

# Lindfield Life

Inc. Scaynes Hill & Walstead

Local village talk,  
by the village

August 2017 Issue #103

Free

Young Farmers impress show judges

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Pets line up for church

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History: St John's School

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## EDITORIAL

By David Tingley, Editor

I know what you're thinking: 'Wow, what a cover!'. Thanks so much to **Kate Stratton** from the school farm at **Oathall Community College** for sending in this mugshot of this champion sow! There's a £20 shopping voucher in it for you, if you can get your image on the cover of a future issue of the magazine. Send yours in to [photos@lindfieldlife.co.uk](mailto:photos@lindfieldlife.co.uk).

**Local schools** feature heavily in our news stories on **pages 4, 8 and 9** - along with a terrific accolade for Lindfield teenager **Ruth Beddingham** on **page 6**.

As many will know Lindfield Life is distributed in nearby **Scaynes Hill**, as it comes under the jurisdiction of Lindfield Rural Parish Council. In this issue I make no apology about the fact that we have a number of articles relating to Scaynes Hill. A church service dedicated to pets on **page 12**, a concert review on **page 18**, the WI's centenary on **page 32**, a craft market on **page 36** and the annual Flower Show on **page 42**.

Lindfield childminder **Christina Booker** takes her turn as Village People candidate on **page 24** - thank you Christina for agreeing to it!

On **page 41** a group of golfers at **Lindfield Golf Club** show how they raised nearly £4,000 at their 'Longest Day' challenge event.

**Page 46** gives us another fascinating history feature by **Richard Bryant** - as he uncovers the school I had never heard of: **St John's School** and, thanks to **Ashley Fabian's** photography, we reveal its now hidden location at the top of the High Street.

I'm pleased to see that the **holiday selfies** have started to come in. See **page 48** for this month's offering as we travel to Wales, Costa Rica and the Maldives! Keep them coming please.

Finally, on **page 54**, we cover a great event in King Edward Hall: **Lindfield Horticultural Society's** Annual Flower Show from last month - see who you recognise!

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# NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@lindfieldlife.co.uk](mailto:editor@lindfieldlife.co.uk)

## Young farmers delight show judges

Talented members of Lindfield Young Farmers impressed judges at the South of England Show this year collecting a handful of prizes.

Member Sconaid Wastie was delighted to win first prize for her novelty cake and second for her papier mache mask, while fellow member Abbie also received positive comments from the judge.

"We did have another fab cake made by Freya but due to an emergency stop on the journey up to the showground it didn't make it in one piece," said Sconaid!

She added that members were particularly pleased that their first group entry in the cube competition was awarded third place. The cube exhibit included five different crafts – floral, textile, art, baking and natural craft, and entries were marked on idea and originality as well as the quality of the crafts.

"The cube is a nationwide competition and so we represented Sussex with a chance of qualifying for the national competition," Sconaid explained. "Sadly on this occasion we weren't placed high enough to qualify."



Next year the Young Farmers from Sussex will be running the South of England Show stand and the Lindfield members are already making plans. "Running the stand is something we really look forward to and Lindfield usually takes the lead on behalf of Sussex," said Sconaid, "We are already talking about it and making plans. The national Young Farmers theme is 'Magic and Mystery' which is the best theme we've had in a while and gives us lots of scope!"

The Lindfield Young Farmers Club is always happy to welcome new members. For more information, visit the Club's Facebook page.



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# Royal British Legion thanks from Village Day

By Jane Harding, Royal British Legion Chairman  
Members of the Lindfield Branch of the Royal British Legion would like to thank everyone for their support and generosity on Village Day.

With your help and donation of goods for our stall, the wonderful sum of £634.82 was raised, with a further £44.53 collected in our Poppy Box. This is more than ever before and we are very grateful indeed for your continued support.

If anyone would like to become a member of the Lindfield branch of The Royal British Legion, please contact me on 01444 454846. We warmly welcome new members.



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## Walk for St Catherine's

For the 26th year, the Haywards Heath Support Group for St Catherine's Hospice is proud to present the Balcombe Fundraising Walk, starting from 9am at the Victory Hall on Sunday 10th September.

The sponsored walk takes in the wonderful Sussex countryside, with fabulous views. Walkers can take on the challenge of the full 12½ mile circular route or set a gentler target of 4, 6 or 9 miles and enjoy a chauffeur driven ride back to Balcombe! Afterwards all walkers can enjoy tea and cake and collect a medal on behalf of St Catherine's.

There's also a nature trail for the children to enjoy during the first three miles.

Walkers are welcome to bring dogs on leads.

It costs St Catherine's more than £17,000 every day to provide its caring services to patients free of charge so all support is very welcome.

Walkers can register online at [www.stch.org.uk/balcombewalk](http://www.stch.org.uk/balcombewalk) or call the Events Team on 01293 447355, or sign up on the day.

Please call the organisers John Kinchington (01444 440452), Pat Colquhoun (01444 811367) or Joan Moon (01444 257610) for any further information.



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## Ruth bags volunteer award

A Lindfield teenager who has spent more than 100 hours volunteering with young people with learning disabilities, has been presented with a prestigious award.

Ruth Beddingham was among the recipients at the 4th annual Mid Sussex District Council Young Volunteer of the Year Awards.

The awards, which recognise the hard work of all the remarkable young people in Mid Sussex who regularly give something back to their local communities, were presented at a special awards ceremony at Borde Hill Gardens.

Ruth, 16, was presented with The Young Community Volunteer Award in recognition of her work with the Haywards Heath based charity Kangaroos which helps young people with learning disabilities enjoy fun social activities.

Ruth was nominated by her colleagues at the Kangaroos who wrote: "Ruth has been volunteering since October 2016 and so far has accrued over 100 hours. She volunteers at both Saturday and Holiday Clubs for children with special needs.

"Ruth works on a 1:1 basis with children, keeping them safe and engaged and adapts her care and manner according to the child. Ruth treats the children with respect and they enjoy being in her company. She is a positive role model to the other volunteers, has a willingness to learn and is a key member of the Kangaroos team."

Councillor Phillip Coote, Vice-Chairman of Mid Sussex District Council, said: "As a Council we want to celebrate the outstanding contribution young people make to our community. It's so easy for them to go unnoticed and we want to make sure all that all the good work young people do in our community is recognised and rewarded.

"What makes these young people all the more remarkable is that they are giving back to the community at such a busy time in their lives. Many are studying hard at school and dealing with the pressure of exams while giving up their time to help others.

"I would like to thank all the organisations and individuals who nominated young people for these awards and I hope all the nominees take great pride in their achievements. Every nomination shows just how much you are appreciated by the organisations you support."

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Rachel Ricketts, Weight Loss Consultant

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# Pupils design their dream home

Before half term, the staff from Henry Adams estate agents visited local schools inviting the children to take part in their Dream Home Competition, asking them to use their creative and artistic skills to draw or paint a picture of their dream home.

One Monday in June the judging panel met to look at the designs. "We had over 1,000 entries and it was very difficult to decide but, after a long, long time, the four over-all winners were selected who will each receive an Amazon Fire Tablet...these we have called THE FAB 4," commented Jade Barryman. The selected pieces of children's art work will feature in the company's autumn advertising campaign for newspapers, leaflets, brochures, on the Henry Adams website and across all its social media platforms.

The judging panel and the company chairman, Richard Williscroft, were so impressed with the art work that they decided to award another 20 children across all the schools with a £10 National Book Token.

Last month Jade Barryman and Jane Tomlinson from the Haywards Heath office, visited Lindfield Primary Academy to announce the amazing winners of the competition at the school. At six years old Grace was the youngest winner over the whole competition with her wonderful Magic Tree House

design and was delighted with her Amazon Fire Tablet prize. Environmentally aware Lizzie, the Top 20 winner, designed her dream home entirely out of recycled materials and Isabelle, another Top 20 winner, designed a Henry Adams Spaceman House with a launching pad for popping off into space!



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# Lindfield Girls Crowned County Champions

Members of Lindfield Primary Academy's Year 5/6 girls' cricket team were celebrating this month when they were crowned County Champions at the Sussex Final in Horsham. The girls went into the event with high hopes after weeks and weeks of practice but were faced with the daunting prospect of playing the best five schools from Sussex at the event. After a convincing win against local rivals and last year's winners, Birchwood Grove in the first match by 37 runs, the girls continued their great form with victories over Southwater Junior (by 10 runs), North Lancing (by 42 runs), West Park (by 27 runs) and Harlands (by 32 runs) in an action packed day at Horsham Cricket Club.

The whole squad contributed throughout the tournament but special mention must go to Ruby Stedman for her batting and Asha Hinley and Bethan Steel for their fantastic bowling. James Smyth (Year 6 teacher and the team's coach) was extremely pleased at the conclusion of the event:

"After coming runners-up last year, we hoped we may go one better this time around. We are so pleased, the girls should be extremely proud of their achievement."



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# A feast for the senses at this year's LAF

By Kirsten Genard

As summer is hotting up, so is the programme for the Lindfield Arts Festival. Next month sees the return of the eighth annual festival, and this year's event is looking bigger and better than ever. Whatever you are into and whatever your age, there is something that will fit the bill as the top ticket in town this season.



Families are in for a treat as The High Street transforms with an abundance of activities on offer, including the centre stage with a variety of performances including the return of the circus shows. Look out for the Dressed Ducks in the shop windows and, if you have ever wanted to learn to crochet or decoupage, then Dolly's craft van will be the place to go.

Further afield around the village, a varied programme of arts, drama, dance and entertainment will be taking place. A fine art exhibition will be staged at Lindfield Primary Academy on Saturday and Sunday featuring work by talented local artists and with refreshments from The Bonfire Society, kindly supported by Tisshaws Family Solicitors. On Saturday, innovative Robot Relays see competitors get creative in an almighty battle of the bots on space hoppers whilst supporters cheer from the hay bale amphitheatre.

A mini festival of its own will take place at the United Reformed Church on Saturday, featuring a

craft exhibition supported by Handelsbanken with the opportunity to snap up goods. A diverse programme of performances and workshops is also on offer, from drama, dance and creative writing to – wait for it – mutant toy hacking. What could be better than reinventing a toy slightly past its sell by date into a brand new, bespoke creation that will be the envy of the playground? Think Toy Story on steroids!

More activities are being confirmed all the time including two very special evening events on Friday night. Lindfield Coffee Works will host a Poetry Night, featuring a group of Sussex-based local poets including a former musician from the Ronnie Scott's Club in London, which will set the stage for the Festival on opening night. Meanwhile, Komedia regular Rob Dumbrell, will compère a Comedy Night at the Bent Arms, bringing along some well-known, tried-and-tested names from the comedy circuit for your amusement. For all you budding comedians, there are a couple of 5 minute stand-up comedy sets up for grabs, if you think you have what it takes!

Registration for workshops and events will open online in mid-August with SWALK acting as the Lindfield Box Office.

If you would like to contribute in any way or exhibit, perform, play or volunteer during the Festival weekend (8th, 9th, 10th September) please email enquiries@lindfieldartsfestival.com or call Stix: 07868 879084 for more information.

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# The animals came in one by one

## CHURCH PET SERVICE



### By Claire Cooper

There were furry paws, waggy tails and twitching whiskers among the congregation at St Augustine's Church in Scaynes Hill earlier this month when the church held a special service.

Vicar Lisa Barnett invited parishioners to bring their furry friends to church for a celebration and blessing and was delighted to see the pews filled with a 25 dogs, a selection of guinea pigs, an enormous rabbit and even a tortoise named Lisa!

The service included specially chosen hymns, such as All Things Bright and Beautiful, a Bible reading read by Thomas Martin, while parishioner Bev Sotiri, accompanied by her four dogs, read a poem for dog owners.

Those unable to bring their pets to church, and those who wished to remember their former pets, brought along photos.

Following the service, there was a chance for pets and owners to mingle and enjoy refreshments in the church hall.

This was the first pet service to be led by Lisa, and is part of the church's commitment to strengthen community spirit. "I was more than a little bit nervous before the service," she said. "How many pets would be brought along? Would they behave? But I needn't have worried!

"The animals all behaved beautifully, staying quiet

during the talk and joining in with gusto during the hymns! It was a very special occasion, celebrating the joy that our pets bring us, and committing ourselves to caring for all of God's creatures. We're definitely planning to do it again sometime!"







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## Lindfield Bowling Club – Champions of Britain!

**By John Bartlett**

As a result of their success in the National Championships at Leamington Spa in 2016, Lindfield Bowls Club has represented England in the Mens and Ladies Senior Fours at the 2017 British Championships.

The Ladies Championships were held at Llandrindod Wells and Lindfield's first game was played on Friday 16th June against Wales - they won 19-17. In their next game on 17th June, a semi-final against Ireland, they won 17-11.

After a short break, it was the final against Jersey, all of whom were international players. England - that is

Lindfield - won 20-18. The joyful news came through to Lindfield on Saturday evening to a Clubhouse crowded with members enjoying a Bowls and Barbeque Party which rounded the night off perfectly.

The Mens Senior Fours were played in Belfast on the 29th and 30th June. In the First Round Lindfield beat Jersey 21-19, but then, after only a short break, lost the semi-final to Northern Ireland who benefited from having a bye in the 1st round.

It is a considerable achievement by both squads, and for a village club to have bowlers of National status.

Photo: Ladies winners Sue Willmott, Carol Watson, Shirley Foxwell and Margaret Atkins

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# A bench to remember Rosemary

Friends and family of former Lindfield resident Rosemary Baxter, gathered on the Common last month to unveil a memorial bench.

Rosemary, who died in March, was a keen walker, cyclist and fundraiser and was well known in the village. She was also a regular at the Swoove fitness classes run by Esther Featherstone who led the fundraising campaign.

"The bench is positioned at the top of Lindfield

Common, by where Rosemary used to walk from her home into the village," said Esther.

"We were delighted that Rosemary's sons Anthony and Peter were able to attend the dedication, along with many of her friends.

"It was lovely to talk about our dear friend. It was also a beautiful sunny day so we know she was shining down on us giving us her approval of the bench!"

## Leesa Le May

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## Music for a summer's evening

On a delightful summer evening at the start of July, St Augustine's Church in Scaynes Hill was filled with the sounds of flutes, clarinets, recorders and a vocal solo as young local musicians had the opportunity to entertain their families and friends with a wide-ranging repertoire of classical and contemporary pieces.

The concert, organised by two local music teachers, Sam Davies and Lindfield resident Caroline Furnell, was a sell-out and raised £425, with the proceeds being divided equally between St Augustine's Church and Group B Strep Support, a locally-based charity.

During the interval, the audience was able to

enjoy refreshments and a terrific selection of cakes and scones donated by parents and members of the church.

The concert was rounded off by a performance of Bossamanda, a bossa nova style piece, by 'The Fluteenies' – a quartet of teenage flautists directed by Sam Davies - who in recent years have built a reputation for excellent and entertaining performances at local music festivals and concerts.

Everyone enjoyed themselves; all the musicians giving spirited performances and displaying enthusiasm and dedication. All-in-all it was a night to remember!

## Opera group is looking for new voices!

Heber Opera has been bringing opera to local communities since 1989, and is currently looking for new chorus members to join them by coming along to the first rehearsal of the season on Sunday 10th September at 7.30pm in Hurstpierpoint Village Centre.

These rehearsals are for three concerts to be performed in November and early December; two of which are local and the third in The Music Room at Brighton Pavilion. Musical Director Michael Withers comments: "For anyone unsure about doing a full opera performance, joining us for the concerts is a good way to meet us without committing to a production. Heber is a very friendly group, we always sing in English, and reading music is not essential; our supportive rehearsals offer the opportunity to develop choral singing and stagecraft."

Lindfield resident and chorus member Lisa Weekes said: "I get to sing challenging parts of the opera repertoire with an accomplished group of performers. And because Heber is a relatively small group which performs in the round in intimate venues, each individual contribution is crucial to the success of the whole. It's not just about the performing though - I have been lucky enough to make many new friends. There is lots of fun to be had at rehearsals and performances as well as the chance to enjoy singing beautiful music."



The next fully staged opera by the group will be Verdi's Rigoletto and that goes into rehearsal in January for performances in May 2018.

If you would like to know more about the joining Heber Opera, please contact Michael Withers, email [heber@michaelwithers.co.uk](mailto:heber@michaelwithers.co.uk) or call 07802 735109 or visit the website: [www.heberopera.co.uk](http://www.heberopera.co.uk)



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The ideal applicant will have administrative experience, strong IT skills, knowledge of local government and the local planning system, be willing to undertake appropriate training and be able to demonstrate enthusiasm for working with residents and local organisations.

The job is part time (25 hours a week, including the periods the Parish Office is open to the public and some evening meetings). The starting salary is from £11.05 per hour depending on skills and experience.

The closing date for applications is 25th August 2017.

Application packs are available from the Surrey & Sussex Associations of Local Councils call 01273 830200 or email [lois.crouch@ssalc.co.uk](mailto:lois.crouch@ssalc.co.uk)



## Charity Swoove class

If you've ever fancied trying Swoove, the popular fitness class which started in Lindfield, but haven't yet got around to it, then here's the perfect chance...

Swoove creator Esther Featherstone has launched a 'not for profit' exercise class at St Francis Social Club in Haywards Heath on Fridays from 10.45-11.45am.

Since starting Swoove, Lindfield resident Esther has wanted to offer a weekly class that's free for everyone. Those attending are invited to make a donation to charity.

After launching the class earlier this month Esther said: "I'm passionate about the whole community exercising so I decided to offer this free session on a regular basis. It also acts as a great way to raise the profile of many wonderful causes close to the community's heart. The launch class raised £50 for The Rockinghorse which is a children's charity based in Brighton that supports sick children in Sussex."

She added that the class will support different local charities, raising awareness as well as much needed funds.

To find out more, or nominate a charity, contact Esther at [info@swoovefitness.com](mailto:info@swoovefitness.com).



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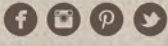


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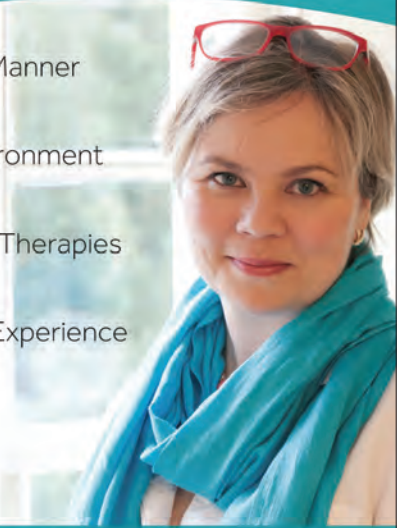
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# End of an era for Christina

VILLAGE PEOPLE



**By Claire Cooper**

For more than 20 years dozens of Lindfield parents have trusted Christina Booker with their most treasured possessions – their children.

It's a huge responsibility, but childminder Christina remains unfazed and says the key to success is simple. "I just care for them like they were my own," she says. "If you do that then you won't go far wrong."

But after 27 years of caring for children, Christina is packing away the toys, folding up the pushchair and retiring. "I've actually been retiring for the past 10 years!" Christina laughed, "But have always ended up thinking just one more year ...!"

The last day of term marked the end of Christina's career which has seen hundreds of children pass through her hands and made her a familiar face at the gates of Lindfield Primary School.

"It will seem strange for my days not to revolve around school hours, but I'm really looking forward to having more time to myself," said Christina, who began working with children after leaving school at 16.

"I came to Lindfield to study for my NNEB (National Nursery Examination Board) qualifications while working at St Nicholas Nursery, a council run nursery for children in care," she said.

She met her future husband at a party run by the nursery. "After we were married our first home was in Brookway," said Christina who later became mum to two children – Laura and Paul.

When Paul started junior school and Christina decided to go back to work, childminding was the perfect choice.

Before long, her home was filled with children. "I've looked after children from babies until they go to



secondary school and have loved seeing them grow up, and becoming part of the family," said Christina.

"I still receive cards from families long after the children have gone off to university! One of my children recently told me I should be very proud of what I've achieved. And when I stop to think about it - I am!"

Christina's day typically starts at 7.30am, when the first children are dropped to her home in Meadow Drive. "I walk them to school, pick them up later and they stay with me until their parents pick them up at 6pm.

"If I have younger children, we'll go to toddler groups and playgroups, visit the park or feed the ducks on the pond which is always popular! I like to have several children as it's nice for them to have others to play with."

After school, children are kept entertained in a playroom packed with board games, toys, books and craft activities. "It's good to see that, in this age of playstations, computers and phones, children still love to play, and traditional games like Dominoes and WOT are as popular as ever" said Christina.

"They like to go outdoors to play Bulldog and Capture the Flag and the old-fashioned hula hoops are still well used. We usually only watch TV if it rains!"

Christina's passion for the job is evident. "I just love children!" she says. "They're magical, entertaining and every day is different. I never get tired of spending time with children and am constantly surprised at the things they say. When they're sad it never lasts long. Luckily childminders are still allowed to cuddle children and a hug goes an awful long way."

So what makes a good childminder? "Obviously you have to like children and have the patience of a saint!" said Christina. "But you also need to bond with the parents too and it's important to be a good listener. You do become a bit of an agony aunt for the mums!"

Regulations have changed over the years and today's childminders have an Ofsted inspection every three years. Christina has been rated 'Outstanding'.

"I've also had to pass a kitchen inspection, even though the children only have snacks, like fruit and biscuits," said Christina who was given the top rating of five stars!

Her decision to retire came after her husband had a cancer scare. "It made us realise that life is short and that we wanted to spend more time together and not be having to get back to the school gates for 3pm each day! We want to be able to see our grandchildren more often and to travel," Christina said, adding that they have plans to visit Greenland next year.

So when the last children close the door on a playroom piled high with children toys, books and games, will Christina be tempted to change her mind?

"Absolutely not," she says. "I'll be having a huge sort out, packing everything up in the car and heading off to a car boot sale!"

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# Youth team build base in Romania



At the beginning of July a team of 17 young people and five leaders from All Saints Lindfield travelled to Romania, to work on a social housing project based at Caminul Felix, an orphanage which All Saints has long links with. The team constructed a new foundation

for a small family home which will be finished by two more teams from the church travelling out later this year. If you would like to know more of what the young people did please visit their blog ([www.allsaintslindfield.org](http://www.allsaintslindfield.org)).

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# Lindfield business welcomes work experience students

Since 2012 Lindfield interior designers HomeSmiths have welcomed work experience students. Their first student was from a Maidstone school but for the past two years they have taken students from Warden Park.

Working on a variety of projects at any one time means that no week is ever the same within the office so students could be helping with design boards, show home sourcing, research, colour choices or admin. David Smith comments: "Interior design is so much more involved than most people think and we aim to ensure that our students are able to see all aspects of the job during their time with us. There is a great deal of organising and coordinating involved in our work. Having a head for figures and an ability to prioritise is as important as having an eye for colour."



This year Zoe Underwood from Warden Park spent the first week in July with the HomeSmiths team. Zoe was given a fictional brief for a bedroom scheme and this is what she came up with. "We all loved Zoe's scheme," enthuses Jacqui Smith. "I was particularly impressed by not only her eye for colour but the level of detail Zoe went to in changing the handles on the furniture she had picked to ensure that it sat better with the scheme. Some skills can be taught but having an eye for colour is something you either have or do not have and Zoe certainly has it."

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# Help for dementia patients

Crafty members of Lindfield's newest WI group have been knitting and twiddling for charity!

Over the past few weeks the women from Lindfield Afternoon WI's craft club have been working hard to create twiddle muffs and lap blankets for dementia patients.

Earlier this month they delivered a box of colourful muffs and blankets to the Forest View Care Home in Burgess Hill.

The idea came from member Brenda Walker who spotted the blankets while visiting her husband John who is a resident at Forest View. "I got talking to the staff who told me how useful the blankets were and that they would love a few more," she said.

The knitted blankets and muffs have ribbons, beads, buttons and bows attached, which provide tactile stimulation, warmth and comfort.

"Having something to hold and manipulate, something to twiddle or fidget with can have a calming effect on a person with dementia," Brenda explained.

Craft club leader Alison Farndon said: "This



worthwhile project has encouraged many members to pick up long discarded knitting needles and enjoy using them again to create colourful and imaginative items.

"We hope the residents will find them really beneficial in keeping restless hands occupied."

Lindfield Afternoon WI started last year and has quickly grown to become a thriving group, meeting at the King Edward Hall.

The craft club meets once a month and members have already enjoyed getting creative making greetings cards, gift bags and bunting for the village day stall.

For more information about joining the group contact Hilary at: [hilandhal@talktalk.net](mailto:hilandhal@talktalk.net)

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# Design reality

HOMEFRONT



By Jacqui Smith, interior designer

When work experience students come and spend time with us I am always keen to provide them with as much insight into the industry as possible during their week. Interior design is so often confused with interior decorating and so much of our job is about numbers and coordinating people and this element can sometimes put people off. It's fair to say that during our 16 years running the business David and I have found ourselves in situations so far from what many people would imagine an interior designer would do. I thought I would share some of these with you.

Being sworn at by an Irish cleaner. Please understand that I have absolutely nothing against the Irish and fully respect cleaners but boy this particular individual packed a punch. Arriving on site the day before a show home launch, having been refused access up until this point due to the site not being ready is never ideal but we arrived full of blitz spirit and determination to get the job done despite the odds. Unfortunately, nobody informed the cleaning company. The cleaner and her relentless and oh so vocal displeasure at the fact we had to work around each other became the background noise of the day.

Wire brushing paint off beams at midnight on a Friday evening when you should be at a dinner party. This was necessary since the decorator had rushed the job of cutting in between the already carefully sandblasted beams and splashed emulsion everywhere. With the client visiting the next morning and the decorator not answering his mobile it was all hands to the pump. I do believe that we roped in Nikki Smith too!

Ironing in a hard hat. People imagine that show home installs are fun. They can be. And they should be really since it's a culmination of hard work and seeing it all come together is incredibly rewarding. About five years ago with no power on site, no heating and the site still being "a site", I found myself in a freezing cold porta

cabin on the other side of the site, ironing five beds worth of bed linen. It was cold and raining outside so the floor was a wet muddy mess. The above pictures really tell the story. I developed a way of ironing which involved pressing part of the sheet and then draping the rest over my shoulder. This worked to a degree but when it came to the double bed linen I had to rope in David to keep what I had ironed off the floor and off the sugar and coffee splattered surfaces around me. "Had I known love, I would have brought in my shirts", must have been directed at me at least three times.

Shopping on show home launch day for men's shoes, a red dress, a bottle of wine, an orchid and some red Nespresso coffee capsules. Agreed, a random shopping list but it they all had a link. The originals had all been stolen from the show home the day before. We left site, everything looking stunning all ready for launch the next day only to receive a call from the client first thing on launch day to say that there were some things missing. We never got to the bottom of who removed these items and the client did not expect us to cover the cost but it was a quick dash to the shops that morning to replace things.

Peeling (and I cannot think of a more appropriate verb here) a quilt cover off a student bed. I was styling for a student accommodation photo shoot for a photographer friend in London and the idea was that the students would "leave their rooms tidy" ready for me to come in, whip off their bedding and use our own, all carefully coordinated for the photographs. I shall leave you to imagine how the rooms were left. Rather embarrassingly for all parties, one room still had a student asleep in bed when we arrived with not much but his laptop on.

It's all glamour here!

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# Scaynes Hill WI celebrates centenary

On 19th April 1917, a group of women in Scaynes Hill got together to share friendship and comradeship during the First World War.

The war had taken its toll on the village with twelve families losing loved ones. In such a close knit community, each loss affected everyone and the women pulled together to support one another.

But the group also had a practical aim - to share and learn new skills, such as growing food, mending pots and pans and cobbling boots and shoes – all vitally important during the war years.

The group was known as the Scaynes Hill WI.

One hundred years later, women from Scaynes Hill and surrounding villages are still upholding the values shared a century ago – friendship, support, social events and learning new skills.

With the help of member Sue Minter, we look back at how the group began, has evolved and continues to be at the heart of village life.

By Claire Cooper

The Scaynes Hill Women's Institute was one of the first to be set up in England. Its objective was to provide a meeting place for country women where they would find friendship, entertainment, learn new skills and be given a voice in local affairs.

Scaynes Hill WI's first president was Caroline Huddart – a position she held for the next 15 years. Ms Huddart

also founded several other WIs in the area and went on to become Chairman for the East Sussex Federation of Women's Institutes from 1919 to 1932.

The first meeting of Scaynes Hill WI was held in the village Reading Room when member subscriptions were set at two shillings! Other agenda items include the donation of cups and saucers from Scaynes Hill Stoolball Club.

The group, along with other WIs, was affiliated to the Agricultural Organisation Society.

Membership cards read: 'To do all the good we can, in every way we can, to all the people we can; and above all to study household good in any work which makes for the betterment of our home, the advancement of our people, and the good of our country.'

Scaynes Hill members looked forward to the monthly meetings, enjoying the chance to socialise and to expand their surplus energy! Before long the women had formed a choir and were performing amateur theatricals.

Britain was at war, and women all over the country were being encouraged to get involved in growing and preserving food to help increase supplies to the war-torn nation. Scaynes Hill had a rabbit club, (the rabbits were described in *The Landswomen* as 'patriotic rabbits') and ran a soft fruit cooperative, buying eight dozen bushes between them, as well as growing one hundred raspberry canes.

The fruit was preserved in bottles (the ladies were shown efficient ways to do this), and in cans, using new-fangled canners which could be bought or hired at 2s 6d a day! One of the oldest WI photos shows the ladies learning to tinker (mend pots and pans) and cobble (mend shoes and boots).

In 1926, a new WI Hall was built in Church Lane, which became a registered charity and meeting place for other village organisations.

By 1976, members found the lettings and upkeep of the hall had become more than they wished to handle, and Village Hall Management Committee was set up. The WI charged a peppercorn rent of £5 per annum.

Delving into the Scaynes Hill WI archives makes fascinating reading and includes letters from the Queen at Buckingham Palace, a representative of Prime Minister Winston Churchill from Downing Street and the office of the Prince of Wales, thanking the WI for a gift of £10 for the Queen's Silver Jubilee Appeal.

In 1997 members agreed to sell the hall and the money put towards the new Millennium Village Hall where the group has continued to meet.

In 2015, members celebrated the 100th anniversary of the WI movement by inviting WW2 'Bomber Boys' John de Hoop and Dave Follows to speak at their meeting, followed by a traditional WI tea. The group also donated £200 toward the upkeep of the Bomber Boy memorial in London.

Members also used the anniversary as an opportunity to launch a campaign to find 100 new organ donors.

CHAIRMAN OF THE EAST SUSSEX FEDERATION OF WOMEN'S  
INSTITUTES FROM 1919 TO 1932.







friendship and support, and learn new skills from our speakers each month," added Sue.

New members are always welcome. For more information contact Sue on 01444 831786 or Fiona on 01444 891217.

The WI meets every 2nd Wednesday of the month, with a craft club meeting every 4th Wednesday. "We take part in competitions at the South of England shows and go on visits to places of interest, from theatre trips to the Clink restaurant, Hampton Court and the Houses of Parliament," said member Sue Minter.

Last month, members celebrated the group's 100th anniversary with a party in the Millennium Hall enjoying entertainment from a sword swallower followed by a traditional tea. Visitors Jenny Ault and Yvonne Bee from the West Sussex Federation of Women's Institutes, presented the group with a certificate to mark the occasion.

The group also supports local and worldwide charities, from the Romanian shoebox appeal, to making heart shaped cushions for local breast cancer patients.

"Each year the WI campaigns on a different subject – from equal pay, breast cancer screening, protecting bees and dealing with loneliness in society," said Sue. "We unite to form a force to be reckoned with!"

The Scaynes Hill WI currently has 45 members with many living in surrounding villages. The group supports the Flower Show in the village and also runs an annual Christmas Market. "We still uphold the principles of



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WALSTEAD PLACE

By Caring Homes



## Crafts to turn Camilla's eye

Members of Scaynes Hill WI once again produced some prize-winning exhibits at this year's South of England Show impressing both the judges and the Duchess of Cornwall!

The Duchess, who visited the show on the opening day, spent time in the WI tent meeting members and perusing the exhibits, which ranged from cakes and crafts to flowers, paintings and even ghost stories.

Scaynes Hill members were delighted when Camilla stopped to admire their handiwork and the moment was captured by 17 year old Ruth O'Leary, daughter of member Fiona.

For the second year running, Scaynes Hill WI was one of only two WI groups which entered all of the classes.

"We are a small WI group so it's a big achievement for us and we are very proud of all the effort our craft group members put into their entries," said member Susan Lodge who co-ordinates the entries each year.

This year, as usual, members came away with an array of awards. They included second prize for *Beside the Sea*, a knitted/crocheted scene made by a group of members, and third prizes for *'Flower Power'*, a flower ornament for

the garden using recycled material made by Susan Lodge, and *'It's a Wrap'*, a knitted shawl made by Izzy Webster.

Commended entries included *'My favourite place in Sussex'*, a painting on canvas by Susan Lodge.

But it was a huge cuddly Winnie the Pooh which stole the hearts of the judges and visitors winning a commendation and a first place for Elinor Bourne. Winnie is now on his way to a lovely new home at Little Orchard Nursery in Burgess Hill which is run by Elinor's daughter in law Bex Bourne.

The first place was awarded by visitors to the WI tent who, for the first time, were invited to vote for their favourite exhibits. The results showed several big differences of opinion with the official judges! "Out of 13 classes the visitors and judges agreed only three times!" said Susan who added that more than 1,000 visitors passed through the WI tent and 3,591 individual votes were cast!"

In addition to Winnie the Pooh, visitors chose two more Scaynes Hill entries as their favourites - Izzy Webster's knitted shawl and the group exhibit *'Beside the Sea.'*

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## What is the downside to your weight loss?

### HEALTH GOALS

**By Emily Wysock-Wright, nutritional therapist**

Yes, there really is one and it might be holding you back – so here's what you can do about it...

This might be a familiar scenario. You've been doing really well with what you're eating and drinking. You've maybe been more consistent with your attempts to exercise (or, perhaps, actually **DOING** it). But then you eat a whole box of cream cakes (or whatever). You're not even hungry. You can barely remember doing it. But you did. And now you feel annoyed. And puzzled.

Welcome to the land of self sabotage.

From a logical point of view, smart women can't figure out what just happened. Why would you be getting in your own way and wrecking everything you have been working towards?

There are two sides to diet sabotage. There's the downside that you feel bad and are putting the brakes on your progress. Then there's the upside – you've had something nice to eat that maybe you have denied yourself in a while.

There are many ways you can sabotage your progress but what I want to highlight to you this month, is when you sabotage without being conscious of wanting something to eat, where you are not being consciously drawn into the biscuit barrel.

Did you know, one of the very common reasons for sabotaging your diet is fear of failure. You might wonder, 'what if I have a goal and I fail?'

But worse still, what if you got everything you wanted? What would happen then? What would happen to the **YOU** that you know and love? Would other people not like the new you?

Now, I hear you shout, what do I do about it? For some people, simply recognising the fears and how crazy some of them are is enough. For most people, you'll want a helping hand.

The beauty of health coaching is that together we can work through whatever is holding you back and, through our sessions, move you forward. If any of this resonates with you, message me or give me a call on 07730461508 to see whether a coaching programme is what you need right now.

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Don't forget, if **YOU** are the thing that stands in your way of getting where you need to be either health-wise or with your weight, you can book a free session with me. There's no hard sell. If you decide to work with me, I'll tell you the exact steps you need to get going. If you decide not to work with me or if we aren't a perfect fit, I'm happy to share other resources to help you get what you need.



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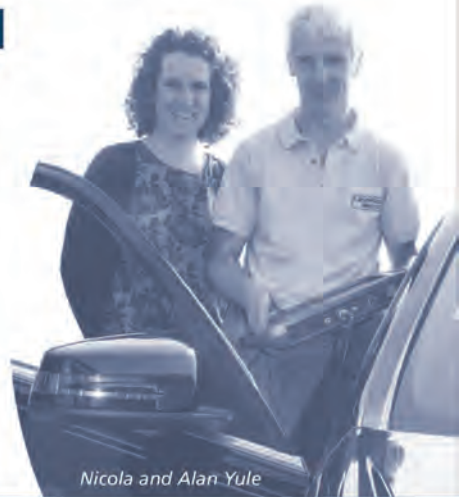
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# Golfers do it for Macmillan

CHARITY GOLF DAY



By Claire Cooper

Most golfers are more than happy to head to the club house after an 18 hole round – but imagine repeating the round three more times!

That's what was the challenge set for a group of Lindfield golfers, in a bid to raise funds for Macmillan cancer charity.

The golfing friends, all members of Lindfield Golf Club, took part in 'The Longest Day', a golfing challenge which saw them drive off the first tee at 4.40am, and complete the final putt at 9.30pm.

Golf club captain Ian Ellison and members Jon Slater, Nick Jones, Tim Sawyers, Gavin Murray, Charlie Kyaing, Dave Dearing and Steve Taulbut all successfully completed the challenge raising £3,815 – well above their £2,000 target.

A delighted Ian described how members decided to spend the longest day of the year, 22nd June, playing the longest golf game of their lives!

"Back in November, I was elected as the Club Captain of Lindfield Golf Club for 2017," he said. "It's a tradition for a Captain to name a charity in order to raise awareness and where ever possible fundraise. I chose Macmillan Cancer Support.

"It's a charity that I have supported in various ways over the past 6 years with all money raised through fundraising staying within Sussex to help the 60,000 people going through their cancer journey."

He added that Lindfield's David Metcalfe, the Regional Macmillan fundraiser within Sussex, works tirelessly to raise funds and awareness, hosting many charity events ranging from quiz nights to golf days.

"The idea of completing the Longest Day challenge started out as fun and banter between eight members and close friends," Ian recalled.

"However as the event date got closer, the magnitude of the challenge started to become very real, especially for those the other side of 50!"

But all team members rose to the challenge completing four rounds of golf (72 holes) and walking almost 30 miles!

"The day, in general, couldn't have gone any better," said Ian. "We all had fun, despite one member thinking that he might end up in hospital, with exhaustion and fatigue... Needless to say Gavin pulled through! There was a small break for a thunderstorm which failed to dampen our spirits.

"After 17 hours of golf, the final hole was played as an eight ball and in the spirit that the whole day was played in, knowing that our efforts had contributed to improving the lives of others."

Ian added his thanks to the team at Lindfield Golf Club; Murat Erdem and his team, James Crawshaw and Paul and Jeanette Lyons, who supported the charity event.

"The plan is to complete the challenge again next year but we'll be adding a twist..." said Ian.

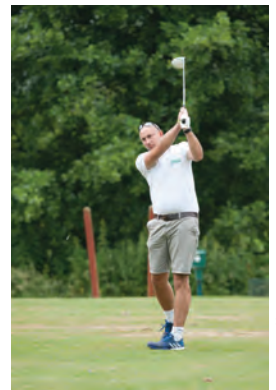


Photo: Jeff Mood Photography



## Marvellous flower masters in Millennium Hall

### SCAYNES HILL FLOWER SHOW

Villagers in Scaynes Hill turned out in force to support the annual flower show and plant sale and to marvel at the talent of their friends and neighbours!

The event, held in the Millennium Hall, offered classes to suit all ages and abilities from rainbow paintings by the under fives, to amateur art and photography, alongside the usual fruit and veg classes.

Although the number of entries was slightly down on previous years, the quality was as high as ever, with some impressive handicrafts, stunning art and creative flower arrangements.

Thomas Martin's creative recycled rocket and 'get well' card won the junior trophy while Emily Ludgate won the floral art trophy for the third year running!

Members of the village Friday Club provided the only scarecrow entry – a giant minion which has now taken up residence at the Scaynes Hill Cricket Club to scare feathered intruders off the pitch!

Visitors also enjoyed tea and cakes served by members of the village WI.

Dianne Elliott, who organises the annual event with Angela Hicks, said: "I'm always impressed by the talent we have in the village and this year was no exception. Considering the recent weather, which took its toll on the roses, the horticulture exhibits were very good. The jams and chutney classes were also extremely popular."

Next year marks the 40th anniversary of the flower show and the organisers are already making plans for a special event which will include recreating the very first show schedule and classes.

### Results

Conservation Shield (Overall winner) – June Ridley  
 Flower Show Trophy (Horticulture) – Nick Hawes  
 Joan Hudson Rose Bowl – Karen Faggetter  
 Betty Hayter Memorial Salver (Floral Art) – Emily Ludgate  
 Hawes Handicraft Cup – Phia Castillo  
 WI Cookery Award – Jos Kingston  
 Helga Race Trophy – June Ridley  
 Eileen and Peter Pratt Trophy (amateur photography) – Lynn Hainge  
 Douglas and Jackie Jay Trophy (amateur art) – Douglas Jay  
 Conservation Group Cup (juniors) – Thomas Martin  
 Scaynes Hill Cricket Club Trophy (juniors group entry) – Friday Youth Club







# Tudor dance group gathers pace

For parishioners at All Saints Church, Glynis Riddle is a familiar figure as she goes about her duties as a church Sexton on Sunday mornings.

Glynis (right) followed in the footsteps of her father, Parry Bowler, when she took over the duties of being a Sexton at the 9.30am service, and can be found putting out the crosses, candles, communion vessels and collection plates.

But away from the church, Glynis has a very different role – one that sees her stepping back in time to the Tudor period and the court of King Henry VIII.

Glynis is a founder member of the Gallyard Tudor dancers – a group of friends who perform traditional Tudor dances at venues all over Sussex.

The group, which only started a year ago, is already becoming a popular addition at historical events in Sussex and is busy taking bookings for next year.

Glynis explained how she got involved. "I have always been interested in history, particularly the Tudor period," she said. "This may be a result of watching the Henry VIII and his Six Wives with Keith Michell in it on the TV, which was so long ago it was in black and white!"

"I am fascinated with how the Tudor dress evolved from 1485 to 1603, particularly the ladies costumes and learning how the Tudors lived in everyday life, from what they ate to how they kept clean.

"Last year a group of us decided we'd like to form a group to perform and collect money for charities."

With CDs of Tudor music, provided by Trouvere Medieval Dance and the Historical Dance Society, the group began meeting regularly to learn some dances and The Gallyard Tudor Dancers was formed.

Before long, the group was performing at fairs, banquets, clubs and schools and historic houses. "We have performed at a Country Fair and medieval banquet at West Hoathly, a few times at Bridge Cottage in Uckfield (a wonderful Tudor house part of Sussex Archaeological Trust), at Anne of Cleves House in Lewes



and we will be dancing at Parham House and Lewes Borough's Fair," said Glynis.

The group, which also offers Tudor Dance workshops, doesn't charge a fee for performing but asks for donations to its chosen charities which this year are The Bevern Trust and Sussex Heart Foundation.

Glynis particularly enjoys making and wearing the beautiful Tudor costumes for the Gallyard re-enactments and for her role with Sussex Bonfire.

"I am a member of Lindfield Bonfire Society and Lewes Borough Bonfire Society" said Glynis. "At Lewes I am the Second Pioneer Chief which means I am in charge of the Tudors for our society."

As well as Tudor dancing Glynis also enjoys Morris Dancing with Ditchling Morris and attending folk music, concerts and festivals.

The Gallyard Tudor Dancers is always on the lookout for new dancers.

"Anyone can join us as long as they enjoy historical dancing and having a good giggle," said Glynis. She added that members come from all over Sussex and practices are held every two weeks in Lewes.

For more information visit the website: [www.gallyardtudordancers.co.uk](http://www.gallyardtudordancers.co.uk), email [gallyardtudordance@btinternet.com](mailto:gallyardtudordance@btinternet.com) or call Glynis on 07593 996 121.

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# St John's: The forgotten school

## LINDFIELD HISTORY



*THE MISSION ROOM, LINDFIELD. 1915.*

**By Richard Bryant, Lindfield History Project Group**

Last month's article about Rev Francis Sewell explained that in the early 1850s, he developed a master plan to facilitate his return to Lindfield, from Lancashire, and to increase his influence and standing in the parish. One element of his plan was the building of a new church school and school master's house.

Despite having been influential in establishing the National School on the Common in 1851, Sewell found its building objectionable, inadequate and remote from the parish church and the religious guidance questionable. He decided a new church school was needed to meet the religious education of local children, with good facilities close to the church. He clearly had a desire to exert his influence on the education of children from the labouring classes and additionally extend this to the middle classes.

His plan required sufficient land to build the school building and master's house 'contiguous to the church', together with land for a rectory house. This was achieved by his purchase of Townlands Farm, in the first years of the 1850s. The farmyard, fronting onto the High Street almost opposite the northern churchyard, provided adequate space for the school buildings.

He commissioned the architect, J Clark of 13 Stratford Place, Oxford Street, London, to design both the school buildings and master's house in the Gothic style. The school was required to provide space for 100 boys, 100 girls and 70 infants in separate rooms and be appointed with modern facilities.

On 13th May 1856, the Bishop of Chichester, amid much ceremony, laid the foundation stones naming the school St John's Parish School. Sewell explained the scheme was not 'to earn to himself any reward, but to fix the affections of the children upon their God.' The cost of the school building and master's house was estimated

at £1630. Sewell contributed £630 and provided the additional funding which was to be reimbursed by donations. Replacement of his funding would enable him 'to convey them to the parish.'

Constructed in fine stone, by Mr Constable of Peshurst, the school was inaugurated on the 19th October 1856. The National School on the Common closed and some hundred children transferred to the new school. Under Sewell's patronage, he wanted his school to be self-supporting and conducted on the principles of the Church of England, without the aid of the National or any other Society. In addition to being a day school for Lindfield and surrounding district, it also served as a Sunday school.

In spring 1857 the school buildings and master's house were the first properties in Lindfield to be illuminated by gas. Sewell had installed a small Hansor's Gas manufacturing plant and tank on his land.

A newspaper report in August 1861 commented that the school was 'among the finest educational structures in Sussex.' It further noted, 'at a merely nominal charge' the education was 'not only to the children of the poor, but also to those of the middle class. For this purpose a certificated master, of long experience in large schools, an infant mistress, a governess and a pupil teacher have been engaged.' In addition to reading, writing and arithmetic, the curriculum included geography, surveying, drawing and bookkeeping.

Every year since the opening of the original National School and then St John's Parish School, Sewell had organised and funded an elaborate school fete. Sewell was an enthusiastic attendee and participant with the children, even when living in Lancashire he would travel by train to Lindfield to attend. The fete in August 1861 was another similarly lavish event. 140 children marched through the village to a field, adjoining The Welkin, where



The school buildings today – Photo: Ashley Fabian (www.ascenefromabove.co.uk)

'most plenteous sources of amusement were provided; kites, swings, traps, donkey riding, etc.' Before tea, a 'kite, life size, representing a Life Guardsman, was flown to a height of 300 yards,' and repeatedly pulled a light carriage with a child on board across the fields! After tea, the children watched a 'succession of electrical and galvanic experiments' conducted by Sewell and as darkness fell the marquee was illuminated by gas lights. The event closed with the firing of the evening gun, ascent of fire balloons and the National Anthem.

Three months later in November 1861, an advertisement appeared for St John's Middle-Class Grammar and Mathematical School under the supervision and control of the officiating Minister of St John's Church, Lindfield. The boarding house with home comforts was in a 'commodious private residence', and pupils were to be prepared for 'the Middle-Class Oxford, Cambridge, and the Civil Service Examinations'. Annual fees for boarders were £32 and non-boarders £8 - £12. Sewell was clearly moving the school upmarket with the aims of the original National School to educate the 'labouring, manufacturing and other poor classes of the parish of Lindfield' no longer fitting his vision. Presumably he intended to leave their education to others.

Sewell retained ownership of the school buildings and never conveyed them to the parish as his stated intentions, presumably because the desired contributions from residents to replace his initial funding were not forthcoming. After a short illness, Sewell died in October 1862 and shortly afterwards the school closed and never reopened.

On the instructions of the High Court in Chancery, the buildings were put up for sale by auction in September 1863. They were advertised as, 'Lots 3 and 4. The newly-built premises, St John School, consisting of boys' and

girls' lofty school rooms, infant school rooms, offices, and schoolmaster's cottage and garden'.

What became of the school building? Mrs Julia Sewell, acquired the buildings and in 1866, they were recorded as 'now possessed by Mrs Sewell, the widow, and used on Sundays by Dissenters'. The Sunday school run by Miss Trevatt resumed meeting there in the mornings and afternoons, and in the evening the London City Mission conducted preaching services. The building became known as St John's Mission.

Upon Mrs Julia Sewell's death the property passed to her close relative, Miss Dent, and she subsequently offered the building to the London City Mission, but they were not allowed to own property outside London. Miss Dent approached the Country Towns' Mission, and on their agreeing to send a resident missionary to Lindfield, she endowed the local mission, and it became the Sewell Memorial Mission in October 1909.

By 1937, the Country Towns' Mission had become increasingly uncomfortable with their premises being directly opposite the parish church. It was decided to sell and use the money for the erection of a more suitable mission building in Lewes Road; this is today the Lindfield Evangelical Free Church. The old mission site was purchased in July 1937 by the parish church authorities with the intention of erecting a vicarage. However, after three separate sets of plans were prepared, it was found that the premises were not suitable either for demolition or conversion. Miss Maud Savill of Finches purchased the buildings in 1938.

During World War II the premises were used by evacuees and the military. Today all the buildings are occupied as private dwellings.

# Your holiday snaps

As ever, Lindfield residents have taken their copy of the magazine away with them. Do send yours in to photos@lindfieldlife.co.uk



Fo Tingley and Betty Billins at Bodnant Garden, Colwyn Bay, Wales



Jeff & Fran Veal in the Maldives



Donal Parvin in Costa Rica

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## Rice salad with watercress and orange (Serves 2)

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Stir 450ml hot vegetable stock into 115g long grain white rice in a casserole and m/w, uncovered, HIGH for 12 min or until just tender. Cover and leave to stand 5 min. Meanwhile finely grate the zest of 1 orange and squeeze the juice. Combine with 6tbs oil, 1tsp clear honey and 1tsp Dijon mustard. Whisk well. season to taste and add 2tbs finely chopped chives. Tip into the hot rice and mix gently until combined. Leave to cool. Peel and cut into segments another orange and roughly chop a generous handful of watercress. Using a fork, gently stir into the rice just before serving.

## Vegetable pilaff (Serves 2)

Very good with grilled or barbecued chicken portions.

Put 1 thinly sliced large onion, garlic to taste and 1tbs oil into a small casserole. Cover and m/w HIGH 3 min or until soft. Stir in 115g bulgar wheat, 300ml hot vegetable or chicken stock and 50g each of frozen peas and sweetcorn and m/w HIGH for 5 min. Cover and leave to stand for 5 min before serving.

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[jenny@needleswift.com](mailto:jenny@needleswift.com)



By Caroline Young

Nobody wants to spend too much time in the kitchen when the weather is beautiful so why not make more use of your microwave? These simple recipes (easily doubled to serve 4) are quick to make and delicious to eat ...so tuck in!

## Penne pasta with french beans and herbs

(Serves 2)

Just add some crusty bread.

Put 175g penne pasta into a large bowl and cover generously with boiling water. Stir then m/w for 8 min, stirring once. Cover and leave to stand. Put 115g halved French beans into a casserole with 3tbs hot water. Cover and m/w 4 min or until just crisp. Drain and return to the dish. Add 3 sundried tomatoes-in-oil, drained and chopped, garlic to taste, 150ml whipping cream and 2tbs finely chopped herbs – basil, chives or tarragon would be perfect. Stir to combine. Drain the pasta, add the sauce and stir gently to combine. Spoon into warm serving bowls and top with some Parmesan cheese.

## Spicy barbeque sauce



Put 1 finely chopped medium onion and 1tbs oil into a casserole, cover and cook 3 min. Stir in 230g can chopped tomatoes, 4tbs tomato purée, 3tbs red wine vinegar, 2tbs sugar and 2tbs wholegrain mustard. M/w just to boiling, stir well then cover and m/w MED for about 10 min, stirring occasionally. Season to taste.

## Fish or chicken with herbed butter

(Serves 1)

Cut a square of non-stick baking paper, large enough to comfortably wrap 1 portion of fish or a skinned and boned chicken breast. Place the fish/chicken in the centre of the paper, top with a generous knob of herbed butter and fold over the paper to seal the parcel. Place on a plate, tucking the open ends underneath the fish/chicken. Cook MED/HIGH 2-5 min for fish, 4-6 min for chicken until cooked through. Slip the parcel contents, with the buttery juices, out on to a warm plate and eat!


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# Artists hit charity target

A group of artists who have been exhibiting and selling their work in The Orchards in Haywards Heath, to support the Headway charity are delighted to have reached their target.

The group, which includes several Lindfield artists, has raised £3,253.50 which will buy specially designed garden furniture and help with the cost of path laying.

They are now turning their attention to raising funds for the Rocking Horse Trust after being given permission to continue exhibiting in the Orchards.

Artist and exhibition organiser Maureen Welfare said: "We are delighted with the amount raised and wish to thank the many supporters who helped to raise this amount.

"A special thanks to Lindfield Life for their generous support in letting everyone know what was going on!

"I'm pleased that we have been asked to continue by the Orchards Management as a gallery, and that we have launched a new fundraising event.

"This year marks the 50th anniversary of the Rocking Horse Trust and we'll be fundraising for the refurbishment of the High Dependence Intensive Care unit for Premature Babies at the Princess Royal Hospital. Of course we are very pleased to help such a worthy cause."

The exhibition is open on Thursdays, Fridays and Saturdays from 10am until 4pm. The organisers are hoping to extend this to Tuesdays from the last week of August.

# Summer Holidays fun at Cats Centre

Young adventurers can discover a magical world of fairies and dinosaurs at Cats Protection's National Cat Centre during this year's school summer holidays.

The centre, in Chelwood Gate, will once again be transforming its nature trail into an exciting land of discovery for children aged between five and ten.

Set in the beautiful Ashdown Forest, young explorers can either go in search of the Enchanted Village, where they will find evidence of fairies, pixies and elves; or delve into the Restricted Dinosaur Area, where they're likely to find relics from a Jurassic age.

Open every day until 31st August from 10am until 3pm, all children must be supervised by an adult. Activity packs must be purchased in advance from the Visitor Centre, and cost £2.50 per child.

The centre will also be hosting a Dino & Bug workshop on 7th August. Places are limited (£5 each) and must be booked in advance by calling 01825 741370.

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# Getting out further afield

## LINDFIELD IN BLOOM

By Heather Martin

August is a great month for visiting gardens further afield and noticing where particular plants are thriving - if you are on holiday in a seaside location this summer you will find that the plants growing well are those which can cope with harsh winds and salt, so if you have an exposed garden then these plants may be the ones you ought to consider. Equally, if you're off to the Mediterranean you may find Lavenders and narrow-leafed herbs such as Rosemary in abundance. The climate tells you that they do well in a sunny position and that they are used to being kept fairly dry. If planting either of these at home you may wish to add plenty of grit to your soil for extra drainage to counter the British rains. Do take the chance to have a look around you and see whether you can recreate a little of the holiday feeling in your own garden when you return home. Who recognises the famous French house and garden pictured?

Back in the village, we were thrilled with the number of people who entered into the Summer Front Gardens competition supporting Lindfield in Bloom in its first year. The winners will be announced at the Lindfield Horticultural Society's Autumn Show as part of the Lindfield Arts Festival on 9th September. We look forward to seeing you there.



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# A great display in KEH

## HORTICULTURAL SUMMER SHOW



**By Claire Cooper**

More than 200 entries of flowers, fruit, vegetables, cookery and handicrafts went on display at the King Edward Hall earlier this month as Lindfield Horticultural Society held its annual Summer Show.

Throughout the afternoon a steady stream of visitors arrived at the show to admire the variety of exhibits on display – from fragrant roses and sweet peas to succulent raspberries and redcurrants.

The recent hot weather, both in the run up to the event and on the day, made conditions difficult for gardeners and flower arrangers, but Lindfield exhibitors rose to the challenge producing some practically perfect displays.

Show secretary Deborah Novotny reported that the number of entries was slightly down on last year but was pleased that the quality of exhibits remained very high. "The judges were particularly impressed with the soft fruit which was among the best they has seen and the floral displays were outstanding," said Deborah.

Flower arrangers produced imaginative displays on themes from 'Rosy Glow' to 'My Favourite Things,' with the winning exhibit in the 'Time For Tea' class, by Jacqui Essen' including a copy of Lindfield Life! Visitors to the show were invited to judge the 'Flower arrangement in a teacup,' choosing Deborah Novotny's delicate creation as their favourite exhibit in that class.

Cookery classes were also well supported, with a coffee and walnut cake by Margaret Wells chosen as Best in Show.

The organisers were pleased to welcome several new exhibitors this year. They included Mercy May whose African violet pot plant earned her a first prize! "It's always lovely to see a new exhibitor walk away with a first prize," said Deborah. "Hopefully it will inspire others to have a go!"

The LHS committee members are already making plans for the Autumn Show, on September 9, and would welcome more entries. Horticultural classes range from dahlias and chrysanthemums, to autumn fruit and

vegetables, including the popular 'mis-shapen fruit and vegetable' class. Cookery classes include anything made from pumpkin or squash, while craft classes include Christmas toys and cards.

There's also a new Imposed Flower Arrangement class where five entrants will work alongside each other to create displays using exactly the same material supplied on the day.

"We'd love to encourage more children to get involved too," said Deborah, and added that classes include home-made Christmas crackers, cupcakes and a competition to design a new logo for the society.

The society is always on the lookout for new members to enjoy a year round programme of meetings, events and visits to local attractions. For more information follow Lindfield Horticultural Society on Facebook or visit the website: [www.lindfieldhorts.org.uk](http://www.lindfieldhorts.org.uk)

### **Cups and Awards**

Lemmey Cup – Chris Gurr and Jenny Purdon (joint winners)

Savill Cup – Richard Hilson

President's Cup – Ian Cooper

Don Booker Fuchsia Cup – Graham Buck

Gilbert Cup – Gill Jones

Thornbery Trophy – Debbie Anscombe

Askew Cup – Ian Cooper

Royal Horticultural Society's Banksian medal – Ian Cooper

Filmer Cup – Jacqui Essen

Fruit Cup – Chris Gurr

Blue Riband of the Fuchsia Society – Graham Buck

Keiron James Toys Shield – Florence Fearne-Hughes

### **Best in show**

Vegetable – Richard Hilson

Pot Plant – Graham Buck

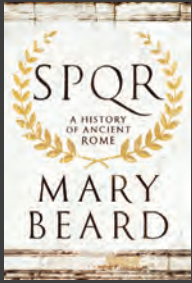
Cookery – Margaret Wells

Handicraft – Clare Wilson

Trug 1st – Andrew Harding

Teacup (visitors vote) – Deborah Novotny





## Rome by Mary Beard

### BOOK REVIEW

By Cavan Wood

This book is a remarkable one volume history of Rome which takes us from the beginning of the city to the decline. Mary has a great eye for detail and manages to use art, literature, myth and archaeology to re-tell this fascinating tale of how a city developed that dominated the world. There are plenty of witty asides and trivial facts to entertain the reader who might not want a completely academic take on the subject. There are some excellent photographs and drawings to explain key ideas or people. Beard is quick to counter traditional images, such as pointing out that the real Emperor Claudius was a lot closer to the kind of despot we connect with Nero than just a bookish loner that we get in Robert Graves' "I, Claudius." "What did the Romans ever do for us?" well a great deal. The fact that Latin is still used by gardeners, doctors and lawyers shows how its language has transformed our world. If you only read one book of history this year, make it this one as it is a great read!



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## Pegasus and the Flame by Kate O'Hearn

### BOOK REVIEW

By Ella Tingley

Bursting with adventure and excitement, the first novel in the Pegasus series keeps you gripped until the very end. Its plot is full of unexpected twists and turns, while Kate O'Hearn's vocabulary choices ensure that you feel tense, sad and relieved all at the same time. The story is set in modern-day New York, where a raging storm leads to strange beings landing on the streets. When Pegasus, the mythical winged stallion, crashes on the roof of a block of flats, it is Emily, a thirteen-year-old girl, who finds and saves him. With the help of humans and Olympians alike, Pegasus and Emily must compete with nosy members of a government agency and the curious New York police department to defeat hideous, almost unstoppable creatures called the Nirads, who will defeat both the human world and Olympus. There is only one way; Pegasus must find the Flame of Olympus hidden inside a young girl, and return her to his world to sacrifice herself for the good of everyone. The Flame controls the Olympians' powers, and, once reignited, can stop the Nirads for good. Who is it? Will they cooperate?

Pegasus and the Flame is a tale of mythology, reality, friendship, strength and love. I could not put the book down until I had finished it, and I would recommend the series to people of all ages who like drama, tension or just a good book. I would give it five out of five stars for a fantastic combination of fantasy mythology and realistic fiction.

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## Community directory out now

Mid Sussex District Council has published a new and updated edition of the Community Connections Directory to help older residents get access to vital support services.

The new Community Connections Directory contains extensive contact information for the many local organisations that offer help to older people in the community. It provides details of organisations that can help older people with a range of issues like managing their money, maintaining their independence, finding local social activities or getting support with housing issues.

Mid Sussex District Council is also pleased to

announce the online edition of the Community Connections Directory of Services for Older People (50+) in Mid Sussex is also now available for the first time at [www.community-connections.org.uk](http://www.community-connections.org.uk).

The Directory forms part of the Mid Sussex Wellbeing Hub, a comprehensive service providing residents with information and advice on all physical and emotional health matters.

For more information about the Community Connections Directory, or any other Mid Sussex Wellbeing service, call 01444 477191, email [wellbeing@midSussex.gov.uk](mailto:wellbeing@midSussex.gov.uk) or visit the Wellbeing website at [www.midsussexwellbeing.org.uk](http://www.midsussexwellbeing.org.uk)

# Entertainment comes in many forms at nearby Borde Hill Garden this August

The Garden is blooming – the roses and herbaceous borders are looking marvellous – and every Sunday afternoon throughout the month snatches of melody will be carried by the breeze. The performers for this year’s Musical Sundays are set to serenade visitors between 1pm – 3pm whilst they promenade around the Garden looking at this year’s Sculpture Trail, or relaxing with a picnic on the lawn.

Opening with its distinctive bright, mellow sound on the 6th August, the Brighton & Hove City Brass Band will perform a variety of well-loved pieces, followed on the 13th August by Blues/Rock from The Smokin’ Joe Band. Actress and soloist Hannah Summers will be singing and swinging vintage Jazz on the 20th August, whilst Pavlos Carvalho and his Greek duet round off the month on the 27th August by whisking visitors away to an imaginary Taverna.

For younger family members, ‘Summer Fun’ continues throughout August with outdoor games on the lawn (including Giant Jenga and Badminton), the Adventure Playground (featuring a zip wire, balance beams, swings and climbing frames) and the new ‘Alice in Wonderland’ Trail of puzzling riddles to be solved. Further activities include a Mad Hatter’s Tea Party on Friday 11th August,

comedy, magic and games on Tuesday 15th August and Tomfoolery on Wednesday 23rd August.

Dogs are welcome on leads and Little Ritz Vintage Tea will be serving refreshments in the garden.





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### **PRIMARY SCHOOL GOVERNORS REQUIRED**

**The Board of Governors of St Giles Primary School is seeking to recruit up to three Foundation Governors to fill upcoming retirements over the next 9 months.**

St Giles is a vibrant, rural village primary school with close ties to the Parish Church of St Giles. There are currently 109 children at the school. The school boasts idyllic grounds set in the heart of an area of outstanding natural beauty. There has been a very busy period of change over the past 12 months, including the appointment of a new dynamic Headteacher. Applicants will be joining the Board at an exciting time as we develop and implement our renewed and ambitious vision for the school.

We are looking for applicants who:

- Are committed to education and the welfare of children
- Prepared to provide constructive challenge
- Have good independent judgment and strategic vision
- Are willing to accept the legal duties and responsibilities of being a Governor
- Are able to work effectively and cooperatively as a member of a team

We are particularly interested to hear from those with experience in education (teaching, inspection or governance), buildings and/or estate management, and finance.

Foundation Governors must regularly attend at a Christian place of worship. The initial term of office will be 4 years from the date of appointment by the Diocese.

The school is committed to safeguarding and promoting the welfare of children. Applicants must be willing to undergo child protection checks, including the provision of references and Disclosure and Barring screening.

Applicants should in the first instance contact the Clerk to the Governors, Kathy Jerbi, at [kjerbi@stgilesprimary.co.uk](mailto:kjerbi@stgilesprimary.co.uk), providing a CV and covering letter, which should include details of the applicant's regular place of Worship.

**ST GILES CEP – BRINGING OUT THE BEST IN EVERY CHILD**

# New Dog Control Orders

Residents in Mid Sussex are being asked for their views on controlling dogs in parks, nature reserves and public land.

Mid Sussex District Council has launched a public consultation to find out what local people think about dog control measures.

Mid Sussex has a number of Dog Control Orders in place to protect the local environment and deter irresponsible dog ownership. However, the current Orders expire later this year and will be replaced with Public Space Protection Orders (PSPOs) in October.

The Council is proposing a simple transfer of all existing powers under the Dog Control Orders over to the new PSPOs. The only proposed change is to extend the Maximum Number of Dogs (6) Order to all Council owned nature reserves, adjoining land and some of the larger recreation grounds.

The proposed Public Space Protection Orders will include dog fouling and exclusions from fenced children's play areas.

The consultation is available at the Mid Sussex District Council Reception or on the Council's website [www.midsussex.gov.uk/dogcontrolconsultation](http://www.midsussex.gov.uk/dogcontrolconsultation)

The closing date is 14th August 2017.

# Respond digitally and you could win!

Mid Sussex District Council is offering residents who respond to the annual electoral canvass by telephone, text message or online the chance to win one of three shopping vouchers.

Each year, everyone in the UK must confirm their electoral registration details are up-to-date by responding to the annual electoral canvass. MSDC will shortly be sending household enquiry forms to every household in the District.

The quickest and most convenient ways of responding to the annual electoral canvass are via telephone, text message or online. By using these digital channels, all information is processed instantly and effectively, there's no chance of the form being lost in the post and it's the most environmentally friendly way to respond.

MSDC is encouraging everyone to respond to the canvass by using telephone, text message or the online form and those who do will be automatically entered into a free prize draw to win one of three £50 Marks and Spencer vouchers.

For more information about registering to vote or elections contact the Mid Sussex District Council Electoral Services team by emailing [elections@midsussex.gov.uk](mailto:elections@midsussex.gov.uk) or calling 01444 477003.



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# Sudoku #13

		3	7	1				5
	5					6		
		9				8		
1				5				6
					2		5	9
	6			7		4		
9					4		2	
	1	4	9					
				8		9		4

Find the solution to #13 in next month's magazine

## #12 Solution

2	4	9	3	8	1	6	7	5
1	7	6	2	5	4	9	8	3
5	8	3	6	9	7	2	1	4
4	1	5	9	3	6	8	2	7
6	2	7	4	1	8	5	3	9
9	3	8	7	2	5	4	6	1
7	5	2	8	4	3	1	9	6
8	6	4	1	7	9	3	5	2
3	9	1	5	6	2	7	4	8

Courtesy of <http://andrews-sudoku.blogspot.co.uk>



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# What's on in August

## AT KING EDWARD HALL

### August

- 1st/6th **The Adventurers Art Club** – Annual Public Exhibition  
(Mrs Valerie Harvey 01444 455704)
- 3rd **Lindfield Country Market** – 10-11.15am  
(Sheila Hobbs 01444 483396)
- 10th **Lindfield Country Market** – 10-11.15am  
In August we will have a good selection of plants and if the weather is kind to us we will have a good selection of seasonal vegetables, cakes and savouries, plus jams, marmalade and chutneys. If you want a pie or cakes please go to your cook. Please do not forget our craft ladies who make wonderful cards, baby clothes, jumpers etc.
- 17th **Lindfield Country Market** – 10-11.15am
- 24th **Lindfield Country Market** – 10-11.15am
- 31st **Lindfield Country Market** – 10-11.15am

Please refer to the King Edward Hall notice board for additional information regarding the above events.

If you would like to hire the King Edward Hall please contact the Honorary Bookings Secretary for further information on telephone number 01444 483266 or by e-mail on [bookings@kingedwardhall.org.uk](mailto:bookings@kingedwardhall.org.uk)

## AND ELSEWHERE

### August

- 6th **Musical Sunday** – 1pm  
Borde Hill Garden – The Brighton & Hove City Brass Band perform
- 9th **Tiger Arts Lunchtime Concert** – 1pm  
All Saints Church, Lindfield  
Amanda Buckland (Soprano) & Brian Stanborough (Piano). Light lunches served from 12noon in The Tiger (next door).
- 19th **Charity Tea Party** – 2-5pm  
36 Orchard Close, Scaynes Hill (RH17 7PQ)  
Fundraiser for Epilepsy Lifestyle: Raffle, stalls, Aloe Vera products, face painting, games, cakes. Free entry
- 23rd **Tomfoolery Kids Event** – day  
Borde Hill Garden – Children's entertainer  
Tomfoolery is in the Haywards Heath gardens

### September

8th-10th

#### **Lindfield Arts Festival**

Various events taking place around the village. For more information see page 10 or visit [www.lindfieldartsfestival.com](http://www.lindfieldartsfestival.com)

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Needleswift (sewing lessons) .....	50
Repast (supper club) .....	20

## Education/Childcare

Ardingly Training Centre (swimming) .....	40
Gielgud Academy .....	14
Great Walstead School .....	39
Lindfield Art Studio .....	17
Magikats (tuition) .....	23
Norto5 Kidz (daycare) .....	3
Oathall Community College .....	11
St Giles CE Primary School .....	59

## Health/Lifestyle

Burgess Hill Physiotherapy .....	5
Everycare .....	60
Jakki Todd (beautician) .....	10
Lindfield Chiropractic Centre .....	34
Linear Fitness .....	49
Sarah Erritt Reflexology .....	27
Six Physio .....	45
Talk for Change .....	23
The NineDot Partnership .....	57
The Penny Black Barber Shop .....	3
The Style Lounge .....	28
The Weightloss Centre .....	7

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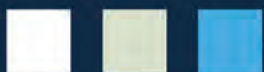


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