: Roger Willmott, Peter Gacsall, Alan Gardiner, Terry Hughes. Plus the club was John Ellmer Cup winner and Border League Division 2 winner.



## Brainy bowlers

In January a team from Lindfield Bowls Club took on the Eggheads (BBC2 TV show). At the time of writing the result is a closely guarded secret and no one is talking!

The Lindfield Bowls Club team was: Chris McFarlin, Martin Pelosi, Peter Gacsall, Jennie Sandford, Roger Green and Peter Colbourne (see studio photo inset).



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## Try an instrument at a Family Concert!

The audience is invited to join in at the popular Ensemble Reza Family Concert later this month.

Held at The King's Church, Burgess Hill between 2.30-5pm on Saturday 10th March, the interactive concert features music and dance from around the world.

This afternoon is ideal for primary school age children and will start with a lively, interactive concert performed by virtuoso musicians Ensemble Reza.

Following the concert there will an opportunity to have a go on a range of string, wind and brass instruments with partners West Sussex Music. For those wanting to try music classes, the Kindermusik programme will be available, focusing on developing musicianship for primary school children.

For more information please visit the website [www.ensemblereza.com](http://www.ensemblereza.com)

## Go the extra mile for St Catherine's Hospice Midnight Walk!

Proudly sponsored by Gatwick Airport, St Catherine's Hospice Midnight Walk is back! With brand new walking routes it's the ideal chance to make your steps count while raising funds for your local hospice.

Walk seven, 13 or 20 miles through the streets of Horsham to help St Catherine's be there for more local terminally ill people when it matters most.

Women, men and children aged ten and over are all welcome and it takes place on Saturday 9th June starting at 8pm.

It doesn't matter whether you walk for the first time, a personal challenge or in memory of someone you love. It just matters that you walk.

Now's the chance to make your steps count – will you take it?

Ready to join this inspiring night? Sign up online at: [www.stch.org.uk/midnightwalk](http://www.stch.org.uk/midnightwalk) or call St Catherine's Events Team on 01293 447355. Make sure you sign up by 20th April to receive a special early bird entry rate of £10. After 20th April it'll cost £15 to take part. All entry fees include a free T-shirt, finisher's breakfast and medal.

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## Lest We Forget

During 2018, and to commemorate the 100th anniversary of the end of the First World War, we will provide details of the tragic deaths of 64 men with a connection to Lindfield, who are remembered on various War Memorials (original research by Chris Comber).

### Alexander L. Fitzmaurice

Tropical disease doctor attached to the Camel Corps. Died of a disease in British Somaliland on 11th January 1915 aged 29. Believed to have been buried in a civilian cemetery in what is now Somalia. And his brothers:

### Lindsay Fitzmaurice

Captain, 8th Battalion, Somerset Light Infantry. Killed in action aged 24 on 18th November 1916 during the final days of the Somme offensive, having been previously wounded at Loos. Buried at Ancre British Cemetery, Beaumont-Hamel F339

### Richard Fitzmaurice

Private 3404, 1st/14th Battalion, London Regiment. Killed in action aged 25 at the Battle of Loos on 25th September 1915. Buried Dud Corner Cemetery, Loos F229.

All the above were sons of Dr and Mrs Fitzmaurice of Everydens, High Street, Lindfield.

### Herbert William Fox

Private G19136. 9th Battalion, Royal Sussex Regiment. Killed in action aged 18 on 10th October 1918 in the second Battle of Cambrai. Buried St. Aubert British Cemetery F270.

Survived by his father, Mr G B Fox of 1 West View.

### Frank Gaston

Private G12151. 16th Battalion, Royal Sussex Regiment. Died aged 30 of wounds received in the assault on the Hindenburg Line on 18th September 1918. Buried Doingt Communal Cemetery Extension F194.

Survived by his wife of 4 Frederick Cottages, Lewes Road, Lindfield. And his cousin:

### Harry Gaston

Private 56209. 13th Battalion, Royal Welsh Fusiliers. Killed, aged 29, in action on 20th October 1918 during the Final Advance. Buried Cross Roads Cemetery F521 and commemorated on the War Memorial in Rottingdean where his wife lived.


Survived by his mother of 5 Frederick Cottages.

### Jervoise Graham Tayler

2nd Lieutenant. 2nd Battalion, Leicestershire Regiment. Killed in action aged 22 on 15th May 1915 at Festubert. Buried at Le Touret Military Cemetery F 727.

Survived by his father Major Henry Graham Tayler of Lyndcote, Black Hill, Lindfield.

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## Lindfield jewellery expert to feature on TV

By David Tingley

Lindfield resident Richard Talman received a curious phone call one evening in September last year.

As a bespoke jewellery manufacturer he's had his fair share of beautiful and bizarre requests made upon his time, however this phone call was from a TV producer who was asking him to take part in the BBC2 show *The Repair Shop*.

"I already knew of the programme," Richard said, "but they went on to explain that they had had their first piece of jewellery requested to be fixed and they needed a goldsmith who could help."

Richard agreed and, a month or so later, took his place among the other craftspeople in an ancient barn at the Weald & Downland Museum, near Chichester.

The show features the general public bringing in a treasured possession in a poor state of repair, wishing it to be fixed. The *Repair Shop* houses such skilled craftspeople as a furniture restorer, ceramicist, horologist, saddler and teddy bear restorers. All the trades sit under one roof and host Jay Blades moves around looking at what's happening at each bench during the repairs.

Part of the premise of the show is that real repairs are shown as they happen, so the crew were keen to ensure that they didn't miss out on any potentially critical element in the story of restoration. "At one point I was showing Jay how I soften a piece of metal, prior to it being used to repair the jewellery, and it got dropped on the floor," Richard said. "The cameras were over right away to capture what was happening as we looked around for it!"

"It was an incredible experience," Richard explains. "I was the 'new boy' but everyone made me feel very welcome."

"We all got nervous about the 'reveal', when the owner is reunited with their item. Everyone in the barn is watching to see the reaction." The owner of the piece Richard was working on said: "I've taken this to lots of



jewellers over the years and they all said it couldn't be repaired – but you've done it! Thank you so much!"




The episode that features Richard is expected to be aired later in March or April – but, due to the magic of TV scheduling, Ricochet (the production company) can't say definitively. Keep an eye on Lindfield Life social media during the month, or Richard's social media posts from 'RTFJ'.



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# Are you run-ready yet?

If you're trying out a new fitness regime why not set your sights on doing the renowned Lindfield Village Run? Whether you're a fitness fanatic who fancies the full 10k or a fun runner with your eye on the family-friendly 5k - everyone is welcome.

The event is a traditional cross-country run through the countryside around the village. This year it takes place on Bank Holiday Monday 28th May and is sponsored by our hugely supportive local businesses Potential Personal Training and Six Physio, who will both be providing free post-run massages.

Runner numbers will be limited this year, with the 5k and 10k runs having different start times on the morning. Any children under 12 must be accompanied by an adult throughout the course and canine participants are welcome – on leads and with their owners of course!

There are a few changes this year. For the first time electronic timing will be used – which organisers hope will make results quicker and easier to publish. This will mean that registrations on the day will have to close a clear 30 mins before the start of the run – so there will be a strict 10am cut off – but registration will be open from 8.30am to try to compensate. There has also been a change made to the 10k route to try to limit the exposure runners will have to oncoming road traffic around the Copyhold Lane junction of



Photo: Claire Goldsmith

High Beech Lane. See the website for details.

The start and finish will be at Hickmans Lane Playing Fields as ever, and this year on-site refreshments will be provided by Lindfield's own Somers Tea Rooms. It is a real community event whether you are running or cheering on a friend or relative.

If you want to do more than cheering on and are happy to spend an hour or two marshalling on the day - please contact [run@kingedwardhall.org.uk](mailto:run@kingedwardhall.org.uk). Everyone involved is a volunteer; all the money raised goes to the upkeep of King Edward Hall, a registered charity. Entry prices are £7 for the 5k and £15 for the 10k and booking is now open now via the website: [www.kingedwardhall.org.uk](http://www.kingedwardhall.org.uk)

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# Lots to look forward to

## LINDFIELD IN BLOOM

By Heather Martin, chair

We have a packed programme of horticultural events happening in the village this spring and summer.

Lindfield in Bloom is excited to announce that its fun gardening competition for 2018, which everyone will be able to take part in, is a challenge to grow the tallest or largest sunflower in the village. Entry forms and seeds will be available next month and we'll look forward to spotting entries over the garden fence as the year goes on. Thanks to Lindfield Horticultural Society for its support for the competition.

Later in the year we look forward to another first - we will be welcoming the judges from South and South East in Bloom to Lindfield in July, as the village makes its first entry as a whole into the competition. The judges will be looking at three areas: Horticultural Achievement - by residents, community groups and businesses; Environmental Responsibility - minimising demand placed on natural resources, pride of place (fly-posting, litter, dog fouling, etc) and care of local heritage; Community Involvement - evidence of ongoing local projects and business participation in Lindfield in Bloom.



We can't wait to let them know of all the projects and events that we've been informed about. If there is something happening in your road or community group that you've not told us about, please do get in touch with me on 07738 323082. Or if your business would like to find out more about how you can support the initiative please do call. If you're not involved in something currently but you and your neighbours have an area in your community that has become a little overgrown or could do with a community 'blitz', perhaps you could organise a day to give it a makeover? If you'd like help and support from the volunteers at Lindfield in Bloom please do get in touch. We are currently working alongside the Lindfield Bowling Club to support its efforts in creating new flowering borders adjacent to the bowling green for all to enjoy. More on this in a future edition.

Elsewhere, there is a packed programme of splendid talks happening at the Lindfield Horticultural Society which you won't want to miss (including a visit from TV gardener Nick Bailey) as well as the return of the Lindfield Open Gardens Trail in aid of the wonderful St Peter and St James' Hospice.

Finally, later in the year we will be teaming up with the Lindfield Arts Festival organisers to create another fun event which we hope you'll all want to take part in. Watch this space!



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BEHIND THE COUNTER

Undertaking is among the world's oldest professions. Ancient Egypt is famous for its careful mummification to preserve the dead with records dating back over 4,000 years, and in the West specialised priests were known to spend 70 entire days with a single body. While the aforementioned services were reserved for wealthy royalty and nobility, today funeral services are an essential part of remembering and saying goodbye to those we care about. In this next edition of Behind the Counter, we meet Ian Masters of Masters and Son – who have been supporting families in Sussex through the process of losing loved ones for more than 160 years.

## By Joe Wayte

It feels like I can't get away from this particular topic in my life right now. Whilst writing this article, the team at BBC Radio 1 is doing some heavy promotion around the office about a new series titled, The Youngertakers. In my personal life, a great-aunt recently passed away, giving me an opportunity to celebrate her life, as well as watch the funeral director intensely as part of my research.

I've been to many funerals and they've all been different. My great-aunt, for example, asked to be cremated and requested that Händel's Hallelujah Chorus be played loudly at the point she disappeared behind the curtain. Others have been a much more sombre affair.

"All families are different and each funeral is unique," Ian told me. "Some choose traditional wooden coffins, while others choose ones made of materials such as willow, seagrass, bamboo or wool. On a few occasions people have come in to personally

decorate the coffin. The services we carry out also vary enormously from a traditional church service to no formal service at all. On one occasion we were asked to provide champagne in our service room for a family who wanted a more casual and relaxed event before continuing the celebration of their loved one's life over

lunch at a local pub. We like being adaptable to whatever people ask for to give their family member an appropriate send-off."

Masters and Son began when Ian's great-great-grandfather, George, bought a shop from Mr Gosling and Mr Uridge in 1854 having been previously employed by them. "The store had many guises over the years," Ian mentioned. "From drapery to groceries as well as ironmongery and insurance sales, it used to

offer lots of different things as well as funeral services. It's slogan at one time was 'from the cradle to the grave'." Ian and his wife Sue now run the business, solely





offering funeral and memorial services, with help from long-serving employee and friend, Tracey as well as Gary who joined them two years ago, alongside a small team of dedicated staff.

Ian and Sue met at work and currently live in Walstead with their dog, Sophie. They have two sons, Seb and Sam, who currently live in Newcastle and Brighton respectively – neither are currently showing any signs of wanting to be the next Masters to take the reins, but Ian didn't anticipate taking over from his father at their age either. "When I left school I started an apprenticeship with Dinnages as a panel beater," Ian recalled, "but I soon decided it wasn't for me. At the same time, my Dad was looking for some help. I said I'd work for him for two weeks until I found something else, and the rest, as they say, is history."

While it can sometimes be difficult to unwind, as Ian, Sue and Tracey take turns to be on call at every hour, the couple don't let work stop them enjoying a good social life. Both enjoy visiting the cinema and theatre and go to the Edinburgh Festival Fringe every year. "We like to take long walks off the beaten track," Ian said. "My wife is very good at finding beautiful walking routes, and the dog enjoys it whether our route goes to plan or not! We are currently half way through walking the 630 miles of the South West Coast Path." The couple are also season ticket holders at Brighton and Hove Albion and have been really enjoying their first season in the Premiership.

Ian also cycles 25-40 miles every Sunday with the Lindfield Cycle Club and plays badminton every Tuesday in Cuckfield. Family holidays have often consisted of something adventurous. "My favourite times with the boys included things like surfing off the coast of Cornwall, white-water rafting in Spain and skiing in various locations," Ian reminisced. "We're an active family. My son Seb actually won last year's Denmans Lane Dash on Boxing Day, where you have to run from the Stand Up to the end of Denmans Lane and back holding half a pint of beer. The person with the most beer and quickest time takes the crown. I was nowhere near!"

Masters and Son also has a history of sponsoring local sports clubs. You'll currently see their brand across the

Southdown Football Club U12 team, Haywards Heath Town Football Club, Lindfield Bowling Club and Balcombe Cricket Club. Ian is also entrusted with the responsible job of delivering Santa to Lindfield Village Night each year in their limousine.

The team works closely with many others in the village, including the Doctors surgery, all of the churches and other shops including Flowercraft. "We love the village," Ian told me, "It's a beautiful place and a great community which we have been involved in different ways throughout the years. We are now members of the Lindfield Club and sometimes run the fortnightly quiz which is fun. For the past two years Sue and Tracey have organised a monthly 'Knit and Natter' in the large room - Upstairs at Masters - which gives people the opportunity to come along and have a chat and a coffee."

I was interested to understand how the relationships work with customers due to Ian, Sue and Tracey being so close to most of the people they work for – comparing them to a funeral director in a large city where staff may not see the family again. "I think it is a real advantage," Ian replied. "We often know the families we are working for and have a continuing relationship with them. I think it helps if the person you need to turn to at one of the most difficult times of your life is familiar. There is usually something we have in common, which can really make a difference when you are making arrangements. Having been around for such a long time we've looked after some families for many generations."

My final question for Ian remained the same as for my previous interviews in this series, 'what advice would you offer someone looking to become their own boss?' Ian answered: "Experience is everything. You really learn through experiencing it for yourself. In this village, it's also about being independent and flexible in order for you to be able to adapt and serve your customers better. I'm very proud that we've existed in the village for such a long period of time."

Masters and Son sits just behind the High Street on Lewes Road, and you can find out more about its services and heritage by visiting the company website.

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## LINDFIELD PRIMARY

**The spring term is a short one this year due to Easter being early, but we are still managing to squeeze a lot of activities in!**

Year 2 classes each had a short trip down to Lewes to visit the Castle there to enhance their topic work. The children enjoyed a storytelling and artefact handling workshop, a tour of the castle, the museum and dressing up in medieval clothes. They all had fun and learnt a lot about medieval life.



The whole academy participated in national 'Safer Internet Day' on 6th February. Special assemblies were held for the children and workshops for parents, advising on the important e-safety message for our young people in today's world of the internet.

Members of the Year 6 girls' football team worked incredibly hard in their six matches at the Sussex County Final, held at the Sussex FA County headquarters in Lancing. They won two matches, drew two and had two defeats. They put in fantastic effort and never stopped running!

We welcomed children's grandparents to an open morning especially for them and were so pleased with the large number that came along. The 'Skylarks' choir gave a special performance, our PTA provided refreshments and the older children provided tours of the academy for our visitors. Said one grandparent: 'Brilliant visit, amazing school with a friendly atmosphere and good feeling for learning'.

We continue to enjoy close links with other schools in our locality. Recently we have sent children to an art workshop for local pupils held at Harlands Primary School, Haywards Heath, based on the topical issue of keeping our oceans clean, and to a Science, Technology, Engineering and Mathematics (STEM) workshop hosted by Ardingly College.

Finally, thanks to all community members who donated to our collection buckets following our Christmas performances. The total raised was an amazing £1212.69. This will be shared between our chosen charities for the year: Sport Relief, Bliss and All Saints Church.

# Is everything sorted?



Easter Bunny



Eggs



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## Small space revival

HOMEFRONT



By Jacqui Smith, interior designer

When I was at University, my flatmate bought Deacon Blue's latest album on CD. At the time we only had a record player in the flat, but Jo was saving for a CD player and had determined that she would only buy CDs from that point on feeling that it was the end of vinyl. Yet now the renaissance of vinyl is evident in teen bedrooms and on the shelves in certain supermarkets. A few years later I was working at Penguin Books and the concept of 'e-books' sent shivers down the spines of many editors fearing the end of the book as we know it. Like many people, I have a Kindle yet I still love my books; I love the trophy value of them. I think that in the digital age, the need to be surrounded by books becomes more acute. Anyway, the point I am making here is that many things seem to come full circle. A trend is created, the next generation reacts to it, then often the following generation takes the best of the original trend and suddenly the concept is back again. This seems to be happening in interiors.

Take the family kitchen/diner space and the creation of that hub of the home, family space. I cannot ever really see this going out of fashion. However, I do feel that running alongside the need for open plan family/entertaining spaces, there is an increasing appetite for smaller, secluded, private areas offering us places of sanctuary. When we moved to our current house nine years ago, my sister-in-law looked longingly at my relatively spacious airing cupboard declaring that if it were her space she would fit a small chair and reading light in it and escape from the rest of the family with her book. It's not quite that big but at the time I recall

that she was desperate to have somewhere to escape to. Over the past six months I have read many articles citing the revival of 'old-school spaces'. We don't all have the space for a dedicated library, laundry or pantry, but if space allows then it's worth considering. The larger house types on the Barratt Homes developments which we have dressed in the past have had separate utility rooms. I have seen some new builds on the market with large walk in larders, even sculleries. Certain architects are being asked to design homes with a dining room and 'front of house' kitchen where the real cooking happens! Or how about a meditation room? An interior designer I know in London had this as part of his brief last year. We worked with a client a few years ago who dedicated one of his rooms to a home gym complete with TV screen, treadmill and exercise bike. Dressing rooms continue to be popular (oh to have one of those!), and his and her bathrooms are apparently becoming more common. A friend of mine achieved this many years ago by insisting that her en-suite was only hers and that her husband had to use the main bathroom with their son. Yes, she actually got away with this.

The return of these small spaces is being lauded as an antidote to an increasingly hectic and digital life. But I wonder whether they are simply new names for other spaces which have been around for many years. Surely there is something meditative about spending time in the garden or (whispers) cooking? Sheds have long since been the traditional escape, and my grandma loved her sewing room, as did I!

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# Big on flavour

SIMPLY GOOD FOOD



## Tomato polenta with bean ragout

(Approx. 6g of fat per serving)

Cut 4 dry-pack sun-dried tomatoes into thin slivers and put into a bowl. Cover with boiling water and leave for about 5 min then drain. Pour 350ml well flavoured vegetable stock into a pan and bring to the boil. Sprinkle in 125g quick-cooking polenta and cook, stirring constantly, for 2-3 min or until thick and smooth. Stir in the drained tomatoes then spoon on to a non-stick baking sheet and spread into a square about 2.5cm thick. Leave to cool.

Meanwhile thinly slice a largish onion into a non-stick frying pan and cook over medium heat, stirring, until golden brown. Stir in a crushed garlic clove, a drained 400g can cannellini beans, a handful of halved cherry tomatoes and 1tbs pesto or sundried tomato paste. Season to taste and gently heat until piping hot.

Cut the polenta into four portions, lightly spray with oil and either grill or cook in a non-stick pan until golden brown. Serve with the sauce piled on top.

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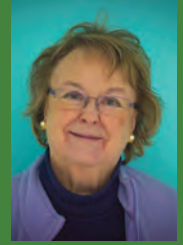
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By Caroline Young

How are you doing with your new year resolutions? I am not very good at keeping them for too long but this year I have kept one. I have thrown out all my out-of-date bottles of herbs and spices – most of them I must confess - and am only replacing each one when I need it. I am not a great fan of dried herbs but they do sometimes come in handy, especially in the winter, and using a fresh jar does make a difference to the flavour of the finished dishes. If your 'must lose weight' resolution needs a boost, try these simple dishes. They are from a book I wrote some time ago called 'Big on Flavour, Low in Fat'. Each recipe serves two.



## Lemon and mustard – crusted halibut

(Approx. 7g of fat per serving)

Fish should only be marinated for up to 30 min. After that it starts to 'cook' from the acid ingredients in the marinade. Use any thick cut pieces of white fish. I serve it with the tomato gratin and some tiny boiled potatoes sprinkled with chives.

Into a plastic bag place a crushed garlic clove, 2tbs lemon juice, 1tsp oil, 1tbs wholegrain mustard and salt and pepper. Add 2 chunky halibut steaks, gently turn to coat with the marinade and refrigerate for 15-20 min. Preheat a griddle or non-stick frying pan and lightly spray with oil. Cook the fish over medium heat for about 4 min each side, or until it flakes easily with a fork. Serve with lemon wedges.

## Tomato gratin (Approx. 6g of fat per serving)

Preheat the oven 180° and lightly oil spray a shallow baking dish. Put 450g large tomatoes into a bowl and cover with boiling water. Leave to stand 5 min, drain and slip off the skins. Cut into thick slices and arrange, slightly overlapping, in the dish. Sprinkle with salt and pepper and drizzle over 1tbs sherry vinegar. With a fork, combine a good handful of coarse fresh breadcrumbs, a crushed garlic clove, 1tbs fresh thyme leaves or dried Herbes de Provence and 2tsp sesame or olive oil.

Bake for about 20 min or until the tomatoes are tender and the topping golden brown.

## Gingered dates (Negligible fat)

About three hours before serving: Stone and cut 8-12 dates into quarters and place in a shallow dish. Drizzle over 2tbs sweet sherry and 1tsp syrup from a jar of stem ginger. Marinate for about 3 hours. Spoon the dates and marinade into two glasses. Finely chop 1 small knob of ginger and fold into 75ml fat-free fromage frais. Spoon on top of the dates and serve.

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## Jo returns to Lindfield pond

Jo Chellingworth is pictured on the right sitting in the pram in 1985. This image shows her first outing in Lindfield with her mother. Now, 33 years later, she's back as an expectant mother and with her husband Ed by her side. The couple moved into Lindfield recently to be closer to family.

The pair were both born in Cuckfield hospital, although actually met while working in a pub in Croydon! Jo commented: "We love Lindfield and have found everyone to be so welcoming!"

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# Looking East

## LINDFIELD HISTORY



The first houses in Eastern Road under construction

**By Richard Bryant, Lindfield History Project Group**

In 1583, if you walked from the Highway down the ancient drove road leading to the lands of Walter West, where would you be standing? In today's terms you would have walked from the High Street, down Brushes Lane, going straight down the earthen path by The Wilderness junction until arriving at the northern corner of The Limes. Spread out before you would have been the lands of Walter West, then known as the East Field and East Wish, which extended east towards Scrase stream and across to the line of Newton Road.

Brushes is an ancient name, it appeared in the 1603 record of church seats, 'In the 8th seat the heir of Walter West for Bruches a room'.

In the East Field, during an archaeological survey prior to The Limes being built, pieces of Bronze Age pottery were unearthed, indicating people were in this area some 3000 years ago, perhaps living in a seasonal camp. Also discovered were very old field ditches, with one containing early Saxon pottery (circa 650). This is the earliest evidence of a farm in Lindfield.

Listed as one of Lindfield's 'chiefest men', Walter West was a mercer (shopkeeper selling cloth, haberdashery and dry goods) living at Froyles, as did his direct descendants, who continued to own the East Field and East Wish until 1683. In that year the land passed to Henry Douglas, also a Lindfield mercer. He had married Ann West; sadly she died shortly after giving birth to their son. It is thought the land was given to provide security for the infant. Henry Douglas died in 1703 and the land was acquired by George Luxford, a lawyer who occupied Old Place (today's West Wing). His family roots were at Windmill Hill, East Sussex.

Although his ownership only lasted a couple of decades, the land became known as Luxfords and subsequently Luxford Farm. Tenants changed regularly

and ownership is somewhat cloudy, although there does appear to have been a Luxford family connection. In 1811 ownership was in the hands of Reverend George Haygarth, who was probably also a distant relative. The Haygarths lived at Seckhams in the High Street and the land remained within the family until around 1885 when it was sold.

Charles Kempe, in the process of building Old Place into his grand country house, acquired the larger western part of Luxford Farm. The farmland to the east was purchased by the Guardians of the Poor of the Cuckfield Union (later Cuckfield Rural District Council). This signalled change was on its way for the agrarian landscape which had existed for centuries. Over time East Field and East Wish had been divided into smaller fields with names such as Barn Field and Old Orchard, as reflected in Barncroft Drive and Old Orchard Close.

Perhaps the coming change had been signalled some years earlier, when in 1857 the Lindfield Gas Company built a plant to manufacture gas together with a gasometer on a parcel of land, now Chaloner Close. It was accessed via a track from Lewes Road. This facility became redundant in the late 1890s when the Company was acquired by Haywards Heath Gas Company. The site was subsequently used by Scutts, a village coal merchant, as its coal storage yard.

Returning to Charles Kempe, he removed hedges, planted trees to create wide woodland borders along his boundary and demolished the farm yard buildings. There had never been a Luxford farmhouse. He incorporated the Luxford land into his Old Place lands. Additionally, on fields behind the High Street to the north of Brushes Lane, Kempe created his three acre wilderness garden as a place of solitude and entertainment amongst ornamental trees and shrubs. It provided a contrast to Old Place's formal gardens and was accessed by an

enclosed footbridge over the public footpath that runs east of Francis Road. Long after Kempe's death and several changes of ownership, the land was purchased in 1957 by Kenneth Holman and the six houses forming The Wilderness were built.

Planning for the eastward expansion of the village, the Cuckfield Rural District Council purchased much of the remaining land lying north of Lewes Road. Its first new road for housing in the 1890s was Eastern Road, with houses built in phases over several decades. At about the same time, on part of the Luxford farmland previously purchased, to the north of Eastern Road, the Council constructed a 'Sewage Farm'. Following closure of this treatment works, the nine acre site was used as a refuse dump and when full in 1975 was left to grow wild until being reclaimed as the Eastern Road Nature Reserve.

The land east of Eastern Road remained fields until 1938 when it was developed as a 'Mushroom Factory' growing mushrooms on an industrial scale. The site later became the Noahs Ark Lane housing development, named after a cottage of that name, and also the old field name East Wish is carried forward as East Wick.

After Eastern Road, the Council created Western Road in 1901 and sold individual plots to developers, with the cottages on the eastern side being the first to be built. The road name was quickly changed to Luxford Road. Charles Kempe, several local tradesmen and later local historian Helena Hall were among those who commissioned houses in the new roads. The semi-detached houses on the village side were constructed around 1926 as part of a Council housing scheme. Harvest Close stands on the site of Smith's Nursery, established in 1935 by Frederick Smith on land belonging to Vores Oak.

James Box occupied the remaining land between Luxford Road, the High Street and northwards to Brushes Lane, establishing his thriving nursery business growing trees, shrubs and plants. In its heyday the nursery employed as many as 50 men and won numerous awards at Royal Horticultural Society shows. Previously, the old fields adjoining Brushes Lane carried the names Tainter Field and Tainter Mead. It has been said that the names derive from the word tenterhooks,



1947 aerial view of Lindfield  
Photo: University of Sussex, Global Studies Resource Centre

indicating an association with the wool or cloth trade, and that the later pasture in times past was the site of village gatherings for fun and sports.

In the decades following the Second World War, the Council developed this area for housing. The track leading to the old gas works site became Chaloner Road. Newton Road, taking its name from William Newton who purchased the Manor of South Malling Lindfield in 1617, was constructed. It followed the line of the old field boundaries of Luxford Farm to the top of Luxford Road and extended in the 1960s to join up with Eastern Road. Newton Close stands on a field, which in the 1820s was aptly called Two Acre Field. Duke Barn Mews is unsurprisingly close to the site of Mr Duke's barn and his name is also reflected in Dukes Road constructed in 1957.

The land east of the High Street demonstrates the change and growth over 120 years which has helped to create today's thriving community. It is also pleasing to see names from past centuries carried forward into today's Lindfield.

If you are interested in discovering more about our local history, Lindfield History Project Group is a small friendly group meeting monthly. Please get in touch with Richard on 01444 482136.



A view across Smith's Nursery towards Luxford Road



## How not to be a boy by Robert Webb

### BOOK REVIEW

By Cavan Wood

This is an autobiography, but it is so much more. Webb has an intention to debate exactly what it means to be man and to be male. There are two acts in the book – one about boys, one about men. Some of the titles of the first half of the book - boys can't get enough of dad, boys aren't shy, boys love sport, boys are brave, are never teacher's pet and don't cry: each of these Webb takes on and shows from his own story that the models of how to be a boy are flawed and force young men to be what they are not. Act Two is about men: They are organised, don't take themselves too seriously, don't need therapy, understand women, good at directions and know who they are. Webb lines up the myths and knocks them down. His own story of bereavement – losing his mother to cancer as a teenager and the present reality that he is the only male in his house of wife and two daughters have also informed his thinking. A thoughtful read!

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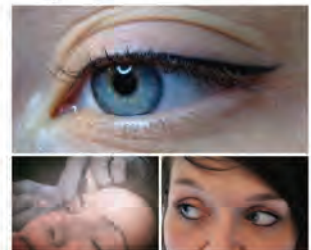
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## The Hunger Games by Suzanne Collins

### BOOK REVIEW

By Thomas Anstee, Year 7

This book is about a girl called Katniss Everdeen and a boy called Peeta Mellark fighting for their lives in 'The Games' for people's enjoyment. They live in a time when they have next to nothing, no food or money. All in all they have no freedom and can't do anything about it. Anyone who does not live in the capital is put into an area called a district and there are 12 districts. Katniss and Peeta are both in District 12. When officials from the capital come round to select a boy and girl from each district to compete against each other to the death in the games, Katniss volunteers to take her sister's place, who is only just old enough because she has just turned 12, whereas Peeta is chosen.

I picked this book because I had seen the second film and it had a lot of references to the first one. I had heard a lot of good things about it and it lived up to my expectations, I was gripped by it all the time. When I started reading it, I couldn't stop, I wanted to know what happened next. Even though the ending had been ruined by watching the second film there were still lots of exciting twists and turns.

The writing style is straightforward making it an easy read. I would recommend this book to anyone who is fine with mild gore, likes action and is not put off by a long book.

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# Lindfield Rural Parish Council Newsletter

**MARCH 2018**

Millennium Village Centre, Lewes Road, Scaynes Hill, West Sussex RH17 7PG  
Tel: 01444 831499 email: clerk@lindfieldrural-pc.org.uk www.lindfieldrural-pc.org.uk

## Annual Parish Meeting - Monday 30th April 2018

Taking place at the Millennium Village Centre, Scaynes Hill at 8pm. This meeting will afford residents the opportunity to meet the Councillors who will report on this year's business. There will be guest speakers and an opportunity for residents to raise any questions. A glass of wine will be offered from 7.45pm and all residents are welcome.

## Allotments available

The Parish Council is pleased to inform that the waiting list for allotments is now open at its sites in Gravelye Lane, Lindfield and Clearwater lane, Scaynes Hill. Applications are welcome from both within and outside the parish. Please contact the Parish Office (01444 831 499) if you are interested.

## Mobile Civic Amenity Collections

The Parish Council provides a refuse freighter for a **FREE COLLECTION** of general Household Waste on the following dates:

**Sunday 11 February 2018**

**Sunday 29 April 2018**

**Sunday 1 July 2018**

**Sunday 16 September 2018**

**Sunday 4 November 2018**

**Sunday 20 January 2019**

**Between 10.00 and 12.00 noon at the North End, Scaynes Hill Common.**

No trade or builders' waste will be accepted. Please do not leave rubbish in the absence of the refuse freighter. Thank you.

### Notice from Mid Sussex District Council

We cannot take these items at Mobile Waste Collections:

- Electrical items
- Tyres
- Rubble & Hardcore (e.g. paving stones, gravel, concrete, bricks, tiles)
- Items such as ceramic baths & shower trays, toilet pans & sinks
- Gas canisters
- Paint pots with any contents
- Garden waste (unless a separate vehicle is provided)

Please take these items to a Household Waste and Recycling Site. Please note there will be a charge for disposal of some of these items.

Full details at <http://www.recycleforwestsussex.org/recycling-sites>

Burgess Hill – Fairplace Road  
East Grinstead – Imberhorne Lane

## Your Parish Councillors:

John Dumbleton (Chair)  
Ray Jones (Vice Chair)  
Brian Bunt  
Chris Hersey  
Margaret Hersey

Tel: 482633  
Tel: 453868  
Tel: 484661  
Tel: 482270  
Tel: 482270

Keith Martin  
Steve Minter  
Andy Spooner  
Parish Clerk: Vera Grainger  
Assistant: Irene Nicholas  
Finance Officer: Sarah Anderson

Tel: 831431  
Tel: 831786  
Tel: 831602  
Tel: 831499  
Tel: 831499  
Tel: 831499

Lindfield Rural Parish Council Office is open to the public on Tuesdays 12.30 to 13.30 and Thursdays 10.00 to 11.00

## Mid Sussex Older People's Council

**Free Computer Help: one-to-one IT sessions for the over 60s**

Ardingly College every Monday during term time 4.20-5.20pm. Bring your laptop, smartphone or tablet and let the students help you with your IT problems. No need to book, just drop in.

Transport provided if you cannot otherwise get there.

For further information telephone **01444 242760**.

## Traffic Calming and Highways Issues

The Council has agreed to introduce a traffic Speed Indicator Device to encourage motorists to adhere to the speed restrictions in the Gravelye Lane area. The device may be moved to other locations.

The Council does raise other issues on behalf of local residents with the Highways Authority, which is West Sussex County Council. The Parish Council also reports a number of minor matters to WSCC, on behalf of residents. Residents may also do this themselves, details are on the West Sussex website [www.westsussex.gov.uk](http://www.westsussex.gov.uk). Reports may be made directly to [love.westsussex.gov.uk](http://love.westsussex.gov.uk) concerning pot holes, overgrown vegetation and damaged pavements etc.

Urgent matters such as fallen trees and other obstructions blocking a road or pavement can be reported on the emergency number 01243 642105.

## Council meetings

**2018**

Monday 9th April	King Edward Hall, Lindfield
Monday 30th April	Annual Parish Meeting, Meeting of Electorates, Scaynes Hill Millennium Village Centre
Monday 14th May	Annual Meeting of the Council, King Edward Hall, Lindfield
Monday 25th June	St Augustine's Church Annex, Scaynes Hill
Monday 23rd July	King Edward Hall, Lindfield
Monday 3rd September	St Augustine's Church Annex, Scaynes Hill
Monday 29th October	King Edward Hall, Lindfield
Monday 26th November	St Augustine's Church Annex, Scaynes Hill

All meetings commence at 8pm

# MSDC to support Citizens Advice

Mid Sussex District Council has agreed to contribute £119,404 to help Citizens Advice provide its valuable services in Mid Sussex over the next 12 months.

The Citizens Advice Service provides free, independent, confidential and impartial advice, helping people to resolve a range of issues from problems with benefits and tax credits to the impact of a breakdown of family relationships.

Mid Sussex District Council has provided financial support for the local Citizens Advice Service for many years as part of a county wide funding agreement with West Sussex County Council. The county council is currently preparing a new agreement that will see all District and Borough Councils join forces to jointly fund the Citizens Advice Service in West Sussex.

In the meantime, Mid Sussex District Council will extend the current funding arrangement until March 2019, providing the Service with £119,404.

There are Citizens Advice drop-in centres in Haywards Heath, Burgess Hill and East Grinstead.

For more information visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk).

## Help for low income pet owners

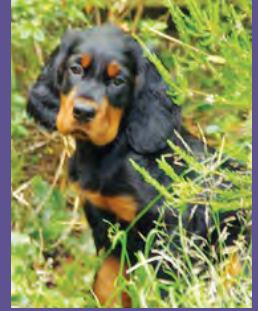
Pet owners on low incomes can benefit from a new low cost veterinary service.

The Sussex North branch of the RSPCA has recently launched a new sponsored companion animal clinic serving RH16 and RH17 areas.

The clinic, in Burgess Hill, will be open every Wednesday between 1-2pm. Initial consultation and basic treatment is £16. Telephone 07421 456962 to make an appointment. The clinic is not available for emergency treatment or serious injuries.

Pet owners who are in receipt of Housing Benefit, Council Tax Benefit, ESA, Income Support, Jobseekers Allowance or Pension Credit and live within the RH16 and RH17 postcode areas are all eligible for help.

For more information visit the website [www.rspca-sussexnorth.org.uk](http://www.rspca-sussexnorth.org.uk)



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## Marvellous magnolias on show

The Weald is a magical area of southern England and is home to lots of great magnolia gardens because of the mild climate and slightly acidic soil. Borde Hill is one of the very best and this year the Stephenson Clarke family celebrates their 125th anniversary of its purchase. Colonel Stephenson Robert Clarke sponsored the great plant hunters of his day. Seventy eight of his trees have attained 'champion' status, including magnolias collected from China, America and Japan. Visitors can explore the renowned collection by following a self-guided Magnolia Trail.

Andrewjohn and Eleni Stephenson Clarke will be opening the newly-planted 'Gardiner Grove' this spring, dedicated to magnolia expert Jim Gardiner, who will also be giving a Magnolia Talk and Tour on Thursday 22nd March. Tickets are available via the Borde Hill website. Head Gardener Andy Stevens will also lead two magnolia tours on Tuesday 27th March and Friday 6th April, and there's a guided tour of the camellia collection on Sunday 25th March.

# Whittaker PAVING

Whittaker Paving is a local family-run landscaping business, operating in the Haywards Heath area and serving customers throughout Sussex.

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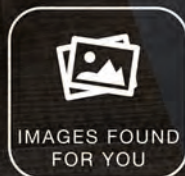
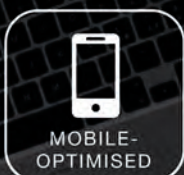
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## Dementia café open

A new café for people with dementia and their carers has opened in Haywards Heath.

The Memory Moments Café, at St Richard's Church in Sydney Road, was opened last month by Town Mayor Cllr James Knight.

The informal café, for those suffering memory loss, will offer activities such as crafts, music and singing along with refreshments, and is being run in conjunction with the charity Know Dementia.

The next café session will be on Tuesday 20th March between 2.30-4.30pm.



## Housebuilder shares a story

Children from Lindfield Primary Academy were treated to an afternoon of professional storytelling by housebuilder David Wilson Homes ahead of National Storytelling Week last month. As part of David Wilson Homes' ongoing Education Programme, the pupils were entertained by professional storyteller Cindylou Turner-Taylor. David Wilson Homes is currently building a development of family homes at nearby Heathwood Park off Langmore Lane in the village.

Michelle Hall, a member of the Literacy Team at the school, commented: "The children loved the session. They were really engaged and so excited. Storytelling allows young people's imaginations to run wild and it has been a real treat for our pupils who listened intently to Cindylou."



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# Local appeal to help refugees

Just one week on from the news that 15 refugees were found frozen to death on the border of Lebanon, JoJo Maman Bébé children’s store launched its annual appeal From a Mother to Another (FAMTA).

The appeal aims to help clothe the thousands of displaced children living in Lebanon, during the harsh winters, who have never known a world without war, along with families in need in the UK .

The appeal, now in its third year, also aims to reduce the shocking levels of clothing waste that end up in landfill.

From now until 11th March JoJo stores, including the Haywards Heath branch, will be collecting good quality outgrown or unwanted baby and children’s clothes in sizes 0-6 years as well as children’s shoes. Customers are asked to put together complete outfits sorted by size, sex and season, with shoes in a separate bag and drop them off at the store.

Store manager Mandy Lake and her staff are looking forward to taking part. “Last year’s appeal was extremely successful,” said Mandy. “Local people were incredibly generous dropping off bagfuls of clothes, even after the appeal had ended.

“This year we are hoping for another fantastic response.”

Mandy reiterated the importance of labelling the clothes before dropping them off. “It helps us hugely

if the clothes are properly labelled with size, sex and season. This means they can be sent on swiftly and our staff can focus on serving our customers rather than sorting out piles of clothes!”

Laura Tenison founder and CEO of JoJo said: “Our FAMTA clothing gift bags are distributed to families living in the Bekaa Valley along the Syrian border who want to head home as soon as the fighting stops. Our customers have been amazing – by packing their children’s outgrown clothes into lovely outfits they give a moment of hope and joy to people who have struggled for many years. We are so proud that this simple initiative extends the life of clothing and helps to reduce landfill.”

In the UK, emergency clothing packs will be distributed by some of the Trussell Trust’s 428 Foodbanks. Sam Stapley, Operations Manager at The Trussell Trust states: “Over a third of the almost 1.2 million three day emergency food supplies provided by The Trussell Trust’s foodbank network last year went to children, and it’s all too common to meet parents at foodbanks who have been skipping meals so their kids don’t go hungry. Things are difficult for lots of families at the moment.”

For more information visit the company’s website: [www.jojomamanbebe.co.uk/famta](http://www.jojomamanbebe.co.uk/famta)

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# Top tips for sailing through SATs

By Jennie Adams

It's the time of year when children will be facing SATs and other assessments and whilst there is uncertainty on the future of SATs, all children will have to face and deal with testing of some description.

Children need to learn how to prepare for exams and a few simple techniques can make a huge difference to how they approach and react under test conditions.

There are many resources and approaches out there, but here are my tried, tested and simple approaches:

**Hydrate:** Well documented studies demonstrate the negative effects of dehydration on brain function and concentration. Regular small sips of water.

**Nutrition:** Nutritious food regulates blood sugar, energy levels and provides stamina. Foods like oily fish and wholegrains are reputed to be the best.

**Sleep:** Sleep deprivation has detrimental effects on reaction times, capacity to think clearly and positivity. Plan for some early nights and restful activities.

**Downtime:** Family life is often hectic. Build in some downtime to give you all a much-needed rest. Taking a break from a full-on schedule before an exam.

**Revise:** Don't revise for hours on end. This method is ineffective for younger children. Post it notes with key facts and games are a great way of revising.

**Nature:** Get outside! Fresh air and exercise are noted factors in supporting and developing well-being, positivity, concentration and creative thinking.

**Equipment:** Make sure any equipment needed is prepared and in working order. Spares could save precious minutes.

**Timing:** Children must get used to timing themselves doing tasks. An hour can seem like a lifetime to younger children, so build up stamina.

**Timewasting:** Inevitably some tasks or questions will be more challenging than others. Encourage children not to waste time on one to the detriment of others.

**Wobbly moments:** If your child does have a wobble, breathing exercises can be a great way of banishing anxiety. Focusing on breathing in and out slowly ten times will help regulate heart rate and calm the mind.

Whatever exam or test is on the horizon, put it in perspective. This can be hard at the time but it's a snapshot of performance relating to a subject, at a particular time, on a particular day - that's all it is. It won't tell you how funny, kind, generous or creative children are! So, remember, YOUR BEST IS and will be GOOD ENOUGH!



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# Holiday snaps

We love seeing your copy of Lindfield Life getting around the world, so do please take a snap and email it in to [photos@lindfieldlife.co.uk](mailto:photos@lindfieldlife.co.uk) - thanks!



Merv Huggett visiting his son and his family in Melbourne



Sharon Harris in Stormboat Springs, Colorado USA – 9,716ft above sea level

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# Sudoku #20

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

Find the solution to #20 in next month's magazine

		8						
				6				9
	4	7				8		1
				9		1		7
			5				8	
1		3	8				2	
	8		3		2	4		
	9		4	5	1			

## #19 Solution

5	9	6	1	4	8	2	3	7
7	3	4	9	6	2	5	8	1
2	1	8	7	3	5	4	9	6
4	7	1	2	8	9	6	5	3
8	2	5	6	1	3	9	7	4
3	6	9	5	7	4	8	1	2
9	4	3	8	2	1	7	6	5
1	8	7	4	5	6	3	2	9
6	5	2	3	9	7	1	4	8



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# What's on in March

## AT KING EDWARD HALL

## AND ELSEWHERE

### March

- 1st **Lindfield Country Market** – 10-11am  
(Sheila Hobbs 01444 483396)
- 6th **Lindfield Afternoon WI** – 2.15pm  
(Contact la16wi@gmail.com)
- 8th **Lindfield Country Market** – 10-11am
- 10th **Vintage and Antiques Fair** – 10am-3pm  
Books, vinyl, jewellery, homeware, furniture etc.  
All day cafe with hot bacon rolls and home-made cake. 50p entry. All proceeds are in aid of the Lindfield Bonfire Society procession, bonfire and fireworks. (Sarah Tampion-Lacey 01444 487470 or lindfieldbonfiresoc@gmail.com)
- 13th **Lindfield Preservation Society** – 2.30pm  
An illustrated talk on 'Newhaven Fort – Past and Present' by Ian Everest. As a former manager of the Fort, Ian talks about its military history and the trials and tribulations of converting this Scheduled Ancient Monument into a popular visitor attraction. All welcome, entry free. (Meeting and Membership information from John Chapman 01444 484470)
- 14th **Lindfield Horticultural Society** – 8pm  
'Lindfield Fuchsias' a talk by Derek Dexter. Derek is a member of the British Fuchsia Society and has exhibited at Hampton Court Flower Show (Silver Gilt winner) and many championship shows and will be sharing his knowledge and years of experience of growing fuchsias. All welcome. £1 members. £3 visitors. (www.lindfieldhorts.org.uk or see Facebook or Twitter)
- 15th **Lindfield Country Market** – 10-11am
- 17th **Spring Serenade** – 2pm  
A performance of well known tunes by 'In the Pink' sax quartet organised by Royal British Legion and followed by afternoon tea and a raffle. Tickets £10 each (Jane 01444 454846)
- 19th **Annual General Meeting** – 8pm  
AGM for King Edward Hall
- 22nd **Lindfield Country Market** – 10-11am
- 22nd **Goodbye Christopher Robin PG** – 7.30pm  
Film Show (Jennie Powell 01444 483431)
- 27th **Lindfield Flower Club** – 2.15pm  
'All the time in the World' with Christina Payne
- 29th **Lindfield Country Market** – 10-11am

Please refer to the King Edward Hall notice board for additional information regarding the above events.

[www.kingedwardhall.org.uk](http://www.kingedwardhall.org.uk)

### March

- 2nd **World Day of Prayer - 2pm**  
Lindfield Evangelical Free Church  
All three churches take part in this year's event with the theme: 'All God's Creation is very Good'
- 6th **NHS Retirement Fellowship** – 10.15am  
Franklands Village Hall – 'Revival Arts and Craft Garden at Standen' by a National Trust speaker. New members are always very welcome. (Email: goodger\_david@hotmail.co.uk or 01444 483480)
- 7th **Monthly Midweek Service** – 11.30am  
Lindfield URC - The first Wednesday of each month a brief service with traditional hymns and a reflection on God's word. Led by Rev Keith Morrison (kmorrison@lindfieldurc.org.uk)
- 8th **Mid Sussex Ass. National Trust** – 2.30pm  
Clair Hall, Haywards Heath - Georgian London by Ian Bevan
- 8th **Haywards Heath Ceramics Group** – 10am  
Clair Hall, Haywards Heath – 'A Question of Attribution - A Moulded Early Dr. Wall Worcester Teapot by Paul Crane (Tickets £8 01444 483372)
- 10th **Ensemble Reza Family Concert** – 2.30pm  
King's Church, Burgess Hill – Music and dance from around the world, perfect for primary school aged children. Interactive concert (www.ensemblereza.com)
- 14th **Lunchtime Concert** – 1pm  
All Saints Church – Organised by Tiger Arts with Blackthorns Academy Choir
- 17th **Tenebrae Concert** – 7.30pm  
All Saints Church – with Elin Manahan Thomas, Charlotte Mobbs and Steven Devine (Tickets from Church Office 01444 482405)
- 17th **Sussex Chorus** – 7.30pm  
King's Church, Burgess Hill - Brahms Requiem (Tickets £15 from: Sussex Chorus 01444 412579 or www.WeGotTickets.com or Carousel Music)
- 18th **Messy Church** – 4pm  
Lindfield URC - Unfold the amazing story of Easter. Make an egg planter, Easter garden in a jar or what about the hot cross bun and more. Share a meal. (Danny Goodall 07443 438970)
- 21st **The Arts Society Mid Sussex** – 10.15am  
'Celebrating the Royal Academy of Arts: its 250th Anniversary 1768-2018'
- 24th **HH Music Society Concert** – 7.45pm  
St Wilfrid's Church, Haywards Heath (www.haywardsheathmusicsociety.org.uk)

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